

Pleasant Ponderings

Deerfield / Northwood

June 2018

www.pleasantlakenh.org

PO Box 53
Deerfield, NH
03037

Pleasant Lake
Preservation Association



JOIN THE FUN WITH
THE CANOE CLUB!
See details on page 4.

From the President, John Duffy

2018 PLPA Annual Meeting will be held on **Saturday July 28th** at the Deerfield Old Town Hall starting at **9:00 AM**.

We are still finalizing the agenda but guaranteed it will provide an excellent opportunity for members and friends to:

1. **Get an update on the various projects underway to protect our precious watershed.**
2. **Learn ways that you can have a positive impact on Pleasant Lake water quality.**
3. **Meet with fellow members and friends of the lake, new and old.**

We are looking for some new board members to help us with the important work as stewards of the Pleasant Lake Watershed. Positions currently in need of a volunteer include:

- **Recording Secretary**
- **Director – Pout Point District**
- **Director – West District**

There are only four meetings a year plus the annual meeting in July that you would be involved in.

Would you be willing to spend a few hours each year in order to support the efforts underway to protect & preserve your investment in Pleasant Lake?

Please let John Duffy (email johnduffy912@gmail.com) know.

2018 Monthly PLPA Board Meeting Schedule

July 10
August 14

All meetings are held at the Deerfield Community Church, open to all PLPA members and start at 6:30pm.



2018 PLEASANT LAKE PRESERVATION DUES ARE STILL \$25!

Please send checks to: PLPA, PO Box 53, Deerfield, NH 03037

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Boat Ramp Cleanup



SYRACUSE
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This Ponderings is sponsored by Thomas & Debra Coffman.

In Memory of David & Barbara Coffman.



2018 Theme for Boat Parade is...

"GET YOUR SPARKLE ON"



10:30 AM - Boats will line up in front of Broad Cove for judging.

Every participant will receive a medal (please notice small boat with judges, passing out medals).

11 AM - Trophies will be presented to the 1st, 2nd and 3rd places at 11AM.

11:15 AM - Parade will begin with a *Clearly Marked Lead Boat*.

Please take pictures of your boat and crew and send to: lkbrennan1213@gmail.com.

Any questions about the parade: mayerwin@comcast.net.

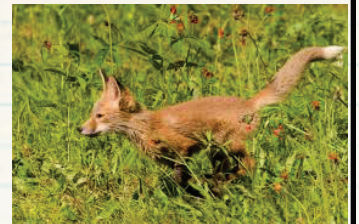
Have a fun and safe day and summer!



Jonathan Delisle- Fish & Game & Tara Bush- Lake Host On Duty Inspecting Boats

ANIMAL PATROL

It's been a long winter and everyone is happy to see the signs of wildlife whether it is the big bass under the dock, a mother fox & two kits living on Pond View Lane, or birds building nests in the most random locations like my wreath at the front door. The coyote is still around, the loons are being very vocal and the pileated woodpeckers are working on some of our trees. Thank you Mother Nature - we need those smiles after all that snow.



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CALL FOR VOLUNTEERS TO BECOME WEED WATCHERS by Liz Garlo

We are looking for kayakers and other interested people to monitor the area of Pleasant Lake near their dock for Variable Milfoil and other exotic species at least once a month. Then, you send a monthly email report to the Weed Watcher Coordinator reporting any significant sightings, or "all clear". All you have to do is look for exotic plants in the lake and on the bottom from the shoreline out to a depth of about 15 feet, or until the bottom is no longer visible, on a nice bright summer day. If you see a plant that looks like it may be Variable Milfoil or other exotic, collect it and put it in a plastic bag. NH DES provides Weed Watcher Kits with photographs of all exotic aquatic plants, and self addressed plastic bags for any plants suspected of being exotic. You can mail the bag to NH DES for further identification. Here is a link to a guide which provides more detail for the photos in the Kit [Aquatic Plants and Algae of New Hampshire's Lakes and Ponds](#).

If you would like to volunteer, contact the Weed Watch Coordinator at elizabeth.garlo@gmail.com in order to get your district and a Weed Watcher Kit. I will also be at the Annual PLPA Meeting which occurs on July 28 at 9AM this year, and usually have Variable Milfoil, the Chinese Mystery Snails and the Asian clams on display, and will try to answer any questions.



Exotic Aquatics in New Hampshire by Liz Garlo

Freshwater aquatic invasive plants and animals are those that are not naturally found in New Hampshire's lakes, ponds, and rivers. Because they are not native, they have no predators or diseases, allowing them to grow quickly and dominate the freshwater systems and impact the native plants, fish, and aquatic insects already present. Aquatic invasive species can lead to reduced shorefront property values, water quality impairments, and problems with the aesthetic and recreational values of waterbodies.

According to Amy Smagula, the NHDES Exotic Species Program Coordinator, New Hampshire now has a total of 74 infested lakes and 11 infested rivers, most containing variable milfoil as the primary invasive plant. Dozens of waterbodies also support the Chinese mystery snail, which is an aquatic snail that grows to be about the size of a quarter, and four waterbodies, including Garvins Falls in the Merrimack River, support the Asian clam.

Nearby, Northwood and Pawtuckaway Lakes both have infestations of Variable Milfoil. The infestation at 784-acre Pawtuckaway Lake was discovered in 2015. Unfortunately, efforts to get rid of the milfoil were not successful. Despite divers from NH Department of Environmental Services removing the plants, the milfoil was back in the same spot, and even more widespread the following year.

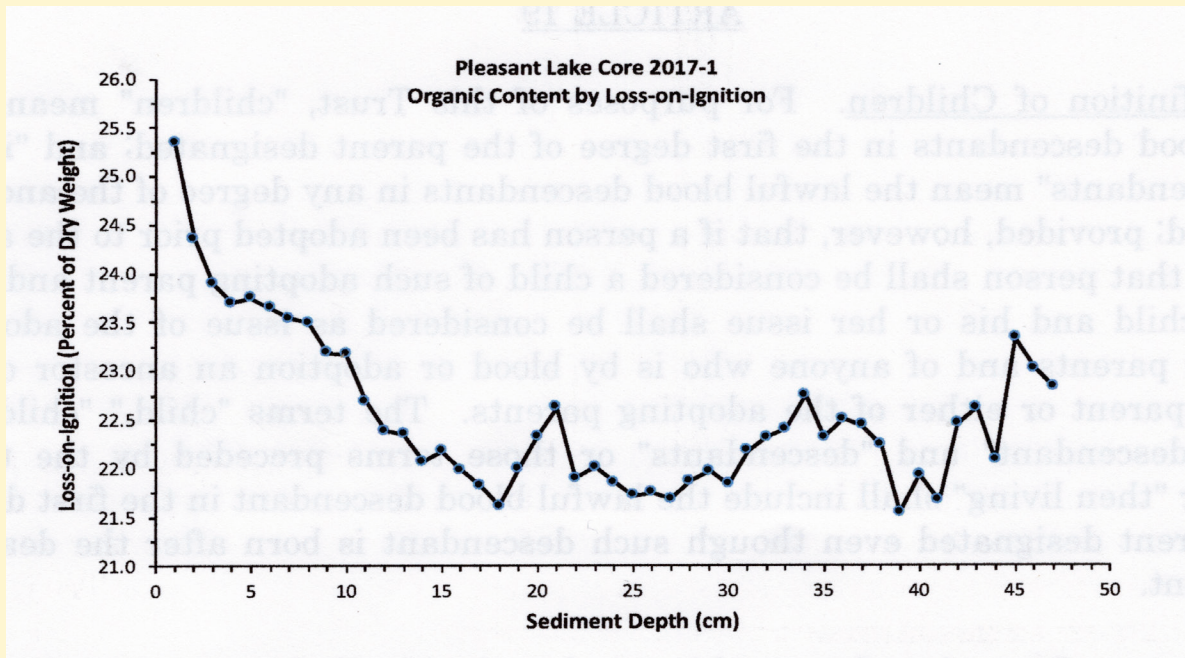
Pleasant Lake has its own population of Chinese Mystery Snails, which may contribute to the spread of parasites to mussels, fish and other cold-blooded lake animals. Many residents remove these large snails from the lake into the woods, where it is best to bury them.

Because infestations of aquatic plants are increasing, are extremely difficult to eradicate and very costly to control, in 2017 a law went in to effect to prevent additional aquatic invasive species infestations. Specifically, the law prohibits any transport of any aquatic plants on recreational gear and related trailers, and goes further to require that boats and other water-containing devices be in the open drain position during transportation. Violators could face fines ranging from \$50-\$200. This law is being enforced by New Hampshire Marine Patrol, conservation officers and other police officers.

But, how come we at Pleasant Lake don't have Variable Milfoil or other exotic plants so far? We have a very active boat launch where over 2000 boats go in and out of the lake. Pleasant Lake Preservation Association has long supported the NHLakes Lake Host Program at the public boat launch. The Weed Watcher program monitors the shoreline monthly in search of exotic plants. Both programs welcome new volunteers.

If you are interested go to <https://pleasantlakenh.org/>, or come to the Annual Pleasant Lake Association meeting on Saturday, July 28, 2018 at 9 AM.

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University Helping Preserve Pleasant Lake

In September 2017 two core samples were taken from the deep spot on Pleasant Lake. Dr. Lisa Doner & Graduate Assistant William Tiff collected the samples and took them back to Plymouth State University for analysis. After being freeze-dried, one core was sub-sampled every 1 cm (0.39 inches) and the other sample every 0.5 cm (~0.20 inches).

There is still a lot of analytical work to be done but preliminary results have just started coming in. One example of the results so far is a measurement of the organic content of each sub-sample (see graph above). In the graph, the sample at 1 cm is probably from around 2017, the sample at 2 cm could be from around 2014 etc. The data clearly indicates that sediments above 18 cm (guessing after 1964) are increasingly dominated by organic material, such as algae. This trend shows no sign of slowing and in fact could be accelerating.

I find results like these a little scary. The good news is that almost every negative trend we see appears to be directly related to storm water runoff - something each of us **can** do something about.

Professor Doner will be speaking at our Annual Meeting on **July 28**.

We hope you will join us learn more about her work and what she has found so far with the core sample from Pleasant Lake.

→

Tyler Reese

At Eagle Court of Honor - Sunday June 10th where he was presented with his Eagle certificate, patch & medal.

Tyler's Eagle Project is the beautiful Pleasant Lake kiosk.



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⇒ CONTRIBUTIONS MADE IN MEMORIAM ⇐

From Priscilla Plumb in memory of **Charlotte Poltak.**

From Thomas & Debra Coffman in memory of **David & Barbara Coffman.**

From Bradley Hutchinson in memory of **Florence Hutchinson.**

From Priscilla (Barden) & Jeffrey Kaufhold in memory of **Robert & Barbara Barden.**

From Joe Farrelly in memory of **David Coffman.**

From Timothy Bush & Heather Feltmate in memory of **Haley Rae Martin.**

LOON PRESERVATION ASSOCIATION REPRESENTATIVE

Being the Loon Preservation Rep on Pleasant Lake has been Andy Partridge's role for many years. Now that he has moved to Maine (**he will be missed**), Tom & Linda Brennan have taken over that role with the help of many. Since we aren't near their nesting spot, we've asked for others to keep their eyes open.

Loon parents share the 30-day incubation period so there is always an adult sitting on the nest. If we are lucky enough to have a successful nest, the 2 eggs hatch about 24 hours apart. Once hatched, loon chicks head for the water and do not return to the nest. This makes them easy to spot! Our current LPC intern likes to be kept up to date, email-wise, with the status of our nest. He has several lakes in the area and makes rounds frequently. Please consider "watching" our nest until hatching occurs! If currently nesting, hatching will occur within 30 days!

Call the Loon Association or Tom & Linda if you see something of concern with the loons.
Loon Association - (603) 476-5666
Brennans - (603) 463-5664

OFFICERS, DIRECTORS, AND COMMITTEE CHAIRS

President

John Duffy - 463-1353
johnduffy912@gmail.com

1st Vice President

Presten Thorsen
prestenjames@yahoo.com

2nd Vice President

Doug Chamberlain
doubled@metrocast.net

Recording Secretary

OPEN POSITION

Corresponding Secretary

Carol Smiglin - 463-1063
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Treasurer

Andrea (Andy) Hotaling-
463-1367
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Chairman of Board

Tom Brennan - 463-5664
tfbrennan46@gmail.com

Dam District (#2-16)

Mike Beaudoin - 463-1025
mbeadoin2002@yahoo.com

Veasey District (#17-30)

Tere Bowen-Irish -
463-7906
praxiscoachtere@comcast.net

West District (#31-47)

OPEN POSITION

South Cove District

(#48-60)
Krist Nelson - 463-3010
kristnelson@metrocast.net

Loon Cove District

(#61-80)
Elizabeth Garlo
elizabeth.garlo@gmail.com

Pout Point District

(#81-104)
OPEN POSITION

Broad Cove District

(#105-125)
Roger Shaw - 463-7627 OR
225-2919
rogers26@comcast.net

Ledges District (#126-145)

Janice Poltak
jpgoltak@comcast.net

North District (#146- 189, #1)

Knox Turner - 463-5608
elsturner@aol.com

COMMITTEE CHAIRS

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Onni Irish -
onni.irish@gmail.com

Weed Watchers

Elizabeth Garlo
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Gulf Road Project

Ann Scholz, Tim Mallette

Loon Preservation Rep.

Tom & Linda Brennan
(603) 463-5664

Lake Host Program

Holly Martin - 463-7496
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Pleasant Ponderings

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lkbrennan1213@gmail.com

Boat Parade

May Erwin
mayerwin@comcast.net

Canoe Club

David Sachs -(617)331-0493
david@dhsachs.com
(prefers email to phone)

VLAP - Jim Creighton, Chuck Reese

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saltbox@metrocast.net

Watershed Restoration - Ann Scholz, Tim Mallette

annscholz@yahoo.com
crestofthewave@outlook.com

Mooring Field -

Knox Turner, Tere Bowen Irish

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The Pleasant Lake Canoe Club is again intending to host group paddles and breakfasts on Saturday mornings this coming summer, starting in June. Here are the Canoe Club guidelines for anyone who wishes to join:

- 1) Canoes, kayaks and any other non-motored craft are welcome, and we will meet in the middle of the lake promptly at 7 AM (with the middle of the lake being decided (as in the past) by the occupant(s) of the first craft to arrive.
 - 2) Paddling will begin no later than 7:10 AM, with the person who has signed up for that day's breakfast (or his or her designee) deciding on the route and assuring that the journey provides a reasonable amount of exercise and ends up at the host's home at about 8:00 AM.
 - 3) While members hosting a breakfast are welcome to serve whatever they wish, there is absolutely no obligation to serve more than a very simple breakfast -- e.g. juice, donuts or muffins, and coffee. The main purpose is to gather and chat after the paddle.
 - 4) Everyone planning to attend will be expected to let the host know that they will be coming as soon as they are sure, **but no later than Thursday evening**, (so there will be enough, but not too much, food and drink).
 - 5) While hosting a breakfast is **NOT** a requirement for being a member, letting the Host know you are coming **IS**.
 - 6) Non-paddling members are also welcome to join the breakfast, providing that they let the host know they will be coming.
- If you are interested in joining or want more information, please respond with your address, e-mail and phone number to:

David H. Sachs
17 Coffman Road
Northwood, NH 03261
603-463-8359
cell: 617-331-0493



PLEASANT LAKE
PRESERVATION ASSOCIATION
PO BOX 53
DEERFIELD, NH 03037-0053

WWW.PLEASANTLAKENH.ORG

TO:

