



The Newport

Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

June 6, 2019 Edition

HIGHLIGHTS

D-Day Anniversary

Vice Adm. Bono
Visits NUWC

Family Resources
from Military
OneSource

BZs All Around

Wailing Wall

Engaging Clergy for
Veterans Support

And More!

After the Storm: *Remembering 75 Years After D-Day*



Troops and crewmen aboard a Coast Guard manned LCVP as it approaches a Normandy beach on D-Day, June 6, 1944. Photographs from the U.S. Coast Guard Collection in the U.S. National Archives.

Inside This Issue

Around the Station	2-5
Fleet & Family	6-8
BZ Shipmates	9-10
Meat & Potatoes	11
MWR	12
Now Hear This	13-14
Traffic Updates	15
Around the Fleet	15-17
Veterans News	18

NEWPORT NEWS, Va. (NNS) -- The hum of aircraft roared overhead through the last of the storm clouds while waves crashed against the landing craft underfoot. Sea spray kissed the faces of men staring down the approaching battle that had been planned for months.

Weather had caused delays in enacting the operation on time. Roughly 175,000 Sailors and Soldiers from the Allied countries boarded more than 5,000 ships and landing craft to storm the beaches of Normandy, France. Dubbed "Operation Overlord," the famous day known as "D-Day" dealt a heavy blow to the German forces during World War II.

June 6, 2019 marks the 75th

anniversary of D-Day, the world's largest amphibious operation to date. While most of those who lived through it are gone, their efforts are still honored by those that serve today.

"A significant day in our history, the events of D-Day were executed by a collective group of military armed forces that believed in each other," said Master Chief Operations Specialist Robert Laird Jr., from Philadelphia, departmental leading chief petty officer for USS Gerald R. Ford's (CVN 78) operations department. "They executed the largest amphibious military assault with

Continued on next page



D-Day continued

deception and precision that lead to the freedom of so many.”

Originally planned for a few days prior, weather did not permit the successful amphibious landing. Allied forces had to continuously plan around the enemy and their own individual operational schedules to find the best time to enact such a large-scale maneuver.

The night of June 5, 1944, thousands of Allied paratroopers were dropped behind enemy lines. They completed their task of cutting off supply and communication lines, a crucial part of the plan. Laird said that the operation showed that with proper planning and collaboration with our allies, we can accomplish anything and that preparation doesn't stop during peacetime.

“We as Sailors must be ready to answer the call of our nation at any time,” said Laird. “We as Sailors must continue to understand our past so that it can better prepare us for our future. We are a better military force today because of the events that occurred on D-Day. We must understand that we are Warship 78 and that we will give it our best every day to ensure that we are ready to answer the nation's call.”

The events of that fateful day marked a turning point and scored the Allies a major victory for the War in Europe. Later, Allied forces would go on to liberate Paris, fight German forces again in the Battle of the Bulge, and force them to retreat across the river Rhine in March



Troops crouch inside a LCVP landing craft, just before landing on Omaha Beach on D-Day, June 6, 1944.

1945. The German forces surrendered later that year on May 7, 1945.

While the military recognizes the tactical significance of storming the beach at Normandy, it's crucial to recognize the sacrifices of those whole lost their lives that day. Out of the thousands that landed on the beach, 4,000 allies perished in the battle, half of which were Americans.

“The events of D-Day impacted WWII and the victory at Normandy had the Germans hands tied and had them surrender,” said Religious Programs Specialist 2nd Class Christopher Atwood, from Livonia, Michigan. “The pride, honor, and sacrifice those individuals made is a big reason why I raised my right

hand and signed the bottom line. We need to take pride when we put that uniform on and know that you are serving for a greater purpose, to show everyone that you are proud of what you do and the choice to serve was the right one.”

While those who stormed the beach have gone like clouds overhead, they are not forgotten to those aboard Ford.

“Those individuals paid the ultimate sacrifice protecting our country and made the world a better place so that everyone can sleep soundly at night knowing our military has the United States' back,” said Atwood. Gerald R. Ford is a first-in-class aircraft carrier and the first new aircraft carrier designed in more than 40 years.

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Operational and Exercise Impacts are often

communicated to the public first using the installation social media outlets:

- **FB:** [Facebook.com/NAVSTANewport](https://www.facebook.com/NAVSTANewport)
- **Twitter:** [@NAVSTANEWPORTRI](https://twitter.com/NAVSTANEWPORTRI)
- **Instagram:** [@navstanewportri](https://www.instagram.com/navstanewportri)
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Remembering D-Day in Rhode Island



Capt. Michael Wathen, Executive Officer, Naval Leadership and Ethics Center (above) provides remarks at the 75th Anniversary of D-Day and the Battle of Normandy ceremony held today inside the R.I. Statehouse.

Lt. Gov. Dan McKee (seated right) hosted the event that was attended by WWII Battle of the Bulge Veteran Joseph Joel, (far left) and WWII Normandy veteran John "Shortie" Terrenova.

Congressman David Cicilline was one of many federal, state officials at the event as well as dozens of members of the Veteran Community. Kasim Yarn, Director of RI Veterans Affairs read a proclamation commemorating the sacrifices of the RI men during this historic invasion. Also shown in the photo is Matthew McCoy, VFW 152 member and master of ceremony for the event.

Quartermaster 1st Class Joseph Carrasquillo, Naval Station Port Operations, tolled the bell following the reading of the name of each Rhode Islander killed during the invasion that fateful day 75 years ago.



In memory of Rhode Islanders lost in WWII

Pvt. Nelson A.J. Alexander (U.S. Army)
Pvt. 1st Class Jean Baptist Auclair (U.S. Army)
Cpl. George R. Bailey (U.S. Army)
Pvt. Eugene Beauchene, Jr. (U.S. Army)
Pvt. Lynwood F. Bennett (U.S. Army)
Technician 5th Grade William F. Brannen (U.S. Army)
Seaman 1st Class Fletcher P. Burton, Jr.
(U.S. Coast Guard)
Pvt. Anthony Cambio (U.S. Army)
Pvt. Marshall Carson (U.S. Army)
Pvt. Andrew Cassels (U.S. Army)
Pvt. 1st Class Peter Celentano (U.S. Army)
Pvt. Anthony Chiappinelli (U.S. Army)
Pvt. George G. Coit (U.S. Army)
Sgt. John E. Cooney (U.S. Army)
Pvt. James A. Correia (U.S. Army)
Pvt. Thomas Coulson, Jr. (U.S. Army)
Pvt. Anatole R. Coutu (U.S. Army)
Staff Sgt. Walter C. Creamer (U.S. Army Air
Forces)
Staff Sgt. Joseph E. L. D'Ovidio (U.S. Army
Air Forces)
Staff Sgt. Edward Daley, Jr. (U.S. Army Air Forces)
1st Lt. Stephen M. Danforth (U.S. Army Air Forces)
Sgt. Richard P. Dawson (U.S. Army)
Sgt. Antonio De Resta, Jr. (U.S. Army)
Pvt. 1st Class Roland O. Desrosiers (U.S. Army)
Pvt. Joseph Di Donato (U.S. Army)
Pvt. Edward Di Falco (U.S. Army)
Pvt. 1st Class Joseph L. Dube (U.S. Army)
Sgt. Romeo J. Dumont (U.S. Army)
Sgt. Stanley Dusza (U.S. Army)
Seaman 1st Class John B. Ferreira (U.S. Navy)
Pvt. 1st Class Hugh N. Finlay (U.S. Army)
Staff Sgt. James L. Finneran (U.S. Army)
Pvt. Horace V. Florio (U.S. Army)
Pvt. 1st Class William H. Franklin (U.S. Army)
Pvt. Francis W. Frazier (U.S. Army)
Pvt. Maurice A. Gauthier (U.S. Army)
Pvt. Rene A. Gauthier (U.S. Army)
Staff Sgt. Robert Gianfrancesco (U.S. Army)
Maj. Leonard C. Godfray (U.S. Army)
1st Sgt. Henry S. Goals (U.S. Army)
Cpl. Darnard W. Goodwin (U.S. Army)
Pvt. Donald Gorrie (U.S. Army)
Pvt. 1st Class Elmer R. Harkness (U.S. Army)
Pvt. Clifford Harrison (U.S. Army)
Capt. Jonathan H. Harwood, Jr. (U.S. Army)
Pvt. Omer E. Henault (U.S. Army)
Pvt. Richard E. Heon (U.S. Army)
Machinist's Mate 2nd Class James W. Hird (U.S. Navy)
Pvt. Leonard J. Hodosh (U.S. Army)
2nd Lt. Nils E. Hollman, Jr. (U.S. Army Air Forces)
Ship's Cook 1st Class Robert J. Jacobs (U.S. Navy)
Pvt. Thomas F. James (U.S. Army)



Pvt. Herbert W. Kenyon (U.S. Army)
Staff Sgt. Walter A. Knapp (U.S. Army)
2nd Lt. Joseph W. Korpacz (U.S. Army)
Pvt. John F. Langan (U.S. Army)
2nd Lt. Norman E. Langmaid (U.S. Army Air Forces)
Sgt. Armand A. Lapierre (U.S. Army)
Pvt. 1st Class Donald A. Lee (U.S. Army)
Pvt. 1st Class Walter S. Macaulay, Jr. (U.S. Army)
Pvt. 1st Class Michael Macera (U.S. Army)
Pvt. Leo E. Marino (U.S. Army)
Pvt. Theodore J. Marquis (U.S. Army)
Pvt. Owen J. McBride (U.S. Army)
Pvt. John J. McGarty (U.S. Army)
Pvt. Bernard H. McGovern (U.S. Army)
Pvt. Herbert F. Moon (U.S. Army)
Pvt. Leonard C. Moone (U.S. Army)
Pvt. Lincoln P. Morton (U.S. Army)
Pvt. Gregory Muldoon (U.S. Army)
Pvt. William A. Munroe, Jr. (U.S. Army)
Pvt. 1st Class Victor Muron (U.S. Army)
Pvt. 1st Class Edward Nassaney (U.S. Army)
2nd Lt. Arthur H. Nicholls (U.S. Army Air Forces)
Cox. Anthony A. Oliver (U.S. Navy)
Staff Sgt. Louis Panciera, Jr. (U.S. Army Air Forces)
Staff Sgt. Roland J. Paquette (U.S. Army)
Pvt. Benjamin Passarelli (U.S. Army)
Pvt. Luigi L. Patalano (U.S. Army)
Pvt. Lloyd R. Perry (U.S. Army)
1st Lt. William C. Philip (U.S. Army)
Pvt. 1st Class Louis M. Proto (U.S. Army)
Pvt. 1st Class Albert W. Randall, Jr. (U.S. Army)
Pvt. 1st Class Donat J. Richard (U.S. Army)
Pvt. 1st Class Raymond J. Richard (U.S. Army)
Pvt. 1st Class Franz G. W. Robinow (U.S. Army)
Pvt. Henry B. Rohrman (U.S. Army)
Sgt. Donald H. Rubery (U.S. Army)
Pvt. 1st Class John E. Ryan (U.S. Army)
Pvt. 1st Class William E. Salisbury (U.S. Army)
Pvt. 1st Class Arthur R. Salois (U.S. Army)
Pvt. 1st Class Bartolomeo Satti (U.S. Army)
Pvt. Alfred R. Schettini (U.S. Army)
Cpl. Manuel G. Silva (U.S. Army)
Pvt. Manuel V. Silva, Jr. (U.S. Army)
Pvt. 1st Class August A. Silvestro (U.S. Army)
Pvt. 1st Class Frederick T. Slade (U.S. Army)
Pvt. Joseph A. Watier (U.S. Army)
Flight Officer John E. Wilkes (U.S. Army)

We Remember you...

We Honor your service and sacrifice...

We will teach others about you.



Vice Adm. Raquel Bono discusses leadership, mentorship in visit to NUWC Division Newport

By Jeffrey Prater
NUWC Division Newport
Public Affairs Office

When Vice Adm. Raquel Bono was a child, she often wondered why her father worked such long, late hours. Her family had immigrated to the U.S. from the Philippines when she was 6 months old so that her father could attend medical school at the University of Minnesota, and some years later he was working as a Navy surgeon.

One night, Bono waited up to see her father before going to bed and the two had a conversation that left a profound impact on her life, she told Naval Undersea Warfare Center (NUWC) Division Newport's workforce during a speech held on May 10, as part of the command's celebration of Asian American and Pacific Islander Heritage Month.

"He came home one night and I said, 'Daddy, why do you work so long? When I grow up, I want to work at a hospital so I can see you every day,'" Bono said. "At the time, I didn't know that girls could be doctors, but my father told me that I could be whatever I wanted.

"My conversation with my father really kick-started who I was and helped me to fulfill the opportunities that my parents gave to me," said Bono, who is the first female, medical, three-star admiral in the history of the U.S. Navy, and serves as the director of the Defense Health Agency.

"I thought that was really cool until I went to get my shoulder boards; I had to get them special ordered," Bono said. "I told them, when you special order them, don't quite break that mold because I'm hoping someone behind me can use them too.

"I also take a lot of leadership from what I've learned as a parent, wife and colleague."



Division Newport Special Emphasis Coordinator for Asian American and Pacific Islander Heritage Month Sarah DePamphilis (left photo, from left) welcomes Vice Adm. Raquel Bono to NUWC Division Newport on May 10, prior to an all-hands briefing held in Chafee Auditorium. Bono and Commanding Officer Capt. Michael Coughlin (center photo) tour Division Newport's Launcher Laboratory, Building 1246, during her visit on May 10. Coughlin (right photo, from left), DePamphilis, Bono and Technical Director Ron Vien gather for a picture during Bono's visit.

Leadership and mentorship were at the crux of Bono's all-hands talk, which was presented by NUWC Newport's Equal Employment Opportunity, Diversity and Inclusion Office. From that early conversation with her father, Bono was inspired and has had a distinguished career in the Navy for more than 40 years.

In reflecting on her many years of service, Bono admitted that she could not have envisioned this path when her career began.

"When my father told me I could be whatever I want, I had no idea that not only would I get to train as a trauma surgeon, but that I could also get to be a three-star admiral," Bono said. "I had no idea what was in store for me. I can tell you, every step of the way eventually prepared me for the job I have today.

"You may not know exactly where life is going to take you, but you want to be prepared as you make

your way on your journey."

Leadership and mentorship played a critical role in that respect for Bono, and she shared some of the lessons she has learned along the way.

The ability to align in a direction that a group collectively wants to go and then to make things happen are two critical aspects of leadership, Bono noted while acknowledging the difficulties that process presents.

"It does make people uncomfortable, and the first thing that they'll probably do is say no," Bono said. "As leaders and mentors, you need to reflect on how you want to do it and how you are going to develop the skills to do that.

"As you look to your own leadership, help them develop the tools to create change in your environment, and then push forward within those lines of effort."



Recognizing the Symptoms of Post-Traumatic Stress Disorder

People who live through a traumatic event sometimes suffer its effects long after the real danger has passed. This is called post-traumatic stress disorder, or PTSD. While PTSD is often associated with combat veterans, any survivor of a natural disaster, physical abuse or other traumatic event may suffer from it.

The good news is that with professional help, PTSD is treatable. But the first steps in getting help are learning the risk factors, recognizing the symptoms and understanding the treatment options.

Knowing the risk factors

Several factors play a role in developing PTSD, such as individual personality, severity of the event, proximity to the event, the people involved in the event, duration of the trauma and the amount of support the person receives afterward. You may be at higher risk if you:

- Were directly involved in the traumatic event
- Were injured or had a near-death experience
- Survived an especially long-lasting or severe traumatic event
- Truly believed your life or that of someone around you was in danger
- Had a strong emotional or physical reaction during the event
- Received little or no support following the event
- Have multiple other sources of stress in your life

Recognizing the symptoms

Just as individual reactions to trauma vary, PTSD symptoms also differ from person to person. Symptoms may appear immediately after a traumatic event or they may

appear weeks, months or even years later.

Although the symptoms of a “typical” stress reaction can resemble those of PTSD, true PTSD symptoms continue for a prolonged time period and often interfere with a person's daily routines and commitments. While only a trained medical professional can diagnose PTSD, possible signs of the disorder include:

Re-experiencing trauma. Post-



traumatic stress disorder frequently includes flashbacks, or moments in which the person relives the initial traumatic event or re-experiences the intense feelings of fear that surrounded it.

Avoidance/numbness. As a result of flashbacks or other negative feelings, people suffering from PTSD may avoid conversations or situations that remind them of the frightening event they survived.

Hyper arousal. Feeling constantly on edge, feeling irritable and having difficulty sleeping or concentrating are all possible signs of PTSD.

Children can also suffer from PTSD. In children, PTSD symptoms may differ from those seen in adults and may include trouble sleeping, acting out or regression in toilet training, speech or behavior. Parents of children with PTSD may notice that the children's artwork or

pretend play involves dark or violent themes or details.

Understanding the treatment options

Even suspecting you have PTSD is reason enough to get a professional opinion, especially when free help is available around the clock to service members and their families. If you're not sure whom to talk to, start with any of the following:

Military treatment facility or covered services. You can locate the nearest military treatment facility and covered services in the civilian community near you through the TRICARE website.

Your healthcare provider. If you receive health care in the community through a civilian provider, you can start by talking to your doctor.

Local Department of Veterans Affairs hospital. If you are eligible to receive care through a VA hospital or clinic, find the nearest facility through the Veterans Health Administration website.

Military Crisis Line. If you or anyone you know ever experiences thoughts of suicide, call the Military Crisis Line at 800-273-8255. The Military Crisis Line staff can connect you with mental health support and crisis counseling services for a wide range of issues.

Remember, you are not alone. Free help is available 24/7 to service members and their families. Seeking help is a sign of strength that helps to protect your loved ones, your career, and your mental and physical health.

Note: Military OneSource does not provide medical counseling services for issues such as depression, substance abuse, suicide prevention or post-traumatic stress disorder. This article is intended for informational purposes only. Military OneSource can provide referrals to your local military treatment facility, TRICARE or another appropriate resource.



Blue Star Museums

Museums across America are rolling out the red carpet for active-duty, National Guard and reserve service members and their families between Memorial Day and Labor Day. Simply flash your ID and enjoy free access through the Blue Star Museums initiative.

The program is a collaborative effort between the Department of Defense, the National Endowment for the Arts, Blue Star Families and participating museums. The Blue Star Museums initiative provides even more ways for you and your family to explore your community spend time together and share adventures.

Be in the know

Here are some helpful things to know about the Blue Star Museums

initiative:

You'll be in good company. More than 2 million military families have enjoyed Blue Star Museums since the program launched in 2010. Join their ranks, if you haven't already.

Your ID card is your ticket to the museums.



Just show your common access card, or DD Form 1173 or 1173-1 identification card. Your admission is free, so there's no need to limit yourself. Explore fine art, history, science, children's museums, arboretums, historical parks, nature centers and more. Find participating museums near you or along your travel route.

Your Information, Tickets and Travel office can add to your fun. As

MILITARY ONE SOURCE

you map out your museum visits this summer, check with the office to find additional attractions in your area. You can enjoy a staycation in your new

community. If you're settling into a new duty station, take a break from unpacking and explore. Blue Star Museum visits will help you get to know the place and its people.

Make it a blockbuster summer. See how many Blue Star Museums you can explore — and be sure to take advantage of the other great opportunities your Morale, Welfare and Recreation program offers.

To find participating museums near you, go to <https://www.arts.gov/national-initiatives/blue-star-museums>.

If you know of a military spouse, or maybe have one – please let them know this information!

Military Spouses - On behalf of the Department of Defense, thank you for your service and sacrifice as a part of our military community. Military OneSource recognizes you and celebrates your commitment as a military spouse. Your free kit includes the following items packaged in a reusable Military OneSource commissary bag:

Military OneSource and Spouse Education and Career Opportunities services cards – to provide you with information on resources designed for you

Chill drill – to help you de-stress on the go with an audio device you can plug your headphones into

Pop socket – to prop up your phone when you need to be hands-free

Military OneSource Z-card – to help you access a range of services should you need them

Luggage tag – to help you quickly find your bag

Chip clip – to help with a pinch, from closing a bag to keeping napkins from blowing away

Military OneSource pen – to jot down all of your important notes and reminders

Military OneSource phone wallet stand – to hold



your identification and credit cards, conveniently on the back of your phone

To order the free swag, go to <https://www.militaryonesource.mil/products#!/detail/691>, and log into your free Military OneSource account.

***Kits are available for order by Military Spouses only. Kits are individually assembled and may take

FLEET & FAMILY SUPPORT ...



Newport | Fleet and Family Support Center

June 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 SAPR Victim Advocate Basic Training 8:00 a.m.-4:30 p.m.	4 SAPR Victim Advocate Basic Training 8:00 a.m.-4:30 p.m.	5 SAPR Victim Advocate Basic Training 8:00 a.m.-4:30 p.m.	6 SAPR Victim Advocate Basic Training 8:00 a.m.-4:30 p.m.	7 SAPR Victim Advocate Basic Training 8:00 a.m.-4:30 p.m.	8
9	10 Car Buying Training 10:00-11:00 a.m.	11 Stress Management-Summer Edition 10:00-11:30 a.m.	12 Volunteering-Why, Where, How? 10:00-11:30 a.m.	13 Military Pay Issues 9:00-10:00 a.m. Interviewing Process 2:00-4:00 p.m.	14	15
16	17 Transition GPS 7:30 a.m.-5:00 p.m.	18 Transition GPS 7:30 a.m.-5:00 p.m. Communication Skills-Love Long Distance 10:00-11:30 a.m.	19 Transition GPS 7:30 a.m.-5:00 p.m. Anger Management 10:00-11:30 a.m.	20 Transition GPS 7:30 a.m.-5:00 p.m. SAPR VA Refresher Training 9:00-11:00 a.m. and 1:00-3:00 p.m.	21 Transition GPS 7:30 a.m.-5:00 p.m.	22
23	24 Consumer Awareness Forum 9:00-10:00 a.m.	25 Family Advocacy Program and SAPR Command Duty Officer Training 8:00-9:00 a.m.	26 Career Exploration and Planning Track 8:00 a.m.-4:30 p.m.	27 Career Exploration and Planning Track 8:00 a.m.-4:30 p.m.	28	29
30						

Run with the Troops



Marines assigned to Marine Corps Detachment Newport (top left) and future R.I. Police currently attending Officer Candidate School (top right) were the two groups that ran in formation during last Saturday's Run with the Troops R.I., 4-mile run held at Quonset Point, North Kingstown. The event began and ended on the grounds of the SEABEE historical center and museum. Over 100 runners participated in the event with all proceeds going to the R.I. Veterans' Home in Bristol, R.I. Military Lounge at TF Green Airport, the SEABEE Museum and USMC Jr. ROTC unit at Tolman High School in Pawtucket.

Four Meritorious Civilian Service Awards presented at NUWC Division Newport's Annual Awards ceremony



Above Left: Joanne Aker (center), an engineer from the Naval Undersea Warfare Center Division Newport Undersea Warfare Mission Engineering and Analysis Department, who retired on March 30, was presented a Department of the Navy Meritorious Civilian Service Award by Technical Director Ronald Vien (left) and Commanding Officer Capt. Michael Coughlin during the Annual Awards ceremony held on May 3.

Above Right: Jennifer Giles (center), a scientist in the Naval Undersea Warfare Center Division Newport Undersea Warfare Weapons, Vehicles and Defensive Systems Department, was presented a Meritorious Civilian Service Award from the Naval Meteorology and Oceanography Command in Stennis, Mississippi. Division Newport Technical Director Ronald Vien (from left) and Commanding Officer Capt. Michael Coughlin presented the framed citation to Giles during an Annual Awards ceremony held on May 3.



Above Left: Adam Macksoud (right), Naval Undersea Warfare Center Division Newport chief financial officer and comptroller, is pinned with the Department of the Navy Meritorious Civilian Service Award by Technical Director Ronald Vien, as Commanding Officer Capt. Michael Coughlin looks on, during an Annual Awards ceremony on May 3.

Above Right: Paul Cavallaro (center), an engineer in the Naval Undersea Warfare Center Division Newport Ranges, Engineering and Analysis Department, is pinned with the Department of the Navy Meritorious Civilian Service Award by Technical Director Ronald Vien, as Commanding Officer Capt. Michael Coughlin looks on, during Division Newport Annual Awards ceremony on May 3.

BZ & WELCOME ABOARD SHIPMATES ...



Lt. Chaplain Jose Jimenez (middle left with awards folder) is flanked by Sailors, Naval Officers and Marines who gathered as part of the all hands ceremony held last Friday morning at NS Newport. Chaplain Jimenez, a former Army Soldier and U.S. Marine, departed Newport earlier this week to join up with the Marines again at Camp Pendleton, Calif.



Above Photo: Congratulations to Lt. Chaplain Jimenez (right) on a successful tour here at NS Newport, and a big Welcome Aboard to Lt. Cmdr. Chaplain Richard Smothers (left). Left: CSS2 Heath Cruse reenlists for five more years during a ceremony at the galley on Monday.



Above Left: MA2 Tristan Thacker gets frocked to Petty Officer 2nd Class at a ceremony last Friday. His wife Katelynn, mother Judy, and sister Sirena attended. AO1 Edward Yazbak gets frocked to Petty Officer 1st Class with girlfriend Alexa and AOCM Sullivan. Capt. Ian Johnson, NS Newport Commanding Officer, poses with the newly promoted Sailors during the ceremony.



The Wailing Wall: School Grades Sometimes Miss the Mark

I had done it, all by myself this time. I would finally make my parents proud.

It was 1991, and I was about to graduate from law school. My parents made the nine-hour drive from Pennsylvania to Michigan for the occasion, the first time since I had left home three years prior. I met them at school, eager to show them the place where I finally transitioned from child to adult.

Unlike college when I was still under my parents' thumbs, I completed law school without their hand-holding or bank accounts. As much as it would have been nice to have them foot the bills, I knew I had to cut the apron strings and set out on my own.

In order to do this as a flat-broke college grad, I had to get every loan possible, and work at least 20 to 30 hours a week with a full course load. It wasn't easy. I drove a 1976 Volkswagen Beetle through snow-blown Michigan winters, shopped at thrift stores, and ate plenty of ramen.

But I did well, earning a spot on Law Review, getting a coveted internship at the county prosecutor's office, and securing two job offers before graduation. All I had to do now was accept the sweetest reward of all — my parents' approval.

Dressed in the eggplant business suit I'd splurged on with my meager savings, I walked them through the institution that would award me my degree later that day. I pointed out the library, the bookstore, the mock courtroom, the school cafe where I



Lisa Molinari

ate bran muffins and the heavily smoke-infused student lounge.

I told them how the system worked — how our final grades in every non-writing course were based on anonymous “blue book” exams. To demonstrate this, I pulled my “Secured Transactions and Bankruptcy” blue book out of my bag while we sat in the cafe for a coffee break. It was the last exam I had taken, and I still needed to check my grade.

“See Mom and Dad, this booklet



is what we record our exam answers in. Each one has a random number in the corner... here,” I pointed. “In order to see what grade I got on this exam, I have to find that number on a bulletin board upstairs. We call it ‘The Wailing Wall,’” I said with a chuckle, “I’ll show you.”

After finishing our Styrofoam cups of coffee, we took the elevators to the Wailing Wall on the sixth floor. Students were milling about, muttering the long numbers from their blue books, pointing to the printouts on the wall, and drawing their fingers across the board to the columns of final grades.

“Okay, so let’s find my Secured Transactions and Bankruptcy blue book number,” I guided my parents, who seemed fascinated by my world.

The three of us scanned the lists, looking for the right combination of numbers.

“Is that it?” my mother said excitedly, pointing and squinting at a number high on the wall.

“You found it, Mom, nice job!” I said. I held the place with my fingertip. “Now, let’s follow the line over to the grade column.” I dragged my finger along, and they watched, each of us sporting an eager grin.

“And voila!” I said when my fingertip reached the column of letter grades. “What does it say?” I asked, as they craned their necks to see.

My parents’ expressions turned from cheerfully entertained, to somewhat confused, to downright embarrassed.

“It says D+,” my father reported with deadpan delivery.

For that moment, I felt that all was lost. Every bad memory of disappointing Cs on my high school report cards and college transcripts bubbled to the surface. Would I ever exceed my parents’ mediocre expectations for me?

But less than an hour later in the auditorium, they watched, tears flooding their eyes, as their only daughter accepted her hard-earned Juris Doctor degree.

“We’re so proud of what you’ve accomplished,” they gushed, hugging and kissing me after the ceremony. Turns out, my grades hadn’t defined me after all. And much to my surprise, my parents knew that better than I did.

Lisa’s syndicated column appears in military and civilian newspapers including Stars and Stripes, and on her blog at themeatandpotatoesoflife.com.

She can be contacted at meatandpotatoesoflife@gmail.com.

MORALE, WELFARE & RECREATION ...



www.navymwrnewport.com

Join the MWR Email Blast List email:
NAVSTANewportRIMWR@gmail.com

NAVSTANewportMWR

@NAVSTANPTRIMWR

OFFICERS' CLUB, BUILDING 95

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing.
Monday-Friday: 11 a.m.-10 p.m., Saturday:
4-10 p.m., Sunday & federal holidays: closed

THURSDAY ~ Boiled Lobster - New England favorite!
Steamed and served with potato, corn on the cob,
sausage & onions ~ Market Price

Lobster Mac & Cheese - A creamy blend of pasta &
cheese and loaded with buttery lobster ~ 18.00

*** Weekly special is available from
5-8 p.m. and not available for take-out ***

COMMUNITY RECREATION CENTER, BUILDING 656

OPEN TO ALL PATRONS WITH BASE ACCESS.

Kitchen closes an hour before closing.
Monday-Thursday: 11 a.m.-9 p.m.; Friday: 11 a.m.-
10 p.m.; Saturday: 12-11 p.m.; Sunday: 1-8 p.m.;
Federal Holiday: 12-6 p.m.

DAILY SPECIALS

MONDAY - Vegetarian wrap with roasted garlic herbed
mayonnaise, roasted red peppers, cucumbers, tomato,
spinach and red onion in a white or wheat wrap served
with chips or fries, \$7.50.

TUESDAY - Buffalo chicken mac and cheese with
creamy cheese sauce with diced chicken and buffalo
sauce, topped with herbed bread crumbs, \$8.00.

WEDNESDAY - All-you-can-eat pizza & salad buffet
\$7.25, 11 a.m.-1:30 p.m.

THURSDAY - Hawaiian steak platter - grilled
marinated steak, white rice, Hawaiian macaroni salad
& coleslaw with a FREE fountain soda \$9.00,
11 a.m.-1:30 p.m.

FRIDAY - All-you-can-eat Mongolian Barbecue with a
FREE fountain soda \$10, 11 a.m.-1:30 p.m.

MONTHLY SPECIALS

**JALAPEÑO, CHILI, BACON, PEPPER JACK
DOUBLE CHEESEBURGER** - Two hamburger patties,
four strips of bacon, two slices of cheese & fresh sliced
jalapeño peppers served with chips or fries, \$10.00.

CHOURICO & BANANA PEPPER PIZZA - Sliced
Portuguese chourico and banana peppers with red
sauce, Small \$8.00 Large \$15.00

SPICY BBQ SRIRACHA WINGS - A full pound of
wings tossed together with BBQ sriracha sauce and
fresh jalapeño peppers, \$7.75.

BACON CHILI CHEESE DOGS - Two all beef hot
dogs topped with diced bacon, house-made chili, and
Monterey Jack cheese, served with chips or fries,
\$6.50.



Summer CONCERT SERIES

FREE MUSIC, EVERY FRIDAY 5:30-8:30 P.M.
& SATURDAY 6-9 P.M. ON THE OFFICERS'
CLUB DECK. NEW SUMMER FOOD & DRINK
MENUS TOO! OPEN TO ALL PATRONS WITH
BASE ACCESS.

June 7 - Becky Chace Band
Acoustic, Country, Blues,
Rock, Pop

June 8 - Matt Kerns
Classical Jazz, Rock, Pop

June 14 - The Naticks
Rock

June 15 - Dan Lilley
Classic Rock

June 21 - 6pc Sure Thing
Swing, Motown, R&B

June 22 - Headliners
Folk

June 28 - The Vegas Lords
Rock

June 29 - Bill & Gabbi Duo
Alternative Country

July 5 - The Big Payback
Classic Hits

July 6 - Outcry
Classic Rock

July 12 - Southern Sky
Country

July 13 - Two Across
Acoustic

July 19 - The Naticks
Rock

July 20 - Matt Kearns
Classical Jazz, Rock, Pop

July 26 - Repercussions
Rock & Roll

July 27 - Russ Partridge
Acoustic

August 2 - Country Mile Band
Country

August 3 - Liz Boudreau Trio
Acoustic Country, Rock, Top 40

August 9 - Z Boys
Surf Rock

August 10 - Headliners
Folk

August 16 - 6pc Sure Thing
Swing, Motown, R&B

August 17 - Kelly Lennon Duo
American Songbook

August 23 - Rash Cat
Americana, Vintage Country

August 30 - Changes in Latitude
Jimmy Buffet Tribute Band

August 31 - Matt Kearns
Classical Jazz, Rock & Pop

Presented by **FLAG DAY
FUN RUN/WALK**
Thursday, June 13 at 6 a.m.

Join the MWR fitness team for a three-mile run or 1.5 mile walk with start/finish on the Weenachasset foot bridge on the Navy Justice School side of the bridge. Preregistration is recommended, but same day sign ups will be taken. Commands are asked to bring a roster to the John H. Chafee Fitness Center or email to denise.vieira1@navy.mil. Refreshments will be provided after the race. Prizes awarded to top three male/female, largest command and door prizes too! For more information, call (401) 841-7354.

Inflatable Fun Festival
Presented by • INFLATABLES
• GAMES
• CONCESSIONS

Saturday, June 15 • 11 a.m.-2 p.m.
Located adjacent to John H. Chafee Fitness Center

For more information, call (401) 841-3093.

**GREAT NAVY
CAMPOUT**
Discover Your Adventure

This is a **FREE event!**

Naval Station Newport
Carr Point Point Rec Area
Sat., June 22 at 2 p.m. to
Sun., June 23 at 10 a.m.

Come camp with MWR! We supply the tents and sleeping bags, first come, first served basis. A variety of information demonstrations, games, activities, S'mores, and a night time movie with popcorn will be available! For \$10.00 per person, a buffet style cooked dinner, all the fixings for S'mores, and breakfast in the morning! Register at Seaview Lanes Bowling Center beginning on Monday, June 3 to reserve your spot. For questions or more information call at (401) 841-3093.

The Department of the Navy does not endorse any company, sponsor or their products or services.



FIRE SAFETY TIP OF THE WEEK

Fire Safety Tip: The place where we feel safest — at home — is where most smoking-materials structure fires, deaths, and injuries

occur. Most deaths result from fires that started in living rooms, family rooms and dens or in bedrooms.



FLAG DAY RUN / WALK

Presented by US Family Health Plan* on Thursday, June 13 at 6 a.m.

Join the fitness staff for a three-mile run or 1.5 mile walk with start/finish on the Weenachasett foot bridge on the Navy Justice School side of the bridge. Pre-registration is recommended but same day sign-ups will be taken. Commands are asked to bring a roster to the John H. Chafee Fitness Center. Refreshments will be provided after the race. Prizes awarded to top three male/female, and door prizes too!

For more information, call (401) 841-7354. *Sponsored by: Barry's Automotive Group, Newport Helicopter Tours, Navy Federal Credit Union, Newport Gulls & First Command: Get Squared Away

ARMY BIRTHDAY & FLAG DAY

Friday, June 14, 244th Birthday, US Army (1775) & Flag Day.

14TH ANNUAL STAND DOWN

Friday, June 14, 9 a.m. – 3 p.m., “14th Annual Stand Down” at 69 Grove Street, Worcester, Mass. 01605. For more information: www.veteransinc.org, (800) 482-2565, Standdown@veteransinc.org.

Open to homeless and in-need Veterans and their Families. Bring a

photo ID and DD Form 214, or VA ID card as proof of Veteran status.

SERGEANTS MAJOR FINAL GOLF TOURNAMENT

Monday, June 17, Registration 7 a.m. – 7:45 a.m. with a Shotgun Start, “2019 Sergeant’s Major Final Golf Tournament” at North Kingstown Municipal Golf Club (Public), 615 Callahan Road, North Kingstown. Point of contact is Ray Laprad at (401) 487.4280, or via email at raylaprad@hotmail.com.

US COAST GUARD AUXILIARY

BIRTHDAY Sunday, June 23, 78th Birthday, US Coast Guard Auxiliary (1941).

SOLDIERS AND AIRMAN RHODY 5K

Sunday, June 23, 10 a.m., “1st Annual Soldiers & Airmen Rhody 5K Run/Walk”, Rhode Island Chapter of the Enlisted Association of the National Guard US (RIEANGUS), National Guard Quonset Air National Guard Base, North Kingstown. Register at www.rhodyrun5k.org or www.Active.com.

ANNIVERSARY OF START OF KOREAN WAR

Tuesday, June 25, Korean War Begins (1950).

Saturday, June 29, 9 a.m. – 6 p.m., “11th Anniversary Party,” Nam Knights of America Motorcycle Club, Blackstone Valley Chapter, 59 Bightridge Avenue, East Providence. For more information call (401) 702-0292.

All proceeds to benefit the 2019 Gold Star Teen Sailing Camp.

DON'T DRINK AND DRIVE

Don't Drink & Drive >>> There are plenty of options for traveling

throughout the area without getting behind the wheel after you have been enjoying some alcoholic beverages with friends and family.

Here on Aquidneck Island, Airport Taxi, Inc. (401) 841-0030 Bizarros Transportation (774) 930-2416 and Orange Cab (401) 737-2868 all have drivers who have been cleared to drive onto the installation.

If you choose to use one of the many ride-sharing services out there (Uber/Lyft) then please note that UNLESS the driver is in possession of a Department of Defense issued ID card, he/she will not be allowed onto the installation and you must be dropped at the gate.

Remember, non-affiliated personnel are NOT allowed to be on the installation unless they are escorted by a DoD escort or have gone through background vetting and identity verification.

Stay Safe and keep what you earned!

LOST ARMY RING FOUND

A US Army ring inscribed with the words “COMBAT MEDIC” with the owner’s last name, was found on base. If you a ring, contact (401) 841-1832 or email lisa.rama@navy.mil and provide the last name on the ring so we can make sure it gets to the rightful owner.





2019 MSoN AUGUST

WELCOME SOCIAL

2019 MSoN August Welcome Social are as follows:

- Date: Thursday, August 22, 2019
- Event Time: 6 pm - 9 pm
- Location: Rotunda Ballroom at Easton Beach

If you have any questions, please contact Lauren Lusty at milspousenewport.hospitality@gmail.com.

TRUSTED TRAVELER

Reminder that you are responsible for people you bring on base.

CRIME PREVENTION

If you see something say something. There was an incident that occurred on base over the last couple of weeks that was reported in a timely manner, allowing it to be handled quickly. Remember, safety and security is paramount, and it's up to all of us to report suspicious activity.

NAVY MARINE CORPS RELIEF SOCIETY

If your Sailors have pay issues, notify NMCRS after the FIRST instance it occurs so they can rectify the issue in a timely manner. It can complicate the resolution process if the issue goes on for several pay periods. Email newport@nmcrs.org to make an appointment.

NEX JULY RIBBON CUTTING

Save the date for July 18 when the NEX reveals the newly renovated facility. There will be a lot of activities planned and a formal ceremony.

William B. MacGregor Jr. Watercolors

Nautical Chart Artist

Johnston, RI

www.nauticalchartartist.com

www.Junkyardartist.com

EBay & ETSY Store: The Junkyard Artist

Facebook:

William B MacGregor Jr. Watercolors-The Junkyard Artist



USS Constitution
(Old Ironsides)

William B. MacGregor Jr. was born in Medfield MA in 1947 and he is the son and grandson of Norfolk Hunt Club kennel masters. Many of his family members were self taught artists, woodcarvers, automobile mechanics and veterans of foreign wars.

Bill is a graduate of Medfield High School, Northeastern University, Wentworth Institute and McIntosh College where he graduated as a member of Phi Theta Kappa. With no formal art training, he uses his mechanical engineering and drafting skills to produce artwork. His work is influenced by his passion for old cars, junkyards, nostalgia, the ocean, hiking and an engineering career which included working in military/aerospace companies, in civil engineering, in optics and as a drafting consultant for WCVB-TV Channel 5 in Boston. Bill recently retired as a Senior Engineer with Lockheed Martin.

One of Bill's favorite paintings was of the USS Nantahala on which his father-in-law served in the Pacific during WW2 and later battled during the Korean & Viet-Nam war before she was retired in 1973.

Bill has been commissioned by US Navy personnel to create paintings of their ships and he has painted such ships as the USS Stethem, USS Iwo Jima, USS Caron and USS Safeguard. He painted the USS Mitscher in a composite representing the historical Doolittle Raid. Bill has painted many RI lighthouses on nautical charts and has associated recently with the Plum Beach Lighthouse Association in RI. Beginning in May, 2018, and for one year, four of Bill's automotive related paintings are on display at the Larz Anderson Auto Museum in Brookline, MA.

Bill's painting begins with "old skool" mechanical and civil drafting techniques including the use of ruling pens, templates and Leroy's. Then he inks his drawings and completes them with the application of watercolors and acrylics.



Battle of the Monitor and Merrimack
Watercolor & Acrylic Painting



USS Stockdale DDG-106
Nautical Chart Painting



MILITARY LOUNGE AT PROVIDENCE AIRPORT

Serving active military and veterans
Open seven days a week from 0800 to 2000

Visit the Lounge for a snack, a coffee, or a soft drink, or watch some TV, while waiting for your flight. Look for us behind the Delta ticket counter on the airport departure level.



The Lounge service is provided by volunteers from the Rhode Island Military Organization (RIMO).



GATE 23 SOFT LAUNCH

The Gate 23 Entry Control Point (ECP) traffic flow and equipment evaluation check is taking place next Wednesday, June 12 from 0630 to 0900.

This newly constructed gate 23 ECP is for NUWC personnel only and is IN ADDITION to the existing Gate 23 ECP.

This 3-hour evaluation window will allow security, public works and management the opportunity to evaluate operations, identify potential issues with the gate and address them prior to the gate being put into 24/7 operations at a later date, hopefully, in the near future.

Defense Hwy closed Friday, June 7th for pothole repairs



- Closed 9:30 am to 2:30 pm
- Closed from Greene Ln housing north to Weaver Cove boat ramp
- Access will remain to GL housing from the south and to the boat ramp from the north
- Greene Ln and Stringham Rd remain open



STANDARD GATE HOURS

- **Gate 1:** Open 7-days-a-week / 24-hours-a-day for routine traffic.
- **Gate 2:** Open for a.m. commute Mon through Fri, 6:30 to 8:30 a.m. to alleviate Gate 1 backups.
- **Gate 10:** Closed until further notice.
- **Gate 17:** Open Mon through Fri from 6 a.m. to 6 p.m. (closed on holidays)
- **Gate 7:** NHCNE Gate, open Mon-Fri, 6 a.m. to 6 p.m.
- **Gate 23:** NUWC Gate open 24/7 for commuters.
- **Gate 32:** Open Mon-Fri 6:30 to 9 a.m. and 3:30 to 5:30 p.m. for commuters.





Navy Launches Advancement-to-Position Program

From Chief of Naval Personnel
Public Affairs

WASHINGTON (NNS) -- Navy announced the creation of a program with an advancement incentive to fill priority recruiter and recruit division commander (RDC) billets June 3, in NAVADMIN 122/19.

The Advancement-to-Position program will advance select Sailors to the paygrade of E-6 and provide them with pay commensurate with that paygrade upon reporting to their ultimate duty station, after completion of their required "C" school.

Sailors selected for advancement-to-position billets will receive permanent change of station (PCS) orders corresponding to the billet for which they are selected.

In order to be eligible for the program, all applicants must:

- Be a second class petty officer (E-5) in the detailing window for rotation to shore duty

- Have completed a minimum of six years of active service by their projected rotation date

- Have achieved a standard score of 50 or higher on the March 2019 E-6 Navy-wide advancement examination (NWAEE)

- Be an Active Component Sailor

Sailors who apply for any RDC billet in the Career Management System – Interactive Detailing (CMS-ID) will be considered for all RDC billets, since all RDC billets offered under the program are located at Recruit Training Command (RTC) Great Lakes. Recruiting billets will be advertised for specific priority Navy Recruiting Districts (NRD) or Navy Talent Acquisition Groups (NTAG) and applicants will only be considered for billets at the specific NRD or NTAG to which they have applied.

All RDC and recruiter billets will require 36 months of obligated service from the completion of the



applicable "C" school. E-5s selected for advancement to E-6 during the March 2019 NWAEE cycle will not be considered for this program, however, applicants who have already been selected for E-6 may be contacted by their detailer to potentially fill other open billets as recruiters or RDCs.

Recruiter and RDC billets identified for the advancement-to-position program will be advertised via CMS-ID during the June/July 2019 application cycle.

In order to view all billets available for this program, Sailors must enter the correct Navy Enlisted Classification (NEC) code for the desired position and select the "Advance-to-Position" category in the Optional Input portion of the CMS-ID Job Search page.

Sailors interested in RDC positions must enter the "8RDC" NEC as an optional search input on the CMS-ID Job Search page and Sailors interested in recruiter positions must enter the "803R" NEC.

Advancement-to-Position candidates will be selected using a modified final multiple score (FMS). The applicant for each billet who has the highest FMS from the March 2019 advancement cycle will be selected for the program as long as they pass all special programs screening requirements.

Applicants are encouraged to begin the special programs screening process as soon as possible after submitting an application for the program in order to preserve alternate detailing opportunities, in the event they fail the screening process.

The initial program will advertise 20 RDC billets and 10 recruiter billets. However, Sailors can expect an expansion of job types and the number of billets available in the Advancement-to-Position program in the coming months.

For questions about program eligibility or specifics, contact MyNavy Career Center (MNCC) at 833-830-MNCC/833-830-6622 or via e-mail at askmncc@navy.mil.



Navy Leadership Accelerates Lethality with Newly Designated Surface Development Squadron

From Commander
Naval Surface Force
USPACFLT PAO

SAN DIEGO (NNS) -- To encourage innovation, experimentation, and combat readiness, Vice Adm. Richard Brown, Commander, Naval Surface Force, U.S. Pacific Fleet (CNSP), announced the establishment of Surface Development Squadron ONE (SURFDEVRON ONE) during a ceremony, May 22.

SURFDEVRON ONE will integrate unmanned surface vessels (USV) and support fleet experimentation to accelerate delivery of new warfighting concepts and capabilities to the fleet.

Brown, who provided remarks during the ceremony, told the attendees they were witnesses to the future in Surface Warfare.

“By standing up a command dedicated to developing warfighting capabilities and experimentation, we will ensure the U.S. Surface Navy remains the premiere Surface Navy in the world,” said Brown.

SURFDEVRON’s primary functions will be to:

- Execute experimentation to support development of new and emerging surface warfighting capabilities.
- Develop material and technical solutions to tactical challenges.
- Coordinate doctrine, organization, training, material, logistics, personnel and facilities requirements for unmanned surface systems.

To establish the new command, CNSP re-designated Zumwalt Squadron ONE (ZRON ONE) to SURFDEVRON ONE to accelerate new warfighting capabilities to the surface force and lead Fleet integration of unmanned surface vessels. Commanders, U.S. Fleet Forces Command and U.S. Pacific



Capt. Henry Adams, from Houston, delivers remarks during the establishment ceremony for Surface Development Squadron (SURFDEVRON) ONE, May 22. Adams is the first commodore of SURFDEVRON ONE, which will integrate

unmanned surface vessels and support fleet experimentation to accelerate delivery of new warfighting concepts and capabilities to the fleet. (U.S. Navy photo by MC1 Woody S. Paschall)

Fleet, approved the SURDEVRON ONE plan, and Chief of Naval Operations endorsed it earlier this year.

Capt. Henry Adams relieved Capt. Scott Carroll during a combined change of command/establishment ceremony.

“ZRON ONE embodied Adm. Zumwalt’s legacy of warfighting innovation by leading fleet integration of the revolutionary ship class that bears his name,” said Carroll. “Establishing this new squadron – with its focus on experimentation and future warfighting technology – fulfills and extends ZRON’s purpose to the rest of the Surface Navy. Although the name has changed, I’m proud to note that ADM Zumwalt’s innovative legacy will persist.”

I want to recognize and thank Capt. Scott Carroll for his leadership and hard work while Commander of the ZRON,” said Brown. “His leadership was crucial to the introduction of the Navy’s newest and most technologically advanced ship class.

He ensured the Zumwalt class was properly manned, the Sailors specifically trained to operate the advanced warfighting systems, and

the required material readiness was in place to conduct sustained combat operations at sea.”

Adams is SURFDEVRON ONE’s first Commodore. Previously, he led CNSP’s Commander’s Action Group (CAG) and served as Commander, Destroyer Squadron TWO ONE (CDS 21). Other previous command tours include USS Stethem (DDG 63) and USS Thunderbolt (PC 12).

“It’s an honor and a privilege to lead the SURFDEVRON ONE team as we work to execute the Navy’s and surface warfare community’s vision to build an organization focused on fleet innovation and experimentation,” said Adams. “We look forward to the challenge and to working with the broader community of interest – both inside and outside of the Navy – as we collaborate to realize SURFDEVRON ONE’s full potential.”

“Hank, throughout your career you have taken on challenges with professionalism, energy, and enthusiasm,” Brown added. “We charge commanders to be ready to ‘accept the extraordinary responsibility of command with full regard,’ and this will be extraordinary.”



Engaging Community Clergy to Support Veterans

By Winfield S. Danielson III
Providence Veterans Affairs

PROVIDENCE, R.I. - The VA Office of Veterans Experience, the Veterans Health Administration's Office of Rural Health, and the National VA Chaplain Center have partnered with the Providence VA Medical Center to provide a training program for community clergy, 10 a.m. - 2 p.m. Saturday, June 15, in the 3rd floor chapel at the Providence VAMC main hospital building, 830 Chalkstone Ave, Providence, R.I.

Service members from the National Guard, reserves and active duty returning from deployment, and those who have left military service, must reintegrate into civilian life after arriving home.

The challenges of reintegration, coupled with issues that may be tied to their service, can result in problems that go unrecognized or develop slowly. When these issues become critical, Veterans often seek support and information from people they know, including their local clergy and members of the faith community.

To assist local clergy in supporting Veterans in their community, the National VA Chaplain Center joined with VHA Office of Rural Health to create the Community Clergy Training Program. The program's goal is to provide clergy and faith community members with the tools they need to provide accurate information and support when Veterans or their

families seek assistance. Check-in starts at 9:30 a.m.

Co-sponsored by St. Luke's Parish, of Barrington, R.I., the program is free to participants and lunch will be provided. If a member of the clergy is unable to attend, clergy-in-training, laypeople, or a member from the faith community may also attend.

The program provides an opportunity to learn, build relationships and bring back the knowledge to support local Veterans and their families. Interested parties should contact Providence VAMC Chaplain Rotunda East at (401) 273-7100 ext. 2865 or rotunda.east@va.gov for more information.



Military Women Across the Nation
MWAN

OCEAN STATE UNIT 118

Women Across The Nation, Ocean State Unit 118 is having their annual luncheon and your invited.

We will be honoring the RI Active Duty Military Woman Of The Year.

Friday 21 June 2019, 11:30AM
Officers Club, Naval Station, Newport, RI
\$20.00 per person, Buffet Luncheon

Chicken Marsala w/Mushrooms, in a Marsala Wine Demi-Glace, Fresh Atlantic Salmon in a Caramelized Sweet Onion & Fig Jam, Chef's choice vegetable, rolls/butter, garden salad w/vinaigrette & Dill dressing. Cake & Ice Cream, Coffee, Tea, Decaf station.

Please make checks payable to: Ocean State Unit 118. Please fill out bottom for reservations, names of all guests and whether you have base access. Mail checks and names to: Treasurer: Estelle O'Connell, 58 Admiral Kalbfus Rd, Newport, RI 02840.

-----fill out below, cut and mail-----

Deadline for reservations: 12 June 2019

Name _____ contact phone _____

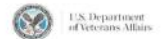
Guests _____

No I do not have base access.

Members/guests that do not have access, please go to gate one and your name will be at the gate, You must show drivers license or picture ID. Names will be left at the gate via Officer Club.

Any questions or concerns please call Ginny Hanson 401-294-2434

#BeThere
for Veterans and Service members



#BeThere for Service Members, Veterans & Families:

Strengthening Our Community

Building, developing, and strengthening resources and partnerships in Maine, New Hampshire and Vermont between the Veterans Health Administration (VHA) and Community Stakeholders.

Wednesday, June 26, 2019 | 8am-4 pm

DoubleTree by Hilton Manchester Downtown | Manchester, NH

Speakers and Workshops include:

- Keita Franklin, LCSW, PhD
Executive Director Suicide Prevention, Office of Mental Health and Suicide Prevention
- Reflections and Commentary on Service to Veterans
Richard Barbato, MSW | Acting Program Analyst, Office of Planning and Policy
- Lethal Means Training
Cathy Barber, MPA | Director of Means Matters, Harvard School of Public Health
- Suicide Prevention in a Spiritual Setting & Life Promotion as Suicide Prevention
Rev. Rachael Keefe, MDiv, ThM, DMin and Chaplain Steve Sullivan, MDiv, ThM
- Governor's Challenge to Prevent Suicide among SMVF: NH and next steps
Amy Cook, Administrator, Bureau of Community-Based Military Programs

To register: <https://www.eventbrite.com/e/bethere-for-service-members-veterans-families-strengthening-community-tickets-62023420871>

For more information: Beth Alves, LCSW at 603-624-4366 ext. 2150 or Shara Katsos, LICSW at 781-687-3216

