

# T.J. TeamTalk

JUNE 7, 2021

## DEPARTMENT FEATURES MEET OUR SECURITY TEAM



Randy Kingrey



Doug Thomas and Veachel Adwell

The security department at T.J. Samson is made up of an extremely dedicated group whose main focus is helping those who need assistance while keeping the T.J. facilities as safe as possible. Most of these gentlemen have a background in public service that relates to their role on the security team, so they know how to interact with all types of situations and people they may come into contact with. Not only does the security team provide visitor and staff protection, they also offer a lost & found, patient property lock-up services, and are more than happy to escort you to or from vehicles if you ever feel unsafe or uncomfortable. The team is staffed at both hospitals and the Pavilion. At TJSCH, the security office is located adjacent to the ER waiting room, near the patient waiting area. At TJHC, the security office is located in the P.T. hallway and at the Pavilion, they are located adjacent to the Urgent Care waiting room. The team will intervene whenever necessary to be sure our patients and staff are safe and comfortable and to make sure all visitors are complying with T.J. policies and procedures.

The T.J. security team we will get done whatever needs doing, so don't hesitate to contact them!

**Watch for more features in the coming weeks!**



## JUNE

**June 18:** Shopping Extravaganza @ TJSCH parking lot (8 a.m. - 3 p.m.)

## JULY

**July 17:** Martha Skaggs Benefit @ PAV Community Center (10 a.m. - 3 p.m.)

*If you have an important date or event that should be added, please email it to [mollie.felkins@tjsamson.org](mailto:mollie.felkins@tjsamson.org).*

# IMPORTANT

If you have received your COVID vaccine from an outside facility, please send documentation to Employee Health so that your file can be updated.

If you have already sent documentation, you do not have to resend it.

You can either bring in a copy, send via email or fax to 270-651-4475.



## SERVICE EXCELLENCE

### Awards

**DO YOU KNOW SOMEONE WHO EXEMPLIFIES THE VALUES AND STANDARDS OF THE T.J. PLEDGE?**

Nominate your fellow co-workers or a provider for one of the TJRH Service Excellence Awards. You may pick up a form outside the hospital cafeteria, print the one in the back of this newsletter, or you can also submit it online via the T.J. Intranet.

Award winners are announced monthly. Thank you for helping us to recognize our employees and providers who strive for Service Excellence!

### June: Compassion



## T.J. PATIENT ENCOUNTERS

5/29/21 - 6/4/21:

**6,432**

5/22/21 - 5/28/21:

**7,640**



**Cerner Community Works**  
**#1system1voice**

**14 WEEKS**  
**UNTIL GO-LIVE**



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Log on with your User ID & Password for Deep Discounts on Tickets!

[www.holidayworld.com/funclub](http://www.holidayworld.com/funclub)

T.J. Samson Username: Holiday863

T.J. Samson Password: World863

Note: The username and password are case sensitive and both start with a capital letter. Also, there are no spaces between the text and numbers.

**KENTUCKY KINGDOM AND HURRICANE BAY**

Save 25%

**\$29.95**

**TWO DAYS. TWO PARKS. FREE SOFT DRINKS.**

VISIT [KENTUCKYKINGDOM.COM/SUMMERFUNPARTNERS](http://KENTUCKYKINGDOM.COM/SUMMERFUNPARTNERS) TO PURCHASE



## Weekly Prayer Service

A weekly prayer service will be held at T.J. Samson on Thursday mornings. The next prayer service will take place on Thursday, June 10 at 10 a.m. in the hospital chapel near the ICU waiting room. Greg Houchens, Hospital Chaplain, will lead the service each week. All interested employees are invited to attend.

## AMAZON PRIME DAY

Get ready for Prime Day (June 21 & 22)! Sign up for AmazonSmile [here](#) and select T.J. Community Mission Foundation Inc as your preferred charity. Remember to shop for deals at [smile.amazon.com](http://smile.amazon.com), or with AmazonSmile ON in the Amazon app, and AmazonSmile will donate to the T.J. Community Mission Foundation at no cost to you.

**amazon**smile

Your Account Today's Deals All Departments

Welcome to AmazonSmile!

Thank you for supporting  
Tj Community Mission Foundation Inc.

Remember, always start at [smile.amazon.com](http://smile.amazon.com)  
and Amazon will donate 0.5% of the price of your  
eligible AmazonSmile purchases.



See your AmazonSmile impact

Get donation information and learn about your charity

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Make it easier to return to [smile.amazon.com](http://smile.amazon.com)

Install Amazon Assistant.

[Learn about Amazon Assistant](#)

# Cerner Community Works

## #1system1voice

### Cerner CommunityWorks Training Coming Soon!

Training for our September Cerner CommunityWorks implementation will begin in **June**. TJ Regional Health staff and providers will be assigned a combination of e-learning modules and classroom sessions. Here are some important details:

- Training will **be role-specific and task-based**
- Build a foundation and confidence with **e-learning**, accessible anytime and from any PC with an internet connection
- Get day-in-the-life, role-specific practice in the **classroom**
- **E-learning** modules must be complete prior to attending classroom sessions
- Classroom sessions will begin at the end of July
- A network of peers will be assembled to help coach you through the training process

### What are Next Steps?

- Watch for an email notification from Cerner in June once your Learning Journey has been assigned
- Once you receive your notification, simply login to the Cerner Learning Portal as indicated in the announcement and start completing your modules
- After completing your e-learning, you can go back and re-take any modules to refresh on any complex topics
- Your director or coordinator will schedule your classroom session

### What if I have questions on the training process?

For questions on Cerner CommunityWorks training, please contact TJ Regional Health's Cerner Training Specialist, Ben Jessie at [Benjamin.jessie@tjsamson.org](mailto:Benjamin.jessie@tjsamson.org).



# FREE SPORTS PHYSICALS

SATURDAY, JUNE 12, 2021

7:30 TO 11 a.m.

T.J. Health Pavilion Rehab Department

***KHSAA APPROVED ANNUAL  
SPORTS PRE-PARTICIPATION PHYSICALS  
FOR STUDENT ATHLETES IN GRADES 5-12***

## **THIS EVENT PROVIDES SPORTS PHYSICALS ONLY.**

- ▶ Participants are encouraged to wear their own mask.
- ▶ Be sure to bring your corrected vision glasses or contacts.
- ▶ KHSAA Pre-participation Physical Forms pages 1, 2, 4 and 5 must be completely filled out by parent(s) or legal guardian(s) before arriving at the Sports Physicals event. Pages 3 and 6 will be completed at the event. All 6 pages of the Physical Forms must be brought to the physical. **Parent or legal guardian signature is required.**
- ▶ You can print a copy of the form(s) from the KHSAA website.
  - Go to [khsaa.org](http://khsaa.org). **Click on KHSAA forms at the bottom left of the home page in the black area.**
  - **HIGH SCHOOL STUDENTS:** Click on General Administrative Forms (Physical, Transfer, Contract). Then click on GE04-Combined Parent Permission and Athletic Physical Forms (High School). Print & fill out completely.
  - **MIDDLE SCHOOL STUDENTS:** Click on Middle School Forms, then click on MS01-Combined Parent Permission and Athletic Physical Forms (Middle School). Print & fill out completely.
  - If the student plays on middle **AND** high school teams, then page 1 from GE04 and MS01 has to be filled out.

***This is a FREE EVENT sponsored by  
T.J. Samson Rehab and Sports Medicine!***





# VOLUNTEER OPPORTUNITIES

## Free Sports Physicals

T.J. Health Pavilion Rehab Department  
Saturday, June 12  
7:30 a.m. - 11 a.m.

## C.A.M.P. T.J.

South Green Elementary  
June 15 - June 18

If interested in volunteering, please contact  
Dewayne Miller ASAP at [dmiller@tjsamson.org](mailto:dmiller@tjsamson.org).

If interested in volunteering, or want to  
learn more about job duties, click [here](#).



## IMPORTANT *Benefits Information!*



Total. Local. Care.

### CHECK YOUR DEDUCTIONS!

- Be sure to check your benefit deductions on your upcoming pay check on June 11, 2021.
- Any errors must be reported to Human Resources by **JUNE 30, 2021** for corrections to be made retroactive and reimbursed to June 1, 2021.
- If an incorrect deduction is not reported to Human Resources by that date, corrections will be effective the first of the month following notification of the error, but you will not be reimbursed for any amount.

### Anthem Health & Anthem Vision

- These benefits are now on the same card. You will not receive a separate vision card.
- New ID cards were mailed to ALL employees who participate in the health or vision plan for the 2021-22 plan year. All members on your plan will receive their own card with their name on it.
- All cards have a new group number and some cards have a new member ID number.
- Cards are effective June 1, 2021 and the new card must be used for all services.

### Flex Spending - Health Equity

- Health Equity is the new provider for our Flex Spending program beginning June 1, 2021.
- Our former company, McGregor, will hold any remaining rollover funds from the previous plan year for 90 days.
- During this waiting period, receipts can be submitted to McGregor for service dates June 1, 2020 to May 31, 2021.
- After the 90 day waiting period is over, those rollover funds will be released to Health Equity and can be used for current plan year claims.

## Medical Payroll Deductions

## 24 Pay Periods

\* Engagement and Non-Tobacco Credits apply to Employee and Spouse only.

### EMPLOYEE

Plan Option	Engaged Non-Tobacco	Engaged Tobacco	Non-Engaged
Base Plan	\$57.00	\$94.00	\$132.00
Core Plan	\$80.00	\$117.00	\$155.00

### EMPLOYEE + CHILD(REN)

Plan Option	Engaged Non-Tobacco	Engaged Tobacco	Non-Engaged
Base Plan	\$154.00	\$191.00	\$229.00
Core Plan	\$197.00	\$235.00	\$272.00

### EMPLOYEE + SPOUSE

Plan Option	Both Engaged - Both Non-Tobacco	Both Engaged - Either EE OR SP Tobacco	Both Engaged - EE AND SP Tobacco	One Engaged - Non-Tobacco	One Engaged - Tobacco	Both Non-Engaged
Base Plan	\$196.00	\$233.00	\$271.00	\$271.00	\$308.00	\$346.00
Core Plan	\$246.00	\$283.00	\$321.00	\$321.00	\$358.00	\$396.00

### FAMILY

Plan Option	Both Engaged - Both Non-Tobacco	Both Engaged - Either EE OR SP Tobacco	Both Engaged - EE AND SP Tobacco	One Engaged - Non-Tobacco	One Engaged - Tobacco	Both Non-Engaged
Base Plan	\$275.00	\$312.00	\$350.00	\$350.00	\$387.00	\$425.00
Core Plan	\$351.00	\$388.00	\$426.00	\$426.00	\$463.00	\$501.00

### Alternative Standard

If due to a medical condition it is unreasonable for you and/or your covered spouse to meet specific engagement criteria, an alternative standard may be made available to you. See Human Resources for details.

## Vision Benefits Summary



In-Network Benefits	Anthem Blue View Vision
<b>Copays</b>	
Exams	\$20 copay
Materials	\$10 copay
<b>Service Frequency</b>	
Exams	Every 12 months
Lenses	Every 12 months
Frames	Every 24 months
<b>Lens Coverage</b>	
Single Vision Lenses	Paid in full (after copay)
Lined Bifocal Lenses	Paid in full (after copay)
Lined Trifocal Lenses	Paid in full (after copay)
<b>Frames</b>	\$130 allowance then 20% off any remaining balance
<b>Contact Lenses</b>	
Elective	\$130 allowance
Disposable	\$130 allowance
Medically necessary	Paid in Full
<b>Vision Payroll Deductions - 24 Pay Periods</b>	
Employee	\$4.14
Employee + Spouse	\$7.04
Employee + Child(ren)	\$7.45
Family	\$11.18

## Dental Benefits Summary



Dental Benefits	PPO Dentist or Premier Dentist
Calendar Year Annual Dental Deductible	\$50 individual \$150 family
Dental Maximum Benefit per Year (per member)	\$1,500
<b>Covered Services</b>	<b>Member Cost Share</b>
<b>Diagnostic &amp; Preventive</b> - Exams, cleanings, fluoride, space maintainers - Emergency Palliative Treatment - Sealants - Brush Biopsy - X-rays	No member cost
<b>Basic Services Deductible Applies</b> - Minor Restorative Services - Endodontic Services - Periodontic Services - Oral Surgery Services - Denture Repair	20%
<b>Major Services Deductible Applies</b> - Major Restorative - Relines and Rebase - Fixed Prosthodontic Repair - Implant Repair - Adjustments to Dentures - Implants - Prosthodontic Services	50%
Orthodontic Services - Braces	50% to \$1,000 lifetime max.
Orthodontic Age Limit	to age 19
<b>Dental Payroll Deductions - 24 Pay Periods</b>	
Employee	\$7.14
Employee + One	\$14.28
Family	\$25.50

# MARTHA'S JOURNEY

## Summer Nights Gift Basket Raffle

\$1/Each  
\$5/Six



Donated by  
TJ  
Laboratory

- UNO Cards
- Playing Cards
- FrogToggs Cooling Wrap x2
- LED Flashlight x2
- AAA Batteries 4pk x2
- Ozark Utility Lighter
- Jet Puff Marshmallows
- Ozark Metal Reusable Straws 4pk
- OFF Sportsman Bug Spray
- DuraFlame Firestart Cubes 18pk x2
- Expandable Cooking Fork x4
- Mosquito Repellent Bracelet 6pk
- Ozark Chair x2
- Honey Maid Graham Crackers
- Duel Tumbler&Phone holder ground stake x2
- Coleman's Citronella Lantern x2
- Nerf Football
- Trail Mix XXL Bag
- Jiffy Pop Popcorn x2
- JackLinks Jumbo Bag Beef Jerky x2
- Hershey's Chocolate Bar 6pk x2
- Ozark Tumbler x2

Drawing will be held at a live event on **Saturday July 17, 2021** at the Pavilion Community Center along with numerous other gift baskets for raffle! If you would like to purchase tickets for this basket, please reach out to **Kayleigh Davis @ 270-576-5008** (text or leave message). Thank you for your support! For updates on Martha and to check out more ways to help, visit the community support group on Facebook titled "**Martha's Journey**"!





# CAMP T.J. Fundraiser Shirt

{ Soft Sublimated Short Sleeve Gray T-shirts }

**Small to XL: \$15 each**

**2X and 3X: \$17 each**

NAME: \_\_\_\_\_ SIZE(S): \_\_\_\_\_

DEPT: \_\_\_\_\_ LOCATION: \_\_\_\_\_ PHONE: \_\_\_\_\_

TOTAL DUE: \$ \_\_\_\_\_ PAYMENT:  Payroll Deduction  Cash  Check

Please send your order form and payment in interoffice mail to the T.J. Rehab Department or fax to 270.659.5651. You may also scan/email your form to [ablove@tjsamson.org](mailto:ablove@tjsamson.org). Payroll deduction is available, or you may write a check made payable to T.J. Samson. These t-shirts may be worn to work on Fridays.

**ORDERS DUE FRIDAY, JUNE 25, 2021.**



I \_\_\_\_\_ give the hospital  
(please print name)  
payroll department permission to deduct my T-shirt purchase supporting  
the Camp TJ Fundraiser from my paycheck.

Please note: Only employees paid by T J Regional Health, T J Samson  
Community Hospital and T J Health Columbia may use Payroll  
deduction.

Purchases under \$25.00 will be deducted in full from one paycheck.  
Purchases over \$25.00 will be divided into two paychecks.

In the event I terminate employment the entire balance due will be  
deducted from my final paycheck.

Total \$ \_\_\_\_\_ (attach receipt if available)

\_\_\_\_\_/\_\_\_\_\_  
Employee Signature / Badge # (mandatory)

\_\_\_\_\_  
Company ID



R+ Med Spa is proud to offer some of the very best skincare brands on the market including ZO Skin Health, OSEA, Revision Skincare and Alastin Skincare. Not sure what products would be best for you? Call us at 270.651.4772 or email [info@rplusmedspa.com](mailto:info@rplusmedspa.com) for more information!

All T.J. employees receive at 10% discount at R+ Med Spa.



## NEW DISCOUNT

### Club Membership: \$45

Get a \$45 gift card when you join as a new member for \$45. Must use the link below. Offer good until **July 30, 2021**.

Join here: [http://samsclub.com/\\$45offer](http://samsclub.com/$45offer)

### Plus Membership: \$100.00

\$50 off an in-club purchase of \$100 or more. If interested in the Plus Membership reach out to, Kathy Hall at 270-202-3183.

## Jun-21

## TJ Café

	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
<b>Soup</b>	Closed for Memorial Day	Chili	Roasted Red Pepper & Gouda	Vegetable Soup	Potato Soup
<b>Features</b>		<p>Nacho Bar Taco Meat or Fajita Chicken Grilled Chili Lime Chicken Burrito Nacho Chips Refried Beans Spanish Rice Cauliflower Rice Mexican Street Corn Salad</p>	<p>Stacked or Wrapped Sandwich Bar</p> <p>Spinach Wraps, Sourdough Bread Wheat, Hoagie, Brioche Bun Turkey, Ham, Bacon Blackened Mahi Chicken Salad BLT Pasta Salad Kale Cranberry Salad</p>	<p>Buttermilk Marinated Grilled Chicken Signature Fried Chicken Chicken Tenders Hot Honey Brussels Cauliflower Mac &amp; Cheese Roasted Asparagus Maple Glazed Yams *Homemade Fruit Tea* Grilled Peach, Praline Bacon &amp; Walnut Salad</p>	<b>Comfort Food!</b>
<b>Bread</b>		Assorted Toppings & Sauces Jalapeno Poppers Cornbread	Assorted Toppings, Cheese, & Sauces Onion Rings Dinner Roll	Assorted Toppings & Sauces Cornbread	Cornbread
<b>Dessert</b>		Tres Leches Cake	Chocolate Cake	Strawberry Cobbler	Salted Caramel Pretzel Brownie
<b>April</b>	7	8	9	10	11
<b>Soup</b>	Chili	Loaded Potato	Roasted Red Pepper & Gouda	Broccoli Cheddar	Chicken Noodle
<b>Features</b>	<p>Grilled Chicken Parmesan Pepperoni &amp; Cheese Calzone Pizza Grilled Asparagus Roasted Mushrooms Sautéed Zucchini Cheesy Breadsticks Side Salad Kale Caesar Salad Fried Ravioli Assorted Toppings &amp; Sauces Dinner Roll &amp; Cornbread</p>	<p>Carne Asada Tacos Chicken Tinga Tacos Crispy Fish Tacos Cilantro Lime Rice Spicy Black Beans Sautéed Poblano Peppers Grilled Pineapple Baked Sweet Plantains Fried Jalapenos Cilantro Jicama Slaw Assorted Toppings &amp; Sauces Cornbread Peanut Butter Fudge Brownie</p>	<p><b>Comfort Food!</b></p> <p>Roast Beef Manhattan Grilled Chicken Breast Popcorn Shrimp Brussels Sprouts Mashed Potatoes Gravy Steamed Carrots Lima beans Vinegar Coleslaw Hush Puppies Assorted Toppings, Cheese, &amp; Sauces Cornbread Blueberry Cobbler</p>	<p>Brisket Pulled Pork Chicken Livers White Gravy Cowboy Beans Mac &amp; Cheese Scalloped Potatoes Grilled Cabbage Sweet Coleslaw Cornbread Salad Assorted Toppings &amp; Sauces Cornbread Apple Pie</p>	<b>Fri-Yay!!!</b>
<b>Dessert</b>	Chocolate Meringue Pie				<p>Beef Sliders Hawaiian Ham &amp; Cheese Sliders Fried Chicken Sliders Corndogs Bacon Lettuce Tomato Sliced Onion Cheddar, American, Pepper Jack Cranberry Sunflower Kale Salad Fries &amp; Onion Rings Dinner Roll Chocolate Chunk Cookies</p>







# TRAINING BEGINS IN JUNE!

## **Cerner Community Works** **#1system1voice**

On September 13th, TJ Regional Health is transitioning to Cerner CommunityWorks for our Electronic Health Record platform

- E-Learning will be assigned the week of June 21st – watch for an email notification
- Classroom training will begin at the end of July

*Stay tuned for training reminders!*

Apple A Day		June					
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Special	6	7	8	9	10	11	12
	Baguette French Toast	Baguette French Toast	Baguette French Toast	Baguette French Toast	Baguette French Toast	Baguette French Toast	Baguette French Toast
Lunch Special							
Breakfast Special	13	14	15	16	17	18	19
	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap	Denver Omelet Breakfast Wrap
Lunch Special							
Breakfast Special	20	21	22	23	24	25	26
	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes	Cinnamon Roll Pancakes
Lunch Special							
Breakfast Special	27	28	29	30	1	2	3
	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit	Nashville Hot Chicken Biscuit
Lunch Special							

Apple, Too		June 2021			
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Special	31	1	2	3	4
		Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50	Nashville Hot Chicken Biscuit \$2.50
Lunch Special	Closed for Memorial Day	Chicken BLT Salad Croissant 20oz Bottled Drink \$5	Italian Wrap Kale Caesar Salad 20oz Bottled Drink \$5	Fried Chicken Sandwich Roasted Potato Wedges 20oz Bottled Drink \$5	2 Roast Beef & Cheddar Sliders Loaded Potato Salad 20oz Bottled Drink \$5
Breakfast Special	7	8	9	10	11
	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2	Chocolate Chip Pancakes 2 for \$2
Lunch Special	Fried Bologna Sandwich Chips & Fruit 20oz Bottled Drink \$5	Chicken Salad & Fresh Fruit Plate (with fruit dip) Blueberry Muffin 20oz Bottled Drink \$5	Tuna Salad Croissant Chips, Fresh Fruit Cup 20oz Bottled Drink \$5	General Tso's Chicken Bowl Eggroll 20oz Bottled Drink \$6	Sloppy Joe Loaded Potato Salad 20oz Bottled Drink \$5
Breakfast Special	14	15	16	17	18
	Breakfast Quesadilla \$2.75	Breakfast Quesadilla \$2.75	Breakfast Quesadilla \$2.75	Breakfast Quesadilla \$2.75	Breakfast Quesadilla \$2.75
Lunch Special	Chicken Salad Sandwich Cranberry Kale Salad 20oz Bottled Drink \$5	Philly Steak Spinach, Bacon, Parmesan Salad 20oz Bottled Drink \$5	Big Daddy Brisket Sandwich Loaded Potato Salad 20oz Bottled Drink \$5	Very Berry Chicken Salad Croissant 20oz Bottled Drink \$5	Beef Fajitas Corn & Black Bean Salad 20oz Bottled Drink \$5
Breakfast Special	21	22	23	24	25
	Bacon, Egg & Cheese Bagel \$2.75	Bacon, Egg & Cheese Bagel \$2.75	Bacon, Egg & Cheese Bagel \$2.75	Bacon, Egg & Cheese Bagel \$2.75	Bacon, Egg & Cheese Bagel \$2.75
Lunch Special	Club Sandwich Potato Soup 20oz Bottled Drink \$5	Grilled Hot Dog Baked Beans 20oz Bottled Drink \$4	Beef Manhattan Seasoned Green Beans 20oz Bottled Drink \$6	Grilled Chicken Caesar Wrap Chips, Fresh Fruit 20oz Bottled Drink \$5	Pulled Pork Sandwich Baked Beans 20oz Bottled Drink \$5



## Employee Payroll Deduction Authorization Form

Employee Name: \_\_\_\_\_ Employee #: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Thank you for your decision to partner with the T.J. Regional Health family through your support of the T.J. Community Mission Foundation.

### I would like for my gift to support the T.J. Community Mission Foundation (please check):

\_\_\_\_\_ in support of where needed most.

\_\_\_\_\_ in support of the Shanti Niketan Hospice Home.

### Recurring Gift

\_\_\_\_\_ I wish to make a donation to the T.J. Community Mission Foundation through a **recurring deduction of my gross pay each pay period**. I understand that I can change or cancel this payroll deduction at any time by contacting Payroll/Finance, and that the deduction shall remain in effect until such time that I do so.

Please deduct the following amount from each paycheck (26 pay periods annually):

\_\_\_\_\_ \$38.47 = \$1000 annual gift

\_\_\_\_\_ \$10 = \$260 annual gift

\_\_\_\_\_ \$28.85 = \$750 annual gift

\_\_\_\_\_ \$3.85 = \$100 annual gift

\_\_\_\_\_ \$19.24 = \$500 annual gift

\_\_\_\_\_ \$ \_\_\_\_\_ Other Amount

### One-Time Gift

\_\_\_\_\_ I wish to make a one-time donation to the T.J. Community Mission Foundation through payroll deduction.

\$ \_\_\_\_\_ (one-time gift amount)

\*Your recurring or one-time donation to the T.J. Community Mission Foundation is tax deductible.

Employee signature: \_\_\_\_\_ Date: \_\_\_\_\_

**RETURN COMPLETED FORM TO: T.J. Community Mission Foundation via interoffice mail, email scanned form to [foundation@tjsamson.org](mailto:foundation@tjsamson.org), fax to 270.659.1704, or complete the payroll deduction form online at <https://www.tjregionalhealth.org/employeegive/>**





# TJ GLASGOW EMPLOYEE DISCOUNTS

*T.J. employees receive discounts at the following Glasgow businesses by showing your T.J. name badge.*

## AAA

Corporate Discount: \$40 for 2 people for 14 months. Call Cindy Piascik at 216.644.2988 to complete application on phone.

## AT&T

Receive 25% off base rates. (Excludes Unlimited Plans.)

## AWARDS, INC.

Receive 15% off gift items. (Excludes trophies & plaques.)

## AZUL TEQUILA

Receive 15% off (dine-in only) **OR** a free queso (takeout only).

## BAILEY GIBSON SERVICE DEPT.

Receive 15% off service.

## BLUEGRASS CELLULAR

Receive 15% off basic service.

## BOUTIQUE 218 AT JORDAN'S SALON

Receive 10% off clothing at Boutique 218.

## DON FRANKLIN GLASGOW

Receive 10% off standard services and repairs.

## DROBOCKY ORTHODONTICS

Receive a free consultation and 5% off to T.J. staff and children. (New patients only. Does not apply to patients who are currently in active orthodontic treatment.)

## EL MAZATLAN

Receive 10% off your purchase.

## ELY DRUGS

Receive 20% off your purchase of scrubs.

## ENTERPRISE

Use this corporate code for a discount: XZ58A71  
Discounts vary, contact Enterprise for specific details.

## EXTREME FITNESS

Individual: \$21 Family: \$26 Key Card: \$10

## FANCY PANTS BOUTIQUE

Receive 10% off your purchase.

## FREDDY'S

Receive 10% off your total.

## GARCIA'S

Receive 10% off carryout order - employee's meal only.

## LAWLESS ORTHODONTICS

Receive a \$500 discount.

## LONG JOHN SILVERS / A&W

Receive 20% off regular-priced purchase.

## MERCADO LATINO

Free fried plantains with any meal.  
\*\*\$1.25 Street Tacos every Wednesday  
\*\* \$4.99 Breakfast Burritos on Thursdays  
(Now through end of May)

**NEW**

## NOT AVERAGE JOES GYM

\$20 a month. No fees.

## PAPA JOHN'S PIZZA

Any large 5-topping or specialty pizza for \$12: Tjpj20  
Large 3-topping pizza for \$9.99: Tjpj9993  
Choose a Papadilla, 10" Cheesesticks OR Garlic Knots AND  
two 20 oz. drinks for \$16: MED16  
*Reg. menu prices. Online, call-in and in-store orders.*

**NEW**

# GLASGOW EMPLOYEE DISCOUNTS, CONT.

## RALPHIE'S FUN CENTER

Receive free shoe or skate rental.

## RIB LICKERS

Receive 10% off your purchase.

**NEW**

## R+ MED SPA

Receive 10% off your purchase.

## SHOGUN BISTRO

Receive 10% off your food purchase.

## SIDELINES CASUAL DINING

Receive 10% off your purchase.

## SOUTHERN CUP COFFEE & CAFE

Receive 10% off your purchase.

## SWEETHEART BAKERY

Receive 10% off your purchase.

## THOROUGHbred EXPRESS AUTO WASH

\$25 for Triple Crown Unlimited

\$23 for Derby Dazzler Unlimited

\$20 for Express Wash Unlimited

(prices are per vehicle/per month)

## T.J. CAFE

Employee discount in employee cafeteria.

## T.J. GIFT SHOP

Receive 10% off your purchase.

Payroll deduction available for employees.

## WITTY'S COMPLETE CAR CARE

Receive \$5 off lube/oil/filter change.

## WORKOUT ANYTIME

First month free • \$25 Premium Plus Plan  
(\$15 per person for additional household member)  
(\$39 + tax annual fee)

## YMCA

Joining fee is waived. 15% discount monthly.



## **T** COLUMBIA EMPLOYEE DISCOUNTS

*T.J. employees receive discounts at the following Columbia businesses by showing your T.J. name badge.*

## FRANKLIN NISSAN

10% off any service work.

## RUGGED TRUTH BARBERSHOP

\$1 off a haircut.

## NANWOOD MARKET

10% off regularly priced items.

## THE TRENDY FARMHOUSE

15% discount on merchandise and/or services of  
farm2furniture.

***If you are aware of other discounts that T.J. employees receive,  
please email [marketing@tjsamson.org](mailto:marketing@tjsamson.org).***

## **T.J. HEALTH PAVILION**

**310 N.L. Rogers Wells Blvd., Glasgow • Call 270.651.1111 for general information.**

**Primary Care Pod A:** 270.651.6791

Dr. Mallory • Megan Buntin, APRN • Pat Spears, APRN

**Primary Care Pod B:** 270.659.5870

Dr. Gilson • Dr. Miller • Dr. Neuhaus • Dr. Kelly

**Primary Care Pod C:** 270.659.5885

Dr. A. Campbell • Dr. Matney • Dr. Brooks • Carla Hale, PA-C

**Cardiology:** 270.659.5970

Dr. Nair • Dr. V. Reddy • Dr. Salifu

Lisa DuCoff, APRN • Nancy Jo Houchens, APRN

Ashley Robertson, APRN • Heather Bull, APRN

**Gastrointestinal Clinic:** 270.659.3398

**General Surgery:** 270.659.5945

Dr. Klapheke • Dr. Marion • Dr. Saridakis

**Gynecology & Obstetrics:** 270.659.5865

Dr. Craddock • Dr. Dirig • Dr. Vazquez

Nellie Bell, APRN • Casey Sacia, APRN • Michelle Wilson, APRN

**Nephrology:** 270.659.5834

Dr. S. Reddy • Marissa Howard, APRN

**Neurology:** 270.659.5945

Dr. Koury

**Oncology:** 270.659.5890

Dr. Modi • Melanie Isbell, APRN • Lauren LeGrand, APRN

**Pain Management:** 270.659.5990

Dr. Bahadur

**Pulmonology:** 270.659.5835

Dr. Kummerfeldt

**Urology:** 270.659.5965

Dr. Wiatrak

**Urgent Care at the Pavilion:** 270.659.5555

**Laboratory:** 270.659.5584

**Pavilion Pharmacy:** 270.659.5599

**Radiology:** 270.659.5570

**Rehab Services:** 270.659.5660

**Respiratory:** 270.659.5540

**Women's Imaging:** 270.659.5591

## **ADDITIONAL SERVICE LOCATIONS**

**T.J. Health Cave City Clinic:** 270.773.2111

Dr. Camas • Paula West, APRN

**Cardiology:** Dr. Salifu

**T.J. Health Columbia:** 270.384.4753

**T.J. Health Columbia Clinic:** 270.384.0451

Patricia Doolin, APRN

**T.J. Health Columbia Primary Care:** 270.384.4764

Dr. Kiteck • Kandace Webster, APRN • Angela Rush, APRN

**Cardiology:** Ashley Robertson, APRN

**Gynecology:** Casey Sacia, APRN

**Pediatrics & Ped. Behavioral Health:** Alisha Risen, APRN

**Podiatry:** Dr. Risen

**Pulmonary:** Dr. Kummerfeldt

**Sleep:** Kim Bowman, APRN

**T.J. Health Edmonton Clinic:** 270.432.4800

Dr. Dunn • Connie Prostko, APRN • Khabeer Abdul, APRN

**T.J. Health Greensburg Clinic:** 270.973.5439

**Pediatrics & Ped. Behavioral Health:** Alisha Risen, APRN

**T.J. Health Russell Springs Clinic:** 270.858.3636

Chris Doolin, APRN

**T.J. Health Scottsville Clinic:** 270.237.3123

Emily Tabor Jessie, APRN • Lindsey Landers, APRN

**T.J. Health Tompkinsville Clinic:** 270.487.0720

Teresa Sheffield, APRN

**T.J. Home Health & Hospice:** 270.651.4430

**T.J. Long Term Care Team:** 270.651.4451

Dr. A. Kiser • Micah Tracy, APRN • Pat Spears, APRN

Nikki Sherfey, APRN

**T.J. Samson Community Hospital:**

270.651.4444

**T.J. Samson Family Medicine:** 270.651.4797

Dr. House • Dr. Clouse • Dr. Gillette • Dr. Wright

Dr. Fisher

**T.J. Sleep Clinic:** 270.651.1888

Dr. Turpen • Kim Bowman, APRN • Amy Thornbury, APRN

**T.J. Wound Care:** 270.651.4325

Dr. A. Kiser • Micah Tracy, APRN • Nikki Sherfey, APRN





## TJRH Service Excellence Award Nomination Form

Nominee's Name (please print): \_\_\_\_\_ Date: \_\_\_\_\_

Nominee's Department: \_\_\_\_\_ Nominee's Supervisor: \_\_\_\_\_

Choose One:

**Hospital**

**Pavilion**

**Columbia**

**Clinics**

**Clinic Location:** \_\_\_\_\_

Choose Area(s) of service that the nominee consistently delivers service that reflects T.J. Regional Health's Service Excellence standards of:

**Compassion**

**Cooperation**

**Collaboration**

**Communication**

**Change**

**Champion**

Provide a detailed description of how the nominee exemplifies the standards listed on the pledge. Refer to T.J. Pledge for standards of behavior. Please be sure to provide specific examples of service.

Would you like to remain anonymous? \_\_\_\_\_

If no, please provide your name: \_\_\_\_\_

For Office Use Only:

Department Director Approval: \_\_\_\_\_

HR Approval: \_\_\_\_\_

Submit completed nomination forms to Pam Bray in Human Resources.

# T.J. PLEDGE

## I WILL SHOW COMPASSION:

- ▶ see all patients, family members, visitors, coworkers, physicians, and anyone else at T.J. as my customer
- ▶ recognize that each and every interaction I have at T.J. Regional Health matters
- ▶ show kindness and compassion towards my customers at all times
- ▶ be sensitive to the personal and private needs of every customer

## I WILL COOPERATE WITH OTHERS:

- ▶ maintain zero tolerance for abusive behavior
- ▶ listen and be willing to accept fault when I make a mistake
- ▶ never underestimate the power of an apology
- ▶ refrain from blame and judgment
- ▶ bring a sense of calm to stressful situations

## I WILL COLLABORATE WITH OTHERS:

- ▶ value myself and every coworker as an equal part of one GREAT team working together
- ▶ treat others in a way that I would like to be treated
- ▶ participate only in conversations that are courteous, respectful, and reflect positively on my teammates and T.J. Regional Health
- ▶ foster a calm and pleasant atmosphere, and refrain from gossip, rumors, and insults
- ▶ speak honestly, seek truth, and act with integrity towards my teammates
- ▶ value the uniqueness and expertise that each team member contributes to the whole
- ▶ meet the need of the moment, regardless of whether or not it is considered part of my job

## I WILL COMMUNICATE:

- ▶ smile - at everyone
- ▶ always introduce myself, my role, and my purpose
- ▶ use body language, eye contact, and tone of voice that shows respect in every interaction
- ▶ follow the 10/5 rule: always acknowledging people at 10 feet away with a smile and always greeting people at 5 feet away
- ▶ escort any customer in need (visitors, patients) to their destination

## I WILL ADAPT TO CHANGE:

- ▶ be a part of the solution when I am presented with a challenge
- ▶ embrace change and set the example for those around me
- ▶ accept openly when there are changes that T.J. Regional and/or I have no control over
- ▶ manage the expectations of others by explaining duration and next steps as often as needed

## I WILL BE A CHAMPION:

- ▶ serve with passion
- ▶ view myself as an owner of T.J. Regional Health and act accordingly
- ▶ take responsibility for the physical appearance of T.J. Regional Health, including my work area
- ▶ go out of my way to daily thank and compliment my customers and coworkers
- ▶ dare to make a difference and be exceptional
- ▶ constantly try to improve myself and T.J. Regional Health
- ▶ speak positively about T.J. Regional, while at work and in public places outside of work





## **MISSION**

T.J. Regional Health will promote and provide for the health and wellness of the communities we serve and the healthcare professionals who serve them.

## **VISION**

T.J. Regional Health will utilize available resources to anticipate and exceed the healthcare needs of the region with a focus on quality and compassion.

## **CORE VALUES**

- Compassion
- Communication
- Be a Champion
- Cooperation
- Collaboration
- Adapt to Change