



## Junior Musician Badge Activity Plan 1

**Badge Purpose:** When girls have earned this badge, they'll know how music is made and how to perform music.

**Program Essentials Link:** Healthy Living and Creativity

**Fun Patch Link:** Music

**Activity Plan Length:** 1.5 hours

**Girls Take the Lead:** While earning this award, there are many ways for girls to be leaders. These can be done by a small group or by individuals.

- **Badge Buddies:**
  - Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  - Buddies can assist adults with prep needed for activities.
  - During the meeting, they can help lead other girls through the activities. They should make sure everyone has what they need and feels included.
- **Food Friends:**
  - Talk to girls about what the snack will be and how they can help.

**Customize It:** If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Junior Skill-Building Badge Set for *It's Your World – Change It!*, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They explore how music is made
- They listen to music from different time periods or parts of the world
- They check out the music in their lives
- They make and perform music

### Tips and Tools

- Check out ways to stay safe using Safety-Wise at [GirlScoutsRV.org](http://GirlScoutsRV.org).
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

### Resources

- This activity plan has been adapted from the Junior *Girl's Guide to Girl Scouting* Musician Badge, which can be used for additional information and activities.
- Check out CDs from the library or search YouTube and iTunes for music recordings.

## Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group, if girls know it by heart.

<b>Girl Scout Promise</b>	<b>Girl Scout Law</b>
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Play a game to help girls get to know each other better. Use the example below, if needed.
  - Pile Up: Girls sit on chairs in a circle. Choose a leader who will have a list of “yes” or “no” questions, such as “Do you have on brown shoes?”, “Are you wearing a ring?”, “Is your favorite color purple?” As the questions are asked, those that can answer “yes,” move one chair to the right. Those that answer “no” don’t move. Girls will end up “piled-up” on chairs.

### Activity #1: Note Names

Badge Connection: Step 1—Explore how music is made

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Make copies of Note Worksheets.

Materials Needed:

- Note Worksheets
- Writing utensils

Steps:

1. Go over the notes of the treble clef. Reference the Note Worksheet for specific note names. Explain to the girls that music is made by playing a combination of different sounds in an arranged pattern. These sounds are called notes, and last for different amounts of time depending on how they are arranged.
2. Have girls complete the Note Worksheet. They may work individually or with each other.
3. See how many words the girls came up with from the worksheet.

### Activity #2: Take a Music Trip

Badge Connection: Step 2—Travel around the world of music

Time Allotment: 20 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- CD or MP3 player with speakers
- Recordings of music from three different countries or three different time periods. Examples include:

- Troubadour or Medieval Minstrel
- Baroque (Bach, Vivaldi, Handel)
- 1920s–1930s Jazz (Louis Armstrong, Ella Fitzgerald, George Gershwin)
- 1950s Rock ‘n’ Roll (Bill Haley and the Comets, Elvis)
- African drumming
- Celtic bagpipes
- Reggae
- Mariachi
- Western/Country

Steps:

1. Choose music from three different countries or three different time periods (or a mix of both)
2. Split the girls into three groups. Assign each group a song. Each group will come up with dance moves to their song.
3. Have each group perform and/or teach their dance to the rest of the troop.
4. After each song, ask the girls how the music made them feel. Did they move fast or slow? How did each style of music differ?

### **Activity #3: Music Poll**

Badge Connection: Step 3—Check out the music in your life

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Optional: Find examples of different styles of music

Materials Needed:

- Large sheets of paper
- Markers
- Optional: Recordings of different styles of music and MP3 or CD player

Steps:

1. Have the girls brainstorm different styles of music. List at least five different styles of music and write them down on their own sheet of paper. Post the musical styles around the room. Ideas include:
  - Pop
  - Rock
  - Hip-hop
  - Classical
  - Jazz
  - Blue-grass
  - Folk

Optional: Listen to an example of each style of music.

2. Have girls take turns marking a tally next to each style of music they like.
3. Ask the girls to share why they like certain styles of music and not others. Which styles are the most popular across the group?

### **Activity #4: Snack Chat**

Badge Connection: Questions link to multiple badge steps

Time Allotment: 10 minutes

Steps:

1. While enjoying snack, here are some things for girls to talk about:
  - a. What is your favorite song?
  - b. Who is your favorite musician, singer, band or composer?
  - c. Have you ever learned to play an instrument?
  - d. What is your favorite thing about learning a new instrument? Your least favorite thing?
    - Have you ever been to a musical performance or concert?

## Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. One of today's Badge Buddies should start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Badge Buddy who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

## More to Explore

- Field Trip Ideas
  - Visit a music store or museum to learn about different instruments
  - Attend a concert or musical performance
- Speaker Ideas
  - Invite a musician, composer or music teacher to your meeting

## Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible badge-earning activities? Please email [GirlProgram@girlscoutsv.org](mailto:GirlProgram@girlscoutsv.org).

## Family Follow Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about different types of music and are on our way to earning the Musician Badge.

We had fun:

- Learning the notes of the Treble Clef
- Listening and dancing to music from other time periods or countries
- Exploring our favorite styles of music

Continue the fun at home:

- Share the music you listened to when you were a child with your Girl Scout.
- Attend a concert or musical performance as a family.
- Look through the *Girl's Guide to Girl Scouting* with your Junior to find other activities you can try at home.

Thank you for bringing your Junior to Girl Scouts!

### About This Activity

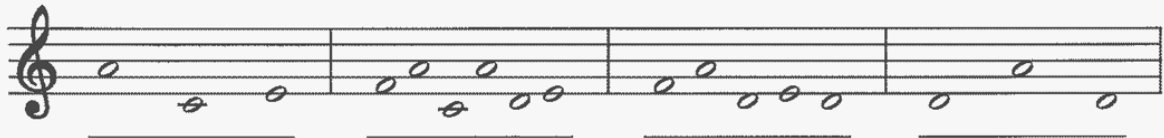
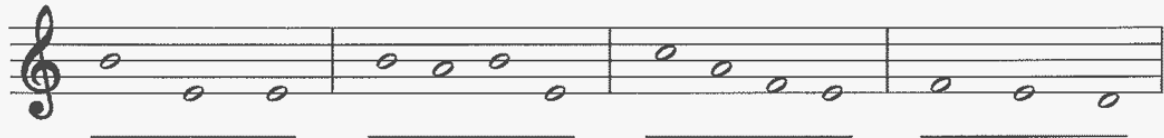
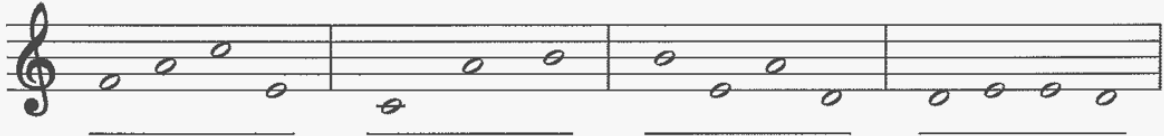
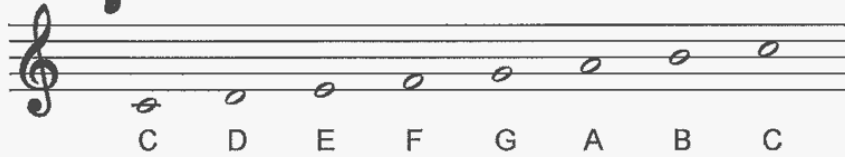
CodeBreaker! is a note naming activity that is perfect for the music classroom or beginning instrumental/choral student. The challenge of this activity is to correctly name each note and then write its alphabet letter name on the blank below. The code is broken when the alphabet letters reveal the secret word.

Treble Clef



# Code Breaker!

Note Naming Activity



[www.makingmusicfun.net](http://www.makingmusicfun.net)

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