# Juvenile Probation in the 21st Century: Integrating Developmental Science and Juvenile Justice

James E. Anderson Pennsylvania Conference on Juvenile Justice
November 16, 2017

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# Adolescent Development and Juvenile Probation

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The opinions expressed are those of the authors and do not necessarily reflect the views of Stoneleigh Foundation Naomi E. Goldstein, Ph.D. Elizabeth Gale-Bentz, M.S.

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### Recognizing Graduated Response Partners

Juvenile Court Judges' Commission Council of Chief Juvenile Probation Officers Pennsylvania Commission on Crime and Delinquency

Philadelphia Juvenile Probation, Family Court, First Judicial District of Pennsylvania

Center for Children's Law and Policy (CCLP) for allowing us to use material from the Graduated Response Toolkit as a resource for this presentation.

The Graduated Responses Toolkit was created by CCLP, with funding from the Public Welfare Foundation, and is available at:



# Recognizing the PA CCJPO's Graduated Response Workgroup...

#### Participating Counties:

- Allegheny
- Berks
- Chester
- Cumberland
- Dauphin
- Franklin

- Lancaster
- Lebanon
- Lehigh
- Mercer
- Philadelphia

with input from the following counties:

- McKean
- Potter
- Snyder



Must follow multiple requirements over a significant time span

Full compliance is generally expected

Sanctions often imposed for imperfect performance

Traditional
juvenile
probation
structure
establishes
many
developmentally
incompatible
expectations of
youth





# Cognitive

**Emotional** 

Psychosocial

## Cognitive

## **Executive Functions**

Working Memory Problem Solving

Decision Making Verbal Reasoning Processing Speed



## **Emotional**





# Cold Context Non-emotional situations



## **Hot Context**

Emotionally charged situations

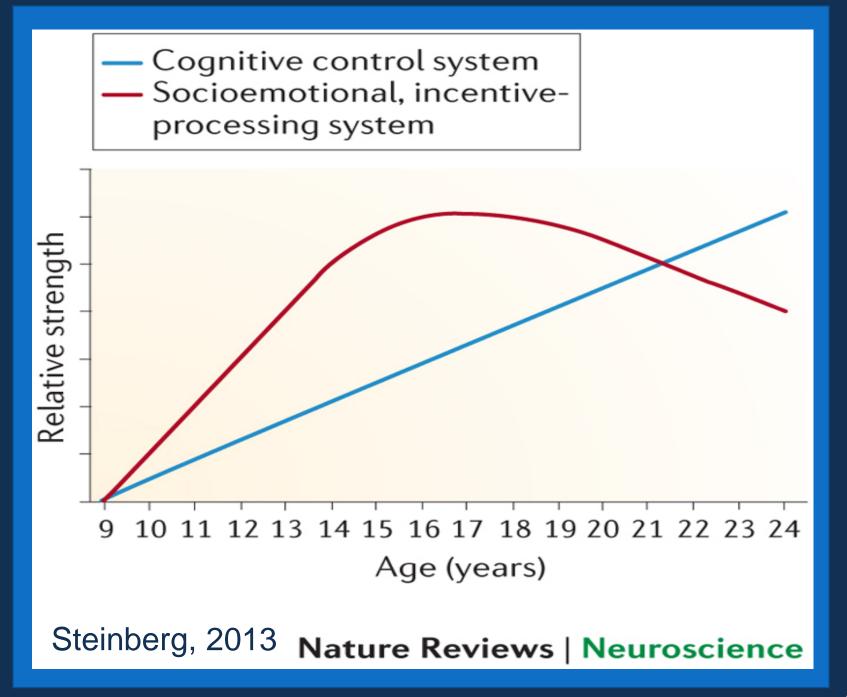


# Psychosocial

Long-term Negative Consequences





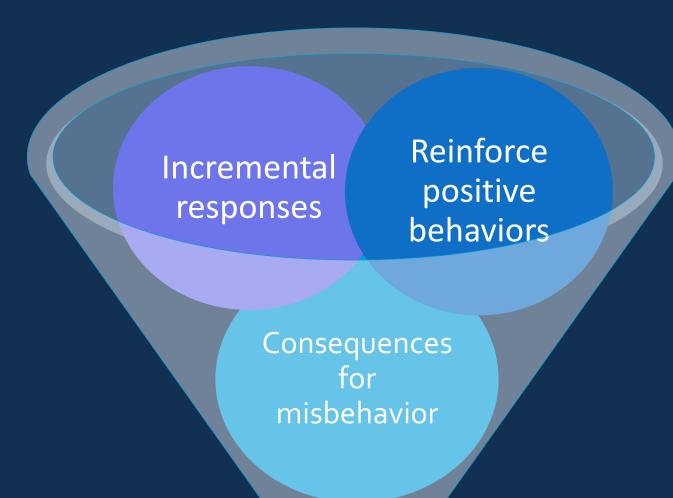


## So What Do We Do?

Restructure probation to better align with adolescent development









Graduated Response System



## **Empirical Support**

- Classroom settings
- Youth with behavioral issues
- Substance use treatment
- Residential/correctional settings
- Adult probation settings
  - Juvenile probation settings



Increase desired behaviors by providing incentives

Decrease undesired behaviors by providing interventions

Integrating
Graduated
Response System
Components

Provide fair and proportionate responses to behavior

Provide opportunities to achieve positive short-term and longterm goals In graduated response systems, effort to follow requirements is positively recognized

"Catch them being good."



# What's Happening at the State and National Levels?

Graduated Response is a priority

State juvenile probation forum

Counties are at different stages of development and implementation processes

**NCJFCF** Resolution



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JUVENILE JUSTICE
STRATEGY GROUP
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### JUVENILE PROBATION IN THE 21<sup>ST</sup> CENTURY:

INTEGRATING DEVELOPMENTAL SCIENCE AND JUVENILE JUSTICE

2017 James E. Anderson

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# JJSG Began Investing in Probation Transformation Site Support Grants in 2014

- Seeking to promote reforms that strive for a clearer purpose and theory of change within probation, one that:
  - sharpens the focus and limits the reach of the intervention;
  - defines and seeks behavioral change and personal growth in a developmentally appropriate manner;
  - alleviates racial/ethnic disparities; and
  - prioritizes community and family partnership.
- Selected applicants that proposed strategies that challenge and fall outside the general framework and assumptions of current practice.

### Six Conclusions about Juvenile Probation

- 1. Conventional surveillance-oriented probation is **ineffective** and actually increases recidivism in lower risk youth.
- 2. Research on brain science and **adolescent development** research suggests that conventional probation is fundamentally **ill-suited** to working with youth.
- 3. Efforts to implement "what works" further the field of juvenile probation, but are **not sufficient** to achieve maximum results and to impact **all youth**.
- 4. Consensus is needed on the purpose and goals of probation as an intentional intervention for youth who pose significant risk of re-offending, with the goals of behavior change and personal growth.
- 5. The first step in transforming probation is to sharply **reduce** the number of youth placed on probation supervision and divert youth with low-level offenses and who pose low risk.
- 6. Probation should be **limited** to youth with **serious and repeat offenses** who require supervision and **support**, which includes a focus on family engagement, community partnerships, racial equity and youth development.

## Probation should focus on the right youth and interact with them, their families and communities in a developmentally appropriate way

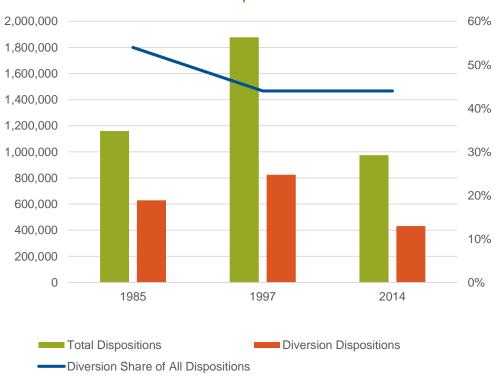
Traditional Probation in the US		Effective Probation	
Population	Default disposition: "Gotta do something" Used to "get the attention" of low risk youth Last chance for high risk youth	No low-risk youth on probation No low-level offenses Small caseloads	
Role of JPO	PO as monitor, focused on compliance & surveillance Long lists of conditions/rules One-size-fits-all programs Sanctions/incarceration for non-compliance	PO as coach, focused on progress & growth Relationship-based intervention Individualized case plans Probation violations ≠ probation failure Incentives to motivate real change No court-ordered conditions	
Families & Community	Minimally engaged by the system Viewed as part of the problem Viewed as having minimal assets	Partners in changing youth behavior Viewed as part of the solution Treated as experts Partners in providing opportunities for youth	
Racial/Ethnic Equity	Focused on not making the problem worse "Rising tide raises all boats" Race neutral Implicit bias shapes view of adolescence	Seeks to reverse systemic inequities Targeted strategies for youth of color Race conscious Young people are seen as adolescents	

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# Diversion continues to be under-utilized by juvenile justice systems



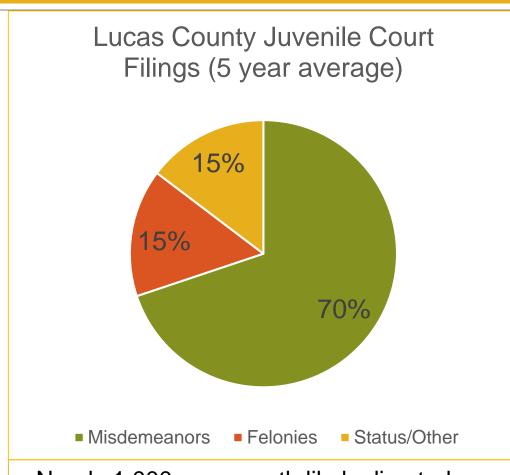


### Lucas County, OH (Toledo) is implementing innovations that limit the reach of probation, structure dispositional decisions and leverages family and community partnerships

- Structured Decision Making Matrix
- Expanded Diversion Misdemeanors Services
- Community Asset Mapping
- Family Navigators
- Community Advisory Board
- Positive Youth Development

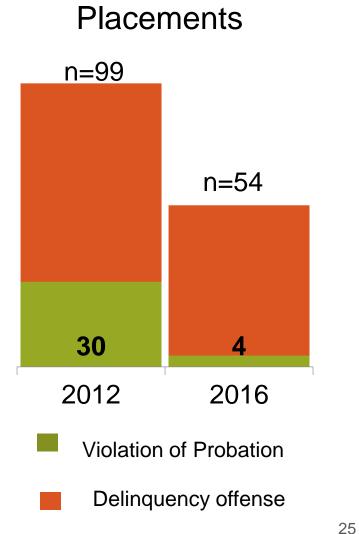


#### Impact of the Lucas County Misdemeanor Services





- Reduction in probation caseloads
- Greater success with probation caseloads



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## Pierce County, WA (Tacoma) is partnering with families and incentivizing opportunities for positive youth development

- Opportunity Based Probation
- Coordination of Services
- Pathways to Success
- Positive Youth Development programs
- Family Council



#### **Opportunity Based Probation Prizes & Recognition**

Utilizing research on teen brain development to motivate youth with goal-oriented rewards and strength-centered community activities.



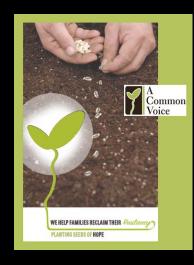
Opportunity Based Probation in partnership with Dr. Sarah Walker, University of Washington

BEHAVIORS	POSSIBLE POINTS	
Complete community service hours	10	
Pass random urinalysis	10	
Complete restitution	10	
Complete letter of apology	5	
Complete weekly crime free goal	2	
Complete weekly responsibility goal	2	
Complete weekly personal goal	2	

	POINTS	PRIZES	COURT RECOGNITION	
	4	Bus pass	Keep up the good work!	
		Bag of chips		
		Nail polish		
		Keychain		
		Candy		
	18	Star Center ticket	Congratulations letter from probation	
		\$15 ORCA card		
		\$15 Tacoma mall gift card		
		\$15 Regal movie passes		
	36	2 Rainiers vouchers	Community Opportunity!	
		2 Mike N Terrys passes	Congratulations letter from	
		2 Museum of Glass passes	judge	
		2 Ice skating rink passes		
	Completion of court conditions & probation plan		Graduation ceremony (reduced probation time)	

### **PCJC** Community **Partnerships**











The Family Council is a group of family members and young adults with experience in the juvenile justice system, who gather together regularly to give advice and recommendations to court staff.



A partnership program of the **Pierce County Juvenile Court** 



**Building New Bridges** 

Coordination of Services Program





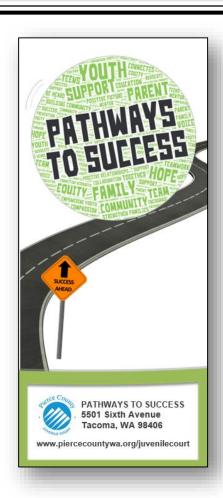






### Pathways to Success

- ✓ Youth & Family Team Approach
- ✓ One way to address disproportionality in the Deep End of the system
- ✓ Provides extra support for African American youth to prevent entrenchment
- ✓ Launched July 1<sup>st</sup>
- ✓ Mentor partnership



## Probation Transformation - - - - Limit System Involvement

"SHRINK THE SYSTEM"

## **GOALS**

#### DIVERSION

 Divert at least 60% of referrals including ALL youth with low level offenses and low risk levels.

## **METHODS**

Minimal Formal Processing

Refer to Services, Do Not Order

Limited Contact

Community Diversion Programs

#### PROBATION

Use probation as a purposeful, meaningful and limited intervention to support behavior change for youth with serious and repeat offenses.

Limit Court Orders Positive Relationship Building

Case Planning

Cognitive Behavioral Interventions,

Incentives & Opportunities,

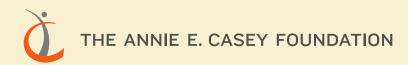
## **OUTCOMES**

- ↑ Youth Diverted
- ↑ Family Engagement
- ↑ Community Resources
- ♠ Positive Adult Relationships
- ↑ Youth Remaining in Communities
- ↑ Community Safety
- Racial & Ethnic Disparities

#### **PROBATION PRINCIPLES**

- 1.Racial & Ethnic Equity
- 3.Family Engagement 2.Positive Youth Development 4.Community Partnerships
- Targeted/Individualized Services
- 6. Data Driven Policies

- Adolescent Development Research
- Restorative Justice



Developing solutions to build a brighter future for children, families and communities

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# ALIGNING JUVENILE PROBATION TO THE RESEARCH

#### HOW WELL ARE WE DOING?

ELIZABETH FRITZ
CHIEF JUVENILE PROBATION OFFICERS
LEHIGH COUNTY

## LINKING ALL OF THE "INITIATIVES" TO THE RESEARCH INCLUDING RNR AND ADOLESCENT BRAIN RESEARCH

- Structured Decision Making Tools
  - YLS RNR
  - Pa Detention Risk Instrument
  - MAYSI
- Motivational Interviewing
- Family Engagement
- Case Planning- matching interventions

#### LINKING ALL OF THE "INITIATIVES" (CONTINUED)

- Graduated Responses
- Carey Guides, BIT, Forward Thinking Journals, CBT, etc....
- Structured Probation Appts: EPICS- Skill Building
- Others: Diversion, Victim and Community Awareness,
   Prevention, DMC, Placements/Aftercare.....

## BARJ PRINCIPLES... RISK REDUCTION....AND EVIDENCE BASED PRACTICES

- Risk Reduction = Community Protection = Less Victims
- Building competencies through skill building
- Individualized approaches and case planning
- A word about accountability and court obligations
- Obligation to follow the research and science just as we would expect other disciplines
- JJSES is the framework

## OUR RESPONSIBILITY: ACHIEVING OUR BARJ MISSION THROUGH JJSES

- Link the various initiatives; but also understand and teach the
   WHY
- Are we taking the time to do this, or,
  - doing it because we have to???
- Training is part of this- including stakeholders and system partners
- Are we messaging enough
  - If so, how are we messaging and with whom

## DELIVERING PROBATION IN A DEVELOPMENTAL APPROACH

- A shift in thinking rather just 'initiatives'
- Evaluating and reevaluating what our mission is and reinforcing this
- Look at each youth in an individualized way and individualized case planning
- Pay attention to the risk, need and responsivity principles- Not all youth represent the same risk or needs
- Recognition that this takes time and effort, all which impacts workload
- Use a graduated approach
- As probation officers we must help youth achieve their goals
- Understanding that compliance conditions are only a PART of what we do-limit "template" conditions when possible

## NCJFCJ RESOLUTION KEY POINTS

- Policy and practice changes which incorporate the research
- Recognizing the differences between youth and adults AND differences between youth
- As a result, approaches need to be individualized including conditions of probation
- Individualized and graduated sanctions (those that will help them learn) and incentives
- Out of home placement should be used as a last resort- alternatives
- Engaging the family and community
- Understand and incorporate knowledge about adolescent development and behavioral decision making

#### **RESOLUTION: HOW ARE WE DOING**

- The NCJFCJ supports and is committed to juvenile probation systems that conform to the latest knowledge of adolescent development and adolescent brain science.
- The NCJFCJ supports and is committed to the development of robust education and training of juvenile probation staff on adolescent brain development; its impact on juvenile justice policy, practice and the law; and its relationship to juvenile probation case planning, conditions of probation, supervision, monitoring and enforcement, and data collection.
- The NCJFCJ encourages juvenile probation agencies to **implement evidence-based** practices and be data-informed by collecting practice-based evidence.
- The NCJFCJ recommends the use of validated risk and needs assessments to guide dispositional and programming decisions.

#### HOW ARE WE DOING (CONTINUED)

- The NCJFCJ recommends juvenile probation that emphasizes individualized case
  management to provide youth with services that are responsive to their criminogenic
  needs.
- The NCJFCJ encourages an emphasis on the use of incentives—rather than sanctions—to modify youth behavior.
- The NCJFCJ recommends that courts cease imposing "conditions of probation" and instead support probation departments' developing, with families and youth, individualized case plans that set expectations and goals.
- The NCJFCJ encourages jurisdictions to develop **alternatives to formal probation revocations for technical violations,** to ensure that detention or incarceration is never used as a sanction for youth who fail to meet their expectations or goals.

## SO, HOW ARE WE DOING... IMPROVE REFINE SUSTAIN

- Sustainability through understanding
- Sustainability through buy in
- Sustainability through planning and teaching
- Sustainability through time, effort, and commitment
- Sustainability through reinforcement
- Sustainability through good quality assurance and data collection
- Sustainability through positive outcomes

## Bringing It All Together...

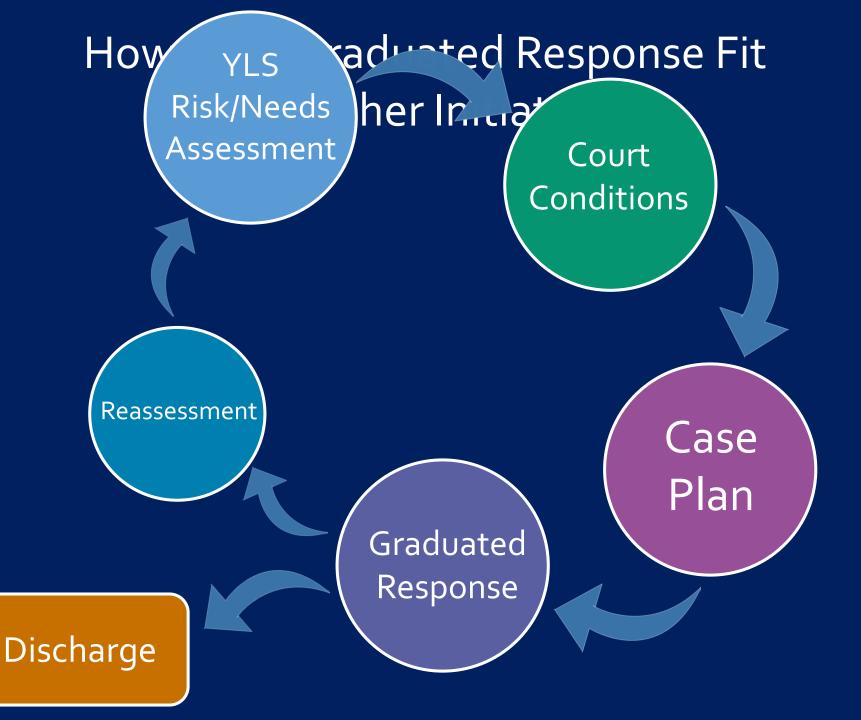
Adolescence is a time of rapid brain development

Probation is a process

System needs to be set up for early success

Mistakes offer opportunities for learning

Probation offers opportunities for learning in real-life settings



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