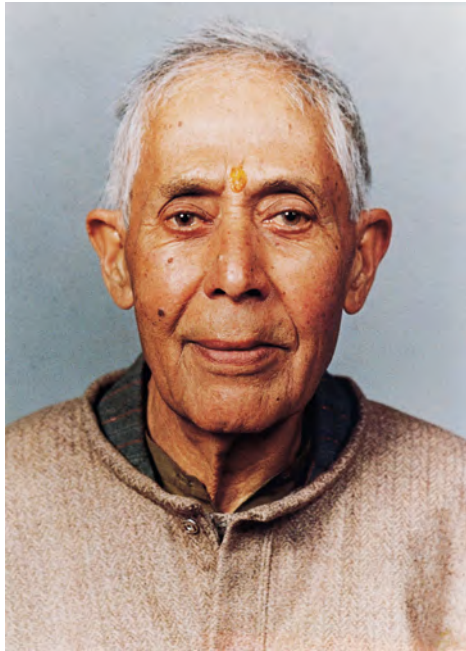


Universal Fellowship Shaiva

Kashmir Shaivism

The monistic philosophy generally known as Trika Shaivism and Kashmir Shaivism is an ancient tradition which found its roots and flourished in the Valley of Kashmir. This valley, known as *sharadha pita*, (seat of learning), has remained a center of spiritual learning for



over two thousand years. Many seekers made the arduous journey over the rugged Himalayas to the Kashmir Valley to enrich their knowledge. Timeless and with universal appeal the tradition of Kashmir Shaivism encompasses and gives full expression not only to the actual nature of reality, but also to the means to be employed to realize this reality. This teaching lays bare the very secrets of life. Early on the saints and sages of this tradition realized that because of the possibility of the misuse of the powers it revealed, these teachings should be concealed; hidden from that person who might attempt to use them for her or his own personal selfish gain. For this reason the texts were encoded so that they would only be accessible to one who had the key, the key of the oral tradition which has passed from master to disciple in an unbroken chain. And this chain continued from ancient times to the present. It is by the grace of God, that even at times of great threat, Shaiva masters protected these teachings from possible extinction.

Swami Lakshmanjoo

Swami Lakshmanjoo was the last in an unbroken line of Kashmir Shaiva masters. As a boy his life was filled with a spiritual thirst to know and realize God. From a very early age he was filled with spiritual experiences. In fact these experiences were so intense that his parents thought he was suffering from hysteria. They were very concerned and approached their family *guru*, Swamiji's grand master Swami Ram, requesting him to help their son with his hysteria. Swami Ram laughed and said to them, "Don't worry, I should have such a disorder." As Swamiji grew older his desire to completely realize and apprehend the world of spirituality became paramount. To make this a reality he sat at the feet of his *guru Swami Mahatabakak* and took up the study and practice of Kashmir Shaivism. He became completely engrossed and enthralled with his spirituality wholeheartedly practicing day and night, ultimately experiencing the fullness of Kashmir Shaiva realization. It is to his beloved Kashmir Shaivism that he devoted the whole of his life teaching it to those who asked and translating and commenting on what he considered to be the most important texts of this system. He became renowned as a philosopher saint steeped in the tradition of Kashmir Shaivism. With the growing interest in Kashmir Shaivism over the last thirty years, hardly any publication has appeared without a mention of his name.

Preservation of the teachings

It was Swamiji's fervent life long desire that the teachings and knowledge of Kashmir Shaivism be preserved long after his passing from this world. It was our great fortune that John Hughes journeyed to Kashmir and was able to audio tape record the profound teachings of this unique oral tradition. These teachings were given by Swamiji to his

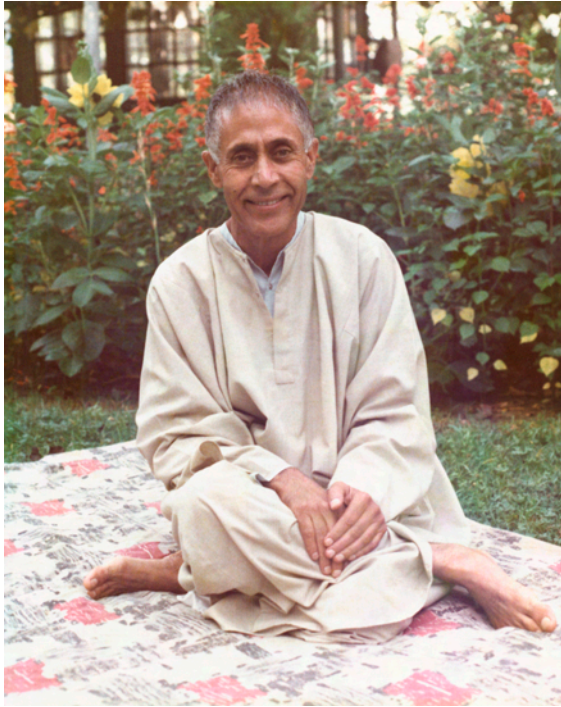
students in the form of lectures and oral translations. This tremendous work spanning almost fifteen years resulted in more than 470 hours of recordings. This included the translations and commentaries of the following texts:

Bhagavad Gītārthasamgraha
Bodhapañcadaśikā
Dehastadevatacakra Stotra
Janma Maraṇa Vicāra
Kuṇḍalinī Vijñāna Rahasyam
Paramarthasāraḥ
Parāprāveśikā
Parātrīṃśikā Laghuvṛitti
Parātrīṃśikā Vivaraṇa

Shiva Sūtra Vimarśinī
Shiva Stotrāvalī
Spanda Kārikā
Spanda Samdoha
Stavacintāmaṇi
Tantrāloka (18 chapters)
Vātūlanātha Sūtras
Vijñāna Bhairava

Universal Shaiva Fellowship

Under Swamiji's direct inspiration, the Universal Shaiva Fellowship, a fully accredited nonprofit organization, was established to realize his vision of making Kashmir Shaivism



available to the world. This was to be done without the restriction of caste, creed or color. It is being accomplished by preserving his teachings and making them available in as many forms as possible. This teaching is very valuable and uplifting for all of humankind. It offers humanity a clear and certain vision in a time of uncertainty. It shows us the way home and gives us the means. As you can see there is a lot of work to be done. It is a tremendous task which is both demanding and exciting and we have dedicated our lives to its accomplishment. Presently the Fellowship is actively engaged in the following areas; 1. Preserving and publishing the original audio/video recordings along with the text. 2. Editing the transcripts of the audio/video recordings for publication. 3. Holding weekly study classes as well as retreats for the study of the tradition of Kashmir Shaivism. 4. Establish a Lakshmanjoo Academy to provide a place of in depth study of Kashmir Shaivism for Universities.

To complete all of this we need your help. A donation of any amount will be greatly appreciated. Please contact the Fellowship on the number below or visit our website to make a donation. Any amount helps. We are an IRS recognized 501(c)(3) charitable, nonprofit organization and your donations are fully tax deductible (for US citizens).

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Toll Free : 1(877) 594-2516

Email : office@universalshaivafellowship.org

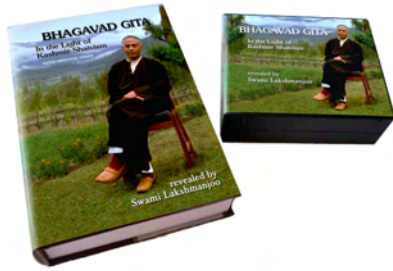
www.UniversalShaivaFellowship.org

Universal Shaiva Fellowship
10925 Stever Street
Culver City, CA 90230

Audio/Video Study Sets

Bhagavad Gita: In the Light of Kashmir Shaivism (video study set)

Video recordings of lectures given by Swami Lakshmanjoo



27 DVDs; total time 26 hours, Annotated Transcript included, 705 Pp xxii + 683, Hard cover cloth bound with sewn binding

This treasure was one of the last works Swami Lakshmanjoo disclosed while living in this world. When he began this translation he said it was his new revelation of the supreme secrets hidden in the Kashmiri recension of the Bhagavad Gita. This revelation was a result of the state of Universal God Consciousness that Swamiji was now experiencing. Herein, Swamiji reveals the unique and liberating teaching of Kashmir Shaivism which proclaims; "Freedom from all our miseries can neither be obtained through the renunciation of the world, nor by hatred of this world, but by experiencing the presence of God everywhere." At last, the secrets and profound meaning of the Bhagavad Gita, The Lord's Song" is being made available for the spiritual illumination of all humankind.

Abhinavagupta's Paramarthasara (The Essence of the Highest Reality)

Video recordings of lectures given by Swami Lakshmanjoo

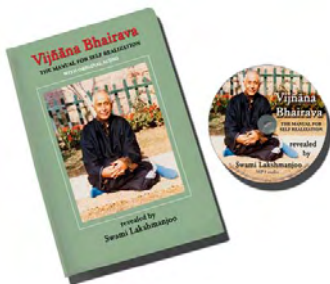
5 DVDs; total time 5 hours, Transcript, 2010 Pp xxviii + 89

In this multimedia study set, Swami Lakshmanjoo, the fully realized philosopher saint of the long concealed and secret tradition known as Kashmir Shaivism, translates and illuminates Abhinavagupta's Paramarthasara. Originally a work of Patanjali, Abhinavagupta chose to revise and update this revered treatise in order to reveal the profundities of the Trika Shaivite doctrine. In the conclusion of the Paramarthasara Abhinavagupta tells us, "I have kept this Paramārthasāra, in brief words, in one hundred verses. But although it is only one hundred verses in body, in the volume of knowledge it is more than ten million verses."



Vijnana Bhairava: The Manual for Self Realization (audio study set)

Audio recordings of lectures given by Swami Lakshmanjoo



1 Audio CD containing 147 MP3 files; total time 7 hours
Hard cover Book, 2012 Pp xli + 271

In the revelations that comprise this audio set the God realized master, Swami Lakshmanjoo, speaking from his own experience, unfolds the hidden maps needed to traverse the sacred Tantric text "Vijnana Bhairava". In this 'Manual for Self Realization' Lord Bhairava, in answering the Divine Mother Bhairavi's question, "What is the real essence of the way we have to tread?" reveals 112 different spiritual practices for entering in the universal and transcendental state of God consciousness.

Audio/Video Study Sets

Revelations on Grace and Spiritual Practice (audio/video study set)

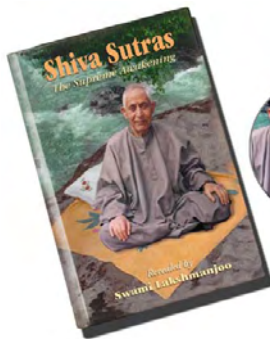
From the oral tradition of Kashmir Shaivism
by Swami Lakshmanjoo.

5 DVD-R Video Disks: total time 5 hours /
2 CDs Audio Disk: total time 2 hrs
Transcript included, 2005 Pp v + 150,

The Videos contain excerpts from **Paramarthasara** and **Bhagavad Gita**, offering the viewer a rare opportunity to see and hear Swami Lakshmanjoo. The elevating power of sight in experiencing a realized master is not to be underestimated. The Audio recordings contain exciting revelations from three important texts: The **Shivastotravali** of *Utpaladeva* and the **Tantraloka** and **Dehasthadevatacakrastotra** of *Abhinavagupta*. These three texts offer very powerful insights into the nature of Grace and Practice in the tradition of Kashmir Shaivism.



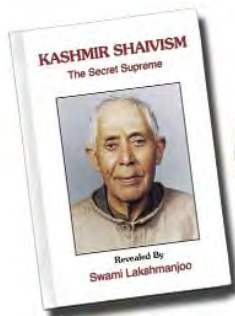
Shiva Sutras: The Supreme Awakening (original audio recordings)



1 Audio CD containing 79 MP3 files;
total time 15 hours 50 minutes.
Hard cover Book included, 2001 Pp xxviii + 322,

The Shiva Sutras, gifted by God to the sage Vasugupta for the upliftment of humanity, is one of Kashmir Shaivism's most important and revered texts. Swami Lakshmanjoo gives the reader a penetrating vision of the glorious journey of the Supreme Awakening; the traveling from limited individuality to absolute oneness with God. Basing his rendering on the esoteric commentary of Abhinavagupta's chief disciple Kshemaraja and drawing on his own experience, Swami Lakshmanjoo shows us the way home.

Kashmir Shaivism: The Secret Supreme (original audio recordings)

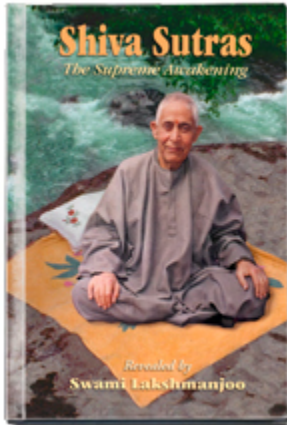


1 Audio CD containing 25 MP3 files;
total time 10 hours 33 minutes.
Book included, Third edition 2000 revised, Pp. xvi + 148,

In Kashmir Shaivism: The Secret Supreme, Swami Lakshmanjoo begins this monumental task by unfolding and guiding the reader through the labyrinth of monistic Shaivism's mystical geography. Throughout he emphasizes the importance of practically realizing the reality of these teachings. This book contains the essence of the first fifteen chapters of Abhinavagupta's magnum opus Tantraloka. The material is neatly divided into nineteen chapters; the presentation is both systematic and cumulative in a style which is clear, concise, and compact.

Books

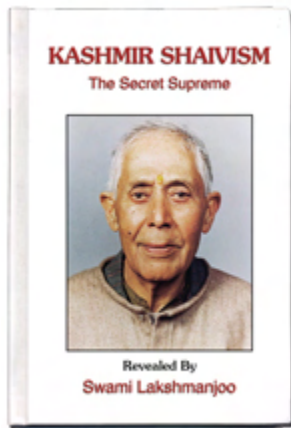
Shiva Sutras: The Supreme Awakening



Revealed by Swami Lakshmanjoo, edited by John Hughes.
Hard cover and soft cover available
Universal Shaiva Fellowship 2001, Pp xxviii + 322

This spiritual treasure—*Shiva Sutras*—was gifted by God to the sage Vasugupta for the upliftment of humanity. Now, for the first time, the twentieth century's great philosopher saint Swami Lakshmanjoo reveals this most important and revered text, giving the reader a penetrating vision of the glorious journey of the Supreme Awakening; the traveling from limited individuality to absolute oneness with God. Basing his rendering on the esoteric commentary of Abhinavagupta's chief disciple Kshemaraja, and drawing on his own experience, Swami Lakshmanjoo shows us the way home.

Kashmir Shaivism: The Secret Supreme



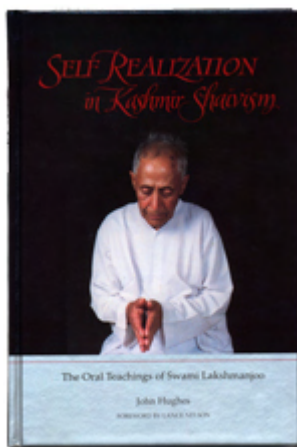
By Swami Lakshmanjoo, edited by John Hughes
Hard cover and soft cover available
Third edition 2000 revised, Pp. xvi + 148

In *Kashmir Shaivism: The Secret Supreme*, Swami Lakshmanjoo's first book in English, he begins this monumental task by unfolding and guiding the reader through the labyrinth of monistic Shaivism's mystical geography. This text is a collection of the first lectures delivered by Swami Lakshmanjoo to John and Denise Hughes in 1971-72.

This book contains the essence of the first fifteen chapters of Abhinavagupta's magnum opus **Tantraloka**.

Self Realization in Kashmir Shaivism:

The Oral Teachings of Swami Lakshmanjoo



Edited by John Hughes.
Soft cover only
State University of New York Press, 1995 Pp. xxxiv + 139

The first two chapters are a masterful rendering of two important Kashmir Shaiva texts: the *Bodhapañcadaśikā* (Fifteen Verses of Wisdom) of Abhinavagupta, and the *Parāprāveśikā* (Entrance into the Supreme Reality) of Kṣhemarāja. The three remaining chapters present original works by Swami Lakshmanjoo. "*Talks on Practice*" gives a guidebook account of Kashmir Shaivaite meditation, and "*Talks on Discipline*," discusses the nature and importance of the *yamas* and *niyamas* of traditional yoga. The final chapter, "*The Secret Knowledge of Kuṇḍalinī*," discusses the nature of kuṇḍalinī

and various modes of its experience by the Shaiva yogin. Transliterated Sanskrit texts are provided in the appendices.

Universal Shaiva Fellowship

Description	Style #		Price
Audio/Video Study Sets:			
Bhagavad Gita, In the Light of Kashmir Shaivism			
	BGITA1	DVD Study Set includes Hardcover Book	\$400.00
Abhinavagupta's Paramārthasāra			
	PSARA1	DVD Study Set with Transcript	\$95.00
Vijñāna Bhairava: The Manual for Self Realization			
	VIJG4	MP3 Audio Study Set Includes Hardcover Book	\$75.00
Revelations on Grace and Spiritual Practice			
	REV74	DVD & Audio CD Study Set with Transcript	\$105.00
Shiva Sutras: The Supreme Awakening			
	SHIM4	MP3 Audio Study Set Includes Hardcover Book	\$95.00
Kashmir Shaivism: The Secret Supreme			
	KASE4	MP3 Audio Study Set Includes Hardcover Book	\$95.00
Books:			
Shiva Sutras: The Supreme Awakening			
	SHIV1HB	hardcover	\$29.95
	SHIV1PB	softcover	\$22.95
Kashmir Shaivism: The Secret Supreme			
	HTT13HB	hardcover	\$25.95
	HTT13PB	softcover	\$18.95
Self Realization in Kashmir Shaivism: The Oral Teachings of Swami Lakshmanjoo			
	SEL53	softcover	\$28.00

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• Thank You •