

**Kathleen S. Rindahl**  
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Assistant Professor, Fresno State University

**EDUCATION**

2011- 2013      Doctor of Nursing Practice, Western University Of Health Sciences, Pomona, California, Research Focus ~ Screening for Eating Disorders

2007- 2009      Master of Science, Nursing ~ Primary Care/Nurse Practitioner Option, Fresno State University, Fresno, CA. Research Focus~ Recognizing Eating Disorders

2001-2003      School Nurse Credential, Fresno State University, Fresno, CA.

1988-1995      Bachelor of Science, Nursing, California State University at Los Angeles

1986-1988      Diploma, Los Angeles County Medical Center, School of Nursing, Los Angeles, California.

1980-1981      Hospital Corpsman, United States Navy Hospital Corps School, Great Lakes, Illinois.

1978              Certification, Nursing Attendant, Adult Education, Covina, CA.

**EXPERIENCE**

**Teaching Experience**

2013- Present    Assistant Professor, School of Nursing, College of Health and Human Services, Fresno State University

*Spring 2018*    Community Health Didactic  
*Spring 2018*    Community Health Clinical  
*Spring 2018*    Mobile Clinic Training Site for Student Nurses  
*Spring 2018*    Masters Project Chair

*Fall 2017*      Community Health Didactic  
*Fall 2017*      Community Health Clinical  
*Fall 2017*      Mobile Clinic Training Site for Student Nurses  
*Fall 2017*      Guest Lecturer CHHS Honors Program-Cultural Diversity  
*Fall 2017*      Masters Project Chair

*Spring 2017*    Community Health Didactic  
*Spring 2017*    Community Health Clinical  
*Spring 2017*    Mobile Clinic Training Site for Student Nurses  
*Spring 2017*    Masters Project Chair

*Fall 2016*      Nursing Pathophysiology  
*Fall 2016*      Community Health Didactic  
*Fall 2016*      Community Health Clinical  
*Fall 2016*      Mobile Clinic Training Site for Student Nurses

**Fall 2016** Masters Project Chair

**Spring 2016** Mobile Clinic Training Site for Student Nurses  
**Spring 2016** Faculty Clinic Training Site for Student Nurse Practitioners  
**Spring 2016** FNP Role in Tertiary Prevention  
**Spring 2016** Guest Lecturer for Kinesiology, Eating Disorders

**Fall 2015** Mobile Clinic Training Site for Student Nurses  
**Fall 2015** Faculty Clinic Training Site for Student Nurse Practitioners  
**Fall 2015** Health Appraisal  
**Fall 2015** Guest Lecturer for Kinesiology, Eating Disorders

**Spring 2015** Mobile Clinic Training Site for Student Nurses  
**Spring 2015** Faculty Clinic Training Site for Student Nurse Practitioners  
**Spring 2015** FNP Role in Tertiary Prevention  
**Spring 2015** Community Health Clinical  
**Spring 2015** Guest Lecturer for Kinesiology, Eating Disorders  
**Spring 2015** Masters Project Chair

**Fall 2014** Faculty Clinic Training Site for Student Nurse Practitioners  
**Fall 2014** Health Appraisal  
**Fall 2014** Community Health Clinical  
**Fall 2014** Guest Lecturer for Kinesiology, Eating Disorders  
**Fall 2014** Masters Project Chair

**Spring 2014** Health Appraisal  
**Spring 2014** Community Health  
**Spring 2014** Guest Lecturer for Kinesiology, Eating Disorders

**Fall 2013** Nursing Issues and Trends  
**Fall 2013** Community Health Clinical  
**Fall 2013** Guest Lecturer for Kinesiology, Eating Disorders

2012-2013 Adjunct Faculty, Department of Health Sciences, Fresno City College  
**Summer 2013** Mental Health Clinical Rotation  
**Summer 2013** Rural Health Immersion Project, University of San Francisco  
**Spring 2013** Fresno State University, Department of Psychology, Guest Lecturer “Identify Eating Disorders”  
**Spring 2013** Mental Health Clinical Rotation  
**Fall 2012** Mental Health Clinical Rotation  
**Spring 2012** Mental Health Clinical Rotation

### **Nursing Experience**

2016-Present Northwest Medical Group, Urgent Care, Fresno, California

2011-2016 APNA Urgent Care, Fresno, California, Family Nurse Practitioner

2010-2011	Madera Family Health Services Clinic, Madera, California Family Nurse Practitioner
2008-2013	CPR/BLS Instructor, Fresno County Office of Education
2003-2013	Fresno County Office of Education, Migrant Health, Public Health, School Nurse, Nurse Practitioner
1996-1997	Cardiac Rehabilitation Specialist Saint Agnes, medical Center, Fresno, California
1990-1995	Cardiac Rehabilitation Specialist, Huntington Memorial Hospital, Pasadena, California
1988-1990	Staff Nurse, Nurse Clinician, Neuro, Cardiac and Chest floor, Hunting Memorial Hospital, Pasadena, California.
1986-1988	Student Nurse Worker, Float Pool Los Angeles County Medical Center, Los Angeles, California.
1984-1987	Certified Nursing Attendant Inter-Community Medical Center, Covina, California
1978-1980	Certified Nursing Attendant Rowland Convalescent, Covina, California

#### **Military Experience**

1980-1984	Hospital Corpsman, United States Navy, Petty Officer Third Class, Rapid Medical Deployment Force, Naval Submarine Medical Center Groton, Connecticut.
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#### **Academic & Administrative Experience**

2017-Present	Academic Policy & Planning Committee, Fresno State University
2017-Present	Executive Committee, College of Health and Human Services, Fresno State University
2015 - Present	Instructional Technology Subcommittee, College of Health and Human Service, Fresno State University
2016- Present	Faculty Advisor, Diabetic Coalition, Fresno State University
2015- Present	Faculty Advisor, California Nurses Student Association
2015 - 2017	Coordinator, Baccalaureate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2015- 2017	Vice President, Untenured Faculty Organization
2015-2017	IRB Committee School of Nursing, College of Health and Human Services

2013 - 2107	Graduate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - Present	Faculty Council Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - Present	Baccalaureate Committee, School of Nursing, College of Health and Human Services, Fresno State University
2013 - 2017	NP Committee, School of Nursing, College of Health and Human Services, Fresno State University
2014 - 2015	DNP Committee, School of Nursing, College of Health and Human Services, Fresno State University
2015 - 2016	Faculty Learning Community, BlackBoard Boot Camp, Fresno State University
2014 - 2015	Faculty Learning Community, Metacognition, Fresno State University
2013 - 2014	President's Organizational Engagement – Work/Life Review Task Force, Fresno State University
2013 - 2014	Faculty Learning Community, How to write a Journal Article, Fresno State University
2013 - 2014	Faculty Learning Community, Mentoring, College of Health and Human Services.
2013 - 2014	Faculty Learning Community, Interprofessional Education and Collaborative Practice, College of Health and Human Services, Fresno State University

## **PRESENTATIONS & CONFERENCES**

2017	Growing Health Leaders Youth Conference, Panel Presentation
2017	2nd, Nursing World Conference 2017. Podium Presentation, <i>"Screening for Eating Disorders, a Missed Opportunity"</i> .
2017	Global Nursing Conference, 2017. Podium Presentation, <i>"Student's Providing Health Services to Underserved Populations"</i> . Amsterdam, Netherlands.
2017	Nurse Leadership Coalitional, Lunch and Learn <i>"Student's Providing Health Services to Underserved Populations"</i> Fresno, California
2017	Health Work Force Initiative, First Annual State Conference, Pomona, California, Podium Presentation <i>"Mobile Health, Students Providing Service to Underserved Populations"</i>

- 2016 Growing Health Leaders Youth Conference, Panel Presentation
- 2016 Mobile Health Clinics Association, 2016 Conference, Memphis, TN, Podium Presentation, *"Student's Providing Health Services to Underserved Populations"*.
- 2016 The California Society for Cardiac Rehabilitation State Conference, Podium Presentation, Fresno, CA, *"The Use of Technology in Managing Diabetes"*.
- 2016 Fresno State University, Woman's Campus Connection, Podium Presentation, "Don't Eat Less, Eat Smart"
- 2016 Fresno State School of Nursing, 1st Annual Nursing Symposium, Podium Presentation, Fresno CA, *"Out of the Hospital and into the Community: When the Community is your Patient"*.
- 2016 Fresno State University, International Coffee Hour, Podium Presentation *"All about Fiji"*.
- 2015 Mobile Health Clinics Association, 2015 Conference, St. Louise, MO, Poster Presentation, *"Fresno State University, School of Nursing: On the Move"*.
- 2015 School Nurse International Conference 2015, Podium Presentation *"School Nurses Screening for Eating Disorders"* London, England
- 2015 California School Nurses Organization, Annual Conference Podium Presentation *"School Nurses Screening for Eating Disorders"*
- 2015 4th World Conference on Psychology & Sociology, Podium Presentation "Screening School Children for eating Disorders: A Missed Opportunity", Rome, Italy.
- 2015 President's Show Case of Excellence Poster Presentation *"Spirit of Health"*
- 2014 Doctors of Nursing Practice National Conference Poster Presentation *"Screening for Eating Disorders in Primary Care"*
- 2014 National Association of School Nurses, Annual Conference Poster Presentation *"School Nurses Screening for Eating Disorders"*
- 2014 National Symposium of Nurse Practitioner's Poster Presentation, *"Screening for Eating Disorders"*.
- 2014 Fresno State University, Learning for Excellence and Development "Weight of the Nation, *FOOD FUED!*"
- 2014 San Joaquin Valley Chapter of National Association of Pediatric Nurse Practitioners, (NAPNAP) Annual Half-Day Conference Podium Presenter, *"Eating Disorders"*

- 2013 Fresno State University, College of Health and Human Services, Poster Presentation, “*Screening for Eating Disorder using the SCOFF Questionnaire*”.
- 2013 California Association of Nurse Practitioners Annual Conference, Podium Presentation, “*Screening for Eating Disorders*”.
- 2011 California School Nurses Organization Annual Conference, “*Seeing RED*” Recognizing Eating Disorders /Teenage Issues Symposium
- 2010 City/County School Nurse Seminar  
“*Seeing Red, Recognizing Eating Disorders*”
- 2010 Parent Education Forum, Area Migrant Parent Advisory Committee  
“*Type I versus Type II Diabetes*”
- 2009 23<sup>rd</sup> Annual Nursing Research Conference, Fresno State University “*Seeing Red, Recognizing Eating Disorders*”

### **PROFESSIONAL CERTIFICATIONS**

- 2009-2019 American Academy of Nurse Practitioners National Certification
- 2009-2019 Advanced Cardiac Life Support Certification
- 2009-2018 Pediatric Advanced Life Support Certification
- 2009-2019 Basic Life Support, CPR Instructor Certification
- 2009-2019 California Board of Registered Nursing, Nurse Practitioner License
- 2007-2019 State of California School Nurses Service Credential
- 2003 State of California Health Services, School Audiometrist
- 1995 California Board of Registered Nursing, Public Health Nurse Certificate
- 1988-2017 California Board of Registered Nursing, RN License
- 1978 Certified Nursing Attendant (CNA)

### **PROFESSIONAL ORGANIZATIONS**

- 2017- Present Counselor, Mu Nu Chapter, Sigma Theta Tau, International
- 2015-2017 Academic Service Partnership, Fresno, California
- 2014-2017 President, Mu Nu Chapter, Sigma Theta Tau, International
- 2014- Current National League of Nurses, Leadership and Legislation Committee

2013-Current	Member, National Organization of Nurse Practitioner Faculties
2010-Current	Member, American Academy of Nurse Practitioners
2009-Current	Member, American College of Nurse Practitioners
2008-Current	Member, Sigma Theta Tau, International Nursing Honor Society
2008- Current	Member, PHI KAPPA PHI Honor Society
2003- Current	Member, California School Nurses Organization
2003- Current	Member, National Association of School Nurses

### **COMMUNITY SERVICE**

2018	Service Learning, Lead Faculty, Yurai, Fiji
2016	Service Learning, Lead Faculty, Naboutini, Fiji
2016	Reaching Out to Aspiring Doctors, Panel Discussion, Community Regional Medical Center, Fresno California
2015-Present	Health On Wheels, California Student Nurses Association, Fresno State University
2014-Present	Mobile Health Unit, Fresno State University
2014-2015	Clovis Unified Science Fair, Project Advisor
2014- Present	Member, American Legion, Post 509.
2014-Present	California Scholarship Federation, Reviewer, Nursing Scholarships
2010-2011	Volunteer Proctor, Student Nurse Practitioner Clinic Evaluations, Fresno State University
2009-Present	Volunteer First Aide and CPR Instructor for Boy Scouts of America, Fresno County Office of Education and Community Churches
1997-2009	Parent Volunteer Nelson Elementary School
1996-2002	Saint Agnes Associates Fund raising for Holy Cross Center for Women.
1978-1980	Volunteer Interpreter for the deaf Walnut Baptist Church

### **HONORS/AWARDS/GRANTS**

2017	Principle Investigator, Advance Nursing Education Workforce Program U.S. Department of Health and Human Services, Awarded 1099,314.00
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- 2015 Principle Investigator, California Endowment Song-Brown, Special Projects/Mobile Health Unit, Grant Awarded, 125,000.00
- 2015 Nurse of the Year, Nurse Leader Organization & Sigma Theta Tau
- 2014 Principle Investigator, National Association of School Nurses Research Grant, 5,000.00, Not Awarded.
- 2014 Principle Investigator, California Endowment Song-Brown, Special Projects/Family Nurse Practitioner, Grant Awarded, 148,924.00.
- 2014 Secondary Investigator, California Endowment, Song-Brown, Special Projects, Mobile Health Unit, Grant Awarded, 103,000.00.
- 2013 Award, Excellence in Nursing Practice, Western University of Health Sciences
- 2009 Induction, Honor Society, Phi Kappa Phi
- 2009 Induction, Honor Society, Sigma Theta Tau, International
- 2008 Commendation, County of Los Angeles, Heroic Citizen, Helicopter Crash
- 1984 Rusichovich Memorial Award for Excellence in Patient Care

#### **RESEARCH INTERESTS**

Eating Disorders and the Health and Wellness of School Children  
Rural and Community Health Practices  
Complementary Alternative Medicine Practices  
Cultural Diversity in Health Care