

Kid's Health News

EAST BAY CHILDREN'S SPECIALTY HIGHLIGHTS



PEDIATRIC DERMATOLOGY

For kids and particularly adolescents, dermatologic problems can be devastating. But with pediatric dermatologist Jennifer Sorrell, MD, of our JMH + SCH partnership, offering multiple treatment modalities, kids and parents can feel more at ease... *- continued inside*

IN THIS ISSUE

2017 | Vol.1 No. 9

PERSPECTIVE

Pediatric Dermatology
featuring Jennifer Sorrell, MD

COMMUNITY

Dr. William Kennedy is the
"Doc that Rocks!"

CALENDAR

- Pre-Conference: The role of the PCP in transgender health care
- 25th Annual Pediatric Update
- Office-Based Pediatric Orthopedics and Sports Medicine

REFERRAL INFO

INTRODUCING

Jennifer Basurto,
MSW, LCSW
Cindy Eppstein,
physician liaison



JENNIFER SORRELL, MD (LEFT), EDUCATES A PARENT ABOUT HER CHILD'S CONDITION.

Pediatric dermatology subspecialty fills a need in the East Bay

Dr. Jennifer Sorrell is a pediatric dermatologist in the partnership between John Muir Health and Stanford Children's Health. She also holds a faculty position at Stanford as a clinical assistant professor in both dermatology and pediatrics.

She is excited to be in Walnut Creek, at 106 La Casa Via, each Wednesday. "Pediatric dermatology is a shortage field, and now we can provide treatment close to home for many families so they don't have to trek far from their home."

Conditions she treats

For babies, Dr. Sorrell says, the top three diagnoses are eczema, diaper rash and hemangiomas. In older children, it's eczema and acne.

"Adolescence is a particularly challenging time. I tend to transition from counseling the parent to counseling the child, giving the child a chance to be more grown up and speak with me about his or her own health. I tell the child, 'this is your visit.' I love when my patients take charge and come back telling me exactly how they used their cleansers, eczema dilute bleach baths and other medicinal resources."

Acne, eczema and other skin conditions often crop up right when adolescents are developing their self-esteem. "For a teen, just three pimples can be devastating; it can have a real effect on their overall quality of life. I look at it from their perspective. It makes me happy to know that I have the tools to help them," she says.

Partnering with pediatricians

Dr. Sorrell loves the team approach to patient care. "I try to keep the pediatrician abreast of all we are doing. I incorporate literature in my notes if a condition is uncommon. I like to pick up the phone to speak directly with the pediatrician and ensure that we're all on the same page in more challenging cases. I'm happy to treat the mundane — warts and all."

"Additionally, if something unusual is going on, pediatricians and parents should know that there is a robust team of pediatric dermatologists and services available at Stanford, and that we all collaborate often to discuss tricky management and diagnostic issues," she adds.

Parental concerns

"When parents bring their child in, their biggest concern is improving the condition with the fewest side effects. We want to present them with evidence-based treatments. I also like them to know we have multiple treatments we can use, not just prescription medicines," she says. "There is a balance of medications, product recommendations and counseling. One of my favorite parts of the visit is the education my team and I can provide for our patients."

"I TRY TO KEEP THE PEDIATRICIAN
ABREAST OF ALL WE ARE DOING.
... I LIKE TO PICK UP THE PHONE
TO SPEAK DIRECTLY WITH THE
PEDIATRICIAN AND ENSURE WE'RE
ALL ON THE SAME PAGE"

Future treatments

Several new medications are coming to fruition for eczema, including a new topical non-steroidal medicine. "Time will tell its safety and efficacy. There is also a new oral medication, Dupilumab, that looks exciting in the adult literature, and Stanford will shortly be enrolling in the clinical trial for children. This could be important for severe eczema patients failing typical therapy," Dr. Sorrell notes.

"Overall," she says enthusiastically, "we continue to evolve, and there is a lot to look forward to as medical science advances."

Jennifer Sorrell, MD, laughs as she describes a recent patient visit. A young boy's bumps from a skin infection (*Molluscum contagiosum*) had fully resolved, and the two of them spontaneously broke into a victory dance.

"I really enjoy working with my patients," she says. "They are wonderful. Sometimes, they are hilarious."

DR. WILLIAM KENNEDY, IS THE "DOC THAT ROCKS!"

Each quarter, the OR Nursing team at John Muir Health votes to bestow its "Doc that Rocks" award, which honors a physician who is professional, receptive to nursing concerns and a great communicator.

This quarter's winner is Dr. William Kennedy, the first pediatric specialist to receive the award. He's an experienced and much-loved Stanford pediatric urologist, as well as a pioneer of the John Muir Health + Stanford Children's Health partnership.

OR Nurse Stephanie Soares explained why she voted for Dr. Kennedy: "He provides the most outstanding and comprehensive written and oral education to every one of his patients and their parents. He anticipates and addresses every possible patient scenario. His communication, compassion and caring demeanor



FROM LEFT TO RIGHT: CONNIE SCHWENDEMAN, RN, SUSIE HOWARD, RN, WILLIAM KENNEDY, MD, DEBRA LIVINGSTON, RN, AND KARI HEGWER, RN INSIDE JOHN MUIR HOSPITAL

leave the family with a sense of well-being and [give them] confidence that they can provide safe care to their child. It is such a privilege to work with Dr. Kennedy."

Dr. Kennedy was full of reciprocal praise for the OR nursing staff.

"I appreciate their cheerful enthusiasm. It can be overwhelming, when you are primarily an adult care facility, to have someone do microsurgery on 6-month-old babies. But John Muir Health has great people. Working with the OR nursing team has been a delight. They are such perfectionists about what they do."

Dr. Kennedy was drawn to pediatric care because of the impact he is able to make on young lives. "I can affect the quality of life in the long term. Surgically, I can correct a birth anomaly, and the child may never know or remember that they had it."

His care and concern for his patients is obvious. He happily bragged that "this is the first

year that I've been asked to write more college recommendations than medical residency recommendations. The cohort of kids that I started taking care of when I began practicing 20 years ago are heading off to college, and they're all doing great. [I've] helped these kids with severe congenital anomalies or spina bifida, and now they're about to go to college. It's very rewarding."

One of Dr. Kennedy's favorite parts of his job includes the puzzled looks he gets from the young patients who come in for follow ups.

"I have labored over a pediatric patient's surgery for multiple hours with microsurgical reconstruction. But If I've done my job very well, that same patient may really have no idea who I am."

Although his pediatric patients don't always remember him, the nursing staff certainly does. Congratulations, Dr. Kennedy. You really are a "Doc that Rocks."



Pre-Conference: The role of the PCP in transgender health care

July 20, 2017

Location: The Frances C. Arrillaga Alumni Center Stanford University

25th Annual Pediatric Update

July 21 – 22, 2017

Location: The Frances C. Arrillaga Alumni Center Stanford University

For registration and more information, please visit: www.cme.stanfordchildrens.org

Contact: Marifin Besona, CME Coordinator — lpchcme@stanfordchildrens.org,
or call (650) 498-6757.

Office-Based Pediatric Orthopedics and Sports Medicine

September 16, 2017

Location: Renaissance Sports Club Walnut Creek

For registration and more information, please visit: www.cme.stanfordchildrens.org

Contact: Marifin Besona, CME Coordinator — lpchcme@stanfordchildrens.org,
or call (650) 498-6757.

John Muir Medical Center

1601 Ygnacio Valley Rd, Walnut Creek, CA 94598

Thursdays, 7:30 a.m. – 8:30 a.m.
Ball Auditorium, Lower Level

June

- 15 Pediatric CME/M&M
- *22 Psychopharmacology for General Pediatricians, David Ansel, MD
- *29 Bronchiolitis update, Alan Schroeder, MD

July

- *5 C-Difficile, David Vu, MD
- *13 Pediatric Acute-onset Neuropsychiatric Syndrome, Margo Thienemann, MD
- 20 Perinatal CME/M&M

***Webinars** | Webinars are available via the internet starting at 7:30 a.m.

To access navigate to: <https://johnmuirgm.globalmeet.com/CMEConcord>

Cardiology

Janaki Gokhale, MD

Stafford Grady, MD

Phone: (925) 295-1701

Fax: (925) 295-1704

Monday – Friday

106 La Casa Via, Suite 220
Walnut Creek, CA 94598

Critical Care

Budi Wiryawan, MD

Phone: (925) 941-4580

PICU Main Number:
(925) 947-5230

John Muir Medical Center
1601 Ygnacio Valley Rd
Walnut Creek, CA 94598

Dermatology

Jennifer Sorrell, MD

Phone: (800) 995-5724

Fax: (650) 721-2884

Wednesday

106 La Casa Via, Suite 100
Walnut Creek, CA 94598

Endocrinology

Suruchi Bhatia, MD

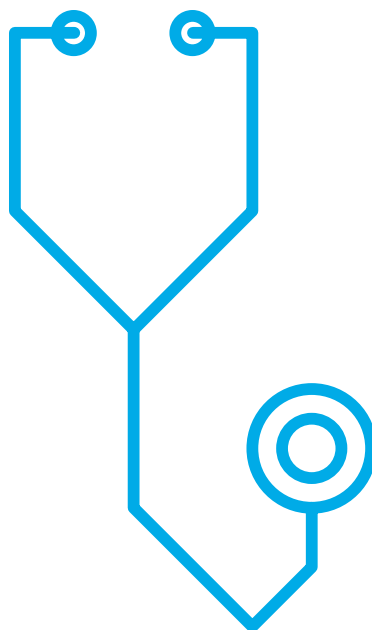
Cristina Candido-Vitto, MD

Phone: (415) 600-0770

Fax: (415) 600-0775

Monday, Thursday, Friday

106 La Casa Via, Suite 100
Walnut Creek, CA 94598



Hospitalist Services (Pediatrics)

Lyn Dos Santos, MD

Office: (925) 941-4588

Pediatric: (925) 876-0489

Newborn: (925) 952-2903

John Muir Medical Center
3A-P, 1601 Ygnacio Valley Rd
Walnut Creek, CA 94598

Infectious Disease

Struti Nadimpalli, MD

James McCarty, MD

Referral: (800) 995-5724

Fax: (650) 721-2884

Friday

106 La Casa Via, Suite 250
Walnut Creek, CA 94598

Neonatology

Kristin Hubert, MD

Nick Mickas, MD

Phone: (925) 947-5350

John Muir Medical Center
NICU, 1601 Ygnacio Valley Rd
Walnut Creek, CA 94598

Nephrology

Elizabeth Talley, MD

Phone: (650) 721-5807

Fax: (650) 721-2884

Thursday

106 La Casa Via, Suite 100
Walnut Creek, CA 94598

Neurology

Candida Brown, MD

Jonathan Hecht, MD

Dawn Saborit, MA, MS, RN, CPNP

Phone: (925) 691-9688

Fax: (925) 691-9820

Monday – Friday

400 Taylor Blvd, Suite 306
Pleasant Hill, CA 94523

Gastroenterology

Sabina Ali, MD

Kelly Haas, MD

Anita Sharma, PNP-BC

Diane Valmossoi, FNP

Maryann Christofas, MS, RD, CSP

Johanna Kammerer, RD

Phone: (925) 239-2900

Fax: (925) 932-2456

Monday – Friday

106 La Casa Via, Suite 100
Walnut Creek, CA 94598

Hematology/Oncology

Jay Balagtas, MD

Joan Fisher, MD

Sadie Hannah, NP

Phone: (925) 941-4144

Fax: (925) 947-3208

Monday – Friday

John Muir Medical Center
3-East, 1601 Ygnacio Valley Rd
Walnut Creek, CA 94598

Neurosurgery

David Hong, MD
Gerry Grant, MD
Camly Slawson, NP
Phone: (925) 239-2705
Fax: (650) 721-2884

Monday & Thursday

106 La Casa Via, Suite 250
Walnut Creek, CA 94598

Orthopedics & Sports Medicine

Charles Chan, MD
Scott Hoffinger, MD
James Policy, MD
Stephanie Pun, MD
Referral: (650) 497-8263
Fax: (925) 322-8492
Physician Contact:
(510) 549-8480

Monday, Tuesday,
Thursday, Friday

106 La Casa Via, Suite 240
Walnut Creek, CA 94598

Christy Boyd, MD
Charles Chan, MD
Referral: (844) 416-7846
Fax: (650) 497-8891

Monday – Friday

5000 Pleasanton Ave
Pleasanton, CA 94566

Otolaryngology

Christi Arnerich, MD
Referral: (925) 239-2900
Fax: (925) 932-2456

Monday, Tuesday, Friday

106 La Casa Via, Suite 100
Walnut Creek CA 94598

Physical Therapy

**Center for Sports Medicine
Rehabilitation and Sports
Physical Therapy**
Phone: (650) 736-2000

5000 Pleasanton Ave
Pleasanton, CA 94566

Physical Rehabilitation Center
Phone: (925) 947-5300

3480 Buskirk Ave, Suite 150
Pleasant Hill, CA 94523

Pulmonary

Nancy Lewis, MD
Phone: (925) 239-2900
Fax: (925) 932-2456

Tuesday – Wednesday

Karen Hardy, MD
Manisha Newaskar, MD
Rachna Wadia, MD
Eric Zee, MD
Phone: (844) 724-4140
Fax: (650) 721-2884

Monday, Thursday, Friday

106 La Casa Via, Suite 100
Walnut Creek CA 94598

Rheumatology

Imelda Balboni, MD
Dana Gerstbacher, MD
Referral: (650) 723-3877
Fax: (650) 721-2884

Wednesday

106 La Casa Via, Suite 250
Walnut Creek, CA 94598

Surgery

Thomas Hui, MD
Christopher Newton, MD
Wolfgang Stehr, MD
Wendy Su, MD
Phone: (925) 239-2900
Fax: (925) 932-2456

Monday Afternoons

106 La Casa Via, Suite 100
Walnut Creek, CA 94598

Urology

William Kennedy, MD
Cathy Costaglio, NP
Sarah Oppenheim, NP
Referral: (800) 995-5724
Fax: (650) 721-2884
Physician Contact:
(650) 732-9779

Tuesday

106 La Casa Via, Suite 100
Walnut Creek, CA 94598

Jeremy Lieb, MD
Phone: (925) 609-7220
Fax: (925) 689-3298

2222 East St, Suite 250
Concord, CA 94520

1400 Treat Blvd, Walnut Creek, CA 94597

INTRODUCING



JENNIFER BASURTO, MSW, LCSW

Specialty: Pediatric Specialty Clinics

Education: Masters of Social Welfare, University of California at Berkeley

Jennifer joined Stanford Children's Health in January 2016 and was hired to cover the outpatient pediatric specialty clinics in Walnut Creek and Pleasant Hill. She has a special interest in the mind-body connection and how stress can impact overall functioning and contribute to a more complicated pattern of symptoms. Jennifer is a qualified bilingual staff member and can communicate to our Spanish-speaking families in their native language.

Practice Philosophy: "I maintain a collaborative approach, partnering with parents, caregivers, schools and the medical team to boost support to families and ensure they have appropriate access to available resources."



CINDY EPPSTEIN, PHYSICIAN LIAISON

Cindy Eppstein's role as a physician liaison with Stanford Children's Health brings her career full circle. Cindy started her career working for a pediatrician in Oakland, and she has spent the past 26 years serving the dental community in various roles.

For help with physician referrals or for more information about John Muir Health and Stanford Children's Health pediatric specialty services, please contact Cindy by email at: ceppstein@stanfordchildrens.org or by phone at (650) 646-1518.

ABOUT OUR PARTNERSHIP

Through our partnership, patients can now see Stanford Children's Health specialists locally in the East Bay. When hospital-based care is needed, patients can be treated at John Muir Medical Center in Walnut Creek. It all adds up to: your patients can receive excellent quality specialty pediatric care, close to home.