

Materials Needed:

- Print worksheets and color book prior to class
- Marker, Pen or Pencil
- One Apple
- Peanut butter, nut butter or Nutella spread
- 7 mini marshmallows

Superheroes (Community Helper Edition)

Welcome to GiGi's At Home Live programming! GiGi's Playhouse facilitates over 4,400 free therapeutic and educational program hours a week at GiGi's locations across the United States and Mexico. It is important to know these programs are typically facilitated in a GiGi's Playhouse but are being done virtually here.

Thank you for joining us for today's program of Kids Club. Kids Club promotes friendships, social skills and peer to peer interactions through creative social activities.

Today's lesson theme is Superheroes (Community Helper Edition). I am Ms. Becky from GiGi's Playhouse Fargo.

Opening:

Good afternoon GiGi's Playhouse friends! Welcome to Kids Club! Today we are going to talk about community helpers or what I like to call Superheroes! Raise your hand or give a thumbs up if you have a favorite superhero?

Literacy: Ms. Becky will read the story

Clothesline Clues to Jobs People Do by Kathryn Heling and Deborah Hembrook

Community Helpers and Their Tools Matching Games:

See screen to help match community members jobs to the tools they need each day. Cards will be shown on the screen.

(Community Helpers Puzzles and Flash Cards from Trend Enterprises)

Six more Community Heroes-Match words with picture of Community Helpers (different ones from the book or tools game)



Literacy: We Are All Super Heroes make and take book

(Print off book for kids to follow along at home. See attached)

Discussion: List Traits of a Superhero

(use a large tablet or white board, see screen to view)

- How would you describe a superhero?
- What makes a superhero different than an average person?
- What character traits make a superhero special?
- What are some superhero powers?
- If you were a superhero...what would you want your power to be?

(character trait ideas: kind, friendly, caring, thoughtful, brave, patient, humble, smart, courageous, generous, respectful, honest, confident, responsible, hardworking, resourceful, creative, good, nice, curious, proud, healthy, loyal, savvy)



Fine Motor/Language: I'm a Superhero Poster

(print off to have families follow along at home. See attached).

- Share your Superhero Poster with your family or facetime a friend from your local Playhouse to show them your Superhero
- Remember you don't have to wear a cape or save people to be a superhero. Superheroes are just regular people that just do "super" things. Think about the "powers" you use every day (refer to character trait words)
- Pick one everyday superpower (being kind, always telling the truth, being respectful, standing up for what you believe, etc.) to write on the activity page. Write how you would use your superpower to make a positive impact. Then draw your superpower.

I'm a SUPERHERO!

My superpower is _____

I use my superpower to _____

Name: _____

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Superhero (dentist) Snack: Apple Smile

Ingredients: one apple, peanut or other nut butter (Nutella or yogurt works too), and mini marshmallows.

Directions:

1. First, core and slice your apple into eight equal slices (mom or dad will have to help you with this).
2. Spread one tablespoon of peanut butter (or alternative) onto the side of each of two slices of apple.
3. Put a row of seven mini marshmallow teeth on one slice on top of the peanut butter.
4. Now, put a slice of apple (with peanut butter already spread on it) on top of the marshmallow teeth. Press them together until they stick.



Enjoy, you have your cute apple smile!

Superhero Closing:

Talk with your family about all the community helpers we talked about today. Tell your family about their duties and responsibilities. Tell your family about the tools that community helpers use. Ask you family who their superhero is or what tools mom and dad need to do at their job.

Lastly, talk to your family about your superhero powers and how you could practice them every day!

My Superhero is _____!!!!

Thank you all for participating in today's live Kids Club program, to learn how you can become involved and for details about our purposeful programs visit us online at www.gigisplayhouse.org.



Resources:

Apple Smiles Recipe Yummly. (<https://www.pinterest.com/pin/217017275764959918/>)

Community Helper Super Heros. teacherspayteachers.com.
(<https://www.pinterest.com/pin/16677461096811693/>)

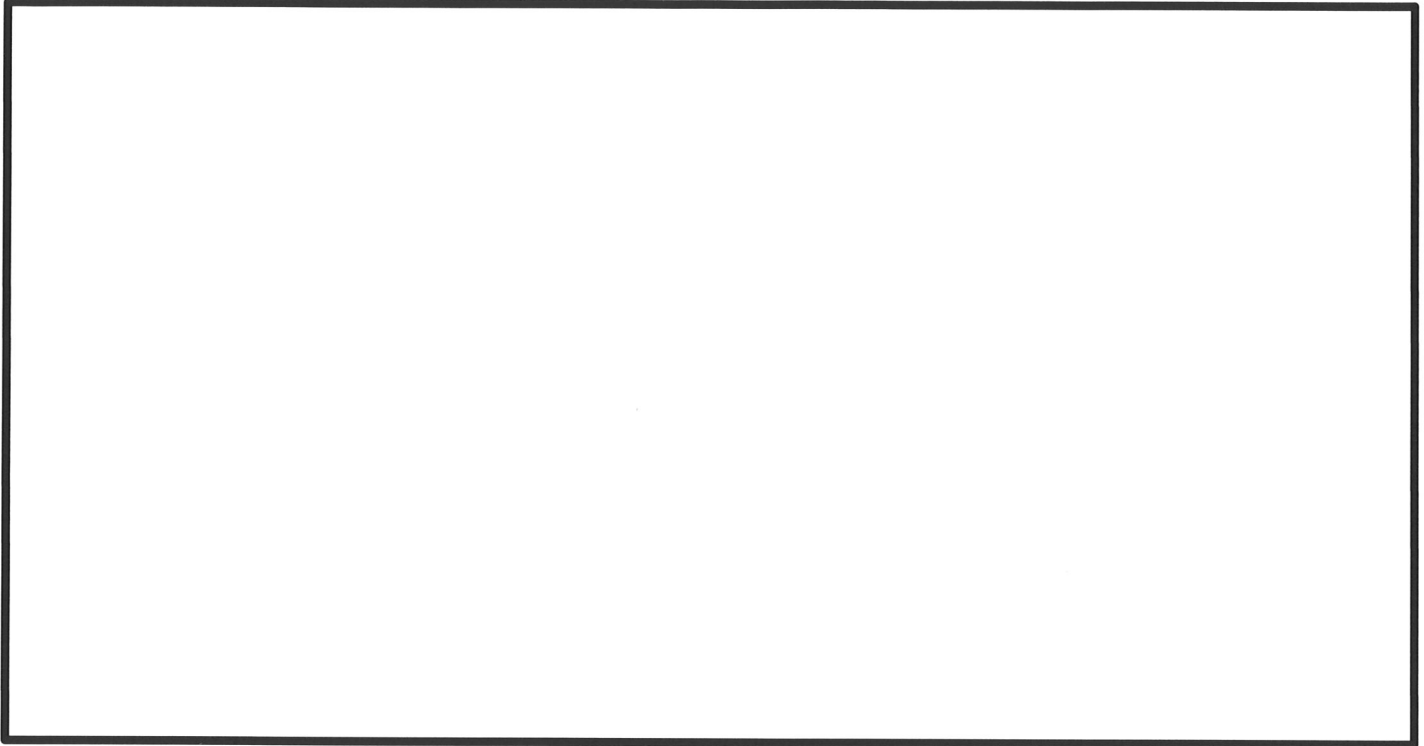
Heling, Kathryn and Hembrook, Deborah. Clothesline Clues to Jobs People Do.

Ms. Jordan Reads, Literacy Resources. (<https://www.pinterest.ca/pin/190558627959505391/>)



**I'm a
SUPERHERO!**

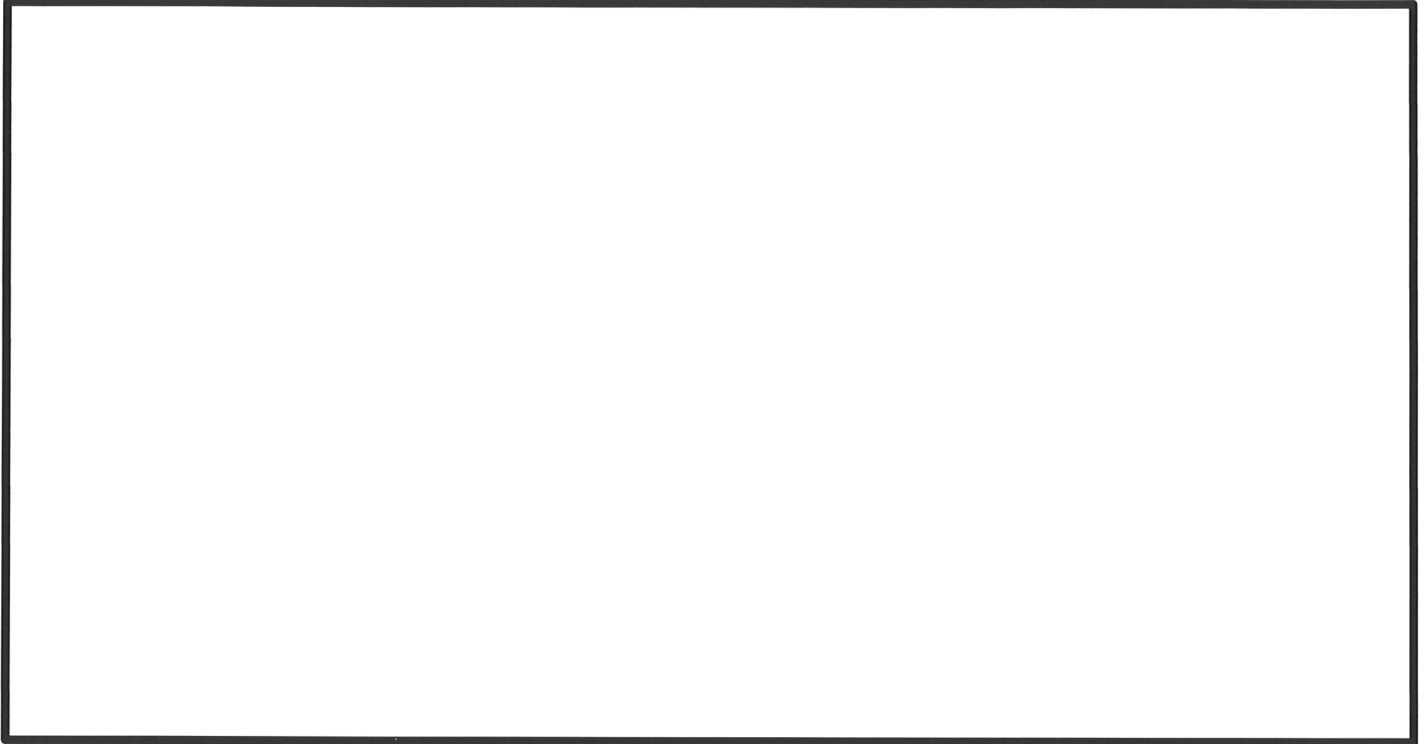
I'm a SUPERHERO!



My superpower is

I use my superpower to

I'm a SUPERHERO!



My superpower is

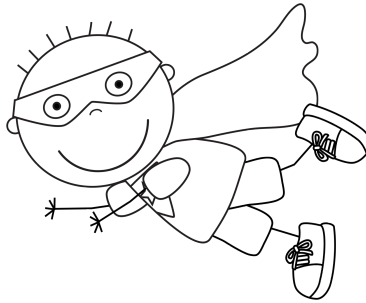
I use my superpower to

Name: _____



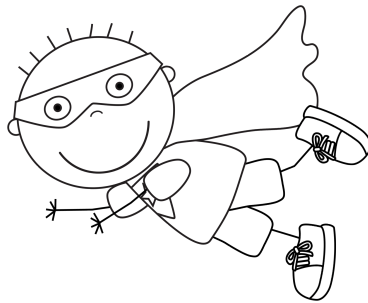
**I'm a SUPERHERO
in many different ways.
I use my superpowers
each and every day!**

We Are All Super Heroes

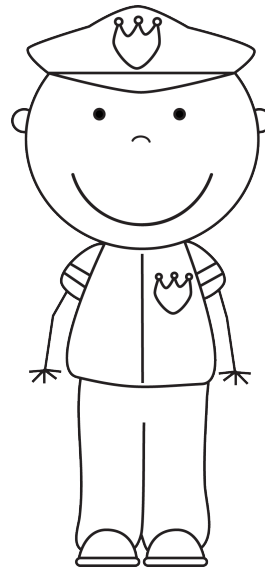
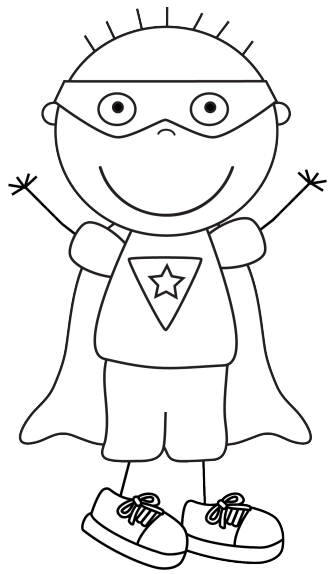


Read and Colored by

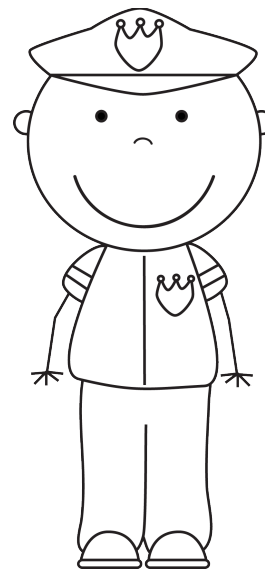
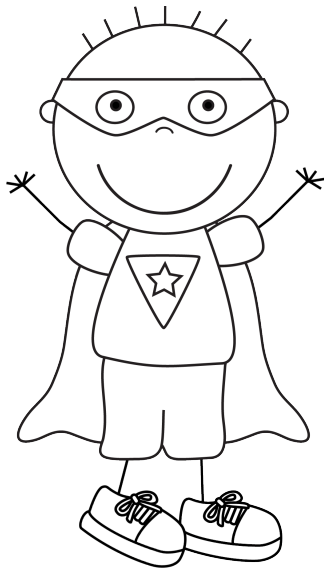
We Are All Super Heroes



Read and Colored by



**I save people by
keeping them safe.**



**I save people by
keeping them safe.**



**I save people by
putting out fires.**



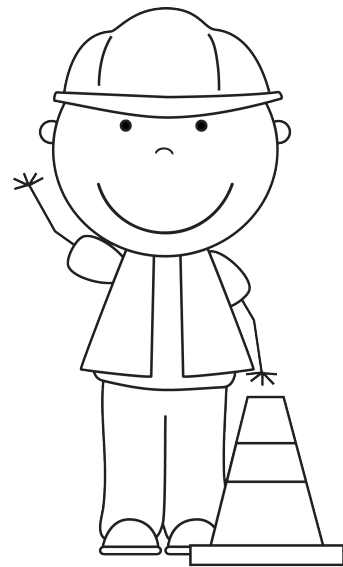
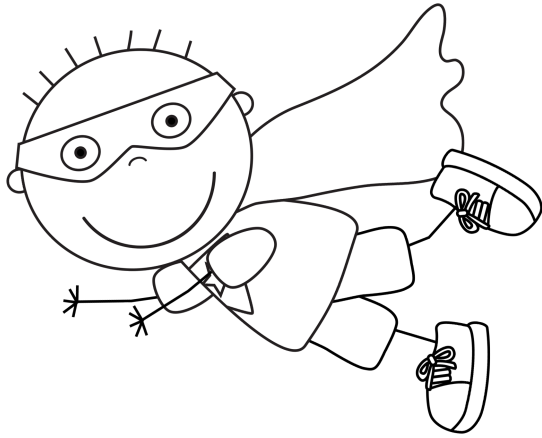
**I save people by
putting out fires.**



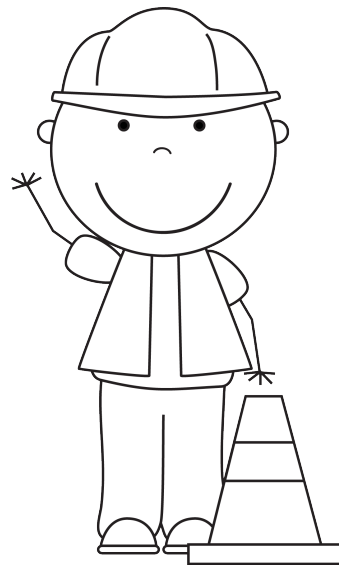
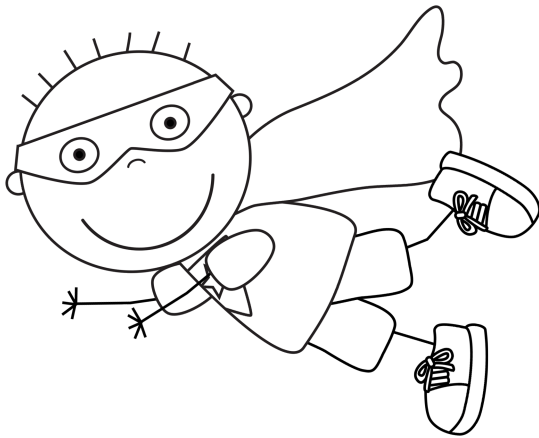
**I save people by
cooking healthy food.**



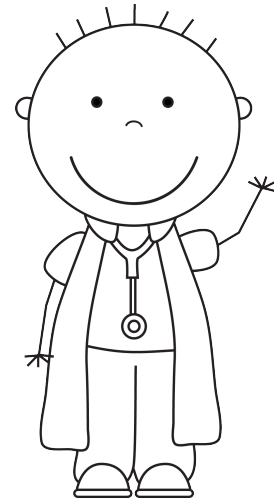
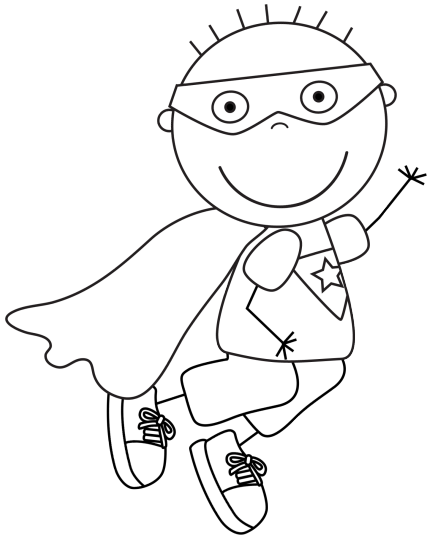
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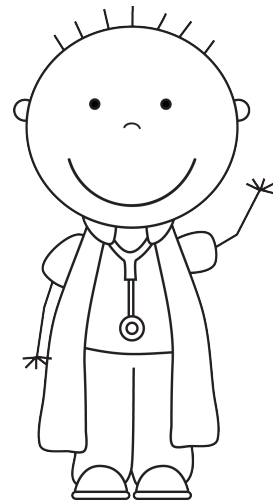
**I save people by
building safe places.**



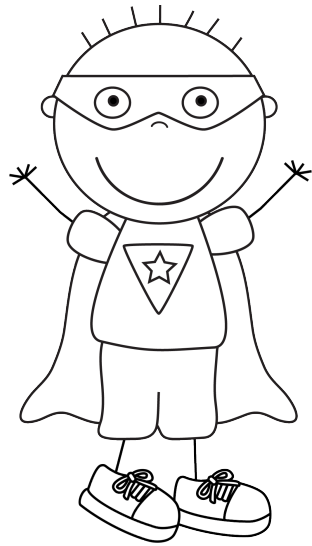
**I save people by
building safe places.**



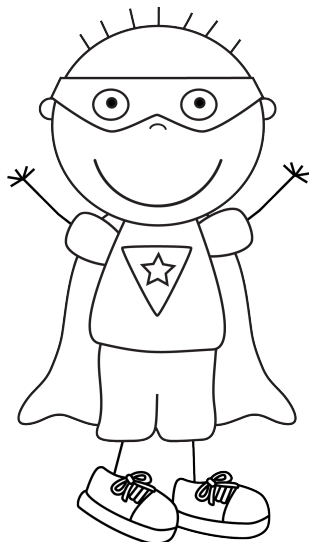
**I save people by
keeping people healthy.**



**I save people by
keeping people healthy.**



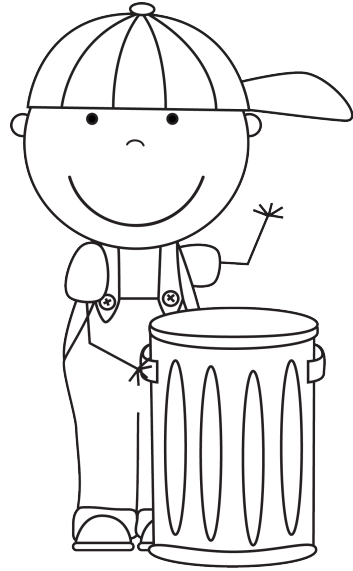
**I save people by
growing healthy food.**



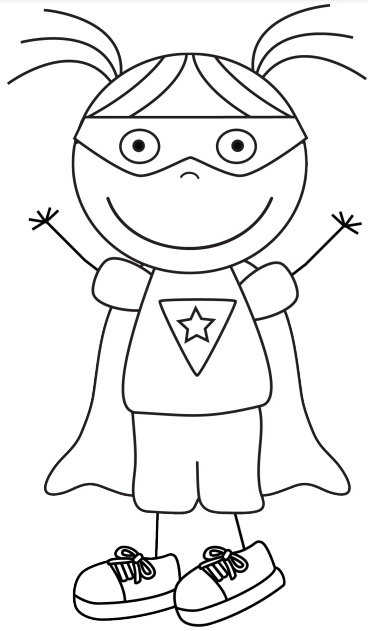
**I save people by
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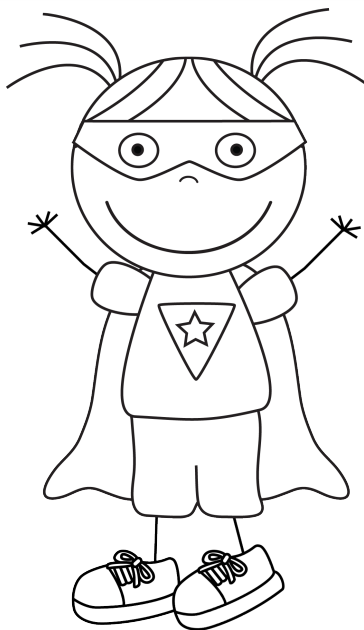
**I save people by
keeping Earth clean.**



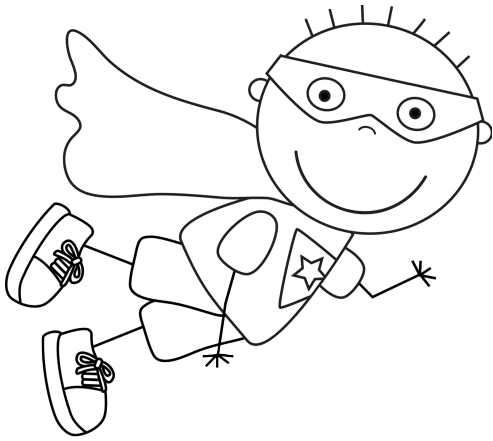
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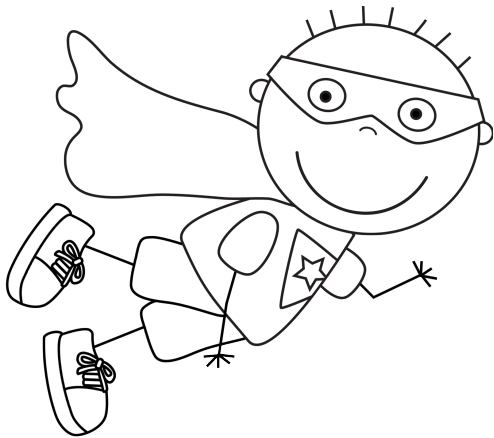
**I save people by
keeping people healthy.**



**I save people by
keeping people healthy.**



**I save people by
delivering important
news.**



**I save people by
delivering important
news.**



**I save people by
helping them learn.**



**I save people by
helping them learn.**



**I save animals by
keeping them healthy.**



**I save animals by
keeping them healthy.**