

JUNE 2016

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KILLARNEY GLENGARRY

THE OFFICIAL KILLARNEY & GLENGARRY COMMUNITY NEWSLETTER

JUNE 22
AGM
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Your KGCA

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 Association
 2828 – 28 Street SW
 Calgary, Alberta
 T3E 2J3
www.killarneyglengarry.com
 twitter / instagram @killarneyyycc
 403-246-6668
 Email: admin@killarneyglengarry.com

Community Association (noun): An organization of people and groups working for the common good of a neighbourhood.

This is your community – all are welcome.

Come down, get a membership, enjoy the wide range of facilities, join the board, volunteer, and make new friends of your neighbours.

If you have any questions or concerns, or would like to find out more about how you can participate in your community, call us at the hall at 403-246-6668. If we are busy flooding the rink or setting up for a community function, please leave us a message and we'll get right back to you.



Killarney-Glengarry Community Association Board of Directors

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Communications	Jill Dewes	comms@killarneyglengarry.com
imagineCALGARY	Joey Stewart	imagine@killarneyglengarry.com
Traffic	Naz Virani	traffic@killarneyglengarry.com
Playground	Chelsea Ince	playground@killarneyglengarry.com
Garden Coordinator	Kim Urabniak	garden@killarneyglengarry.com
Newsletter Editor	Renée Clark	news@killarneyglengarry.com
Facilities	Kyle Mendritzki	
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KILLARNEY GLENGARRY COMMUNITY



VISION STATEMENT

Together, let's build and live and thrive and love Killarney, and make it the best place in the world

KGCA Facilities KGCA Hall Rental Perfect for any function!

Your Killarney-Glengarry Community Association Hall is available for rental use at competitive rates, with preferred rates for KGCA members.

The KGCA Hall is a valuable resource for the citizens of Killarney-Glengarry. When you hold your birthday parties, special events, team parties, and group meetings there, you invest in your community.

Weekdays	(Monday – Thursday)
Non-members	\$35/hr (min 4 hrs)
Members	\$30/hr (min 4 hrs)
Weekends	(Friday – Sunday)
Non-members	\$55/hr (min 4 hrs)
Members	\$50/hr (min 4 hrs)

- A \$250 damage deposit is required to secure booking.
- \$75 janitorial fees charged on ALL bookings.
- GST will be added to all rental fees.

Renting the KGCA Hall is easy! Just call Lola at 403-474-3845 or email killarneyhallrentals@gmail.com.



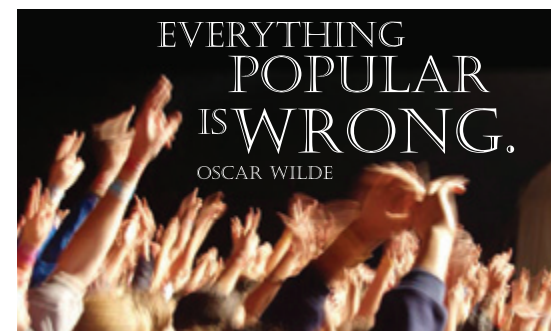
MESSAGE FROM THE KGCA BOARD

While we had summer temperatures in April and May, I hope this serves as your "official" welcome to summer! For all of us who participated in Re-Tree YYC, make sure you are watering your trees often to ensure their long life. With these hot temperatures (and very dry winter), they need some extra love and care this year. For more information on how to care for your new trees, visit Calgary.ca/trees.

Here are a couple other important notes for June:

- #GetMovingYYC is an awareness-raising campaign to get more Calgarians more active more often. On the weekend of June 18/19, The City of Calgary is challenging community partners to lead a walk in their respective communities. For more info visit: www.calgary.ca/CSPS/Recreation/Pages/getmoving.aspx
- The Killarney Hall will be hosting Park'n'Play again this year! Stay tuned for more details about this July event.
- Our Annual General Meeting will be held at the Hall on June 22 at 7:00pm this year. All welcome! Come along to the Hall at 2828 28th St SW to find out what the current Board has been up to in the last year, and see how you can get involved and have a stronger voice in your community. If you would like to enquire about joining the 2016/2017 board or one of our volunteer committees, please email our President for more information.

Have an excellent June, everyone! Don't forget to introduce yourself to some new faces in the neighbourhood.



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Happy 110th Birthday Killarney Glengarry

In this series we've talked about the boom years at the turn of the twentieth century and the dark days of World War I. The twenties brought hope, flapper dresses, short hair and shorter skirts for women when the 'Roaring Twenties' were in full swing. Life was good with wealth and excess until that fateful day on Black Thursday, October 29, 1929 when the stock market collapsed. This was the New York Stock Exchange's most serious blow since its inception on March 8, 1817.

It affected all the western nations for the next 10 years as the Great Depression. It was hell for everyone. The Canadian Prairies turned into a 'dust bowl' as the finest virgin top soil on the planet blew away on wretched winds up to a 100 kms/hr and reduced visibility to 1 metre (3.3' or less).



Monthly 'relief rates' varied from \$60/month in Calgary to \$19/month in Halifax for a family of five. Hopelessness stuck to the backs throats on a dusty

day. Worn out farm equipment was half buried along fence lines covered with mountains of tumbleweed. Anyone who could get a crop off faced collapsed prices.

In Killarney the baseball teams and the Booster Club kept people's spirits up. The Glengarry and Killarney Ratepayers Association (the forerunner to the Killarney Glengarry Community Association) did all



they could to help each other through the dark days of the Dirty Thirties. People fed each other at their backdoors - people worked hard to not let anyone go hungry - neighbours were crucial to helping each other survive.

And then something happened - it was subtle - no one realized what was really happening. Hitler's ideas were being heard. At first, no one could believe their ears and then when it became obvious what was happening to the Jews, Western Leaders had to make serious choices about going to war. Suddenly there was an energy that people could feel in their bones - the world was at risk - people coalesced around the idea that 'the western way of life needed to be defended'. Young men quickly signed up to go to war. People who were rejected because of health issues or those who were designated as needed for 'food production' felt left out.

It was a time of great opportunity for women, Belle Watt (1906 - 2002) who lived at 2404 - 26 St SW for many years told me that in 1939 she had five children, her husband was gone by then and she got a job as a crane operator. She loved the job - she could do it very well and the money went a long way to support her family. Women doing men's jobs were called Rosie the Riveters and they took their jobs very seriously. They worked darned hard and loved the opportunities.

But then in 1945 when the men came home from war, the women, who ran the country in their absence, were sent home so that men could have their jobs. Sadly, my Grandfather and Dad told me, most of the men who served in Europe were emotionally shattered after horrific mental and physical experiences. Governments were very anxious that these, mostly, young men would resettle by falling in love, get married, build a home and raise a family - essentially to make a normal Canadian life. To get them started, fifty



foot lots in Glengarry and Killarney sold for \$45.00 and not the \$1,250 asking price in 1913.

Suddenly the sleepy communities of Glengarry and Killarney were a hive of activity. Houses were built as pay cheques allowed. Building materials were bought on paydays, then stashed and used from pay cheque to pay cheque. Basements became homes and first floors were added over time making bedrooms as more babies came along. Kitchens upstairs were added last.

To complete the community, the streetcar was built along 17 Ave down 29 St and back downtown. New schools were built and the Community Hall, which was the old St Matthew's Church which was moved to its present location in 1914 was expanded to accommodate the growing neighbourhood.

Glengarry and Killarney have been in transition for more than a century. 2016 marks our 110th anniversary - imagine that! We are only guardians of the land for successive generations - we inherited it from those who came before us.

Drink a toast to Killarney and Glengarry for their patience and resilience 110 years ago and thank the people who planted our urban forest that we love today. Thank you City of Calgary and Killarney and Glengarry pioneers!

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Insect Trivia



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Richmond	K-6
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CSSD	
St. Thomas Aquinas	K-5
St. Gregory	6-9
Bishop Carroll	10-12
St. Mary's	10-12
Holy Name (FR)	K-6
St. Michael (FR)	K-9

IN & AROUND CALGARY

Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a nine inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends six feet out in all directions from the play area.

Water hazards


- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.



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The Royal Canadian Legion

Millennium Branch #289

2828 -28th Street S.W.
Entrance at southside of the hall
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NEW Hours of Operation
Friday: 4:00pm - 9:00pm
Saturday: 1:00pm - 9:00pm
Sunday: 1:00pm - 7:00pm

If you are looking for a venue for a small birthday or anniversary celebration, the Legion may be your answer. For more details, please leave your number at (403) 685-8820 and someone will get back to you as soon as possible.

killarneyglengarry.com

Editorial Content DEADLINE

1st

of each month for the next month's issue

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- SUMMER ROCK CAMPS

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Playgroup at the Hall for Kids!

Parents & Tots is a community-based drop-in program that is open to everyone! We are a playgroup that meets every Wednesday morning from 9am to noon. We have cars to drive, an arts and crafts table, and a bouncy castle! If you have a little one and are looking for an indoor activity in the cooler weather or need to connect with other parents in the neighbourhood, please come out and join us for some fun and conversation! There is a small \$2.00 fee per family to help with toy replacement and some craft materials.

Join Us!
**TOP REASONS
 To become a Member:**

- > BECOMING MORE CONNECTED TO YOUR COMMUNITY
- > GETTING TO KNOW YOUR NEIGHBOURS = NEW FRIENDS
- > HAVING A VOICE ON PLANNING AND DEVELOPMENT
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Name: _____
 Address: _____ Postal Code: _____
 Home Phone: _____ Email: _____
 Interests: (dance,soccer,etc.) _____

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The United Nations Sustainable Development Goals

On September 15, 2015, Countries adopted a set of goals to:

- end poverty
- protect the planet
- ensure prosperity for all.

This is part of a new sustainable development agenda. Each goal has specific targets to be achieved over the next 15 years - by 2030.

For the goals to be reached, everyone needs to do their part: governments, the private sector, civil society and people like us.

These are the Goals - easy to understand and very easy to act on. You're probably working on many of them right now. Over the coming months, we'll talk about how you can easily incorporate more of them into your daily life.

These icons were developed by the United Nations for use by everyone, everywhere - use them liberally to make your point.



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The worst form of inequality is to try to make unequal things equal.

Aristotle

your COMMUNITY BUSINESS OF THE MONTH

Kinetic Orthotics

Kinetic Orthotics focuses on collaborating with allied health care professionals to treat members of the community with orthopaedic and biomechanical dysfunction. Our mission is to educate and create awareness in the community by offering multi-disciplinary orthopaedic care in a positive environment that encourages personal growth and development.

Werner Lau, B.Sc. Kin, C.Ped. Tech (C), C.Ped (C), has been a practicing member of the orthopaedic allied health care profession since 2004. He developed a keen interest in lower extremity early in his career and became a Canadian Certified Pedorthist and Canadian Pedorthic Technician in 2009. As a member of both the Pedorthic Association of Canada and The College of Pedorthics of Canada, he continues to advance his variety of pedorthic skills including gait assessments, orthotic manufacturing, footwear modifications and high risk patient care.

Canadian Certified Pedorthists – C. Ped (C) – are foot orthotic and orthopaedic footwear experts. They are one of the few healthcare professionals trained in the assessment of lower limb anatomy and muscle and joint function. With specialized education and training in foot orthotics and footwear, Canadian Certified Pedorthists help to alleviate pain, abnormalities and debilitating conditions of the lower limbs and feet. Canadian Certified Pedorthists work with physicians, nurse practitioners and other healthcare providers.

At Kinetic Orthotics, our goal is to help patients achieve and maintain proper foot care and lower limb health so they can live healthy, active lives and ensure that we are accountable to the highest standards of practice. As a certified pedorthist and pedorthic technician, Werner is trained in the manufacturing, fitting and modification of foot appliances and footwear to assist in:

- Alleviating painful or debilitating conditions of the lower limb, such as plantar Fasciitis, heel pain, forefoot and knee pain.
- Accommodation of foot deformities.
- Re-alignment of anatomical structures.
- Redistribution of external and internal forces.
- Improvement of balance.
- Control of biomechanical function.

- Accommodation of circulatory special requirements.
- Enhancement of the actions of limbs compromised as a result of accident, congenital deformity, neural condition, or disease.

As an added unique benefit for our patients, our in-house laboratory allows us to extend our services to on-the-spot adjustments and modifications of orthotics, footwear and custom bracing, allowing for a more comprehensive and efficient service to patients.

Located in the heart of Killarney, Werner has established strong connections with the local community businesses in the area and is honoured to be serving this vibrant community. Please drop by to check out the clinic and ask any questions. Kinetic Orthotics is located on the second floor of the Killarney Medical Building, in the same building as Caffe Francesco, Model Land, and 4Cats Arts Studio. You can also look us up on Facebook and like us to get information to help you enjoy every step your feet take you!

Feet trying to tell you something?



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Insects & Technology

The Namib Desert's darkling beetle is the inspiration for a new idea to turn morning fog into droplets of water and will have the ability to provide enough water per day for survival of Namib Desert people. The beetle's body has little bumps that repel water, sending the droplets down his back into his mouth.



Discovery Magazine



Name	Age	Contact	Course
Andrea	24	403-465-0933	No
Anna	19	403-803-5823	Yes
Gabrielle	12	403-242-6688	Yes
Makenzie	18	403-796-7733	Yes
Melissa	25	902-393-3619	Yes
Nkiru	27	403-402-0777	No
Samantha	16	403-249-0581	Yes
Sheena	19	403-383-5348	Yes

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Summer is almost upon us and that means that Calgarians turn their eyes to one of the jewels in Alberta's crown: our natural environment.

When the thermometer cranks up in Calgary we look for ways to cool down. While some take to air conditioned movie theatres, others wander farmers markets in search of lemonade. Many however look outside the city to find an escape from the monotonous summer heat.

In Alberta we are privileged by the bounty of natural beauty right on our doorstep. From large natural parks right here in Calgary like Nose Hill and Fish Creek, to afternoon outings to Big Hill Springs, or day trips to Dinosaur Provincial Park and of course the abundance of parks and recreational areas throughout the Rockies and Foothills.

We protect them for our enjoyment today, but also to ensure that they are there for future generations. It would be a terrible thing if in 100 or more years from now, for people to look back and ask why we didn't do more to protect out fragile ecosystems.

The parks and protected areas of Alberta inspire people to discover, value, protect and enjoy the natural world and the benefits it provides for current and future generations.

Children who are exposed to the natural world take greater care of the natural world later in life. The learning that goes on in our wilderness teaches invaluable lessons, lessons that teach them to protect our watersheds, nurture our wildlife, and ensure that our natural bounty is here for the enjoyment of all, including the flora and fauna that grow and thrive there.

We as Albertans have inherited a world of transcendent beauty, let us make sure we do not spoil it. We may be the ones who live here now, the land is not ours, we are merely custodians of it for our children's children.

Get out there, enjoy and protect it Alberta's pristine wilderness. It's here for all of us and all future generations.

To learn more about our parks and how to access them, feel free to visit www.albertaparks.ca or give them a call at 1-866-427-3582.



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www.KentHehrMP.ca

Youth Employment

In late April I read an article on the CBC's website speaking to the plight of students in Calgary trying to find summer work. I printed this article to share with the different members of my staff and fellow MPs on Parliament Hill. Let me tell you why.

That first job for a student or youth entering the workforce establishes valuable skillsets and experience, and in some cases are the beginnings of a career. This first chance builds confidence and makes a strong impact on their ability to serve their communities and build the society that we all share and enjoy. Providing these opportunities for success is one of our most important responsibilities.

First of all, investing in youth jobs and opportunities is part of our plan to help the middle class and those seeking to join it. Our investments from Budget 2016 will help support young Canadians, including vulnerable youth, Indigenous Canadians, immigrants, youth with disabilities, single parents, those who have not completed high school and others.

We will help create thousands of new green jobs, more summer employment, participation in the Skills Link program and employment in the heritage sector.

We've **doubled** the Canada Summer Jobs Program (from 35,000 jobs to 70,000 for 2016, 2017, and 2018). This program invests in local non-profits, local government, and small businesses to hire youth over the summer months. Places like the Trinity Foundation, Kerby Centre and the YWCA receive grants for hiring these students. This program has a proven track record – employing some 330,000 students since its inception – and supporting local organizations in their work in the community.

This is part of our \$105 million commitment over five years, starting in 2016–17, and \$25 million per year thereafter in support for youth service.

Further to this, our government has created the Prime Minister's Youth Advisory Council to provide advice on key issues such as employment and education, building stronger communities as well as climate change and clean growth. Oftentimes I've found the best policies and ideas come from those you're seeking to help, and this is one part of this listening to those in our communities.

These are investments in Canada's future: we're going to help our youth find jobs and get the best start possible to their careers.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my e-newsletter.



COUNCILLOR, WARD 8 EVAN WOOLLEY

P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-2430

Neighbour Day

One of my biggest goals when running for office was to build, nurture and grow diverse and activated neighbourhoods. While all of our communities might look different, the thing that makes Calgary so great is the people who live here. Passionate and engaged Calgarians are found in every corner of our city and it's been awesome to meet so many of them in my role as your City Councillor so far.

Our inner city and established communities are not only diverse in age, gender, income and ethnicity but also in what they value in a city. These different perspectives are a big part of the constant dialogue surrounding how we make our neighbourhoods better. Personally, I think the best way to increase and improve our city is to get to know each other.

Neighbour Day is held every year on the third Saturday of June and is an opportunity for neighbours to come together. The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community. Whether you're having a front yard barbecue, a garden party, a street clean-up or setting up some games in a local park, I encourage you to be a part of the neighbourhood you want.

For every other day of the year, The City of Calgary offers a wide variety of community-based programs and special events for children, youth, families, adults and seniors across Calgary. There's a range of opportunities to take advantage of to help build strong and inclusive neighbourhoods where citizens are empowered, connected and involved.

Make Saturday, June 18 the day you get to know your neighbours! Visit calgary.ca/neighbourday for ideas to help you celebrate or contact my office at 403-268-2431 or ward08@calgary.ca for more information.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

YARD SALE: June 19, 10am-4pm. 2732 Richmond Road SW. Women's consignment clothing, books, large pictures, textiles, odds and ends. Lots of parking available.

DOG SITTER REQUIRED for a small toy poodle when the owners go away on vacation. Please contact Phillis at 403 251 2188.

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Killarney/Glengarry Real Estate Update

Last 12 Months Killarney/Glengarry MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
April 2016	\$687,400.00	\$660,500.00
March 2016	\$749,900.00	\$720,000.00
February 2016	\$585,900.00	\$565,000.00
January 2016	\$609,450.00	\$575,000.00
December 2015	\$725,000.00	\$677,500.00
November 2015	\$739,999.00	\$717,500.00
October 2015	\$694,900.00	\$675,000.00
September 2015	\$689,900.00	\$662,500.00
August 2015	\$725,000.00	\$715,000.00
July 2015	\$769,499.50	\$751,500.00
June 2015	\$699,000.00	\$688,500.00
May 2015	\$772,450.00	\$757,500.00

Last 12 Months Killarney/Glengarry MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
April 2016	15	10
March 2016	26	7
February 2016	14	3
January 2016	10	4
December 2015	8	9
November 2015	13	9
October 2015	16	6
September 2015	16	8
August 2015	21	9
July 2015	12	14
June 2015	17	17
May 2015	23	10

To view the specific SOLD Listings that comprise the above MLS averages please visit killarney_glengarry.great-news.ca

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