

# Kneading Doula Labor and Birth Doula Intake Form, Contract and Payment Agreement

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Partner's Name: \_\_\_\_\_

Telephone: Cell: \_\_\_\_\_

Partner's Phone: Cell: \_\_\_\_\_

Estimated Due Date: \_\_\_\_\_

Place of Birth: \_\_\_\_\_ Current Practice: \_\_\_\_\_

Date of Last Period: \_\_\_\_\_ Occupation: \_\_\_\_\_

Pregnancy #: \_\_\_\_\_ Birth #: \_\_\_\_\_

Previous Cesarean(s)\*? Y/N VBAC(s)? Y/N Multiples? Y/N

\*If YES, what type of incision(s)? \_\_\_\_\_

Any current complications? Y/N If yes, please explain:

\_\_\_\_\_

Any previous pregnancy complications? Y/N If yes, please explain:

\_\_\_\_\_

\_\_\_\_\_

History of abuse, sexual abuse or violence in your household? If yes, you may explain if you'd like. (This question is optional)

\_\_\_\_\_

\_\_\_\_\_

If you could write out your perfect birth experience, what would it be?

\_\_\_\_\_

What do you hope for your doula to add to your birthing and breastfeeding experience? \_\_\_\_\_

If you have a current partner, what do you hope their role will be in your birthing experience? \_\_\_\_\_

\_\_\_\_\_

How do you think they will support you in your goals?

\_\_\_\_\_

\_\_\_\_\_

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How do you respond to stressful situations?

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## Birth Doula Services Agreement

Kneading Doula Philosophy: I strongly believe in the body's ability to birth as nature intended; that our bodies are not broken and that we are capable of great feats of strength. I will encourage and recommend natural childbirth when physically possible, however I am not here to tell you that you cannot birth the way you feel you need to. I will advise you of risks and benefits to procedures and interventions. I will help facilitate communication between you, your partner (if applicable) and hospital staff to get the best evidence-based information available. I will not, however, judge you for your decisions or tell you what to do.

Outlined below are all of my services, a listing of what I cannot provide to your family, an agreement to absolve liability in all situations as well as an outline of my fees for birth doula services. If you are interested in adding on other services, such as placenta encapsulation, childbirth education or postpartum doula services, please inquire at the initial consultation or first prenatal meeting. I currently offer discounts for multiple services when booked and paid in full by 36 weeks gestation (placenta encapsulation fee due in full at time of booking), a military family discount as well as potential sliding scale fees for those who fill out the Financial Need application and can furnish proof of current wages or receipt of social services such as Food Stamps, Temporary Assistance for Needy Families, Section 8 Housing vouchers of current documentation of shelter residence.

Services Kneading Doula Birth provides for birth doula packages:

- Non-medical pregnancy education, information and discussion on topics that include, but are not limited to: pregnancy health and diet, routine pregnancy tests and procedures, induction of labor, cesarean sections, birth interventions and analgesia, routine newborn procedures, elective infant circumcision, breastfeeding and newborn parenting.
- Access to borrowing library of parenting, childbirth and breastfeeding books,
  - DVDs and VHS tapes.
- 1 free initial birth consultation.
- 1 to 2 prenatal meeting(s) as needed or as time will allow.
- 1 birth planning session to discuss hospital protocol and birth wishes.
- On-call phone and email support after the 37th week of pregnancy begins.
- Remaining on call 24 hours a day for labor or birth from 37 weeks to 42 weeks gestation.
- 24 consecutive hours of in-person labor support during active labor phase.
- Attendance after birth for 1-2 hours to establish bonding, breastfeeding and give recovery tips.

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- On-call phone and email lactation counseling for 4 weeks following the birth of the baby and in-person meetings as needed (in home or at Jessica Kebaili's office.)
- Daytime and limited night time phone and email support for 6 weeks following the birth of the baby.
- One final follow up meeting between 1 to 6 weeks after the birth of your baby.

**\*\*Included Three 90 minute massages on a bi-weekly schedule 36 and 38 weeks of pregnancy and one postpartum massage\*\*** *Note every additional purchase of massage you receive at Kneading Doula it will be discounted for birth service or massage therapy in the office every bi weekly visit for massage services will be discounted. Please indicate which is your preference: **Discounted Birth Services or Maternity massage discount plan (Circle one )***

Services Kneading Doula Birth Services **does not provide for birth doula packages:**

- Any type of medical care, diagnosis of illness, prescription of any sort of substance, cervix checks, fetal monitoring, administration of medical, any type of medical care for your baby or any monstrance services.
- Child care or nanny work. Jessica strives to provide families with the tools to care for their own children safely and happily. Please visit care.com for child care.
- Any guarantee of an unmediated or vaginal childbirth. Doulas provide planning and education for families to make informed choices while understanding that there is risk involved in any facet of the birth process.
- Any psychiatric services, counseling or mental health assistance. Jessica Liu-Kebaili, Kneading Doula does use a numerical scale to refer out to mental health professionals for risk of Postpartum Mood Disorders, but does not provide any diagnosis or treatment.
- Any type of childbirth medical care, including "catching" of the baby. Jessica Liu-Kebaili, Kneading Doula is not responsible for any birth outcome.
- Assistance for families who choose to have an Unassisted Childbirth or "Freebirth."

At this time, this is a liability that limits Jessica Kebaili ability to attend these planned births.

**By signing this contract, you agree to the following (initial):**

\_\_\_\_ I understand that the \$100.00 deposit paid at first prenatal is non-refundable under any circumstance.

\_\_\_\_ I understand that my bill for services must be paid in full by 36 weeks gestation

(Unless other arrangements are made) in order for Jessica L.Liu-Kebaili to be on call for my labor and childbirth. If my bill is not paid, Jessica L.Liu-Kebaili will not attend my birth and I will not be entitled to any type of refund.

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\_\_\_\_ I understand that Jessica L.Liu-Kebaili cannot provide any type of medical care to myself and/ or my baby and that she cannot be held liable for any birth outcome.

\_\_\_\_ I understand that if it appears that labor is going forward too quickly to make it to the Labor and Delivery ward, I am giving Jessica L.Liu-Kebaili permission to call 911 and request ambulance assistance to my home. If I am birthing at home, I give Jessica permission to call my attending midwife immediately.

\_\_\_\_ I understand that Jessica L.Liu-Kebaili cannot attend planned Unassisted Childbirths under any circumstances. If it appears that I am not planning on having my care provider come to my home (home birth) or that I am not planning on going to the hospital/birth center to give birth, Jessica L.Liu-Kebaili reserves the right to leave the premises immediately. **I will not be entitled to any type of refund.**

\_\_\_\_ I understand that Jessica L.Liu-Kebaili can provide me with lactation counseling services within the scope of a CLC but she will not provide any type of clinical or medical services. She will remain as hands off as possible.

\_\_\_\_ I understand that I am to call Jessica when I believe that I am in labor in order for her to attend my birth. She will provide triage over the phone so we can decide when it is best for her to arrive at my home or the hospital. I understand that Jessica has up to 2 hours to arrive at my home or the hospital from the time she is called in due to circumstances beyond her control such as unfavorable weather.

\_\_\_\_ I understand that if Jessica cannot attend my birth, her backup doula will attend in her place and I will not be entitled to a refund unless the backup doula is unable to come to the birth, either. If this occurs, I will be entitled to up to 35% of my total paid fee.

\_\_\_\_ I understand that Jessica L.Liu-Kebaili reserves the right to leave the premises immediately if she is subjected to any form of physical violence or emotional abuse from myself, my partner, my family or any of my visitors. I will not receive any refund whatsoever.

I, \_\_\_\_\_, agree to all of the above terms.

Signed (gestating person): \_\_\_\_\_ Date: \_\_\_\_\_

Signed (partner): \_\_\_\_\_ Date: \_\_\_\_\_

Signed (doula): \_\_\_\_\_ Date \_\_\_\_\_

## Payments and Agreement

- Kneading Doula charges a fee of \$ \_\_\_\_\_ for the birth doula package.
- \$100.00 of this fee is a non-refundable deposit, paid upon first prenatal visit.

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- the remainder of the fee, \$\_\_\_\_\_, is due by 36 weeks gestation in order to ensure that Jessica L.Liu-Kebaili will attend my labor and birth. Without this fee paid in full, I will not be guaranteed a birth doula during my labor as Jessica will not be on 24 hour call.
- Refunds will only be granted before 36 weeks gestation, if I decide that I no longer wish to have a birth doula (minus fees for first prenatal visit and non-refundable \$100.00 deposit) OR if Jessica L.Liu-Kebaili and her backup doula cannot make it to my birth (I will be entitled to up for 35% of my fees returned.) No refund will be given if birth outcome is not as anticipated. If a situation does arise where I qualify for a refund, I may also choose to put up to 50% of my refund towards another service that Kneading Doula offers.
- If Jessica L.Liu-Kebaili cannot make it to my birth and I decide that I do not want to use her backup doula, I am not entitled to any refund of my paid fee.

\_\_\_\_ Check here if you would like to donate to the **Pay It Forward fund**, which helps cover basic costs for birth and postpartum doula services for very low income families or low income single mother households. I would like to add a donation of \$\_\_\_\_ to my bill.

I, \_\_\_\_\_, agree to all of the above payment terms.

Signed (gestating person): \_\_\_\_\_ Date: \_\_\_\_\_

Signed (partner): \_\_\_\_\_ Date: \_\_\_\_\_

Signed (doula): \_\_\_\_\_ Date \_\_\_\_\_

## Payment schedule

Deposit paid (first prenatal):

Remainder of payment(s):

Prenatal Massage Discounts

Receipt sent: