

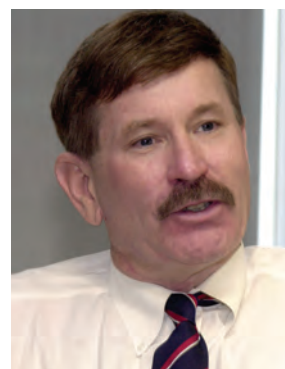


WellStar College of Health & Human Services
 Kennesaw State University
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WellStar College of Health & Human Services

excellence

- service
- leadership
- teaching innovations
- scholarship
- wellness



The Dean Speaks

Dr. Richard L. Sowell, PhD, RN, FAAN

Everyone at the University looks forward to the summer and what is hoped to be a little slower pace. However, at the WellStar College of Health and Human Services, it would be hard to tell that the summer is here if it weren't for the heat. As we begin another academic year, I find myself asking where did the summer go and what did we accomplish? I don't know that I have the answer to where the summer went, but I am proud to report about what we have accomplished since our last newsletter.

We have continued to make progress in the development of the plans for the new Health Science Building. We have welcomed a new Associate Dean, Dr. Laurie Tis, and Dr. Mary de Chesnay as the new Director of the School of Nursing; both women come to KSU and our college with many years of academic experience. The School of Nursing has fully implemented the nursing satellite program in Jasper, Georgia, while graduating the largest number of pre-licensure nursing students in Georgia. We have graduated our first class of students in the Masters of Social Work Program. The Health, Physical Education and Sport Science Department admitted in August, 2008 its first class into the new Masters in Applied Health and Exercise Science degree program. Many of these accomplishments and additions to the administrative team are highlighted in this issue of "Excellence."

Clearly, there are many exciting things happening in the WellStar College. My challenge continues to be determining which of the many achievements of our faculty and staff to share with you. However, there is one area in which the WellStar College is taking leadership and making major contributions not only to the KSU community, but also to the international community. Our global partnerships and initiatives are growing in number and significance.

The WellStar College's Global Center for Social Change is the focus for many of our international partnerships. Under the direction of Dr. Ben Johnson, Associate Dean for Community Partnerships and Global Initiatives, the WellStar College is increasingly being recognized for its efforts in the area of development through disability sport and the use of sport for peace. This year, the University, through the work of the Global Center for Social Change, has signed partnership agreements with the University of Alexandria and the Helwan University (two major universities in Egypt) and with the Egyptian Sports Authority. These partnerships, in conjunction with the KSU Global Institute, are focused on developing programs and student learning opportunities in the Middle East and are built on previous work of Dr. Johnson who has received grants from the U.S. State Department to develop cooperative programs with Egypt and other middle-eastern countries to promote disability rights through sport.

During May and June, the WellStar College was honored to host two high-level delegations from Egypt. I had the personal pleasure of visiting Egypt and observe the outstanding spirit and commitment of our Egyptian colleagues. Currently, a group of the faculty in the School of Nursing is working collaboratively with Egyptian colleagues in developing continuing education programs in the area of diabetes; the programs will be offered in Egypt later this year. Adding to the momentum, we are pleased to report that Dr. Ibrahim Elsayw from Alexandria University has joined the Global Center for Social Change as a visiting professor for the 2008-2009 academic year. Additionally, Ms. Waala Compton has joined the Global Center to take leadership in developing the Academy of Women's Leadership. During this year, the Global Center is poised to implement two programs focusing on disability rights through sport in South Africa and the Middle East. These initiatives are funded by the U.S. State Department.

Dr. Mitchell Collins, Chair of the HPS Department, and Dr. Bernie Goldfine, HPS Professor, in collaboration with the University of California-Long Beach and two universities in Brazil, continue to successfully implement the Fund for Improvement of Postsecondary Education (FIPSE) grant to develop a cross-cultural, educational and environmentally-based model for advancing solutions concerning youth obesity. Dr. Goldfine will be spending the fall 2008 semester in Florianopolis, in southern Brazil, at the Universidade Federal de Santa Catarina. Moreover, during

...the College, through its faculty members, is making a global difference.

Kennesaw State University, a unit of the University System of Georgia, is an equal educational employment opportunity institution.

give

The give Back Page provides you, the reader, with an opportunity to sustain the types of programs that have been highlighted in this edition of Excellence. It's your choice! Your donation can be directed to a specific program, as mentioned in this publication, or you may choose to support the overall mission of the college.

Why give? Imagine a world without a nurse to greet you at a hospital, a social worker to shepherd the safety of a young child, a health educator providing diabetes literacy.

Contributions are tax deductible to the full extent of the law.

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Mission

- Produce quality graduates for employment in the broad-based fields of health and human service including exercise and health science, health and physical education (P12 Certification), nursing, public administration, public and social services, and sport management.
- Serve as a resource center for health promotion and wellness activities for the campus community.
- Provide outreach to the surrounding community in matters of health and human service.
- Promote interdisciplinary collaboration among the units of the College as related to curriculum, scholarship, and special initiatives, in keeping with the health and human services focus.

Departments & Centers

- School of Nursing
- Health, Physical Education, & Sport Science
- Human Services, Wellness Center
- Global Center for Social Change

Thank you for your generous support!

The Dean Speaks • Inside This Issue

New Associate Dean • Nursing Practicum

Inside this Issue

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The Dean Speaks (continued from pg. 1)

Maymester, the HPS department offered in collaboration with the University of Pretoria, SA a course on Sport Governances. A faculty member and five students from the University of Pretoria were hosted at KSU facilitating this joint course offering.

A number of other faculty members within the WellStar College actively supported the University's goal of educating citizens for a global society. Dr. Carol Holtz, Professor of Nursing, completed her 13th year of taking nursing students to work and learn in Oaxaca, Mexico. Dr. Louise Bill, Professor of Social Work Administration, organized a service learning course with human service/social work students to rural Argentina. Drs. David Bennett and Genie Dorman worked in Cuernavaca, Mexico, establishing a new study abroad site for graduate nursing students, with plans to implement in summer semester, 2009. Additionally, members of the

WellStar College contributed to the XVII International AIDS Conference that was held beginning of August, 2008, in Mexico City. Drs. Ping Johnson and Jin Wang provided the College a presence in Beijing, China, during the 2008 Olympic Games.

The WellStar College continues to increase its contributions to the education, health and welfare of Georgia citizens. Yet, while making outstanding contributions at home, the College, through its faculty members, is making a global difference. Our international partnerships and presence seek to bring about understanding, cooperation, and positive relationships around the world. Through such efforts, we enhance the education and opportunities we offer to our students, our faculty, and our community. We feel we are truly making a difference and promoting EXCELLENCE in education, research, and community service.

Continuing Education Courses for Professional Development

Kennesaw State University is committed to facilitating continuing education for life-long learners. Courses are available in leadership, service, and professional development for the health care community, blending the success of academia and clinical practice. Academic support for these programs draws on the expertise of the university faculty, as well as expert practitioners from the local health care systems.

Nurse Refresher Course	Online, March and September
Nurse Refresher Course	On-campus, May and December
Critical Care Nursing	March and September
Getting into Diabetes	September
Nursing in Faith Communities	January

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WellStar College of Health and Human Services Welcomes a New Associate Dean of Academics, Sponsored Programs and Technology

Dr. Laurie Tis has joined the Wellstar College of Health and Human Services as the Associate Dean of Academics, Sponsored Programs, and Technology. She has earned her doctorate in Sports Medicine at the University of Virginia in Charlottesville, VA. She comes to us from Georgia State University where she was appointed as the Coordinator of the Graduate Sports Medicine Program, the Coordinator of the Musculoskeletal Injury Research Laboratory, and as the Associate Professor of Sports Medicine, dedicating 15 years of service. Dr. Tis developed and coordinated the doctoral program in physical rehabilitation sciences at GSU. She is the author of dozens of professional articles, manuscripts, book chapters and book reviews that appeared in scientific sports and health publications.

Throughout her academic career, Dr. Tis has secured well over a million dollars in external funding, primarily supporting graduate

assistant athletic trainers from local universities and high schools, as well as funding instructional equipment and research projects. In addition, Dr. Tis is involved in legislative and fund-raising campaigns directed toward research efforts and prevention of athletic sudden cardiac death.

Dr. Tis serves as an executive board member of Wild and Water Swimming, Inc., a non-profit organization teaching swimming and water safety to the economically-disadvantaged youth in metro Atlanta and providing access to competitive swimming in elite leagues to interested youth. Dr. Tis is a Certified Athletic Trainer from the National Athletic Trainers Association, a Licensed Athletic Trainer from Georgia Board of Athletic Trainers, and a Red Cross Professional Cardiopulmonary Resuscitation Emergency Responder. Welcome, Dr. Tis!

International Experience – Nursing Practicum in Oaxaca, May 2008

Dr. Carol Holtz, Professor of Nursing and Course Coordinator, along with Dr. Astrid Wilson, Professor of Nursing, took a group of 12 student nurses to Oaxaca, Mexico, during Maymester (May 3-18), 2008. This was the 13th year that the Nursing Practicum course was offered as a 3 credit-hour nursing elective. Students and faculty traveled together leaving Atlanta, changing planes in Mexico City, and arriving in Oaxaca after a long day. They brought money that the KSU Student Nurses Association collected from bake sales and 13 boxes of donated medical supplies to give to the local



Nursing Practicum students at the Monte Alban Pyramids, 1st row L. to R.: students, Vanessa Moser, Amanda Nichols, Veronica Wells, Elizabeth Galland, Dianne Day; 2nd row L. to R.: student, Jennifer Barger; Dr. Robert Markum-local archeologist; Dr. Carol Holtz, Course Coordinator and Professor of Nursing; students, Keva Smith, Kathryn Cummings, Kelly Vincent, Amber Clarke, Amanda Nichols, Linda Besserer; Dr. Astrid Wilson, Professor of Nursing.

healthcare community. In addition, students personally donated food, diapers, medical supplies and money to needy individuals and organizations, including the Department of Health for the State of Oaxaca, and to Coesida, the state's HIV/AIDS organization.

Students lived individually with local middle-class families, worked one week in the Hospital Civil, Oaxaca's inner city hospital for indigent patients, as well as in the Hospital de la Niñez, the main state-referral pediatric hospital. During the week, after a busy day at the hospitals, the evenings were filled with conversational Spanish lessons given by faculty from University of Oaxaca, and trips to Plaza de la Constitucion de Oaxaca (Zocalo) where students could enjoy shopping and

listening to local music. Weekends were full of local cultural activities such as the Folkloric Ballet and dinner, excursions to the Monte Alban Pyramids and visits to local villages to see crafts, woodcarvings, tapestry weaving and black pottery making.

Students are presently writing their papers for course completion and recalling how this experience has changed their perspectives on their own lives, never having the same attitudes again. They



Students with instructors at the Health Department, in Oaxaca, Mexico. 1st row, L. to R.: Dr. Astrid Wilson, Professor of Nursing; students: Susan Besserer, Veronica Wells, Vanessa Moser, Amanda Nichols, Candace Dobson, Elizabeth Gallard; Dr. Carol Holtz, Professor of Nursing. 2nd row, L. to R., students: Jennifer Barger, Dianne Day, Keva Smith, Kelly Vincent, Kathryn Cummings, Amber Clarke.

brought back a richer perspective of language and culture, a perspective that will be extremely useful in their future nursing employment.

Future expansion of this course and to provide this valuable experience to more students is planned as funding will allow.

● International Experiences

Social Work Professor and Students Study and Provide Help in Argentina

This summer, Dr. Louise Bill, Professor of Social Work Administration at KSU, returned to Seclantes, a small artisan village located high in Argentina's Andes mountains. During her last year's visit that was featured in the fall, 2007 EXCELLENCE, Dr. Bill met and worked with Seclantes' community leaders to establish groundwork for developing a microenterprise in order to increase the resources of the community.



Dr. Louise Bill, Professor of Social Work Administration, returns to Argentina!

This summer's trip was a sequel to Dr. Bill's first visit. Thirteen graduate and undergraduate social work students accompanied her to learn and begin a project to improve Seclantes' community economy. This time around, Dr. Bill and the students stayed as guests of Senor Adban, a Seclantes resident, and his family. The service and academic components of this trip were to demonstrate to

students how theory, knowledge and skill come together with service to build community capacity and sustainability.

The students decided to draw upon the artistic weaving skills of the community artisans and to build community capital. Using their technological skills, students began brainstorming different ways to approach this issue and chose to create a web-site through which the artful wares could reach a bigger audience. Because community involvement is fundamental to community intervention, as a first step, the students needed to build relationships with the artisans. Students visited village artisans and discussed their participation



Katie Pece, a Human Service student, with Pepe, the young llama.

in the project. Susan Chase, President of the Susan Chase Educational Foundation and co-sponsor of the trip; Sara Porter, human services student; Luis Tochada, tour guide; and Senor Fido Adban, community leader and KSU group's host, were interpreters helping students communicate. The conversations also turned to the artisans' every-day lives and their struggle to provide food for their families. But the artisans also spoke about their happiness and gratitude for what they had - for their family, community, the

Brealito Lagoon in the background. These are the students and Dr. Bill about a quarter of the way up the mountain to the cave paintings. After viewing the llama paintings and taking a time for quiet reflection of the beauty around us, we participated in a ceremony honoring the Pachamama (Earth Mother). From right to left: the daughter of the director of the Chase Foundation (and a translator) Keisy Chase, Sharley Cook, Megan Dorris, Virginia Larry, Dr. Louise Bill, Grace Montgomery, Jacob Namyanik, Gartrell, Leoleen Yates, Sarah Porter, Katie Pece, and our tour guide (and translator) Luis Touceda. (Fido took the picture.)

mountains, and the simplicity of life that most Americans can hardly imagine.

The next day, following the visits, seven out of nine artisans wanted to take part in the entrepreneurial project. Exquisite weavings of table mats and runners, shawls, purses, belts and an array of hand-made organic items were arranged, and photographs were taken. The students' commitment was to not only create a website, but also to find a host and identify relevant links to increase the visibility of the artwork. But there was much more to be accomplished, including how to get the profits to the people, keeping accurate



records, training the artisans about financial management, planning and time-management to produce the weavings, etc. Senor Luis Tochada, KSU group's travel guide who has earned a master's degree in community planning, obtained a commitment from the University of Salta, in Salta, Argentina, a commitment that would take the project

through the next steps so that the hope to increase artisans' sales would become a reality. A critical element that the students heard over and over was that many people came in the past, making promises to help improve their lives, but none have followed through on their commitments. "Not on our watch!" the students replied. The website is in progress and on time. It will be completed this fall semester.



● Making a Global Difference

Global Center for Social Change 'Gets Global'

The Global Center for Social Change, directed by Associate Dean, Ben Johnson, has rapidly accelerated KSU and the WellStar College of Health and Human Services onto the global scene. Through its broad and ever-expanding international network, the Center is rapidly becoming a major player in disability rights, women's leadership, health and wellness, and the sports movement in Egypt and beyond.

Dr. Johnson submitted two federal grant applications to the US Department of State in early 2008, targeting international projects in disability rights. He was successful in acquiring funding for both, thereby enabling the Global Center to work in South Africa and the Middle East. Each project is utilizing disability sport to shed light on the rights and needs of persons with disabilities in the respective countries.

In the case of South Africa, the Global Center will be working with faculty from the University of the Witwatersrand and Stellenbosch University to reveal the needs of and to provide



These young swimmers were practicing their strokes at the Cairo Sporting Club when Drs. Sowell, Johnson and Stern visited that facility.

opportunities for youth with disabilities in the townships around Johannesburg and Cape Town. Young people with disabilities in the townships are virtually invisible in society and are among the most underserved population on the globe.

The Middle East project, in partnership with local Non-Governmental Organizations, will engage women in promoting rights and opportunities for persons with disabilities in the Middle East. Women and disability sport leaders will be engaged to take on leadership roles in ensuring that persons with disabilities are afforded the same societal opportunities as the able-bodied population. The project will culminate in a national disability sport

and cultural festival highlighting the capabilities of persons with disabilities in sport, physical activity and the arts.

The Global Center's ongoing work in Egypt through its past and current grant funding was further solidified following a visit in March to Egypt by Dean, Dr. Richard Sowell; Global Center's Director for Development, Harry Stern; and Dr. Johnson. During the visit to both Cairo and Alexandria, several significant partnerships were forged with Egyptian institutions and organizations to further compliment Dr. Johnson's long-standing partnership with the Egyptian National Paralympic Committee. The College delegation met with several notable leaders including the Vice-Minister of Higher Education, the Presidents and/or Vice-Presidents of Alexandria University, Helwan University and Ain Shams University. In addition, very fruitful meetings were held with the Board of Directors of the Egyptian University Sports Federation, Wayana International Foundation, and the Consortium of Special Needs NGOs in Alexandria. Under Dr. Johnson's leadership, KSU has since signed memorandums of understanding (MOUs) with Alexandria University, Helwan University, the Egyptian University Sports Federation and Wayana International Foundation. It is expected that an agreement will be signed with Ain Shams University in the late fall of 2008 or early spring, 2009. The University-to-University MOUs provide comprehensive opportunities for each university, thereby enabling any department or college of the University to work with the other in the area of exchanges, projects, research and educational programs.

According to Dr. Johnson, "The goal of the Global Center for Social Change through its significant and ever-growing relationships in Egypt is to expand first into the Arab world and Middle East and eventually into Sub-Saharan Africa. We view and respect our Egyptian partners as leaders in the Arab world and, through our unique bond, hope to influence disability rights and women's leadership in the region. As we further develop our budding relationships with South African universities, it is our long-term plan to also work from the southern region of Africa toward North Africa, including Egypt and its neighbors to the west, as there are a multitude of social needs on the African continent."

Kennesaw State Forges Unique Sports Partnership with Egyptian Universities

Kennesaw State University is entering into a partnership with the Egyptian University Sports Federation (EUSF) to advance sport, physical activity and recreation opportunities for persons with disabilities in Egypt and other countries. KSU President, Daniel S. Papp, signed the agreement with Dr. Essam El-Helaly, general secretary of the Egyptian University Sports Federation, in June, 2008, at Kennesaw State University.

The agreement establishes an exchange of students, faculty and staff, as well as institutes joint programs and conferences in the fields of health, physical education, exercise and sport science.

According to Benjamin Johnson, Associate Dean for Community Partnerships and Global Initiatives in the WellStar College of Health and Human Services and Director of the Global Center for Social Change, KSU plans for this October to collaborate with the Egyptian organization in programs aimed at youth sports education, expanding sport opportunities for persons with disabilities.

An exchange of 20 Egyptian youth with disabilities is planned for this fall, allowing them to come to KSU for leadership training in partnership with BlazeSports America, a non-profit organization

● International Training

Kennesaw State Forges Unique Sports Partnership (continued)

which provides training, competitions, summer camps and other opportunities for youth and adults with disabilities.

The EUSF, in partnership with KSU and Paralympic bodies, hopes to establish a major international championship for university athletes by 2010.

Nurses SOAR! in Lesotho – Associate Professor of Nursing Volunteers as a Mentor in Africa

Georgetown University School of Nursing and Health Studies in Washington, DC, is the recipient of an award from the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), administered by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA).

The overall goal of the grant is to strengthen the clinical and professional leadership capacity of nurses in three Southern African countries to provide HIV/AIDS services. Nurses SOAR! (Strengthening Our AIDS Response), a program that evolved from the funding, is currently active in South Africa, Lesotho and Swaziland. SOAR! targets nurse clinicians, educators, and managers across a spectrum of settings who contribute to the provision of HIV/AIDS prevention, care and treatment.

The Association of Nurses in AIDS Care (ANAC) provides logistical support for the Knowledge Building and Clinical Mentoring component of the program. ANAC raises awareness among its members of mentorship opportunities and conducts the initial screening process for persons expressing interest in pursuing these opportunities. ANAC also facilitates arrangements for mentor trainings, but Georgetown University School's of Nursing and Health Studies faculty select the mentors, provide the mentor training, and oversee and evaluate the mentorship activities.



Typical housing found in the countryside around Lesotho, southern Africa, where Dr. Barbara Blake, Associate Professor of Nursing, served as a mentor of Nurses Soar! to promote HIV prevention and treatment in Africa.

As a member of ANAC, Dr. Barbara Blake, Associate Professor in the WellStar School of Nursing, applied to serve as a mentor in early fall, 2007. Dr. Blake made the decision to volunteer because she wanted to share her expertise in community health nursing and HIV/AIDS with international nurses involved in this project. She also believed that the experience would make her a better nurse and teacher. Shortly after applying, Dr. Blake was invited to attend the first mentor orientation that was held at ANAC's annual convention in November, 2007.

The Kennesaw State/Egypt connection stems partly from relationships Benjamin Johnson, who is also a professor of health, physical education and sport science at KSU, and Carol Mushett Johnson, Executive Director of BlazeSports America, have forged throughout the years.

In early spring, 2008, Dr. Blake was asked if she would be interested in going to Lesotho as a mentor. Lesotho is a developing country located in southern Africa. It is a landlocked country and enclave -- entirely surrounded by the Republic of South Africa. According to the 2006 Census, Lesotho has a population of approximately 1.881 million; 23.8% of the population live in urban areas and 76.2% live in rural areas. Lesotho has been severely impacted by the HIV/AIDS epidemic. According to recent estimates, the prevalence of HIV is about 29% -- one of the highest in the world. In 1990, the life expectancy in Lesotho was 45.9 years; however, because of HIV/AIDS, the life expectancy dropped to 42 years in 2006.

On May 23, 2008, Dr. Blake left with three other mentors for Lesotho. The other mentors included Dr. Donna Taliaferro, Associate Dean of Research at Barnes Jewish College of Nursing, St. Louis, MO; Dr. Rebecca Carr, Assistant Professor, University of South Carolina Upstate, Greenville, SC; and Dr. Robert Dodge, Assistant Clinical Professor, University of North Carolina School of Medicine, Raleigh, NC. These four mentors were the first to be sent to Lesotho by Georgetown. The mentors were housed in Maseru, the capital of Lesotho, but worked primarily in Roma, a city about 21 miles southeast of Maseru.

In Roma, Drs. Blake and Taliaferro worked with nursing faculty from the National University of Lesotho (NUL). At NUL, they reviewed nursing curriculum for HIV content, provided in-services to faculty on HIV-related topics, and provided mentoring on writing for publication. In addition to working with the faculty from NUL, Drs. Blake and Taliaferro worked with three nurses who operate the Lesotho Nurses Association's Wellness Center. The center is a Becton-Dickinson's and International Council's of Nurses initiative to provide health and wellness services to healthcare providers working on the front lines in Lesotho. It opened in November, 2007 and is located in Maseru. While working with the center's nurses, Drs. Blake and Taliaferro, helped with the development, implementation, and evaluation of two workshops. The first workshop was Post Exposure Prophylaxis (PEP) and the second was Behavioral Change and Communication.

Dr. Blake worked in Lesotho as a mentor for Project SOAR! from May 26 – June 20, 2008. She describes Lesotho as a beautiful mountainous country and the nurses were incredibly receptive to her as a mentor. According to Dr. Blake, this experience has affected her personally and professionally. This experience

● International Exchange

Nurses SOAR! in Lesotho (continued)

allowed Dr. Blake to see the HIV/AIDS epidemic in Africa first hand. She states that it will influence how she approaches teaching about HIV/AIDS and culture in the future. It also made her realize the importance of addressing the HIV/AIDS epidemic from an international perspective. She believes the world will continue to lose ground in the battle against HIV/AIDS if countries like Lesotho do not receive ongoing support from other countries. It is the nurses in Lesotho that have close connections with the community and who persons in the community seek out for advice. Therefore, her experience has also led her to believe that

US-Brazil Consortium

US-Brazil Consortium, funded by the U.S. Department of Education and the Brazilian Ministry of Education, begins the formal exchange of students and faculty. KSU is hosting two Brazilian students, Marcelo Figueiró Balde (Universidade Federal de Santa Catarina, Florianópolis SC) and Natália Barros Beltrão (Universidade de Pernambuco, Recife PE). Currently, students at KSU are preparing for study abroad next semester. Dr. Bernie Goldfine is a Visiting Professor during fall semester at the Universidade Federal de Santa Catarina, where he is working with Dr. Markus Nahas. All students who are selected for this program

nurses should take the lead in helping to decrease the number of new HIV infections and increase the quality of life for people living with HIV. Dr. Blake was honored to have the opportunity to work with the nurses in Lesotho through Nurses SOAR! and continues to interact with several of them via the Internet. There is a lot of work to be done regarding HIV/AIDS prevention and treatment in Africa, and she hopes that Georgetown continues to be funded so that the program can continue. If the opportunity to go to Africa and function again as a mentor through SOAR! arises....Dr. Blake says she would just ask.. "When do I leave?"

will take health sciences courses during their semester abroad; additionally, students will be involved with investigating the ecological model of obesity, i.e., what cultural factors tend to promote or ameliorate obesity.



Dr. Markus Nahas, UFSC (left) and Dr. Bernie Goldfine, Professor of Health, Physical Education and Sport Science, at the Universidade Federal de Santa Catarina.

Sport Governance from an International Perspective

Dr. John David Johnson (Department of Health, Physical Education and Sport Science) and Mr. Sálmar Burger (Department of Biokinetics, Sport, and Leisure Sciences, University of Pretoria) co-taught an international sport governance course during Maymester. KSU and the University of Pretoria, South Africa, have a formal agreement for collaboration including faculty exchanges, research and student study abroad. Five South-African students traveled from Pretoria, SA, to KSU to study sport governance with KSU's Sport Management students. The team-led course explored the

governance of various sport organizations ranging from professional and Olympic to youth sport organizations. The class offered students the opportunity to explore the similarities and differences between South African and American sport governance. In addition, students visited various sport organizations in the metro Atlanta area during their study. KSU students were provided the opportunity to learn more about a popular international sport when the South African students along with President Dan Papp shared their passion for the game of rugby.



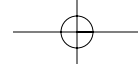
Dr. John David Johnson, back row, 2nd left; KSU's president, Dan Papp, center, 2nd row; and Dr. Sálmar, center, back row, with Sports Governance students.

Global Center Secures Women's Leadership

The International Academy for Women's Leadership and Health announces the hiring of Ms. Walaa Compton to lead that division of the Global Center for Social Change. Ms. Compton, who completed an MBA in the Coles College of Business in July, 2008, began in May. Most recently, she has worked with President Emeritus, Betty Siegel, on projects in the Siegel Institute for Leadership, Ethics and Character. Walaa has been very active in the planning and implementation of the annual Phenomenal Women's Conference.

Dr. Benjamin Johnson, Director of the Global Center for Social

Change, stated: "I met Walaa soon after starting here at KSU and quickly realized that she was well connected internationally and highly motivated to make a positive difference in the world. We have been talking for some time about many of the unique possibilities that KSU can bring to developing nations such as Egypt. The Global Center is very excited to bring Ms. Compton onboard to take the leadership role in the International Academy for Women's Leadership and Health. I truly believe that KSU can and will make a difference for women and girls in the Arab World under her leadership."



● International Training, Nursing Satellite, Awards

KSU & Social Work Faculty Provide International Training in Disaster Recovery. Students Participate through Study-Abroad Program.

Dr. Alan Kirk announced that KSU will once again partner with the International Council of Sport Science and Physical Education to offer a comprehensive training seminar for professionals who are interested in serving on disaster relief teams. This seminar will bring together professionals from around the world to learn how to rebuild communities and help individuals who have been affected by a disaster. The first seminar in this series was held in November, 2007 and attracted more than 80 participants from 21 countries.

This year, KSU Social Work students will be offered yet another opportunity to attend the seminar through the KSU Study Abroad Program. Twenty students will be able to sign up for this exciting seminar. The curriculum includes field exercises, didactic learning and gymnasium-based activities. The five-day seminar will be held in Rheinsberg, Germany. Funding for this event is provided by grants from the German Ministry of Sport and The Fürst Donnersmarck-Foundation.

KSU's Nursing Satellite Program, a Success at Appalachian Tech

The Kennesaw State University's School of Nursing satellite program at Appalachian Technical College (ATC) is underway and thriving. In 2008, funding in the amount of \$189,000 was received from the Georgia Board of Regents Nursing Education Task Force - Georgia Nursing Initiative to provide nursing education to 30 students in this satellite. These funds allowed for an addition of three faculty positions to work exclusively with the students on the ATC Campus in Jasper, Georgia. Another faculty member was increased to a 12-month contract to provide teaching and program leadership. Instruction has been augmented by KSU full and

part-time faculty members who travel to ATC to provide classroom and clinical instruction. KSU also purchased \$34,798 in equipment and supplies to be used in this program.

ATC administrators, faculty and staff have been very welcoming and great partners in this project. KSU faculty were allowed to have input into the design of the new nursing wing at ATC; offices have been provided and furnished. Students have been welcomed by all. We are excited that this project will extend the availability of nursing education into the northwest corridor of Georgia to the Tennessee border.

HPS Department Announcement

Dr. John McLester, Associate Professor in the Health, Physical Education and Sport Science Department, was honored with WellStar College of Health and Human Services Distinguished Teaching Award. Dr. McLester received his Ph.D. in Exercise Physiology from The University of Alabama in 2000 and is a Fellow of the American College of Sports Medicine. He has since taught at State University of West Georgia and Western Kentucky University. While at Western Kentucky University, John was twice nominated for Outstanding Teacher Award in the College of Health and Human Services. At Kennesaw State University, John and his co-author, Dr. Peter St. Pierre, Assistant Professor of Exercise and Health Science, have written a student-focused textbook in the area of

Biomechanics, entitled Applied Biomechanics: Concepts and Connections.

Throughout his career, John has attempted to engage students in the research process. As such, 10 of his published journal articles, 10 of his published abstracts, and 21 of his professional presentations have included students among the co-authors, all of which were peer-reviewed. John has also performed several invited speeches at student organizations. In addition, he serves on the editorial board of the International Journal of Exercise Science, a refereed journal dedicated exclusively to manuscripts with at least one student author.

Distinguished Scholar Awards

On April 4, during the WellStar College's of Health and Human Services faculty meeting with KSU's president, Dr. Daniel Papp, three faculty members were honored with WellStar College of Health and Human Services Distinguished Achievement Award. Dr. Janice Long, Assistant Professor of Nursing, was honored with the Distinguished Service Award. Dr. John McLester, Associate Professor in the Health, Physical Education and Sport Science Department, with the Distinguished Teaching Award; and Dr. David Mitchell, Distinguished Scholar in Gerontology and Professor of Health, Physical Education and Sport Science, with the Distinguished Scholar Award.



Distinguished Awards: from L. to R.: Dr. John McLester, Associate Professor at HPS; Dr. Daniel Papp, KSU President; Dr. David Mitchell, Distinguished Scholar in Gerontology; and Dr. Richard Sowell, Dean of WellStar College of Health and Human Services.

● On the Home Front

Visit to Grady Memorial Hospital

Take the Jesse Hill Jr. Drive exit in downtown Atlanta and you will find yourself minutes from the doorsteps of Grady Memorial Hospital with a history of serving the poor dating back to 1892. Thanks to an invitation from Grady, Dr. Richard Sowell, Dean of the WellStar College of Health and Human Services; nursing faculty member, Dr. Carol Holtz; and KSU nursing student, Brittany Bone, were able to participate in a special VIP tour of Grady that included a visit to the area's only "level one" trauma center.

Brittany Bone, one of Dr. Holtz's star students, represented the next generation of healthcare workers who will be called on to serve vulnerable populations in Georgia and the world. Brittany, a current BSN student, has developed a strong sense for addressing health disparities. She has participated in study-abroad trips led by Dr. Carol Holtz to Oaxaca, Mexico, where students experience first hand the importance as well as the rewards of serving those in need.

Understanding the needs of health systems, like Grady, helps the KSU's faculty implement innovative nursing curriculum while strengthening access to clinical (practical) training for the students. This was confirmed during the visit when two Grady nurses, Bertha Kusi and Ester Ivoto, both KSU graduates, joined in and discussed the rewards of their challenging nursing education at KSU relative to their ability to quickly assimilate into the Grady culture and deliver high-quality patient care.

The visit to Grady Memorial Hospital had another special significance. One being that Dr. Sowell was able to return to the

facility that launched his career in nursing, an experience that shaped his passion for serving at-risk members of our community.

The other was that Dr. Carol Holtz was able to catch up with many friendships that she has developed with hospital personnel, particularly in obstetrical unit which included labor and delivery and mother/baby, as she has provided education, training and support for this area since 1981.



Visit at Grady Memorial Hospital, from L. to R.: Dr. Richard Sowell, Dean of WCHHS; Dr. Carol Holtz, Professor of Nursing; Brittany Bone, current BSN student at KSU; and Bertha Kusi and Ester Ivoto, Grady's nurses from KSU's School of Nursing.

Responding to the Call of Georgia's Community M.S.W. Program Grants Degrees to First Cohort

In a time during which professional social services are fighting for survival due to a lack of qualified job applicants, Kennesaw State University's Master of Social Work program is responding to the call of Georgia's community needs by graduating the inaugural class from the Master of Social Work (M.S.W.) program.

On May 12, 2008, the Social Work and Human Service Department in the College of Health and Human Services congratulated 34 M.S.W. graduates at the Spring Convocation Ceremony. Seven graduates completed the Child Welfare Scholars Program and currently enjoy positions as Social Service Case Managers, Family Preservation Supervisors, Intake Supervisors as well as Foster Care Supervisors. These KSU alumni will serve as Social Workers in the Department of Family and Children's Services Child Protective Unit in counties as far as Polk, Floyd and Whitfield as well as metropolitan counties including Douglas, Bartow, Cherokee and Cobb. Other M.S.W. graduates have obtained positions in state and local government such as Cobb County Schools, Devereux Treatment Centers,

Family Intervention Specialists and The Sober Living Foundation.

One distinguish graduate, Ms. Tao Bartleson, graduated Magna Cum Laude and was chosen as the M.S.W.'s first Outstanding Student of The Year during the inaugural hooding ceremony on May, 10, 2008. In addition, Ms. Bartleson is currently working as the KSU Health Clinic's Social Worker and will begin co-teaching this fall as lecturer in the Department of Social Work and Human Services.

The graduation of the first cohort is a milestone in the development of KSU's Master of Social Work program and represents one of the final steps in the Council on Social Work Accreditation process. The M.S.W. Program will receive its final site visit this fall and is scheduled to receive full accreditation in spring, 2009.

Once again, congratulations to all the M.S.W. students and Social Work faculty and staff.



● Alcohol Use and Health Disparities

Alcohol Use: How Many Students Make High Risk Choices? I Bet You Are Wrong.....

Perception of the norm is a powerful prediction of personal behavior whether this behavior is alcohol use, cigarette smoking, substance abuse, seatbelt use, bullying, etc. The social norms model proposes that many problem behaviors may be due to the desire to fit within one's social group. Research has documented that perception of a campus drinking norm is a significant predictor of students' personal alcohol use. The KSU Wellness Center is kicking off their social norms campaign this fall to battle misperceptions KSU students have regarding alcohol use on campus. The numbers may surprise you.

There are various causes of misperceived norms. One of these causes is the attribution theory which assumes that people will interpret their environment in such a way as to maintain a positive self-image. Secondly, social conversation mechanisms which are the extreme incidents that stands out in people's minds. For example, hearing students standing in the hallway before class talking about how "trashed" they got at a party on Saturday night. Thirdly, cultural media uses images to glamorize the use of alcohol and drugs in music, videos, movies, television, and the news. And lastly, the well-meaning individuals who state, "It's what most kids are doing." These distortions of the truth become greater over time if not challenged.

With the social norms approach, credible data from the target population is gathered and then distributed by various communication methods to tell the truth of the actual health, protection, and avoidance of risk behaviors. With repeated exposure to the norm, the misperceptions are reduced and the target population begins to act in accordance with the true norm of their peers.

In fall 2007, 3,000 students were randomly invited to participate online with the American College Health Association's National College Health Assessment (507 students completed the survey). This comprehensive assessment is used by numerous colleges nationwide and addresses variety of health topics and will be used for Kennesaw State University's social norms campaign on campus.

One of the questions on the National College Health Assessment asked, "The last time you partied/socialized, how many alcoholic drinks did you have?" Almost 55% of KSU students responded 0-2 drinks. This response indicates that most KSU students are making low-risk choices when it comes to alcohol use. When asked their perception of the typical student at their school, the response was quite different with 10.6% reporting that students drank 0-2 drinks the last time they partied/socialized. The misperception on campus is that almost 80% of students perceived their peers to consume 3-8 drinks the last time they partied/socialized. As you can see students perceive their peers to be participating in high-risk behaviors, when in reality they are not.

To help correct misperceptions regarding alcohol use on campus, the Wellness Center will promote true norms to students by mailing postcards, hanging posters, posting vinyl banners above parking deck entrances, and having social norms messages printed on various give-aways that will be distributed to students throughout the year. For more information on this campaign, please contact Sherry Grable at sgrable@kennesaw.edu.

Annual Research Conference Addresses Health Disparities

"Health Disparities and Working with Vulnerable Populations" – Annual Research Day, Sigma Theta Tau International, Honor Society of Nursing, Mu Phi Chapter and WellStar School of Nursing

On April 23, 2008, the WellStar School of Nursing and the Mu Phi Chapter of Sigma Theta Tau, International, Honor Society of Nursing, held their annual Research Day to promote evidenced-based practice in nursing and allow the Kennesaw State University's nursing students to participate in an actual research conference. Over 100 Wellstar School's of Nursing faculty and nursing students as well as a few community nurses participated in this wonderful opportunity.

Dr. Jan Flynn, Interim Associate Director of Undergraduate Nursing Programs, and Dr. Kathie Aduddell, Associate Professor and President of Mu Phi Chapter, Sigma Theta Tau International, Honor Society of Nursing, welcomed the participants and intro-

duced the speakers. Dr. Carol Holtz, Professor of Nursing, served as the first keynote speaker and discussed global health issues, access and treatment in vulnerable populations. She also showed the participants various slides related to the health issues in our world and some fascinating pictures of her visits to different areas of the world. Dr. Kathie Aduddell then presented some interesting statistics and facts related to our state as well as regional and local areas.

After a break to review the scholarly poster presentations from WellStar School's of Nursing senior class, Dr. Barbara Blake, Associate Professor of Nursing, and Dr. Gloria Taylor, Professor of Nursing, addressed health disparities among people living with HIV. They have done extensive research in this area and provided valuable information related to people living with HIV/AIDs and the health disparities they face. The last speaker of the day was a community nurse leader, Dr. Diana Meeks-Sjostrom, Director, Center

● KSU's Project Ideal and Student Teacher Award

Annual Research Conference (continued)

for Nursing Excellence, from Saint Joseph's Hospital in Atlanta. She enlightened the audience on the disparities related to our elders by providing a summary of her research on clinical decision-making of nurses regarding elder abuse.

Finally, an exciting opportunity for the participants involved listening to a panel of students who have worked with vulnerable populations in our area. The panel included graduate and undergraduate students who have been involved in the clinic program

under the WellStar College of Health and Human Services, Center for Community Health Care. The students gave the audience some thoughtful insights in working with vulnerable populations from a student's perspective. WellStar Health System was the approved provider for continuing nursing education contact hours through the Georgia Nurses Association, and over 10-15 local health care agencies provided vendor displays during the day.

KSU'S Project Ideal Creates Public-Service Announcement Video to Educate Latino Communities About Diabetes, Nutrition and Fitness

The Initiative for Diabetes Educational Advancement for Latinos Project (Project IDEAL) with the help of the Georgia Baptist Health Foundation has created a video aimed at educating America's Latino community about diabetes, as well as the role of proper nutrition and fitness in combating a disease that impacts health and quality of life.

The 20-minute video was filmed in May at the Tommy Nobis Center in Cobb County as part of the project's efforts to raise diabetes awareness for a critical population facing a disproportionate increase in a disease that has many health impacts.

"We must raise awareness of the disease in ways that speak to the unique differences among different populations. All groups are considered unique, and health care providers should consider cultural differences in educating patients," said Janice Long, Assistant Professor of Nursing in the WellStar College of Health and Human Services, and head of the project.

The Latino community in America is not monolithic and is comprised of people from many different regions and nations, each with their own cultural characteristics and diabetes issues among subsets of the larger community. The video reflects the diversity of the Latino community and includes people from multiple nations and territories such as Mexico, Venezuela, Puerto Rico and other areas.

Diabetes seriously impacts human health, increasing the risk for heart disease, stroke, circulatory problems leading to amputation, and death. As the United States grapples with the impacts of poor nutrition leading to obesity and diabetes, Project IDEAL's mission is critical as the Latino community has been hit especially hard by the increase in diabetes diagnoses in recent years - a 300 percent increase from 1990 to 2002. According to the American Diabetes Association, the prevalence of type 2 diabetes among Latinos is 1.5 times higher than in non-Hispanic whites. Two million Latinos age 20 or older have diabetes, and Latinos have a greater number of risk factors for the disease. If these trends continue, the ADA predicts an alarming increase of more than 100 percent in diabetes diagnoses among Latinos by 2020.

By providing education and helping Latinos learn to take preventive measures, Project IDEAL can make huge strides in avoiding this scenario. "If people can self-manage the disease or even the risk for the disease, then we're reducing the risk of morbidity and mortality and raising the quality of life," Long said.

Officials with the project are looking to distribute the video through various channels, including Spanish-language media, as well as public broadcasting.

KSU Outstanding Student Teacher Award Goes to HPS Graduate

Mr. Kenneth Burchette, a KSU graduate (BS in Health and Physical Education, P-12 Teacher Education), was selected as the "KSU Outstanding Student Teacher for Spring Semester, 2008."



From Left to Right: Dr. Kandice Johnson, HPE Coordinator; Mr. Kenneth Burchette; Dr. Tom Donovan, Associate Professor and Student Teaching Supervisor.

● KSU Wellness Center, Dean Recognized

Committ to Being Fit! Start Off the Semester With a New Outlook on Your Health and Well-Being!

In July 2000, Kennesaw State University's Employee Wellness Program was developed by the Wellness Center to improve the health and well-being of KSU employees. The Employee Wellness Program represents the systematic effort of the university to enhance and encourage the wellness of its employees to make



Sarah Brooks, Coordinator, (1st on Left) with an exercise class at the KSU Center for Health Promotion and Wellness.

healthy lifestyle choices through education, behavioral change, and cultural support. As an effort to continue to provide quality support, Sarah Brooks, KSU Wellness Coordinator, recently acquired over \$81,000 from the President's Office to update the Employee Fitness Center's flooring along with several pieces of aerobic and weight equipment.

The Employee Fitness Center, located inside the KSU Center, currently has over 500 members who take advantage of the

Center's various programs ranging from National Employee Health and Fitness Day to weekly group fitness classes. There are a variety of group fitness classes available including step aerobics, Pilates, cycling, cardio-kickboxing and Jazzercise. All programs and classes are designed for members consisting of faculty, staff, retirees, contracted employees as well as family members of KSU employees.

Starting this fall, a new Certified Personal Training Program will also be available to members. This Center is the only location on campus where employees can build new relationships, collaborate with different departments, and visit with friends, family members and co-workers all at one location!

Members also have the option of participating in the Student Personal Training Program offered every fall and spring semester. Members are paired with Exercise and Health Science students for one-on-one personal training sessions at no additional cost to the members. This collaboration with the HPS department is a great way for the students to get hands-on experience in their field of study before graduating with their Exercise and Health Science degree.

Another benefit of joining the Employee Fitness Center is the 90-minute release time policy. This policy allows employees up to 90 minutes of release time each week to exercise as long as the employee has his/her supervisor's approval. All employees are encouraged to visit the Center and take advantage of the release time, fitness equipment, educational newsletters, interactive incentive programs, and wellness resources that are available each semester.

If you are interested in learning more about the Employee Wellness Program/Employee Fitness Center and its programs, please contact wellctr@kennesaw.edu or visit this website http://www.kennesaw.edu/col_hhs/wellness/Wellness_Works.htm.

Dean Recognized for Investing in Community Healthcare



On April 10, 2008, a delegation of KSU faculty and administrators met with administrative and clinical staff at Grady Memorial Hospital, in Atlanta, GA, to discuss potential clinical and education initiatives between the two organizations. At the luncheon meeting, the Henry W. Grady Health System Foundation presented Dr. Richard Sowell, Dean of the WellStar College, with an award recognizing his long-term commitment to excellence in nursing and his investment into community health care.

This recognition was especially meaningful since Dr. Sowell had started his nursing career in 1976 as a staff nurse in the Grady Memorial Hospital Intensive Care Units. Dr. Sowell shared that Grady Hospital had provided him with unequalled experience that established a firm foundation for his nursing career.

Dr. Richard Sowell, Dean, recognized for his long-term commitment to excellence in Nursing and his investment into community health care.

● Awards and Announcements

Student Activity Awards Recognize Members of Student Nurses Association at KSU

The Student Activity Awards, an annual event, recognizes students and student organizations for their accomplishments. On April 25, at the awards ceremony, Jamiee Brice, a BSN graduate and the Student Nurses Association's (SNA) president, was one of three finalists for the Nancy S. King Student of the Year Award and received a plaque for that achievement. She was nominated for this award for her dedication to the SNA organization as a president.

The Student Nurses Association of Kennesaw State University, a professional organization open to nursing majors and persons enrolled in the undergraduate Nursing Program in the WellStar College of Health and Human Services, received the Outstanding Organization Certificate of Excellence. SNA serves to aid students

in their quest for a Baccalaureate Degree in Nursing and transition into practice as well as encourages students through leadership experience and career networking in preparation for a career in Nursing.

Janeen Amason, Assistant Clinical Professor of Nursing, and Donna Chambers, Lecturer of Nursing, were awarded a Certificate of Excellence as Outstanding Organization Advisors. Kirstin Harbaugh, a student in the Accelerated Nursing program at KSU, was the recipient of the Certificate of Excellence for Service. Kirstin has been featured in the Spotlight on Students segment in the '07 fall edition of EXCELLENCE.

Family Receives the 2008 KSU Foundation President's Award for Establishing Scholarship for Nursing Students

The KSU Foundation President's Award is presented annually to individuals who have provided exemplary service to Kennesaw State University, either through university-affiliated organizations or through individual initiatives. In selecting recipients for this award, the university community considers those friends whose commitment, active participation and leadership most significantly impact KSU's ability to provide strong educational opportunities for its students.

The 2008 KSU Foundation President's Award was given to a family that established the Dr. Carol Holtz Scholarship for students that cared for one of the family members and saved his life.

In 2007, Dr. Holtz, director and developer of the Nursing Practicum, was accompanied by a group of student nurses on an international health-care study program in Latin America. The student nurses provided care to a patient in the intensive care unit of the city hospital, where the KSU nursing students were working. The patient's family was highly impressed with the students' depth of caring, literally rolling up their sleeves to amass blood for a transfusion that saved this person's life. The family decided to honor Dr. Holtz with a scholarship to benefit these students and the international health program.

School of Nursing Announcement

Janice Long, RN, PhD successfully defended her dissertation on July 10, 2008 for a Doctor of Philosophy in Interdisciplinary Health Studies. Janice Long completed her doctoral study at Western Michigan University in Kalamazoo, Michigan where she was one of three nurses selected to attend the program in a cohort of twelve. The program of study features a balanced curriculum of research, policy and teaching. The title of Janice's dissertation was: PERCEPTIONS OF QUALITY OF LIFE OF LATINOS WITH DIABETES

LIVING IN THE US - VARIATIONS BY GEOGRAPHIC REGIONS OF ORIGIN.

In April, 2008, Janice Long was selected for the distinguished service award for her work with Project IDEAL (Initiative for Diabetes Educational Advancement for Latinos), an outreach and education program for Latinos who have diabetes.

Department of Social Work & Human Services Announcement

Dr. Sharon E. Williams, Associate Professor of Social Work, has been appointed to the Commission on Curriculum and Educational Innovation (COCEI), by Ira Colby, president of the Council on Social Work Education (CSWE). COCEI identifies pedagogical concerns in social work education and works with other CSWE bodies to address these issues. The commission reviews current CSWE programs that are related to educational policy and planning and suggests activities that strengthens and expands CSWE's leadership

role in matters of education. Finally, the commission periodically writes a statement of social work curriculum policy that is used by the Commission on Accreditation to formulate CSWE's accreditation standards. Dr. Williams previously served as a Commissioner on the Commission for Diversity, Social and Economic Justice. She has been appointed to serve on the Commission on Curriculum and Educational Innovation for a two year term.

● Retirements and New Faculty

Retirement of Dr. Christina D. Horne

If you were an undergraduate nursing student enrolled in Pharmacology at Kennesaw State University, then you probably had Professor Christina Horne introduce you to the many drugs nurses are to be familiar with when caring for today's patients. After 26 years as a college faculty member, Dr. Horne will no longer be at the classroom podium teaching pharmacology or continue in her role as the Director of the Undergraduate Nursing Program. She is retiring from Kennesaw State University.

Dr. Horne joined the Kennesaw State faculty in 1992 from Clayton State College & State University where she taught for 10 years, advancing from instructor to assistant professor. While at Kennesaw State, she taught in both the associate and baccalaureate degree nursing programs. Her teaching assignments included courses from the freshmen to senior levels (fundamentals, adult health, and community health nursing). She had particular interest in the areas of pharmacology and RN-BSN education, and she was responsible for developing and implementing new courses.

During her tenure at Kennesaw State, Dr. Horne led the development of several innovative programs within the WellStar School of Nursing, from the initial organization and charting of the Nursing Alumni Club (the first campus constituent alumni club) to the year-long formal mentorprotégé program for nursing faculty, which received extramural funding from Johnson & Johnson Co. Of particular note, has been her work on planning, implementing and

evaluating an online distance education program for undergraduate nursing students in collaboration with Drs. Beverly Farnsworth and Janice Flynn.



Dr. Christina Horne, Coordinator of the Undergraduate Nursing Program at the WellStar School of Nursing at KSU, retires after 26 years of service as a College faculty member.

In March 1998, they obtained an extramural grant to fund the development of multiple online courses. Outcomes of their work have been shared in multiple national and international presentations, publications, and earned them the 2002 Georgia Regents Research in Undergraduate Education Award for an Academic Program and the 2005 Kennesaw State University Foundation Prize of Excellence for their scholarly publication pertaining to the online program. Today, the online program continues to flourish within the WellStar School of Nursing.

After her successful leadership of an accreditation review by the Commission on Collegiate Nursing Education for both the baccalaureate and graduate nursing programs, Dr. Horne was asked to join the University's Assurance of Learning Council in recognition of her expertise in outcomes assessment. This later spring she was appointed as a member of the University Leadership Team for the Southern Association of Colleges and Schools Reaccreditation and as co-chair of the University's Quality Enhancement Plan – Global Learning for Engaged Citizenship, a required component of the reaccreditation process. She has also been a site visitor for evaluating nursing programs by the Commission on Collegiate Nursing Education.

Appointment of Interim Associate Director at WellStar School of Nursing



Dr. Janice Flynn, Interim Director of the Undergraduate Nursing Program in the WellStar School of Nursing, KSU.

Dr. Janice B. Flynn assumed the position of Interim Associate Director of the WellStar School of Nursing (WSON) for Undergraduate Programs on August 1. Dr. Flynn has been a nurse educator for over 25 years, including the past 15 years at Kennesaw State University in the WSON. She earned her Bachelor of Science in Nursing from Northwestern State University; Masters in Nursing from Emory University; and Doctor of Science in Nursing from the University of Alabama at Birmingham. While at KSU, Dr. Flynn has been involved in leadership activities at the department, college and university levels. Dr. Flynn has devoted her service to the WSON in the areas of curriculum development and evaluation, faculty advisement, and development and evaluation of online programs. Dr. Flynn has been the recipient of the College of Health and Human Services Distinguished Teaching Award. She currently holds certification as a Socrates Online Facilitator, Oncology Nursing Society Cancer Genetics Educator, and Quality Matters Peer Reviewer for Online Courses. In addition, she serves as a site evaluator for the Commission on Collegiate Nursing Education. Dr. Flynn holds membership in professional organizations including Sigma theta Tau International, Oncology Nursing Society, American Nurses Association and Georgia Nurses Association.

● New Faculty and Nursing Advancement

WellStar School of Nursing Welcomes a New Director

Mary de Chesnay, DSN, RN, CS, FAAN comes to WellStar College of Health and Human Services from Seattle University School of Nursing where she served as Acting Dean and N. Jean Bushman Endowed Chair and Professor. She is assuming the responsibilities as the Director of the WellStar School of Nursing.

Dr. de Chesnay was previously Dean and Professor at Duquesne University in Pittsburg. She holds a Doctorate of Nursing Science with specialization in Community-Mental Health from the University of Alabama and a Master of Science in Psychiatric Nursing from Rutgers University. She is a Fellow in the

American Academy of Nursing and a Fellow in The Society for Applied Anthropology. She has practiced as a Family Therapist since 1973. Her 2005 book entitled Caring for the Vulnerable was named 1st in the Community Health Category and received the American Journal Book of the Year Award. The 2nd edition was published this year. She has a considerable amount of international experience, particularly in Nicaragua, where she was Principal Investigator and Project Director on two funded projects benefiting Nicaraguan nurses. We are pleased to welcome Dr. de Chesnay to Kennesaw State University.

New Nursing Faculty

Dr. Becky Shabo, RN, PNP-BC, PhD joins KSU as an Associate Professor of Nursing. She received her BSN from the University of North Alabama and her MSN in Pediatric nursing from the University of Alabama at Birmingham where she also completed a traineeship in developmental disabilities at the Sparks International Research Center. She received her PhD in nursing from Georgia State University. She comes to KSU from a faculty position at

Georgia Baptist College of Nursing of Mercer University and has previously taught at Auburn University and KSU. She maintains certification as a pediatric nurse practitioner and also has experience in pediatric acute care. Her areas of research interest include children with chronic illness, sickle cell disease, sleep disorders, developmental disabilities and nursing education. Dr. Shabo is a member of the American Nurses Association and Sigma Theta Tau International.

Dr. Vanice Roberts Continues to Advance Nursing Education



Dr. Vanice Roberts, Director of Continuing Education Division of the WellStar College of Health and Human Services and Professor Emeritus of Nursing, will continue her dedication to nursing education at Shorter College in Rome, Georgia, where she will assume a position as Shorter's first Dean of the School of Nursing. She will pilot the College in developing a BSN program.

Dr. Roberts dedicated over 30 years to Kennesaw State University. After retiring from the Associate Dean position at the WellStar College of Health and Human Services, she shifted her focus to directing the Continuing Education Division and leading the Nurse Re-entry / Refresher course.

Dr. Roberts will be truly missed at KSU. We all wish her well, knowing that her heart belongs to nursing and its advancement, ensuring opportunities for quality education to nursing students in Georgia.

Dr. Vanice Roberts dedicated over 30 years to the KSU community.

Egyptian Scholar Joins Global Center for Social Change

Dr. Ibrahim Elsayy has been appointed by President Dan Papp and Provost Lynn Black as a Visiting Professor and Global Scholar to work in the Global Center for Social Change, effective August 1, 2008. Dr. Elsayy is on the faculty of Alexandria University in Alexandria, Egypt. His academic background is sport psychology. He also has expertise in the areas of early childhood physical education and special needs populations.

Dr. Benjamin Johnson, director of Global Center for Social Change, said: "We are most fortunate to have Ibrahim join our staff in the Center. He has been volunteering his time with the Global Center since arriving on campus last year to work as a scholar on projects in the Center for Conflict Management. With his valuable input and communications with colleagues in Egypt, we have truly accelerated our efforts and successes in his home country."

● New Faculty and Retirements

Two Faculty in the Health, Physical Education and Sport Science Retire

Dr. Charlie Ash retires after a 40-year in teaching career. Charlie began teaching in 1968 at Hinsdale Central High School, Hinsdale, IL, followed by Castleton State College (Vermont), the State University of New York College at Cortland, and Kennesaw State University. During his early career, he coached football, cross country and track, basketball, and tennis. In 1984, he was the Program Director for the Greater Rutland Region Cardiac Rehabilitation Program. For most of his career, Charlie served in administrative positions including Chair of the Department of Health, Physical Education, and Sport Science from 1994-2002 at KSU. He is a Past-President of the National Association for Physical Education in Higher Education. Charlie looks forward to the opportunity to spend time with his family, travel, kayaking, biking, and camping after a long distinguished career in education.



Dr. Charlie Ash retires after a 40-year in teaching career.

Mrs. Diane Lowry taught Physical Education in the Jessemine County Public School System while attending the University of Kentucky for her Masters of Education. In 1970, she and her husband returned to Georgia and she taught briefly in the Cobb County public schools. After taking 13 years to concentrate on her family she re-entered the teaching field by teaching physical education part-time at Reinhart College and Kennesaw College. For the past 23 exciting and rewarding years she has taught at the ever-changing Kennesaw State University. Education and the learning process never stops so she is looking forward to new learning experiences as she retires from full-time teaching at KSU. Diane's plans for her retirement include traveling, SCUBA diving, playing tennis, and keeping her friends "in line."



Mrs. Dianne Lawry taught at KSU for the past 23 exciting and rewarding years.

She'd like to thank everyone for the wonderful, growing opportunity she's had and the great friends she's made at KSU and hopes to always remain involved with KSU in some respect. Her wish is that God continues to bless Kennesaw State.

Health, Physical Education and Sport Science Department Welcomes New Faculty Members

Dr. Bob Buresh is a native of Omaha, Nebraska. He earned a B.S. in Exercise Science from the University of Nebraska at Omaha in 1999, and an M.S. in Exercise Science, also from the University of Nebraska at Omaha, in 2002. He received his Ph.D. from the University of Nebraska Medical Center in 2007. His research interests include the influence of body size on endurance performance, factors that affect hormone response to resistance exercise, and the effects of exercise on insulin sensitivity. He has two children. His son, Nathan, is a college senior pursuing a M.S. in forensics, and his daughter, Sydnee, is a college junior preparing to enter Physical Therapy school. Both are currently attending Nebraska Wesleyan University.

Dr. Jimmy Calloway is the Executive Director of the Georgia Coalition for Physical Activity and Nutrition. His PhD is in Correctional Recreation from the University of Maryland. He is the former Department Chair at several different universities and was most recently a Clinical Associate Professor at Georgia State University. Dr. Calloway has served as the director of an international sports camp for youth with disabilities in Barbados, secured

funding to build a field for the Miracle League in Atlanta, served as the Vice President for Governmental Affairs for the 1996 Paralympic Games, and is currently a professional consultant and fund development officer for the government of the South African Office of the Secretariat, Decade for Persons with Disabilities. Dr. Calloway is a very successful leader, professor, scholar, fund developer, expert in international affairs, and a highly sought-after public speaker.

Dr. Tiffany Collinworth is originally from Madison, Ohio. She earned a B.A. in Exercise Physiology and Fitness Management from Baldwin-Wallace College in Berea, Ohio. While at Cleveland State University, completing her M.Ed., she examined the relationship between bone density relating to lean mass, fat mass and muscular strength in young adult males. She completed her Ph.D. in Exercise Physiology at Kent State University. Her present research focuses on environmental physiology with an emphasis in temperature regulation. Her collaborative efforts between Kent State University and Walter Reed Army Institute of Research have examined the effects of 53 hours of sleep deprivation on the thermoregulatory, metabolic, hormonal and cognitive responses of young adult males

● New Faculty • Grants

HPS Department Welcomes New Faculty (continued)
following acute cold exposure. During her spare time she is an avid volunteer with both the American College of Sports Medicine and American Red Cross.

Dr. Hultquist is a native of California. She earned a B.S. in Kinesiology/Athletic Training from San Diego State University and her M.S. and Ph.D. in Exercise Science from The University of Tennessee. Her research focuses on the behavioral aspects of exercise particularly in women. Dr. Hultquist worked extensively in the fitness industry and consults on personal training and group exercise program development. She enjoys traveling and attending sporting events.

Human Services Department Welcomes a New Faculty Member

Dorcas Bowles, Ed.D., MSW, BS will join the Social Work faculty as the first Eminent Professor of Social Work. Dr. Bowles is a nationally-recognized social work educator, having a distinguished career as a social work clinician and administrator. Dr. Bowles received her BS degree from Tuskegee University, Tuskegee, Alabama; MSW from Smith College, Northampton, Massachusetts; and Ed.D. from the University of Massachusetts at Amherst. Dr. Bowles has published a number of professional articles, books and book chapters that have significantly added to the social work literature. She served as Dean/Professor of Social Work at the

Mrs. Virginia Rendini comes to KSU from Southern California. She earned a B.A. in Health and Physical Education from the University of Denver and her M.A. in Adapted Physical Education from San Diego State University. Mrs. Rendini has been a university lecturer, health and fitness instructor, and personal trainer for over 15 years.

Mrs. Lori Scheck is a native of New York. She earned a B.S. in Health and Physical Education from Ithaca College and her M.S. in Physical Education from the University of Arizona. She has taught Health and Physical Education at the elementary, middle and high-school levels in New York, Florida and Atlanta. Mrs. Scheck is married and has a daughter.

University of Texas at Arlington. As a Dean of the School of Social Work at Clark Atlanta University, she led the expansion of this program. Following her tenure as Dean, she assumed the position of Provost of Clark Atlanta University. Throughout her time at Clark Atlanta, Dr. Bowles has been a solid partner with the Human Services and Social Work Programs at KSU. In this newly created position, Dr. Bowles will mentor faculty and help us with curriculum and program development and, of course, be able to pursue her "first love"...teaching social work students. Welcome Dr. Dorcas Bowles!

Grants Awarded to the Global Center for Social Change.

US Department of State Awards Three-Year Grant to Global Center for Social Change

The WCHHS Global Center for Social Change was awarded \$530,900 with \$400,000 coming from the US Department of State for a three-year project beginning September 1, 2008. The grant, entitled Values to Rights Disability Project: Building Systems of Freedom through Disability Awareness and Advocacy for Persons with Disabilities in the Middle East, will be conducted in partnership with BlazeSports America, a 501(c) (3) nonprofit organization based in Atlanta and other NGO's in the Middle East. The collaborative project will target the phenomenon of invisibility of people with disabilities (particularly women and children) and its effects on civil rights, political rights, social policy and freedom. The Principal Investigator on this grant will be Dr. Ben Johnson, Professor, Director of the Global Center and Associate Dean in the WellStar College.

US Department of State (BECA) Awards Grant to Global Center for Social Change

The WCHHS Global Center for Social Change was awarded \$206,210 for 2008-2010 with \$175,000 coming from the US Department of State, Bureau of Educational and Cultural Affairs under their International Sports Programming Initiative. The grant, entitled Collaborative Project for the Development of Disability Sport and Recreation Programs for Girls, Boys and Young Women in South Africa, will be conducted in partnership with the University of the

Witwatersrand in Johannesburg, South Africa; the Stellenbosch University in the Western Cape Province, South Africa; and BlazeSports America, a 501(c) (3) nonprofit organization based in Atlanta. This initiative will be an intensive, field-based development project through a Sports Festival and Camp, Train-the-Trainer Workshop, University Student Training and Citizen Exchange Programs. The Principal Investigator on this grant will be Dr. Ben Johnson, Professor, Director of the Global Center and Associate Dean in the WellStar College.

The Governor's Council on Developmental Disabilities Awards Grant to Global Center for Social Change

The WCHHS Global Center for Social Change received notification by Pat Nobbie, Deputy Director of the Governor's Council on Developmental Disabilities, that they have been awarded a \$25,000 grant toward their work on creating University-based Post-Secondary Education courses for persons with developmental disabilities. This proposed program will appeal to and attract students with significant limitations both in intellectual functioning and in adaptive behavior, whose disability impacts their ability to access a general education curriculum. The Global Center for Social Change has received six community letters of support and numerous community members are on an Advisory Panel that has been working since February to create a Mixed/Hybrid Model program that can then be replicated. The Principal Investigator on this grant will be Dr. Harry Stern, Director of Global Development in the WellStar College.

Contributions to Books and Presentations

CONTRIBUTIONS TO BOOKS

Johnson, P. (2008), Chapter 8: Global use of complementary and alternative medicine and treatments. In C. Holtz (Ed.), *Global Health Care: Issues and Policies* (pp. 199-210). Boston: Jones and Bartlett Publishers

Mitchell, D.B. (2008), Chapter 18: Global health of the older adult. In C. Holtz (Ed.), *Global Health Care: Issues and Policies* (pp. 495-525). Boston: Jones and Bartlett Publishers

PRESENTATIONS

Ballard, N., **Bairan, A.**, Barnett, G., Newberry, L., Van Brackle, L. (March, 2008). "The Effect of Education on New Chest Pain Mnemonic in Reduction of ECG Time of Patients with Myocardial Infarction Arriving in the Emergency Room by Self-Transport." (paper), 9th Annual NCDR Annual Meeting, Chicago, IL

Meeks-Sjostrom, D., Lopuszynski, S., **Bairan, A.** (March, 2008). "Wisdom at Work: Retaining Experienced Nurses at the Bedside." Annual Magnet Research Conference, Clearwater, FL

Meeks-Sjostrom, D., Lopuszynski, S., **Bairan, A.** (Feb., 2008). "Wisdom at Work: Retaining Experienced Nurses at the Bedside." Southern Nursing Research Society 2008 Annual Conference, Birmingham, AL

Miller, J., M. Judd, J. **Beck, B. Goldfine, & A. Gillentine** (June 2007). "Combining problem-based learning and collaborative learning with sport management online classes: Does It work?" North American Society for Sport Management (NASSM), Miami, FL

Blake, B. J. & Taylor, G.A. "Perceptions of HIV care among Hispanic Males." National Association of Hispanic Nurses 33rd Annual Meeting and Conference, Hispanic Nurses: Shaping Healthcare across Communities, Boston, MA, July 15-18, 2008

Goldfine, B., J. Beck (April, 2008). "Undergraduate sport management major's club: opportunities and challenges." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Brooks, F., **Collard, C.**, Lewinson, T. (October 2008). "A Resident Satisfaction Survey of Low-Income Residents Living in Supportive Housing." Council on Social Work Education, (CSWE) Conference, Philadelphia, PA

Goldfine, B.D., T. L. Seidler, M.R. Judd (April, 2008). "Planning, designing, and renovating indoor athletic facilities." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Hartness, L., D. Lowry (April, 2008). "Service learning: A valid option of teaching entry-level major classes." 19th Annual International Conference on College Teaching and Learning, Jacksonville, FL

Dr. Carol Holtz gave an oral presentation, entitled, "HIV infection returning to Mexico with migrant workers: an exploratory study" at the Transcultural Nursing Society International Conference in Minneapolis, MN, Sept. 23, 2008. Drs. Richard Sowell and Gabriella Velasquez, together with Dr. Holtz, co-authored this work.

Howton, A. (April, 2008). "Exploring the physics of dance through creative improvisation." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Rose, N. (2008), Test bank co-author. In J. Hopson, R., Donatelle, T. Littrell (Eds.) *Get Fit, Stay Well!* San Francisco: Pearson Publishers

Collard, C. S., Sowell, R. L. (2009), Impact of poverty on adult learning, in A. J. Lowenstein, L. Foord-May, J. Romano (Eds.), *Teaching strategies for health education and health promotion: Working with patients, families and communities* (pp. 41-54). Boston: Jones and Bartlett

Howton, A. (April, 2008). "Incorporating global learning into your fitness/wellness course." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

J. Lee (April 2008). "Implementing the Children of Divorce Intervention Program (CODIP) in a Community Setting." International Society of Psychiatric Mental Health Nurses Annual Conference. Louisville, KY

J. Lee (May 2008). "Adolescent Development and Communication Considerations." North Georgia Health District Conference, Chatsworth, GA

Johnson, J. D., M. E. Hales (2008). "Efficacy of incorporating video feedback to enhance skill acquisition." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Johnson, K. M., J. A. Petrillo (April, 2008). "Promoting media literacy skills in future educators." 19th Annual International Conference on College Teaching and Learning, Jacksonville, FL

Johnson, K. M., J. A. Petrillo, P. H. Johnson (April, 2008). "Promoting advocacy efforts in teacher education." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Johnson, K. M., P. H. Johnson, & J. A. Petrillo (April, 2008). "Involving teacher candidates in wellness policy initiatives in local area schools." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

Johnson, P. H., K. M. Johnson, J. A. Petrillo (April, 2008). "Strategies to engage students in a contemporary health issues course." Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Fort Worth, TX

McLester, JR., J. Wickwire (February, 2008). "Comparison of physical performance parameters with use of various SCBA's. Annual Conference of the Southeast American College of Sports Medicine, Birmingham, AL

McLester, J. R., Wickwire, P. J., & B. Harrison (May, 2008). "Comparison of metabolic response among GXT's performed on a "tread-wall," treadmill, and bicycle ergometer." Annual Meeting of the American College of Sports Medicine Annual, Indianapolis, IN

L. Nauright (May 2008). "No More Sage on the Stage: Strategies for Active Learning in Blended Face-to Face and On-line Courses." Teaching Professor Conference, Kissimmee, FL

Petrillo, J. A., K. M. Johnson (April, 2008). "Field-Based Learning in Health Education and Health Promotion." 19th Annual International Conference on College Teaching and Learning, Jacksonville, FL

Publications

Drs. Richard Sowell and Carol Holtz, along with Dr. Gabriella Velasquez, director of the Oaxaca AIDS organization COESIDA, presented a poster entitled, "HIV infection returning to Mexico with migrant workers: an exploratory study" at the 17th Annual International AIDS Conference in Mexico City Aug. 3-8th, 2008.

Stickney, S.R. (March, 2008). "Smoking behavior, physical self-perception, and body dysmorphia among college-aged women." American Academy of Health Behavior, Los Angeles, CA

Wagner, V. D., Groer, M. (May, 2008). "The Effect of a Preoperative Warming Intervention on the Acute Phase Response of Surgical Stress." Psychoneuroimmunology Research Society Annual Conference, Madison, WI

J. Wang (2008). "Coaches' Psychological Strategies of Preparing Athletes to Achieve Peak Performance." Convention of American Alliance of Health, Physical Education, Recreation and Dance, Fort Worth, TX

J. Wang (2008). "Psychology of 2008 Beijing Olympics." Invited Keynote Speaker Committee to make a presentation at the Sport Psychology Summit for the preparations of the 2008 Beijing Olympic Games (Attendees were the Registered Sport Psychology Consultants for the USOC)

PUBLICATIONS

Jones, J., **Bremner, M.** (September, 2008). Essential Steps in Implementing a Comprehensive Testing and Review Program. *Nurse Educator*, 33, (5)

Bremner, M., Aduddell, K., Amason, J. (February, 2008). Evidence-Based Practices Related to the Human Patient Simulator and First-Year-Baccalaureate Nursing Students' Anxiety. *Online Journal of Nursing Informatics (OJNI)* 12, (1), http://ojni.org/12_1/bremner.html

Bremner, M., Aduddell, K., Bennett, D., and VanGeest, J. (2006). The Use of Human Patient Simulators: Best Practices with Novice Nursing Students. *Nurse Educator*, 31, (4)

Collard, C. S., Larkin, R.E. (2008). Supportive housing: Implications for its efficacy as intervention with low-income African Americans coping with special needs. *Journal of Public Management and Social Policy (in press)*

Hicks-Coolick, A., Peters, A. & Zimmermann, U. (2007). How "Deserving" are the Most Vulnerable Homeless? *Journal of Poverty: Innovations on Social, Political & Economic Inequalities* 11, 135-142

Howton, A. (2008). Transdanubian folk dance: A returning dance form. *The Journal of Physical Education, Recreation, and Dance*: 30-31

Johnson, P., J. L. Priestley, R. D. Johnson (2008). A survey of complementary and alternative medicine knowledge among health educators in the United States. *American Journal of Health Education*, 39(2): 66-75

McLester, J. R., J. M. Green, J. P. Wickwire, T. R. Crews (2008). Relationship of VO2 peak, body fat percentage, and power output measured during repeated bouts of a wingate protocol. *International Journal of Exercise Science*, 1(2): 79-90

Romero, C. & **D. B. Mitchell** (In Press). Forgiveness of interpersonal offenses in younger and older Roman Catholic women. *Journal of Adult Development*

Fazio, S. & **D. B. Mitchell** (In Press). Persistence of self in individuals with Alzheimer's disease: Evidence from language and visual recognition. *Dementia: The International Journal of Social Research and Practice*

J. Wang (2008). "Olympic coaches' psychological strategies for the 2008 Summer Olympic games in Beijing." Invited presentation to the Chinese Olympic Women's Soccer Coaching Team, Qin Huang Dao City, PR of China

J. Wang (2008). "Psychological Strategies of Job Seeking at the Competitive Society in China." Invited Presentation to the Scholarship Seminar Series of the China Ji Lian University, PR of China

J. Wang (2008). "Professional coaches' psychological strategies." Invited presentation to 200 professional coaches at the Professional Training Center of Zhejiang Province, Hangzhou City, PR of China

J. Wang (2008). "Five Psychological Characteristics of Today's Successful People." Keynote Speaker at the US - China Sports and Physical Education Scholarship Seminar at the Eastern Normal University, PR of China

Sanner, S. & **Wilson, A.** (April 2008). "Caring For Diverse Nursing Students through Mentoring." Celebrating the Art and Science of Caring Conference, Spartanburg, SC

Sowell, R., Holtz, C., Velasquez, G. (2008). HIV infection returning to Mexico with migrant workers: An exploratory study. *Journal of the Association of Nurses in AIDS Care*, 19(4), 267-282

Sowell, R. L., Phillips, K. D. (In Press). Illness, Stigma, and Disclosure in HIV, in Saleh El-Gadi and Brian Gazzard (ed), *HIV/AIDS: A Global Perspective*, Mediscript LTD publishers, London

Stickney, S. R., D. R. Black (2008). Physical self-perception, body dysmorphic disorder, and smoking behavior. *American Journal of Health Behavior*: 32(3):295-304

Wang, J., Goldfine, B. (2008). Coaches' winning psychological strategies for champions. *Asian Journal of Exercise and Sports Science*, Vol. 4, No. 1

Chen, S. H., **Wang, J.**, Kwok, M. J. (2008). Motivation of sport participation in elite athletes with physical disabilities in mainland of China. *Asian Journal of Exercise and Sports Science*, Vol. 4, No. 1

Wang, J. (2008). Chinese Olympic athletes' psychological strategies for the 2008 Beijing Olympic Games. CDs distributed to Chinese Olympic teams.

Wang, J. (2008). Earthquake refugees' psychological guidance for Si Chuan earthquake refugees, 100,000 brochures distributed to 13 counties and cities of earthquake regions published by Chinese government.

Wickwire, P.J., J.R. McLester, J.M. Green, T.R. Crews (In Press). Acute cardiovascular response and perception of effort between the super slow and gold standard resistance training protocols. *Journal of Strength and Conditioning Research*

Sanner, S. & **Wilson, A.**, (2008). The Experience of Students with English as a Second Language in a Baccalaureate Nursing Program. *Nurse Education Today (in press)*