

Sri Guru Gita

About the Guru Gita

The Guru Gita is a part of the Biswasar Tantra. Despite its length, it is one of the most important and holy of all scriptures.

The Gita revolves around Parvati, wife of Lord Shiva, inquiring to her lord and husband as to the nature of the Guru. She also learns what it is to serve the Guru, or teacher and what it is to meditate upon the Guru. All these questions are answered in the Guru Gita.

I hope this booklet helps you in your spiritual unfoldment.

May Blessings & Light fill your path.



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इरी गुरु गीता

Om, the mantras of this hymn, Sri Guru Gita,
Bhagavan Sada Shiva bestowed.

Its melody is plain and terse;
Sri Guru Paramatma is its God.

Its words of power are 'Ham' and 'Sah';
Sri Guru's Prasada may be won;
Chant each day this song of love.

'Ham' and 'Sah' are the symbols of the Guru's eyes;
He is the Source of the universe.
By His will He appears in living form on earth,
Lifting up the hearts of men.

Free of bonds, He is everywhere eternally –
Deathless Spirit, God Divine.
Everywhere He is manifesting as the world;
On His feet one's mind should rest.

I sing this song to win the gift of love,
Along with Liberation.

To win the gift of love,
Along with liberation.

1. Parvati, Shiva's royal wife,
One day went to attend her Lord;
Reverently she pranamed to Him,
And spoke these loving words to Him;
2. Parvati to Shiva: I bow to Thee, Oh great God of gods,
Only Guru of all the world!
Sadashiva, Mahadeva,
May I know the truth of the Guru's role.
3. Lord, please teach me the surest way
Whereby man can be one with Thee.
At Thy feet, Lord, I pray to Thee;
Let Thy grace fall on me today.
4. Shiva to Parvati: Oh dear Goddess, Thou art Myself!
Because I love Thee, I'll grant this boon.
Though none has asked me but thee thyself,
These words are given to everyone.
5. The mystery of the universe
I will reveal, Oh beautiful one:
God and Guru are but two names;
The truth is they are forever one.
6. The Vedas, Shastras, Puranas too;
All the scriptures and books of lore;
Mantras, Yantras, and books of truth;
Smritis, and the great tales of yore;

7. Books of Shaivas and Shaktas too,
Books regarded as wisdom's end;
All these doctrines and separate creeds
Only further confuse all men.
8. Japa, penance, and charity,
Ceremonies, and vows, and chants,
Without the knowledge of Guru's worth,
Leave a man lost in ignorance.
9. Know for certain the Conscious Self
And the Guru are truly one;
For this reason, a man who's wise
Will seek the Guru who's meant for him.
10. Due to darkness within the mind,
The secret knowledge of Truth's concealed.
By Her light and the Guru's word
The Mother of all comes to be revealed.
11. All man's sins can be washed away
By serving the Guru's feet with love.
Then a man and his God are one;
Because I love Thee I make this known.
12. All the waters of sacred lands
Bestow no greater reward than this:
Sprinkle water upon thy head
With thy mind attached to the Guru's feet.

13. The mire of sin will be washed away,
And the knowledge of Truth will Shine;
With the water of Guru's feet,
Cross the ocean of ignorance.
14. Ignorance can be rooted out;
Put an end to the round of births.
Non-attachment and wisdom gain;
Drink the wine of the Guru's feet.
15. Drink that water of holiness;
Take the food which He gives to eat,
Meditate on the Guru's form;
The Guru's mantra thou must repeat.
16. Kashi is where the Guru dwells;
Ganga flows at the Guru's feet.
He is the Lord of the universe;
Brahma, the Savior, He is indeed.
17. The holy rivers and holy trees,
The sacred places of holy lands,
Are all contained in the Guru's feet
To the Guru's beautiful form I bow.
18. Meditate on the Guru's form;
Always sing in thy heart His Name.
The Guru's wishes thou must obey;
Think of nothing but Him all day.

19. The Guru's Knowledge awakes in him
On whom the Guru bestows His care.
Keep the Guru within thy heart
As a faithful wife keeps her husband there.
20. Let the thought of thy own life go –
The thought of status, or wealth, or fame.
Nothing else should be in thy mind
But the thought of the Guru's Name.
21. To the man who loves Him alone,
Godhood comes with the greatest ease.
Therefore this is the highest goal;
Strive to be worthy of Guru's love.
22. The Guru's Wisdom cannot be learned
From even gods of the higher worlds;
The Guru's Knowledge awakes in him
Who serves his Guru with purest love.
23. 'Gu' is the symbol for darkest night;
'Ru' is the symbol for radiant light.
The Guru is Brahma without a doubt;
His light of Knowledge dispels the dark.
24. 'Gu' is the world of unceasing change—
All that appears to the eyes of men.
'Ru' is the God in whom all's contained,
Yet who remains evermore the same.

25. The Guru's feet are the highest goal;
Even gods yearn to tarry there.
Angels in heaven called 'Gandharvas'
Worship the Guru's feet with love.
26. Wise men say that there's nothing else
One can compare to the Satguru;
One should offer as gifts to Him
All the things He could need or use.
27. Devotees should delight their Lord
With the gifts which they give to Him;
More than this – for the Guru's gifts,
One should offer one's life to Him.
28. Serve the Guru with all thy heart;
Serve Him in speech and in action too.
Before Him stretch out upon the ground;
Give all thy love to the Satguru.
29. To the Guru thou must give all;
Senses, bodies and breath of life.
Wife or husband thou must release;
Give up even thy soul to Him.
30. This cage of bones, and blood and flesh
Will turn to ashes at last one day;
Unto the Guru this body give
In full surrender without delay.

31. The tree of samsara sinks to hell
Along with souls who cling thereto.
All are saved by the Guru's Grace.
Salutations I offer Him.
32. The Guru is Brahma, He is Vishnu,
There is no doubt He is Shiva too.
God and Guru in fact are one;
Salutations I offer Him.
33. He is the cause of the universe;
He is the Bridge to cross over change.
He is the Source from which knowledge comes;
To Shiva, the Guru, I bow my head.
34. Ignorance blinds the eyes of man;
The Guru makes him to see again.
With His wisdom He sets men free;
Salutations I offer Him.
35. Thou art my Mother and Father too;
Thou art my Brother, Thou art my God.
Thou art my wealth in this world of change;
Salutations I offer Thee.
36. Because Thou art, all this world appears,
Just as Sun is the cause of light.
All our joy is because of Thine;
Salutations I offer Thee.

37. Because of Thee, life on earth goes on;
Thou art the Sun by whose rays we live.
It is Thy Love which gives love to men;
Salutations I offer Thee.
38. The mind of man can perceive this world;
Thee, the mind never can perceive.
Thou art the Witness behind all minds;
Salutations I offer Thee.
39. By Thy wisdom the Truth is known;
The world and self are no longer two.
The form of Truth is Itself the Truth;
Salutations I offer Thee.
40. To those who know Thee, Thou art unknown;
They claim to know Thee who know Thee not.
Nothing else but Thyself exists;
Salutations I offer Thee.
41. Thou art the Cause of the universe,
But men see only the universe.
Thou art the Cause and effect as well;
Salutations I offer Thee.
42. The world of many is truly one;
All that is is contained in Thee.
'Tis all Thy play which appears as change;
Salutations I offer Thee.

43. The world is the play of duality,
But Thy feet save men from all distress-
From all misfortunes and accidents;
Salutations I offer Thee.
44. The wrath of gods may be overcome
By the Grace of the Satguru.
But Guru's wrath offers no escape;
Therefore take thy refuge in Him.
45. My head I bow at the Guru's feet,
Untouched by thoughts and the words of men.
Mind and senses can grasp them not;
Shiva and Shakti they represent.
46. Transcending gunas, the syllable 'Gu';
Transcending rupam, the syllable 'Ru';
By Guru's Grace realize the Truth
Beyond all forms and all attributes.
47. Without three eyes, He is Shiva still;
Without four arms, He remains Vishnu.
Without four faces, He is Brahma;
This the scriptures declare is true.
48. Again I bow at the Guru's feet;
The sea of kindness He is indeed.
By the Grace of the Satguru,
This soul is freed from this world of change.

49. Sri Gurudev has a form divine
Which only the eyes of the wise can see.
His Glory is hid from the eyes of fools,
As the Sun is hid from a blind man's eyes.
50. The lotus-feet of the Satguru
Should be worshipped with love each day.
Bow to the feet of the Satguru-
This I ask thee, Oh Parvati.
51. To the sovereign God, Guru,
Offer garlands of fresh-cut blooms.
Eternal Witness of all that is,
He watches the play of the universe.
52. Pranayama cannot be learned by toil,
Try however many times one may.
Strain and pain, and surely weariness
Are the most one can hope to gain.
53. Prana finds its way to steadiness alone
By the Grace of Sri Gurudev;
Serve the Guru continually,
And thus remain in the state of Love.
54. Meditation on the Guru's form
Is meditation on the Lord.
Chant the name of Gurudev
If thou wouldst chant the Name of God.

55. A speck of dust from the Guru's feet
Forms a bridge strong enough to cross.
Samsara can be overcome;
Worship Him as the Lord of all.
56. The power of darkness can be destroyed
By the might of the Guru's Grace.
The Guru grants what the heart desires;
Salutations I offer Him.
57. The Guru's feet put an end to change,
Just as water puts out a fire.
There in the lotus within the moon –
High in the top of the head of man.
58. The Guru dwells in the Sahasrar
Enclosed by a figure whose sides are three.
Supreme Ham Sah is also there;
Remember the Guru with love each day.
59. By His Glance He creates this world;
It is His Glance which sustains it too.
Ignoring wealth, He examines Hearts,
And takes the sins of all men away.
60. In the One He remains engrossed,
Though the world has its Source in Him.
Though He moves in the world of men,
His eyes are fixed on the final Goal.

61. His Glance is the pillar that holds this world;
It showers the nectar of Love and Grace.
Perceiving the secrets of life within,
His vision embraces the universe.
62. Permeated with Consciousness
His glance gives birth to the world of Time;
Oh may that glance from the Guru's eyes,
Illumine me with its light divine.
63. The word 'Guru' is the word supreme,
Refined like gold, and by reason tried.
With the mantra, 'Guru', Oh Parvati,
A man need nevermore fear to die.
64. Although He moves, He is ever still;
Although He's near, He is far away.
Although beyond all this world of change,
The Guru dwells in the hearts of all.
65. "I have no birth, I have no death;
Ageless, I am forever One.
Chitananda, the Blissful Self,
I contain all things," so the Guru knows.
66. "I am the Pure, the eternal One;
Before the creation of life, I was.
I am the Spirit that forms all things;
Forever blissful, forever One."

67. Remember the Guru with every breath;
Knowledge comes by the Guru's Grace;
Through books, or scriptures, or inference,
Or through the means of experience.
68. Oh Parvati, I shall speak to thee
On the theme of the Guru's Grace.
Thy mind is able to comprehend,
And so these truths find in thee a place.
69. Pervading all of this universe,
Undivided, the One supreme:
By the Guru He is revealed;
Salutations I offer Him.
70. All the scriptures are only gems
Decorating the Guru's feet.
The lotus of Knowledge He makes to bloom;
Salutations I offer Him.
71. Knowledge wakes in the mind of man
When the Guru is loved with faith,
All is attained by the Guru's Grace;
Salutations I offer Him.
72. In lasting peace, and in lasting bliss,
Stainless, boundless, beyond all sounds,
Beyond all visions the Guru dwells;
Salutations I offer Him.

73. All the forms in this universe,
In motion, stillness, alive or dead,
Are merely forms which the Guru takes;
Salutations I offer Him.
74. The power of Knowledge is His to ride;
Around His neck is the jewel of Truth.
Bhukti and Mukti He satisfies;
Salutations I offer Him.
75. By the power of His Wisdom's fire
The light of Knowledge has been revealed.
All past karma has been destroyed;
Salutations I offer Him.
76. As high as the Guru there is no truth;
As high as His service there is no work.
As high as His Knowledge there is no jnan;
Salutations I offer Him.
77. My Lord is the Lord of the universe,
My Guru, the Guru of all three worlds.
My Self is the Self within all men;
Salutations I offer Him.
78. The root of dhyan is the Guru's form;
The root of puja, the Guru's feet.
The root of mantra, the Guru's word;
The root of mukti, the Guru's Grace.

79. Though He lives, He was never born;
The Satguru is eternal God.
Above all else is the Satguru;
Salutations I offer Him.
80. Though one travels to holy lands,
And bathes in the water of holy seas,
A greater treasure is won by him
Who sips the water of Guru's feet.
81. The wrath of gods may be overcome
By the Grace of the Satguru,
But Guru's wrath offers no escape;
Therefore take thy refuge in Him.
82. Guru is all the universe;
He's Brahma, Shiva and Vishnu.
He is the highest god of all;
Give all thy love to the Satguru.
83. The fruit of love for the Satguru
Is realization and knowledge too.
He is the highest god of all;
Meditate on the Satguru.
84. Above all else is the Satguru;
Scriptures say He's beyond this world.
With thy mind and thy speech as well
Serve the Guru continually.

85. The Guru's Grace is the power that guides
Brahma, Shiva and Vishnu.
The state of final Oneness comes
Only through serving the Satguru.
86. Gods, and angels, and ancestors,
Sages, and creatures of other worlds,
Are unable to comprehend
The way of serving the Satguru.
87. Even men who are strong of mind,
With all the learning the world provides,
Continue to spin on the wheel of change,
Blinded victims of selfish pride.
88. There is no freedom for even gods,
Angels and spirits of other worlds;
Sages and Siddhas are lost as well,
Unless the Guru is served with love.
89. Meditation, Oh Parvati,
On the Guru brings highest joy,
Pleasure, comfort, eternal bliss,
And the treasure of Liberty.
90. I think of my Guru who is Brahman;
I speak of my Guru who is Brahman.
I bow to my Guru who is Brahman;
I serve my Guru who is Brahman.

91. The bliss of Brahman, the highest joy,
Bestowing Knowledge of all life's forms:
Beyond the realm of duality,
"Thou art That", it has been proclaimed.
92. One Eternal, forever free
The witness of all the minds of men;
Beyond becoming and qualities
To that Guru, J pranam again.
93. Eternal, stainless, beyond all forms,
Beyond the sight of the eyes of men;
Wakeful, conscious of highest bliss—
J bow to the Guru who is Brahman.
94. Meditate on the Guru's form
Within the heart on a golden throne.
Like a moon He shines, granting all desires;
To the conscious state He awakes the mind.
95. Meditate on the Guru's form,
Clad in white and bedecked with pearls.
His face is lit with a gentle smile
Radiating the Grace of Love.
96. The Guru's form is of purest bliss,
Shedding knowledge and happiness.
The Lord of yogis, the sweetest one,
Engrossed in the Self-to Him J bow.

97. It's Guru's Grace which creates this world;
It's Guru's Grace which sustains it too.
By Him it lives and by Him it ends;
Salutations I offer Him.
98. The two-eyed, two-armed serene Guru,
Dwells in the lotus of Sahasrar.
He grants the power of fearlessness;
Every morning remember Him.
99. There is nothing higher than the Satguru!
There is nothing higher than the Satguru!
Shiva's word is true! Shiva's word is true!
Shiva's word is true! Shiva's word is true!
100. All this is God! All this is God!
All this is God! All this is God!
I have spoken the truth! I have spoken the truth!
I have spoken the truth! I have spoken the truth!
101. Meditate on the Satguru—
The bloom of Knowledge will open wide;
By the Grace of the Satguru,
"I am free!" will awake in thee.
102. The Guru's path leads the mind to Truth;
Follow it with the greatest care.
Detach yourself from the world of change
To which the mind and the senses cling.

103. The world of form is the object seen;
The mind of man is the one who sees.
The way to Freedom is found by him
Who knows he is both the seer and seen.
104. Those who slander the Guru's Name
Despite their knowing what's been proclaimed—
Oh Parvati, they must live in hell
So long as the Sun and the moon remain.
105. Remember the Guru 'till life is gone.
Until the end of the universe;
Obey the words from the Guru's lips,
Though liberation has been obtained.
106. A true disciple could never speak
Discourteously to the Satguru;
Before the Guru he could not speak
A single word that would prove untrue.
107. That man whose manner is rude and mean,
Who speaks to the Guru insultingly,
Is born in hell in a demon's form
To thirst for water unceasingly.
108. The fear of time and the fear of death,
The curse of demons and gods and such,
Cannot touch one, Oh Parvati,
Whom the Guru's Grace protects.

109. Gods and sages may try to save
One the Guru has turned against;
But death comes early to that poor wretch-
There need not be any doubt of this.
110. Of all the words which the sages wrote,
The word 'Guru' has the greatest power.
Of mantras this is the one supreme;
It leads a man to the highest state.
111. Though ignorant of the scripture's law,
Who serves his Guru faithfully;
He has truly surrendered all,
Which others merely pretend to do.
112. Eternal Brahman, beyond all form,
Can be revealed by the Guru's Grace;
He wakes the mind to the Absolute
As a lamp is lit by another lamp.
113. Perceive the Self of the universe,
The One who dwells in the hearts of men;
Walk the path which the Guru shows,
And in the wakeful state remain.
114. From highest god to a clump of grass,
All forms of life are contained in Him.
All who live are the Guru's own;
I bow to the Lord of the universe.

115. I bow to *SatAnanda*,
The Undivided, The Satguru.
Eternal, perfect, beyond all form,
Beyond distinctions He's ever One.
116. The Satguru is above all heights;
Eternal bliss He bestows on men.
Deep within every heart He dwells,
Pure and bright as a crystal gem.
117. Just as a crystal reflects what's near,
The mind that's made pure reflects the Self.
Within It shines as pure consciousness;
Within It shines as the highest bliss.
118. Meditate on the inner Self,
The tiny Person within the heart;
Oh Parvati, there is none else
But this One in the universe.
119. The Self whose nature cannot be known
By aid of senses or by the mind,
Is formless, nameless, beyond all sound;
His Grace is difficult to obtain.
120. Just as surely as blooms are sweet,
Surely as camphor has a scent;
Sure as cold weather follows heat,
So is Brahman eternally.

121. Just as caterpillars change to moths
By meditating incessantly,
So does the man who adores the Lord,
Become the same as the God he loves.
122. Meditate on the Satguru;
That is the way to become divine.
He is free who has known these three:
Pindam, padam and rupam.
123. *Parvati to Shiva:* Oh great Lord, please define for me
'Pindam', 'padam' and 'rupam'.
Tell me also, Oh Shankara,
What It is that's beyond these three.
124. *Shiva to Parvati:* Pindam's Kundalini Shakti,
Padam is the Hamsa mantra,
Rupam is the Blue Pearl of light;
And beyond these three is the Infinite.
125. Of pindam free, and of padam free,
Of rupam free, Oh Parvati—
That man is freed forevermore
Who knows the One beyond these three.
126. Become the whole of the universe—
Know the One who's the Source of all
This is the Highest of all that's high;
All else has no reality.

127. After the truth of the Self is known
Through the Grace of the Satguru,
All attachments and cravings fade;
Alone, at peace, that man is freed.
128. With mind at peace, be detached from want;
Enjoy whatever is brought to thee.
It may be much or it may be naught;
From bonds of craving thou must be free.
129. When a man sees the Self within,
He knows the Truth of the universe.
He knows the world and the Self as One;
He dwells at peace in the highest bliss.
130. Any place where He lays his head
Becomes well known as a blessed land;
This is the way that the free are known.
This is the path, Oh Parvati.
131. This is the answer you begged from me;
Follow the path of the Satguru;
By meditation and love for Him,
The wise will attain to the highest Goal.
132. Oh Parvati, I shall speak to thee
On the powers one can obtain-
Powers to use for the good of men;
Never use them for selfish gain.

133. One who's selfish, of lowly mind,
Will sink himself in the sea of strife;
But the man of knowledge is never bound
By seeking fruits from the world outside.
134. By chanting this holy song with love,
By making a copy to give to friends,
Or even by hearing this Gita sung—
In all these ways many fruits are won.
135. To thee, Oh Goddess, I have revealed
The purest truth in the song I've sung.
To cure the illness of worldliness,
Repeat each day this song of love.
136. The Guru Gita thou must repeat;
Every letter's a mantra sound.
All other mantras are worth one ounce,
But the Guru Gita is worth a pound.
137. All benefits thou wilt surely gain;
All sins will surely be wiped away.
All deprivation will surely end;
Repeat this song of love each day.
138. Time and death will be no more feared;
No more will things in the world go wrong.
Nor thieves, nor ghosts, nor beasts affright
The devotee who repeats this song.

139. All diseases will soon depart;
Wealth will come of its own accord.
Your charm will capture the hearts of men;
Always remember to sing this song.
140. A seat of cloth signals poverty;
A seat of stone will engender pain.
A seat of earth is a sign of woe;
From a seat of wood nothing can be gained.
141. For freedom sit on a tiger's pelt;
For Knowledge sit on a black deerskin.
For wisdom sit on a mat of grass;
A woolen blanket grants everything.
142. On a mat of kusha or durva grass,
Spread a blanket of purest white.
Oh Goddess, this is the proper seat
To sing this song with attentive mind.
143. A seat of white is a seat of peace;
A seat of red will reveal thy charm.
A yellow seat will assure thee wealthy
And a seat of black will repel all harm.
144. Facing north, put thy mind at peace;
Facing east, charm the hearts of men.
Facing south, thou wilt slay all foes;
Facing west, wealth can be obtained.

145. By gods and kings thou wilt be adored;
All God's creatures will honor thee.
Of all the world thou wilt be the lord;
From every bondage thou will be free.
146. In thee all virtues will be revealed;
All thy works will succeed with ease.
All mistakes will be long forgot,
And vanquished all of thine enemies.
147. All thy good dreams will come to pass,
And all bad dreams will abandon thee.
The course of planets will cause no fear;
What can't be done, thou will do with ease.
148. This song brings peace to everyone;
It grants good-fortune and happiness;
A wife's assured of her husband's love;
A childless woman will bear a son.
149. It gives long life and the gift of health,
The gift of wealth, and the gift of power.
Liberation it grants to those
Who sing this song without desire.
150. Sing this Guru hymn with love;
Fears and curses will be no more.
Pain and sorrow will cease to be,
Though, through desire, one must be reborn.

151. All one's wishes will be fulfilled;
Obstacles will be overcome.
Wealth, pleasure, righteousness,
And Liberation it grants to men.
152. It is the wish-fulfilling cow;
It is the wish-fulfilling tree.
It is the wish-fulfilling gem;
In every way it will gladden thee.
153. Desiring freedom, repeat this song;
Liberation thou wilt attain.
Or if it's pleasure thy heart desires,
Then life's enjoyments thou will obtain.
154. Worship God in whatever form-
As Shiva, Vishnu, or rising sun-
But the Guru Gita thou must repeat;
It grants its power to everyone.
155. And the place in which to sing this song
I'll tell thee now, my lovely one;
Beside a river, or near the sea,
Or in a temple that's built for me;
156. Beneath a banyan – or apple tree,
Within a cowshed, or a holy shrine;
Wherever the sacred Tulse grows,
Or in an ashram where saints reside.

157. A place that's silent, a place that's clean,
A place that's free from impurities-
Choose the best place that can be found,
And sing this song with thy mind at peace.
158. If it's powers thy heart desires,
Sing this song 'neath a banyan tree;
Or in a place where the dead are burned,
Or go sit under a mango tree.
159. All one's actions will bear good fruit,
However foolish that one might be;
Success comes easy to those who love
And serve the Guru continually.
160. To wash away all impurities,
To rid thyself of all woes and cares,
Bathe thyself in this Guru song,
And free thy mind from all earthly snares.
161. The knower of Brahman who has no peer-
He is the Guru, one may be sure;
Wherever the Guru may choose to live-
One may be certain that place is pure.
162. Wherever the stainless Guru dwells,
That place is where the gods reside;
In time they gather and settle there,
And there remain to be by his side.

163. Sitting, standing, or lying down,
Waking, sleeping, or moving 'round;
On an elephant's back, or astride a steed,
Remember the Guru incessantly.
164. Who sings this love song every day-
He is a wise and a holy man.
Who has his darshan is blessed as well,
He'll never have to be born again.
165. Water's water in rain or sea;
The air contained is the air that's free.
Milk is milk in a glass or pail;
The Self in thee is the Self of all.
166. The jnani's Self is the Self of all;
It is within that he finds delight.
He wanders over the earth alone-
Alone all day, and alone at night.
167. His only love is the Lord of all;
That man of vision is truly free.
He's always eager to do God's will;
He serves his Master continually.
168. All life's pleasures will come to him,
Along with moksha, Oh Parvati;
Wealth and freedom he will attain,
And on his lips - Sarasvati.

169. All the powers that can be gained,
All the pleasures that wealth can bring,
Along with freedom belong to him
Who sings this sacred Guru hymn.

170. It's true, it's true, what I have said;
The Guru Gita stands alone.
It's true, it's true, Oh Parvati;
It is the highest doctrine known.

171. There is One God; religion's one.
Faith in One is the best tapah.
The best of truths is the Satguru;
There is nothing higher than the Satguru.

172. Blest his parents and family,
Blest the earth on which he stands,
Who loves the Guru with love that's pure;
Such Gurubhakti is truly rare.

173. Body, senses, and breath of life,
Wealth, and brothers, and loved ones too;
Mother, father, and family,
Are all contained in the Satguru.

174. The moment the Guru is pleased with thee,
The Guru's favor will consummate
Countless ages of birth and death,
Of fasting, chanting, and all the rest,

175. Vision, tapas may give to man-
With strength, and knowledge, and powers too-
But still he's only a worthless wretch,
If he will not work for the Satguru.
176. Deva-rishis and ancestors,
Brahma, Vishnu, and Shiva too,
Siddhas, sages and gods of old,
Owe all to serving the Satguru.
177. There is no realm on the face of earth
Holier than the Guru's feet.
Adore the Guru, and be at rest;
Of holy places, that is the best.
178. Chanting the Gita brings victory,
And many other rewards to men;
But one must give up all lowly deeds,
And stay away from all lowly friends.
179. Lowly actions and lowly seed
Cannot bear but the poorest fruit.
To win the vict'ry in every case,
The Guru Gita thou must repeat.
180. Victory is assured to him
Who sings this song when he's facing death.
All his journeys are made with ease;
In all endeavors he will succeed.

181. Do not disclose this mystery
Which I have made most clear to thee;
Keep this secret between us two,
Oh Parvati, so dear to me.
182. Never think to impart my words
Unto my servants or even gods;
Do not tell even my dearest sons!
Oh Parvati, all my words are true.
183. Reveal them only unto that one
Whose mind is ready to know their worth;
Oh dear beloved, who art myself,
He must be loving, he must have faith.
184. To one who's wretched, who's false and mean,
Who has no love in his heart for God-
Oh Parvati, never think to give
Unto that person this song of love.

This song from the Purana, Sri Skanda,
This song of Shiva to Parvati,
I offer Thee, Oh my Gurudev-
A gift of the goddess Sarasvati.

Om. Shanti, Shanti, Shanti.