



# LAKES GRAMMAR – AN ANGLICAN SCHOOL

Cnr Sparks Road & Albert Warner Drive, WARNERVALE  
PO Box 6069 Gorokan 2263

School Office: Ph: 4393 4111  
Fax: 4393 4133  
Website: [www.lakes.nsw.edu.au](http://www.lakes.nsw.edu.au)

Events line: 4393 4134  
Sports Line: 4393 4135  
School Email: [admin@lakes.nsw.edu.au](mailto:admin@lakes.nsw.edu.au)

Senior Campus: Fax: 4393 4155  
P&F email: [pfa@lakes.nsw.edu.au](mailto:pfa@lakes.nsw.edu.au)

*“With heart, soul, mind & strength”*

Friday, 6 March 2015

NEWSLETTER

Issue 3

## MESSAGE FROM THE PRINCIPAL

### VIRTUES AND VALUES

At Lakes Grammar we teach students from K-12 the virtues and values we consider to be important for both the individual and society. Our three broad expectations for conduct are Respect, Responsibility and Care. Students are explicitly taught what these mean in various contexts within school life. School leaders speak about these also in assemblies from time to time. The Junior School also has its virtues program. Each week there is a focus on a virtue such as honesty, kindness, justice, diligence or compassion (and many others). Our chapels and Christian Studies lessons also teach values from a Christian perspective. We use many ad hoc opportunities to reinforce these virtues and values. Their roles in our lives are that each person may grow to be a person of character and that each contributes to a harmonious society.

Teaching is one thing, learning and then doing is another. Children and young people are still growing in maturity. They are often impulsive. They can't think ahead very far and they often don't foresee the consequences of their words and actions. Hence, conflict and unpleasantness between students happen from time to time. It is a natural part of growing up, discovering who I am amongst my peers and the social dynamics that result. Sometimes these things are inaccurately called bullying. Sometimes bullying is the accurate description. When such behaviours do occur, there may be consequences; reparation may need to be made; there may be disciplinary consequences. But above all, we hope that the consequences will result in a student learning and understanding more about right and wrong, about personal responsibility for their actions and about restoring relationships they have broken by their words or actions.

Sometimes a parent's desire to protect their child may hinder the child's learning of these things. Mistakes are important learning opportunities, both academically and in social relations. It is important that children and teenagers learn to take responsibility for their actions and to develop resilience. Our student wellbeing and behaviour procedures are designed to help young people in this growth. Our wellbeing programs also aim to build in students a sense of connectedness to their school and their peers. A sense of belonging to a community is critical to a person's wellbeing. We have recently begun undertaking an annual survey of student wellbeing in the school so we can monitor progress. Early indications are that there has been improvement over the last two years. If you have concerns about your child's wellbeing there are several channels at school from which you can ask for help. The Chaplains, School Counsellors, class teacher (JS), Mr Johns, the JS Co-ordinator of Student Wellbeing, SS Year Advisers, Mr Maslen, the SS Director of Student Wellbeing, or ultimately the Heads of JS or SS and the Principal.

### Congratulations to...

- Joshua and Lachlan Green who will compete at the South Coast Spearfishing Championships as part of a state-wide competition.
- Levi Curtain who will compete in the State Water skiing Titles

Remember to let me know about big achievements or non-school events your children are a part of so I can congratulate them.

**Michael Hannah (Principal)**

### GUIDELINES FOR ABSENCES

All schools in NSW need to record absences in a particular way to meet NSW Government requirements and some of these rules were amended and put in place for the start of 2015.

The following should help to deal with the more common types of absences and indicate what is needed to be done if your child is away from school:

Type of Absence	What do I need to do?	Who do I contact?
<ul style="list-style-type: none"> <li>• Medical appointment</li> <li>• Sickness</li> <li>• Funeral</li> </ul>	Ring the absentee line or write a note stating the reason for your child's absence.	Reception
<ul style="list-style-type: none"> <li>• exceptional domestic circumstances, or</li> <li>• other exceptional circumstances, or</li> <li>• for employment in entertainment industry/participation in elite sporting event for short periods of time (i.e. for 1 or 2 days, and at short notice )</li> </ul>	Complete a 'Principal Exemption Form' at least 2 weeks prior to the event. These types of absences are not recorded on school reports.	Reception, but the application is passed on to the Principal
<ul style="list-style-type: none"> <li>• Specialist educational services such as tutoring for a particular medical condition</li> </ul>	Write a note asking for permission to attend the sessions.	Reception who will pass your note on for approval.
<ul style="list-style-type: none"> <li>• Extended Leave for Travel or a family holiday</li> </ul>	Complete the 'Extended Leave for Travel Form' at least 2 weeks prior to the event. Please note that leave is only granted in exceptional circumstances where travel is unavoidable. The expectation is that students would normally travel and take holidays during the holiday period. Regardless, all absences of this type are recorded on school reports.	Reception, but the application is passed on to the Principal

## KINDERGARTEN and YEAR 7 2016

If you have a child for Kindergarten or Year 7 in 2016 please notify Racquel Jolly immediately  
[enrolments@lakes.nsw.edu.au](mailto:enrolments@lakes.nsw.edu.au).

Places are filling fast and we need to know how many siblings will need a place before we offer them all.  
Thank you.

## HEAD OF JUNIOR SCHOOL

### MACY WILLIS – WELL DONE!



Each year for the last 3 years now Macy Willis of Year 3 has participated in the YMCA Swimathon. This Community Charity Event is aiming to raise much needed funds (over \$250,000) to support more than 1,600 kids and adults with disabilities to enjoy the water and learn to swim safely.

Last Sunday, 1 March, Macy got into the pool to swim for the cause. Macy swam 120 laps of Toukley pool in 1 hour which equates to 3km with her fundraising tally exceeding the \$400 mark. Macy set herself the goal of \$200 and 112 laps which she well exceeded. Macy chose 112 laps because this was double the distance swum in her first year when she was 6 where she successfully swum 56 laps. Last year she swum 104 laps.

### JUNIOR SCHOOL LEADERSHIP DAY

The Junior School Leadership Day at Treetops on Wednesday, 25 February was a wonderful success with the Year 6 School Leaders working through the activities on the day in a mature, intelligent and reflective manner. We are blessed to have such a talented and capable team of student leaders to commence 2015 with the brainstorming of a number of initiatives for the School community. Thanks also go to our Chaplain, Peter and Mr Johns, whose organisation of the Leadership Day and ongoing work with the School Leaders contribute immensely to the development of such a successful team each year.

The day presented a good opportunity to work with our Chaplain, Peter, to reflect on Biblical perspectives of leadership, develop our communication skills, challenge ourselves to think and communicate under pressure, try new things and to work as a team on the high ropes course as well as developing some plans for the Junior School as a leadership group in 2015. We enjoyed the opportunity to grow together as leaders and to plan for a range of initiatives whereby the students are able to carry out their roles within the school this year.

A huge thank you to the leadership group for the example they are setting to others in the classroom, the playground and in a range of co-curricular activities.



### HRIS SWIMMING

Congratulations to our Junior School Swimming Team who represented Lakes Grammar proudly last Thursday 26 February. Our team secured third place overall at the carnival which was an excellent result. Elodie Jewell, Macy Willis and Tiah Vale were age champions in their respective divisions and all of the students who attended were amazing school representatives.



## BUILDING LEARNING POWER



We are continuing to work on our Building Learning Power program in classrooms. The diagram below shows the four areas of our 'Building Learning Power' program (Reach Out, Look Within, Think Clearly and Believe in Ourselves) which link in with our school motto 'With Heart, Soul, Mind and Strength'.

A number of learning actions which are associated with each area are listed around the outside of the circle.

Over the course of Term 1, we are focusing on the concept of 'Heart' and will be thinking about 'Listening Respectfully and with Empathy as learners over the next fortnight.

### STARS OF THE WEEK:

Congratulations to the following students who have been spotted around the school looking immaculate over the past fortnight - **Brock Wade, Benjamin Anderson, Keeliegh Dodds and Jade Banck.**

**Ryan Gardem** and **Ethan McCrea** receive Building Learning Power Awards for collaborating well with others.

### LATE ARRIVALS

I am concerned about the lateness of many of our students in the morning. The day begins at 8.45am for Junior School students. The roll is marked at this time and all absences are noted. Even if a student arrives 5 or 10 minutes late, a late arrival note, available from the Junior School Administration Office, must be delivered to the teacher. The school is required by law to account for absences and relies on parent support in this. I would appreciate parents making the effort to have their children at school before 8.45am each day.

### PARENT/TEACHER INTERVIEWS

Monday, 16 and Tuesday, 24 March are our Semester 1 K-6 Parent/Teacher interviews. Appointments are able to be booked using Parent Lounge and are in 10 minute time slots. These interviews are a time for parents and teachers to communicate about your child's strengths and areas for continued improvement. I recommend you utilise this time by coming prepared with several questions already in mind. Some suggestions are;

- Is my child prepared for learning?
- What lessons/subject areas seem to be my child's strength?
- How are they progressing in their literacy and numeracy development?
- Which building learning power capacities are they drawing upon the most?
- What personality trait is their best quality in a learning environment?

Remember this time is not to compare your child to others, as we are all unique, but to rejoice in their individual personal achievements and to scaffold their ongoing development.

Whilst reports are an accurate record of performance they are not the most comprehensive way of communicating detailed information to families. It is for this reason that I would encourage every family to attend Parent/Teacher Interviews. Please ensure that you book the interview times that you require online as soon as possible.

Please remember that while these formal interviews give you the opportunity to discuss your child's progress with their teacher, you are most welcome, and encouraged, to speak with your child's teacher at any time throughout the year.

### HRIS ART ON THE MOVE

Congratulations to the following students on their artwork being selected to be in the HRIS Art on the Move Travelling Art Show. Their work will be exhibited across a range of Independent Schools in the Hunter Region over the course of 2015.

Thomas Anderson, Theodore Brown, Chloe Collins, Halle Davis, Charlotte Fisher, Emerson Flower, Noah Miller, Kenzie Millstead, Harriet Pierce, Hollie Rowe, Giselle Simon, Alex Voigt

### CHAPEL AND ASSEMBLY

*Parents are most welcome to attend all of our Assemblies and Chapels and you are very much encouraged to join with us to view the class items and celebrate the achievements of the students.*

K – 2 Assembly and Chapel takes place from 2.05pm – 2.50pm each Monday afternoon under the Junior School COLA.

Year 3 - 6 Assembly and Chapel takes place from 1.45pm – 2.45pm each Thursday in the School Hall.

In the event of wet weather, we either move to the Junior School COLA or indoors to the Junior School Music Room. Details of this are placed on the Junior School Events Line (02) 43934134 up to an hour prior to Assembly and Chapel commencing.

**Please note that a K – 6 Chapel will be held on Thursday, 12 March in the School Hall at 1.45pm. on that day the whole school (K – 12) will also be holding a BBQ fundraiser. 4S Assembly and 5D Chapel will now be held on Thursday, 26 March.**

### TEACHER PROFILE – MRS TRACEY HOUSE

#### ***A bit about yourself – and when and why did you come to Lakes Grammar?***

My name is Tracey House and I currently work with Kindergarten as a Learning Support Officer. I really love working in the area of Learning Support, a role I did for many years at my previous school, Wyong Christian Community School. I started at Lakes Grammar at the beginning of the year and came here because I felt this is where God wanted me, which is exciting and a bit scary as I find change is a bit hard sometimes.

#### ***What are you most looking forward to in your time here?***

I'm looking forward to getting to know the students at Lakes a Grammar and supporting them as they endeavour to develop their God given gifts and abilities.

#### ***What is your favourite Bible verse?***

My favourite Bible verse is Ephesians Chapter 2, verses 8

"For it is by grace you have been saved, through faith-and this not from yourselves, it is the gift of God". It's one of my favourite verses because it speaks of God's amazing love as shown in the free gift on offer to all of us through Jesus.

#### ***What is something you'd like to achieve in the future?***

To continue to be challenged by God. In addition, I'd like to further develop my knowledge and skills in Learning Support for students I work with and for those in the wider community.

Thought for the Week: Failure comes before success.

**Will Wallace (Head of Junior School)**

Afternoon messages are given to students immediately after lunch. Please be aware that the school reception area is a very busy time at the end of school and it is unreasonable to expect that a message can be taken out to students who have already departed their classrooms for the day to stand in bus lines or parent pickup. **If you need to get a message to your child regarding alternative travel arrangements please contact the school reception prior to 1.30pm.** Students in parent pick-up lines who are not collected on time will be held in the office until your arrival.

### SCHOOL CLEAN UP DAY

All students K-6 again participated in the annual Clean up School Day held last Friday. A big thankyou to all students, parents and staff who supported this worthwhile cause in making our school a beautiful environment to be part of. Looking forward again to 2016.



**Green Team**

### JUNIOR SCHOOL DEBATING

On Tuesday 24th February, two teams from the Junior School travelled to Bishop Tyrrell Anglican College for their first debate of the year. Whilst very nervous, all of the students did an excellent job representing our school and debating against other schools. The debate topic was "City children should go to the country for camp instead of Canberra in Year 6". Our Lakes 1 team worked hard to prepare their speeches about the importance of city children camping in the country. They sounded confident and had some clear arguments. Unfortunately, the other very experienced team had more detail, and won on this occasion. Our Lakes 2 team were on the negative side and arguing that children should go to Canberra for their camp. They presented well and were successful with a win. This was very exciting for them with nearly all members being completely new to debating. I was most impressed with their outstanding behaviour, manners and enthusiasm. Thank you to the parents who were able to transport our students to the debate.

We look forward to our next debate on the 19th March where we will debate "ANZAC Day should be our only national day of celebration".

**Mrs Condie (Debating Team Manager)**

**P&F  
Easter Raffle**

Dear Parents

The P&F are again running their very successful Easter Raffle and are asking each student/family to bring in an Easter egg to help make up some fantastic prizes to be raffled at the end of Term.

Donations would be appreciated by **Friday, 20 March** to assist in preparing our beautiful Easter prizes.

Books of raffle tickets have been sent home to Junior School. Simply sell as many tickets as you can, place the money in an envelope (cash only please) and return it to the office no later than **Thursday, 26 March**. The winners will be drawn on **Friday, 27 March** for prize collection in time for Easter.

Even if you can't sell all your tickets, every ticket sold helps. Just return any unsold tickets to the office. And remember, you can always get more raffle books from the office if you need them.

We appreciate all your efforts in helping raise funds for our school.

Thank you on behalf of the P&F.

## JUNIOR SCHOOL LIBRARY NEWS

### IPADS

Our 16 iPads are now ready for use in the JS Library and are a welcome addition to our ever-growing technology resources for classes. Students in Years 4-6 are also encouraged to use them at lunch times.

### BORROWING

Congratulations to 1L who borrowed 71 books last week. Keep it up! They have the Class Borrowing Award for the week!

### PRC 2015

Registration forms for all students have now been handed out and should have been distributed by class teachers. If you require another note, they are available on Parent Lounge (including logs).

We currently have around 170 registrations so far (some students have even finished!). Keep them coming in...A fantastic effort!

### WHEELERS eBOOKS

Has your child accessed our Wheelers eBook facility yet? If they are in Years 4-6 and have an iPad, Android or similar device, they can read our growing collection of eBooks either online or downloaded. Many new titles have just been ordered. They can also borrow an iPad from the JS Library at lunch. Please see library staff for more details or grab a brochure from the JS Library.

### LIBRARY BLOG

Check out our latest JS BLOG and see what students have been learning about in the JS Library recently. This BLOG will be updated when needed.

### COMING UP IN JS LIBRARY....

Monday 27 April – WW1 History talk (Yr 6 and OC)

### OPENING HOURS

The JS Library opening hours are from 8:30am to 3.30pm Monday and Friday and 8.30am to 4pm Tuesday to Thursday. Students are also welcome to use the JS Library at lunchtime (2nd half) each Monday to Friday.

**PLEASE NOTE:** any student using the library between 3-4pm must sign in and be picked up from the library and signed out by their parents. This time is for RESEARCH / HOMEWORK / STUDY use only. It is not a place for children to wait for parents to collect them in the afternoon.

Mr D. Summers (JS Teacher Librarian)

## CHAPLAIN'S CHAT

### Matt's Mutterings

One of the strange things about writing an article is that sometimes the subject matter can take place after you have typed up your piece and you have no idea of its success or not. This week is one of those moments. This Wednesday to Friday Year 12 will have been on retreat together at Anna Bay at an appropriately titled camp site called "The Retreat." Their excitement has been building for weeks now and some of the urban legends about retreat have been popping up. Like who was it that wore the Mankini the first year; is it true that our bags will be searched; do we actually have to do our own cooking; do we have to sleep...at all??? On the whole, there is an energy that has gripped most of the Year 12s as they prepare for a camp that is like no other we have at Lakes Grammar.

From a purely educational point of view, researchers have concluded that those Year 12 cohorts that attend a retreat in their final year of school achieve higher academic results than those cohorts who do not. There are a few reasons for this. Firstly, on a retreat students gather together away from the normal day to day activities and stop long enough to assess their wellbeing both individually and corporately. Life's nuances can be seen with clearer vision and changes can begin to be incorporated. Our students lead frenetic lives and retreat provides that pause which can allow the time and space to relaunch.

Secondly, because students are in retreat together they have time to bond and grow in their esteem of one another. Support networks are strengthened, friendships can be forged more deeply and teamwork skills can be raised. Finally, we aim to provide some educational frameworks for our students that will equip them to be lifelong learners. This year for example we are looking at neuroplasticity which is only a relatively recent discovery, yet has been alluded to in the Bible for 2000 years and more. We hope and pray that at retreat our Year 12s will have the time and space to reflect on who they are, who they want to be and what their purpose in this world is. We know that God has created them for great things and we want to see them live that out. If we can achieve this then our Year 12 retreat will indeed be a great success.

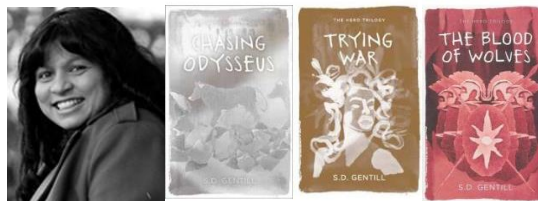
Bless ya!

Rev'd Matt Shorten (Chaplain)

## Maths tutoring in the Senior School Wednesday and Thursday mornings from 8am

## SENIOR SCHOOL LIBRARY NEWS

**Author visit Monday, 23<sup>rd</sup> March for Years 9, 11 and 12.**



Sulari Gentill author of the Hero Trilogy, is coming to visit Lakes Grammar in just over two weeks' time! Chasing Odysseus, the first book in the trilogy, is an alternative telling of both the Illiad and the Odyssey. The story pulls together the tales of Homer and the Greek mythology against which the great bard told those tales. It answers the question of how the Trojans survived a ten year siege behind the walls of the citadel, by using the actual myth of Agelaus the herdsman to create a forgotten people, the Herdsmen of Mount Ida. Chasing Odysseus weaves into the Odyssey – it does not contradict Homer but provides another story within the Greek epic. The novel was published in 2011 by Pantera Press and the trilogy can be found in our SS Library.

Ms Gentill's books will be available to order and purchase from a local bookseller before the day of her visit – we will let you know in your English classes when this is set up, your books can be personally signed by Ms Gentill on the day of our author visit, if you so wish.

Please have a look at the links below to Ms Gentill's publisher, and her own website:

<http://www.panterapress.com.au/shop/category/11/sulari-gentill>

<http://www.sularigentill.com/>

## SCIENCE REPORT

What an exciting start to the year. All classes have begun the year with enthusiasm and hard work which has been really encouraging. One of the central philosophies behind our national curriculum is 'Working Scientifically' and in keeping with this there are already a number of field trips either completed or imminent. The first was a field trip last Wednesday on which Year 7 students performed water quality testing at various sites around Warnervale and Wyong. I would like to commend the students for their positive behaviour and their application to successfully completing the tests required. Everyone worked collaboratively together to, in the short time available, complete as much of the testing as possible. Well done Year 7 keep up your enthusiasm and application! Our field trips are conducted to encourage students to gain an understanding of the nature of 'working scientifically' and so are of great value in enriching the understanding students have of the way 'real' science works in the field as well as their scientific skill development.



Next week there is a field study for the Year 11 Biology and Senior Science students to the Hunter Wetlands. I know this is always a very valuable experience for our senior students and so hope they will all make the most of this opportunity to reinforce the learning they have been doing in their respective courses.

Throughout this year we are planned a variety of small in-school challenges and events for students in various year groups to participate in starting with an energy challenge for Year 9 students, so keep an ear open for anything of interest. The information for this challenge has been given to students so they can begin working on it now. If you hear of anything you think might be of scientific interest to staff or students please contact me via the email address below. We are always looking for inspiration.

I would like to encourage all students to ensure their Science books are covered with a plastic cover and that laboratory safety rules and expectation sheets are glued into the front and expectation sheets are also signed by both student and parent/guardian. All books will be checked over the next few days and students may be provided with lunchtime opportunities to ensure this is all completed.

Finally I would like to welcome Mrs Annette Smith onto our Science team as our laboratory assistant. Annette did work with us part-time during Term Four last year and has now accepted the role on a full-time basis. Her assistance in helping our faculty prepare exciting lessons for our students has been invaluable. Thanks Annette and welcome!

As always if you have any questions about your child's Science experience at Lakes please feel welcome to contact either the child's class teacher or myself via email. We will endeavour to respond as soon as we are able. My email address is [jenny.charker@lakes.nsw.edu.au](mailto:jenny.charker@lakes.nsw.edu.au).

**Jenny Charker (Science Coordinator)**

## CAREERS

Morrisby testing will be conducted for Year 10 students on 23 and 24 March. Information notes have been sent out and spare forms are available opposite the office. Please return the note and payment for the testing by 16 March to confirm a place. Hopefully later in the year and after examinations, Year 11 and Year 12 will have an opportunity to carry out Morrisby Testing for Careers guidance. Go to the following website for more information.

<http://www.morrisby.com>

We are having a Careers Day on 2 June. As part of that day we will be hosting our very own "Expo" and so far have 17 Exhibitors. These include TAFE, Central Coast Group Training, National Art School, Armed Forces, Design Colleges, THINK Group which includes the Billy Blue Colleges, Universities and more. All the senior students will have an opportunity to visit this inaugural Lakes Grammar Careers Expo.

**Mrs C James (Careers Adviser)**

## DUKE OF EDINBURGH NEWS

Year 9 - A reminder that anyone wishing to join the Bronze Duke of Edinburgh program needs to complete the permission notes, pay the enrolment fee and register online before the end of Term 1.

Year 10 and 11 – The Watagans to the Coast expedition is coming up from the 30<sup>th</sup>-1<sup>st</sup> April. Students need to ensure they return their permission notes and payment by Week 8. Many Silver and Gold students are yet to reapply online and pay their registration fee to the office. Participants will be ineligible for the upcoming expedition if they have not completed the enrolment process before the expedition. The briefing meeting for this expedition is on Friday 20<sup>th</sup> March 3.15-4.00pm.

Service Opportunity – I have been co-ordinating a fundraiser/awareness event which will be happening during week two of term two. It's called 'Active for Africa' and raises funds for the School of St Jude's in Tanzania. So far I have a small committee composing of the Gold students. I would like to see some silver and bronze students who are yet to think of a community service join our group. We meet either on a Monday or Friday lunchtimes in D-block.

Mrs M. King

## SPORTS NEWS

### JUNIOR SCHOOL SPORTS NEWS

#### HRIS SWIMMING CHAMPIONSHIPS

Last Thursday, a number of students represented our school at HRIS Swimming Championships held at Maitland Pool. All in all, it was a fantastic result by our team who displayed excellent behaviour and sportsmanship throughout the day. We succeeded in coming 3rd on the day, as we are in Division 1, this is a marvellous effort!

Some results worth mentioning:

ELODIE JEWEL – 8yo Girl Champion

MACY WILLIS – 9yo Girl Champion

TIAH VALE – 12/13yo Girl Champion

8 and 12/13 Year Girls also won age pennants as well. A fantastic effort!

Anyone going to CIS level will be notified in due course.

#### PRIMARY SCHOOL NETBALL / FOOTBALL TRIALS

Last Monday, a number of 3-6 students trialled for the school HRIS Netball Gala Day and the Scone Grammar Gala Day to be next term.

Ms LeRay will be holding another trial day shortly (during lunch), for those who missed the original trials. Please check the JS Sports Noticeboard for further details.

On Monday 16/3, trials will be held at school for the upcoming HRIS Gala Day after school from 3.20-5pm.

#### WEEKLY SPORT UNIFORM

Please ensure correct sports uniform (including correct 'white' joggers and hats) are worn each Tuesday.

COMING UP:

Lakes Grammar School X Country - 17/3/15

TRIALS:

The following HRIS / CIS trials are coming up:

HRIS Primary Soccer

HRIS Primary Netball

CIS Cricket

CIS AFL

Note: you must already play at a representative level and be currently in Years 5/6 in order to be nominated for HRIS or CIS levels.

Please see Mrs Gaul, Mr Summers and JS Noticeboard for details regarding nominations and dates.

Mr D. Summers(K-6 Primary Sports Co-ordinator)

### SENIOR SCHOOL AND OTHER SPORTS NEWS

**SENIOR SCHOOL SWIMMING:** The HRIS Division 1 Swimming Championships were held in sunny conditions at Lambton on Tuesday 24 February. The Lakes Grammar team was full of confidence and this attitude certainly flowed into the pool. The school finished 6<sup>th</sup> overall which is an excellent result.

Congratulations to:

AGE CHAMPIONS:

TYLER JONES 18 Boys Age Champion

TOP 3 PLACINGS:

WHITNEY AKHURST Int 200m Free 3<sup>rd</sup>

CHELSEA BRANDER 12 Girls 50m Free 3<sup>rd</sup>

OLIVIA GLANVILLE

14 Girls 50m Breast 2<sup>nd</sup>, 14 Girls 50m back 2<sup>nd</sup>, 14 Girls 100m Free 2<sup>nd</sup>, 14 Girls 50m Fly 3<sup>rd</sup>

CAITLYN HODGES 16 Girls 50m Fly 3<sup>rd</sup>

TYLER JONES 18 Boys 1<sup>st</sup> place 50m Free, 100m Free, 50m Back, 50m Fly, 2<sup>nd</sup> 200m Free 200m IM and 50m Breast

MATTHEW MACDONALD 18 Boys 1<sup>st</sup> place 50m Breast, 2<sup>nd</sup> Place 50m Free, 50m Back, 100m Free, 50m Fly

BEN MCKECHNIE 14 Boys 2<sup>nd</sup> 50m Breast, 3<sup>rd</sup> 50m Free

LOGAN MOORE 16 Boys 1<sup>st</sup> 50m Breast

JNR GIRLS FREE RELAY 3<sup>rd</sup>

INT BOYS FREE RELAY 2<sup>nd</sup>

JNR GIRLS MED RELAY 3<sup>rd</sup>

INT BOYS MED RELAY 2<sup>nd</sup>

NEW HRIS RECORDS:

TYLER JONES 18 BOYS 100 FREESTYLE

18 BOYS 50 FREESTYLE

HRIS REP TEAM:

CHARLOTTE AKHURST, SEAN FREEMAN, BRYCE GLANVILLE, OLIVIA GLANVILLE, TYLER JONES, MATTHEW MACDONALD, LACHLAN MACDONALD, BEN MCKECHNIE, LOGAN MOORE, CAITLYN PARK, AIMEE-JANE STRAWBRIDGE

Thank you to Mrs King for managing the team and to all parents for their wonderful support of our entire team. Congratulations to all our swimmers for performing so well and best wishes to our swimmers going to AICES.





**ATHLETICS CLUB:** The Athletics Club will commence championships next week and conclude next week. Presentation Night has now been set: Wednesday, 1 April 2015 in the Senior School Hall.

**NETBALL CLUB:** Teams have now been determined and have been emailed out to parents. Coaches have been appointed and will be in contact with parents with regards to training schedules I thank all parents and players for their patience and understanding during the selection and grading process. Our committee members have done a marvellous job in ensuring our teams are correctly constructed.

**WEEKLY SPORT:** I would like to remind parents and students that the correct uniform is to be worn each sport day. The correct uniform is the school sport shirt, school sport shorts, white school socks and joggers (predominately white). Street shoes or slip on shoes are not appropriate for sporting activities as they do not do up tightly enough to support the ankle and foot and do not support the heel. If your child is having issues with uniform please write a note or place a message in the child's diary explaining the issue.

**REP HOCKEY:** Congratulations to Taylah Lloyd and Hannah Roth who has been selected in the HRIS Open and Under 16 Girls Hockey teams respectively that will compete at the AICES Championships in the coming weeks. Well done Taylah and Hannah. At these trials this year Miss Roche coached our first Open Girls Hockey Team. With very limited preparation this team performed exceptionally well and we look forward to developing Hockey in the school in the future. Congratulations to all the players and thank you to Miss Roche for coaching the team.



**SNOWSPORTS:** After years of success in the sport of Snowsports in previous years and the added interest from the recent Winter Olympics the school is seeking interest from any snowboarders or skiers who would like to participate this year. Over the past few weeks I have received enquiries from several families who interested in

competing this year. A meeting of all interested families will be held on TUESDAY 24 MARCH in D2 (Senior School) commencing at 7.30pm (This will be at the conclusion of Parent-Teacher interviews) All new families are most welcome to attend.

**CROSS COUNTRY:** The School Cross Country Championships will be held on Tuesday 17 March. This event is conducted in the bus land adjacent to the school with the start and finish points being on the Senior School oval. Senior School events commence at 9am and conclude at 11am. Junior School events commence at 11.15am and conclude at 1.15pm. Students may wear school sport uniform to school on this day. Notes have been sent home.

**TRIALS:** The following HRIS Trials are coming up.  
 Secondary Touch Football – Under 16 and Open  
 Secondary Soccer – Open Boys and Girls  
 If you would like to attend please see Mr Jones for the nomination details.

A reminder that trialists have to be at Representative level as Lakes Grammar can only send limited numbers.

**Andrew Jones (Sports Co-ordinator)**  
 Ph: 43934168, Mobile: 0428 663766 [ajones@lakes.nsw.edu.au](mailto:ajones@lakes.nsw.edu.au)



Small changes,  
big differences.



## FREE Teen Triple P Seminar Series The Power Of Positive Parenting

Children and Young People's Mental Health is pleased to offer parents of young people this evidence based seminar series. There are three 2 hour seminars in the series which will be held on 3 consecutive Wednesday evenings at Erina Community Health Centre. You can attend just one or all three seminars.

The program does not address the management of mental health problems in teens, however many parents have found the program useful in reducing the everyday conflict and stress associated with parenting teens.

DATES: 11<sup>TH</sup> MARCH – RAISING RESPONSIBLE TEENAGERS

18<sup>TH</sup> MARCH – RAISING COMPETENT TEENAGERS

25<sup>TH</sup> MARCH – GETTING TEENAGERS CONNECTED

TIME: 6PM – 8PM

VENUE: ERINA COMMUNITY HEALTH CENTRE (169 The Entrance Road, Erina 2250)

PRESENTERS: Ruth Phelan and Jo Heap

BOOKINGS ARE ESSENTIAL: To book into our seminars or for more information, please phone Children & Young People's Mental Health on 4328 7350 and ask for Ruth or Jo

[www.triplep.net](http://www.triplep.net)



## 2<sup>ND</sup> HAND UNIFORM SHOP

Happy Term 1! We hope your little people have settled in smoothly, are making friends and loving school! If you've noticed they've grown and their uniforms are looking a bit snug, the 2<sup>nd</sup> Hand Uniform Shop will be open next Thursday, 26 February from 8am – 10am. You can find us by going into the Junior School through Reception, and we set up in the breezeway to the right.

You can pay by cash, cheque or credit card (through the schools Flexischools system – **PLEASE** sign up beforehand if you know you'll be paying by card!). Please **do not** use the Flexischools system for pre-ordering uniform items. Remember that the items available at the 2<sup>nd</sup> hand uniform shop vary, depending on the donations we receive. Items in high demand (such as Kinder sizes) can come and go on the same day, and we may not always have what you need.

For those dropping off pre-loved items, you can download the updated **2<sup>nd</sup> Hand Uniform Sales 2015** form from "Links" in Parent Lounge, accessible from the schools website. Make the most of the direct deposit option and have the funds for your pre-loved items deposited directly into your bank account within a few days rather than waiting for a cheque to be sent out (which can take up to 2 weeks).

**2015 Opening Dates 8.00am to 11.00am**

**12 March**

**26 March**



The Uniform Shop  
(02) 4392 9128

[lakesgrammar@alinta.com.au](mailto:lakesgrammar@alinta.com.au)

Uniform Shop opening hours during school terms are:

Monday 8.00am – 10.00am -

Wednesday 8.00am – 10.00am

Thursday 2.30pm – 4.30pm

Friday 8.00am – 9.30am

The uniform shop can be contacted during these hours by phone or email:

[lakesgrammar@alinta.com.au](mailto:lakesgrammar@alinta.com.au)

Payments can be made direct to Alinta Apparel on the day of purchase. Alinta will take payments in the form of cash, credit card, or debit credit card.

Uniform price list & online shopping available at:

[www.alintaapparel.com.au](http://www.alintaapparel.com.au)

**Blazers are NOW in stock!**



## EASTER @ LAKES 2015

MAUNDY THURSDAY 2<sup>ND</sup> APRIL

10AM & 6PM FOOT WASHING & HOLY COMMUNION

GOOD FRIDAY 3<sup>RD</sup> APRIL

7.30AM GOOD FRIDAY LITURGY

9.30AM FAMILY SERVICE

EASTER SUNDAY 5<sup>TH</sup> APRIL

5.30AM SERVICE OF LIGHT

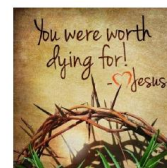
7.30AM HOLY EUCHARIST

9.30AM FAMILY EASTER SERVICE

EVERYONE  
WELCOME!

Please join us as we reflect on the promise made by God to all His Children, the plan to bring Salvation. This came at a cost which Christ was prepared to pay for you and for me.

[www.lakesanglican.org.au](http://www.lakesanglican.org.au)



274 Wallarah rd, Kanwal

2014-2015  
**NSW Family Energy Rebate**

**\$150\***  
 TOWARDS  
 ENERGY  
 BILLS

**APPLY ONLINE NOW!**

**2 MINUTES TO FILL IN A FORM**  
<https://applications.fer.trade.nsw.gov.au/>  
 \* eligibility criteria apply

**Apply before  
 Midnight  
 16 June 2015**

FOR MORE INFORMATION & ASSISTANCE  
 PHONE - Service NSW 13 77 88  
 EMAIL - [fer.program@trade.nsw.gov.au](mailto:fer.program@trade.nsw.gov.au)  
 WEB - [www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate](http://www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate)



**National Assessment Program – Literacy and Numeracy 2015**

**LETTER TO PARENTS**

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each student's level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student's right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

TUESDAY 12 MAY	WEDNESDAY 13 MAY	THURSDAY 14 MAY
Language Conventions (Spelling, Punctuation and Grammar)	Reading	Numeracy
Writing		

In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

**Friday 15 May** – A 'catch-up' day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student's normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child's participation in NAPLAN.

Additional information about NAPLAN can be found at [www.nap.edu.au/NAPLAN/Parent\\_Carer\\_support/index.html](http://www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html).

**6<sup>th</sup> Annual Lakes Anglican Artsfest**

Lakes Anglican Church will be hosting the 6<sup>th</sup> annual Artsfest, August 6-9. This is a community wide event which anyone can enter.

We have 5 children's categories (under 16's) and wish to encourage as many children as possible to enter a work of art. Winning works of art in each category will win a \$50 voucher.

In addition to pastels, acrylics, water colour and charcoal the "other" category has been expanded this year to include the exciting arts of graffiti art and computer generated art.



Images taken from Google images

There will also be children's art workshops in June and July. More information will be sent out closer to the dates.

An entry form is attached with further information regarding entry.

For any additional information call Lakes Anglican on 4393 1333

Or ring Susan on 0466 254 237