

Lance M. Mabry, PT, DPT, OCS, FAAOMPT

Assistant Professor, Department of Physical Therapy

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https://www.researchgate.net/profile/Lance_Mabry



EDUCATION

U.S. Army-Baylor University – Fort Sam Houston, TX 2004 – 2007

Doctor of Physical Therapy

Wilkes University – Wilkes-Barre, PA 1998 – 2002

Bachelor of Science: Major: Biology; Minor: Aerospace Studies

CERTIFICATIONS & LICENSURE

Fellow of Orthopaedic Manual Physical Therapy 2012 – present

American Academy of Orthopaedic Manual Physical Therapists - #1100

Orthopaedic Clinical Specialist 2010 – present

American Board of Physical Therapy Specialties - #22259

Licensed Physical Therapist 2007 – present

Current: North Carolina- # P17667 (2018 – present)

Previous: California- # 33904 (2007-2013), Florida- # PT28120 (2013-2019)

EMPLOYMENT - ACADEMIC POSITIONS

High Point University – Department of Physical Therapy – High Point, NC 2018 – present

Assistant Professor

University of Saint Augustine for Health Sciences – Saint Augustine, FL 2017 – 2018

Contributing Faculty

University of Nebraska Medical Center – Eglin AFB, FL 2012 – 2014

Clinical Contributing Faculty

EMPLOYMENT – LEADERSHIP/CLINICAL POSITIONS**11th Surgical Operations Squadron – JB Andrews, MD 2017 – 2018*****Chief of Research***

Led research activities including study design, IRB submission preparation and tracking, manuscript preparation, editorial services, and journal correspondence. Performed clinical duties as an expanded practice physical therapist in an outpatient orthopedic clinic. Hand-selected to attend President Donald Trump's speech commemorating the 70th United States Air Force birthday.

Malcolm Grow Medical Clinics and Surgery Center – JB Andrews, MD 2016 – 2017***Biomedical Sciences Corps Consultant***

Acted as the primary professional consultant to the hospital director and medical director for the Biomedical Sciences Corps professions. Was the lead hospital representative for 17 professions including (but not limited to) Podiatrists, Optometrists, Physician Assistants, Pharmacists, Physical Therapists, Occupational Therapists, Social Workers, Audiologists, Aerospace Physiologists, Dieticians, Bioenvironmental Engineers, Public Health, and Medical Lab officers. Choreographed career advancement, professional education, and mentorship opportunities for 53 medical officers.

11th Medical Operations Squadron – JB Andrews, MD 2014 – 2017***Director of Rehabilitation Services***

Directed 6th largest Air Force Rehabilitation Services Department. Supervised 22 personnel including a \$582K annual business plan for Physical Therapy, Occupational Therapy, and Chiropractic operations. Oversaw 7600 sq ft facility, \$271K in equipment, and a \$40K annual budget while serving 455K regional beneficiary population. Performed clinical duties as an expanded practice physical therapist in an outpatient orthopedic clinic. Supported President Barack Obama's final flight ceremony on Air Force One.

96th Medical Operations Squadron – Eglin AFB, FL 2011 – 2014***Physical Therapy Clinic Chief***

Led largest Physical Therapy Clinic in Air Force Materiel Command. Supervised 7 physical therapists and 20 staff to deliver care for a population of 89K beneficiaries. Oversaw \$1.4M annual outpatient business plan generating 36K RVUs and 17K encounters annually in a 7500 sq ft clinic. Directed inpatient operations in a 55 bed hospital. Directly engaged in clinical care as an inpatient acute therapist, as an outpatient orthopedic expanded practice physical therapist, and within a primary care clinic as a direct access expanded practice physical therapist.

Air Force Institute of Technology – Vallejo, CA 2009 – 2011***Fellowship Student***

Completed the Kaiser Permanente Physical Therapy Fellowship Program in Orthopaedic Manual Therapy & Musculoskeletal Primary Care. Clinical experience included practicing in an outpatient orthopedic setting and as an inpatient acute care setting.

- Craig Joint Theater Hospital, Task Force Med** – Bagram Air Base, Afghanistan **2008– 2009**
Physical Therapy Clinic Chief
 Oversaw inpatient and outpatient physical therapy operations in support of Operation Enduring Freedom. Performed direct medical support of United States and Allied Forces, serving as the primary conservative-care orthopedic asset in the region. Was hand-selected to attend President George W. Bush’s final address to the combat forces in Afghanistan.
- David Grant Medical Center** – Travis AFB, CA **2007– 2009**
Staff Physical Therapist
 Performed clinical duties as an expanded practice physical therapist in an outpatient orthopedic clinic and in an inpatient acute care setting. Served as an interim physical therapy clinic chief, overseeing 4 PTs and 18 staff. Member of the minimal disaster team.
- Air Force Institute of Technology** – Fort Sam Houston, TX **2004– 2007**
Physical Therapy Doctoral Student
 Elected to represent 16 Army and Air Force students as the Class Leader. Was hand-selected as the student primary investigator, directing 4 students on subject recruitment and manuscript preparation for “Comparison of Short-Term Response to Two Spinal Manipulation Techniques for Patients With Low Back Pain in a Military Beneficiary Population.” Represented 4 students and 3 clinicians during a platform presentation at the 2007 APTA Combined Sections Meeting.
- 379th Expeditionary Communications Squadron** – Al Udeid AB, Qatar **2003– 2004**
Director of Information Services
 Directed Postal Operations as the central hub for all ingoing and outgoing mail for Operation Iraqi Freedom (OIF). Oversaw document reproduction, preservation, and destruction for Al Udeid AB. Supervised photography and videography department responsible for historical documentation of OIF including base visits by Secretary of the Air Force James Roche, Air Force Chief of Staff General John Jumper, and former President William Jefferson Clinton.
- 78th Communications Squadron** – Robins AFB, GA **2002– 2004**
Unit Deployment Manager
 Served on commander's staff and functioned as the plans & programs interim flight commander. Briefed commander monthly on squadron readiness. Directed flight and squadron level projects. Developed and implemented unit policies and procedures. Oversaw readiness operations for 300-person squadron filling worldwide deployment taskings. Responsible for accountability and records management of over 200 active duty deployment folders. Managed deployment reporting tool. Inventoried and secured all deployment equipment. Acted as the organizational communications focal point and oversaw assets during crises.

SCHOLARSHIP

(indicates mentored student author)*

REFEREED PUBLICATIONS (*citations=140, h-index=4, i10-index=2, Google Scholar, 6/16/2019*)

1. **Mabry LM**, *Patti TN, Bleakley CM. Radiographically Occult Medial Cuneiform Impaction Fracture. *Journal of Orthopaedic and Sports Physical Therapy*; *in press*.
2. **Mabry LM**, Notestine J, Moore JH, Bleakley CN, Taylor JB. Safety Events and Privilege Utilization Rates in Advanced Practice Physical Therapy compared to Traditional Primary Care: An Observational Study. *Military Medicine*; *in press*.
3. **Mabry LM**, Vojta CN, Davies GJ. Anterior Greater Tuberosity Subcortical Cyst Formation Indicative of Supraspinatus Tear. *Radiology and Diagnostic Imaging*; *in press*.
4. **Mabry LM**, Ross MD, Dardenelle SI. Congenital Partial Aplasia of the Atlas Causing Functional Angular Displacement of the Posterior Arch. *Physical Medicine & Rehabilitation*. 2018 Dec;10(12):1434-1436. doi: 10.1016/j.pmrj.2018.05.026. Epub 2018 Jul 4.
5. Akinyemi OA, **Mabry LM**, Dardenelle SI. Buttock Pain and Sciatica Caused by a Femoral Osteochondroma. *Journal of Orthopaedic & Sports Physical Therapy*. 2017 Jun;47(6):442. doi: 10.2519/jospt.2017.6877.
6. **Mabry LM**, Ross MD, Tall MA, Kundu E. Neurologic Decline following Acute Vertebral Collapse in a Patient with Cervical Osteomyelitis. *Open Journal of Clinical and Medical Case Reports*. 2016 May;2(9).
7. **Mabry LM**, Ross MD, Green KA, Tall MA. Spontaneous Osteonecrosis as a Cause of Knee Pain in an Older Active Woman. *International Journal of Clinical & Medical Imaging*. 2015 Sept;2(9). doi: 10.4172/2376-0249.1000371
8. *Beers LR, **Mabry LM**, Sullivan RT. Osseous fragment in a patient with knee pain. *Journal of Orthopaedic & Sports Physical Therapy*. 2015 Apr;45(4):323. doi: 10.2519/jospt.2015.0404.
9. **Mabry LM**, Ross MD, Tonarelli JM. Metastatic cancer mimicking mechanical low back pain: a case report. *Journal of Manual & Manipulative Therapy*. 2014 Aug;22(3):162-9. doi: 10.1179/2042618613Y.0000000056.
10. **Mabry LM**, Ross MD, Abbott JL. Impaction fracture of the medial femoral condyle. *Journal of Orthopaedic & Sports Physical Therapy*. 2013;43(7):512. doi: 10.2519/jospt.2013.0413. Epub 2013 Jun 29.
11. **Mabry LM**, McGill TE, Abbott JL. Rupture of the anterior cruciate ligament and bucket handle tear of the medial meniscus. *Journal of Orthopaedic & Sports Physical Therapy*. 2013 Jun;43(6):427. doi: 10.2519/jospt.2013.0410. Epub 2013 May 31.
12. Cook C, **Mabry L**, Reiman MP, Hegedus EJ. Best tests/clinical findings for screening and diagnosis of patellofemoral pain syndrome: a systematic review. *Physiotherapy*. 2012 Jun;98(2):93-100. doi: 10.1016/j.physio.2011.09.001. Epub 2011 Oct 7.

13. Tonarelli JM, **Mabry LM**, Ross MD. Diagnostic imaging of an Achilles tendon rupture. *Journal of Orthopaedic & Sports Physical Therapy*. 2011 Nov;41(11):904. doi: 10.2519/jospt.2011.0422. Epub 2011 Oct 31.
14. **Mabry LM**, Ross MD, Martin PA, Tall MA, Elliott RL. Globus sensation associated with cervical spondylolisthesis. *American Journal of Physical Medicine & Rehabilitation*. 2011 Jul;90(7):615. doi: 10.1097/PHM.0b013e318214e269.
15. **Mabry LM**, Ross MD, Tall MA. Insufficiency fracture of the pubic rami. *Journal of Orthopaedic & Sports Physical Therapy*. 2010 Oct;40(10):666. doi: 10.2519/jospt.2010.0416.
16. **Mabry LM**, Ross MD, Tall MA. Diagnostic imaging following cervical spine injury. *Journal of Orthopaedic & Sports Physical Therapy*. 2010 Mar;40(3):189. doi: 10.2519/jospt.2010.0405.
17. Sutlive TG, **Mabry LM**, Easterling EJ, Durbin JD, Hanson SL, Wainner RS, Childs JD. Comparison of short-term response to two spinal manipulation techniques for patients with low back pain in a military beneficiary population. *Military Medicine*. 2009 Jul;174(7):750-6.

MANUSCRIPTS IN PREPARATION

1. **Mabry LM**, Mai MC, Hamel RN. Isolated Transsyndesmotom Fibular Fracture in a Skateboarder. *Journal of Orthopaedic and Sports Physical Therapy; in review*.
2. **Mabry LM**, Boyles RE, Brismée JM, Agustsson H, Smoliga JM. Global Physical Therapy Musculoskeletal Imaging Authority: A Preliminary Survey of the World Confederation for Physical Therapy Member Nations. *Physiotherapy Research International; in review*.
3. Hegedus EJ, **Mabry LM**, et al. Physical Therapy Diagnostic Accuracy. *Anticipated journal: American Journal of Physical Medicine & Rehabilitation; Anticipated submission date: 5/1/20*.
4. **Mabry LM**, Goss DA, Callender AK, Potter MA, Puckett AG, Briggs CA, Cawley JF, Boyles RE. Provider Diagnostic Imaging Privileges in Non-Physician Professions: A Historical Comparison to Catalyze Physical Therapy Imaging Privileges in the United States. *Anticipated journal: Physical Therapy; Anticipated submission date: 12/1/19*.
5. Baker SE, Silvernail JL, Scoville CR, Kushner SJ, Iveson BD, Easley SP, **Mabry LM**, Konitzer LN, Gudorf GM, Stoeker SJ. When Exception to Policy is Exceptional Policy: How Booking Physical Therapy Appointments Too Far in the Future May Adversely Impact Access to Care, Business Optimization and Readiness. *Military Medicine; in review*.
6. **Mabry LM**, Hegedus EJ, Gisselman A, Smoliga JM, Wright AA. Association of Physical Therapy Intervention with NASCAR Pit Crew Times. *Anticipated journal: Physical Therapy; Anticipated submission date: 12/1/20*.
7. **Mabry LM**, Puckett AG, Sinacore D, Patti TN, Bleakley CM. Radiographically Occult Medial Cuneiform Impaction Fracture: A Systematic Review. *Anticipated journal: Journal of the American Podiatric Association; Anticipated submission date: 12/1/20*.

8. Wright AA, **Mabry LM**, Hegedus EJ. Cam and Pincer Morphology Prevalence in Asymptomatic College Students
9. Ross MD, **Mabry LM**, et al. Physical Therapist Knowledge of the Ottawa Ankle Rules Compared to Medical Doctors.
10. Sinacore D, Ford K, **Mabry LM**, et al. Thigh Muscle Volume after Restricted Blood-Flow Exercises as Measured by Magnetic Resonance Imaging.
11. **Mabry LM**. Radiologic Evaluation of the Lumbosacral Spine and Sacroiliac Joints. In: McKinnis LN. Philadelphia, PA: F.A. Davis; 2020

REFEREED PLATFORM PRESENTATIONS

1. **Mabry LM**, Boyles RE, Brismée JM, Agustsson H, Smoliga JM. May Physical Therapists Order Diagnostic Imaging? A Preliminary Survey of the World Confederation for Physical Therapy Member Nations. American Academy of Orthopaedic Manual Physical Therapists Annual Conference, Reno, NV, Nov 2018.
2. Sutlive TG, **Mabry LM**, Easterling EJ, Durbin JD, Hanson SL, Wainner RS, Childs JD. Comparison of Short-term Response to Two Spinal Manipulation Techniques for Patients with Low Back Pain. American Physical Therapy Association 2007 Combined Sections Meeting, Boston, MA, Feb 2007. Abstract published in Journal of Orthopaedic and Sports Physical Therapy, 2007;37:A11.

REFEREED POSTER PRESENTATIONS

1. **Mabry LM**, Notestine JP, Moore JH, Taylor JB. Safety Events and Privilege Utilization Rates in Expanded Practice Physical Therapy Compared to Traditional Primary Care: An Observational Study. American Physical Therapy Association Combined Sections Meeting, Washington, DC, Jan 2019.
2. **Mabry LM**, Boyles RE, Brismée JM, Agustsson H, Smoliga JM. Global Physical Therapy Musculoskeletal Imaging Authority: A Preliminary Survey of the World Confederation for Physical Therapy Member Nations. American Physical Therapy Association Combined Sections Meeting, Washington, DC, Jan 2019.
3. **Mabry LM**, Ross MD, Dardenelle SI. Dangers of Upper Cervical Extension in a Patient with Congenital Partial Aplasia of the Atlas. American Academy of Orthopaedic Manual Physical Therapists Annual Conference, Reno, NV, Nov 2018.
4. *Patti TN, Bleakley CM, **Mabry LM**. Radiographically Occult Medial Cuneiform Impaction Fracture. North Carolina Physical Therapy Association Annual Conference, Greensboro, NC, Oct 2018.

5. *Burk CL, *Perry JM, **Mabry LM**. Improved hip Flexor Strength Following Lumbar Mobilizations in a High School Soccer Player with Anterior Hip Pain. North Carolina Physical Therapy Association Annual Conference, Greensboro, NC, Oct 2018.
6. Baker SE, Silvernail JL, Scoville CR, Kushner SJ, Iveson BD, Easley SP, **Mabry LM**, Konitzer LN, Gudorf GM, Stoeker SJ. When Exception to Policy is Exceptional Policy: How Booking Physical Therapy Appointments Too Far in the Future May Adversely Impact Access to Care, Business Optimization and Readiness. Annual Military Health System Research Symposium, Kissimmee, FL, Aug 2018. Abstract published online.
7. **Mabry LM**, Ross MD, Martin PA, Tall MA, Elliott RL. Globus sensation during cervical palpation in a patient with spondylolisthesis. American Academy of Orthopaedic Manual Physical Therapists Annual Conference, Anaheim, CA, Oct 2011. Abstract published online.
8. **Mabry LM**, Tall MA, Johnson JN. Manual intervention to a patient with lumbar radiculopathy secondary to rotatory olisthesis. American Academy of Orthopaedic Manual Physical Therapists Annual Conference, Anaheim, CA, Oct 2011. Abstract published online.
9. Cook C, **Mabry L**, Reiman MP, Hegedus EJ. Best tests/clinical findings for screening and diagnosis of patellofemoral pain syndrome: a systematic review. Ohio Physical Therapy Association 2011 Annual Conference, Dublin, OH, May 2011.
10. **Mabry LM**, Ross MD, Tonarelli JM. Cancer as a cause of low back pain in an individual referred to physical therapy. American Physical Therapy Association 2011 Combined Sections Meeting, New Orleans, LA, Feb 2011. Abstract published in Journal of Orthopaedic and Sports Physical Therapy, 2011;41:A58-9.
11. **Mabry LM**, Ross MD, Tonarelli JM. Cancer as a cause of low back pain in an individual referred to physical therapy. American Academy of Orthopaedic Manual Physical Therapists 2010 Annual Conference, San Antonio, TX, Oct 2010. Abstract published in Journal of Manual and Manipulative Therapy, 2010;18:231.

BOOK CHAPTERS

1. Ross MD, Fink ML, **Mabry LM**, Tonarelli JM, Tall MA. Diagnostic imaging in sports physical therapy. In: Rosenthal, M. Imaging for athletic injuries and conditions. Available at: <https://spts.org>.

CONTINUING EDUCATION (*Last 5 Years*)

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| 1. APTA Combined Sections Meeting – Washington, DC | 2019 |
| 2. AAOMPT Annual Conference – Reno, NV | 2018 |
| 3. Linking the Best Students to the Best Programs for the Best Outcomes: What Really Matters? – High Point University, NC | 2018 |

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| 4. Pink Brain, Blue Brain – High Point University, NC | 2018 |
| 5. Flat Space, Deep Learning – High Point University, NC | 2018 |
| 6. Innovating Educators to Educate Innovators – High Point University, NC | 2018 |
| 7. Faculty Development Workshop for New PT/PTA Faculty – Round Rock, TX | 2018 |
| 8. E1- Upper Extremity Evaluation & Manipulation, St Augustine, FL | 2017 |

TEACHING

COURSE INSTRUCTION

High Point University

<i>Professionalism & Leadership I (PT 7090): Course Director/Primary Instructor</i>	2018 – present
<i>Professionalism & Leadership II (PT 7590): Course Director/Primary Instructor</i>	2018 – present
<i>Professionalism & Leadership III (PT 8090): Course Director/Primary Instructor</i>	2019 - present
<i>Primary Care (PT 8160): Course Director/Primary Instructor</i>	2019 - present

University of Saint Augustine for Health Sciences

<i>Imaging for Physical Therapy (PHT6303100): Co-Primary Instructor</i>	2017 – 2018
<i>Imaging (PHT5240100): Co-Primary Instructor</i>	2017

SERVICE

UNIVERSITY SERVICE

High Point University Committees

Graduate Council	2018 - present
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Congdon School of Health Sciences Committees

Community Service Committee	2018 - present
Unique Curricula Committee	2018 - present

Department of Physical Therapy Committees

Admissions Committee	2018 – present
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Recruitment and Retention Activities

Academic Advisor for Doctoral Physical Therapy Students	2018 - present
Department of Physical Therapy Interviewer (<i>graduate</i>)	2018 - present

PROFESSIONAL SERVICE/MEMBERSHIP

American Physical Therapy Association <i>USAF Federal Affairs Liaison</i>	2006 – present 2015 – 2016
American Academy of Orthopaedic Manual Physical Therapists <i>Research Committee Advisory Review Panel Member</i>	2010 – present 2010 – 2011
Association of Military Surgeons of the United States	2019 - present
North Carolina Physical Therapy Association	2018 - present
Veterans of Foreign Wars	2006 – 2007
Manuscript Reviewer <i>American Journal of Physical Medicine and Rehabilitation</i> <i>Journal of Manual and Manipulative Therapy</i> <i>Journal of Orthopaedic and Sports Physical Therapy</i> <i>Journal of Primary Health Care</i> <i>Manual Therapy</i> <i>Physiotherapy Research International</i>	
PROFESSIONAL ADVOCACY	
NCPTA Advocacy Day <i>Leader, NC Senate District 26,</i> <i>Leader, NC House District 78</i> <i>Leader, NC House District 70</i>	2019
NCPTA Advocacy Day <i>Leader, NC Senate District 33</i> <i>Leader, NC House District 80</i>	2018
NCPTA Spinal Manipulation Task Force	2018 - present
PT Day on Capitol Hill (Maryland Representative)	2015
SECDEF DoD/VA EHR SME (Leader, USAF PTs)	2012-2013
COMMUNITY SERVICE	
Congdon School of Health Sciences Tour Guide	2018 - present
High Point Farmers' Market (<i>volunteer</i>)	2018 – present
Swans Landing Home Owners' Association (vice president)	2018 - 2019

HONORS AND AWARDS

1st Place Platform Presentation <i>American Academy of Orthopaedic and Manual Physical Therapists Annual Conference – Reno, NV</i> <i>Hypotheses & Emerging Topics Category</i> <i>“May Physical Therapists Order Diagnostic Imaging? A Preliminary Survey of the World Confederation for Physical Therapy Member Nations.”</i>	2018
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Air Force Meritorious Service Medal First Oak Leaf Cluster 2018

Malcolm Grow Medical Center - Major Lance M. Mabry distinguished himself in the performance of outstanding service to the United States as Director of Research, 11th Medical Operations Squadron, 11th Medical Group, 11th Wing, Joint Base Andrews, Maryland. During this period, Major Mabry edited and formatted six chapters for a forthcoming book on global health and disaster medicine commissioned by the Joint Staff Surgeon. He also led the Physical Therapy arm of a \$643,000 Trim-Service research study, coordinating the recruitment of 80% of the subjects. In addition, Major Mabry wrote seven articles, including a case study of tumor-induced sciatica, enriching the knowledge and skills of 49,000 academic journal readers. Furthermore, he facilitated four Fly Safety ergonomic courses, educating 21 medics and 180 flying personnel, which reduced the Duty Not Including Flying rate by 20%. Finally, as Physical Medicine Flight Commander, Major Mabry spearheaded a regional Physical Therapy manpower re-distribution, slashing the National Capital Region purchased care by 89%, which averted 5 million dollars in civilian network referral expenses. The singularly distinctive accomplishments of Major Mabry culminate a distinguished career in the service of his country and reflect great credit upon himself and the United States Air Force.

Biomedical Sciences Field Grade Clinician of the Year 2015

Air Force District of Washington, Major Command Award – Awarded to the top clinician within the Biomedical Sciences Corps which is composed of 17 non-physician professions including psychology, podiatry, optometry, physician assistants, and others.

Biomedical Sciences Large Team of the Year 2015

Air Force District of Washington - Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments throughout their award winning year, in recognition of being the #1 Biomedical Sciences team throughout the District of Washington.

79th Wing Team of the Quarter 2015

Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments

Malcolm Grow Medical Center Team of the Quarter 2015

Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments

779th Medical Operations Squadron Team of the Quarter (3rd Award) 2015

Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments

779th Medical Operations Squadron Team of the Quarter (2nd Award) 2015

Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments

779th Medical Operations Squadron Team of the Quarter (1st Award) 2015
Flight Commander (Team Leader) of the Physical Medicine Department comprised of Physical Therapy, Occupational Therapy, and Chiropractic Departments

Air Force Meritorious Service Medal 2014
96th Test Wing - Major Lance M. Mabry distinguished himself in the performance of outstanding service to the United States as Element Chief, Physical Therapy, 96th Medical Operations Squadron, 96th Medical Group, 96th Test Wing, Eglin Air Force Base, Florida. During this period, he distinguished himself by leading 20 staff members to accrue 106,000 encounters, exceeding a \$4.7 million business plan. He earned the title of Fellow in the American Academy of Orthopedic Manual Physical Therapists, an achievement accomplished by only one-half of physical therapists nationally. Additionally, Major Mabry established physical medicine representation at the Deployment Availability Working Group, and was the lead consultant to the Human Performance and Rehabilitation Cell, which led to an 88% decrease in mobility restrictions and improved the return to duty rate by 450%. He founded a collaborative Primary Care and Physical Therapy walk-in clinic, which slashed left-without-being-seen rates by 50%. Furthermore, Major Mabry embedded a physical therapist in the emergency department, which decreased musculoskeletal evaluations by 66% and workload by 21%. He expanded physical therapy access to all Eglin beneficiaries, saving \$1.2 million dollars per year. Finally, Major Mabry led ten authors to publish six articles in globally recognized peer-reviewed medical journals, and presented research at national levels. The singularly distinctive accomplishments of Major Mabry reflect great credit upon himself and the United States Air Force.

Student Researcher Award 2011
California Physical Therapy Association - In recognition for research contributions associated with article: Sutlive TG, Mabry LM, Easterling EJ, Durbin JD, Hanson SL, Wainner RS, Childs JD. Comparison of short-term response to two spinal manipulation techniques for patients with low back pain in a military beneficiary population. Military Medicine. 2009 Jul;174(7):750-6.

Air Force Commendation Medal 2009
David Grant Medical Center - Captain Lance M. Mabry distinguished himself by meritorious service as Staff Physical Therapist, Physical Medicine Flight, 60th Medical Operations Squadron, Travis Air Force Base, California. During this period, Captain Mabry achieved the highest patient workload of six physical therapists, completing an impressive 2,369 encounters and producing 3,671 relative value units worth \$268,000. Recognizing a rare pediatric condition in one of his patients, his astute diagnostic skills prevented this patient from requiring a hip replacement and potential life-long disability. A phenomenal leader, Captain Mabry was selected as interim Physical Therapy Element Chief, sustaining all clinic operations and providing expert oversight of 2 therapists and 11 technicians. Forward thinking, he earned the Group's Performance Improvement Award for instituting a revolutionary one-touch provider paging system, liberating additional treatment time and saving the Flight \$76,000 annually. Captain Mabry's superior accomplishments culminated in his selection as the Squadron's Senior Company Grade Officer of the Quarter and the Group's Senior Company Grade Officer of the Year in 2008. The distinctive accomplishments of Captain Mabry reflect credit upon himself and the United States Air Force.

Army Commendation Medal 2009
Craig Joint Theater Hospital -For meritorious service as Chief of Physical Therapy, Craig Joint Theater Hospital, Task Force Med, Bagram Airfield, Afghanistan during Operation ENDURING

FREEDOM IX. He superbly led a clinic with 2,677 outpatient encounters, increasing productivity 185% and producing care worth \$283,500. His care prevented the evacuation of 85 personnel, saving an additional \$2.1 million. His unparalleled dedication to duty in joint operations and the combat environment ensured the mission success of Task Force Med and earned him CGO of the month out of 96 in November 2008. His contributions to our flight in the Global War on Terrorism reflects great credit upon himself, Task Force med, Combined joint Task Force-101, the United States Air Force and the United States Army.

Company Grade Officer of the Year **2008**
David Grant Medical Center

Company Grade Officer of the Year **2008**
60th Medical Operations Squadron

Company Grade Officer of the Month **2008**
455th Expeditionary Medical Group - In support of Operation Enduring Freedom.

Company Grade Officer of the Month **2008**
455th Expeditionary Medical Operations Squadron - In support of Operation Enduring Freedom.

Company Grade Officer of the Quarter **2008**
60th Surgical Operations Squadron

Company Grade Physical Therapist of the Year **2008**
United States Air Force, Air Mobility Command

Hospital Innovation Award **2008**
David Grant Medical Center – Developed decoration database, identifying 5 Airmen overlooked by the awards committee and further enhancing their careers.

Hospital Innovation Award **2007**
David Grant Medical Center – Saved \$76K per year by implementing patient check-in paging system.

Air Force Achievement Medal First Oak Leaf Cluster **2004**
78th Mission Support Group - First Lieutenant Lance M. Mabry distinguished himself by meritorious service as Unit Deployment and Readiness Officer, 78th Communications Squadron, 78th Mission Support Group, 78th Air Base Wing, Robins Air Force Base, Georgia. During this period, Lieutenant Mabry's superior professionalism and extraordinary leadership directly contributed to the preparation of 196 Air Force personnel for worldwide contingencies in support of Operations NORTHERN and SOUTHERN WATCH, NOBLE EAGLE, ENDURING FREEDOM, and IRAQI FREEDOM. Lieutenant Mabry led four military and civilian personnel to the establishment of a mobility database to track the training, immunizations, individual equipment issue, and unit type code assignments. His innovation saved the unit \$95,000 in labor and related costs, ultimately slicing 3,900 man-hours annually. This monumental accomplishment was later used as a skeleton during the creation of the Deployment Readiness System on the Air Force Portal. The distinctive accomplishments of Lieutenant Mabry reflect credit upon himself and the United States Air Force.

- Air Force Achievement Medal** **2004**
United States Air Force Central Command - Second Lieutenant Lance M. Mabry distinguished himself by outstanding achievement as Flight Commander, Information Services Flight, 379th Expeditionary Communications Squadron, 379th Expeditionary Mission Support Group, 379th Air Expeditionary Wing, Al Udeid Air Base, Qatar. Lieutenant Mabry led 30 personnel to provide superior information services to 11,000 war-fighters executing Operations ENDURING FREEDOM and IRAQI FREEDOM. He directed the creation of the Visual Information webpage and digital delivery of photo and graphics products to save 1,400 man-hours annually. He managed production of a fantastic Right Start wing video to portray the base's role in the war on terrorism. Lieutenant Mabry also solved a postal mission shortfall by arranging daily mail delivery by C-130 airlift to Kirkuk Air Base, Iraq after commercial aircraft were stopped by hostile fire. The distinctive accomplishments of Lieutenant Mabry reflect credit upon himself and the United States Air Force.
- Company Grade Officer of the Month** **2003**
379th Expeditionary Communications Squadron - In support of Operation Iraqi Freedom.
- Company Grade Officer of the Quarter** **2003**
78th Communication Squadron
- Lean-Rite Innovation Award** **2003**
78th Air Base Wing – Presented for development of the base mobility database, streamlining combat mobilization and saving thousands of man-hours annually.
- Beta Beta Beta National Biological Honor Society - member** **2001 - 2002**
- Phi Eta Sigma National Freshman Honor Society - member** **1998 - 1999**