

2016 APHL ANNUAL MEETING

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LEAN-ing Into the Future: Hands-On Practice with LEAN Tools for Your Public Health Laboratory

Preconference Workshop APHL Annual Meeting June 6, 2016 Albuquerque, NM





Objectives

- Discuss the ways in which Lean is flexible and scalable
- Use Value Stream Mapping to shed light on the best process improvement opportunities in their own laboratory
- Describe key elements behind the successful application of any Lean tool and identify key points at which implementation can derail



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Agenda

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8:00
         Introductions and Meeting Kick-off
8:10
         Laying the Foundation - An Overview of Lean (Jill Power)
8:25
         Transition to the exercises - explain the structure
8:30
        Value Stream Mapping Exercise (Jyl Madlem)
9:25
         Break
9:40
         Rotating Stations
         Huddle Meeting Exercise, Primary Visual Display Boards, Metrics (Denise
         5S and Visual Process Controls (Jyl Madlem)
         Spaghetti Diagram and Workspace Planning (Jill Power)
9:40 to 10:05
                  FIRST ROTATION then ROTATE
10:15 to 10:40
                  SECOND ROTATION then ROTATE
10:50 to 11:15
                 THIRD ROTATION
11:15 - Q&A
11:30 - Adjourn
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Lean in PHL

Dictionary:

adjective: spare, economical, lacking in fullness or quantity

The Lean Institute:

Lean means creating more value for customers with fewer resources.

Denise, Jyl and Jill -

Methods, tools and knowledge used to remove waste, improve and sustain system processes, and show value to staff.

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Why LEAN?

MAXIMIZE value

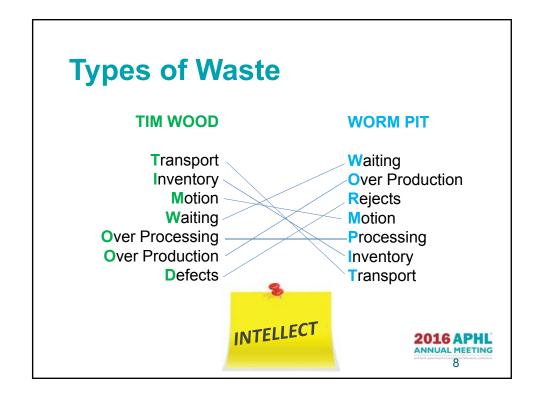
MINIMIZE waste

What processes create value?

What processes do not?

Improvement is necessary for survival!

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The 8 Forms of Waste

Defects

Overproduction

Waiting

Not Utilizing Staff Talents Effectively

Transportation

nventory

Motion

Extra steps in the process



Lean Tools

VALUE STREAM MAP

- · Represents the current process
- Shows where the delays are in your process
- Identifies restraints and excessive inventory
- · First step in working towards your ideal state

KAIZEN

- a.k.a. Rapid Improvement Events
- Planned, structured process improvement effort
- Focus group
- Fast paced and thorough



Lean Tools cont....

SPAGHETTI DIAGRAM

• A roadmap of movement, motion, transportation

RAPID CHANGEOVER

- · Changing patterns
- · Changing flows or processes
- · Changing time limits

KANBAN

- "Vending Machine" using a visual to replenish or restock inventory
- Pull system
- Just in Time



more...

5S

- Sort
- Store
- Shine
- Standardize
- Sustain

POKE YOKE

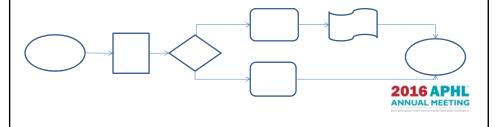
A Mistake Proofing System that:

- is "Idiot Proof"
- Prevents errors
- · Catches mistakes



STANDARD WORK

- Standard operating procedures
- Training
- Flow of Processes
- Evaluations/Assessments/Audits



What is Efficient?

- Effective operation as measured by a comparison of production with cost (as in time, energy, or money.)
- Productive of desired effects without waste.







Sustainability

Incorporate LEAN!

INCREASE productivity, customer and staff satisfaction, and efficiency

8

DECREASE operating costs, overstocked inventory, and undervalued processes.



Today's LEAN Activities

Value Stream Mapping
Huddle Meetings
Primary Visual Display Boards
5S
Visual Process Controls
Spaghetti Diagram
Workspace Planning



Questions?

Contact information

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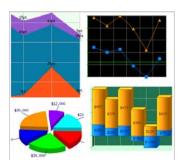
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Lean Daily Management Exercise



Lean Daily Management Exercise

- Plan, Do, Check, Adjust Cycle
- Huddle Meeting
- Primary Visual Display Board
- Metrics



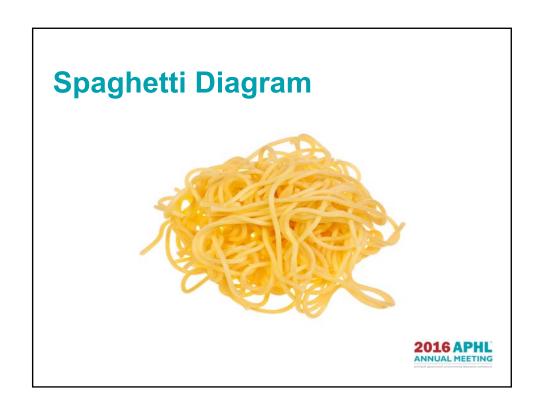


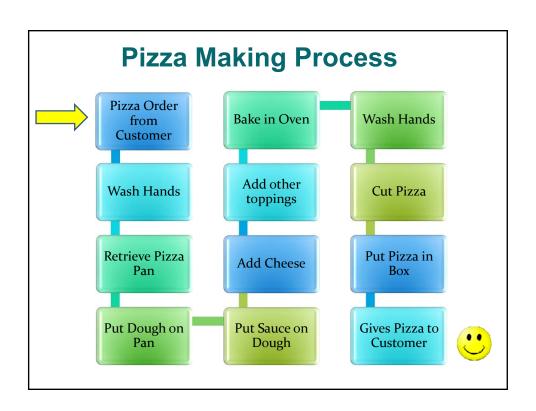
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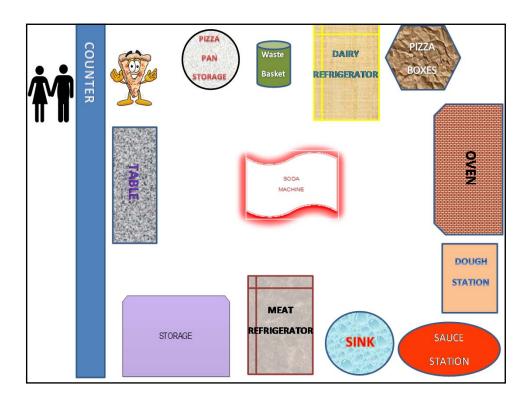
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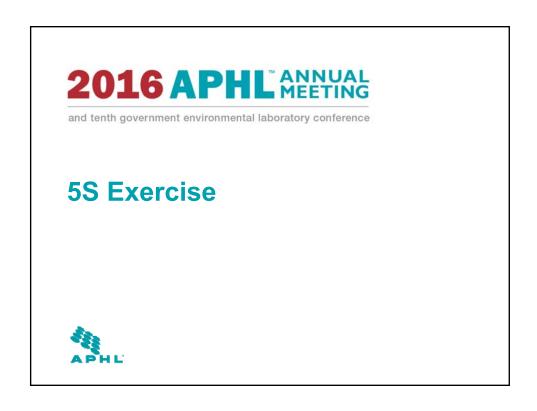
Spaghetti Diagram Exercise

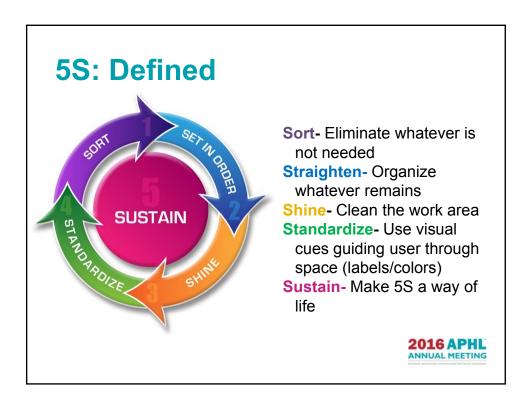
















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Show Me the Value; Can the Waste

The Art of Value Stream Mapping



Environmental Water Monitoring: Sample Delivery Groups



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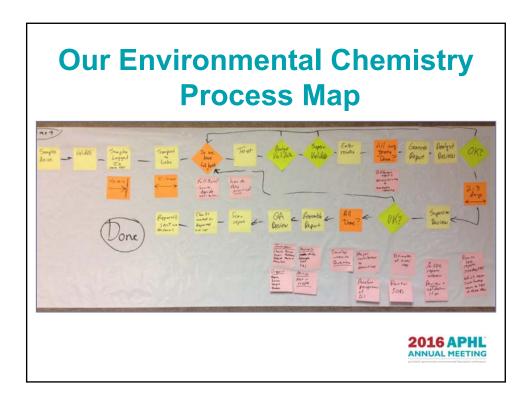
Creating a Process Map

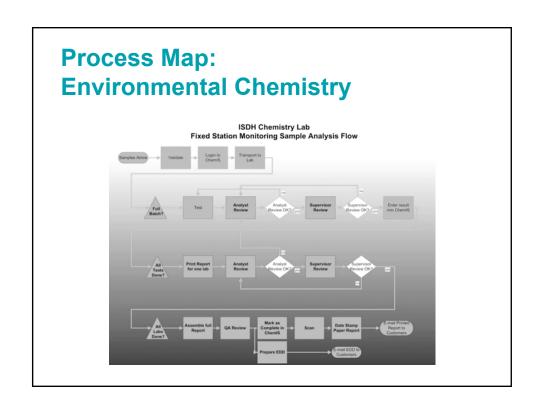
People



- Facilitator: Your LEAN
 Champion- teaches/coaches/mentors; removes roadblocks
- Process Owners: Those directly involved in the process.
 1-2 representatives per group is fine.
 - SMEs: Subject matter experts







Break out: Create Process Maps

- Vote: Vacation, Grocery, Work
- Create a Process Map in groups
- 10 minutes
- *doesn't have to be perfect

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3:

Show and TellEach table presents process

Convert to Value Stream Map

Identify Value Added and Non-value Added

Helpful Hint:

Use color-coding to identify

VA

NVA

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Value-Added

Everything we do should be questioned for **Value**.

- Is this VALUE-ADDED, as perceived by our customers
- Would the customer be WILLING TO PAY for it AND would it meet their EXPECTATIONS?

ASK THEM!

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Non-Value Added:

The 8 Forms of Waste

- Defects
- Overproduction
- Waiting
- Not Utilizing Staff Talents Effectively
- Transporting (unnecessary transporting materials)
- Inventory (material, time, info)
- Motion (unnecessary movement of people)
- Extra steps in the process

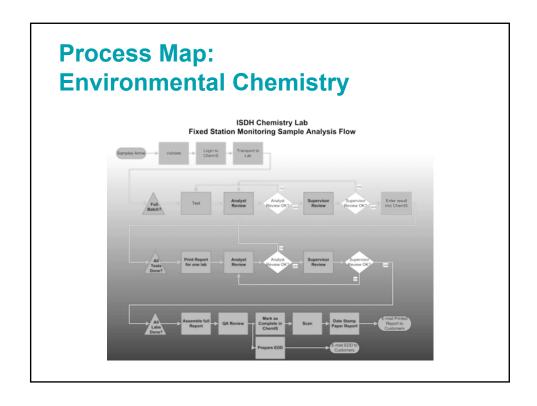
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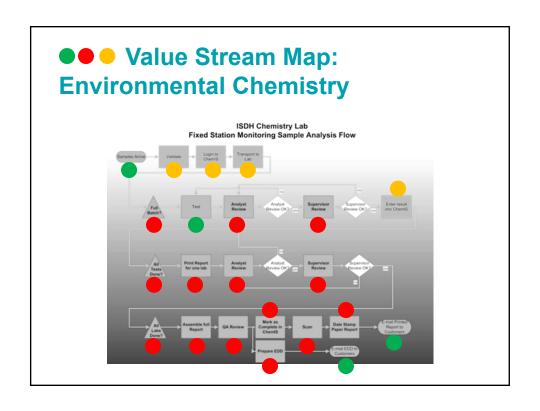
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Not Value Added, but Required

- Steps in process required by regulatory agency
 - Quality control
 - Standards
 - Temp checks
 - Safety
 - Other non-value added, but required steps in a process







Break out: Convert to Value Stream Maps

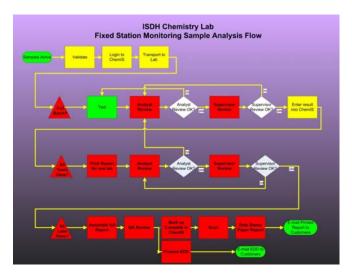
- Add Value , Waste , and Required , but not value added to your Process Maps to convert to Value Stream Maps
- 15 minutes
- *doesn't have to be perfect

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Show and TellEach table presents process

Value Stream Map: Environmental Chemistry

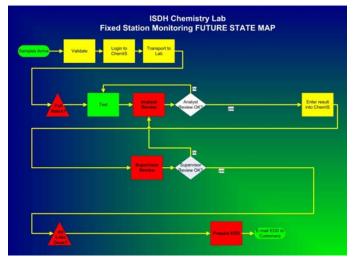


IMPROVE

- Created desired future state map eliminating as much waste as possible
- Used Pareto Chart results to recommend changes in ChemIS regarding due dates on weekends or following 31-day months.
- Developed Effort/Impact Matrix to guide other improvement efforts
- Used Fishbone Diagrams to identify specific issues causing delays



Value Stream Map (Future): Environmental Chemistry



•Many Lean tools to choose from

- Value Stream Mapping
- Spaghetti Diagrams
- Fishbone Diagrams
- 5 Why's
- 59
- Impact/Effort Matrices
- Pareto Charts
- DMAIC
- Use what works for your purposes
- Involve staff from all levels

Questions?

Contact information

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5S Exercise

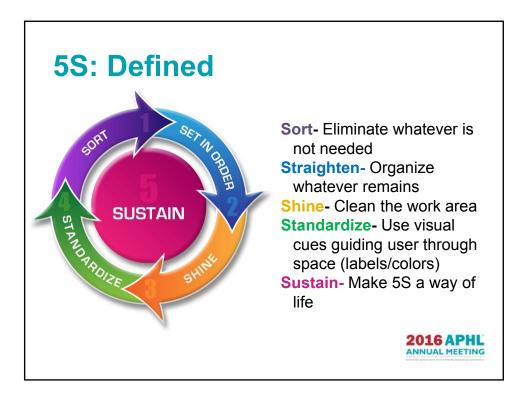
Let's Fix this Mess



What exactly is 5S?

- Mantra → quality work environment
- Work area condition has direct impact on employee morale/customer impressions
- Management attitude toward employees is reflected in the 5S condition of the work area.





Benefits of 5S:

- Improved safety
- Lower error rates
- Reduced costs
- Improved employee morale
- More intuitive flow to the space
- Enhanced image to customers, suppliers, employees, and management



5s - Sort

- Tag all items in a section:
 - Green (keeping)
 - Pink (discarding or surplussing)
 - Yellow (need group consult before deciding)
- Resolve all tags to either green or pink
 - Call all staff together if necessary



Long-Term Claim Sheet:

- For the hoarders among us
- Provides accountability, reason to keep items not currently in use
- Taped to the claimed item
- Reviewed annually

,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	373133301010101010137373737373737301010101
Lo	ng-term Inventory Claim Sheet
Name of person initial Item you would like to	ting claim sheet: o claim (make, model, asset tag#):
It's proposed use: Estimated value (estim	nate \$ if we just ordered it later, if needed):
Keep? (group vote) Y	es / No Date:
This item should be re remain in inventory:	assessed annually to see if it should continue to
Date reassessed (grou Keep? Yes / No N	
Date reassessed: Keep? Yes / No N	otes:
Date reassessed: Keep? Yes / No N	otes:
Date reassessed: Keep? Yes / No N	otes:
	g an item, please ask front office for assistance as there are eed to be filled out and special considerations for fixed assets. Thank you!Denise

5S-Straighten

- Let the work guide the configuration as green items are sorted
- Order and implement new organizing tools as needed



5S-Shine

- · Remove all items
- Throw away or set aside items to surplus (pink)
 - Dumpster
- Clean/dust area and items



5S-Standardize

- Bring green items back into space
- Set up visual controls to maintain the space
 - Label drawers
 - Label items
 - Color-code sections and items belonging there
 - Etc



5S-Sustain

- Everyone working in area is responsible for maintenance
- Suggestions for changes and improvements, as they come up



5S in ActionBefore and After

5S: Kit Supplies

Before



After



5S: Storerooms

Before



After



5S-Outreach and Training Area

Before



After



5S- Outreach and Training, Take two

Before







Outreach and Training Area



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When supplies are organized, efficiency increases

- Lower risk of injury
- Lower risk of errors
- Improved efficiency
- Fewer wasted supplies
- Less time for inventory
- More time for special projects
- Higher employee morale

..and it just looks better!

Questions?

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Faculty Bios



Denise Lopez

Denise Lopez completed a 12-month Lean Leader certification program conducted with BD and APHL in August 2014. She has participated in on-site Lean consultation exercises in local and state laboratories. She has presented her lab's work with Lean in APHL's Quality Improvement Forum, in a round table and breakout session at the 2015 annual meeting, and in a 4-part webinar series produced by APHL. Her lab's work with Lean has been featured in 3 articles and a white paper.



Jyl Madlem

Jyl Madlem spent nearly 10 years with the Marion County Public Health Laboratory in Indianapolis. She managed 18-20 county-wide laboratories and began her lean training during her tenure there. Since moving to the state public health laboratory 5 years ago, she has been on 3 lean teams including environmental chemistry, food microbiology and outreach.



Jill Power

Jill Power is the former Quality Manager at the New Hampshire PHL and is now their Quality Coordinator and Biosafety Officer. She is also the chairperson of the APHL Laboratory Systems & Standards quality committee. Jill has participated in Lean training for APHL in the past and has helped with developing a 4-part Lean Webinar series for APHL. She is an ASCP registered Microbiologist and certified by the American Society of Quality as a Quality Manager and continues to do Lean projects in her laboratory.



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Lean Tool Kit

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3 - DOWNTIME Waste

4 - Spanhetti Dispram - example

4 - Spaghetti Diagram - example
SS Basics - Specimen receiving storeroom v
SS Hands-On Activity (Workshop Material)

55 S Project Protocol - AZ

55 Project Protocol - AZ

2 - Huddle Meetings - Primary Visual Display Board_pic2

5S Template - Claim Sheet for Long-term Inventory 1 SS_Auditing Worksheet

55_for your computer - example (AZ)
56 - KANBAN example
6 - Kanban Template

7- Value Stream Mapping Low-tech and High-tech Examples
7 - Value Stream Mapping Overview - Madlem (Conference Materials)

7 - Value StreamMapping Cut-Out Ready Icons

the extra - Root Cause Analysis Quicksheet, Dont Overprocess Problew-extra - Lean-Webinar-Series-588-633-15_flyer wextra - Webinar 1 - What is Lean -- 588-634-15-Presentation

w-extra - Webinar 2 -How to Get Started with Lean - 588-635-15-Presentation
w-extra - Webinar 3 - Using Lean Tools to Develop Projects - 588-636-15-Presentation

w-extra - Webinar 4 - The Benefits of Lean and Returns on Your Organization - 588-637-15-Presentation



Summary

- Discuss the ways in which Lean is flexible and scalable
- Use Value Stream Mapping to shed light on the best process improvement opportunities in their own laboratory
- Describe key elements behind the successful application of any Lean tool and identify key points at which implementation can derail

