## Lean Management

**KAIZEN** Training of Trainers

## Objectives of the session

At the end of the session, trainees are able to:

- Understand the philosophy on lean management
- Describe the relation between 5S-KAIZEN and Lean management
- Describe what is lean tools
- 4) Describe the importance of thinking and acting in lean management for health care improvement in Tanzania

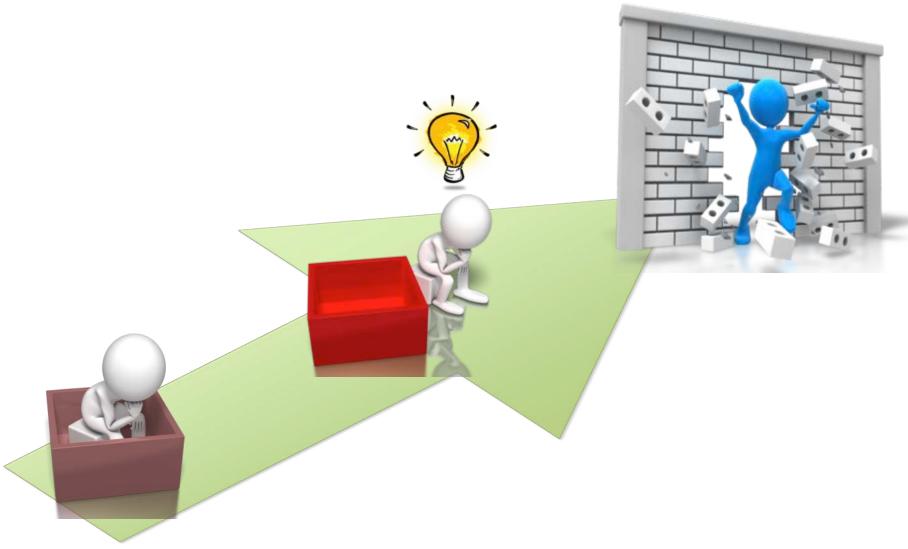
## **Environment surrounding** health services in TZ

- Although Tanzanian health sector has made significant progress over the last several years, there are many significant challenges that still need to be addressed, including:
  - Health resources (HRH, financial, commodities...)
     shortage
  - Low quality of health services
  - Low reliability of the public health facility

However, we cannot stop providing health services to the community

# What should we do for improvement of the situation?

## Think "out of box" and break through



# Answer is ... "Lean Management"

## What is the difference between Kaizen and Lean?

	KAIZEN	Lean Management	Six Sigma	
Origin	Japanese TQC and Toyota Production system	management philosophy developed from Toyota Production System (TPS)	set of techniques and tools for process improvement. Developed by Motorola in 1986.	
Definition	A problem solving process. focuses on eliminating waste, improving productivity, and achieving sustained continual improvement in targeted activities and processes of an organization.	focused on improving process speed and quality through reduction of process wastes.	a disciplined, data-driven approach and methodology for eliminating defects	
Program/activities driven by	Bottom to top (Bottom up approach)	Top to bottom (Top down approach)	Top to bottom (Top down approach)	
Implementation Small group activities (QC circle / QIT / WIT)		Lean Teams Problem-Solving and Self Directed Work Teams are the most common types	Black, Green, Yellow belts	
Tools used for the approach			DMAIC, Statistical approach	
Developed/Concept ualized by Masaaki Imai and Toyota Motors		Womack, Jones and Roos, MIT	Bill Smith at Motorola	

## Two ways communication and improve organization



Workers should have positive mindset, and trying to make workplace and services better ("KAIZEN mind")

Lean Management From top to bottom

Managers need to know

"Lean management" to guide workers for Improvement of work flow and productivity

### What is "Lean thinking"?

**Basic concept for Lean management** 

 A business methodology which aims to provide a new way to think about how to organize human activities to deliver more benefits to society and value to individuals while eliminating waste.

#### Simple definition is:

"Becoming 'lean' is a process of eliminating waste with the goal of creating value."



#### How can we eliminate "wastes"?

Different types of waste in your organization

### 7 types of wastes in work place

## Over processing

Processing beyond the standard

#### Rework

Repetition or correction of a process

## Over production

Creating more material or information or tests or treatment than needed

#### Inventory

More material or information than needed

#### Waiting

People or items that wait for a work cycle to be completed

#### **Transportatio**

n

Unnecessary movement between processes

#### **Motion**

Unnecessary movement with a process

## "Muri", "Mura", "Muda"

Muri Unreasonable burden	Any activity asking unreasonable stress or effort from personnel, material or equipment. In short: <b>OVERBURDEN</b> For people, Muri means: a too heavy mental- or physical burden. For machinery Muri means: expecting a machine to do more than it is capable of- or has been designed to do.
Mura Un-level workloads	Any variation leading to unbalanced situations. In short: UNEVENNESS, inconsistent, irregular. Mura exists when workflow is out of balance and workload is inconsistent and not incompliance with the standard.
Muda  Any forms of Waste in the process	any activity in your process that does not add value. MUDA is not creating value for the customer. In short: WASTE Type I muda: Non-value-added tasks which seam to be essential. Business conditions need to be changed to eliminate this type of waste. Type II muda: Non-value-added tasks which can be eliminated immediately.

## What should be used for elimination of wastes?

#### **Lean Principles**

## 5. Pursuit Perfection

Strive for perfection by continually removing successive layers of waste

## 4. Establish Pull system

Only make what is pulled by the customer just-in-time

## 1. Define Value

Specify what creates value from the customers perspective

## Lean Principles

## 3. Create Flow

Make those actions that create value flow

## 2. Map Value Stream

Identify all steps across the whole value stream

## Lean Principles Mental Model for lean thinking

Lean Principles		What should be done	
1)	Define Value	Define value from a patient's perspective. Try to understand their health and non-health expectations. How patients' experience could be improved.	
2)	Map Value Stream	Evaluate how all the steps of a process or procedure to provide services in the health facility. Then, eliminate any steps that do not contribute to performance, productivity or safety of the health facility.	
3)	Create Flow	Eliminate waste between steps of a process and create smooth workflow for high efficiency	
4)	Establish Pull system	Allow the patient to receive or request services if and when need.	
5)	Pursuit Perfection	Continuously adapt to an ever-changing environment and patients' needs in order to deliver high quality of health services.	

### An example of Define Value



### An example of map value stream

"Process of seen patients at OPD"

Registrati on of patients Entering Informati on into HMS for patient file from shelf

Handover the file to the patient Asking the patient to go and wait at OPD

Measure vital sign of the patient

Are all the steps necessary?

Are there any steps can be eliminated or change for better?

### An example of create "flow"

#### **Process of seen patients at OPD**

Registrati on of patients Entering Informati on into HMS for patient file from shelf

Handover the file to the patient Asking the patient to go and wait at OPD

Measure vital sign of the patient

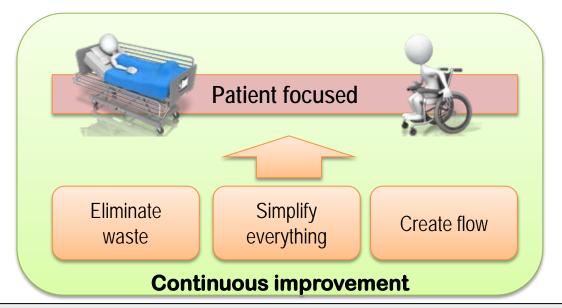
Registration can be divided into 2 lanes:

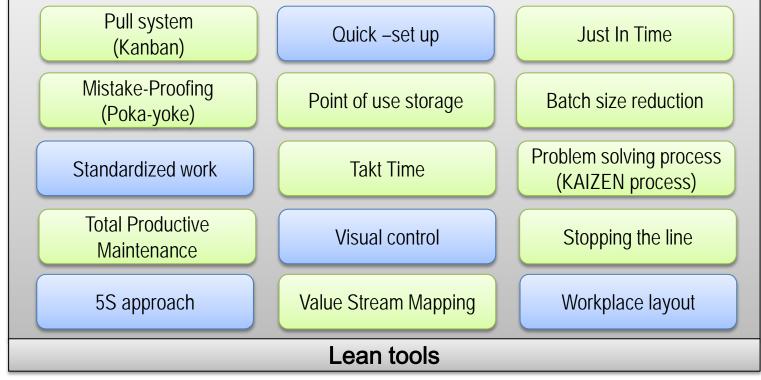
- 1) Registration of new patients, and
- 2) Registration of returning patients for smooth registration

# How can we apply Lean Principles?

#### **Use "Lean Tools"**

- Lean tools are essential for accelerating the practice of lean management.
- There are over 50 lean tools that organization can adopt for lean management
- Lean tools can be selected based on the characteristic of organization and services provided
- It is important to know how to use each lean tool





### Wrap up: Lean process

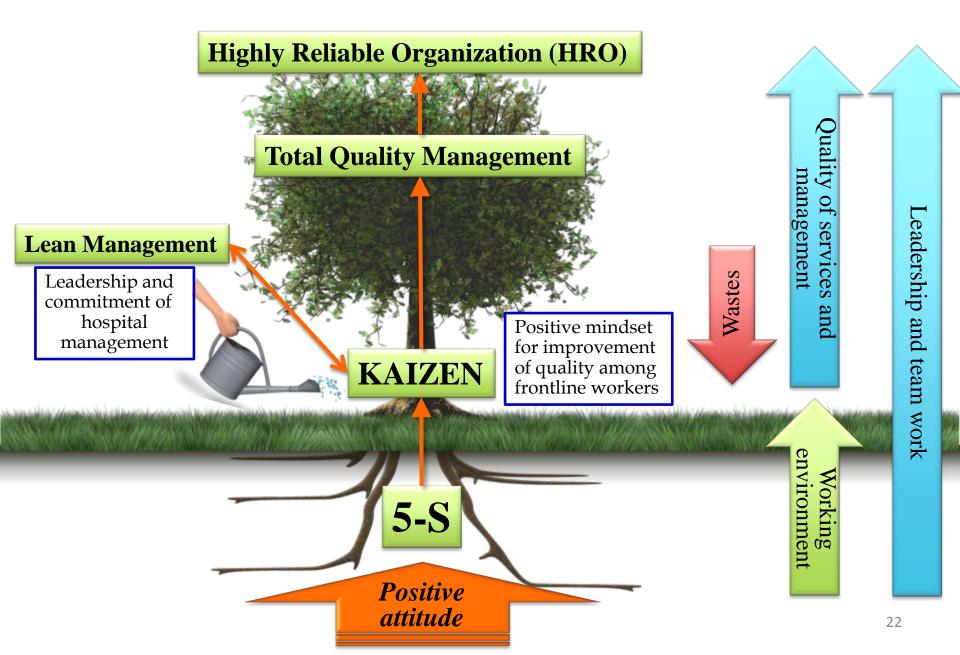
Identify the problems, needs and expectations of patients

Review the current situation and process of the services provided

Try to
eliminate
wastes and
unnecessary
procedure
with lean tools

Establish mechanism of "Pull system" (demand driven) Try to improve the situation continuously and maintain high quality of services

#### Lean management and 5S-KAIZEN-TQM Approach



#### Achieve "Lean" with "KAIZEN"



Continues Quality Improvement and open quality spiral concepts achieve "Lean management"

# Thank you for listening! any question?

