

## Learn Russian in ST. PETERSBURG • MOSCOW • RIGA

Курсы русского языка в Санкт-Петербурге • Москве • Риге

TUDY Star Awards Winner

Super Star World Language School 2008-2012

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"I like the small groups. The

very professional – patient

with the students, but also persistent, without losing

think I have learned a lot

Welcome to Liden & Denz

Six Reasons to learn Russian Why learn Russian with Liden & D St.Petersburg Moscow Riga Our teachers

Nikolaus Graf Vitzthum Germany

so far."

Choose your course Student feedback

Home away from home

Activity Programme

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# Welcome to Liden & Denz

Добро пожаловать в Лиден и Денц!



Whatever your reasons for learning Russian today, you are in good company. Interest in the language of Pushkin and Tolstoy is no longer confined to an academic sphere.

Demand for modern and communicative Russian is on the increase, be it for professional purposes or pure pleasure!

St. Petersburg – jewel of Imperial Russia and UNESCO World Heritage site, Moscow - Russia's powerhouse and Europe's largest metropolis and Riga – beautiful Latvian capital full of charm and history, are three fantastic places to learn Russian, while immersing yourself in Russian culture and enjoying the legendary Russian hospitality.

Liden & Denz is one of the oldest private Russian language institutes (established in 1992) with a worldwide reputation as a first class training facility. All centres are regularly inspected by international accreditation bodies and operate a transparent quality assurance scheme.

Walter Denz, M.Sc. Owner

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## Six Reasons to learn Russian

6 причин изучать русский язык

- Russia is one of the biggest and fastest growing emerging markets in the world. Working with Russia or inside Russia requires a good knowledge of the language. It will open many doors for you!
- **2.** Adding Russian to any portfolio of languages is an asset today. From a career perspective, learning Russian is a very smart move.
- Speaking Russian is essential for travelling from the Baltic Sea to the Pacific - one language across eleven time zones! This vast and fascinating territory offers plenty of opportunities to enjoy resort towns with spectacular beaches, and experience the taiga with its diverse wildlife and unexplored places.
- It's much easier than it looks. Once familiar with the Cyrillic 4. alphabet, students will find many similarities with other European languages.
- 5. Many world-famous literary masterpieces were created by Russian writers and poets: Pushkin, Griboyedov, Lermontov, Dostoyevsky, Turgenev, Tolstoy, Chekhov, Yesenin, and Akhmatova, to name but a few.
- The Russian language is the key to unlocking the mysteries 6. of the Russian soul.

(a)	(b)	(v)	(g)	(d)	(je	)	(jo)	(zh)
3з	Ии	Йй	Кκ	Лл	М	чŀ	łн	00
(z)	(i)	(j) (yoga)	(k)	(l)	(m	)	(n)	(O)
Пп	Рр	Сс	Τт	Уу	Φ	þ)	(x	Цц
(p)	(r)	(s)	(t)	(u)	(f)		(h)	(ts)
Чч	Шш	Щщ	ъ	ы	ь	Ээ	Юю	Яя
(ch) chao	(sh)	(shch)	hard sign	like open "i"	soft sign	(e)	(ju)	(ja)

Аа Бб Вв Гг Дд Ее Ёё Жж

included in the Indo-European linguistic family. Today's written script has existed since 1918, but goes back to the original Cyrillic alphabet. It contains 33 letters, of which 21 represent consonant sounds, 6 are vowel sounds and 4 are combinations of "j" and a vowel sound. There is also a soft (b) and a hard sign (b), which are used only in combination with a consonant sound. The Cyrillic alphabet was created in the 9th century based on the Greek written language but with additional letters

# Why learn Russian with Liden & Denz?

## Почему стоит учить русский язык в Лиден и Денц?

We offer top locations: St. Petersburg and Moscow are both considered capitals of Russia. The beauty of one of the world's cultural treasures contrasts with one of the busiest and trendiest places on earth. Moscow is the economic powerhouse of Russia and the largest metropolis in Europe. Riga, the elegant capital and cultural centre of Latvia, is also home to a thriving business-hub.

You enjoy maximum flexibility and choice: Courses at all levels are run year round with dates, programmes and prices identical for all schools.

We provide attractive facilities in the historic centres of all our destination cities. All schools are equipped with modern, well-lit classrooms, libraries and free Internet access.

We monitor the quality of our courses: A clear course syllabus, frequent host family checks, detailed entry and exit guestionnaires and clear complaint procedures underline our commitment to quality and quality control.

Our centres are regularly inspected: All our centres are accredited members of EAQUALS (www.eaguals.org). Liden & Denz St. Petersburg and Moscow are the only Russian members of the International Association of Language Centres IALC (www.ialc.org) which inspects and accredits quality language schools world-wide.

Professionals trust us: we are proud to teach Russian to students working for Scotland Yard; British Airways; Deutsche Lufthansa; the International Committee of the Red Cross; the European Bank of Reconstruction and Development; Delegations of the European Commission; USAID; the UK Foreign and Commonwealth Office; the British Council; the Foreign Ministries of Finland and Switzerland; the embassies of Australia, New Zealand, Canada, Sweden, the Royal Norwegian Embassy, and the United States Embassy Moscow: the US Military: Ministerie van Defensie (the Netherlands); the news agency "Reuters"; "The Economist" magazine; Radio France; Swiss Television SFDRS; Neue Zürcher Zeitung NZZ; Credit Suisse; UBS; Renaissance Capital; PriceWaterhouseCoopers: Volvo: Yamaha: Suzuki: Mitsubishi Electric Europe; Toshiba; LG Electronics; Samsung Electronics; Siemens AG; BP; GE Oil & Gas; Nestlé; IKEA; Schering AG; Bayer, Lindt & Sprüngli and many others.

You will feel at home: our language schools combine a demanding and intensive programme with a relaxed, friendly atmosphere. You will be looked after, from the moment we pick you up at the airport/railway terminal.

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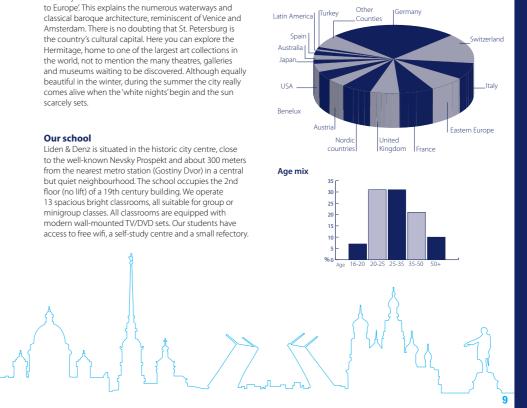
We are official preparation centres: if you want to take the state exam for Russian as a Foreign Language you can prepare at our centres. Liden & Denz is an official preparation centre for the TRKI/TORFL state exam.



# St.Petersburg

#### St. Petersburg

The city of St. Petersburg was founded in 1703 by the visionary Tsar Peter I who aimed to create a 'window



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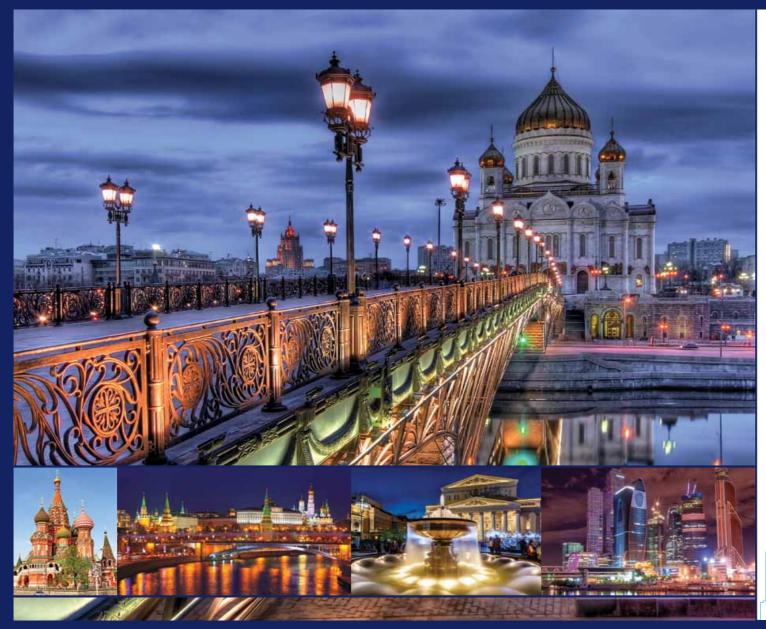
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### **OUR STUDENTS IN ST.PETERSBURG** Nationality mix



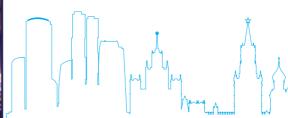
## Moscow

### Moscow

Moscow is Russia's economic and political centre where you can practically smell the wealth and luxury – after all, this is the city with more than 100000 millionaires. Despite having experienced many hardships in its long history, Moscow has successfully fought off countless invaders to develop into one of the most iconic capital cities of our time. After the Bolshevik revolution of 1917 the city became the central power organ of the USSR. This legacy lives on; the fast-paced metropolis never sleeps and presides over its residents with terrific Stalinist architecture and wide boulevards.

### Our school

Liden & Denz is located in the central part of the city, a short walk from the Belorusskaya Railway Station, where trains from Berlin and Warsaw arrive to. Our premises are on the ground floor of a building that belongs to the Russian Ministry of Foreign Affairs. Most of the office space is used by foreign diplomats and accredited correspondents of the international press. The closest metro station (Belorusskaya) can be reached on foot in less than five minutes. Liden & Denz Moscow features ten classrooms and is equipped with the latest technology. Wifi is free of charge.



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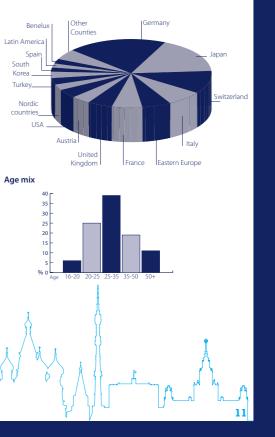
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### OUR STUDENTS IN MOSCOW Nationality mix





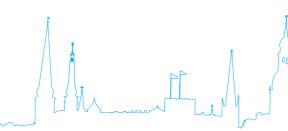
# Riga

### Riga

Riga is the capital of Latvia and the largest city of the Baltic republics. The nearby beach resort and beautiful parkland Jurmala lets everyone enjoy nature close to the city. Latvia gained independence from the Soviet Union in 1991. In 2004 the country joined the European Union. One of the results of the long lasting Soviet occupation is a high number of ethnic Russians living in the country. In fact, Riga is the only city outside Russia, Ukraine and Belarus with a clear majority of Russian speakers, which makes the city an ideal business hub for Russia.

Our school

Liden & Denz in Riga is wonderfully located on one of the inner city boulevards right between the national Opera and railway station. There are plenty of cafes, bars and restaurants in the school area. To reach the historic centre of the city, you just need to cross the small canal on the other side of the boulevard. The school occupies the second floor (no lift) of a historical building and features 10 spacious classrooms. There is a nice lounge area with vending machines and a computer lab. Wifi is free of charge. Outside, the inner courtyard provides another great place to hang out and is frequently used for barbecues in the summer.



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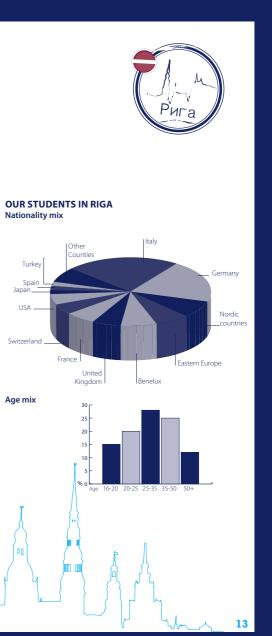
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Japan.

USA

Age mix





# **Our teachers**

### Наши учителя

All our teachers are native Russian speakers and have a university degree either in teaching Russian to foreigners (RKI) or Linguistics. In our language centres we pay particular attention to the professional development of our teaching staff. We train them in role-play, live discussions and creative work (drawing, story-telling) on a regular basis. We constantly evaluate new teaching materials and develop our own text books.

Our main goal is to enhance your communication, reading, and comprehension skills. We focus on mastering the Russian language in various communicative situations depending on your needs, starting from colloquial interaction up to proficiency. Additionally we provide training in reading authentic texts and Russian newspapers. The learning objectives are based on the Common European Framework of Reference for Languages (CEFR) and are determined by the peculiarities of the Russian language.

At beginner level the objective is to establish the automatic reproduction of speech in every day situations. At elementary level the objective is to systematically approach basic grammatical forms, and to introduce a variety of communicative situations. At intermediate level we concentrate on expanding vocabulary, developing the ability to produce spontaneous speeches and conduct negotiations of professional interest.

### At Liden & Denz Language Centres you will:

- Develop your comprehension skills by listening first to adapted and later to authentic ways of speaking.
- Learn how to use vocabulary according to your language competence.
- Develop your reading and writing skills by doing exercises at home, reading, analysing and retelling either adapted stories and, later, authentic Russian literary texts or official paperwork.
- Learn how to express your opinions in open discussions with students from other countries and give presentations.
- Develop your awareness of various ethical, cultural and historical issues, which will give you a better understanding of modern Russia.

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• Learn how to communicate in every day situations.



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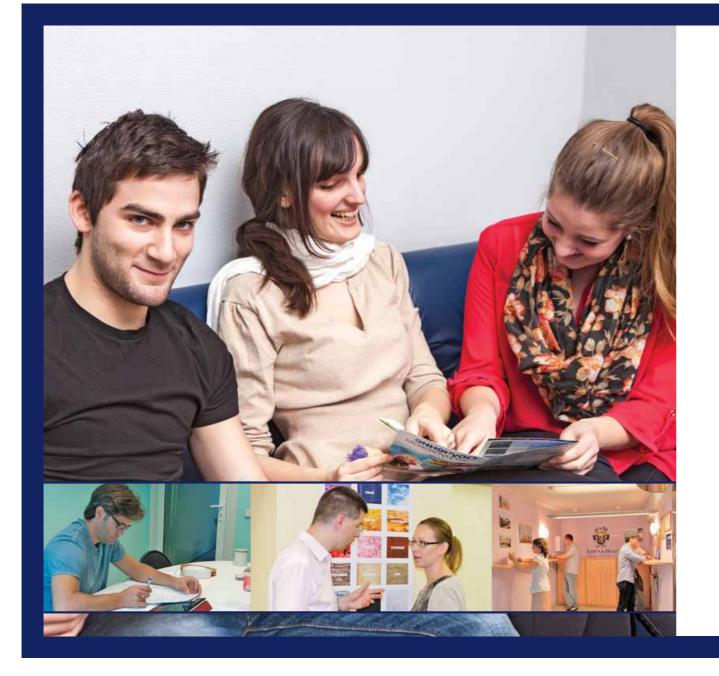
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# "

"Thoroughly enjoyed the teaching, both the teachers themselves and the style of teaching. I am very happy with how my Russian has progressed, especially my understanding of spoken Russian."

Willan Hugh Anthony United Kingdom





# **Course Level**

### Уровень владения языком

In our group courses, we teach six levels of Russian year-round (beginner to intermediate) and eight levels during the busy summer period (adding upper-intermediate and advanced classes). For reasons of compatibility, we have adapted the framework of the European Language Portfolio. Lesson numbers in the table below are averaged, based on our experience with students passing through our centres. Students enrolling for a one-to-one course will need less time to pass from one level to the next.

Levels accord (Council of E	ding to the European Language Portfolio urope)	Teaching level	Lessons (weeks) <sup>1</sup> )	Active Vocabulary	TRKI exam level
A1 Beginner	Can understand and use familiar everyday expressions and very basic phrases aimed at the satisfaction of needs of a concrete	A1 (Beginner)	40 (2 weeks)	200 words or constructions	
	type. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.	A1+ (Beginner+)	80 (4 weeks)	600 words or constructions	ТЭУ (TEU)
A2 Elementary	Can understand sentences and frequently used expressions related to areas of most immediate relevance (e.g. very basic	A2 (Elementary)	100 (5 weeks)	1000-1200 words or constructions	
employment) ( an describe in simple terms aspects of his/her	A2+ (Elementary+)	100 (5 weeks)	1300-1500 words or constructions	ТБУ (ТВU)	
Intermediate familiar matters regularly encountered in work, school, leis etc. Can deal with most situations likely to arise whilst travelir an area where the language is spoken. Can describe experier	Can understand the main points of clear standard input on familiar matters regularly encountered in work, school, leisure,	B1 (Lower- intermediate)	40 (4 weeks)	1800 words or constructions	
	an area where the language is spoken. Can describe experiences and events, dreams, hopes & ambitions and briefly give reasons	B1+ (Intermediate)	80 (4 weeks)	2200 words or constructions	ТРКИ-1 (TRKI-1)
B2 Upper Intermediate	pper regular interaction with native speakers quite possible without		200 (10 weeks)	3500 words or constructions	
range of subjects a	range of subjects and explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.	B2+ <sup>2</sup> ) (Lower- advanced)	200 (10 weeks)	4500 words or constructions	ТРКИ-2 (TRKI-2)
C1 Advanced	Can express him/herself fluently and spontaneously without much obvious searching for expressions. Can use language flexibly and effectively for social, academic and professional purposes. Can produce clear, well-structured, detailed text on complex subjects, showing controlled use of organisational patterns, connectors and cohesive devices.		160 (8 weeks)	6000 words or constructions	ТРКИ-3 (TRKI-3)

2) open group courses not available year round; 3) rarely requested level; only taught in One-to-one or closed group classes;

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## **Group courses**

### Групповые курсы

The teaching method in our small multinational groups means there is no intermediary language. We teach Russian in Russian right from day one. This will develop your ability to interact in Russian much faster and also helps to overcome any language barrier. Our communicative approach to teaching makes the educational process both an enjoyable and efficient experience. Of course you will learn grammar alongside, but you will do so using new and exciting words and language skills adapted to daily situations.

### Standard Group Courses

This course of twenty lessons per week is offered yearround, with a new student intake every second week, and follows a modular pattern of two-week units. The curriculum is built up like a spiral, which means that each new level of language acquisition starts with the revision of previously studied grammar constructions logically connected with different speech patterns. This has two advantages: group newcomers feel themselves involved in the learning process, while continuing students acquire new vocabulary based on previously acquired grammar material.

Groups are formed according to an assessment test, which is compulsory for everyone. Standard group courses are available for A1-B2 levels year-round. A very important minimum requirement for all group courses is passive knowledge of the Cyrillic alphabet. Group courses are held from Monday till Friday with a minimum course length of two weeks. There is no maximum course length.





### **Intensive Group Courses**

Participants of our intensive group course will have twenty morning lessons with students who have booked the standard group course. The remaining five lessons are taught on two afternoons, offered at a minimum of three different levels:

A1 – Beginner: survival Russian tutorials, outdoor classes (shopping, eating out, getting streetwise, ordering theatre and cinema tickets) and telephone training (booking a restaurant table, making flight enquiries, etc.).

A1+/A2 – Elementary: lectures on the Russian mentality and traditions. Other topics cover a wide range of general interest subjects ranging from Russian cuisine to history.

B1 – Intermediate, B2 – Upper Intermediate: the focus is on business and the economy. Other topics include politics, Russian mass media, cultural and historical subjects.





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# **Combination courses**

## Комбинированные курсы

### Russian for Special Purposes (RSP)

RSP courses are a combination of a standard group course (20 weekly lessons) with an additional 5 weekly individual lessons (one-to-one). The group lessons are taken together with other students taking our standard course. The individual lessons focus on the specific needs of students working in one of the following sectors:

- Hotel and tourism (hospitality)
- Airline staff (flight attendants)
- Alpine ski instructors

These professional courses are tailor-made, open only to staff working in above mentioned areas and are very attractively priced.

### Language Plus

Our Language Plus is designed as mini-group modules on Business Russian, Music and Literature. These modules can be taken year-round on official Group Courses starting dates. They can be booked only in addition to any Group or One-to-One course and consist of 5 lessons held in the afternoons.





## **One-to-One courses**

### Индивидуальные курсы

Teacher and student jointly determine the exact content of any one-to-one course. The student is invited to specify his/her field of interests by completing the relevant parts of our online booking form, which allows us to pre-select material, establish a study-plan and prepare a specific vocabulary.

One-to-one courses are available in varying degrees of intensity: 15, 20, 30 or 40 lessons per week. For 30 lessons or more the student is taught by a team of two teachers.

Individual courses can be booked throughout the year. The minimum course length is one week with each course starting on a Monday and ending on a Friday. On request, lessons can also be held on weekends. Participants may also book additional 5-lesson-modules as a supplement to any One-to-One or Group Course.



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# **Exam Preparation**

## Подготовка к экзамену

Liden & Denz is an official preparation centre for the Test of Russian as a Foreign Language (TRKI). Currently the TRKI examination system consists of six distinct exams, ranging from elementary to proficiency level.

### Why prepare the TRKI exam at Liden & Denz?

- Liden & Denz students consistently achieve high pass rates.
- Our teaching staff for the TRKI preparation modules is certified by the examination board to run these courses.
- Compared with state educational institutions, our groups are small. You also have the opportunity to book private lessons.

Preparation modules can be booked in advance or at school. They can start any Monday and can be taken only in addition to a Group or One-to-one Course. The exact number of modules required for the exam preparation is jointly determined by the teacher and the student.



# **Internships**

## Стажировки

Liden & Denz is one of the first organisations to offer meaningful study and work programmes in St. Petersburg, Moscow and Riga. Although the assignments we offer are all supervised by Liden & Denz, the experience inside our host organisations will be very authentic.

For legal reasons, most work experience assignments offered by us are **unpaid**. Students also need to be aware that accommodation and insurances must be covered by themselves.

Work experience students need a sufficient level of Russian in order to qualify for one of the places on offer. The entry level (language competence on arrival) should be at least A2. We further require a minimum of four weeks in a standard group course (or three weeks one-to-one) in one of our centres prior to the start of the work assignment.

The general minimum age for our work experience programmes is eighteen. However some host organisations do require a higher age.

Work experience programmes can last from two weeks to half a year, depending on the requirements of our host organisations.



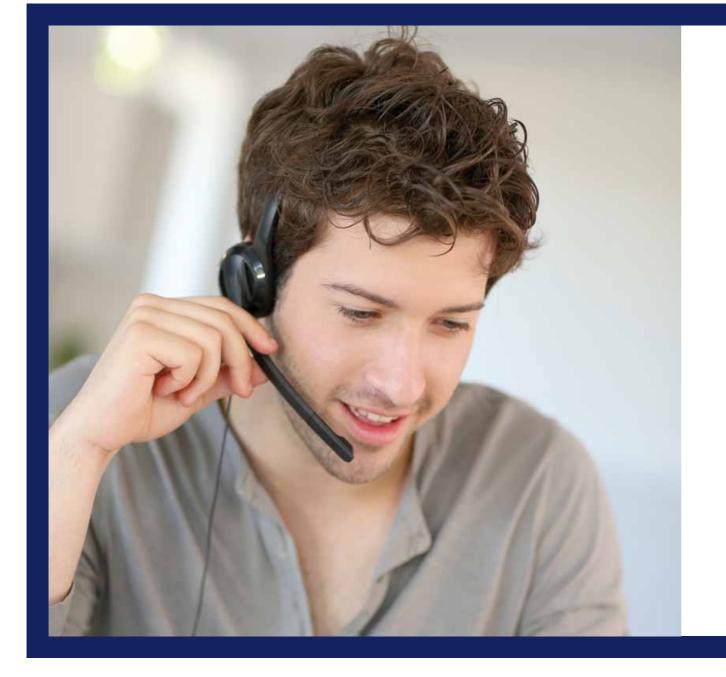
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# **Online courses**

### Онлайн курсы

Prepare for your language stay in one of our centres or continue your classes online after you return home with the same teachers. Online courses can be warm-up, follow-up or both!

Our live online courses have the same lesson content and teachers as our residential classes in one of our centres, because they are conducted in exactly the same way.

See, hear and speak with your teacher as you would be in the same room. You will write and type grammar lessons with your teachers all from your home or workplace.

What you need is a computer with a microphone, a camera and an internet connection. That is all!

There are three situations in which online lessons make sense:

- home or workplace. Learn live, with the same teacher in an online classroom.
- one of our centres to make the most of the full immersion experience.
- with the same teachers to make the most of your Russian skills at home.

### Signing up is easy:

- If you can't come to our centres, we can come to your
- Begin your classes online before start your course in
- Continue your classes online when you return home

- · Register or login if already registered.

- Enjoy your first lesson!

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Before you commit to buying one of our course packages, we invite you to book one free trial lesson so that you can see for yourself how the system works. One you have used this lesson, you can purchase more. Your private language teacher will be one of our experienced classroom teachers, using the same teaching methods as in a real classroom.

- Go to www.lidenz.ru/russian-online.
- Determine your time zone.
- Book your free trial lesson or buy/book more lessons.
- Follow instructions in confirmation email.
- · Login on the time and day your lessons starts.

## Student Feedback

### Отзывы студентов

"My impressions of the school have been very positive. Firstly, the administrative staff has always been very helpful and supportive. Secondly, I have really enjoyed studying at the school, as the teachers are skilled and experienced, which allows them to effectively organize our studies. I have been also found that they are really open and friendly, creating a great atmosphere!" Henrik Christensen, Sweden

"I was really satisfied with the teachers and the way of teaching. I think, I understand Russian much better now and I am not afraid to talk in Russian anymore." Isabelle Hinteregger, Austria

"I chose Liden & Denz after researching a number of Russian-language immersion programs. From my first day, it was obvious to me that I made a great choice. The administrative staff is exceptional. Every morning I am greeted by smiling faces. They are well-organized and very competent. They are also friendly, kind and supportive and always willing to help with whatever I need. The teachers are terrific. The student population is very diverse (nationalities, age, reasons for studying) and they manage to accommodate the different learning styles and needs. I love my teacher. Her class is both structured and fun. I am excited by the progress I am making thanks to her engaging lessons and patient guidance. Another huge plus for me is the cultural and social activities that the school organizes. These programs are great, not just for the insight into the history and culture, but also because they provide an easy way to get to know the other students. Lastly, as a serious laptop user, free wifi is just one more aspect of the school that I appreciate. I am very happy with my experience here. The Liden & Denz program has exceeded my expectations."

#### Joanne Beth Garfield, USA

"Excellent teachers, fun friendly atmosphere, energetic environment, great location for school!" Kenneth Sooley, Canada





"I had the chance to live in this amazing city and to study in the best school ever. Everything is efficient and well organised. I have experienced both the group course and individual one, and both of them are really well-structured and rewarding. My Russian is getting better and better, also because the teachers are competent and always willing to help you out in everything. I can just say that this three months here have been the most incredible of my life". Cristina Marongiu, Italy

"I greatly enjoyed my time here; I wish I could stay longer and study. At first I didn't think the language classes were going to be very helpful since I already know Russian, but it was the exact opposite. I feel that just in this one month my knowledge of the language has grown. I really liked the teachers, the classes and hanging around with students from all over the world. I'd love to come back some time if it's possible."

### Spencer Hildebrand, USA

"I'm very satisfied with my stay at Liden & Denz. The teacher is highly motivated. Made class interesting, often changed methods, funny parts included. Super! My host family was very nice. Great hospitality, very helpful, different breakfast every day!" Gundrun Grundmann, Germany

"I'm here for the third time. This explains everything." Mario Capiello, Italy

"I'm guite satisfied with the whole atmosphere of school. The teachers are great, the administration is very nice. I staved in a family. They are very nice. interesting, caring people. Our relations were very harmonious." Claudia Nickel, Germany

"Warm and welcoming - smiles everywhere. Relaxed atmosphere balanced by high quality teaching and enthusiasm." lain Lunt, UK

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"I'm extremely satisfied with my staying at Liden & Denz! Quality of teachers is amazing, very friendly, patient and skilled. Teachers made lessons as interesting and didactic as possible." Francisco Sanclemente, Colombia

"I'm very satisfied with my stay at Liden & Denz. I had the best teacher who explained all the things until students can understand. I think my Russian was getting better day by day. I liked all the things related to the school. The secretariat was always available and very helpful!"

Faruk Narli, Turkey



# Home away from home

## Дом вдали от дома

Choosing the right accommodation is an important decision, as you will typically spend more time at home than in the classroom. We understand that people have differing needs and interests. For this reason we offer several accommodation options so you can choose the best type for you.

Liden & Denz organises accommodation in host families, shared flats, hotels and apartments of all categories. While most students prefer the opportunity to experience Russian family life, our schools also offer competitive hotel rates to suit every budget, and various types of apartments mostly located in the city centre.

### Homestay (host family)

What is a host family? Our host families are not always a traditional married couple with a child/children. Above all we look for someone who is sociable, likes to meet new people and can give a warm welcome to our students. Our host families will have time to talk to you; they are patient, understanding, caring and prepared to provide help with any problem that may arise during your Russian language stay.

We offer two packages for this type of accommodation: breakfast only and half board (breakfast and dinner). We only offer single rooms, but if you travel with your family or friend, we will do our best to provide you with a double room (strictly on request).

Our language centres have approved all the accommodation offered. Families and their homes are personally known to the staff member responsible at the school. Families are regularly inspected. The standard of the families is monitored by questionnaires (entry and exit) given to our students.

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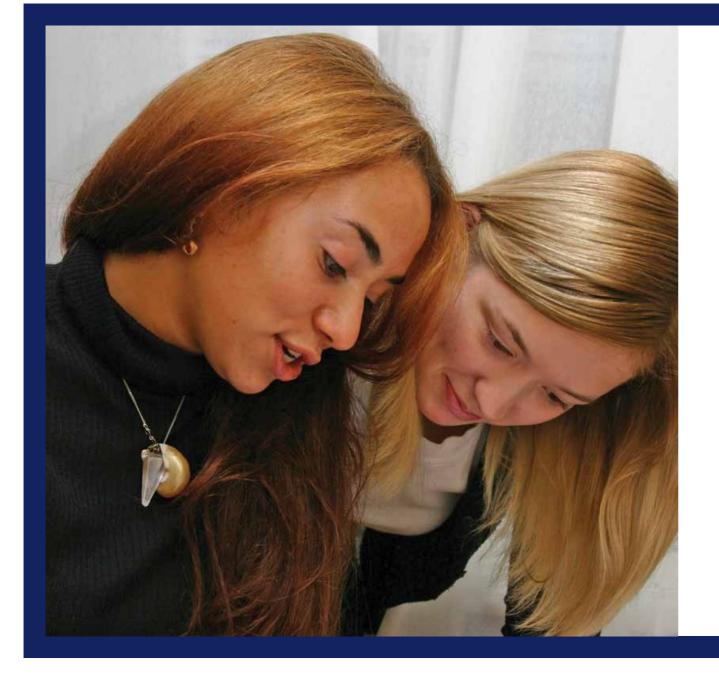
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### Shared flats

If you prefer independent living but at the same time wish to experience a true student atmosphere, you should choose our shared flat option. Our flats have single bedrooms (usually 3-4), a shared bathroom and kitchen. Bed linen, cutlery and dishes are provided. The flats are all equipped with TV set, telephone, washing machine and vacuum cleaner. The sharedflat option is no more expensive than staying in a host family, but no board is provided.

#### Hotels

The top end of the hotel market in St. Petersburg, Moscow and Riga can easily be compared with hotels in London or New York. While there is still some shortage of inexpensive mid-range hotels, within the past few years there has been some growth in the small pensions and three-star hotel market.

### Studio-Apartments

If you want to live on your own you can rent an apartment with the help of Liden & Denz, selecting an apartment before your arrival, using the information (description and pictures) sent by e-mail. Alternatively, you can stay with a host family or in a hotel for the first week to give you plenty of time to choose the right apartment when you get here. Prices for apartments are similar to mid-range hotel rates.



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# Activity programme

Культурная программа

At Liden & Denz we support not only the linguistic development of our students, but also their cultural and social experience of life in Russia and Latvia. That is why we run a varied excursion programme which gives everyone the chance to see what our exciting destinations have to offer. Some activities are free such as the city walking tour the day after arrival and our frequent Friday cocktail parties. There are also day trips and weekends away to neighbouring villages and places of interests which are reasonably priced.

It is possible to see some of St. Petersburg's most prominent buildings during our free walking tour, where a wander down Nevsky Prospekt will surround you with its beauty. Apart from that, Liden & Denz offers excursions to the former Tsar residences of Peterhof and Ekaterinsky Palace, where you can get a taste of life in Imperial Russia. We also organise boat trips, Russian cooking lessons, brewery excursions and trips to nearby Veliky Novgorod and Pavlovsk, among others!

There's more to Moscow than the world famous Red Square and the Kremlin! A visit to the Capital city will also allow you to see the 'seven sister' skyskrapers, the church of Christ the Saviour and of course St. Basil's Cathedral. Included in our schedule are also trips to Moscow zoo, Gorky Park, open air cinemas and fascinating historical museums and galleries.

Relax on Fridays with a traditional Russian tea party with our teachers in Riga. You will get to know the historical centre well during your time here with tours to the central market, and rides around the city on the renovated tram. There are also excursions to the seaside suburb Jurmala. All trips of course provide an excellent chance to practice your Russian!

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