

# Learn to Skate

Spring 2016



parks · recreation · cultural services

**SERTICH ICE CENTER**

1705 East Pikes Peak Avenue  
Colorado Springs, CO 80909  
(719) 385-5983

[coloradosprings.gov/Sertich](http://coloradosprings.gov/Sertich)

FOLLOW US ON



# For Ages 3 to 5

## MY TOT & ME

**Cost:** \$94.50/parent & child

**Description:** This class gives mom or dad and their little one the opportunity to enjoy a fun, recreational activity. Students learn how to sit and stand up on the ice, march in place and two-foot glide with mom or dad for a little extra support. Mom or dad should have basic skating skills. This activity is designed for one child and one parent.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 10:45 - 11:15 AM**

Activity # 7392

# 9-week Spring Learn-to-Skate include

9/30-minute or 9/45-minute lessons

Free skate rental  
and  
complimentary practice ice

Low student/teacher ratios

5 FREE public skate visits

*NOTE: Students who register  
for Intro to Skating or Not 2 Late 2 Skate  
lessons will receive 2 free public skate visits*

**\$10 OFF** a "brrrr"thday  
party package

**TO YOUNG  
FOR LESSONS?  
Check out  
POLAR PALS!**

Details on  
page 9



## SNOWPLOW SAM LEVELS 1-3

**Ages: 3 to 5**

**Cost: \$94.50/person +**

**\$13 US Figure Skating Membership Fee**

*(Summer & Fall 2015 and Winter 2016 registered students  
are exempt)*

**Snowplow Sam 1** Sit and stand up with skates off ice and on ice, march in place, march forward, two-foot glide, dip in place

**Snowplow Sam 2** March followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, rocking horse, two-foot hop

**Snowplow Sam 3** Forward skating, forward one-foot glide, forward two-foot swizzles, backward two-foot swizzles, forward snowplow stop with skid, curves

**Thursdays; April 14 - June 9**

**Time: 6:05 - 6:35 PM**

Snowplow Sam 1 Activity # 7401

Snowplow Sam 2 Activity # 7404

Snowplow Sam 3 Activity # 7407

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Snowplow Sam 1 Activity # 7400

Snowplow Sam 2 Activity # 7403

Snowplow Sam 3 Activity # 7406

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 10:45 - 11:15 AM**

Snowplow Sam 1 Activity # 7399

Snowplow Sam 2 Activity # 7402

Snowplow Sam 3 Activity # 7405

## Can't register for Spring?

Learn-to-Skate runs year round!

Registration for the summer session begins June 6  
Saturday Lessons Only (July 9 - August 13)

# DROP-IN LESSONS

Sertich will continue to offer drop-in lessons to students currently enrolled in the Learn-to-Skate program.

Here's an example of how it works...

Register for a Basic 4 on Saturday at 9:30 AM

**AND**

receive the option of dropping-in to a Basic 4 lesson at any other time it is offered.

Drop-ins are available **WEEKS 2-7**

for

\$8/30-minute lesson (YOUTH)

\$9/30-minute lesson (ADULT)

## ONLY TWO CAVEATS

**1** The level you are registered for must be running at another time

**2** The level must fall under the required student instructor ratio.

## It also works like this!

Not sure if you want to sign up for an entire session of Power, Spins or Intro to Artistry?

As long as you are enrolled in our current lesson session and meet the prerequisites, you are welcome to drop-in.

This drop-in program offers an opportunity to get additional group instruction at a reasonable price.

Drop-in lessons can be paid for in advance or on the drop-in day by **scheduling** with Pam at (719) 385-6009;

pingrassia@springsgov.com or stopping by her office.

Have additional questions? Please don't hesitate to ask!

# For Ages 6 to 15

## YOUTH BASIC LEVELS 1-8

Ages 6 to 15

**Cost: \$94.50/person + \$13 US Figure Skating Membership Fee**

*(Summer & Fall 2015 and Winter 2016 registered students are exempt)*

- Basic 1** Sit on ice and stand up, march forward across ice, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop, rocking horse, two-foot hop in place
- Basic 2** Forward one-foot glides, backward two-foot glide, backward swizzles, two-foot turns, moving snowplow stop, forward alternating half swizzle pumps
- Basic 3** Forward stroking showing correct use of blade, forward half swizzle pumps, moving forward to backward two-foot turn, backward one-foot glides, forward slalom, two-foot spin
- Basic 4** Forward outside and inside edges on a circle, forward crossovers, forward outside three turns, backward half swizzle pumps, backward stroking, backward snow plow stop
- Basic 5** Backward outside and inside edge on a circle, backward crossovers, beginning one-foot spin, hockey stop, side toe hop
- Basic 6** Forward inside three turns, moving backward to forward two-foot turn on a circle, t-stop, bunny hop, forward arabesque/spiral on a straight line, forward lunge
- Basic 7** Forward inside Mohawk, backward outside edge to forward outside edge transition, ballet jump, backward crossovers to a backward outside edge, forward inside pivots
- Basic 8** Moving forward outside and inside three-turns, combination move, one-foot upright spin, waltz jump, mazurka

**Thursdays; April 14 - June 9**

**Time: 6:05 - 6:35 PM**

Youth Basic 1	Activity # 7410
Youth Basic 2	Activity # 7413
Youth Basic 3	Activity # 7416
Youth Basic 4	Activity # 7419
Youth Basic 5	Activity # 7421
Youth Basic 6	Activity # 7423
Youth Basic 7	Activity # 7425
Youth Basic 8	Activity # 7427

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Youth Basic 1	Activity # 7408
Youth Basic 2	Activity # 7412
Youth Basic 3	Activity # 7415
Youth Basic 4	Activity # 7418

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 10:45 - 11:15 AM**

Youth Basic 1	Activity # 7409
Youth Basic 2	Activity # 7411
Youth Basic 3	Activity # 7414
Youth Basic 4	Activity # 7417
Youth Basic 5	Activity # 7420
Youth Basic 6	Activity # 7422
Youth Basic 7	Activity # 7424
Youth Basic 8	Activity # 7426

# FREE PUBLIC SKATING

Learn-to-Skate students receive five FREE visits to any of our public skating sessions. Just check in at the front desk before the session begins by giving your name to the cashier and we will deduct one visit from your automated account. *NOTE: Free visits must be used during designated Learn-to-Skate session.*

Students enrolled in Free Skate 1 or above have the option of five FREE public skate visits or three FREE freestyle session passes. *Freestyle passes will be handed out on the first day of lessons by the instructor.*

# FREE PRACTICE ICE

Sertich Ice Center offers practice time for Learn-to-Skate students. Practicing is for your benefit and it's FREE!  
Below is the practice ice schedule. Family and friends can skate with students for \$1 each (includes skate rental)

## THURSDAYS

6:40 – 7:10 PM

## SATURDAYS

10:10 - 10:40 AM

*(Schedule subject to change)*

# Hockey for Ages 6 to 15

## YOUTH HOCKEY LEVELS 1-4

Ages 6 to 15

**Cost: \$94.50/person + \$13 US Figure Skating Membership Fee**

*(Summer & Fall 2015 and Winter 2016 registered students are exempt)*

- Hockey 1** Falling and recovery, proper forward and backward stance, march across ice, march forward with two-foot glide and dip, stationary snowplow stop, rocking horse, forward swizzles, turns, T-push, backward march or wiggle
- Hockey 2** Forward swizzles, alternating forward C-cuts, T-push and glide, scooting on circle, gliding two-foot turn, backward march, backward swizzle, backward snowplow stop, alternating backward C-cuts, two-foot moving snowplow stop
- Hockey 3** One-foot snowplow stop to hockey stop, full strides, shuffle stride, backward hustle, backward C-cuts on circle, forward C-cuts on circle, forward outside/inside edges, gliding two-foot turn, lateral crossover march
- Hockey 4** Shuffle stride vary tempo and edge quality shallow deep pumps, forward crossovers on circle, forward alternating crossovers down the length of ice, forward power turns, hockey stops, quick starts, backward hustle with quick V-stops, backward crossovers on circle, backward alternating crossovers with wide step transitions, forward or backward pivot turn

### Thursdays; April 14 - June 9

**Time: 6:05 - 6:35 PM**

Youth Hockey 1	Activity # 7429
Youth Hockey 2	Activity # 7431
Youth Hockey 3	Activity # 7433
Youth Hockey 4	Activity # 7435

### Saturdays; April 16 - June 18

*No lessons May 28*

**Time: 9:30 – 10:00 AM**

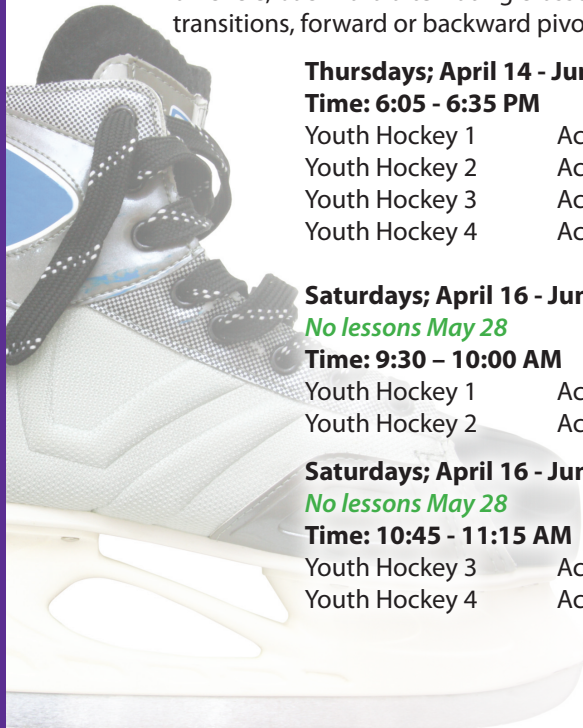
Youth Hockey 1	Activity # 7428
Youth Hockey 2	Activity # 7430

### Saturdays; April 16 - June 18

*No lessons May 28*

**Time: 10:45 - 11:15 AM**

Youth Hockey 3	Activity # 7432
Youth Hockey 4	Activity # 7434





# For Ages 16 and older

## ADULT BASIC LEVELS 1-6

Ages: 16 and up

Cost: \$108/person + \$13 US Figure Skating Membership Fee

*(Summer & Fall 2015 and Winter 2016 registered students are exempt)*

- Basic 1** Falling and recovery, forward marching, forward two-foot glide, forward swizzle, moving snowplow stops, two-foot turns, glide forward on two feet and dip
- Basic 2** Forward stroking showing correct use of blade, forward half swizzle pumps on a circle, forward one-foot glide, slalom, forward chasses on a circle, backward two-foot glide, backward wiggles, backward swizzles
- Basic 3** Forward outside and inside edges on a circle, forward crossovers, backward one-foot glide, backward snowplow stop, backward half swizzle pumps on a circle, moving forward to backward and backward to forward two-foot turn, beginning two-foot spin
- Basic 4** Basic forward outside and forward inside consecutive edges, backward edges on a circle, backward crossovers, backward chasses on a circle, clockwise and counterclockwise, forward outside three turns, left and right, forward outside swing rolls to a count of six, forward inside pivots right and left
- Basic 5** Forward and backward crossovers in a figure eight pattern, forward outside to inside change of edge on a line, T-stop right or left, continuous forward progressive chasse sequence, beginning one-foot spin
- Basic 6** Forward inside open Mohawk both directions, forward perimeter stroking with crossover end patterns, alternating backward crossovers with two-foot transition, backward crossovers to a backward outside edge glide, lunge, spiral, bunny hop, footwork sequence

**Thursdays; April 14 - June 9**

**Time: 6:05 - 6:35 PM**

Adult Basic 1	Activity # 7364
Adult Basic 2	Activity # 7366
Adult Basic 3	Activity # 7368
Adult Basic 4	Activity # 7370
Adult Basic 5	Activity # 7372
Adult Basic 6	Activity # 7374

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Adult Basic 1	Activity # 7363
Adult Basic 2	Activity # 7365
Adult Basic 3	Activity # 7367
Adult Basic 4	Activity # 7369
Adult Basic 5	Activity # 7371
Adult Basic 6	Activity # 7373

## UNLIMITED PUBLIC SKATE MEMBERSHIP

*Unlimited skating on all Public Skate sessions  
for 3 months from the date of purchase*

### INDIVIDUAL

Public Skate Membership

**\$75**

*includes skate rental*

### FAMILY OF FOUR

Public Skate Membership

**\$200**

*includes skate rental*



# Specialty Lessons

## FREE SKATE LEVELS 1-6

**Prerequisite:** Basic 8

**Cost:** \$108/person + \$13 US Figure Skating Membership Fee

*(Summer & Fall 2015 and Winter 2016 registered students are exempt)*

**Free Skate 1** Advanced forward stroking, basic forward inside and outside consecutive edges, advanced back outside three-turns clockwise and counter clockwise, scratch spin from backward crossovers, waltz jump, half-flip

**Free Skate 2** Basic backward inside and outside consecutive edges, forward outside and inside spirals, continuous forward progressive chasse sequence, waltz threes, beginning backspin, waltz jump, toe loop

**Free Skate 3** Forward and backward crossovers in figure eight pattern, waltz eight, advanced forward swing roles, backspin with free foot in crossed leg position, Salchow, half Lutz jump, waltz jump-toe loop combo or Salchow-toe loop combo

**Free Skate 4** Spiral sequence, forward power three-turns, continuous backward progressive chasse sequence sit spin, loop jump, waltz jump-loop jump combo

**Free Skate 5** Backward outside three-turn, Mohawk into three backward crossovers, spiral sequence, forward outside slide chasse swing roll sequence, camel spin, forward upright spin to back upright spin, loop-loop jump combo, flip jump, waltz jump-falling leaf toe loop jump sequence

**Free Skate 6** Alternating backward crossovers to backward outside edges, five-step Mohawk sequence, camel-sit spin combination, split jump or stag jump, waltz jump half loop-Salchow jump sequence, Lutz jump, Axel walk-through

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 8:30 - 9:15 AM**

Free Skate 1	Activity # 7380
Free Skate 2	Activity # 7381
Free Skate 3	Activity # 7382
Free Skate 4	Activity # 7383
Free Skate 5	Activity # 7384
Free Skate 6	Activity # 7385

## AXEL, PRE-DOUBLES FOUNDATIONS

**Prerequisite:** Free Skate 6

**Cost:** \$108/person

**Description:** If you've passed Free Skate 6 and you're ready to work on your Axel, this activity is for you! Axel and pre-double techniques will be covered.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 8:30 - 9:15 AM**

Activity # 7376

## FREE SKATE ELITE

**Prerequisite:** Axel

**Cost:** \$108/person

**Description:** This activity is for skaters who have achieved an Axel and want to continue with group lessons. Free Skate Elite covers Axels through double jumps, and combinations and flying spins.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 8:30 - 9:15 AM**

Activity # 7386

# Specialty Lessons

## DANCE (8 WEEKS)

**Prerequisite - Youth/Adult Basic 4**

**Cost: \$96/person (\$12 drop-in)**

**Description:** This activity is great for all skaters looking to expand their skating skills. The focus will be on basic dance step technique, edges, and turns. Patterned dances such as the Dutch Waltz, Canasta Tango and Rhythm Blues will be taught. This low-impact activity will help improve knee bend, leg extension, posture, and basic rhythm while learning to skate to music.

**Wednesdays; April 13 - June 1**

**Time: 10:30 - 11:15 AM**

Activity # 7378

## POWER

**Level: Basic 5 and up**

**Cost: \$94.50/person**

**Description:** Increase skating power with this 30-minute constant movement conditioning activity. Students will improve their strength, endurance, agility and speed.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 7:55 - 8:25 AM**

Activity # 7398

## PATCH (8 WEEKS)

**Prerequisite - Free Skate 1**

**Cost: \$96/person (\$12 drop-in)**

**Description:** Patch or figures refers to circular patterns which skaters trace on the ice to demonstrate skill in placing clean turns evenly on round circles. These circles are skated using one foot at a time, as a skater masters balance, control, flow and edge to achieve clean and accurate tracings.

**Wednesdays; April 13 - June 1**

**Time: 9:45 - 10:30 AM**

Activity #7397

## BEGINNER SPINS

**Prerequisite: Free Skate 1**

**Cost: \$94.50/person**

**Description:** This activity will cover the fundamentals of spinning. Spin entrances and exits will be reinforced with an emphasis on scratch, back scratch, sit and camel spins.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Activity # 7377

## ADVANCED SPINS

**Prerequisite: Pre-Preliminary**

**Cost: \$94.50/person**

**Description:** This activity will focus on flying spins, spin combinations and variations. Entrance and exit techniques are also reviewed. Skaters must have mastered four rotations of scratch, back scratch, sit and camel spins.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Activity # 7375

## INTRODUCTION TO ARTISTRY

**Prerequisite - Basic 5**

**Cost: \$94.50/person**

**Description:** This activity is designed to provide skaters with an introduction to the foundations and principles of artistry. Emphasis will be placed on body alignment and posture, movement and line, eye focus and facial expression, head movement and port de bras (arm movement) as well as body awareness and body levels.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 10:10 - 10:40 AM**

Activity # 7391

SPECIALTY LESSONS





# Other Skating Opportunities

## FAMILY LESSONS

**Ages: 3 and up**

**Cost: \$94.50/person**

**Description:** Learn-to-Skate for everyone in your family! Moms, dads, siblings and anyone else you consider family can come learn basic skating elements. This activity is designed for anyone age three and up and focuses on allowing each student to learn at their own pace while sharing some family time together.

**Saturdays; April 16 - June 18**

*No lessons May 28*

**Time: 9:30 - 10:00 AM**

Activity # 7379

## INTRO TO SKATING

**Ages: 3 and up**

**Cost: \$25/person**

**Description:** Intro to Skating is a four-week program that allows students who may not be sure if their interested in a full ten week session to learn a few of the basics. Some of the elements taught in Snowplow Sam 1 and Basic 1 are covered. A great way for anyone to try it and it's a lower cost and time commitment for first timers. Students will receive 2 free public skate passes. *Introductory lessons not eligible for the Early Bird discount.*

**Thursdays; April 14 - May 5**

**Time: 6:40 - 7:10 PM**

Ages 3 - 5

Activity # 7390

Ages 6 and up

Activity # 7388

**Saturdays; April 16 - May 7**

**Time: 10:45 - 11:15 AM**

Ages 3 - 5

Activity # 7389

Ages 6 and up

Activity # 7387

## NOT 2 LATE 2 SKATE

**Ages: 3 and up**

**Cost: \$52.50/person**

**Description:** Designed for the brand new skater, this five week program will teach the beginning elements of how to ice skate. Not 2 Late 2 Skate provides a great opportunity for anyone age three and over to take group lessons for a lesser time commitment than normal ten week sessions. This activity focuses on safety, fun, and a variety of methods to move across the ice. Come have some fun learning how to skate with others your own age this winter! Students will receive 2 free public skate passes.

**Thursdays; May 12 - June 9**

**Time: 6:40 - 7:10 PM**

Ages 3-5

Activity # 7396

Ages 6 and up

Activity # 7394

**Saturdays; May 14 - June 18**

*No lessons May 28*

**Time: 10:45 - 11:15 AM**

Ages 3-5

Activity # 7395

Ages 6 and up

Activity # 7393



# POLAR PALS



*For Ages 8 and under and their grown-up*

Kids have an opportunity to skate with the help of buckets, draw on the ice and play with stuffed friends on half the ice. The other half of the ice will be used for kids who want to play in a mountain of real snow with toys. Skates are not required. Afterwards, we'll warm up with treats and get ready for story time.

## FRIDAYS

**On ice: 1:15-2:00 PM**

**Treats and Story time: 2:10-2:40 PM**

## COST

\$4 for first child and parent

\$3 for additional child(ren)

5 visit punch pass

\$20 (one child and one parent)

\$35 (two kids and one parent)

**No need to register - Just show up!**  
*No private lessons during session*

OTHER OPPORTUNITIES

# \$10 OFF

*When you book your party at the*  
**COOLEST** *Place in Town!*

We've eliminated the hassle and added the fun.

Party packages include admission to a 1.5 hour public skate session, skate rental, personalized quarter-sheet cake, ice cream, drinks and an attendant to assist.

Party reservations must be made at least one-week in advance, and full payment is due at the time of booking.

**BOOK TODAY!** Call (719) 385- 5983

*Coupon must be presented at time of booking to receive \$10 discount.  
Coupon may not be combined with other discounts  
nor is it redeemable for cash.*

# Registration

## REGISTRATION DATES

**March 7 - Ongoing**

*Register Early - Activity Capacity is Limited!*

## EARLY BIRD DISCOUNT

**Register anytime between March 7 - 31  
and deduct \$10 from each activity registration.**

For example:

A family with three children signing up for one activity  
would receive a \$30 discount.

An individual signing up for two different activities  
would receive a \$20 discount.

*NOTE: This discount is not available to those on  
the Adjusted Fee Program, Head Start students or  
for Intro to Skate lessons.*

## REGISTRATION OPTIONS

### Business Hours

**Monday-Friday; 9:00 a.m.-5:00 p.m.**

**Walk-in:** Sertich Ice Center (in Memorial Park)  
1705 East Pikes Peak Avenue

**Mail-in:** Send registration and form of payment to:  
Sertich Ice Center  
Attention: Learn-to-Skate  
1705 East Pikes Peak Avenue  
Colorado Springs, CO 80909

**Fax-in:** (719) 385-6063  
Send completed registration form including  
Visa, MC, Discover or AMEX card number,  
expiration date and CCV.  
*Faxes are processed during regular business hours.*

**Online:** [coloradosprings.gov/Sertich](http://coloradosprings.gov/Sertich)

1. Click the **REGISTER HERE** Button
2. Click MY ACCOUNT
3. Enter (LOGIN and PASSWORD)
4. Click REGISTER FOR ACTIVITIES
5. Use ACTIVITY NUMBER
6. Select the NAME OF ACTIVITY, click ADD TO MY CART
7. In the drop down box, select the participant who will be taking the class. When finished, click CONTINUE.
8. Follow the steps for payment. Visa, MC, Discover, or AMEX Accepted. Be sure to complete your order and click CONTINUE.
9. Print receipt or go green!

## REFUND POLICY

A full credit or refund will be issued to the customer if a program is canceled or at capacity. If the customer withdraws from the program prior to the program start date, the customer will receive a refund or credit upon submitting a written request. If a refund request is submitted after the program start date, Sertich staff will determine the amount of the refund or credit. The US Figure Skating Basic Skills membership fee is non-refundable.

## ACTIVITY SIZE & ENROLLMENT

Sertich Ice Center's policy is to provide quality programming. A student/teacher ratio of 10:1 will be maintained in all US Figure Skating sanctioned activities. (*Exception- Snowplow Sam 1 which has a 7:1 ratio.*)

Activities with less than four skaters may be cancelled or combined with another level. Activity size is limited.

## INCLEMENT WEATHER

In case of inclement weather, please check the city website for any cancellations or facility closures at [coloradosprings.gov/Sertich](http://coloradosprings.gov/Sertich)

## AMERICANS WITH DISABILITIES (ADA)

The City of Colorado Springs complies with the ADA and will make reasonable accommodations to enable people with disabilities to participate in and enjoy recreation programs.

## MEMORIES THAT LAST

By registering yourself/your child in Recreation Services activities, you hereby consent to the photographing of yourself/your child by the City of Colorado Springs and/or their agents, and consent to the use of these photographs singularly or in conjunction with other photographs or video recordings for Parks, Recreation and Cultural Services marketing purposes without any compensation.

# About Lessons

## OUR SKATING SCHOOL

Sertich Ice Center activities are designed to provide a positive learning experience, filled with lots of fun.

Our objectives are to...

- Provide a safe and enjoyable skating experience,
- Teach the correct techniques for the basic elements,
- Promote health and fitness,
- Develop social relationships through group interaction,
- Teach life-long skills.

The curriculum will guide the skaters through the US Figure Skating Association's test structure. However, we understand that each skater is unique and will learn at his/her own pace.

We want our skaters to be happy and appropriately challenged. Skaters who are progressing quickly may not be required to complete the entire session, provided all elements are mastered.

*NOTE: Skaters often need the entire session to accomplish the challenges as the elements become more difficult.*

## SKATES, SAFETY, & WHAT TO WEAR

**Skate boots should provide a snug fit.**

**Your foot should not move around inside the boot.  
The closer the fit, the more control you will have.**

**Lace skates by crisscrossing the laces snugly around each hook.**

**To ensure proper support for the ankle, the tightest point of lacing should be at the instep.**

**Wear several layers of clothing to start, as you warm-up you can discard a layer or two.**

**Comfort and freedom of movement are important. Try not to wear clothing that might be restrictive.**

**Sweats or warm-ups are ideal.**

**Helmets are suggested for beginner skaters and are recommended for all activities.**

**Remember to bring gloves.**

**Parents and spectators are not allowed on the ice during activities.**

## ABOUT US FIGURE SKATING

US Figure Skating is the national governing body for figure skating in the United States. It is responsible for making and enforcing the rules for the sport, holding competitions and official test sessions. Through membership in the International Skating Union (ISU) and the United States Olympic Committee (USOC), US Figure Skating is responsible for selecting teams that represent the United States in the World Championships and the Olympic Winter Games.

## US FIGURE SKATING BASIC SKILLS MEMBERSHIP

The mission of the Basic Skills Program is to provide a goal-oriented program that encourages ice skating at all levels and to enhance the quality of skating skills at these levels. The US Figure Skating Basic Skills curriculum is designed to keep skaters enthusiastic about learning how to skate. In order to join the US Figure Skating Basic Skills Program, you can register through Sertich Ice Center's Learn-to-Skate program.

*Membership is required for all Snowplow Sam, Basic Skills, Hockey and Free Skate students.*

When you register, you will receive:

- An official US Figure Skating Basic Skills membership card
- A brightly colored record book with stickers to track your progress through the lessons
- A membership year patch
- Sport Accident Insurance
- General information about ice skating
- Basic Skills Edition of SKATING Magazine

All for a \$13 membership fee.

**Membership is valid**

**July 1, 2015 - June 30, 2016**



# Registration Form

Parent/Guardian: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_

Secondary Phone: \_\_\_\_\_

Check Payment Method:  Cash  Check  Visa  Mastercard  Discover  American Express  MO  Other

Student's First and Last Name	M/F	Date of Birth	Activity #   Title   Time	Fee	Office Use

Is/Are the student(s) listed above current US Basic Skills Members July 1, 2015 - June 30, 2016  Yes  No  
*All Snowplow Sam, Basic Skills, Hockey and Free Skate students must register for US Figure Skating Basic Skills Membership (\$13 non-refundable fee).*

**I acknowledge and agree to the Participant Warning Statement.**

Although participation in supervised athletics and activities is generally considered safe, and serious injuries are not common, it is impossible to eliminate every risk. To help reduce accidents and injuries, players must obey safety rules, report all physical problems, follow a proper conditioning program and inspect their own equipment. By registering for this program, you acknowledge that you have read and understand this warning. Those who do not wish to accept the risk should not register or participate.

*The City of Colorado Springs carries no insurance for participants or spectators.*

*EMS will be called for all medical emergencies, and individuals will be responsible for all ensuing charges.*

**Inclusion Coordinator:**  If the student needs an accommodation to participate, please check the box.

**Helping Hand Fund:** Yes, I would like to contribute  \$1  \$5  \$10 or \$\_\_\_\_\_ to the PR&CS Youth Scholarship Fund. This fund allows children, youth and teens to enroll in programs who otherwise would not have the opportunity to participate. Please include your donation with this registration. Thank you!

**INFORMATION PROVIDED BELOW WILL BE DESTROYED IMMEDIATELY AFTER REGISTRATION IS PROCESSED**

**Credit Card Number:** \_\_\_\_\_ **Exp. Date:** \_\_\_\_\_ **CVC Code:** \_\_\_\_\_

*I authorize PR&CS to use my credit card for fees in the above listed activities*

\_\_\_\_\_  
Print Cardholder's Name

\_\_\_\_\_  
Signature of Cardholder

## Learn-to-Skate Evaluations

We want to provide you with a quality skating experience each and every time you visit. We appreciate your feedback and want to hear from you throughout the Learn-to-Skate session. For continued improvement of services, please complete an evaluation anytime you would like us to know when you are happy with our services and where we could use some improvement. Evaluations are available at the skate rental counter.

As we know your time is valuable, we would like to thank you for your feedback by providing you one courtesy public skate pass when you submit a completed evaluation.