

Learning the Celtic Cross Tarot Spread



by

The Daily Tarot Girl

Webinar notes:

The Celtic Cross Tarot Spread is one of the oldest and most popular Tarot spreads. The shape of this spread was inspired by the celtic cross found in Ireland – a cross with a circle around the top part of it.

Sybolism:

The circle and cross represent the joining of spirit and matter

Cross & circle = feminine

staff = masculine

The Celtic Cross spread is basically the celtic cross cut in half (masculine and feminine parts separated)

There are many variations of the Celtic Cross spread and this can cause confusion.

There is no one right version of the Celtic Cross, so you are free to choose the version that works best for you.

You can eliminate confusion by deciding on the version you will be using before the reading.

The purpose of a Tarot spread = a container for the reading

The Celtic Cross spread tells a story of the *individual* (it is like a snapshot profile) and as you read this spread, you weave a story of whomever you are reading for.

Asking the right questions

Think of consulting your Tarot cards to get more information (NOT to tell you what to do)

When asking a question, notice if it makes you feel *powerless* or *empowered*?

Avoid “close ended questions” - questions that can be answered with just one or two words

Ask “open ended questions” - these invite conversation and exploration

When you consult your cards, you want them to talk to you – so approach them like you would a mysterious stranger at a party. Avoid boring questions and ask questions that encourage discussion.

(see chart on next page for details)

Reading with the Celtic Cross Spread

Positions to connect:

-subconscious and conscious cards (cards 3 & 5)

-past and future (cards 4 & 6)

-goals/dreams card and final outcome (cards 5 & 10)

-self card and others card (7 & 8)

*Look for repeating symbols, numbers and suits – when something keeps repeating throughout the reading, you know you need to pay special attention to it

How to Phrase A Question:

Don't	Do
<p>Closed ended questions: Avoid questions beginning with <i>should, when and will</i></p> <p style="text-align: center;">Timing questions <i>When will I meet my soul mate?</i> <i>When will things change?</i></p> <p style="text-align: center;">yes/no questions (avoid questions starting with <i>will</i> or <i>should</i>) <i>Will I ever be rich and powerful?</i> <i>Should I accept the job offer?</i> <i>Which path <u>should</u> I choose? A or B?</i></p> <p style="text-align: center;">Asking about others <i>Does my ex still love me?</i> <i>How does Judy really feel about this?</i> <i>Why is my boss being a d*ck?</i></p>	<p>Open ended questions: Ask questions starting with <i>how, why, what</i></p> <p style="text-align: center;">Rephrase timing questions <i>How can I meet my soul mate?</i> <i>Why is change taking so long?</i></p> <p style="text-align: center;">Rephrase Yes/No questions <i>What can I do to be rich and powerful?</i> <i>What is the potential of this job?</i> <i>What challenges and opportunities will path A bring me? And path B?</i></p> <p style="text-align: center;">Rephrase “other” questions <i>What is the potential for this relationship?</i> <i>How can I better communicate with Judy?</i> <i>How can I best approach my boss and his jerky behavior?</i></p>

Worksheet: Rephrase these crappy questions!

Using the guidelines in the chart on the previous page, see if you can re-word these close-ended questions and make them open-ended (examples on next page)



Question: Will I win my court case?

Rephrase: _____

Question: Should I finish my degree?

Rephrase: _____

Question: When will we sell our house?

Rephrase: _____

Question: Am I making a mistake in taking Gerald back?!

Rephrase: _____

Question: Should I go to Europe this Summer?

Rephrase: _____

Question: Will my mother ever move to Calgary?

Rephrase: _____

Question: When will I get a new job?

Rephrase: _____

Answer Key: Rephrase these crappy questions!

Here are some examples of how I might choose to rephrase these questions

Question: Will I win my court case?

Rephrase: What is the most likely outcome of my court case at this point?

Question: Should I finish my degree?

Rephrase: What opportunities await me if I finish my degree?

Question: When will we sell our house?

Rephrase: How can we sell our house quickly?

Question: Am I making a mistake in taking Gerald back?!

Rephrase: What might be the pros and cons of taking Gerald back?

Question: Should I go to Europe this Summer?

Rephrase: What are the pros and cons of me going to Europe this summer?

Question: Will my mother ever move to Calgary?


Rephrase: What do I need to know about this situation that I'm not seeing?

Question: When will I get a new job?

Rephrase: How can I get a new job?

The Celtic Cross

10
Outcome




Possibilities
How you can
Actions to take
get what
you want

5
Conscious



Hopes
Goals!
Ideals
Values
what you say (+ think)
You want...

9
The key



Guidance & Advice
What you NEED
to know...
Overlooked
Factor

4
Past



as let go of...
Receding
influence
Release
The story you tell


1
you
NOW!

Present situation
about
of  the matter

2
Major Influence

what helps or hinders
Support
Opposition

6
Near Future

Action to take  the next step!

Upcoming
Opportunity/
challenge
Quality
to embrace ★ ★ ★


8
Environment




What surrounds
you...
How others effect you
Relationships
with others

3
Unconscious

Secret
Desires
Root Cause
Hidden
Wishes

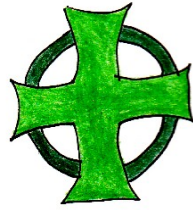
FEARS
UNKNOWN... 

7
How you see
yourself

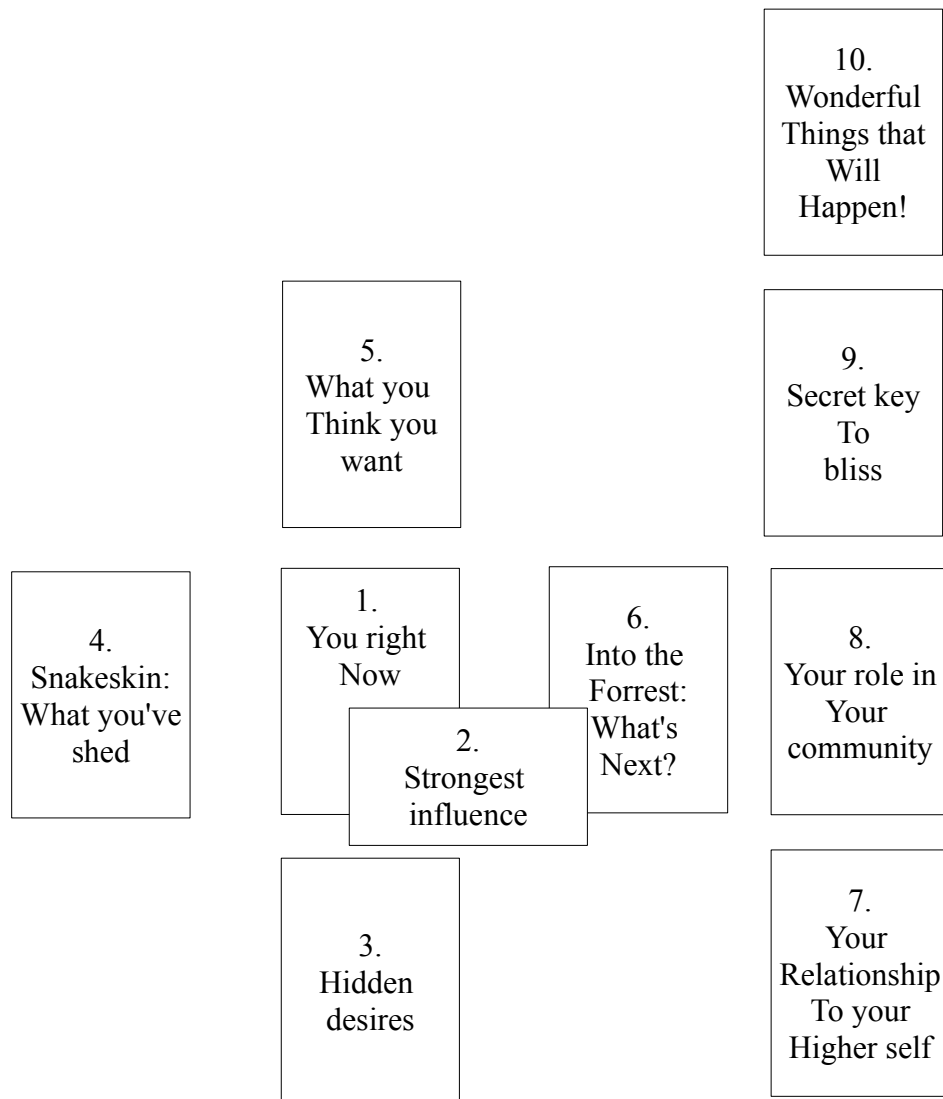


Your approach
(gifts + flaws)
Relationship
to Your Self

The Celtic Cross Tarot Spread: Revamped!

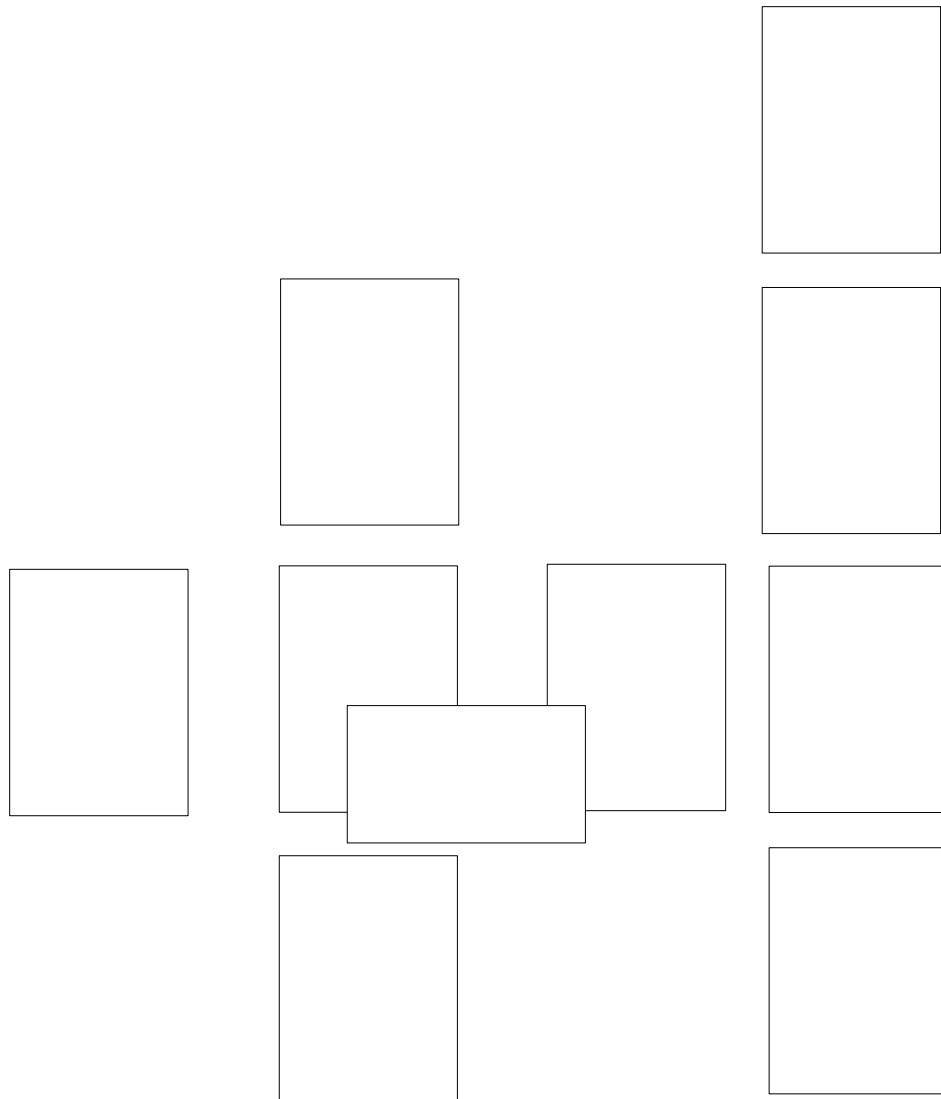
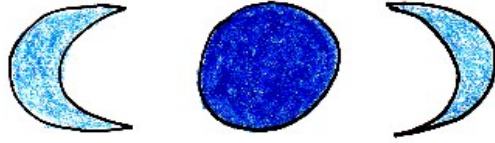


This is my revamped version of the classic Tarot spread
(for a detailed explanation of this spread and video go right here: <http://www.daily-tarot-girl.com/2014/08/26/celtic-cross-tarot-spread-revamped/>.)



Create Your Own Celtic Cross Spread

Here's your chance to get creative and make your own version of this spread. You can look at mine on the previous page for ideas. You can stick close to the traditional card meanings or you can do something totally different.



The Celtic Cross: In Depth

Journalling Exercise

One of the best ways to understand this spread is to study each card position in-depth – in a way that is personal to you. Let's take a look at how each position shows up in your life. This exercise is kind of like doing the Celtic Cross spread without using Tarot cards.

Position #1: The Heart of the Matter

You, now. The present situation/issue.

Where are you right now (in your life)? What's going on for you?

What are your present challenges?

What skills, talents, support and resources are available to you right now?

Position #2: That Which Crosses You

What helps you or stands in your way, major influences in your life

What are the biggest influences in your life right now?

What gets in your way? What stops you from living your dreams?

What helps and supports you? (ex: person, an inner quality, activity)

Position #3: That Which is Beneath You

Your subconscious fears and desires, shadow-self, root cause, unknown

What do you *really* want (but think you shouldn't)?

What are you most afraid of? What fears linger below your surface?

What do you **NEED**, more than anything else?

Position #4: That Which is Behind You

What you need to let go of, release, the past, who you used to be

What is in your past, yet still effects you today?

What would you like to let go of?

How can you release what is no longer working for you?

Position #5: That Which is Above You

Ideals, goals, what you say you want

What are your goals? What are you working towards?

What do you claim to want?

Describe the “you” that you show to the world (the public you):

Position #6: That Which is Before You

Near future, action to take, upcoming opportunities and challenges

Where would you like to put your energy next?

What action do you feel ready to take?

What challenges are you ready to face?

What opportunities do you long for?

Position #7: You As You See Yourself

Your relationship with your self, your approach to life

What story do you tell yourself about who you are?

How do you treat yourself? What is your internal dialogue like most days?

How do you typically approach challenges and opportunities in life?

Position #8: How Others See You

Environment, context, your relationship to others

In general, what is the environment of your life like?

What are your relationships with others like?

How is your relationship with your self reflected in your relationships with others? (for example, do others treat you the way you treat yourself?)

Position #9: Guidance & Advice

what you need to know, the key, what you may be overlooking

Pretend to be your Higher Self for a moment – what advice would you give yourself?

Where are your “blindspots” in life? Hint: look at your fears

What do you feel is the key to bliss?

Position #10: Outcome

Possible future, actions to take, how you can get what you want

After reading over everything you've written here, what direction would you like to take your life?

What actions do you need to take to make it happen?

What would make this process fun?

About Kate (aka The Daily Tarot Girl)



Hello there!

I'm Kate and I love reading the Tarot intuitively and teaching others to do the same. I also love to write, bellydance, paint and read lots and lots of books!

If you love Tarot as much as me, and especially if your totally new to Tarot, check out my website daily-tarot-girl.com – it's packed with tons of great learning resources like videos, exercises, articles, tarot spreads and more.

If you enjoyed this class, you might also enjoy some of my other e-courses and e-books:

[Learn the Tarot Card Meanings](#)

[How to Read Tarot for Your Self](#)

[How to Give a Life Purpose Angel Card Reading](#)

[Connecting the Cards in a Tarot Reading](#)

[Awaken Your Psychic Self](#)

[The Ultimate Tarot Journal](#)

[Tarot Card Spreads for Love, Sex & Relationships](#)

I also teach private Tarot lessons via telephone or Skype, so if you would like to work 1-on-1 with me and take your reading skills to the next level, then you can check out my [Tarot Mentoring services](#) or contact me directly at kate@daily-tarot-girl.com

Happy Tarot Reading!

Xoxo

Kate