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“The Divine Matrix:
Bridging Time, Space, Miracles, and Belief”
Gregg Braden

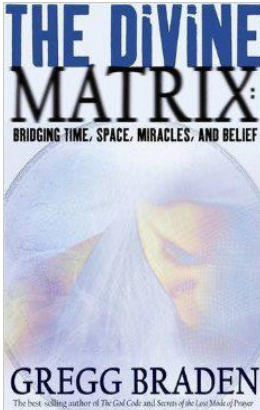
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“The Divine Matrix: Bridging Time, Space, Miracles, and Belief” by Gregg Braden

Objectives of this essay



The summary paper of the book *“The Divine Matrix: Bridging Time, Space, Miracles, and Belief”* by Gregg Braden

Considering the most important points or view of the book by Gregg Braden and I will provide my point of view too as the Author of this essay. However, I will also leave the opportunity and the pleasure of the interested reader to also provide their points of view about this paper on

The Divine Matrix: Bridging Time, Space, Miracles, and Belief.

Afterward, I will take the freedom to give a brief criticism about the opinion expressed in this book by combining both scientific and Biblical references as there is high emphasis on the spirituality part, because to my humble opinion the presenter of this book based most of his theories on personal opinion trying to compare science and belief from ancient time and lack at the same time some scientific and religious credibility on the overall opinion of it. It is good to mention that this paper is part of the requirement from the University after reading the book (as a course requirement) and compare information gathered from interviews and different media from the audio version, video and internet research including the Biblical information. The book itself is organized into three parts of eight (8) Chapters, as presented by Gregg Braden who also gives references from religious practices, the power of healing believes including the ancient concepts or practices to the modern science views. The Author of the book Fractal Time highlighted different ancient civilizations and the messages that were sent to us especially of the end of the world cycle in relation to 21 December 2012 event. of it. The book itself is organized into 3 parts.

Part I: Discovering the divine Matrix: The mystery that connects all things

Part II: The bridge between imagination and reality: How the divine Matrix works

Part III: Messages from the Divine matrix: living, loving, and healing in quantum awareness

ABSTRACT

This essay presents the review below of the book that presents an overview of the substance, style and quality of the book on “The Divine Matrix: Bridging Time, Space, Miracles, and Belief” by Gregg Braden (Braden, G., 2007). The book presents a mixture of modern science, spirituality with reference to miracles. This Mind is the matrix of all matter as presented in the quantum physics with this field of energy and magnetic field that are generated through emotion and how it communicated to the universe. The scientific discoveries confirm the reality of Planck’s matrix, as explained by Greg Braden; The Divine Matrix is supposed to help to bridge imagination and reality in line with people’s beliefs. In the book, Greg refers to the universal field of energy that the father of quantum theory, Max Planck, describes as a field that connects everything in our universe. The book highlights 20 keys within the 4 main points illustrated to empower the reader to feel a stronger sense of control of being an active participant in life rather than an observer. If the Divine Matrix connect everything in our world, then the human body offers us a good example of a hologram as explained by Greg. The power of this matrix in our lives hence understanding of the matrix and speaking will then make us active participants to create our own reality and the language that enable us to connect with the universe. According to Braden, this book is intended to marry among psychology, quantum physics or modern science and spirituality.

Key words: Divine Matrix, Bridging Time, Space, Miracles.

ANALYTICAL CONCEPT OF THE BOOK

This essay is organized in 3 different parts that will be discussed in depth:

Part I: Conscious Creation in a Participatory Universe

The part represents the hub of the system, the Divine Matrix discuss what it is all about and why it is significant of the divine matrix in day to day life. the remaining part discuss about where it’s originated from; what is symbolized this concept, just as the Matrix is for our universe.

According to Braden, it is possible to communicate to the Matrix. Because the matrix is expressed through the human emotion, being positive or negative, that has the power of creation or destruction. Our emotions and beliefs reflect as in a mirror our desires. Creating these “wrinkles” in space-time could change circumstances of our perception, meaning how we see the reality, and these desires are reflected to us. When we love, desire peace and/or harmony in our relationships, as a matter of fact we put together these positive emotions from a place of strength, then the world in turn mirrors these qualities back to us, and more.

There is very important and can be experimented or translated into quantum physics, of which the results can be applied in real life, a way to make sense of what is happening in the outside world. Research also sought to explain the existence of the Divine Matrix and described as:

Discovery 1: There is a field of energy that connects all of creation.

Discovery 2: This field plays the role of a container, a bridge, and a mirror for beliefs within us.

Discovery 3: The field is nonlocal and holographic.

Discovery 4: We communicate with the field through the language of emotion.

Part II: Thoughts on the 20 Keys of Conscious Creation – An Intimate Retelling

Part II discusses about the whole concept of the divine matrix, representing the 20 keys. That explain all the detail of concepts and clearly portrayed out to any reader the reason of this book. When independently consider each key, they describe and properly allocate the concept of the Divine Matrix. Considered collectively, they are altogether an influential tool for any human being. The 20 keys portray both the concept and characteristic of the Matrix. The framework of the matrix that unify and hold the different parts to form the whole, constitute Part III. The closing part of this book puts altogether in a most simplified format, the benefit of the casual reader. focuses in writing on Create a shared consciousness among all people. He is an advocate of the theory of quantum consciousness.

According to Braden, Divine Matrix is defined as “the container that holds the universe, the bridge between all things, and the mirror that shows us what we have created”. This definition consists of three components that conceptual framework of Divine Matrix: container, bridge, and mirror. The conception of “container” indicates that people are living in a small world in which each one whether you believe it or not affects on other people on one way or another starting from how peoples’ relationships can influence to shape our universe. Divine Matrix in this sense works as the mirror to shape peoples’ relationships and beliefs.

Referring to the conception of “bridge” as mentioned in the above definition, it suggests that people have the decision to make life on the Earth peaceful and enjoyable or non-peaceful and boring depending on their attitude and reaction when they reach critical decision point being when it come to the change of the age cycle of even in normal people’s relationship, countries relationship or day to day life. So human being or people can choose to cause wars, make peace. The conception of “mirror” gives an insight reflection of how individual’s attitude or behaviour can help to shape this container and bridge people’s mind of what they want. The relationship among countries, communities etc. has a positive or negative impact on the relationship among individuals that form the main components of a community. Therefore, each and everyone is

accountable because the individual attitude can contribute to build or destroy the whole community. Each and every one of us individual could be a mirror of the community where we are coming from starting from traditions, beliefs and perceptions. Therefore, peoples' connections with each other facilitate the process of how one community respects and considers other communities' and individuals' behaviour and beliefs. People are part of the universe as everything in the universe is connected to something else. No one in this world, either individuals, communities or countries, can live away from each other. People are part and parcel of the Divine Matrix and being part of this Divine Matrix imposes on peoples' beliefs and actions to make the world a paradise or a hell.

As explained and suggested by Braden from the theory developed by Max Planck the farther of Quantum matrix and proposed the quantum theory in 1944 that promised to show the existence of Divine Matrix and the Universe within its containment, most things in life begin from here such as healing, deep relationships, DNA of life and origin of the stars. And this Begun during the era of Newtonian physics, through discoveries by Einstein to breakthroughs Braden proposed in the 21st Century. Braden Explained the holographic nature of man's observation in the quantum is possible through science as a matter of fact relates with quite well in his book.

However, he went further and prove that until recently researchers discovered that it is indeed genuine to present the concept as the first of twenty keys in *The Divine Matrix: Bridging Time, Space, and Miracles & Belief*, to explain how religion and science closely interlink. The interesting part of it, is that belief of creation of the world created by us is an accurate reflection of beliefs. Gregg Braden combined science, spirituality, and miracles in a book he wrote called *The Language of Divine Matrix* where he took more than 20 years.

Braden shares his findings using 20 keys of Divine Matrix that translate miracles from imagination and putting it into practicality and the result is a resourceful impact into our lives.

The 20 keys of Divine Matrix by Braden Gregg

Key 1: The Divine Matrix is the container that holds the universe, the bridge between all things, and the mirror that shows us what we have created.

Key 2: Everything in our world is connected to everything else.

Key 3: To tap the force of the universe itself, we must see ourselves as part of the world rather as separate from it.

Key 4: Once something is joined, it is always connected, whether it remains physically linked or not.

Key 5: The act of focusing our consciousness is an act of creation. Consciousness creates!

Key 6: We have all the power we need to create all the changes we choose!

Key 7: The focus of our awareness becomes the reality of our world.

Key 8: To simply say that we choose a new reality is not enough!

Key 9: Feeling is the language that, to the Divine Matrix. Feel as though your goal is accomplished and your prayer is already answered.

Key 10: Not just any feeling will do. The ones that create must be without ego and judgment.

Key 11: We must become in our lives that we choose to experience as our world.

Key 12: We are not bound by the laws of physics as we know them today.

Key 13: In a holographic every piece of the something mirrors the whole something/

Key 14: The universally connected hologram of consciousness promises that the instant we create our good wishes and prayers, they are already received at their destination.

Key 15: Through the hologram of consciousness, a little change in our lives is mirrored everywhere in our world.

Key 16: The minimum number of people required to a change in consciousness is the 1% of the population.

Key 17: The Divine Matrix serves as the mirror in our world of the relationships that we create in our beliefs.

Key 18: The root of our experiences may be reduced to one of the three universal fears (or a combination of them): abandonment, low self-worth, or lack of trust.

Key 19: Our true beliefs are mirrored in our most intimate relationships.

Key 20: We must become in our lives the very things we choose to experience in our world.

Among the 20 keys, let me elaborate few keys as mentioned in the above theory of the divine matrix

The first key states that Divine Matrix acts as the container which holds the universe, the bridge connecting all things, and the mirror that shows us what we have created. Meaning our actions on one part of life have effects and influence the other parts. Braden describes Divine Matrix using three components mainly container, bridge, and mirror.

The second key according to Gregg Braden, in the Divine Matrix states how different things interconnected in the world. Saying that Divine Matrix is holographic in that any portion of the quantum field contains everything else in the quantum field. An example of prayers, prayers exists already everywhere. Connections that people have with each other will demonstrate how people of one community respect and consider the individual behaviour and beliefs of different communities because we remain an integral part of that connectedness responsible for atoms,

stars, and DNA. People remain part of the universe the same way everything in the universe has a deeper connection to something else. Discovery made by the author is that none in the world both at individual and country levels has the capability to exist in an isolated way from other people, but we need to work together. For this reason, the way to achieve this is by understanding how different conditions work, trying to know why we joined through connections and what they mean.

The third key of Divine Matrix is the implication of how the past, present, and future instruct the Divine Matrix being the container which holds time. In this case, it's all about connections among everything that exists in the earth. Consequently, our choices are affected by continuity provided by the matrix. everything past, present and future has some deep connection with what is existing now. To achieve peace, abundance, healing, career, relationships, and experiences then connecting it to our reality is the sure way of finding joy. The pattern of energy expands throughout the cosmos, connecting everything and substantially forming the quantum field. Hence, Divine Matrix is acting as a multidimensional mirror, occasionally giving a reflection of emotions and beliefs in the world.

Key number four according to the author states that things remain connected providing they joined whether physically linked or not. At some time, the small universe, and everything physically joined only separated by the energy of the big bang. The search to establish smallest particle and matter is futile in both the quantum world of atoms and the vast outer space only leaving conscienceless with the actual answer.

Key number five: The act of focusing our consciousness is an act of creation. Consciousness creates! What exactly does participate in the universe mean? It means that we are both channels as well as actors in the experiences that we create and these two events happen simultaneously, albeit unconsciously for the uninitiated ones. Looking somewhere, examining, and observing are creative acts in and of itself. An erroneous

Consciousness helps bring the dreams we have into reality and those imaginations to life so our ability to apply the understanding it shapes in our life and thinking. It was suggested that the power within our subconscious is the single field of energy human beings requires to incubate reality. Ultimately, this can lead to implications such as healing, war, peace or suffering.

Key number six, key points out the power we need yet possess which enables us to create all changes we choose. Our capacities depend on where our focus lies and in what ways we use the power of awareness the same way a difference exists between working towards a result and thinking or just feeling the desired effect. Power of Awareness revealing that when people work

towards achieving something the journey becomes open ended and never ending. Therefore, identifying the goal and launching milestones to achieve it sets us on the right path rather than in the process of producing it that the mind has not yet registered. It starts with understanding possibilities to begin to realize our imaginations by fulfilling dreams and seeing our prayers answered. Understanding how quantum physics works overemphasized in this book since our world, our lives, and bodies somehow connect to these possibilities.

Key number primary seven, when we focus on our awareness the result is the reality of our world. By now as enthusiasts of this book, you realize central to our question of our existence is our role in the universe. Apparently, it can be useful by trying to understand how scientific observations work in this field to apply it in our lives. For instance, double split experiment presents findings that sometimes the behaviour of electrons goes according to our expectation's same application to our daily life where we spate things and make others distinct.

Consciousness has a significant role in the universe helping us discover new adventures especially when electrons surprises in quantum. Divine Matrix plays an important role acting as the container of all observations hampered only by creating conscious conditions locking us from perceptions of reality. We must look beyond illusions given by the world sometimes falling into pitfalls and learn the most valuable lesson that is the balance of choosing thoughts, feelings, and beliefs with a new possibility.

Braden described the following as keys to answered prayer:

Key 8: To simply say that we choose a new reality is not enough!

Key 9: Feeling is the language that "speaks" to the Divine Matrix. Feel as though your goal is accomplished and your prayer is already answered.

Key 10: Not just any feeling will do. The ones that create must be without ego and judgment.

Braden said that if the state of being that we are in that determines the answer to our prayers, not what we do at any given time. Then the feeling is the prayer and our emotions determine the answer, then we must be in a place of non-judgment. This state offers an effective connection to the Divine Matrix. When we are free from bad motives and self-importance, our prayers are more powerful. Being surrounded by the answer also means having a feeling of healing, peace, and abundance, as if they are already realities. We do not ask to be healed, we *claim* the healing. So, ask without hidden motive and be surrounded by your answer – Be enveloped by what you desire, that your gladness be full.

According to Braden, we appear to be the very energy that is forming the cosmos, at the same time the beings who experience what we are creating, and so we could think of the Divine Matrix in the same way, as the force. It is the container that holds the universe as well as the blueprint for everything that happens in the physical world. The experiments he cited are as follows:

- 1. Experiment I:** Poponin and Gariaev at the Russian Academy of Sciences, a series of experiments that suggest that human DNA directly affects the physical world through what they believed was a new field of energy connecting the two.
- 2. Experiment II:** In a 1993 study reported in the journal *Advances*, the Army performed experiments to determine precisely whether the emotion/DNA connection continues following a separation, and if so, at what distances?
- 3. Experiment III:** this was conducted between 1992 and 1995 by Heart Math implicate that human emotions changed the shape of the DNA. Without physically touching it or doing anything other than creating precise feelings in their bodies, the participants were able to influence the DNA molecules in the beaker.

All these experiments put forward two similar conclusions, which are the root of this book:

- There is something “out there”: the matrix of an energy that connects any one thing with everything else in the universe. This connective field accounts for the unexpected results of the experiments.
- The DNA in our bodies gives us access to the energy that connects our universe, and emotion is the key to tapping in to the field. Braden explains how the Divine Matrix works and postulates that “The object of our attention becomes the reality of our world”. In this context, Braden gives the following 20 Keys of Conscious Creation, explained in the rest of the chapters of the book:

This key comes with five ancient mirrors of our relationship:

- The First Mirror: Reflections of the Moment
- The Second Mirror: Reflections of What We Judge in the Moment
- The Third Mirror: Reflections of What We’ve Lost, Given Away, or Had Taken from Us
- The Fourth Mirror: Reflections of Our Dark Night of the Soul
- The Fifth Mirror: Reflections of Our Greatest Act of Compassion

Part III: On Resisting the Telling of Personal Stories

For change to occur in our personal life and in our world, we must try to change the patterns that we have become accustomed to, such as: feelings, prayers, and beliefs. These are outputs of consciousness in the Divine Matrix. The more planned we are in sending out positive messages,

the greater the change we will make. Like the Matrix, we are holographic beings ourselves, capable of reflecting the different pieces of the whole. Pain and hurt must be transcended then disappear in our existence. In a universe that reflects our beliefs, angry people cannot create a peaceful world. Every time we choose love, peace, and forgiveness, we afford healing to ourselves, our loved ones, and to the rest of the world. The power to create a desirable world lies within our beliefs and imagination. The very thing we want to see happen in our observable reality must first be present inside of us. “Becoming” such a deep and intense present progressive language. It is a breaking out and a dying to the old self and mindset. It is an evolution to a higher self towards personal mastery. A place of rebirth, progress, and no looking back. Never easy and always accompanied by pain. This is the kind of change that we are enjoined to create within ourselves, and as such we can change the world in the process. The objective is not perfection but a braver and kinder approach to loving ourselves.

Key 20: We must become in our lives the very things that we choose to experience in our world. The only difference between those isolated particles and us is that we are made of a lot of them held together by the power of consciousness itself. So, for change to occur in our world, we must also change the patterns that we have become accustomed to feelings, prayers, and beliefs.

CRITICAL CONTEXT

The book by Braden (2007) may be looked at as a link between man, the universe and the field of energy as presented within a multi-linguistic background. Life offers social mirrors in which we can see and recognize our patterns of behaviour as social beings and examines specific characters in relation to geographical settings and the human construct of reality (Evani et al, 2016). Human kind is perceived as the container for all things, however the bridge between all other things we create internally and externally, as well as the surface which reflects backs to us all that we have created (Greg Braden, 2007). This means that human kind represents the fire within which life energies emanate from and are ignited. This field of energy was perceived by Braden to be holographic in the sense that, changes at any level are reflected throughout the whole field because all communications with this field of energy is manifested through emotions. The Divine Matrix by Braden highlights twenty keys in life situations which are related to his four main points that are meant to empower the reader to have a stronger sense of control by being an active participant in life rather than a victim of life’s whims and Caprices (Evani et al, 2016). Braden further explains his position on the ability to be in “instantaneous communication with one another” on the premise that particles existing in two different places simultaneously

are connected by life energy. He explained this to be possible on the conviction that humans are made up of particles that vibrate at similar frequencies and are capable of intercommunication. Consequently, regardless of our divergent visions, we are bound together through a shared consciousness which has remained largely untapped at this point. Braden, therefore, urges science to catch-up with spirituality to scientifically provide explanations for the “strange coincidences” we all experience in our life waves. The quantum physics explanation and the phone call phenomena pave the way for the assessment human holographic field of energy. The key question asked by Evani et al (2016) was on how to assess this link between mankind and the universal field of energy. In the scientific world, it is generally believed that there exists a natural DNA of a universal resonance amongst the human being that at times produce simultaneous electrical responses though with different variance, although humankind is different in race and in his ecological settings. This means that emotional communication exists within the natural human DNA which influences our interpretation of life events in like manner (Evani et al, 2016). The interesting revelation with this is that a field of energy could exist between two or more distinct human beings with totally diverse geographical and sociological locations. Hence, there is a matrix of energy that connects any one thing with everything else in the universe, and this connective field accounts for the unexpected and inexplicable similarities observed in human behaviours though they are separated geographically, economically and socially. According to Braden (2007), this is justified by the fact that the DNA in our bodies gives us access to the energy that connects our universe and through emotion, called a conscious creation that gives the ability to be active participants in life knowledge exchange. It is charming to note the interconnectivity that exists in the diversity of existence by stimulating a sense of awareness alongside the Divine Matrix. This confirms that fact of life that reality is always more complex and that our understanding of it is an inconstant variable because there are always other frames (Evani et al, 2016).

Braden asserts that the Divine Matrix is the gateway to living a more meaningful and fulfilled life, enhanced by life energies and universal connectedness (Greg Braden, (2007)). However, there are universal fears which can contribute to the negative patterns that exist in our lives which include the following:

- Fear of separation and abandonment.
- Fear of low self-worth “When we feel as though we can’t achieve our biggest dreams, the Matrix simply gives back to us what we’ve given it to work with: delays, challenges, and obstacles.”

- Fear of surrender and trust.
- The lack of determined and focused action.

From the analysis of the above stated fears by Braden, one can infer that our societies are mirrors in which we can see and recognize our patterns of behaviours because every human society reflects a frame or system of behaviours, customs and social structures, knowledge, beliefs and values through which life is organized and made meaningful.

Braden is of the view that some of these life organized mirrors are reflections of what we judge in the moment, reflections of what we have lost, given away or had been taken from us. These reflections dominate our dark moments of life or our night of our greatest act of compassion. The mirror image reflection is an intrinsic recognition that our life patterns are judged and valued by the society in which we live (Evani et al, 2007).

Braden (2007) observed that, in dependent societies and during transitional phases, the oppressed do not yet have a critical consciousness but rather a popular consciousness. Therefore, the dominant groups would have their own distorted perception of their condition, which needs to be dealt with in the global connectedness. The fact that entire populations are robbed of their possibilities of relating and acting together, in their own best interest, is indeed a most serious issue within Braden's Divine Matrix and global development concept. This represents a state of violence which cannot leave anyone indifferent, and it, no doubt, calls for actions towards global development. Contemporary history is particularly rich in cases where induced participation in projects of an ideological, national, or ethnic nature had repeatedly led to frightfully self-destructive tragedies (Evani et al, 2016). According to Braden this led to the physical or mental destruction of millions of innocent people in DR Congo, Sudan, Central Africa republic, Syria and elsewhere. All these difficulties point to a basic dilemma facing the participatory phenomenon.

Messages from the divine matrix

As we live, love and heal in quantum awareness. It is the world we are living, loving and healing. Thus, the world is talking to us and it is imperative to obey our consciousness in order to get the benefits the world yields to us. Sooner or later, the world will be able to read the mirrors of relationship among ourselves and the creation we made for mutual understanding. Finally, live, love, help one another ultimately, peace will ensure everywhere and secure everyone in the world. However, there are the reality codes, 20 keys to conscious creation. These keys are our road map to meet our dreams and aspirations. We are creators according to our needs in the world. We are the artists as well as the art; a man creates a lot of things in the world. For

instance, conventional creation has been complemented by the new modern scientific technology. The sciences discoveries in the world have brought changes to us and the world itself. As a matter of fact, that experiment is just quantum physics which changes its properties while watching it. However, creation by awareness is looking something what it does for a period. The act of observation is also an act of creation; it is the consciousness which is doing creation. Therefore, we are participants in whatever is created whether direct or indirect creation but, awareness is a creation by itself as observation could do as well. We create what we are aware of or we are aware of what we create. Consciousness plays a role in the existence of the universe and what is being created on earth. The existence of the power of energy that connects our bodies, minds, creativity world and everything we see in the world open the door to a powerful and mysterious possibility. This makes us to be much more the participants rather than observers. Furthermore, the connection between the creation of our inner and out worlds and the mirror that shows us what we have crafted. The purpose of this book is to wake up those with the power of greatest passion and deepest aspirations. This book makes aware of everyone to acknowledge that he or she is a seed of the vision and revelation.

CONCLUSION

The essay presented a summary of the content, style and merit of the book on “The Divine Matrix: Bridging Time, Space, Miracles, and Belief” by Gregg Braden (Braden, G., 2007). The book presents a mix of science, spirituality and miracles. Braden contends that the Divine Matrix bridges imagination with reality (Greg Braden, 2007), and that all communication with this field of energy happens through emotion. The field of energy is holographic, where each piece mirrors the whole. This was inspired of Max Planck, (1944), the father of quantum theory, introduced the new idea of divine matrix as the source of the birth of stars, the DNA of life, and all other originations. Again, Braden reminds us about this power, and he wants us to be aware of it and allow it to work. It is a power of feeling. People do feel what they become. Our bodies, minds are very potential. It is our desire to obey the power of feeling embodied in us to add more creations as God wants us to do for His Mighty. However, we have to make things happen and don't wait things to happen. This is the take home message in our lives, if we want to achieve what we want to, therefore we need this knowledge of power of feeling.

The Divine Matrix is our world and everything in our world. Braden totally believes in this web of energy, The Divine Matrix, that connects everything in our lives and the world, from the healing of our bodies, to the success of our careers, relationships, and the peace between nations.

This is particularly of great significance in everything: sustainable development and global development in the developing countries following the highlights 20 keys with a stronger sense of control of being an active participant in life rather than a victim of life's impulses.

Undoubtedly, Gregg Braden is a great spiritual thinker and visionary of our times. Like many of his contemporaries he also tries to bridge science with spirituality. In part, this is in response to modern man, need not to take things on faith, but have his faith backed up by scientific evidence. In the Divine Matrix, Braden attempts to link quantum physics to metaphysics and spirituality. Quantum physics is a highly complex science firmly rooted in reason and logic. Metaphysics, on the other hand, is deeply rooted in feeling, emotion, intuition and faith. Braden attempts to blend reason with intuition in his effort to broaden our understanding of our world. How successful and convincing his attempt is, is up to the discerning reader to decide.

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