

Liberty Select Basketball

Parent Meeting
September 29, 2015



Agenda

- Program Overview & Status
- Liberty Coaches
- Administration
- Fundraising
- Volunteers
- Leagues & Tournaments
- Q&A



ATI Physical Therapy



Thanks to ATI for their generous support of Liberty Basketball!

Formerly Known As...



Program Review

Jason Ryberg

President LSBA



Board Members

- 2015/16 Board of Directors
 - **Jason Ryberg** – President
 - **Jason Pedersen** – Vice President
 - **Roneida Griffith** – Treasurer
 - **Chad Elfstrom** – Director Basketball Ops

- Board Members
 - **Josh Nordland** – Boys Director
 - **Vacant** – Girls Director (Paul Mystkowski)
 - **Al Thoresen** – Spirit Wear / Equipment
 - **Dave Vermeulen** – Tryout Coordinator
 - **Chuck Arnold** – Coaching Liaison
 - **Duncan McAllister** - Peak Leagues
 - **Paul Carr** - Training



Program Goals

- Prepare players to compete at the varsity level at LHS.
- Objectivity throughout the program
- Have Fun!!!!
- Improve:
 - Program Participation
 - Player Development
 - Program Communication
 - LHS Relationship
 - Competition
 - Commitment!



Leagues

- Puget Sound Travel League
 - Girls 5th through 8th
 - <http://www.eteamz.com/PSTL/>
- Eastside Travel League
 - Boys 4th through 8th
 - <http://www.eteamz.com/etl/>
- Cascade
 - 4th through 8th grade girls
 - 3rd Grade Teams playing in the 4th grade league
 - <http://www.eteamz.com/cbtl/>
- Mercer Island Peak League
 - 4th through 8th grade boys



By the Numbers

Year	Boys Tryouts	Boys in Program	Girls Tryouts	Girls in Program	Total In Program
2015	119	114	66	66	180
2014	146	117	78	65	182
2013	139	116	85	78	194
2012	133	102	72	63	165
2011	110	87	64	53	140

Year	ETL	PSTL	Cascade	Total
2015	5	4	8	17
2014	5	3	10	18
2013	5	4	9	18
2012	5	4	8	17
2011	4	4	4	12



2015-16 Summary

- Liberty Select home on the web!
www.libertyselectbasketball.com
 - Registration & Payments on-line
- Tighter integration with LHS
 - Coaching Clinics by LHS coaches
 - LHS Coaches involved in LSBA coach selection
 - LHS Coaches involved in player selection at tryouts
 - **Players receive free entry to LHS Varsity Games.**
- HS Coaches taking on Program Director Roles
 - HS Girls – Virgin Sweeney
 - HS Boys – Omar Parker



Tryouts

- Great Number of participants!
 - Over 185 kids tried out
 - Over 178 kids playing for Liberty Teams
- 17 teams created
 - All rosters approved by HS Coach



LSBA Team Websites

The screenshot shows the LibertyTV Basketball website for the 8th Girls PSTL team. The header features a blue background with a "GOOD CHEVROLET" logo and a "LIBERTYTV BASKETBALL" banner. Below the banner is a navigation menu with tabs for Association, Team, Calendar, Photo Gallery, Youth Camps, 3 on 3 Tournament, Donations, and FOH Training. The main content area includes a "WELCOME" message, a "CONTACTS" section listing Coach Virg Sweeney, and a "NEXT 10 EVENTS" table.

Date	Type	Event / Court
Wed, 10/2	7:00p	Parent Meeting & Newcastle
Wed, 10/2		Practice

- Team Management & Communication
 - Scheduling Games, Events & Practice
 - Player & Resources Availability
 - Player & Team Statistics
 - Team Results
- Yes you can ...
 - Export calendar to your phone or PC
 - View your team page via your phone from anywhere.
 - Upload photos



Hudl Video

Watching yourself is a great way to learn

- Available for all Teams!

The screenshot displays the Hudl website interface. At the top, there is a navigation bar with the Hudl logo and menu items: Dashboard, Highlights, Library, and Manage. The main content area is split into two sections. On the left is a video player showing a basketball game in progress. On the right is a sidebar menu titled 'Library' with sub-sections for 'Breakdown' and 'Summary'. The 'Summary' section lists various games from the 2012-2013 season, with 'LSBA vs 6-Eastside Catholic 11/11/2012' selected. Below the video player is a table with columns for 'POSS #', 'ZONE/MAN', 'OFF TYPE', 'DEF TYPE', 'POSS END', 'PERIOD', 'POSS #', 'PRESS', 'PRESS BREAK', and 'PLAY'. The table contains 14 rows of data, with the first row highlighted in blue.

POSS #	ZONE/MAN	OFF TYPE	DEF TYPE	POSS END	PERIOD	POSS #	PRESS	PRESS BREAK	PLAY
1						1			
2						2			
3						3			
4						4			
5						5			
6						6			
7						7			
8						8			
9						9			
10						10			
11						11			
12						12			
13						13			
14						14			



Summer Camps

Over 100 boys and girls at the Liberty Summer Camps



NORTHWEST
SPOTLIGHT
PHOTOGRAPHY™



Skills Training

Skill building will be age appropriate and focus on fundamentals of the game.

Monday Evenings!

- Dates:** October through January
Starts on October 6
*October 13 is moved to Tuesday October 14
- Trainers:** High School Coaches through October k-6,
Excel Sports Academy 7th and 8th grades
FOH From November through January
- Times:** 5:15 – 7:15 pm (grades K-6) 7:30 to 8:45 (grades 7-8)
- Location:** Maywood Middle School

To Be Announced



Spirit Wear – Store opening soon



LOGOHOUSE
branded merchandise and apparel



Coaches

Jason Ryberg

President LSBA



LSBA Coaches

Girls Coaches

- 8th – Tameka Stewart*
- 7th – Tameka Stewart*
- 6th – Dave Vermeulen
- 5th – Paul Mystkowski

Cascade

- 6th – TBD
- 4rd – Jason Pedersen
- 3rd – Josh Rataczyk

Boys ETL Coaches

- 8th – Rick Turner* / CJ Stanford*
- 7th – Rick Turner* / CJ Stanford*
- 6th – Darrell Murphy Jr*
- 5th – Mike Malone* / Jeff Wax
- 4th – Sheri Roberson

Cascade

- 6th – TBD
- 5th – TBD
- 4th – Dave Cour
- 3rd Green – Collin Cakarnis / Travis Whitaker
- 3rd Blue – TBD



LHS Boys Varsity

Omar Parker – Head Coach



LHS Girls Varsity

Carly Fromdahl – Head Coach



Administration



Administration & Program Fees

- LSBA is a 501c3 organization that is set up to fundraise for LSBA and Liberty High basketball programs
- Player Deposits - \$100 due to accept position on team!
 - Email will be sent to each player
- \$375 ETL/PSTL, \$275 Cascade
 - League Fees & Gym Space
 - Subsidize Liberty Training
 - Tournaments (3 for ETL/PSTL and 1 for Cascade)
 - Hired Coaches
 - Warmups, Equipment & other administrative costs
 - Entrance to LHS Varsity Basketball Games
 - Scholarships
- Player AAU Cards are required to play
 - Go to www.aausports.org and our club # **WWAYF8** under the AAU Cards item.
- DUE before player can participate in any LSBA activity.
 - Payment options are available



Uniforms

- Players may re-use their prior seasons uniform if it fits.
- **New Uniform Kit:** \$100 for the set you see below and they are yours to keep!



Shooting Shirts

As always, shooting shirts for each player are included in your fees. Here is a mockup of this year's shirt!



Fundraising



Liberty Thanks You – Good Chevrolet



Thanks to Good Chevrolet for their generous support of Liberty Basketball!



ATI Physical Therapy



Thanks to ATI for their generous support of Liberty Basketball!

Formerly Known As...



Golf Tournament



Golf Tournament (Winners)

Team competition: 1st Place.

- Dan Sargent (Captain), Jason Pedersen, Eric Hughes and Brian Holmberg at 16 under par

Long Drive Women:

- Lani Pedersen

Long Drive Men:

- Tony Ford

Closest to the pin:

- Todd Visdal, Jason Pedersen, Thomas Hei and Stacy King

3 Point Shooting contest sponsored by Pacific Courts/ECBA:

- Chad Elfstrom

Marshmallow Drive sponsored by Sean Nielsen:

- Multiple winners.

Early Registration Entry Round of Golf at Chambers Bay:

- Dennis Rattie.



Golf Tournament (by the numbers)

- 120 Golfers!
- 160 Banquet Participants
 - Special Guests - Mack Strong and Paul Moyer
- Silent Auction – Over 100 items
- Liberty Game Day – Raise the Paddle
 - \$11k raised (3D Mural, Digital Backboards, Sound System)

..... For a total of \$54k raised in support of our Liberty High School Boys, Girls and Youth programs!!

Spirit Wear (HS)

Uniforms & Equipment

Gym Upgrades

Spring & Fall Leagues

Travel Tournaments

Team Camps



Thank you!!



LSBA Fundraising Goals & Activities

We take pride in offering one of the best Feeder programs in the area while keeping fees one of the lowest!

Fundraising is a critical part of our success and ability to keep costs low for all participants.

- Brown Bear Car Wash
 - \$100 per family!
 - 20, \$5 car wash tickets will be distributed to each family
 - Additional tickets available to be sold!!



Special Thanks!!

NORTHWEST
SPOTLIGHT
PHOTOGRAPHY™



NWSpotlight.com



Volunteer Opportunities



Volunteers

Volunteers are a necessary part of our program – without you we would not be able to provide a stable program for our players!

- Team Volunteers
 - Team Manager
 - Photo / Video
 - Clock & score book at games
- Program Volunteers
 - Liberty Select Night for Boys & Girls Varsity Home Games
 - Fundraising Opportunities Support
 - Liberty Program – Boys & Girls
 - Spring Basketball
 - Clinics and Open Gym Support



League & Tournaments



Girls PSTL, Cascade & Tournaments

- Puget Sound Travel League 5th-8th Grade (www.eteamz.com/pstl)
 - Games against rival KingCo and area private schools
 - Typically 2 games per weekend – schedule out before December
 - 2 practices per week in area school gyms starting in mid-October
 - Generally high school rules, without zones and pressing at times for younger ages
 - 7 minute quarters for 5th grade; 8 minute for older kids
 - See website for full rules
- Cascade Travel League (www.eteamz.com/cbtl)
 - Similar area feeder teams; dependent upon depth of programs
 - 2 practices per week
 - No zones at these ages, full court in Jan, 7 min quarters
 - 6th can press last 2 mins of each half; full game in January
 - Full rules on website
- Tournaments (3 for PSTL & 1 for Cascade)
 - 3 for PSTL: Cold Turkey(Newport - Thanksgiving), Wenatchee – Post season, Others: Monroe; Skyline in November, MLK/FOH, Issaquah-President's day)
 - 1 for Cascade: Mt Si, Cold Turkey, MLK/FOH, Issaquah-President's day
 - End of season tournaments hosted by local program for all leagues; seeded by season results



Boys ETL, Cascade & Tournaments

- ETL Eastside Travel League 4th-8th Grade (<http://www.eteamz.com/etl>)
 - Play home-away series against rival Kingco/Eastside Feeder Programs. Games start 1st week of Dec-March.
 - Games are typically 2 per weekend. Saturdays and/or Sundays. Schedule published in November.
 - Practice 2 times per week in local area gyms. Practices will start in mid-October with some flexibility. November we start preparing harder with 2 practices per week and Tournament play.
- Peak League 3rd- 8th
 - Practice 2 times per week in area gyms. Integration with ETL team and liquid environment. ETL/Cascade teams will practice together on occasion to build consistency and challenge the players to compete for their spots.
 - Wildcat –Program Tournament / Cascade, Skyline Thanksgiving/Cascade
- Tournaments (3 for ETL & 1 for Cascade)
 - Wildcat-Program Tournament(November), Woodinville Falcon Classic(November), MLK/FOH(January-UW)
 - Other Tournament options at coach and team decision.
 - End of Season Tournament in March. Seeded tournament based on league play results.
 - Feeder Bowl Tournament matches top 4 ETL teams vs- top 4 Wesco teams weekend following league playoffs. Ryder Cup format. 3-point shooting competition. ETL is the current owner of the title. Fun time!



Liberty Select Basketball

QUESTIONS??