

Libraries... Asperger's Syndrome Collection

What is STACS?

STACS is a support group for parents and carers of adults (16+) with Asperger's Syndrome living in Shropshire and Telford & Wrekin.

Meetings are usually held on the first Wednesday of each month.

Our aims are to give assistance, guidance and support to parents and carers, to build a comprehensive resource library and to raise public awareness of Asperger's syndrome.

For confirmation of venue and time please contact...
Barry Brown on **07502 101013** or
Peter Hopkins **01952 461139** or
Louise Griffiths on **01952 262064** (Monday to Friday)
e-mail **louise.griffiths@carerscontact.org.uk**



Supported by **STACS** Shropshire and Telford Asperger Carers Support Group

Asperger's Syndrome Collection...

Telford and Wrekin Libraries have a collection of books and DVDs for people with Asperger's Syndrome, parents, carers and professionals.

The books have been chosen and supplied by parents and carers of STACS (Shropshire and Telford Asperger Carers Support Group).

The items can be requested, reserved and borrowed by anyone with a library card.

For more details contact your local library.



Communication...

Exploring Feelings: cognitive behaviour therapy to manage anxiety

By Tony Attwood

Communication Issues in Autism and Asperger Syndrome: do we speak the same language?

By Olga Bogdashina

Survival Strategies for People on the Autism Spectrum

By Marc Fleisher

How Conversation Works

By Ronald Wardhaugh

What Did You Say? What Did You Mean?: an illustrated guide to understanding metaphors

By Jude Welton

Diagnosis and Treatment...

Theory of Mind and the Triad of Perspectives on Autism and Asperger Syndrome: a view from the bridge

By Olga Bogdashina

Sensory Perceptual Issues in Autism and Asperger Syndrome: different sensory experiences - different perceptual worlds

By Olga Bogdashina

Finding Out about Asperger Syndrome, High-Functioning Autism and PDD

By Gunilla Gerland

Mental Health Aspects of Autism and Asperger Syndrome

By Mohammad Ghaziuddin

A User Guide to the GF/CF Diet for Autism, Asperger and AD/HD

By Luke Jackson

Diet Intervention and Autism: implementing the gluten free and casein free diet for autistic children and adults – a practical guide for parents

By Marilyn Le Breton

Succeeding with Interventions for Asperger Syndrome Adolescents: a guide to communication and socialisation in interaction therapy

By John Harpur, Maria Lawlor and Michael Fitzgerald

Creative Expressive Activities and Asperger's Syndrome: social and emotional skills and positive life goals for adolescents and young adults

By Judith Martinovich

The Adolescent and Adult Neuro-diversity Handbook: Asperger syndrome, ADHD, dyslexia, dyspraxia and related conditions

By Sarah Hendrickx

Employment...

How to Find Work that Works for People with Asperger Syndrome: the ultimate guide for getting people with Asperger's syndrome into the workplace (and keeping them there!)

By Gail Hawkins

Asperger Syndrome Employment Workbook: an employment workbook for adults with Asperger syndrome

By Roger N Meyer

Asperger Syndrome and Employment: adults speak out about Asperger syndrome

By Genevieve Edmonds and Luke Beardon (editors)

Asperger Syndrome and Employment: what people with Asperger syndrome really really want

By Sarah Hendrickx

General Information...

Congratulations! It's Asperger Syndrome

By Jen Birch

Providing Practical Support for People with Autism Spectrum Disorders:supported living in the community

By Denise Edwards

Asperger Syndrome and Alcohol: drinking to cope?

By Matthew Tinsley and Sarah Hendrickx

Asperger Syndrome and Anxiety: a guide to successful stress management

By Nick Dubin

Voices from the Spectrum: parents, grandparents, siblings, people with autism, and professionals share their wisdom

By Cindy N Ariel and Robert A Naseef (editors)

The Complete Guide to Asperger's Syndrome

By Tony Attwood

Aspects of Asperger's: success in the teens and twenties

By Maude Brown and Alex Miller

Making Sense of the Unfeasible: my life journey with Asperger syndrome

By Marc Fleisher

The Curious Incident of the Dog in the Night-Time

By Mark Haddon

Home Library Service...



Do you find it difficult through age, disability or the responsibility of caring for someone else, to use your local library? If so we can offer a regular delivery of books to your door.

A member of library staff will visit you to discuss your reading tastes and favourite authors. We will then introduce you to a fully trained volunteer who will visit on a day and time to suit you with a selection of books chosen especially for you.

Discover

Learn

Enjoy

We can supply the books in different formats such as large print or audiobooks on CD. We also have books in several Indic languages. The service is free and there are no charges for late items or requests.

If you are interested in receiving the service, please get in touch with any of the libraries listed below. You could ask a friend or relative to do so on your behalf. You do not have to be a member of the library already to receive the service.

To find out about library services visit our Virtual Library www.telford.gov.uk/libraries

Contact your local library...

Telford	☎ 382915	Wellington	☎ 382990
Dawley	☎ 382901	Donnington	☎ 382905
Hadley	☎ 388475	Madeley	☎ 382950
Newport	☎ 382965	Oakengates	☎ 382390
Stirchley	☎ 382980		

Libraries... Discover • Learn • Enjoy

Tomorrow's Big Problem: housing options for people with autism – a guide for service commissioners, providers and families

By Maurice Harker and Nigel King

Asperger Syndrome, the Universe and Everything

By Kenneth Hall

Autism, Access and Inclusion on the Front Line: confessions of an autism anorak

By Matthew Hesmondhalgh

All Cats Have Asperger Syndrome

By Kathy Hoopmann

Autism and Asperger Syndrome: preparing for adulthood

By Patricia Howlin

Multicoloured Mayhem: parenting the many shades of adolescents and children with autism, Asperger syndrome and AD/HD

By Jacqui Jackson

Freaks, Geeks and Asperger Syndrome: a user guide to adolescence

By Luke Jackson

Eye Contact By Cammie McGovern

Life Behind Glass: a personal account of autism spectrum disorder

By Wendy Lawson

Safety Skills for Asperger Women: how to save a perfectly good female life

by Tony Attwood and Liane Holliday Willey

A Mind of One's Own: a guide to the special difficulties and needs of the more able person with autism or Asperger syndrome

By Digby Tantam

An Asperger dictionary of Everyday Expressions

By Ian Stuart-Hamilton

Taking Care of Myself: a hygiene, puberty and personal curriculum for young people with autism

By Mary Wrobel

Getting to Grips with Asperger Syndrome: understanding adults on the autism spectrum

By Carol Hagland

You Are Special Too: a book for brothers and sisters of children diagnosed with Asperger syndrome

By Josie Santomauro

Something Different About Dad: how to live with your Asperger's parent

By Kirsti Evans

A Self-Determined Future with Asperger Syndrome: solution focused approaches

By E Veronica Bliss and Genevieve Edmonds (editors)

Asperger Syndrome and Social Relationships: adults speak out about Asperger syndrome

By Genevieve Edmonds and Luke Beardon (editors)

Relationships...

Alone Together: making an Asperger marriage work

By Katrin Bentley

Like Colour to the Blind: soul searching and soul finding

By Donna Williams

Asperger Meets Girl: happy endings for Asperger boys

By Jonathan Griffiths

Asperger Syndrome – A Love Story

By Sarah Hendrickx

Asperger's Syndrome and Sexuality: from adolescence through adulthood

By Isabelle Henault

Connecting With Your Asperger Partner: negotiating the maze of intimacy

By Louise Weston

Aspergers in Love: couple relationships and family affairs

By Maxine Aston

Overcoming Social Anxiety and Shyness: a self-help guide using cognitive behavioral techniques

By Gillian Butler

The Asperger Love Guide: a practical guide for adults with Asperger's syndrome to seeking, establishing and maintaining successful relationships

By Genevieve Edmonds and Dean Worton

Friendships: the Aspie way

By Wendy Lawson

Asperger Syndrome and Long-Term Relationships

By Ashley Stanford

Asperger Syndrome in Adolescence: living with the ups, the downs and things in between

By Liane Holliday Willey (editor)

Support for the Bereaved and the Dying in Services for Adults With Autistic Spectrum Disorders: a guide for managers and service staff

By Helen Green Allison

Sex, Sexuality and the Autism Spectrum

By Wendy Lawson

The Shyness and Social Anxiety Workbook: proven techniques for overcoming your fears

By Martin M Antony and Richard P Swinson

Aspergers for Professionals: a guide for professional people who work with individuals who have Asperger syndrome

By Rod Morris

An Asperger Marriage

By Gisela and Christopher Slater-Walker

Loving Mr Spock: a different kind of love

by Barbara Jacobs