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ARE NYC welcomes Leonard Cassara as NEW Acting Director!

Thank you, Leonard, for your long time commitment and dedication to the legacy of Edgar Cayce and the Center!



An affiliate of the International Association
for Research & Enlightenment



Association for Research & Enlightenment (A.R.E.) of New York, Inc.
241 West 30th Street, 2nd Floor (West of 7th Avenue Entrance on left,
Buzz In #102 New York, NY 10001 Tel: **212-691-7690** FAX: 646-861-0845

For Updates Check out www.edgarcaycenyc.org
or email Info@edgarcaycenyc.org

A.R.E. OF NY is a non-profit organization largely staffed by
volunteers and supported by memberships and donations

The Edgar Cayce

JULY - AUGUST 2011



ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT OF NEW YORK

LIFE DEATH AND REINCARNATION - PHILOSOPHY AND REMEDIES

with Jack Rosen **Pg 3**



OVIATION FOR THE OVARIES & POWER TO THE PROSTATE

with Susun Weed
Pg 14

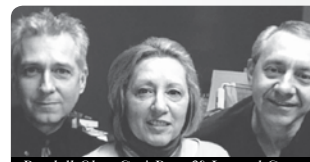


THE POWER OF DREAMS - FINAN- CIAL SEMINAR

with Antot Masuka
Pg 9 and 19



CAYCE M.A.P. SERIES: "Meditation, Affirmation, Prayer" With Randall Okey, Coni Buro, & Leonard Cassara



Randall Okey, Coni Buro & Leonard Cassara

WEDNESDAYS JULY 6, 13, 20: 7-9 PM

Life is always about change. Unless we learn how to understand and co-create with the forces of change (Creative Spirit) we end up feeling overwhelmed, disoriented or ill.

Edgar Cayce gave us a roadmap for transformation that can help us achieve our soul's purpose and embrace our true potential through:

Meditation

We can re-create the MAP of our life that leads us to awareness of our sacred Self/Contract. In this workshop, we will develop our ability to MAP our own personal ideal using Meditation, Affirmation, Prayer as Effective Tools.

Participants: In preparation for this grounding series, please bring ONE ideal & THREE things you would like to manifest in your life. **FOR 3 PART SERIES: Members: \$55 Non-Members: \$65 Drop-In: \$25/ class**

RANDALL OKEY developed the ARE of New York's first group specifically devoted to the practice of Meditation. He has facilitated this group for many years and has led Meditation workshops in New York and at the ARE in Virginia Beach. His simple clear techniques and teaching style have helped many people learn to integrate meditation into their daily lives and to understand the importance and beauty of listening to the Divine within.

CONI BURO is an A.R.E. Member for over 30 years. Has established the practice of working deeply with meditation and prayer as a way of attuning to her own psychic and intuitive faculties and opening to Spirit. Currently she is a "Wayshower" for A.R.E. Headquarters at Virginia Beach. A certified hypnotist, works with Past Life Regression and Guided Imagery for answers to present day questions. She has studied psychic and intuitive development with well known psychic, Carol Ann Liaros and psychic researcher, A.R.E. speaker/author, Dr. Henry Reed. Along with her use of "Healing Touch," Coni has made a long term study of the use of tarot as an aid to intuition.

Having first studied the Cayce Readings in the 1980's and devoted to the practice of Meditation & Prayer, **LEONARD CASSARA** began facilitating the A.R.E. Center of New York's "A Search For God" group since 1997, having resumed again last year after a 6 year break. Along with Coni Buro, Leonard has also led Intuitive Tarot workshops using his simple, clear techniques and teaching style. Having been guided by the Search for God material, which has awakened his intuitive ability, Leonard imparts these insights to others in a gentle and heartfelt manner. Enabling others to bring a divine balance between their Spiritual & Physical connections. As an A.R.E. practitioner, Leonard continues to offer his Intuitive Tarot Readings and now currently serves as Acting Director of the A.R.E. Center of New York.

Come Celebrate New Shifts at ARE-NYC!



ARE COMMUNITY PICNIC

SUNDAY, JULY 10, 2011: 12-5 PM

Central Park - Pilgrim's Hill

Food • Family • Fun

Healings & Readings: \$11 per service

*Bring Your Family
& Friends!
Bring a dish &
goodies to share!*

Enter on 72nd St and 5th Ave



CAYCE ONGOING GROUPS

MONDAYS

A SEARCH FOR GOD STUDY GROUP: 7-9 PM
Facilitator: Leonardo Cassara BY Donation

HATHA YOGA W/ BIJOY & SANJAY: 6-7:30 PM
Facilitator: Bijoy George (1st & 3rd Mon) \$10 Per class
Facilitator: Sanjay Attada (2nd & 4th Mon) \$10 Per class

TUESDAYS

MEDITATION GROUP: 6-7 PM
Facilitator: Randall Okey BY Donation

AFFORDABLE HEALINGS: 7-9 PM
Support Marie Crosby Fund!! \$35 Per hour

TAROT PRACTICE CLASS: 5-7 PM
Facilitator: Veronica Figueroa (Please register early!) \$15

WEDNESDAYS

REIKI CIRCLES: 7-9 PM (please see pull out calendar)
Facilitator: Peter Goldbeck \$10

PSYCHIC ENHANCEMENT CIRCLES: 7-9 PM
Facilitator: Peter Goldbeck \$15

THURSDAYS

PRAYERS FOR HEALING: 7:30-9 PM
Facilitators: Norman Curtis & Paul Dorogoff BY Donation

SATURDAYS

GROUP READINGS: 12-2 PM
Facilitator: Milou Polycarpe Members \$10 Non-Members \$15

SELF HEALING CIRCLES: 5 - 7 PM 2nd & 4th Sat
Support Group (Marie Crosby Fund) BY Donation

REVELATION GROUP: 7 - 8:30 PM
Facilitator: Elyse Curtis, Ph.D. BY Donation

SUNDAYS

SUNDAY MORNING AWAKENINGS: 11-12:30PM
Facilitator: Reverend Kev O'Kane BY Donation

PROSPERITY SUPPORT GROUP: 1 - 2 PM
Facilitator: Cathy Outeiral BY Donation

DREAM STUDY CIRCLES: 2 - 4 PM
Facilitator: Ken Klein BY Donation

A COURSE IN MIRACLES: 4:30 - 6 PM
Facilitator: Tom Carelli BY Donation

SAVE THE FOLLOWING DATES!



**September 24 & 25:
ARE NYC Anniversary
Weekend!**



**November 2011:
John Van Auken Event**

**HOLISTIC HEALTH
PRACTITIONERS AT
The Edgar Cayce
Center, NEW YORK**
Call 212-691-7690
for appointments

HEALTH AND HEALING

Michael Edan
Polarity Therapy
845-943-1879

Peter Goldbeck
Reconnective Healing
917-539-3001

Mark Josefsberg
Alexander Technique,
Cranio Sacral

Scott Keller, D.C.
Caycean Chiropractor

Pamela Markley, L.M.T.
Swedish Massage, Shiatsu

Kenny Matthewson, L.M.T.
Swedish Massage, Reiki

Deborah Monlux, C.C.H.
Homeopath

Kev O'Kane, CHt
Hypnosis, Past Life Regression
646-338-6715

Toshi Endo, L.M.T.
Shiatsu Acupressure
Massage, Posture Therapy
973-951-2939

Coni Buro, PhD, CHt
Healing Touch, Hypnosis

READINGS

Coni Buro, PhD, CHt
Psychic & Tarot Readings,
Healing Touch

Leonardo Cassara
Tarot Readings

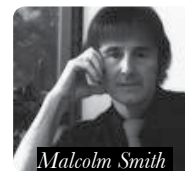
T.C. Eisele
Psychic, Astrology & Tarot

Milou Polycarpe
Psychic, Clairvoyant
Readings

Veronica Figueroa
Channeled Tarot Readings
English and Spanish

Antot Masuka
Astrology Readings

ONGOING PROGRAMS



MALCOLM SMITH

Internationally known and admired British
"Spiritual Healer" returns to New York
City for private healing sessions

PRIVATE HEALING

With Malcolm Smith
Wednesday to Sunday
August 17-21
10 am - 6 pm
Private Healing Session (30 min) \$80

The internationally known healer from Yorkshire, England, considers himself an ordinary person with an extraordinary gift — the ability to be a channel for healing energy from God: "It is God who does the healing, not me."

For over 25 years, he has used his gift to relieve the pain, disease and suffering of thousands. Sometimes, the healing he gives results in instant cures. Often, several sessions over several weeks are required for results to manifest physically. He has restored sight and hearing, cured "incurable" diseases including cancer, and changed hundreds of lives. He emphasizes that slow progress is the norm and Spiritual Healing should not replace orthodox medical treatment.

www.malcolmsmithhealer.com



GROUP READINGS With Milou

Every Saturday

12 - 2 PM

Special Group Session: Tuesday, July 26 7:15 - 9:15 PM

Milou, a third generation clairvoyant and psychic shares his information and guidance from the world of spirit. Messages from departed loved ones, influences that lie ahead of you on your path, and other impressions from the world of spirit come through Milou for participants.

Members \$10 Non-Members \$15

For personal consultations,
please contact Milou at 201 264 4651 or psychmilou@aol.com

MARIE CROSBY PROGRAM: Affordable Healings!

EVERY TUESDAY 7-9 PM

Affordable readings and healings from ARE practitioners and advanced students of various healing modalities such as reiki, psychic readings, massage, chakra balancing etc...

\$35 - Only 2 spaces available. Advanced booking absolutely necessary.
Check edgarcaycenyc.org for updated schedule of practitioners



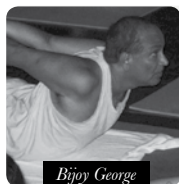
MONTHLY SOUND HEALING MEDITATIONS

by Roger Ansanelli

FRIDAY, JULY 8 & WEDNESDAY, AUGUST 3 7-9 PM

Come experience the way your vibrational bodies come into alignment as you meditate to the frequencies of Roger's unique blend of voice and crystal bowl playing. www.rogeransanelli.com
Members \$20 Non-Members \$25

NEW!!



HATHA YOGA

With Bijoy George & Sanjay Attada

"Begin the day with love, spend the day with love, fill the day with love, end the day with love. That is the way to God."

This is the relaxation and Meditation lullaby that ends the Yoga class under Swami Buaji, who founded the Indo-American Yoga Vedanta Society in New York 45 year ago, and brought the practice of Hatha Yoga to America. Swami Ji lived well beyond the age of 100 years and the only yoga master who has been conferred with the title "Master of Hatha Yoga" (M.H.Y.) by Swami Sivananda of Rishikesh. He has traveled extensively throughout the world including Iran, Europe, Canada, Panama, and Brazil teaching and lecturing the philosophy of Yoga. Swami Ji was a Personal Guru to his students and considers them part of his family.

He often cooked and shared food with the students and helped them with their problems and even performed or attended their weddings. Bijoy's style of teaching Yoga starts with remembering his Guru and leading a chant of an auspicious Mantra followed by the practice of a Mudra and Prana Yama breathing. The yoga session consists of a unique series created by Swami Ji starting with "Surya Namaskar" (Sun Salutation) followed by Asanas. The class ends with a Relaxation and Meditation Prayer of Swami Ji.

Email Bijoy at bijoymgeorge@hotmail.com for more info. ■



BIJOY M. GEORGE was born in Kerala State, India. He studied Yoga for 25 years under Yogiraj Swami Buaji, and earned certificates in Hatha Yoga and Prana Yama from the Great Master. He also extensively traveled with Swami Ji during his trips and attended several Yoga Congresses and Teaching Workshops. He teaches Yoga classes in New York and PUCCI University in Rio de Janeiro. ■

SANJAY fortunate enough to undergone rigorous training of 12 years with great yogi, master of Hatha Yoga, Yogi Raj Swami Buaji and learned intricacies of Hatha Yoga, several kriyas like shank prakshalana, vastra dhauthi, sutra neti, dhugdha neti, ghruta neti and pranayama. Currently he teaches yoga and pranayama, and provides spiritual counseling to seekers at the Hindu Temple, Flushing. He is well known for blowing conch and loka chakrasana that swami Buaji blessed to him. For more info: attadakumar@yahoo.com. ■

Hatha Yoga Every MONDAY

1st and 3rd Mondays
With Bijoy M George
2nd and 4th Mondays
With Sanjay Attada

6 - 7.30PM
\$10 per class

NEW!!

ASTROLOGY CIRCLES with Annabel Gat & T.C. Eisele

MONDAY, JULY 18 AND MONDAY, AUGUST 22 7:30-9 PM

Join Annabel in a discussion of what to expect for August & September 2011. By looking at your personal horoscope chart, and the current planetary transits, we'll discuss the best ways to work with the planetary energies. annabelgat@gmail.com
Suggested Donation \$15-\$20



SHAMANIC JOURNEYING CIRCLES with Manuel Peralta

MONDAY, JULY 25 AND AUGUST 15 7:30-9 PM

Come and practice the ancient knowledge of communication and walk in to the unknown world. The place where you dont need winds to fly, where you meet your ancestors. For more info: manper716@yahoo.com.

Suggested Donation \$15-\$20



HONORING THE NEW & FULL MOON

With Alexander D. Santiago

The New Moons & Full Moons are energetic astral portals that can facilitate powerful meditations. New Moons are ideal for planting the seeds of our heart felt intentions. These can grow and flourish as the Moon waxes. Each successive full moon reveals stages of culmination of the original intention planted on the New Moon. Together, we will unite our intention to energize and amplify this co-creative process of conscious manifestation realizing more of Heaven in our lives and eventually our world. We will use various tools such as Japa Yoga (Sanskrit mantram), affirmations, visualizations, chakra attunements, song and entering the silence.

July 1st New Moon / Solar Eclipse 9 deg Cancer.

We may become aware of how we have been unconsciously trying to create security in our lives. Getting in touch with our deepest feelings can provide valuable guidance in feeling at home in the World.

July 15th the Moon will be Full in Capricorn, the Sea Goat. At this point, we may have the opportunity

Evening Events

July 1: New Moon; July 15: Full Moon (Central Park, Cleopatra's Needle/ Obelisk. (E. 86th St.))
July 29: New Moon; August 13: Full Moon;
August 28: New Moon 7pm

Suggested donation: Members: \$15 Non-Members \$20

to see how useful or not things are that we have set in motion as they begin to bloom....are we manifesting consciously or by default.

July 29th, the New Moon in Leo, sign of heart and honor, gives us another chance to begin a new from a place of dignity and personal integrity.

August 13th's Full Moon shows us through our life experience how aligned we are with our hopes and dreams. This Lunation opposes Venus in Leo, reminding us to acquire a wholistic approach which honors both head and heart in the pursuit of our fondest dreams.

Aug 28th New Moon in Virgo gives us the opportunity to infuse our skill set with increased levels of purity of purpose. ■

ALEXANDER D. SANTIAGO is an astrologer of both the Western and East Indian (Jyotish/Vedic) systems, a Natural Fragrance Alchemist and an ordained minister of Science of Light. For more info, email Alex at mooninsag@hotmail.com

Movie Nights

The Rain and Shine Series

We start in July first with Shine and then Rain in August. Maybe in November & December we have Snow and Ice. ☺

SHINE

Friday, July 22

\$5 7-9pm

Staring Geoffrey Rush, Lynn Redgreave & John Gielgud—1996 Australian Film

Based on the life of pianist David Helfgott, who suffered a mental breakdown and spent years in institutions, is the compelling and poignant story of a young man who defies his father's wishes in order to pursue his dreams. Both thought provoking and powerful, it tells a story of rebellion and of individuality through eyes of a pianist whose only form of self-expression is found in the keys of his instrument. With the help of some astrological intervention and support, David is able to come to terms with his father and his eventual passing to stage a well-received comeback concert welcoming his return to professional music. Rarely does a film come along that so illuminates the strength of the human spirit and the triumph of the heart. May all your stars be aligned as you enjoy this film. ■

RAIN

Friday, August 19

\$5 7-9pm


Staring Joan Crawford as Sadie Thompson – 1932 in Black & White

A possible cholera outbreak on-board a boat now stranded on the South Pacific Island of "Pago Pago has passengers discharged. Among these are, Alfred Davidson, a self-righteous missionary and his wife, and Sadie Thompson, a very free-spirited, tough-talking, flamboyant woman for her time.

Sadie spends her time partying and drinking with the American Marines stationed on the island. Sergeant Tim O'Hara, nicknamed by Sadie as "Handsome", might be falling in love with her and she with him. Mr. Davidson finds Sadie's "wild" behavior more than he can stand and confronts Sadie, resolving to save her soul. However, when she rebels and dismisses his offer, Davidson has the Governor order her deported back to San Francisco, where she had apparently committed an offence years earlier. After begging Davidson to allow her to remain, Sadie then suddenly experiences a religious conversion. Having now been reborn, she agrees to return to San Francisco and the jail sentence that awaits her there.

In a twist of faith, Davidson now learns that temptation is hard to resist as he succumbs to Sadie's beauty and struggles with his feelings for her. Director, Milestone uses an endless rainstorm as a metaphor for Sadie's so called moral purification in this social commentary on the hypocrisy and sexual mores of our time, then and now. ■

Workshops & Events with ARE REIKI MASTER PETER GOLDBECK

- **Contact Group**  - \$15
FRIDAY, JULY 29 7 - 9:30 PM
Get a message, Send a message with a fun, different approach to Mediumship..... everyone is a channel!!
- **Healing Workshop** - \$20
FRIDAY, AUGUST 26 7 - 9:30 PM
Get rid of your old concepts of healing and your Limitations... serious stuff but also fun!
- **Healing Celebration** - \$15
FRIDAY, JULY 15, SATURDAY, AUGUST 13 7 - 9:30 PM
C'mon down for a Group Healing as well as an Individual Healing. Plus Powerful Attunement /Activations for ALL!!
- **Prophecy Celebration** - \$15
FRIDAY, JULY 8; SATURDAYS, JULY 23, AUGUST 6, 20 7 - 9:30 PM
Emphasis will then be centered on providing Prophetic Visions and Readings for all that are attending.
- **Reiki Circles - suggested donation \$10**
WEDNESDAYS, JULY 6, 20 AND AUGUST 3, 17 7 - 9 PM
Through the use of a unique energy attunement and reprogramming one can dramatically increase ones intuitive or "Psychic" abilities.
- **Psychic Enhancement Circles - suggested donation \$15**
WEDNESDAYS, JULY 13, 27 AND AUGUST 10, 24 7 - 9 PM
Through the use of a unique energy attunement and reprogramming one can dramatically increase ones intuitive or "Psychic" abilities.



EARN YOUR REIKI MASTERSHIP

REIKI 1

Class Date: Sunday July 17
Sunday Aug 7

Time: 1-5pm

- The History of Reiki Healing
- Reiki Ethics & Precepts
- Healing Hand Positions
- Disease cause/effect and treatment

Students receive two attunements to increase energy flow and lots of practice opportunities!

TUITION: \$125 early registration (2 weeks prior to date); \$150 after.

REIKI 2

Class Date: Sunday July 24
Sunday Aug 14

Time: 1-5pm

- Teaching of three symbols, their names, meanings and uses
- A distance/absentee healing technique
- A mental/emotional balancing technique

A third dynamic attunement further enhances energy flow.

TUITION: \$185, early registration (2 weeks prior to date); \$200 after

MASTERSHIP DEGREE LVL 3

Class Date: Sunday July 31
Sunday Aug 21

Time: 1-5pm

- Teaching of an additional symbol, its name, meaning and use
- Powerful self-empowerment techniques
- Clinical applications of Reiki – traditional techniques
- Clinical Applications – non-traditional techniques
- Intuitive faculties in Reiki

- How to do first, second and Master level initiations

A third dynamic attunement further enhances energy flow

TUITION: \$450, early registration (2 weeks prior to date); \$550 after.

TO REGISTER FOR REIKI CLASSES CALL 212-691-7690

UFOS & PARAPSYCHOLOGY

With Robert Morningstar



Robert Morningstar

On August 2nd, 2011, Robert Morningstar, parapsychologist and Editor of UFO Digest, returns to A.R.E. to discuss the effects of UFO encounters on the development of psychic powers, spiritual abilities and enhanced creativity in the percipient, contactee or abductee.

Some of the people and subjects to be studied will include Mary Shelley (author of "Frankenstein"), and musicians like Robert Johnson (jazz guitarist), and rock stars, Jimi Hendrix, and John Lennon.

Robert will relate 2 UFO experiences that John Lennon had while living in New York City during the 1970s, including a remarkable alien encounter (told to Uri Geller), which took place in the Dakota, where Lennon lived. Robert will also discuss a vortex of demonic psychic effects and consequences, which he has discovered, linking John Lennon and the Dakota, with the Manson Murders and Roman Polanski's "Rosemary's Baby." ■

ROBERT MORNINGSTAR is a world-renowned JFK Assassination researcher who has studied the death of President Kennedy since the day it happened. Beginning in 1992, Morningstar exposed the doctoring of the Zapruder Film before audiences in Chicago, New York and Dallas. In 1996, Morningstar discovered how the medical evidence was altered, including the alteration of photos and x-rays used by the Warren Commission to bolster the Lone Gunman theory. ■

"... to bring hope, to bring cheer, to bring joy, yea to bring a smile again to those whose face and heart are bathed in tears and in woe, is but making that divine love shine--shine--in thy own soul. Then smile, be joyous, be glad! For the day of the Lord is at hand."

Edgar Cayce Reading 987-4

GROUP REGRESSION With Rev Kev O'Kane



Rev Kev

FREEDOM FROM THE PAST

What are the things stopping you from moving ahead on your path? In this session we will search for and seek to release these inhibiting factors! ■

GROUP REGRESSION

Saturday, July 9

12-3pm

Members: \$20; Non-Members: \$25

Workshop is led by **REV. KEV O'KANE**, a highly trained hypnotist and a spiritual seeker and Cayce follower who serves his Maker by serving humanity!

Kev is a highly respected certified clinical, master, Ericksonian, and Past-Life Regression (PLR) hypnotist who teaches & conducts classes & workshops in PLR for several national Hypnosis organizations in New York city, his home, and throughout the U.S. His experience and training make him uniquely qualified to lead this workshop. Kev is also the Atty. for the Society of Applied Hypnosis. He conducts monthly group sessions at the A.R.E. & he does private sessions. **Call (646) 338-6715 for fees, appointment.** ■



A SPECIAL GROUP CHANNELING/ PERSONAL SESSIONS WITH YOUR ANGELS WITH SHERYL BLUMENTHAL

Imagine an evening where like-minded souls gather in community while supportive teachings from the spiritual guides, our angels, as well as the rare and loving energies and light from this experience support all who attend. The messages for the entire group are of benefit to all who have the opportunity to "hear and feel" them. A group session is extremely powerful and transforming. The pure light channeled throughout this event is a gift and based on the remembrance of a commitment to our souls "on high". www.littleone.us ■

● AFTERNOON EVENT

Saturday, July 30

12-1:30pm

Members 20 Non-Members \$25

Personal Sessions from 2-5pm

\$85 for half hour; \$125 for an hour

THE POWER OF DREAMS With Antot Masuka



First presented to Westchester's Financial Executive Networking Group (TheFeng.org) on April 30, 2002, this workshop is about the power of dreams to transform our lives.

It shall cover the sleep cycle, types of dreams, dreams that changed the world, role in career and life

decisions, compensatory quality of dreams, how to remember your dreams, techniques for interpreting your dreams, techniques for self motivation through dreams, how dreams promote healing, dreams and synchronicity, archetypal images and structure of dreams, Self and individualization, motif and nature of dreams, Sept 11th as a social nightmare, Daniel: Interpreter of Dreams, Know Thyself through your dreams, New Year's resolution as a form of dream, Neptune (planet of dreams and mysticism) transit of Pisces from April 4, 2011 to March 30, 2025, Edgar Cayce on dreams, concepts from quantum mechanics that the world is both solid and formless energy, 2012 as a social

dream of global transformation, how the ancients viewed dreams, why are dreams important, dreams and personal transformation, Crazy Horse: "Never Forget Your Dreams," and much more!

The workshop will give you the opportunity to write "the story of the rest of your life" based on analysis and interpretation of your own dreams. Bring at least one dream for interpretation, as well as the one that you will have the night before the presentation! ■

● WORKSHOP

Saturday, Aug 27

12-5 pm

Members \$40 Non-Members \$45

Please register in advance.

ANTOT MASUKA practices astrology in the tri-state area. His website is CelestialAffairs.com. A long time member of the A.R.E. in Virginia Beach, Antot combines Edgar Cayce readings on dreams and metaphysical studies to deliver a truly unique presentation on the power of dreams to transform our lives, with special emphasis on dream interpretation and analysis covering Freud concepts and Jungian synchronicity. With Neptune entry into Pisces on April 4, 2011, the planet of dreams, spirituality and mysticism, this presentation provides an outlook of the role that individual and social dreams will play in our lives over the next 14 years as well as how you can tap into this reservoir of power and knowledge to live the life of your dreams! ■

TOOLS FOR A NEW SPIRITUALITY: EXPLORATIONS INTO ENERGY



With T.C. Eisele

"Existence is all that can be known but it is not all that is real." — J.G. Bennett

All Mysticism points toward the real, yet how do we begin the journey? How can we practically

experience something beyond what we know?

This class will be an introduction to the world of subtle energies that exist in direct relation to the levels of awareness we cultivate within ourselves, a place which the Qabalists call Yesod or "Foundation."

● 2 SATURDAY SERIES

Saturday July 23 & Saturday July 30

2:30 to 5 pm

Members \$45 Non-Members \$55

In a workshop environment participants will learn how to begin opening to these different levels of energy through the use of tools and techniques that draw from the wisdom of several different Spiritual Technologies, including Qabalah, Hinduism, The 4th Way, Shamanism, and Wicca. ■

T.C. EISELE has been a Psychic Practitioner and Teacher at the A.R.E. of New York for the last 10 years. He is also the author of 2 books, "Modern Magickal Keys" and the recently released "Liber Quantum". ■

SACRED DESIGN OF LIFE - A Deep Introspective Look At Sacred Geometry with Crystals and Shamanism



With Irma STARSPIRITWOMAN

Recognize and learn to incorporate shamanic techniques and work with sacred geometry crystals into an insightful discovery, to deepen sacred centers and learn how these patterns can reconnect us to our

spiritual path, and create a new design of life.

We will learn to use the crystals including the sphere, egg, pyramid, merkaba, and the Star of David, as we will travel into a deeper journey to discover the hidden self through the laws of nature.

Combine use of shamanic healing and grid-work to help heal and empower yourself and others. Open up channels to the Akashic records to bring new insight and prepare ascension as a light body and soul star. ■

● 3 WEEK SERIES

Saturdays, August 13, 20, 27

3:30 to 5:30 pm

Members \$85 Non-Members \$95

Each Class: \$30

IRMA STARTSPIRITWOMAN, a medicine woman, channel, and storyteller, who is a descendant of Mayan "curanderas" healers from Yucatán, Mexico, having studied with many indigenous medicine healers from Ecuador, Peru, Brazil, Greenland, Italy, and Dine, Cherokee, and Lakota Elders from the United States. She is a Certified Crystal Healer, taught by Mika from the Academy for Healing Arts, and she is also a core-member of the NY Shamanic Circle since 1998, and is a co-founder of the NY Shamanic Healing Circle. ■

AURA WORKSHOP With George Casazza



The Aura is a field of luminous radiation and energy surrounding a person. Hypnotist George Casazza will guide all participants to a deep state of hypnosis, several times, to clear, open, and heal all Chakras- concentrating on the 3rd Eye. He will use powerful techniques to program you to

instantly see Auras on command. During the workshop you will powerfully see everyone's Aura in the room! You will absolutely be amazed at how easily you see and feel with your 3rd Eye after this remarkable workshop. As a bonus, Mr Casazza adds powerful healing suggestions and energy during all hypnosis sessions. You will absolutely love the way you feel! ■

● EVENING EVENT

Friday, July 22
6-9 pm
Sliding Scale: \$25-\$35

Certified Hypnotist and Healer **GEORGE CASAZZA** offers life transforming workshops, private and group sessions. He teaches you the secrets of the Enlightened and Evolved in a fun, fast, easy to use way and does so with the deepest integrity. Mr. Casazza is passionate about teaching people to instantly connect to Source to heal themselves and others. He wants everyone to live their perfect life now!

www.adepthealer.com. ■

"Hence, in the fruits of that - as is given oft, as the fruits of the spirit - does man become aware of the infinite penetrating, or inter-penetrating the activities of all forces of matter, or that which is a manifestation of the realm of the infinite into the finite - and the finite becomes conscious of same."

Edgar Cayce Reading 524-2

PAUL SELIG CHANNELS THE ASCENSION ENERGY OF THE WORD



In his breakthrough work of channeled literature I Am the Word (Tarcher/Penguin 2010), author and medium Paul Selig recorded an extraordinary program for personal and planetary evolution as humankind awakens to its own divine nature. In

this channeled workshop you will be introduced to and attuned to the frequency of the Word, which Paul's guides describe as "God in Action," learn techniques for developing and sustaining higher levels of consciousness and move through the emotional and physical blocks that may be keeping you from manifesting your own higher nature. Paul's workshops are deeply transformative, the energy he works with is extremely palpable and participants will be supported in moving to the next level of their spiritual evolution. ■

● EVENING EVENT

Friday, August 19
7-9 pm
Members: \$30 Non-Members: \$35

PAUL SELIG is a writer, teacher and conscious channel. Tarcher/Penguin published his channeled book, I Am the Word, in 2010. Paul has led channeled energy groups for nearly 16 years and maintains a private practice as a psychic in New York City. Also a noted playwright, he directs the MFA in Creative Writing Program at Goddard College and serves on the faculty of NYU's Tisch School of the Arts. Paul's channeled workshops this year include the Esalen Institute in California, the Jungian Institute for the Spiritual Sciences in Vermont, and Earthgate Studios in Pennsylvania. He is the subject of the upcoming documentary film Paul and the Word. You can reach him online at www.paulselig.com. ■

INTRODUCTION TO AKASHIC RECORDS

With Maureen St. Germaine



Have you ever wondered about the Akashic Records? This introduction will give you information about what it's like being in the Akashic Records.

Discover if you've ever been in the records yourself. If you've had bells and whistles go off whenever you hear the term Akashic Records, then you yourself may be from the Records. Maureen will open the Records of the participants, allow them to ask questions of the Record Keepers, and answer your questions on the Records.

Join Maureen as she explores the Higher Self connection and compares this with your Angels, Guides, and the Akashic Records. You will learn about the differences of each of these resources. You will get examples how the Akashic Records provide tools for your ascension. Join us for a fast-paced, informative session! ■

● EVENING EVENT

Tuesday, August 23
7:15 - 9:15 pm
Members: \$25 Non-Members: \$30

MAUREEN ST. GERMAINE – lifelong interest in the Akashic Records resulted in her being granted access to this dimension that has been off limits to most of humanity for millions of years. Widely known for her Amazon.com best-seller, *Beyond the Flower of Life* she has been sharing knowledge she has gained from her years of teaching meditation and research on ancient truths. Labeled a modern day mystic in Famous Wisconsin Mystics, Maureen is an internationally recognized, highly acclaimed transformational teacher, author and Akashic Records Guide. Insightful, compassionate, entertaining and funny her primary focus is developing tools to support individuals in their personal expansion and spiritual awakening through Trainings, Akashic Records, Sacred Journeys, guided meditation CDs, AroMandalas® essential oils aromatherapy and books. ■

INTUITIVE SOUL DEVELOPMENT GUIDANCE

With Peter Roth



TUESDAY, AUGUST 9, 7-9PM:
Strange happenings – Peter will present an overview of the unique time we're facing and will field questions

from attendees about the nature of this new reality we are all in. What is your role in the unfolding? This is a time of immense change.

The world is not working and 2012 is on its way. What do we need to know and do about it and what will it mean to us? Peter will work with his intuitive higher faculties to receive information about our preparations and expectations for change. We all have many fears and questions of the unknown and its potential dangers and opportunities. It may be best to be ready for them.

TUESDAY, AUGUST 16, 7-9PM: Identifying your soul partners – Do you know who you have soul contracts with? Are you currently in a relationship with your soul partner or do you question that? Do you wonder if there's a soul partner out there for you? What might be your soul contracts with your children? We often re-incarnate with souls from previous lives to help each other work out our purposes in this life. Find out more about those purposes in this class. You can each work with Peter who will be tapping in to higher consciousness during the class to help you learn more about these special relationships. Peter has taught this class at A.R.E. a number of times before and people have been very amazed at his answers. Come to learn more about those in your life. ■

PETER ROTH has amazed audiences with the depths of Human Design System and provides a riveting explanation of this new language of sexuality. He is the founder of the Heart River Center for Intuitive Healing which began 1997. When you pre-register and contact Peter with your birth data ahead of time, he'll bring a copy of your chart that you can refer to during the talk...even for your partner if requested. ■

● EVENING EVENT

Tuesday, August 9, 16
7:15 - 9:15 pm
Members: \$25 Non-Members: \$30

Your BIRTH INFO is needed for your chart!!! Email Peter at Peter@heartriver.org w/ birth info!

EEG AWAKENED MIND TRAINING

With Judith Pennington



PREVIEW: This fascinating workshop shows how to expand your mind into higher states of awareness. Judith Pennington hooks up a volunteer to her Mind Mirror and guides participants into profound meditations as a preview of her August 12-14 group brainwave training. www.brainwavetraining.com

Three-Day Workshop: Brain wave biofeedback, a scientific tool for transformation, is the quickest and easiest way to access profound meditation states that awaken the power and potential of the mind. In this extraordinary group brain wave training, you will see a frequency map of the mind and hook up to Judith's unique EEG device, sit back, relax, and let her guide you into the calm, still depths of your subconscious mind. By the end of the weekend, you will be able to guide yourself to this inner wellspring of wisdom to reduce stress, improve your health, retrieve personal insights, and develop the awakened, high-performance mind of creative, successful people. Judith draws the brain wave patterns of each member of the group during meditations geared to inner discovery, self-healing and transformation. Seeing your brain wave patterns and receiving recommendations privately on Sunday afternoon will help you master your mind to master your life.

Don't miss this scientific gateway to meditation and mind expansion. Judith is the only person in America offering this powerful series of awakened mind trainings for creativity, insight and spiritual transcendence. ■

JUDITH PENNINGTON, an internationally published journalist, author, and meditation and consciousness trainer, is the only person in the world equipped to offer EEG awakened mind group trainings for up to 18 people at a time. Levels 1-3 of these group brain wave trainings are available only at her home in Pennsylvania and at ARE of New York Center. Succeeding EEG and awakened mind world authority Anna Wise, who she assisted for four years at the Esalen Institute, Judith offers private sessions and workshops across the U.S., along with a series of CDs and free online publications available through EagleLife.com. Video & slideshow: www.BrainwaveTraining.com. ■

BIO-ENERGETIC GROUP HEALING SESSION & LECTURE With Ze'ev Kolman



Zeev Kolman's bioenergetic healing works at the level of the subtle bodies to cause a healing to take place from the most primary level of a disease's origins. He can see and adjust the energy in the aura and chakras. He is able to use his will to collect bioenergy, which is plentiful in the universe,

and transmit this vital force to others through the aura. This often fixes problems in the body's energy structure, possibly before they manifest in the physical. The body will absorb Kolman's amount of energy it need to restore itself to optimum health. Ultimately, Mr. Kolman is only the catalyst. He cannot cure everyone, or every illness, but his ratio of success is very high. Zeev Kolman works with the medical community, insisting on before and after conditions of each individual he see to ensure that his healing has indeed been effective. ■

Over the past twenty years, **ZE'EV** has helped thousand of sick, injured - desperate people. For this, Zeev has received international recognition as the word of his unique power to alleviate pain and suffering has spread. People from all walks of life have consulted him, and many have been cured of illnesses conventional medical treatment had failed to cure. People, from Hollywood celebrities and Government officials, to ordinary people, go to Zeev Kolman because he gets results, results that go way beyond what they had expected. For more info: www.zeevkolman.net. ■

WORKSHOP

Preview: Awakened Mind Training I
Saturday, July 9 **4-6pm**
Members: \$15 Non-Members: \$20

Three-Day Workshop: Awakened Mind Training I
Friday, August 12; **6-9pm**
Saturday, August 13; **10-6 pm**
Sunday, August 14; **10-1 pm**
Members: \$190 Non-Members: \$200

Reserve one week in advance for both events.
Book now, group limited to 18 people.
Call Judith at (610) 837-4166 for more info.

2 EVENING EVENTS

Wednesday, July 13, Aug 3rd
7-9pm
Members: \$35 Non-Members: \$40

OVATION FOR THE OVARIES & POWER TO THE PROSTATE With Susun Weed



In celebration of the publication of her new book – Down There: Sexual and Reproductive Health the Wise Woman Way – Susun Weed will offer the latest information on keeping your ovaries and prostate in tiptop health. These glands are

storehouses of stories. They are the libraries of the wisdom of the Ancients. We have fallen so out of touch with them that we allow surgeons to cut them out far too often. Learn about simple, safe ways to deal with pelvic pain and prostate enlargement, melt away ovarian cysts and reduce PSA scores, and, most importantly, prevent ovarian and prostate cancer. There are herbs, foods, and energy medicines that counter and cure LUTS (lower urinary tract symptoms), PCOS (polycystic ovarian syndrome), BPH, and your personal problems. We will sing, tell stories, learn about our bodies and our selves, and leave with energy and power. ■

WORKSHOP

Saturday, July 16
1-5:30 pm
Members \$55 Non-Members \$65

SUSUN WEED is the voice of the Wise Woman Tradition, where healing comes from nourishment. She is known internationally as an extraordinary teacher with a joyous spirit, a powerful presence, and an encyclopedic knowledge of herbs and health. Ms. Weed restores herbs as common medicine, and empowers us all to care for ourselves. Susun Weed is the author of the Wise Woman Herbal Series, including Wise Woman Herbal for the Childbearing Year, Healing Wise, Breast Cancer? Breast Health! the Wise Woman Way, New Menopausal Years the Wise Woman Way and Down There: Sexual and Reproductive Health the Wise Woman Way. For free ezine, on demand radio, recipes, resources, online courses and much more, go to: www.herbshealing.com. ■

"What we think and what we eat – combined together – make what we are, physically and mentally."

Cayce Reading 288-38

JOURNALING: Accessing Your Inner Wisdom for Self-Healing With Trish Muehsam



All the information that we need to get well and stay well lies within. Each and every one of us have, by our very nature, our own unique and individualized tools for self-healing. However, and often, we are not able to access this innate healing wisdom. Journaling can be a powerful tool for accessing our inner intelligence. In this

workshop, you will learn simple writing techniques to access your inner wisdom for self-healing. You do not have to have any writing or journaling experience to attend. All you need is your preferred writing materials: a journal, notebook or lots of paper, pen or pencil, and a desire to connect within. ■

DR. MUEHSAM is the Founder of Transformational Medicine™, a unique, wholistic, and individualized approach to healing, wellness and living. She has made study of traditional healing systems, including Chinese medicine, Ayurveda, and homeopathy, as well as the medical and therapeutic applications of yoga and various mindbody therapies. 'You can heal yourself, I can teach you how' is a theme of Dr. Muehsam's approach. She views illness or "dis-ease" as a signal from within, offering one an opportunity for growth and transformation on many levels. She combines her extensive knowledge with her intuitive abilities to develop an individualized healing plan for each patient. For more info: www.transformationalmedicine.org. ■

INNER HARMONY THROUGH FOOD: Overview of Ayurveda/ Cayce Nutrition Principles & Practices with shweta parmar



Just as all things in Nature are in harmony, the body, mind, senses, and spirit exist together as one unit – a whole unit. Whatever is present in the cosmos, is present in human beings. In this series, we will focus on food, one of the building blocks of our body temples. Food in Sanskrit is “annam” – that

which grows on earth; and “ahara” - that which nourishes the body, mind, and senses, creating balance within an organism. Food is one of the direct ways in which the Universe transmits energy and vibrations to us. Thus supporting us to develop our intuition and psychic abilities.

Just like we each look different, we each have a unique pattern of energy – an individual pattern of physical, mental and emotional characteristics – which makes up our constitution. In Ayurveda, these energetics are called vata, pitta, and kapha, based on Nature's 5 elements. By intentionally interrelating our unique metabolic & mental constitutions in relation to Nature's rhythms, we can support the reprogramming and rejuvenation of our cells and tissues - according to who you are. We can BE the balanced health, prosperity and happiness that we all yearn for in a consistent day-to-day, sustainable manner during this lifetime. We experience moment-to-moment awareness, consciousness, and healing.

In this series, with the guidance of timeless wisdom of Ayurveda & Cayce readings, we will reconnect to nourisher Food as prayer and blessing. We will learn and practice:

- Your Personal awareness and relationship to Food
- Your unique **constitution**. Then accordingly, practicing why, what, when and how to eat; Creating your diet & nutrition menus!
- **Healing properties** of spices, vegetables, fruits, and nuts
- Food **combinations**; Foods for each day of the week
- Simple, **practical tips** to detox and support digestion
- Learn & Practice Basic Cutting & **Cooking** practices. We will **use alkaline-forming vegetables** or peace-generating foods in cooking our detoxifying meals according to the **season**
- Prayers and Chanting for Food Offerings to Food Gods/Goddesses/Angels

Experience & Expand your inner life force for self healing!! Light Ayurvedic snacks & teas will be provided at each session. Depending on the enthusiasm of the group, perhaps dinner as well! ☺

4 WEEK SERIES

Tuesdays, July 12 & 19 (at ARE-NYC),
July 26, Aug 2 (at Alignment Center, 128 W.
28th St.) **7:15 - 9:15pm**
Members \$101 Non-Members \$115
\$30 per class



“What we think and what we eat – combined together – make what we are, physically and mentally.”

Cayce Reading 288-38

SHWETA PARMAR'S mission to heal from polycystic kidney disease and her endless search for her True Self is driven by her reverence and love for Mother Nature, Ayurveda, Yoga and Universal Oneness. As an Ayurvedic practitioner, she supports people who are re-Searching a healthy and happy life through Ayurvedic diet & lifestyle consultations, treatments and home panchakarma (cleansing of the physical, mental, emotional, subtle realms). She also practices various energy healing modalities. She received her training in North Kerala and Haridwar in India. Currently, she continues to deepen her studies and practice with Dr. Aparna Bapat, BAMS in New York City. She also serves as Programs Director at Edgar Cayce's ARE-NYC. There are plenty of stories to be told, many more experiences here and now. She can be contacted at shwetap@aol.com. ■

EXPLORING SELF MASSAGE with shweta parmar



Free yourself of physical, mental, emotional, subtle blockages; thus Healing the Planet! The entire universe lies within your ten fingers. Yes, our fingertips are full of magical power – if you choose to put them to intentional use! Heal

imbalances/ diseases, rejuvenate the body, lead yourself to spiritual awakening! Experience this power through self-massage. Self Massage will focus on Ayurvedic marma points, 365 located throughout the body, are vital energy centers infused with prana- the life force, and imbued with consciousness. Thus, we can “talk” to the body, mind and awareness. Marma Points are portals between the body, mind and soul. Activating these centers, which are connected to thoughts, perceptions and emotions and the physical body, is a powerful tool on the spiritual path - helping to settle the mind and to deepen awareness toward Higher Self, and free the mind and body of stresses/toxins that limit consciousness and harden the heart. Participants will learn & PRACTICE simple and easy to do techniques for balanced digestion, circulation, blood cleansing, sleep disorders, and more!

NOTE: It is highly recommended to bring shorts/ bathing suit for self massage using oils. Take responsibility for your prevention, self-healing, wholeness, and growth toward daily vitality, happiness to carry out your life purpose on this Earth! ■

EVENING EVENT

Wednesday, July 27
7 - 9pm
Members: \$15 Non-Members: \$20

“...Man is made, physically, from every element within the earth. So, unless there is a coordination of those elements of the environs in which the animal-man operates, he is out of attune ... He must contain and command those elements....”

Cayce Reading 3455-1

HEALING MAN HEALING WOMAN - Transformational Game Night & Mixer with Dr. Antonia M, Inner Power Doctor



Come out to play, heal, transform and evolve! Healing Man Healing Woman is an exciting and innovative new card game that sparks transformational conversation, interactive self-discovery, and mutual self-realization. The object of the game is for players to help each

4 WEEK SERIES

Friday, August 12
7 - 9pm
Members \$25 Non-Members \$30

other to balance and strengthen under-developed areas in their lives, relationships, and personalities—and to become the complete and authentic men or women they desire to be. During the game, players create a “self-development portfolio” that: covers 10 major life areas; reveals hidden personal blocks; and challenges them to identify key attitudes, patterns or perceptions to support their greatest transformation. This is by no means your ordinary get-together! Tonight you will uncover the undiscovered man or woman within you! ■

DR. ANTONIA M – “The Inner Power Doctor” – is an expert in Life Transformation, Personal Alchemy, and Metaphysical Psychology. She empowers people and businesses to be unstoppable in manifesting their ultimate dream from the inside out. Her ground-breaking work in the field of achieving breakthroughs combines a unique blend of eastern, western, indigenous, and original techniques for clearing subconscious blocks, breaking unhealthy patterns, ending chronic cycles of underachievement, and mapping personalized breakthrough paths toward even the most challenging goals. Dr. M has authored several books, games, and wisdom cards, including the Healing Man Healing Woman card game, and the Inner Power Workbook. For more info: www.InnerPowerDoctor.comfo. ■

LIVING YOUR PERFECT LIFE NOW:

A Discussion with Richard A. Singer

"When you realize how perfect everything is you will tilt your head and laugh at the sky." Buddha

Do you desire a perfect life? You may not realize it but to obtain this life is quite simple. Based on my study of spiritual figures and philosophies, I truly believe that it comes down to two simple practices:

- Live Now! Live completely in the miraculous energy of the present.
- Help another member of your human family. To help humanity is to truly live.

Join us to explore ideas on how to perfect our lives, as found in my latest book, *Now: Embracing the Present Moment*, as well as in *Eastern Wisdom for Your Soul*. ■



Richard Singer

● AFTERNOON WORKSHOP

Saturday, July 23

12-2 pm

Members: \$20; Non-Members: \$25

RICHARD SINGER is an award winning author, trained psychotherapist, Asst. Professor of Human and Social Services, and most importantly a seeker of truth. He continuously searches for wisdom to use in his life, as well as helping other human beings in their precious journey. He seeks to impart this knowledge to the world through his writing. Richard states that "My books are not only for reading, they are meant to be lived."

Richard has been featured in many magazines, on various radio and television shows including BBC News in London. His books have been reviewed by, amongst others, *Publisher's Weekly*, *Library Journal*, and *Martha Stewart's Body and Soul*. For more information you can contact Richard directly at RAS9999@aol.com or visit his website at www.EmbracingthePresent.com. ■

NUMEROLOGY "THE AUTOBIOGRAPHY OF YOUR SOUL": An Introduction to Numerology

With Alison Baughman



Alison Baughman

Numerology is an ancient Divination tool which identifies the spiritual qualities of numbers. Numbers have meanings and each number has a vibration as well as a distinct energy pattern. Each person has their own

● AFTERNOON WORKSHOP

Saturday, August 20

12-3 pm

Members: \$55 Non-Members: \$65
Personal Sessions available 3-5pm. See website for all services available.

unique energy pattern and Numerology is able to discern

your cosmic code from the information found in your date of birth and name given at birth. Numerology is the key to connect to your soul and understanding your Numerology brings about awareness to your true potential and life purpose.

Participants will be provided with their own personal Numerology Charts and will learn about their own personal energy which makes the workshop especially interesting. ■

ALISON BAUGHMAN is a professional Numerologist, author, lecturer, frequent radio show guest and the Host of "Visible By Numbers", a weekly talk radio show about Numerology on BBS Radio.

Alison first discovered Numerology as a child, studied it for a lifetime and has been reading as a professional for over 11 years for people across the United States and Internationally. Her website is www.VisibleByNumbers.com which gives additional information about her work, readings, testimonials and articles about Numerology. Alison is also the creator of www.GetHisNumber.com which is based upon her work. ■

HEALING PARTNERSHIPS – AN INTRODUCTION TO JOHN OF GOD

With Rev. Jude Smith, MST



Jude Smith

Tucked away in a small village in northeast Brazil is the Casa de Dom Inacio, the healing center that is home to trance healer John of God. While channeling the spirits of highly

evolved doctors, surgeons, masters, and saints, millions of people from around the world have received the gifts of healing that come through this remarkable man, who asks no compensation for his work.

Please join us for an experiential evening exploring the work of Medium Joao, as he prefers to be called. The evening will include a short film, discussion, and a healing meditation, and will be facilitated by Rev. Jude Smith, an official guide for John of God and the Executive Director of the Center for Authentic Living. ■

● EVENING EVENT

Friday, Aug 5

7-9 pm

Members \$15 Non-Members \$20

JUDE SMITH is an Interfaith Minister and the Executive Director of the Center for Authentic Living, an organization committed to reminding people who they are, and to providing tools to live from that higher place. She is an authorized guide for trance healer John of God, and regularly leads group travel to Brazil, as well as to other retreat locations worldwide. An active wedding and ceremonies officiant, Jude captures life's transitions in ways that are sacred, meaningful, and transformative. Prior to her ordination, Jude hosted the radio show, *LIFE TALK*, enjoyed by a weekly audience of over 300,000 listeners. For more info, email Jude@TCFAL.org. www.CenterForAuthenticLiving.org. ■

FINDING CENTER – EXPLORING WHAT IT MEANS TO HEAL

With Rev. Michael Pergola JD, MBA & Rev. Jude Smith, MST



Michael Pergola

// When you have a disease, do not try to cure it. Find your center, and you will be healed."

~ Taoist Proverb

What does it mean to be healed?

Does it mean the lessening of physical symptoms? Does it mean ceasing to struggle? Or does it simply mean connecting with unconditional love?

Healing is not contaminated by fear of death, and contains no blame or guilt. It does not exclude any therapeutic approach, and may involve allopathic methods as naturally as it does contemplation, meditation, or prayer. Healing rests in the understanding that one's higher Self is immortal, eternal, and cannot die. Our experiential evenings will explore:

What does healing mean to you? • How may you contribute to your own healing? • Why is healing a vital necessity for higher development? ■ **Rev. Jude Smith, MST - see bio above.**

● 3 WEEK SERIES

Wednesdays, August 10, 17, 24

7-9 pm

Members \$85 Non-Members \$95 Each class: \$35

Rev **MICHAEL PERGOLA** JD, MBA, Co-Founder and Executive Director of the One Spirit Learning Alliance. Formerly Chief Knowledge Officer at one of the largest US banks, practiced law at Wilmer, Cutler and Pickering and founded business and non profit organizations. Michael has a Masters in Social Structure and Interpersonal Dynamics from Penn, and a law degree and MBA from Cornell. He works with leadership teams in companies navigating change, synthesizing large bodies of information to develop approaches that empower individuals and organizations to access their potential. Michael applies an integral perspective to developing personal mastery and the capacity for skillful action. www.OneSpiritLearning.org ■

THE ENEMY: MOVING FROM FEAR INTO FREEDOM With Shantam Zohar



Trish Muchsam

Join top Israeli astrologer and Naropa University graduate Shantam Zohar, for a powerful workshop on releasing fear. In *The Enemy: Moving From Fear into Freedom*, Shantam will redefine your concept of identity and show you how your unique astrological chart provides a personalized guide to letting go of limiting thoughts and beliefs. He also integrates the story of his experience as a soldier in the Elite Forces of the Israeli Defense Forces (IDF) as told in his award-winning book, *Mid East Tango: A Story of War and Awakening*. His personal experience of finding freedom after living through intense fear provides an authentic and personal example of how to release fear and move into our greatest potential. Discover why Shantam Zohar was recently invited to become "Israel's Chief Astrologer" by Walla.co.il. He has conducted private astrology readings with over 1,000 people worldwide. For more info, email haikukatie@gmail.com; www.mideasttango.com. ■

● EVENING EVENT

Friday, August 5

7-9pm

Members: \$15 Non-Members: \$20

*It is not what one says that counts,
but what one is!*

Reading 524-2

INTRODUCTION TO CANDLE MAGICK With Kathy Latham & Cat Cabral



Kathy Latham



Cat Cabral

● EVENING EVENT

Tuesday, August 9

7-9pm

Members: \$40 Non-Members: \$50

Materials fee: \$15

Candles have a place in virtually all forms of spirituality. Candle magick is the use of candles as a focal point for working with energy.

This comprehensive class explains the history, theory and practical application of candle magick. Learn how to use symbols, oils, colors and candles to create powerful tools for manifesting your intentions.

In this hands-on class, participants will make their own 7-day custom carved "Solar Blast" candle. This is one of Enchantments' most popular and was celebrated by the New York Times.

Enchantments, New York City's oldest esoteric store, opened its doors in 1982. The store has an almost 30-year history of creating custom-made candles for clients. ■

KATHY LATHAM and **CAT CABRAL** have worked at Enchantments for over 6 years. Using their intuitive abilities and knowledge of various magical systems, they provide clients with tools for healing, self-empowerment and personal transformation. For more info, email Kathrinvictoria@gmail.com, catherinemcabral@gmail.com. ■

FINANCIAL SEMINAR With Antot Masuka



Antot Masuka

How to Start Your Own Business, from \$1,000 to \$1 billion, novice or investment professional, the process and principles are the same! This presentation takes you through the entire business and psychological

process of starting your own business that every entrepreneur should know before entertaining the idea of going into business for yourself. The presentation also covers: Secrets of Personal Finance, Trends in the US & Global Economy, Impact of Hyper-inflation, How to Protect Your Assets, Investments You Do Not Have to Report to the US Gov't, Tips on Buying Gold & Silver, Is the Rise in Gold and Silver Prices Real or Artificial, World's Most Valuable Assets in Times of War and Economic Collapse (tip: not gold or silver), Benefits of Offshore Banking, How to Purchase Collectibles, and much more... This presentation is designed to help keep you grounded over the next decade in the fundamentals of money, business, economics and personal finance during the Piscean Neptunian era of illusion, confusion, deception, hype, inflation, depression, market volatility and economic uncertainty. ■

● FULL DAY WORKSHOP

Saturday, July 9

11am - 6pm

Members: \$65 Non-Members: \$75

Discounts available for repeats

ANTOT MASUKA (EAShields) is business professional with extensive experience in international banking, project finance, corporate finance, accounting theory and application, internal controls, business appraisal, development and evaluation. He holds a MBA from Columbia Business School and is a Certified Public Accountant, State of New York. He earned a B.Sc. degree from Brooklyn College in Accounting and Economics. He operates his own business consultancy firm and worked for the World Bank Group and International Finance Corporation (IFC) in Washington, DC, as well as PricewaterhouseCoopers and Chase/Chemical Bank in New York City. Visit his website at: www.easconsult.com. ■

YOUR SOUL HAS A PLAN FOR YOU! DO YOU KNOW WHAT IT IS? With Diana Caughell



Diana Caughell

Knowing the plan, the map your Higher Self choose for you to experience in this life time is your ticket to everything you desire; inner peace, happiness, joy, prosperity, abundance in all areas of your life. Anything-else is the physical manifestation and direct result of not knowing who and what you are. For more

info, www.nulifetraining4u.com. Exchange includes a guided healing meditation and free 1-hour .mp3-audio of the class.

● EVENING SERIES

Mondays, July 11, Aug 8

7:30pm - 9pm

Members: \$15 Non-Members: \$20

MON, JULY 11, 7.30-9 PM: Is your career or business where you want it to be or are you stuck, unsatisfied and broke? Are you hitting walls and obstacles? Do you feel joyful, fulfilled and financially rewarded in exchange for your investment of time and energy? If not, a new understanding of the role your energy plays in the "cosmic law of attraction" and new skills will help you create your dream job or business.

MON, AUG 8, 7.30-9 PM: Are your relationships fulfilling you? If relationships is the area in your life you are struggling with then know that this is exactly what your soul chose for its personal evolution and your purpose and chance for growth and transformation. Your understanding of the role your energy plays in the "cosmic law of attraction" is critical to becoming more attractive to happier, more joyful and fulfilling relationships.

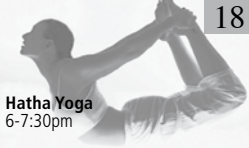

DIANA CAUGHELL is founder and president of NuLifeTraining4U, a company dedicated to empowering clients to live a healthy, happy and successful life. Clients learn every-day practical mental and spiritual power tools to achieve long-term sustainable personal and professional success. She works with individuals and companies, gives lectures and workshops on topics of personal growth and development, human transformation and evolution. ■

JULY

PULL OUT AND KEEP

2011



SUN	MON	TUE	WED	THU	FRI	SAT
July 31 Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Reiki Class Master Level 3 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracles 4:30-6pm	Every Monday Hatha Yoga 6-7:30pm Search for God 7-9pm	Every Tuesday Tarot Practice Class 5-7pm Meditation Group 6-7pm Affordable Healing 7-9pm		Every Thursday Prayers for Healing 7-9pm	New Moon Meditation w/ Alexander D. Santiago 7pm	ARE center is closed
ARE center is closed	ARE center is closed	Tarot Practice Class w/ Veronica Figueroa 5-7pm Journaling: Accessing Your Inner Wisdom for Self-Healing w/ Trish Muehsam, M.D. 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Cayce M.A.P. Series: "Meditation, Affirmation, Prayer" w/ Randall Okey, Coni Buro, & Leonardo Cassara 7-9pm Reiki Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Prophecy Celebration w/ Peter Goldbeck 7-9:30pm Sound Healing w/ Roger Ansaneli 7-9pm	Financial Seminar w/ Antot Masuka 11am-6pm Gallery Readings w/ Milou 12-2pm Preview: Awakened Mind Training I w/ Judith Pennington 4-6pm Self Healing Circles 5-7pm Freedom From the Past w/ Rev Kev 12-3pm Revelations 7-8:30pm Science of Light 8:30pm
ARE Community Picnic Central Park - Pilgrim's Hill 12-5pm ARE center is closed	Your Soul Has A Plan For You! Career and Finance w/ Diana Caughell 7:30-9pm Hatha Yoga 6-7:30pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Inner Harmony Through Food w/ shweta parmar 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Cayce M.A.P. Series: "Meditation, Affirmation, Prayer" w/ Randall Okey, Coni Buro, & Leonardo Cassara 7-9pm Bio-Energetic Group Healing Session & Lecture w/ Ze'ev Kolman 7-9pm Psychic Enhancement Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Full Moon Meditation w/ Alexander D. Santiago 7pm Healing Celebration w/ Peter Goldbeck 7-9:30pm	Gallery Readings w/ Milou 12-2pm Ovation for the Ovaries & Power to the Prostate w/ Susan Weed 1-5:30pm Revelations 7-8:30pm Science of Light 8:30pm
Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Life Death and Reincarnation according to Edgar Cayce w/ Jack Rosen 12:30-4:30pm Reiki Class Level 1 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracles 4:30-6pm	 Hatha Yoga 6-7:30pm Search for God 7-9pm Astrology Circles w/Anabel Gat 7:30-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Inner Harmony Through Food w/ shweta parmar 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Cayce M.A.P. Series: "Meditation, Affirmation, Prayer" w/ Randall Okey, Coni Buro, & Leonardo Cassara 7-9pm Reiki Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Aura Workshop w/ George Casazza, 6-9pm Movie Night Shine 7pm 	Self Healing Circles 5-7pm Living Your Perfect Life NOW w/ Richard A. Singer 12-2pm Gallery Readings w/ Milou 12-2pm Tools for a New Spirituality: Explorations into Energy w/ T.C. Eisele, 2:30-5pm Prophecy Celebration w/ Peter Goldbeck, 7-9:30pm Revelations 7-8:30pm Science of Light 8:30pm
Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Reiki Class Level 2 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracles 4:30-6pm	Shamanic Journeying Circles w/ Manuel Peralta 7-9pm Hatha Yoga 6-7:30pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Special Weekend Group Session w/ Milou 7:15 - 9:15pm Inner Harmony Through Food w/ shweta parmar 7:15 - 9:15pm -takes place at the Alignment Center Meditation Group 6-7pm Affordable Healings 7-9pm	Exploring Self Massage w/ shweta parmar 7-9pm Psychic Enhancement Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	New Moon Meditation w/ Alexander D. Santiago 7pm Contact Group w/ Peter Goldbeck, 7-9:30pm	Gallery Readings w/ Milou 12-2pm A Special Group Channeling/ Personal Sessions with Your Angels w/ Sheryl Blumenthal 12-1:30pm Tools for a New Spirituality: Explorations into Energy w/ T.C. Eisele, 2:30-5pm Revelations 7-8:30pm Science of Light 8:30pm

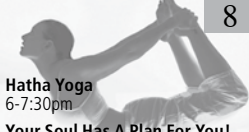

AUGUST

PULL OUT AND KEEP

2011

The Edgar Cayce
ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT OF NEW YORK



SUN	MON	TUE	WED	THU	FRI	SAT
Every Sunday Sunday Morning Services 11am-12:30pm Prosperity 1-2pm Dream Group 2-4pm A Course in Miracles 4-6pm	Every Monday Hatha Yoga 6-7:30pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Inner Harmony Through Food w/ shweta parmar 7:15-9:15pm -takes place at the Alignment Center UFOs & Parapsychology w/ Robert Morningstar 7:15-9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Sound Healing w/ Roger Ansanelli 7-9pm Bio-Energetic Group Healing Session & Lecture w/ Ze'ev Kolman 7-9pm Reiki Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Healing Partnerships – An Introduction to John of God w/ Jude Smith 7-9pm The Enemy: Moving From Fear into Freedom w/ Shantam Zohar 7-9pm	Gallery Readings w/ Milou 12-2pm Malcolm Smith 10am-6pm Prophecy Celebration w/ Peter Goldbeck 7-9:30pm Revelations 7-8:30pm Science of Light 8:30pm
Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Overview of Edgar Cayce Philosophy And Remedies w/ Jack Rosen 12:30-3:30pm (see website for details!) Reiki Class Level 1 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracle 4:30-6pm	 Hatha Yoga 6-7:30pm Your Soul Has A Plan For You! Relationships w/ Diana Caughell 7:30-9pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Introduction to Candle Magick w/ Kathy Latham & Cat Cabral 7-9pm Intuitive Soul Development Guidance w/ Peter Roth 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Finding Center – Exploring What It Means to Heal w/ with Rev. Michael Pergola and Rev. Jude Smith 7-9pm Psychic Enhancement Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Awakened Mind Training I w/ Judith Pennington 6-9pm Healing Man Healing Woman - Transformational Game Night & Mixer w/ Dr. Antonia M 7-9pm	Awakened Mind Training I w/ Judith Pennington 10am-6pm Gallery Readings w/ Milou 12-2pm Sacred Design of Life w/ Irma StarSpiritWoman 3:30-5:30pm Self Healing Circles 5-7pm Healing Celebration w/ Peter Goldbeck 7-9:30pm Full Moon Meditation w/ Alexander D. Santiago 7pm Revelations 7-8:30pm Science of Light 8:30pm
Awakened Mind Training I w/ Judith Pennington 10am-1pm Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Reiki Class Level 2 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracle 4:30-6pm	Hatha Yoga 6-7:30pm Shamanic Journeying Circles w/ Manuel Peralta 7-9pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Intuitive Soul Development Guidance w/ Peter Roth 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Malcolm Smith 10am-6pm Finding Center – Exploring What It Means to Heal w/ Rev. Michael Pergola and Rev. Jude Smith 7-9pm Reiki Circle w/ Peter Goldbeck 7-9pm	Malcolm Smith 10am-6pm Prayers For Healing 7-9pm	Malcolm Smith 10am-6pm Paul Selig Channels the Ascension Energy of the Word 7-9pm Movie Night Rain 7pm	Malcolm Smith 10am-6pm Numerology “The Autobiography of Your Soul” w/Alison Baughman 12-3pm Gallery Readings w/ Milou 12-2pm Sacred Design of Life w/ Irma StarSpiritWoman 3:30-5:30pm Prophecy Celebration w/ Peter Goldbeck 7-9:30pm Revelations 7-8:30pm Science of Light 8:30pm
Malcolm Smith 10am-6pm Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm Reiki Class Master Level 3 w/ Peter Goldbeck 1-5pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracle 4:30-6pm	 Hatha Yoga 6-7:30pm Search for God 7-9pm Astrology Circles w/Anabel Gat 7:30-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Introduction to Akashic Records w/ Maureen St. Germaine 7:15 - 9:15pm Meditation Group 6-7pm Affordable Healings 7-9pm	Finding Center – Exploring What It Means to Heal w/ with Rev. Michael Pergola and Rev. Jude Smith 7-9pm Psychic Enhancement Circle w/ Peter Goldbeck 7-9pm	Prayers For Healing 7-9pm	Healing Workshop w/ Peter Goldbeck 7-9:30pm	The Power of Dreams w/ Antot Masuka 12-5pm Gallery Readings w/ Milou 12-2pm Sacred Design of Life w/ Irma StarSpiritWoman 3:30-5:30pm Self Healing Circles 5-7pm Healing Workshop w/ Peter Goldbeck 7-9:30pm Revelations 7-8:30pm Science of Light 8:30pm
Sunday Morning Awakenings w/ Rev. Kev 11am-12:30pm New Moon Meditation w/ Alexander D. Santiago 7pm Prosperity 1-2pm Dream Study Group 2-4pm A Course in Miracle 4:30-6pm	Hatha Yoga 6-7:30pm Search for God 7-9pm	Tarot Practice Class w/ Veronica Figueroa 5-7pm Meditation Group 6-7pm Affordable Healings 7-9pm		Every Thursday Prayers for Healing 7-9pm		Every Saturday Group Readings 12 - 2 PM Self Healing Circles (2nd & 4th Sat) 5 - 7 PM Revelation Group 7 - 8:30 PM