

HFMD MISSION

We dedicate ourselves to advancing the quality of life of individuals and families affected by hemophilia or other bleeding disorders by providing a broad range of services and programs.

Inside this issue:

Golf Tournament	2
Spanish Speaking Event	3
A Healthier You	5
Replacement Therapy for von Willebrand	5
CSL Behring Junior National Championship	6
Contributions	8
Hemophilia Carrier Talk	9
Scholarships	10
Treatment Centers	11
Calendar	12

Our annual event opened Friday evening with a carnival inside the ballroom of the Minneapolis Marriott West. Fun was had by all as kids and adults enjoyed different game stations featuring basketball shooting, golf putting, a duck pond, Wii games, and ice-cream. The carnival was also highlighted by Pumpkin the Clown who entertained our guests making impressive balloon animals for every child.

As an added affect, delightful carnival music was playing throughout the night. HFMD board members and event exhibitors volunteered to run the busy stations. Our carnival committee did a terrific job in organizing the festivities. Thank you Kirstin Schmidt, Nancy Golden, and Stephanie Miller!

Saturday morning began with breakfast and a slide-show presentation from HFMD Executive Director Jim Paist. Next, our group of over 200 was treated to a fascinating panel “A Real Life Perspective” with Orville Richter, Beth Andersen, and Cody Morrow. As an 80 year old with hemophilia, Orville shared stories of how his hemophilia was treated in rural North Dakota when he was young. He took us through his life touching on a number of episodes where he dealt with serious bleeds, including a time where doctors had to sow cotton onto his gums to stop the bleeding.

Beth Andersen shared her story as a mother of a son with hemophilia. Beth talked about the surprise she and her husband Jon experienced when they discovered their son was born with hemophilia. However, as a very active and athletic 13 year-old, Jared doesn’t let his bleeding disorder slow him down. Cody Morrow (age 22) spoke about his experience playing sports all of his life while living with hemophilia. Cody’s presentation was truly compelling and inspirational. Our panelist’s did a fantastic job engaging our audience with their personal stories.

HFMD 2010 Annual Meeting

“Life is a Carnival”

April 23rd & 24th



A break with our exhibitors was followed by a presentation from Ann Garwick, Ph.D, RN “How to Navigate the Ups & Downs of Life”. After lunch, there were three breakout sessions for people to choose from: 1) Joint Health (Supported by Novo Nordisk) Speaker: Jen Maahs, PNP, MSN – Indiana Hemophilia Center, 2) Parent’s Panel - Self Infusion Challenge Moderator: Margaret Heisel Kurth, MD, 3) Women’s session – Information for Carriers and More Moderators: Skye Peltier, PA-C, and Sue Curoe, RN. Our 2010 Annual Meeting adjourned at 3:30 p.m. on Saturday with a number of attendees commenting on how much fun they had. This event was made possible with support from our generous sponsors and exhibitors. Our deep appreciation goes out to event sponsors Baxter BioScience, Bayer HealthCare, Pfizer, Novo Nordisk and the U of M Medical Center, Fairview. Exhibitors: Accredo Hemophilia Health Services, AHF Home Care, Baxter BioScience, Bayer HealthCare, BioRx, Coram Specialty Infusion Services, CSL Behring, CVS Caremark, Grifols, Novo Nordisk, Pfizer, Talecris, and Walgreens. By Jim Paist

**Hemophilia Foundation of Minnesota and the Dakotas
Is proud to announce its:**

Fourteenth Annual Golf Tournament

Will help to support HFMD and its Community Programs

Monday, August 16, 2010

12:30 pm Shotgun start

A chance to draw for a \$10,000 Putt. The Putt will be held at 12:20 p.m.

4-Person Scramble Format

Minnetonka Country Club

24575 Smithtown Road, Shorewood, MN 55331

Along with golf, feel free to bring your tennis rackets as the tennis courts will be available to our group.



**Master of Ceremonies
Tom Halden... Fox 9 News**



Directions: I-494 and exit on Hwy. 7 West (North of Crosstown - 62 and South of 394). Follow Hwy. 7 West for 6 miles. You will pass under 1 small bridge and turn right at the next stop light onto County Rd 19. Follow 19 for approx. 1 mile and take a left at the stop light on Smithtown Road. Go past Country Club Road and Minnetonka Country Club is the first driveway on your left.

The Hemophilia Foundation
of
Minnesota/Dakotas
14th Annual Golf Tournament
is Sponsored by:

Double Eagle Level
Baxter BioScience

Eagle Level
CSL Behring

Birdie Level
Accredo Hemophilia Health Svcs.
Bayer HealthCare
CVS Caremark
MeritCare
Novo Nordisk
Walgreens

Names (List All) _____

Address _____

Phone# _____

#Attending Dinner _____

Fee \$175.00 x # of Persons on Registration _____ Full Foursome: \$700.00 _____
\$35.00 Dinner only - No golf

This year, the total players fee of \$175.00 will include the longest drive and a chance to draw for a \$10,000 Putt. Each player will receive one mulligan, which is non-transferable.

Total Enclosed \$ _____

Make check payable to: **HMFD** Hemophilia Foundation of Minnesota and the Dakotas
750 South Plaza Drive, Suite 207, Mendota Heights, MN 55120



Spanish Speaking Event

On Saturday, June 5th, HFMD and the Children's Hospitals and Clinics of Minnesota Center for Bleeding and Clotting Disorders in partnership with Baxter BioScience held an educational session and picnic for our Spanish speaking members. The event was held at Hyland Park in Bloomington.

The day started off with a barbeque lunch from Famous Dave's and a presentation in Spanish by Clemencia Casas, Spanish Educator from Baxter on "Joint Health and Exercise/Sports Choices". Dr. Margaret Heisel Kurth was also in attendance to answer questions and provide additional information.

After lunch, the kids worked on art projects led by Jocelyn Gorlin and a great group of teens from GirlScout Troop # 10266 from Hopkins and Minnetonka. They then went outside and played in the HUGE chutes and ladders play area, despite rain showers!

After Clemencia's presentation the families thanked Terry Hammink and wished him well as he is retiring. Terry started this group several years ago and has been an integral part of planning these events. Thanks again Terry for 7 incredible years!

Then it was time for some physical activity... Clemencia led a stretching session complete with yoga mats to lie down on the floor and stretch. She also handed our resistance bands and showed the group several useful exercises.

It was a good thing we stretched out because next on the agenda was dancing!! Clemencia turned on the Mexican music and no one was shy about getting out on the dance floor. All in all everyone had a great time!

Thanks to Clemencia Casas and Stacie Cowen from Baxter, GirlScout Troop #10266 for child care, the Gorlin family, Dr. Margaret Heisel Kurth, Terry Hammink MSW, & Stephanie MacPhail Spanish Interpreter/ LEP Coordinator from Children's.

And special thanks to the families who participated!
By Angie Boyd, HTC Coordinator



(Children's Hospitals & Clinics).

Hemophilia Foundation of Minnesota/Dakotas Board of Directors 2010-2011

Dan Tinklenberg, President
St. Louis Park, MN 55416

Brenda Neubauer
Bismarck, ND 58504

Denise Cadwell
Interim Vice President
Hastings, MN 55033

Mike Neubert
Champlin, MN 55316

Elizabeth Myers, Secretary
Mellette, SD 57461

Stacy Pike
Eagan, MN 55121

Steph Miller, Treasurer
Savage, MN 55378

Aaron Reeves
Rochester, MN 55906

Beth Andersen
Walker, MN 56484

Kathi Reeves
Watertown, MN 55388

Sharold Friedrich
Fergus Falls, MN 56537

John Schulte
Woodbury, MN 55125

Vicky Hannemann
Minneapolis, MN 55455

Mark Wiener
Mahtomedi, MN 55115

Carolyn Hanson
Burnsville, MN 55337

Staff:
Jim Paist
Executive Director

Margaret Heisel Kurth, MD
Minneapolis, MN 55404

Pam Cella
Office Manager



Delivering Excellent Hemophilia Care at Home

- Local Pharmacies
- Nationwide Services
- Hemophilia-Trained Nurses on Staff
- 24/7 Patient Support

866-436-4376

www.HemophiliaOptions.com



LIVING WITH HEMOPHILIA?

FACTOR IN ALL YOUR OPTIONS

Register today to learn more about
research studies taking place in your area.

For more information on
Hemophilia research studies
Call 1-800-361-3227
or visit www.hemophiliaregistry.com

Healthy Food Choices + Regular Exercise = **A Healthier You!**

By Kim Baumann

A calorie is a calorie is a calorie...

Whether it comes from fat or carbohydrate, a calorie is a calorie is a calorie. Maintaining your current weight requires that you take in (eat) the same amount of calories you burn. Losing weight requires that you eat less calories and increase your physical activity. Many people think that eating all reduced fat or fat-free foods will limit their calorie intake. This has 2 potential problems: 1) often people eat more of the lower fat food than they would of the regular item and 2) just because it is fat-free, doesn't mean it is calorie-free. Here are a few examples of foods compared to their reduced fat varieties:

- **2 Tbsp. of regular peanut butter =191 calories vs. 2 Tbsp. of reduced fat peanut butter = 187 calories**
- **½ cup regular vanilla frozen yogurt = 104 calories vs. ½ cup of nonfat vanilla frozen yogurt = 100 calories**
- **2 Tbsp. caramel topping = 103 calories vs. 2 tbsp. of fat-free caramel topping = 103 calories**

(complete list available through the CDC website)

So how do we burn those calories away?

There are many ways to exercise and burn calories...walking may be one of the best. Walking doesn't require any special equipment or protective gear, no special training is needed and it is readily available to most people. Walking is also an activity that can be done almost anywhere and can be continued across the lifespan. On average, we burn about 2000 calories a day. Any extra calories we take in need to be burned through extra activity. Walking one mile burns an additional 100 calories.

How many lengths of a football field does it take to burn off the following food items? 1 football field=300 feet=5.6 calories

<u>Food</u>	<u>Lengths to Walk</u>
1 Lays potato chip	1
1 M & M candy	1
1 oreo cookie	9
1 apple	11
1 cup skim milk	16
1 beer-12 oz. light	17
Chicken breast-3 oz.	25
1 can pop-12 oz.	28
1 bagel-plain without topping	36
Fast food medium fry, large frosty, single hamburger with everything	239 (13 miles)

(Source unavailable)

Octapharma USA Announces FDA Approval of wilate® - the First Replacement Therapy Developed Specifically for von Willebrand Disease

Octapharma USA announces the U.S. Food and Drug Administration has approved wilate® for the treatment of spontaneous and trauma-induced bleeding episodes in patients with all types of von Willebrand disease (VWD). Wilate® is a newly developed, high-purity, double virus inactivated von Willebrand Factor/Coagulation Factor VIII Concentrate (Human) that demonstrated efficacy for all types of VWD including pediatric patients in four prospective clinical trials utilizing both objective and subjective criteria.

Wilate® is indicated for the treatment of spontaneous and trauma-induced bleeding episodes in patients with severe VWD as well as patients with mild or moderate VWD in whom the use of desmopressin is known or suspected to be ineffective or contraindicated.(1) Wilate® is the first double virus inactivated VWF/FVIII (von Willebrand Factor / Factor FVIII), high-purity concentrate, utilizing the solvent/detergent (S/D) process and a special terminal dry-heating (TDH) system. The selected purification processes isolates the VWF/FVIII complex under highly protein-protecting conditions, resulting in a 1:1 ratio of VWF:RCo (ristocetin cofactor) and FVIII activities that is similar to normal plasma. No albumin is added as a stabilizer. Wilate® is exclusively derived from large pools of human plasma collected in U.S. FDA approved plasma donation centers.

CSL Behring Junior National Championship

Earlier this year, the HFMD was honored to be selected as one of four 2010 regional Junior National Championships sites. On Saturday, June 26th the HFMD co-hosted this wonderful golf and baseball clinic/competition with CSL Behring for children ages 8-17. The clinics were led by former PGA golfer Perry Parker and former minor league baseball player Jessie Schrader. Both athletes have hemophilia. Our event was held at the Oakmarsh Golf Club, Lake Elmo, MN.

The morning began with registration and fresh fruit. Perry Parker led golfers and parent caddies over to the driving range for a demonstration while Jessie Schrader took the baseball participants to a grassy field for some catch and batting instruction. Both Perry and Jessie focused on teaching the fundamentals of each sport spending quality time with every child participant. It was also impressive to see the skill level of the kids as we have some talented young athletes in our community.

After lunch, it was time for 9 holes on the course and more baseball clinic at a nearby ball-field. Each child golfer had an adult caddie who was also there to mentor, cheer, and drive the golf-cart. While there may have been a few swings and misses and a shot or two off course, our youth golfers made some great drives and putts. It was a beautiful day out on the greens and a real treat to have Perry share his skills. Over at the baseball clinic, Jessie (a.k.a. Schra-diddie) pitched batting practice to each kid as the rest fielded a position along with some parents. Even our host of the day, Mark Wiener of CSL Behring stepped up to the plate to take a few swings against Jessie.

At the end of the baseball clinic, the kids challenged parents and Jessie to a scrimmage. We regrouped in the Oakmarsh clubhouse to listen to Perry Parker and Jessie Schrader share their compelling stories about being a professional athlete living with hemophilia.



It was fascinating to hear Perry speak about his 15 years on the PGA. He talked about what a thrill it was for him to golf with players like Tom Watson, Greg Norman, Tom Lehman, and he even golfed with Tiger Woods. Perry was inspirational, informative, and humorous. Jessie also motivated our group telling us how he excelled as a pitcher in high school and college setting all-time strike-out records throwing over 90 miles per hour. Jessie spoke about some of the injuries he sustained playing baseball and talked about his recovery process from bleeds. It was such a pleasure to hear from these great guys who took time to fly to Minnesota to share their skill and personal stories.

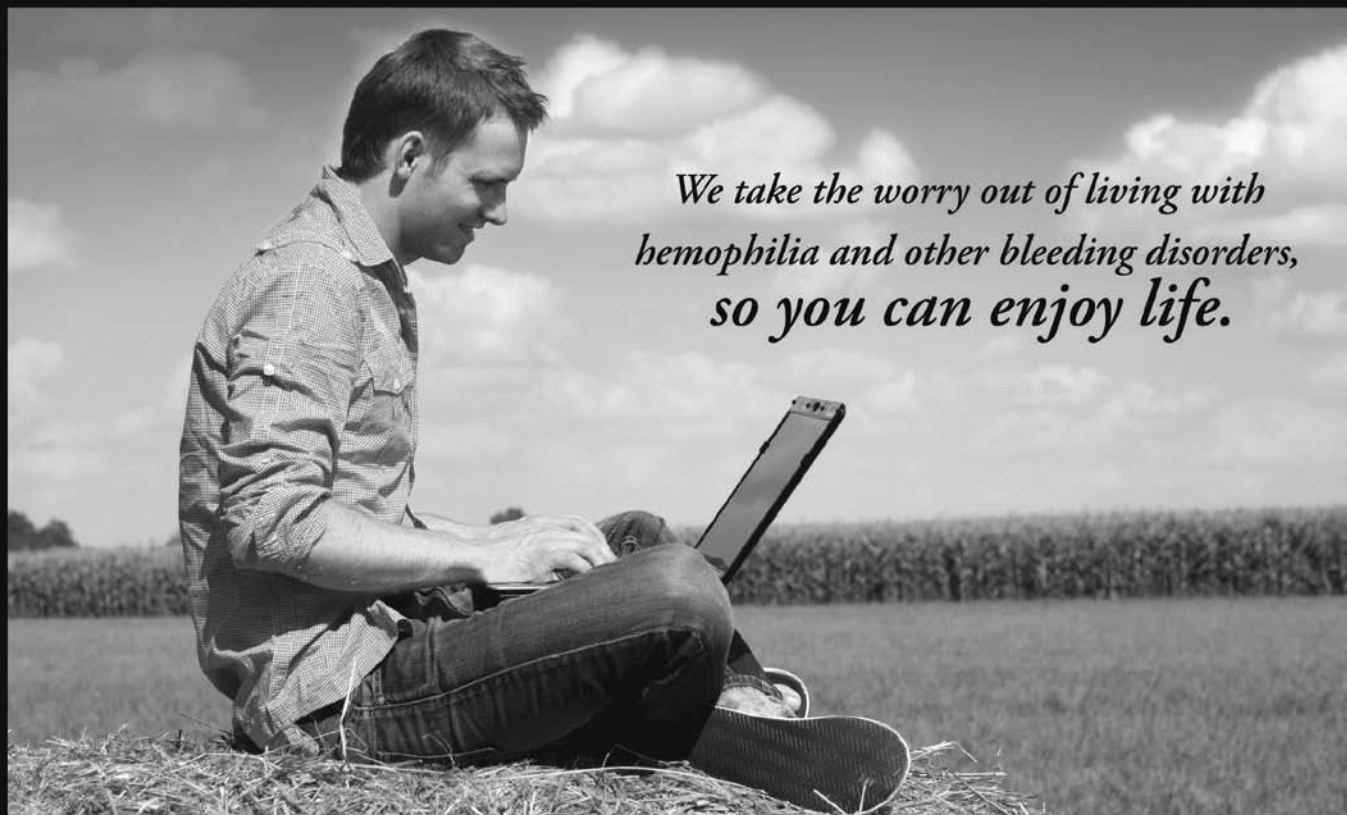
After speaking, Perry and Jessie introduced each child athlete and awarded them with a medal. Then, first, second, and third place awards were given to the winners. All of the kids were truly winners as they each did their best, played hard (but safe) and treated all of their fellow players with respect. We thank Mark Wiener and CSL Behring for all of their marvelous work and efforts in holding this exciting event for our community. This event was a part of HFMD's ongoing fitness program where we hold group fitness events. Join us for canoeing at Lake Calhoun on July 31st!

By Jim Paist

Internship News

The HFMD would like to express our deepest appreciation to spring intern Jenna Trisko who is leaving in mid-July to pursue graduate school at the University of North Dakota in Grand Forks. Over the past five months with the HFMD, Jenna has produced some impressive results. She secured several important grants for this organization and did an amazing job designing and creating our exciting Journey Around the World education program for our 2010 summer camp. Jenna went all out in profiling seven countries and in gathering items symbolic to each country. She was also very helpful in the office assisting HFMD staff. We wish Jenna the very best. We would like to welcome our new Event Coordinator Intern Bethany Pearson who will be working with us on a part-time basis through the end of this year. Bethany is a student at Metro State University studying Business Administration. We initiated this internship program last summer and it has been extremely beneficial.

Relax...



We take the worry out of living with hemophilia and other bleeding disorders, so you can enjoy life.



**MID-WEST
CORNERSTONE HEALTHCARE**

Peace of mind for your healthcare needs.

We're looking out for you.

- An individual case member will assist you, advise you and negotiate for you.
- Prescription fulfillment
- Product delivery
- Full line of factor products and custom foil-wrap packaging that maintains proper temperature
- Insurance reimbursement & care provider issues

We're ready to start serving you today.
www.mwcornerstone.com

Craig MacDonald (888) 522-3681 • Norma Castaneda (877) 598-2688
Craig Looney (877) 598-7707 Se Habla Español

The HFMD gratefully acknowledges our donors who have given so generously. Below are donations received from January 1, 2010 through June 30, 2010.

Organizational Contributors:**\$40,000 and Up**

Fairview Health Services
MeritCare

\$20,000 - \$39,999

Baxter BioScience
Children's Hospitals & Clinics of MN
Novo Nordisk

\$9,000 - \$19,999

Bayer HealthCare
Pfizer, Inc.
The Wasie Foundation

\$3,000 - \$8,999

Buuck Foundation
Community Health Charities of MN
CSL Behring
CVS Caremark
Hemophilia Alliance Foundation
Mayo Foundation
Walgreens

\$1,000 - \$2,999

Accredo Hemophilia Health Services
AHF
Baxter International
BioRx
Coram Healthcare
Grifols
Mid-West Cornerstone Healthcare
Talecris

Up to \$999

Blue Cross/Blue Shield
Greater Twin Cities United Way
Hometech Therapies, Inc.
Truist Foundation
Wells Fargo Community Support Campaign

Individual Contributors:**\$1,000 +**

Anonymous
Peter & Andrea Etterman
Frank & Dr. Margaret Kurth
Tom & Kaye Molin
Timothy & Patti O'Brien
John Schlosser
Mark & Julie Wiener

\$500 - \$999

Cloverdale Meats
Alfred & Vicky Hannemann
Paul & Nancy Jaworski
Mike & Heidi Neubert
Joni Osip
Kirstin Schmidt
James & Amy Townner
Michael Wheeler
& Bridget Hegeman

\$200 - \$499

Fred & Pam Alver
Jon & Beth Andersen
Kenneth & Alix Behm
Sue Bickmore
Tim & Diann Boonstra
Barb Brown
Dr. Joseph & Pam Cella
Steve & Marcy Chamberlain
Perry & Stacie Cowen
Deano's Collision Specialists
Jeff & Becky Fahrenbruch
John & Nancy Golden
Barbara Griffin
Terry & Pat Hammink
Frank & Jane Hennessy
Joel & Ellen Janski
Caleb Klersy
Jim Langworthy
Craig Looney
Kari McShane
Jim & Steph Miller
Scott & Melissa Moran
Arthur & Nancy MosBrucker
Steve Nielsen & Nancy Starr
Jim Paist
Christopher Paulson
Mark & Stacey Plencner
Ron & Kathi Reeves
Vidar & Kari Burke-Romarheim
John & Barby Schulte
Joe & Becky Semler
Jeannie Seppala
Dan & Deb Starling
TDS
Tom Teigen & Jennifer Paist
Robert & Karla Tinklenberg
Pat & Peggy Wier
Thomas & Cheryl Wistrom

\$100 - \$199

Brad & Kim Baumann
John Belonis
Eileen Bostwick
Ricky & Christine Chan
Paul & Sue Crooks
Ron & Lori Duchesneau
Thomas & Mimi Fogerty
David & Sharold Friedrich
James & Mary Gage
Patricia Gavin
Deirdre Gollinger
Dr. Jed & Jocelyn Gorlin
Paul & Carolyn Hanson
Karen Hoffrogge
Kevin Looney
Jay Lotthammer
Tim & Sharon Magnuson
David & Deborah Melhado
Chris & Kristine Moquist
Kelly Murphy
Dr. Stephen Nelson
Skye Peltier
Pam Perlich
Herbert Polesky
Vonnie Propp
Susan Purdie
Barb Rucks
Joe & Laura Schmit
Dan Tinklenberg
Michael & Shirley Wood

Up to \$99

John & Lucille Adams
Bill & Mary Anne Ax
Lee & Stacy Bolduc
Aaron & Mandy Braaten
Chuck & Denise Cadwell
Michael & Jacinda Collins
Phill & Sue Curoe
Terry & Carolyn Dinneen
Joseph & Alexis D'Valle
Jen Erickson
Chase & Sarah Elgard
Theresa Fladager
Joel & Donna Fricke
Eleanor Funk
Daniel & Julie Geiger
Joe Gorman
Larry & Gloria Hassebrock
Jeff & Lori Helgemoe
HHS of Illinois

Mary Jo Hillesheim
Curtis Huot
Andy & Pam Joe
Michael & Yajun Johnson
Ricky & DeeDee Johnson
Bill & Liz Kallberg
Liz Kallberg/CoaguLife
Kathy Kimmel
Kathy Kirkeby
David Koch
Audrey Kostelecky
Joe & Lori Kunkel
Clark & Violet Lien
Daniel & Stephanie Lien
Ryan Lippert
Justin McClanahan
Yair Medina & Dinorah
Lizarraga
Cody & Meghan Morrow
Dan & Katherine Murphy
Patrick & Elizabeth Myers
Michael Niebaum
Craig & Kathie Jean Neville
Robert & Gayle Newman
Jay Nicholson
Donald Nordquist
John & Annette Nyman
Paul & Charlene Nyman
Jack & Linda Olson
Melinda Otto
Willard & Gloria Pechtel
Nick & Karin Pudenz
John & Ruth Quast
Clayton & Keri Rakes
Alejandra Ramirez
Ignacio Ramos
& Julieta Naranjo
Bruce & Darlene Reinarts
Rodney & Laurel Rick
Stewart Rosoff
June & Amanda Schatz
Lance & Darcy Schmidt
Marita Spencer
Betty Stone
Bob Stone
Marie Storhaug
Touching Lives Forever
/Martin Luther School
Curt & Erin Tveito
Martin & Brenda Wray
Arthur & Marcia Zimmerman



Hemophilia Carrier Talk at the HFMD 2010 Annual Meeting – By Sue Curoe

The focus of this year's Women's breakout session was "Hemophilia Carriers". Skye Peltier, PA-C, from the Hemophilia Treatment Center at Children's Hospital, Minneapolis, led the discussion. Information presented included genetics of Hemophilia, factor levels usually associated with bleeding issues, and treatment options. The session was well attended by women carriers. Kathleen Roach, NHF Regional Director, also attended the session and was very interested in the Women's programming in our area.

Our next Women's programming event will be the Women's Retreat on October 2nd & 3rd at the Oakridge Conference Center in Chaska, MN. It will be our 5th retreat! Our keynote speaker will be Dr. Carrie Terrell, OBGYN at the University of Minnesota. Other speakers will include Jim Paist from HFMD; Patrice Flax, who is the Manager of Education at NHF & in charge of the Women's Initiative; and Margaret Heisel-Kurth, who is our well-known pediatric hematologist at Children's-Minneapolis HTC. Other fun sessions like Aroma therapy, Mindful Eating, Knitting, and Exercising with Therabands will also be included. The retreat is reserved for women and teens with bleeding issues. Invites are being sent out through the Hemophilia Centers.

Women's Outreach conference calls to plan these events are held every other month. If you are interested in becoming involved in this planning or would like to see other programming developed, please contact Sue Curoe, RN at the University of Minnesota, Center for Bleeding and Clotting Disorders (612-626-2751).

If you are a carrier of Hemophilia with bleeding issues and have not yet been connected to a Hemophilia Center, please contact the Center in your area for an appointment.

Children's Hospital-Minneapolis 612-813-5940

Children's Hospital- St. Paul 651-220-6732

Mayo Comprehensive Hemophilia Center 1-800-344-7726

MeritCare Hospital Hemophilia & Thrombosis Center in Fargo, North Dakota 701-234-7544

South Dakota Children's Specialty Clinics, Sioux Fall, South Dakota 605-333-7171

University of Minnesota, Center for Bleeding & Clotting Disorders, 612-626-6455

Grifols Sample Program

Get 3 Free Sample Doses For Your Patients

Alphanate®
Antihemophilic Factor/von Willebrand
Factor Complex (Human)



AlphaNine® SD
Coagulation Factor IX (Human)



Healthcare providers and/or Treatment Centers, please contact **Grifols Customer Service at 888.325.8579** to determine eligibility for this program. Samples are subject to availability.



For further information call: **Grifols USA, LLC Professional Service: 888-GRIFOLS (888 474 3657)**
Customer Service: 888 325 8579; Fax: 323 441 7968 www.grifols.com

www.grifolspatientcare.com

COL14-5-US-10

Grifols Biologicals Inc.
5555 Valley Boulevard, Los Angeles, California 90032, USA

GRIFOLS

**We've expanded your playlist...
Now available in a 3000 IU vial size**



BAYER, the Bayer Cross, and KOGENATE are registered trademarks of Bayer.
BIO-SET is a registered trademark of Biodone SAS.
©2009 Bayer HealthCare Pharmaceuticals Inc. All rights reserved. Printed in USA 7/09 KN1000809

Kogenate FS
antihemophilic factor
(recombinant)
with BIO-SET[®]
needleless reconstitution system



HFMD Awards Post-Secondary Scholarships

Knowing that an education is usually necessary for people to attain the kind of work they dream of, the Hemophilia Foundation was delighted to receive 11 completed applications for post-secondary school this year from members within our community. During the month of July, the Scholarship Committee reviewed all applications, the recipients were named, and the applicants were notified by mail. Scholarship checks were awarded to the recipients and mailed to the school of their choice during the second week of July. Over the years, HFMD has received notes from these students letting us know how appreciative they are of the scholarship. One recipient wrote "I plan on pursuing a degree in nursing. For someone like me with a bleeding disorder, I know the impact of all medical caretakers and I want to make an impact on someone else's life."

Scholarship eligibility requirements for applicants include (1) having an inherited bleeding disorder, (2) being a resident of Minnesota, North Dakota or South Dakota, or be a patient of one of the Hemophilia Treatment Centers in these states, and be a participant in HFMD programs and services, and (3) and being accepted into a post-secondary educational program.



member of
**Community
Health Charities**

M i n n e s o t a

Ask your Healthcare Professional if

ADVATE is the
right choice for you

Visit www.advate.com
for more information.



[Antihemophilic Factor (Recombinant),
Plasma/Albumin-Free Method]

Baxter and ADVATE are registered trademarks of Baxter International Inc.
© Copyright (August 2006), Baxter Healthcare Corporation. All rights reserved.

Baxter

Hemophilia Treatment Centers (Tri-State Area)

Hemophilia and Thrombosis Center Children's Hospital and Clinics of Minnesota (CHCMN)

2525 Chicago Avenue, CSC-175
Minneapolis, MN 55404
612-813-5940

345 North Smith Avenue
St. Paul, MN 55102
651-220-6732

Margaret Heisel Kurth, MD
Steve Nelson, MD
Susan Kearney, MD
Skye Peltier, PA-C
Kim Jacobson, RN, CPNP
Jocelyn Gorlin, RN, CPNP
Jane Hennessy, RN, CPNP
Kristen Appert, RN, CPNP
Linda Litecky, RN
Sue Purdie, RN, BSN
Nicole Leonard, RN, BS
Cheryl Hansen, PT
Jennifer Roggenbuck, Genetics Counselor
Janice Baker, Genetics Counselor
Angie Boyd, HTC Coordinator

Sanford Childrens/ South Dakota Center for Blood Disorders

1600 West 22nd Street
P. O. Box 5039
Sioux Falls, SD 57117
605-312-1000

Michael Sprehe, MD
Charlie Peters, MD
KayeLyn Wagner, PT
Erin Tobin, RN
LeAnn Schneider, PT
Wendy Jensen, CCLS
Amy Woltanski, Genetics Counselor
Jan Grogan, MSW
Kay Schroeder, RD

Center for Bleeding and Clotting Disorders University of Minnesota Medical Center, Fairview

420 Delaware Street SE - MMC 713
B549 Mayo Building
Minneapolis, MN 55455
612-626-6455
hlc@fairview.org

Mark Reding, MD
Ricky Chan, PA-C
Joni Osip, RN, MS
Vicky Hannemann, RN, BSN
Susan Curoe, RN, MS
Kerry Hansen, RN, BS
Kim Baumann, MPT
Stephen Calvit, MSW, M.Ed, LICSW
Melissa Truelson, Genetics Counselor
Shannon Fabick, Data Coordinator
Laura Hanson, Administrative Secretary

Mayo Comprehensive Hemophilia Center Mayo Clinic

Hilton 106
200 First Street SW
Rochester, MN 55905
507-284-8634 or 1-800-344-7726
schmidt.kirstin@mayo.edu
eckerman.amy@mayo.edu

Rajiv Pruthi, MBBS
Vilmarie Rodriguez, MD
Kirstin Schmidt, RN
Amy Eckerman, RN
Melinda Otto, SW

**North Dakota Hemophilia/
Thrombosis Treatment Center
MeritCare Hospital**
820 Fourth Street North
Fargo, ND 58122
701-234-2757

Nathan Kobrinsky, MD
Kathy Kirkeby, PA-C
Courtenay Misheski, RN
Linda Thorseth, PT
Diane Sjolander, CCRP
Cheryl Smith, LCSW
Mark Plencner, RPh

Venline

**NEWSLETTER OF
THE HEMOPHILIA
FOUNDATION OF
MINNESOTA AND
THE DAKOTAS**

HFMD
750 South Plaza Drive
Suite 207
Mendota Heights, MN 55120

Phone: 651.406.8655
Fax: 651.406.8656
1-800-994-4363

Email: hemophiliafound@visi.com

We're on the web!
www.hfmd.org



Donations can be made by sending them to the HFMD office or on our website www.hfmd.org using the PayPal donate button.



Prsrt Std
U S Postage
PAID
Lone Oak
Mailing Services

2010-2011 Calendar

- July 11-17, 2010.....Summer Camp, Courage North
Lake George, MN
- July 31, 2010.....Group Fitness Event
Canoeing at Lake Calhoun
10:00 a.m. - Call HMFD to R.S.V.P.
- August 6-8, 2010.....Dakota's Retreat, Smokey Hills
Osage, MN
- August 16, 2010.....HFMD 14th Annual Golf Tournament
Minnetonka Country Club
Shorewood, MN
- November 11-13, 2010.....NHF's 62nd Annual Meeting
New Orleans, LA
- November & December.....HFMD Poinsettia Sales
- April 1 & 2, 2011.....HFMD Annual Meeting
Minneapolis Airport Marriott
Bloomington, MN
- May 21, 2011.....Hearts of Hope Gala
Minneapolis Airport Marriott
Bloomington, MN

The HFMD Board of Directors meets every other month on the third Tuesday at 7:00 p.m.

Visit our web site, hfmd.org, for exciting news and updates!