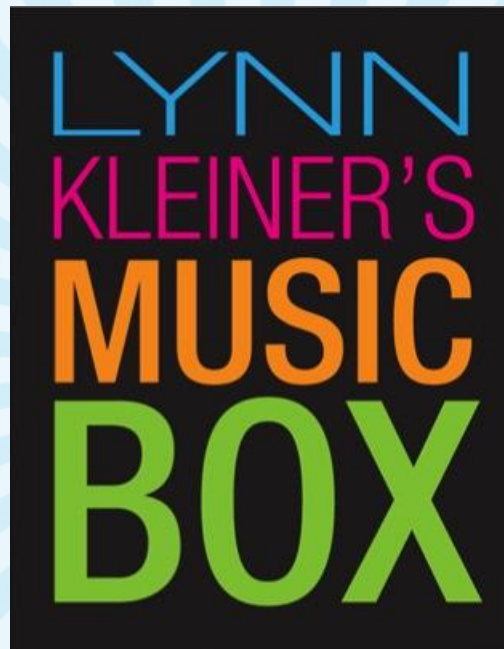


STORIES WITH MUSIC

Little Penguin's Tale

Singing, Movement & Instruments



A resource for teachers
who love to teach and live to learn.

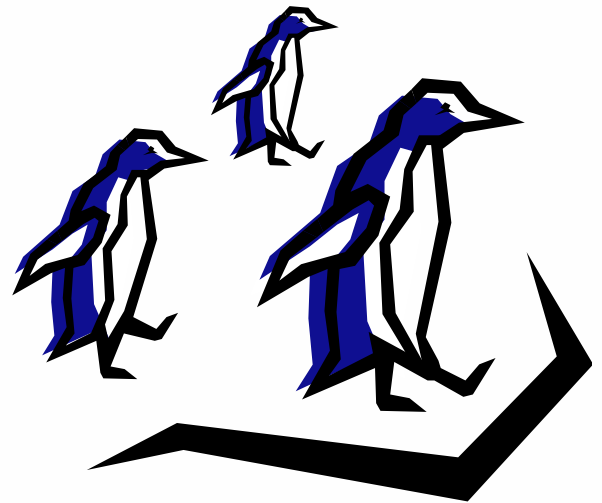
Little Penguin's Tale

Story by Audrey Wood

Singing, Movement and Instrument Lesson by Lynn Kleiner

What's Needed

- Little Penguin's Tale* (Book)
- Orff instruments set up in C pentatonic, removing Fs and Bs.
- Homemade instruments or novelty instruments**
- Assign instrument such as guiro or ratchet to play for the rickety boat.
- A large open area for movement
- A few feathers
- "Little Penguin's Tale" song included
- Recorders and note stack showing B A G included on the last page.
- Optional recorder song "Sleep Penguin Sleep" included



Adds and Changes in the Book:

- Use a pencil to number each page. Page 1 is "Shhh, little penguins. Now don't make a peep, and Grand Nanny Penguin will tell you a tale of long, long ago." Page 30 is the last page of text "And that is the end of Little Penguin's Tale."
- Use a pencil to change the words on page 8 to include the type of homemade instruments or percussion instruments that will be played.
- Use a pencil to change the words on page 16 to read "It was a madcap club where animals gathered from all over the world to dance, sing and play."
- **If using with a younger class, leave out pages 23-24 and the song for Orff and recorders "Sleep Penguin Sleep".**

**Instrument Suggestions:

- Consider whacky instruments for the gooney birds such as boom whackers, slide whistles, kazoos, vibra slap, ratchet, cabasa.
- For homemade instruments, consider these ideas from my books:
Water Bottle Cap Shaker – *Songs of the Sea*, Page 38
Water bottles also make great shakers and if ribbed, use a chop stick to scrape like a guiro.
Box Guitar, Cuica, Kazoo – *Farm Songs and the Sounds of Moo-sic*, Page 63-64

*Can be found at book stores, online stores or libraries.

Little Penguin's Tale by Audrey Wood, Harcourt Brace Jovanovich, Publishers. ISBN 0-15-246475-1

Continued on page 2

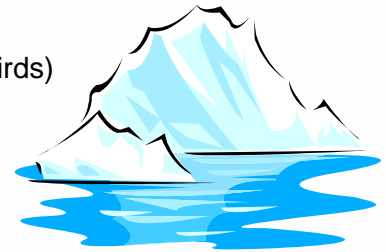
Little Penguin's Tale *continued from page 1*

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Performance Suggestions:

- If sharing the story with another class, parents, or a performance, choose the following parts:
- Narrator
- Little Penguin (needs to be able to speak in a very high voice)
- Penguins who are listening to the story (can also play the part of Gooney Birds)
- Gooney Birds (needs to be silly dancers and have silly voices!)
- Walrus (needs to have a silly low voice)
- Whale (will have feathers ready for his mouth)
- Orff players
- Recorder players (can also be gooney birds or Orff players)
- Consider a large white sheet to cover the chair for Grand Nanny Penguin to be in snow. A boat can be made of cardboard.



Suggestions for Lessons

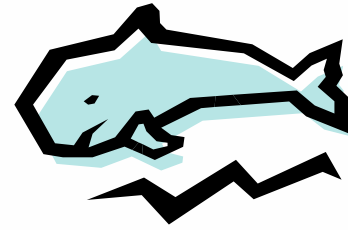
- Introduce the song, "Little Penguin's Tale" by singing the entire song as you show the front cover of the book.
- Sing the song by phrases, clapping at the end of the 8 beats, having the children echo sing and clap.
- Ask everyone to tap the beat on their legs as you sing the song by phrases, having the children echo.
- Explain that now you will tap the beat and clap at the end of the phrases when you sing and everyone should echo.
- Stand across from a partner. Sing the song as you tap the beat, clapping both hands with your partner at the end of each phrase.
- Add the Orff instruments by having the lowest instruments play the beat on the biggest C and G. Play both hands together if students are challenged by keeping it steady. For students who have success with hands together, have them alternate between C and G or for more of a challenge, a crossover pattern, going to the high C.
- Have the highest instruments playing any two notes together on the claps.
- Show page 4 and 5 and explain that little penguin loves to slide on his tummy, going up and down the hills. Practice gently gliding the mallet up and down the bars. If desired, have instruments with all bars in for this part. Remind them their low notes are the biggest notes, or say "low on the left".
- Show page 21 and introduce the song, "Sleep Penguin Sleep" by singing the entire song.
- Sing the song by phrases, having the children echo.
- If you have recorder students, use the note stack B, A and G to teach the notes of the song "Sleep Penguin Sleep" as you point to the letters. You can also play the parts on Orff instruments.
- If time, read the entire story, inserting the songs.
- In a following lesson, choose instruments for the gooney birds and select parts for actors and instrument players.

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Little Penguin's Tale *continued from page 2*

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The Story

- Page 1-3:** When acting out the story, the narrator, Grand Nanny Penguin, will be on a chair with children all around, playing the part of little penguins listening to the story.
- Page 3** The Orff instruments can play slowly from low to high to represent the sunrise.
- Page 4 & 5:** When acting out the story, the child who is little penguin will say in a high voice "Look at me! I'm sliding on my tummy far, far away from home!" Orff players gently drag their mallets up and down the instruments.
- Page 6:** After reading this page, perform the song "Little Penguin's Tale".
- Page 8 & 9:** Read with words changed to include the names of the homemade or novelty instruments being played. All the gooney birds dance and play instruments.
- Page 11:** After the narrator reads, Little Penguin joins the dancing gooney birds and says his lines "Look at me! I'm dancing with the gooney birds!" The sopranino can be added by the teacher to indicate how long to dance and play.
- Page 12:** After reading this page, perform the song "Little Penguin's Tale".
- Page 14:** Add a guiro or ratchet to play the sound of the rickety boat. Walrus says his lines.
- Page 15:** Gooney birds say their lines. Little Penguin says his lines.
- Page 16:** Narrator reads with new words "to dance, sing and play".
- Page 17:** Little Penguin dances and says his lines. The sopranino can be added to indicate how long to dance and play.
- Page 19:** After reading this page, perform the song "Little Penguin's Tale"
- Page 20:** Discuss *diminuendo* (gradually softer) and *ritardando* (gradually slower) to describe the playing needed to act out this page until everyone is quiet and all are asleep. Little Penguin moves away from the others to lay down by himself. (Perform "Sleep Penguin Sleep" if two performances of the song are desired. If not, perform only after page 21.)
- Page 21:** After Little Penguin says his lines and goes to sleep, perform the song "Sleep Penguin Sleep".
- Page 23:** The whale comes out and pretends to eat Little Penguin. All the little penguins start to cry.
- Page 24:** The penguins stop crying after the lines are read.
- Page 25:** The whale sneaks up on Little Penguin.
- Page 27:** Penguin jumps into the boat. Play instrument to represent the rickety boat.
- Page 29:** Whale looks at audience with feathers in his mouth.
- Page-30:** Penguin looks at his tail. Perform "Little Penguin's Tale" if desired, ending with everyone playing the big C on their instrument.

VIDEO: To see a group of children acting out "Little Penguin's Tale" at Lynn's Holiday Camp, go to <http://www.youtube.com/watch?v=6xq2Uwf4j0c>

Note: Students created the play, including their own accompaniment parts to the songs and story. Cotton balls were snow and the children built a snowman using white trash bags and newspaper.

Little Penguin's Tale

Maria Liesenfelt

Arr. Lynn Kleiner

Voice

Lit - tle pen - guin, You're al - ways on the run. In -

Highest Instruments

Lowest Instruments

stead of stay - ing here with us you're look - ing for some fun. Ev' - ry one knows, that

you could get in trou - ble. So please lit - tle pen - guin,

come home on the dou - ble. Come home on the dou - ble.

The musical score is written for three parts: Voice, Highest Instruments, and Lowest Instruments. The key signature is one sharp (F#) and the time signature is 4/4. The Voice part has lyrics: 'Lit - tle pen - guin, You're al - ways on the run. In - stead of stay - ing here with us you're look - ing for some fun. Ev' - ry one knows, that you could get in trou - ble. So please lit - tle pen - guin, come home on the dou - ble. Come home on the dou - ble.' The Highest Instruments part consists of two staves, with the top staff having a treble clef and the bottom staff having a bass clef. The Lowest Instruments part consists of two staves, with the top staff having a treble clef and the bottom staff having a bass clef. The score is divided into four systems, each with three staves. The first system has a key signature change to one sharp. The second system has a key signature change to one sharp. The third system has a key signature change to one sharp. The fourth system has a key signature change to one sharp.

Sleep Penguin Sleep

Lynn Kleiner

The musical score is written for four parts: Voice, Recorder, Glockenspiel, and Lowest Instruments. The key signature is one sharp (F#) and the time signature is 2/4. The score consists of two systems of music.

System 1:

- Voice, Recorder:** The melody starts on G4, moves to A4, then B4, and continues with eighth and quarter notes. The lyrics are "Sleep pen-guin sleep. Don't make a peep. Waves splash up and".
- Glockenspiel:** The part consists of whole notes on G4 and A4, with rests in between.
- Lowest Instruments:** The part consists of whole notes on G3 and A3, with rests in between.

System 2:

- Voice:** The melody continues with eighth and quarter notes. The lyrics are "down near thee, Don't fall in the deep blue sea, Sleep pen-guin sleep.".
- Glock.** The part continues with whole notes on G4 and A4, with rests in between.
- Bass Xyl.** The part continues with whole notes on G3 and A3, with rests in between.

This song is performed with "Little Penguin's Tale". Since that song is in C pentatonic, this orchestration was simplified so the instruments would remain in the same key of C, though this song is in G. If playing the melody on Orff or the B AA G for "sleep penguin sleep", add the B to the middle of the instrument. You can also add a glissando using the middle notes, G A B C D, to play up and down for the waves in measures 5 and 6.

B

A

G