

# LIVING A FRUITFUL LIFE

## LESSON 6: COUNT YOUR BLESSINGS

*After completing this lesson, the children will be able to recognize and give thanks for the many blessings they have in Christ Jesus.*

**TOPICS** Fruitfulness, Blessings, Thankfulness

**AS KIDS ARRIVE (10 minutes)**

What Crowns the Righteous? (Word Puzzle)

**OPENING PRAYER AND PRAISE (5 minutes)**

**MEMORY WORK (12 minutes)**

**"All these blessings will come on you and accompany you if you obey the Lord your God." Deuteronomy 28:2 NIV**

Have the children look up this verse in their Bibles, then practice saying it several times. Then have them close their Bibles and answer who, what, why and when.

**SCRIPTURE READING AND DISCUSSION (15 minutes)**

**Introduction:**

"Count Your Blessings" is a phrase we hear quite often. But what exactly are these blessings we should be counting? Why should we count them? It wouldn't take very long to count one or two, so there must be many. There are three things we must know before we can count blessings. The first is how do you get them? The second is what are they? And the third is why do we have so many? In our scripture passage today, we should be able to answer all three questions.

**Read Deuteronomy 28:1-13 (Blessings from Obedience)**

Read this passage as the kids follow along in their Bibles. Next, have the kids go back through the verses and count the number of times they see the word blessing, blessed, or bless. (In the NIV these words appear 10 times.)

**Discussion Questions:**

1. The very first verse of this passage tells us what we must do to be blessed by God, what is it? (*Fully obey the Lord your God and carefully follow all His commands.*)
2. According to verses 3 and 6, where will we be blessed? (*City, country, in or out – everywhere.*)
3. What are some examples of blessings in these verses? (*You can list these on the board: Children, crops, animals, food, protection from enemies, full barns, whatever you do, abundant prosperity, and rain in the land.*)
4. What does it mean in verse 4, that God will open the Heavens, the storehouse of His bounty? (*Heaven is full of blessings and God wants to give them to us.*)

**CLASS EXERCISE (15 minutes)**

**Bursting with Blessings (Activity)** [Click here](#)

**ALTERNATE CLASS EXERCISE (7 minutes)**

**God's Many Blessings (Object Talk)** [Click here](#)

**APPLICATION (4 minutes)**

As you can tell by now, blessings are all around us, but we should not just take them for granted. God gives us blessings like: the rain to keep things green and growing; the food we have to eat; people who care for us; a place to worship God; clothes to wear; friends; homes to keep us warm and dry; soft beds to sleep on; and the list goes on, and on, and on. Like in the words of an old hymn by Johnson Oatman Jr.

Count your blessings, name them one by one,

Count your blessings see what God hath done!

Count your blessings, name them one by one,

Count your many blessings, see what God hath done!

Sometime today, think about all the blessings God has given you; write them down as a list if you like. Then take a few moments and thank Him in prayer.

**NEXT WEEK**

Time to choose another exciting lesson series from Kids Sunday School Place.

**CLOSING PRAYER (2 minutes)**




**TAKE HOME PAGE**

Give one copy to each child at the end of the class to take home.

# WHAT CROWNS THE HEAD OF THE RIGHTEOUS?



Draw an "X" over the letters in **odd numbered boxes**  
 Draw an "X" over the letters in boxes with numbers ending in **0**  
 Draw an "X" over the letters in boxes with numbers ending in **2**

	3 P	20 F	16 B	7 T	1 Y	21 M	30 S	13 L	
	9 N	29 W	2 Q	17 U	5 R	11 K	26 L	15 O	
	17 A	24 E	19 P	25 O	2 W	22 R	10 A	30 J	
	5 V	28 S	19 Y	22 J	14 S	1 O	10 C	21 E	
	11 D	7 X	13 T	18 I	13 E	20 B	12 I	29 T	
	25 B	3 A	15 U	23 B	6 N	23 G	27 H	2 Z	
	4 G	5 B	12 E	10 F	27 B	8 S	21 B	9 M	

Write down in order the letters that are left, from left to right and top to bottom to find the answer to the question. See also, Proverbs 10:6a

What crowns the head of righteous people? \_\_\_\_\_

# WHAT CROWNS THE HEAD OF THE RIGHTEOUS?



Draw an "X" over the letters in **odd numbered boxes**  
 Draw an "X" over the letters in boxes with numbers ending in **0**  
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3	X	X	16	X	X	27	X	38	X	15	X
9	X	X	2	X	17	X	5	X	1	26	X
17	X	24	X	13	X	25	X	2	X	1	X
5	X	28	X	2	X	14	X	1	X	17	X
1	X	7	X	13	X	18	X	13	X	20	X
25	X	3	X	13	X	23	X	6	X	23	X
4	G	5	X	12	X	10	X	21	X	8	X



Write down in order the letters that are left, from left to right and top to bottom to find the answer to the question. See also, Proverbs 10:6a

What crowns the head of righteous people? B L E S S I N G S

# BURSTING WITH BLESSINGS

This activity uses our "[Bursting For a Verse](#)" teaching aid to assign various verses for the children to look up to learn about blessings from God.

## TOPICS:

Blessings, Thankfulness

## MATERIALS:

Party balloons (one for each child)  
Slips of paper with verse references

## DURATION:

Approximately 15 minutes



## PREPARATION

Before class, write the verse references below on small slips of paper. Insert each slip into an empty balloon. Then blow up and tie each balloon. (If needed, repeat some verses, to have enough for each child.)

## WHAT YOU WILL DO:

At the appropriate time, release all the balloons onto the floor and have each child pick one. Then have them pop the balloon (in their own special way) and look up the verse indicated on the slip of paper inside. Once the kids have all located their verse, have each in turn read the verse aloud, and as a class discuss the meaning. You may want to use the questions shown after each verse.

## VERSES:

**Exodus 23:25** Worship the Lord your God, and his blessing will be on your food and water. I will take away sickness from among you, God blesses us with two things we need every day, what are they? (food and water)

**Leviticus 26:4** I will send you rain in its season, and the ground will yield its crops and the trees of the field their fruit. What blessing falls from the sky? (rain)

**Deuteronomy 28:2** All these blessings will come upon you and accompany you if you obey the Lord your God: What must we do to receive abundant blessings? (obey God)

**Deuteronomy 28:12** The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none. From where does God send all these blessing? (storehouse in heaven)

**Psalms 128:1-2** Blessed are all who fear the Lord, who walk in his ways. You will eat the fruit of your labor; blessings and prosperity will be yours. What will be given to those who fear the Lord? (blessings and prosperity)

**Proverbs 10:22** The blessing of the Lord brings wealth, and he adds no trouble to it. What blessing can we have along with great wealth? (that it doesn't cause any trouble for us)

**Proverbs 11:26** People curse the man who hoards grain, but blessing crowns him who is willing to sell.  
Blessings won't crown the heads of people who do what? (hoard their possessions)

**Ezekiel 34:26** I will bless them and the places surrounding my hill. I will send down showers in season; there will be showers of blessing. What can fall freely from the sky like rain? (blessings)

**John 1:16** From the fullness of his grace we have all received one blessing after another.  
How many blessings from God can we have? (one after another)

**Hebrews 6:7** Land that drinks in the rain often falling on it and that produces a crop useful to those for whom it is farmed receives the blessing of God. Like the land in this verse, what should we do with blessings from God? (drink them in and use them)

# GOD'S MANY BLESSINGS

*God overflows our cups with blessings. This object talk will help kids see the power in these blessings.*

## TOPICS:

Blessings

## MATERIALS:

Water glass (about 2 1/2" in diameter)

Pitcher of water, spoon

Some Cheerios®

10 to 20 marbles or large coins for blessings

## DURATION:

Approximately 7 minutes



[Click here for diagram](#)

## PREPARATION:

This object lesson works quite easily, however you will want to practice a few times before the class.

## WHAT YOU WILL DO:

You will ask a volunteer to pour water into the empty glass, and to make it as full as possible. Then you will float a Cheerio and watch it move to the side of the glass. Then you will drop blessings (objects) into the glass of water one by one until the water swells over the top, but stop before it runs over. Then you will float another Cheerio, and it will stay in the center of the glass. (This works because of surface tension. When the water is first poured in, the surface of the water is shaped like a flattened "u" and the Cheerio wants to go the highest place it can find which is toward the side of the glass. After adding the blessings, the surface of the water is shaped like a flattened "n". Now the highest place is in the center.)

## WHAT YOU WILL SAY:

In Psalm 23:5-6 King David said his cup was overflowing, not just full but more than full. Why does God give us so many blessings? Is it so we can be happy? (Yes) Is it so we can be safe and comfortable? (Yes) It is also so we can do great things for Him.

Let me show you what I mean. Here I have an empty glass, and a pitcher of water. I need a volunteer to pour the water carefully into the glass, as full as possible. (The child

will fill the glass, but will normally stop before it begins to overflow. (Some coaching may be needed.) We now have a glass that looks full. Now, can we make this Cheerio float in the center of the glass? Let's try. (Drop the Cheerio onto the surface and watch as it moves to the edge of the glass.) Look, it goes to the edge of the glass.

What would happen if we add blessings? Let's pretend these marbles are blessings. (Add marbles one by one and as you do, give an example of a blessing. Watch as the water rises over the brim and stop before it pours over the edge.)

<i>Examples</i> :	The clean air we breathe People who care for us Rain to keep things green Ice cream and other tasty treats	Food to make us full A place to worship God Good health	A loving God Good friends Teachers to teach us
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Because God gives us so many blessings, our cup is more than full. Let's see what happens now. (Drop another Cheerio into the cup.) Look! Now it stays right in the center. We can also do amazing things for God because of the blessings he gives us, like sharing Jesus with our friends, or singing in a choir, or helping to teach Sunday school. Not only can these be blessings to us, but they can also be some of the many blessings God gives to others. Let's thank God today for His many blessings.



# SUNDAY SCHOOL TAKE HOME PAGE

*To parents:*

This page lets you know what your child learned in Sunday school today. In addition, you will find this week's memory verse, a suggested activity, and a short prayer to reinforce the lesson. Being involved and interacting with your child can be very rewarding for both of you.

## What we learned:



Today, the children learned to recognize and give thanks for the many blessings they have in Christ Jesus. Blessings are all around when we are obedient to God's Word, but we should not take them for granted. Blessings crown the head of the righteous. Proverbs 10:6 (Scripture used: Deuteronomy 28:1-13)

## Memory Verse:



**"All these blessings will come on you and accompany you if you obey the Lord your God." Deuteronomy 28:2 NIV**

Practice this verse several times with your child during the week. This will not only help him or her remember the verse, but it will also help to reinforce what was learned during class.

## Suggested Parent/Child Activity:



At the dinner table one night this week, have everyone take a minute or two and share some of the many blessings they have from God. To make this more meaningful, one rule is that each blessing can only be mentioned once. Have someone also count the number of blessings as they are mentioned.

## Daily Prayer:



Dear Lord, thank You for all the many blessings that flow from Your never ending love. You are worthy to be worshiped and praised. Let us always be thankful and never take Your blessings for granted. Amen.