## Locomotion

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## Legged Locomotion

## Muybridge

- Eadweard Muybridge

■ "Animal Locomotion" - 1887
■ "Animals in Motion" - 1899
■ "The Human Figure in Motion" - 1901

## Gaits

- A gait refers to a particular sequence of lifting and placing the feet during legged locomotion (gallop, trot, walk, run...)
- Each repetition of the sequence is called a gait cycle
- The time taken in one complete cycle is the gait period
- The inverse of the period is the gait frequency (1/period)
- Normally, in one gait cycle, each leg goes through exactly one complete step cycle


## Gait Phase

- We can think of the gait phase a value that ranges from 0 to 1 as the gait cycle proceeds
- We can choose 0 as being any arbitrary point within the cycle (such as when the back left foot begins its step)
- The phase is like a clock that keeps going round and round (0...1, 0...1, 0...1)
- For a particular gait, the stepping of the legs and all other motion of the character can be described relative to the gait phase


## Step Cycle

- In one gait cycle, each individual leg goes through a complete step cycle
- Each leg's step cycle is phase shifted relative to the main gait cycle
- The step cycle is broken into two main stages
- Support stage (foot on ground)
- Transfer stage (foot in the air)
- The amount of time a leg spends in the support stage is the support duration (\& likewise for transfer duration)

SupportDuration + TransferDuration = GaitPeriod

## Duty Factor

- The relative amount of time a foot spends on the ground is called the duty factor

$$
\text { DutyFactor }=\frac{\text { SupportDuration }}{\text { GaitPeriod }}
$$

- For a human walking, the duty factor will be greater than 0.5 , indicating that there is an overlap time when both feet are on the ground
- For a run, the duty factor is less than 0.5, indicating that there is a time when both feet are in the air and the body is undergoing ballistic motion


## Step Phase

- The step phase is a value that ranges from 0 to 1 during an individual leg's step cycle
- We can choose 0 to indicate the moment when the foot begins to lift (i.e., the beginning of the transfer phase)
- The foot contacts the ground and comes to rest when the phase equals 1 minus the duty factor


## Step Trigger

- Each leg's step cycle is phase shifted relative to the main gait cycle
- This phase shift is called the step trigger
- The trigger is the phase within the main gait cycle where a particular leg begins its step cycle


Biped Walk

## Locomotion Terminology

- Gait
- Gait cycle
- Gait period
- Gait frequency
- Gait phase
- Stepping
- Step cycle
- Step phase
- Support stage, support duration
- Transfer stage, transfer duration
- Duty factor
- Step trigger


## Gait Description

- A simple description of the timing of a particular gait requires the following information
- Number of legs
- Gait period
- Duty factor \& step trigger for each leg


## Animal Gaits

## Ancestral Tetrapods

- All land based vertebrates evolved from an original 'tetrapod' ancestor
- The tetrapod was like a primitive reptile- closer to a fish
- The 4 legs were adaptations of swimming fins and the creature moved on land by a combination of 'paddling' with its legs and 'swimming' with it's spine
- All present day quadruped vertebrates are based on the same underlying construction, but with various adaptations
- Even snakes, birds, dolphins, and whales evolved from the ancestral tetrapod and still show many similarities


## Quadruped Construction

- Arms
- Clavicle
- Scapula
- Humerus
- Radius/Ulna
- Carpals
- Metacarpals
- Phalanges

Legs

- Pelvis
- Femur
- Tibia/Fibula
- Tarsals
- Metatarsals
- Phalanges


## Quadrupeds



## Stances

- Some animals, such as humans and bears walk flat footed (palmate)

- Some, like horses and cattle walk more on their fingers (digitate)
- Smaller or stockier animals sometimes walk with wide stances (sprawling gaits) (these include insects, many reptiles, and some small mammals)
- Larger animals tend to walk with straighter legs



## Quadruped Gaits

- Quadruped: 4 legs
- Muybridge showed that almost all quadrupeds use one or more of the following gaits
- Walk
- Amble
- Trot
- Rack/Pace
- Gallop (rotary \& transverse)
- Canter


## Quadruped Walk

- The basic slow gait of most quadrupeds is the walk
- Very slow walks may involve 3-4 legs on the ground, but normal walks involve 3 legs on the ground with a brief moment with only 2
- The duty factor is therefore relatively high (. 6 ~ .8)


Walk

- Actual timing of walk gaits may vary from the diagram


Walks




Right fore


Left hind


Left fore


Right hind


Right fore


## Amble

- Ambles are like a quicker version of the walk, but are also associated with larger, slow moving quadrupeds
- The duty factor is often in the .5 ~ .7 range, but some horses amble at even lower duty factors
- Elephants use the amble gait exclusively. The front and back legs are often very close in phase


Amble (shifted by around 1 or so)

- The gait often involves a noticeable swinging of the body from left to right


## Trot



- The trot is a medium paced gait where alternate diagonal legs step nearly in sync (though often slightly led by the forefoot)
- The duty factor is usually relatively low (<.4) and there are moments where all 4 legs are off the ground (actually, cats sometimes trot at a higher duty factor...)

- Before Muybridge, most horse trainers believed a trotting horse always had at least one foot on the ground


## Pace / Rack

- The rack or pace has similar qualities to the trot, but horses are rarely trained to perform this gait
- This gait is considered to be the least comfortable for a rider, but supposedly offers better traction than the trot

- Most camels use this as their primary gait


## Canter

- Unlike the first 4 quadruped gaits we looked at, the canter is asymmetrical
- The canter is a medium speed gait, but a bit irregular and not usually used for long intervals
- Some horses canter as they slow . 0 down from a gallop
- Sometimes, the timing of the canter is more like .6, .0, .0, .1, with 3 legs stepping in rapid succession, alternating with the 4th leg


## Transverse Gallop

- The gallop is the fastest quadruped gait
- The gallop involves an alternation between the front and back pairs of legs, but slightly out of sync
- There are several subtle variations on gallops, but they are generally separated into transverse and rotary gallops
- Horses tend to prefer the transverse gallop, as do most other quadrupeds


## Rotary Gallop

- Rotary gallops involve a circular LR-RL timing (as opposed to the zig-zagging LR-LR timing of the transverse gallop)
- Many dogs use a rotary gallop at high speeds, as do a few other quadrupeds


Rotary Gallop

## Equestrian Gallop

- Gallops can also be broken into either feline or equestrian types, based on the front/back timing
- For equestrian (horse-type) gallops, the timing is like:
back-front-pause
- After the front legs push off, all four legs are in the air



## Feline Gallop

- For feline (cat-type) gallops, the timing is like:
front-back-pause
- After the back legs push off, all four legs are in the air
- This sometimes known as a leaping gait



## Bound

- Some quadrupeds gallop in such a way that the front and back pairs of legs are in .5 sync
- This is known as a bounding gait



## Hexapod Gaits

- Most adult insects are hexapods (6 legs)
- For slow movement, some use an off-sync back to front wave gait
- For faster movement, most insects use a tripod gait
- Occasionally, one encounters insects that run on their back 4 legs or even only their back 2 (cockroaches can do this )


## Hexapod Gaits



## Octapod Gaits

- Spiders are octapods (8 legs)
- They tend to have very similar gaits to hexapods
- Off-sync back to front wave gait for slow movement
- Quadrapod gait (not quadruped)


## Octapod Gaits



## Young Insect Gaits

- Younger insects (larva, grubs, caterpillars) don't tend to move around as well as the older ones
- Larva and grubs tend to wiggle \& dig a lot
- Caterpillars use ON-sync back to front wave gaits


## Caterpillar Gait



## Centipedes \& Millipedes

- Centipedes \& millipedes tend to use off-sync back to front wave type gaits with several waves
- Some species, however use a front to back wave gait
- When moving fast, their motion tends towards a tripod type gait, alternating between two different sets of three main support zones


## Centipedes \& Millipedes

## 



## Gait Transitions

## Gait Efficiency



Walk to Trot
narar man Mncrn Rn ardxaxar $\operatorname{Ancnan} x+x$

Trot to Gallop

## Flight Modes

- Birds use a variety of flight modes that could be compared to gaits
- Ballistic
- Gliding
- Slow flapping
- Fast flapping
- Hovering
- Different types of birds tend to favor one mode or another and often switch between modes


## Ballistic Flight

- Ballistic: This refers to the motion of a dead weight or ballast (i.e., parabolic motion)
- This would refer to a bird flying with the wings fully tucked, and so is obviously not sustainable for long periods
- Some birds (like finches) use a punctuated ballistic flight, where they briefly flap, then coast in a parabolic path, then flap again to coast the next parabola, etc.


## Gliding



- Gliding is a form of coasting where the wings are held relatively fixed and the tail performs minor course corrections
- In still air, steady state gliding motion will result in constant forward velocity and a gradual loss of altitude according to the glide ratio (horizontal distance / vertical distance)
- Some birds will briefly glide for a few seconds between flapping modes
- Soaring refers to the long term gliding flight that may use thermals or other updrafts to stay aloft for long periods without flapping (used by hawks, vultures, pelicans, etc.)


## Slow Flapping

- Different flapping modes are characterized by the structure of the wake created in the airflow
- Slow flapping flight is characterized by a wake of separate vortex rings
- Also known as vortex-ring flight

- The wings typically move in a figure 8 pattern when viewed from the side



## Fast Flapping

- Fast flapping is characterized by producing a wake of two separate but continuous vortices
- Also known as continuous vortex flight

- The wings may move in a more elliptical pattern when viewed from the side


## Hovering

- Some birds are capable of hovering in place and maneuvering around more like a helicopter
- Hummingbirds achieve this with a special adaptation to the shoulder bone that allows it to achieve downward pressure on both the up and down stroke
- When hovering in place, the wings follow a flattened figure 8 pattern



## Flocks

- Flocking is one of the more interesting bird behaviors and is related to herding of terrestrial animals, schooling of fish, and even human crowd behavior
- Flocking behavior has been used as a tool in computer animation since its introduction in 1987 by a classic paper by Craig Reynolds
- To model flocking behavior, individual animals only need be aware of a few of the closest other animals in their field of view
- In general, an individual tried to match the average velocity of its nearest neighbors and possibly move towards the center of mass of the nearest neighbors
- This combines with other motivations and perturbations to lead to the combined flock behavior


## Flocks



## Other Types of Locomotion

## Swimming



## Climbing \& Brachiation



## Slithering




Concertina
Sidewinding

## Slithering

- Snakes
- Serpentine crawling: rapid front to back waves
- Sidewinding: front to back waves with strong lateral component. Often optimized for minimal ground contact
- Concertina locomotion: slower crawling front to back compressions
- Worms
- Stretch/squeeze: front to back squeezing/stretching waves

Analytical Inverse Kinematics

## Analytical IK

- For some simple configurations, one can directly solve the inverse kinematics
- With some finesse, one can construct fairly elaborate analytical solvers even for complex configurations with redundancy
- We will just look at a simple example


## Laws of Sines and Cosines

- Law of Sines:
$\frac{a}{\sin \alpha}=\frac{b}{\sin \beta}=\frac{c}{\sin \gamma}$

- Law of Cosines:

$$
c^{2}=a^{2}+b^{2}-2 a b \cos \gamma
$$

## 3-DOF Leg

- Consider a leg with a 2-DOF (XZ) hip joint and a 1-DOF (X) knee


View from behind


View from right

## Step 1: Find Unrotated Hip Matrix

- We start by computing a world matrix representing where the hip would be if it was in an unrotated state
- We make a translation matrix for the hip offset and multiply that with the parent's world matrix

$$
\mathbf{H}_{0}=\mathbf{W}_{\text {parent }} \cdot \mathbf{T}(\mathbf{r})=\mathbf{W}_{\text {parent }} \cdot\left[\begin{array}{cccc}
1 & 0 & 0 & r_{x} \\
0 & 1 & 0 & r_{y} \\
0 & 0 & 1 & r_{z} \\
0 & 0 & 0 & 1
\end{array}\right]
$$

## Step 2: Transform Goal to Hip Space

- We want to transform the IK goal position relative to the unrotated hip space
- From this point on, we can solve the problem in this space

$$
\mathbf{g}=\mathbf{H}_{0}^{-1} \cdot \mathbf{g}_{\text {world }}
$$

## Step 3: Find Knee Angle

- We will use the law of cosines to help us find the knee angle
- The length of the thigh \& calf are assumed to be constant. They make up two sides of a triangle
- The third side of the triangle is made by the distance from the hip to the goal. As the hip pivot is located at [0 00$]$ in hip space, we just take the distance to be the magnitude of $g$


## Step 3: Find Knee Angle

$$
\begin{aligned}
& \theta=\cos ^{-1}\left(\frac{t_{l e n}^{2}+c_{l e n}^{2}-|\mathbf{g}|^{2}}{2 t_{l e n} c_{l e n}}\right) \\
& K_{X}=\theta-\pi
\end{aligned}
$$



## Step 4: Find Hip X Angle

- We find the hip $X$ rotation by continuing with our triangle analysis
- We find the upper angle $\alpha$ in the triangle using the law of sines and then add that to the angle $\beta$ to the goal
- Note: we are looking at the problem in the plane of the in the leg's bend (the plane normal to the knee rotation axis)


## Step 4: Find Hip X Angle

$$
\begin{aligned}
& \alpha=\sin ^{-1}\left(\frac{c_{l e n} \sin \theta}{|\mathrm{~g}|}\right) \\
& \beta=\sin ^{-1}\left(\frac{-g_{z}}{|\mathrm{~g}|}\right) \\
& H_{X}=\alpha+\beta
\end{aligned}
$$

## Step 5: Find Hip Z Angle

- We find the hip z angle by looking at the goal position (in hip space) in the XY plane

$$
\begin{aligned}
& H_{Z}=\tan ^{-1}\left(\frac{g_{x}}{-g_{y}}\right) \\
& \text { (View from behind) }
\end{aligned}
$$

## Analytical IK

- Actually, the process is a little more complicated, as some of the equations may result in divide by zero's, square roots of negative numbers, or inverse trig functions with parameters outside of the legal range
- These cases indicate situations where there is no solution and may imply problems such as:
- Goal out of reach (further than $t_{\text {len }}+C_{\text {len }}$ )
- Goal too close (closer than $\left|\mathrm{t}_{\text {len }}-\mathrm{C}_{\text {len }}\right|$ )
- These cases should be checked and appropriate alternative solutions need to be designed to handle them


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