



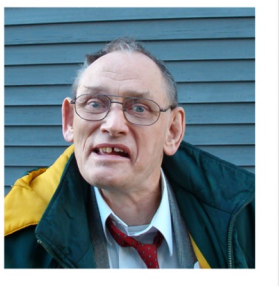
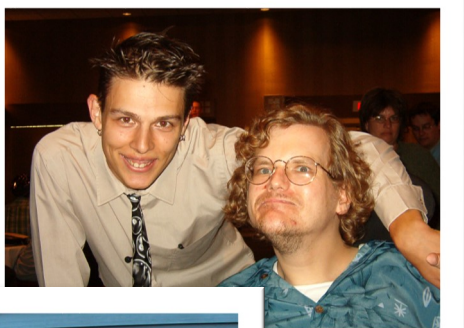
CHOICES

Making Self-Determination Real in Dane County

Spring 2018

The Final Issue

...Looking Back on the Last 17 Years of Self-Determination in Dane County



Bear in Mind



Monica Bear is Dane County's Community Services Manager for Developmental Disabilities

As I write this final Bear in Mind column, Dane County is days away from completing its transition from County administered supports for adults with developmental disabilities to Family Care, Partnership and IRIS. By the time you read this newsletter, all adults who

received support from the Community Integration Program (CIP) will have chosen a Managed Care Organization or IRIS Consulting Agency (ICA) to oversee their support. Young adults leaving high school in June to enter the paid work force will have begun scheduling enrollment counselling at the Aging and Disability Resource Center (ADRC). If all goes according to plan they will transition from school to adult services in June with no gap in the assistance they need to maintain paid employment. After years of anticipating this change, it is now complete.

I graduated from high school in 1979; the same year, Wisconsin's Community Options Program (COP) began providing community based support to people with disabilities. As I finished college in 1983, the CIP waiver began supporting people to move from State Centers back to their home communities. The waiver successfully diverted subsequent generations from ever entering the centers. In 1985, Steven Taylor from Syracuse University's Center for Human Policy, published a paper entitled "Community Living In Three Wisconsin Counties". He highlighted Dane County's commitment to community integration its ability to serve people with challenging behaviors; its person centered approach to case management and strong working relationship with state CIP staff. He pointed to Options in Community Living as a national model for assisting people to live in their own homes and Community Work Services' cutting edge supported employment.

When I moved to Dane County from Chicago in 1988, supported employment and supported living were well established and rapidly expanding; institutions were down-sizing or closing. Shortly after my arrival, I fell

in love with Madison, Dane County and the sense of possibility everyone seemed to share. An emerging network of home-grown support agencies with a "whatever it takes" attitude developed the confidence and competence to assist even the most medically and behaviorally complex folks to live in the community. In the late 90's Dane County received a Robert Wood Johnson Foundation grant to pilot self-directed services. "SDS" further transformed our adult service system as people acquired individualized rates, hired support brokers, created individualized plans and spawned further innovation.

For four decades individuals with disabilities, their families and friends in partnership with public school teachers, DVR counselors, policy makers, county staff, citizens, a robust network of local service providers and advocates have continuously joined forces to increase community engagement and citizenship. During that period the University of Wisconsin's School of Social Work, the Rehabilitation Psychology Program as well as a retired brain trust of system pioneers has actively supported and mentored the next generation of leadership.

Unique features of Dane County have included the highest rates of individualized supported living and supported employment in the state, innovative uses of technology to enhance independence, support for individuals to develop micro-enterprises, strong family networks, a professional theatre company comprised of actors with disabilities, a continuum of behavioral and crisis response designed to divert and prevent institutionalizations, a robust community nursing program, housing counseling, community organizing and a transportation network that has provided over 300,000 rides per year.

The positive impact of this work is highlighted in the stories and photos within this newsletter. As people move forward into Family Care and IRIS, pause to remember the shoulders on which we stand. Consider attending the June 20th celebration at Capital Brewery to honor our history and partnership. (*See back page for details.*) Remain committed to conserving what you hold dear and innovating solutions to presenting problems. It has been an honor to have shared a chapter in the Dane County story.

Dane County Self-Determination Journeys

MY JOURNEY

Catherine Clodius

This is my journey to deciding what program I am going with in the transition. I met with Peggy Carroll of ADRC in early November 2017, who sat down with me and my brother and sister –in-law from Rockford, IL to discuss what might be best. We talked about Family Care, Partnership and Iris. My family asked some very good questions of Peggy and we decided to look further into IRIS. The day that ADRC faxed in the information to TMG I received a very nice call from someone from this agency. I asked to have Theresa Wonders-Tamez who used to be in charge of the Support Brokers at Catholic Charities. Theresa and I then met so that we could get to know each other.

We then set up an appointment so that we could set a plan in place which included Theresa, Jessica Walton my CSM of CLC and Marcia Stickel the WIN nurse. My brother drove up with his boxer pup and we had a delightful time discussing the IRIS program. We made a plan of action which included Residential, Night Owl, the WIN nurse, and a Support Broker Agency. However, my budget is so small we need to have some additional money included. For my Fiscal Agency I have chosen GT Independence which is out of MI but has an office in Milwaukee. I would also like to thank the Waisman Center Outreach Center for allowing me to write for the Choice Newsletter.

I would like to thank the following people for all of their help. They are Jessica Walton Community Support Manager (CSM) of Community Living Connections, Marcia Stickel-the WIN nurse who has been invaluable to me, to Theresa Wonders-Tamez of TMG and my beloved family: my brother, sister-in-law, my nephew and niece, and last but not least of all the family's two boxer pups.

I wish everyone the very best happiness as they make their decisions about what program they will be going with.

BEN'S STORY

Ben, a joyful, gentle young man, currently lives in a spacious two-story home on the west side of Madison. During the day, Ben delivers the Isthmus papers downtown and cleans at his old high school, Madison West. After work, Ben will unwind with a bowl of "pretz" and Boo Bah on TV before going out rambling through nature trails, combing the aisles at Goodwill or visiting friends he has met through the Supportive Living Program with Catholic Charities (CCI).

Because Ben has autism, he gets overwhelmed from too much stimuli – he needs to take breaks to calm himself at yoga classes, festivals, or Gardening for Good. After a walk around a chicken coop or a park, Ben tends to unwind. While strolling through open fields, Ben will lie on the grass. This is the perfect reprieve for Ben's support staff to join in staring at the sky.

Ben also self-regulates through coping skills he's learned over the years, like showers, doing puzzles or simply sitting on his favorite yellow chair in his home. He has sensory objects like a rubber football that he holds and manipulates to help him through anxious moments in public.

What may surprise folks most about Ben is his resiliency. Ben enjoyed a successful transition from living with his mom to joining the Supportive Living Program in December 2015, though with team changes early last year, Ben found himself without his favorite lead staff. He then had a new home coordinator and new program manager, both strangers to him, with which to become acquainted. Ben ended up braving through this difficult time, became familiar with the changes around him, and thrived. New support staff invited new expectations, and Ben has excelled so far!

Today, Ben has accepted that new people will come in and train with him. Ben will self-regulate, or he may need to be shepherded through verbal prompts, though he eventually becomes comfortable with new support staff to the point that he will allow them to floss his teeth for training, or hand staff his dirty clothes – things in which he had no to little interest in until joining the Supported Living Program with CCI. Ben has certainly made many positive strides in the last couple years!

The Importance of Making Work Meaningful



Over time, Kathy shared with her team (in many different ways) that she no longer wanted to clean offices, even though she had done so for many, many years; the mornings were too early and lonely, the trip the dumpster was too cold in the winter, and there was always more recycling to do. It was becoming a stressful situation for all. After reviewing Kathy's strengths and interests, her team found the perfect job: sorting tags, clothing, and shoes at the Goodwill - East Springs store.

Kathy started this job in August 2017; she loves to sort items and collections by type and color at home; this job utilizes those skills. Her workdays start later and she gets to socialize with co-workers and customers in the store. Kathy calls those in her life to talk about how much she enjoys her job.

This happiness has had ripple effects on Kathy's life and the success is truly a testament to Kathy's wonderful natural and team support. There have been many incredible, thoughtful, positive changes to help Kathy live her best life.

JoAnn Sams and her sister toasting at a celebration of living at her Movin' Out-owned apartment building with close friends/housemates for 30 years.





Will Spraetz and his mom Stephanie cooking food to take to a TimeBank Capacity Building picnic. Will moved out of his family home after years of planning, into the Madison and Main apartments in Waunakee. This was his family's goal for years, for him to live on his own in an apartment as they'd been planning for years to retire and move away. This has been a really planful and successful move for him, and this spring his parents are moving up north to their retirement home. It's great to know that Will is in a good spot with good connections, before his parents move away!



Dicken Lomoro out enjoying a Mallard's game.

Ron Amdahl celebrating his 60th birthday with his team and family.





Michael Woodson and Lynnea Nielsen at a Duck Soup Cinema event at the Overture Center. While Lynnea is no longer Michael's broker, they have known each other for almost 20 years, and have been getting together for Duck Soup events periodically, and plan to continue doing so!



Laura Well enjoying the produce at Gardening 4 Good at Troy Community Gardens. Laura's broker helped to get Laura signed up for this group when it first started around 5 years ago, and she's come to have a strong sense of community and many friendships as a result!

Juan Taylor meeting his first grandbaby for the very first time, and then visiting with his Daughter and 3 grandkids a few years later. Juan had a TBI years ago and lived for a long time in Badger Prairie, with no

family contact. Juan's broker connected him with his daughter (who was a teenager at the time), and started to drive her up to Portage to visit her dad, once he moved out of Badger Prairie into an AFH in Portage. Over the years Juan and his broker started to have team meetings in Madison a few times per year, to arrange times for Juan to visit with his family.



A Day with the Experts: Autism



By Jeffrey Johnson

My staff Kerri and I attended the Autism Conference at the UW-Waisman Center in Madison on January 20,

2018. William MacLean, Interim Director, welcomed everyone to “Autism—A Day with the Experts”. This event was hosted by the Waisman Center and Autism Society of South Central Wisconsin and sponsored by the Friends of the Waisman Center and The Evjue Foundation. We listened to a panel of experts – individuals with autism and family members. We both learned a lot about autism from the experts.

The first speaker was Amy Lyle, a social worker at the Waisman Center Clinics. Amy talked about safety at home and safety away from home for children with autism. Examples she gave were teaching children how to ask for help and practicing how to get home safe, getting an id bracelet and going over other safety tips and devices that children with autism can use.

The next speaker was Karla Ausderau. She did an overview of a person with autism and feeding challenges, who may experience such as difficulty chewing, allergies and needing a selective diet.

Next, Brittney Travers talked about the Biofeedback videogame that her labs at the Waisman have tested called “Ninja Training”. This video game was tested for six weeks with 29 children to help their balance with the game on the computer. They found these trainings with children that have autism to help with balance issues.

A panel of people that had autism spoke last. There were many speakers on the panel. We heard from an autism self-advocate named Bradly who graduated from Madison College with a 3.6 GPA. I learned from Kayla that she was part of the Autism Society and Special Olympics. She advocates for people on the autism spectrum to help them reach their goals. I also learned about Kika who was diagnosed with autism at age five and is an IT manager. The community Autism panel there were all very happy to partner with the Waisman Center and teach us more about autism.



Public Hearing at the Capitol

By Jeffrey Johnson

I attended a public hearing on two bills that concern people with Disabilities. It was held at the capital on January 10, 2018. The first bill they discussed was the Senate Bill SB514 on Workforce Development, Integrated Employment jobs for people.

This bill would help build many opportunities for people with disabilities. Organizations and Business owners that testified at this hearing. They were all in favor of this bill to help people with disabilities find them jobs. People with disabilities want to work to earn an income.

The next senate bill that was discussed about senate bill SB 552, understanding and decision making agreement. This is where a person with a disability

who doesn't want a Guardian or power of Attorney to take over their decision making for them. People that have intellectual disabilities or physical disabilities may need more help to make decisions on their own. I have the ability to make my voice heard and have opinion and input. There are several older adults with developmental disabilities trying to be independent as possible. Like myself, I am able to make my own choices and decisions. If you want to give someone you trust that permission to be this, the bill would allow a person with a disability that is able to make his or hers own choices and decisions on their own with some help from their home staff our RSC or a family member.

These were to very good topics they talked about concerning people with developmental and physical disabilities at the capital in Madison. We had people with disabilities who testified. I saw some of my friends there who also testified. It was great to see a lot of people who testified on Senate Bills SB514 on employment for people with disabilities and SB 552, understanding and decision making agreement.



Inquiring minds want to know:

What's Dane County's future role in supporting people with intellectual and developmental disabilities (I/DD)?

- ◆ The State of Wisconsin is expanding its Children's Long Term Support (CLTS) Waiver. Dane County will continue to administer the Birth to Three program and CLTS waiver. The County will expand the children's case management unit to support children and families who are coming off the wait list.
- ◆ The Aging and Disability Resource Center (ADRC) will continue to be the front door for learning about and enrolling in adult long term care services. They will also help people change programs when desired or needed.
ADRC@countyofdane.com 240-7400
- ◆ While Dane County will no longer administer services for adults with I/DD, we have individual arrangements with IRIS participants and contracts with managed care organizations to provide:
 - ⇒ **Vocational Futures Planning and Support** (VFPS) for 18-21 year olds preparing to enter

the paid work force. This service offers a helping hand to manage the school to work transition as seamlessly as possible

- ⇒ **Assistance coordinating shared rides** to group sites such as MARC Centers, Opportunities Inc. and senior day centers.
- ⇒ **Behavioral support** in partnership with the Waisman Center's Community TIES program.
- ⇒ **Crisis response, home modifications and adaptations** in partnership with Responsive Solutions Inc.

If interested in any of the services above, talk to your care manager or IRIS consultant.

To learn more about coordinated rides and Vocational Futures Planning and Support, contact Doug Hunt at douglas.hunt@countyofdane.com 242-6358.

To learn more about behavioral support and crisis response contact Monica Bear at bear@countyofdane.com or 242-6438.

COW has mooved.

The Waisman Center's
Community Outreach Wisconsin
Community TIES and Wellness Inclusion Nursing (WIN)
office has moved upstairs.

Our new address:

122 E. Olin Ave., **SUITE 255**, Madison, WI 53713

Phone numbers and website remain the same.

Visit us today at cow.waisman.wisc.edu for additional program resources and training information!



In the News...

This March, the Federal Home Loan Bank of Chicago (FHLBank Chicago) was pleased to announce the final recipient of its 2018 Community First Awards at its member meeting in Madison, Wisconsin. The awards recognize outstanding achievements of the FHLBank Chicago's member institutions and their local partners as they work together to strengthen their communities through affordable housing and economic development initiatives. At its Madison, Wisconsin meeting, the FHLBank Chicago presented an award in the partnership category. Award winners identify a nonprofit organization to receive up to \$10,000.

Partnership Award

Movin' Out, Inc. has received a \$10,000 partnership award on behalf of Tiger Lily Seeds. Tiger Lily Seeds is a three-acre urban garden on the site of Pinney Lane, a rental property developed by Movin' Out (a nonprofit organization that provides housing solutions for adults with disabilities) and financed by BMO Harris National Association. Brittany Romine, a resident of Pinney Lane and owner of Tiger Lily Seeds, cultivates prairie wetland plants and sells their seeds for use in rain gardens.

"Partnerships like this create new possibilities for individuals and their communities to thrive," said Suzi Thackston, FHLBank Chicago Community Investment Officer. "The FHLBank Chicago was pleased to contribute to this partnership with a competitive Affordable Housing Program grant for Pinney Lane through BMO Harris National Association, and we are doubly pleased to honor Tiger Lily Seeds and Movin' Out with a Community First Award."

"Tiger Lily Seeds is an excellent example of how a grassroots community development initiative fuels the engine of economic development, and Movin' Out effectively utilizes their experience with an innovative approach in developing supportive housing," said Pamela Daniels-Halisi, Managing Director, Community Development Lending, BMO Harris National Association. "We are thrilled with the strength of the partnership, and with the strong support provided by the Federal Home Loan Bank of Chicago."



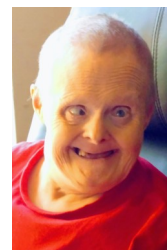
OBITUARIES

Glenn Leslie Beck, age 66, passed away on Feb. 7, 2018, in Madison. He was the son of Joseph and Margie Beck. He was born on March 3, 1951, in Madison. Glenn impressed all who met him by engaging others with the twinkle in his eyes and his charisma. He had a slapstick style sense of humor, was fiercely independent and loved his autonomy. Over his lifetime, he loved his jobs, whether paid or volunteer, and had an excellent work ethic. He had a mechanical knack for disassembling and re-assembling items, such as his bicycle, computers, and electronics. He loved his computers above all and purchased the latest versions. He loved traveling to warm climates, specifically Hawaii and Mexico. Cruises and sharing travel experiences were a highlight for him. When at his

home, he loved traveling via the Madison Metro system. Glenn enjoyed gathering friends and family at the Red Lobster, his favorite restaurant, for special occasions. He considered Dr. Pepper his favorite food group. He enjoyed Sunday dinners at his parents' home followed by card games and reveled in winning at Kings Corners! The family acknowledges the friendship that Glenn and his family shared with his dear friend, Mark Repetti, over the years.

Glenn's family would like to extend their heartfelt thanks for the attentive care over the years, and especially the last months, to all of Glenn's many caregivers and employers over the years, especially Madison Area Rehabilitation Center, Dungarvin of Wisconsin, his travel companions, Agrace HospiceCare, Easter Seals, UW Hospital,

apartment mates, and the Rev. Norm Parsons for his special help.



Jeffrey W. DeGross, age 58, of Madison, passed away on Wednesday, March 7, 2018. He was born on Aug. 4, 1959, in Madison, the son of Everett and Margaret (Wall) DeGross. Jeffrey worked as a mail carrier for the University of Madison. He loved

Elvis and BB King, traveling and his dog, Susie Q. He also enjoyed the times he spent bowling, fishing and playing his guitar.

Kevin Elliott (DOB 09/09/1957) passed away in his home this morning, March 21st, 2018

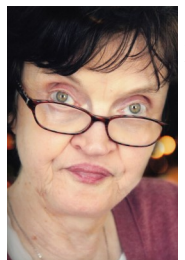
Lawrence Fischbeck (DOB 07/14/1955) passed away the afternoon of February 11th, 2018.



Jennifer Lynn Klubertanz passed away peacefully on Nov. 22, 2017, at Agrace HospiceCare in Fitchburg. Jenny was born on Aug. 1, 1970, to James and Kathleen Klubertanz. At the age of 15, Jenny was diagnosed with a brain tumor. At the age of 20, Jenny had her first two

attacks of what we now know was SMART Syndrome that left her with speech and cognitive disabilities. In 2015 Jenny had another of many SMART attacks that slowly took her from us. The family wants to thank the many wonderful doctors, nurses, and caregivers who have traveled through Jenny's life. Special thanks to Community Living Connections for their loving care of Jenny, especially Katie and her wonderful staff who spent countless hours giving Jenny the best care and for being there for Jenny and family during the many hospitalizations. Special thanks also to Amanda and Jennifer of Continuum Therapy who were instrumental in Jenny's quality of life. Special thanks to Dr. Minichiello and Dr. Seeger who were on board to do things Jenny's way. Thanks also to the many family and friends who supported us all these years. Thanks to Agrace for their caring support through Jenn's final days.

Ernest Otto List passed away at the age of 73, unexpectedly and peacefully, on Jan. 4, 2018, at his home in Waunakee. Ernest's service will be held at the church he loved. This small and caring congregation accepted him with open arms, despite his mental illnesses. He found much solace and peace all the years he was able to attend. Special thanks to Denise Cole and Steve Tremain for making this possible.



Jane Ellen Lyda, age 71, passed away Wednesday, Dec. 6, 2017, at home. She was born on Aug. 4, 1946, in Madison, the adored daughter of J. Earl and Genevieve (Svensdon) Lyda, and sister to Alfred Bohling. Jane's family

strived to give her the best life possible. She grew up on Madison's northside enjoying traveling, family and her dogs. In her younger days, she attended and worked at MARC West. Her mother had tremendous respect for the care shown to Jane.

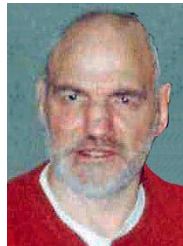
Jane's father, brother, and mother all preceded her in death. Jane's mother asked

Jami Brown to be successor guardian in 2007. Being Jane's guardian was an honor and pleasure for me. Jane began meeting many more people who grew to love her deeply.

Jane loved to be treated like a princess. She had many adventures and just enjoyed life. Jane was able to continue traveling and went on multiple trips in the United States, including twice to Disney World thanks to her friend Manu. She enjoyed "cake" and "tea," "pockets," all things Disney, puzzles, music, talking like Donald Duck, parties and to have her hair done.

Jane currently attended MARC South daily. She enjoyed her friends, activities and staff there. Everyone was willing to do whatever was best for Jane. Jane was blessed to live in a home staffed by the amazing team at Dreamweavers, including her Supported Living Coordinator, Grace, and her live-in provider, Toni. The daily love, care and dedication shown to Jane was more than outstanding.

Special thanks to the amazing medical staff at UW Health Northeast Clinic and Agrace HospiceCare, to Vickie Hoffman and Beth Hougen for all your guidance over the years, Grace, for always being there, Alyssa at State Bank of Cross Plains, attorney Barbara Hughes and everyone else who held a special place in Jane's life.



Ralph M. Maier, age 82, of Waunakee died on Monday, Jan 22, 2018, in Stoughton, Wis. He was born Jan. 1, 1936, in the Township of Vienna to Mathias and Susan (Maerz) Maier.



Gloria Ann O'Brien was gifted her angel wings on Monday, Feb. 19, 2018. Gloria's support team we thank with heartfelt gratitude. Catholic Charities, Eldercare, Dane County Department of Human Services/ Adult Family Home,

Create Ability Inc., CLA, Avenues to the Community, Metro, Vivian at Cost Cutters and St. Peters Church. Utmost love and respect to Gloria's extended family of 20 plus years, Yulanda and Sanford Jones, Rita Kiefer and Abigail Wilson, 16 extended grandchildren, their parents, siblings and friends. Gloria is also survived by her nieces, Chis (Todd) Boys, Lisa O'Brien O'Gara and Lori (Jim) Malicki, and great-nieces and nephews, Joe and Katie Boys and Michelle Malicki Chen. The licks and kisses from Bizzy and Bandit, while clipping her coupons made summers on the

deck a favorite of Gloria's. The Goodwills of Madison will never be the same without this Irish fashionista!



Carol Ann Riley, age 65, passed away on Thursday, November 2, 2017, at her home in Madison. She was born on July 27, 1952, in Madison, Wisconsin, the daughter of Ivan and Dorothea (Schultz) Riley.

Carol attended Winnequah School and later worked at the Madison Opportunity Center and MARC-East. She was employed for many years at Applebee's and the Prairie Athletic Club.

Special people in her life were Sherry and Dick Birkholz of Sun Prairie who were her caregivers for many years and always a very important part of her life as well as their children Teresa and Tony.

She was an avid Green Bay Packer and Milwaukee Brewer's fan. Carol enjoyed being with family and friends and her happiest moments were interacting with them particularly on her favorite days of the year, Christmas and her birthday. She was fond of animals, especially her dogs over the years; Kelly, Rex, Cocoa, Ginger, and Rudy.

Carol's family would like to thank Avenues to Community, Madison Opportunity Center, MARC-East, RiseUp, Agrace Hospice Staff for their support and care of Carol. Lisa, Marcia, James, Sue, Denise, Megan, Sherry, Jake, Deka, Sahro, Allen, Robin, Ruth, Ashok and so many others, thanks for being there.



Carl Lawrence Risberg, age 81, of Madison, passed away on Monday, Dec. 4, 2017. He was born in Racine on Dec. 16, 1935, the son of Lawrence and Hazel (Newman) Risberg. Carl led a fulfilling life with the help of family and many agencies and

advocates. The family wishes to thank the Dunganvin staff, the Waisman WIN staff, Progressive Community Services, Inc. staff and the Capitol Lakes medical staff who helped care for Carl.



Gregory Alan Sturm, age 56, passed away peacefully on Jan. 26, 2018, from various complications due to his disabilities

CHOICES Newsletter



The University of Wisconsin-Madison
Waisman Center
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Madison WI 53705

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SAVE THIS DATE AND TIME!

*Wisconsin Developmental Disabilities Network Incorporated
invites you to Celebrate 40 years of building inclusive
communities in Dane County*

**Wednesday, June 20
from 5pm—9pm**

**Capital Brewery and Beer Garden
7734 Terrace Avenue, Middleton**

Details to follow!! Watch your emails!

For more immediate or questions contact Marcie at
admin@ddnetworkinc.org 608-770-6835

*Beer, wine, non-alcoholic
beverages...along with food
carts, live music, and
friends and family!*

CHOICES is published quarterly to provide information about
Self-Determination in Dane County.

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Catherine Clodius, Jenn Streater, Lynnea Nielsen, Monica Bear,
Rachel Weingarten

Past Issues are on the **COW** Website: <http://cow.waisman.wisc.edu/publications.html>