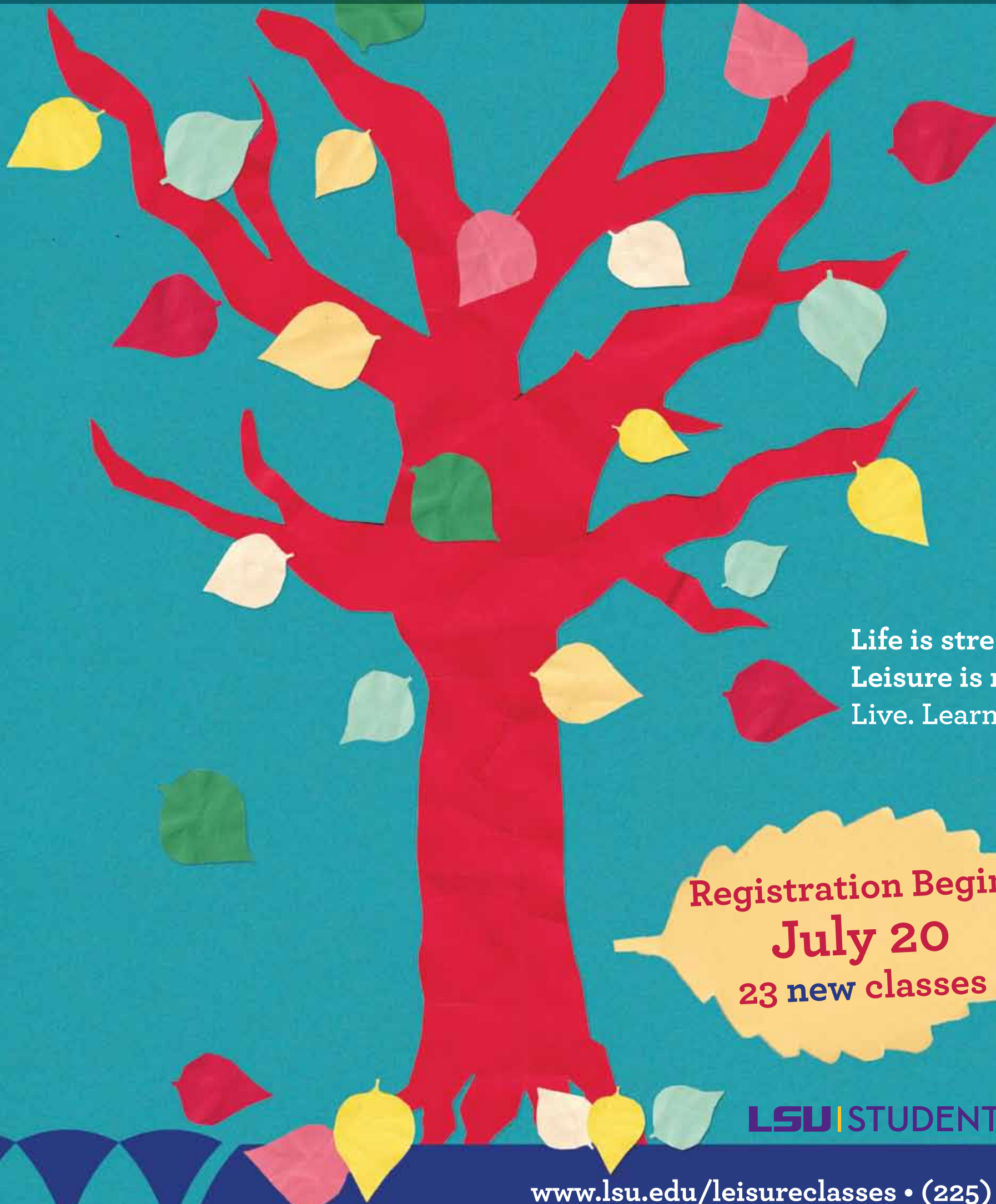


# LSU Leisure Classes *fall 2012*



Life is stressful.  
Leisure is not.  
Live. Learn. Leisure.

Registration Begins  
**July 20**  
23 new classes

**LSU** | STUDENT UNION

[www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses) • (225) 578-5119

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Do you have a special skill or class that you'd like to teach? Call (225) 578-5119 or visit the "teaching" section at [www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses) to submit a proposal.



## BOOK ART

*New!*

### Accordion Books

Kieu Lam

Looking for a new way to present ideas and projects? Want to make a unique sketch book for your personal use or to give as a gift? Construct an accordion book with removable covers and spine, discuss fun variations and learn methods for embellishment such as pop-outs and inserts. Ms. Kieu Lam will also discuss the basics of non-adhesive bookbinding, including paper qualities, tools and techniques. Paper will be supplied.

Price \$39 (Member/ Student \$34)

Personal supplies approximately \$15

Sunday, September 23

1 p.m. – 3:30 p.m.

LSU Campus

*New!*

### One Sheet Books

Kieu Lam

These books are easy to make and are ideal for preserving and presenting those special mementos piling up in a shoe box! Let Kieu Lam guide you in creating four simple book structures and enhancing the content within. Develop your own personal style as you learn more about the basics of non-adhesive bookbinding including paper qualities, tools and techniques. Paper will be supplied.

Price \$39 (Member/ Student \$34)

Personal supplies approximately \$15

Wednesday, September 12

6 p.m. – 8:30 p.m.

LSU Campus 

## CLAY

### Hand Building

Section I & IV: Haejung Lee

Section II: Tina Ufford

Section III: Autumn Higgins

Pinch, coil and roll! Learn basic techniques of coil, pinch and slab work, which are the foundations of working with clay. Make functional items, such as trays, planters or vases, or decorative items, such as small scale sculptures. Handmade pots add charm to gardens and make wonderful gifts. Fee includes 12 pounds of clay, glazes, cost of firings and extra practice time.

Price \$180 (Member/ Student \$154)

Personal supplies approximately \$20

Section I: Mondays, August 20 – October 1 (no class September 3)

6 p.m. – 8:30 p.m.

Section II: Tuesdays, August 21 – September 25

3 p.m. – 5:30 p.m.

Section III: Tuesdays, October 2 – November 6

6 p.m. – 8:30 p.m.

Section IV: Mondays, October 8 – November 12

3 p.m. – 5:30 p.m.

LSU Campus 

### Tile Making

Haejung Lee

In this class, you will learn how to customize any tabletop, doorway, countertop, garden, or fireplace with clay relief tiles that you can make, design and decorate. You also can make single "stand alone" tiles for wall decorations and gifts. Fee includes 12 pounds of clay, glazes, cost of firings and extra practice time.

Price \$180 (Member/ Student \$154)

Personal supplies approximately \$20

Section I: Mondays, August 20 – October 1 (no class September 3)

Section II: Mondays, October 8 – November 12

3 p.m. – 5:30 p.m.

LSU Campus 

We may add additional sections for high-demand classes, so check online for the most up-to-date listing!

### Wheel Throwing

Section I: Tina Ufford

Section II & IV: Michael Lorsung

Section III: Jenny Haggard

Get really muddy and sling some clay in this basic wheel throwing class. Instruction will focus on making functional pieces such as vases, cups and bowls. Make your own unique tableware or handcrafted gifts. Fee includes 12 pounds of clay, glazes, cost of firings and extra practice time.

Price \$180 (Member/ Student \$154)

Personal supplies approximately \$20

Section I: Tuesdays, August 21 – September 25

6 p.m. – 8:30 p.m.

Section II: Thursdays, August 23 – September 27

6 p.m. – 8:30 p.m.

Section III: Tuesdays, October 2 – November 6

3 p.m. – 5:30 p.m.

Section IV: Thursdays, October 4 – November 15

(No class October 18)

6 p.m. – 8:30 p.m.

LSU Campus 

## DRAWING & PAINTING

### Acrylic Painting: Basic

Larry Downs

Local artist and winner of numerous regional art shows, Larry Downs will introduce you to acrylic painting methods and materials. He will also cover the fundamentals of drawing. You will learn the characteristics and handling techniques of acrylic colors, media and painting surfaces and you will also learn how to accomplish textural effects using a knife and brush.

Price \$112 (Member/ Student \$90)

Personal supplies approximately \$100

Sundays, September 9 – October 14

2 p.m. – 4 p.m.

LSU Campus (accessible only by stairs)

### Drawing: Portraits with Pencil

Yichen Chen

Working from one of your own favorite photographs, Yichen Chen, winner of international art competitions, will guide you

step-by-step in creating a unique and personal piece of art. Using basic drawing pencils, you will learn about sketching, working with details and creating soft, life-like tones. Class is appropriate for participants at any skill level.

Price \$115 (Member/Student \$93)

Personal supplies approximately \$35

Sundays, September 9 – October 14

1 p.m. – 3 p.m.

LSU Campus

### One Stroke™ Painting: Birdhouses & Wildflowers

Cindy Rodrigue

This simple painting technique involves blending, shading and highlighting all in one stroke! It is versatile enough to use with almost any medium, from acrylic paint to lacquers and glazes. You will create beautiful works of art, even if you have never painted before, with this fun and inexpensive method!

Price \$55 (Member/Student \$44)

Materials fee payable to instructor \$40

Saturday, September 22

1:30 p.m. – 4:30 p.m.

LSU Campus

### One Stroke™ Painting: Fleur de Lis

Cindy Rodrigue

Parade your passion for Louisiana's heritage with a unique painting featuring the fleur-de-lis! The One Stroke™ technique involves blending, shading and highlighting and is versatile enough to use with almost any painting medium. Led by a certified Donna Dewberry instructor, you will create beautiful works of art even if you have never painted before!

Price \$55 (Member/Student \$44)

Materials fee payable to instructor \$40

Section I: Saturday, October 20

9 a.m. – 12 p.m.

Section II: Saturday, October 20

1:30 p.m. – 4:30 p.m.

LSU Campus

### One Stroke™ Painting: Roses

Cindy Rodrigue

This simple painting technique involves blending, shading and highlighting all in one stroke! It is versatile enough to use with almost any medium, from acrylic paint to lacquers and glazes. You will create beautiful works of art, even if you have never painted before, with this fun and inexpensive method!

Price \$55 (Member/Student \$44)

Materials fee payable to instructor \$40

Saturday, September 22

9 a.m. – 12 p.m.

LSU Campus

### Watercolor Painting: Basic

Roberta Loflin

Explore the materials and techniques used in watercolor painting. Roberta, an experienced and patient instructor with a dedicated student following, will lead you through a series of structured exercises designed to help you develop manual, perceptual and expressive skills, all while exploring the unique qualities of watercolor paints.

Price \$112 (Member/Student \$90)

Sundays, August 26 – October (No class September 2)

1 p.m. – 3:30 p.m.

LSU Campus

*New!*

### Watercolor Painting: Waterscapes

Roberta Loflin

Painting water may seem like a challenge but with careful observation and a general understanding of how water is affected by its surroundings, you'll create realistic scenes. Roberta Loflin will focus on composition and painting water in landscapes to create the illusion of rushing water, crashing waves and slowly moving streams. This class is designed for both beginners and those wishing to brush up on their technique.

Price \$112 (Member/Student \$90)

Personal supplies approximately \$100

Sundays, October 14 - November 18

1 p.m. – 3:30 p.m.

LSU Campus

*New!*

### Zentangle®

Kathy Redmond

There is no eraser in life, and there's no eraser in Zentangle® either! Considered an artistic form of meditation, you'll allow your creativity to flow as you create beautiful, unique images on small paper tiles using simple, repetitive patterns. Zentangle® encourages relaxation, provides inspiration, and increases focus. It's easy to learn, fun to do, and enjoyed by artists and non-artists alike!

Price \$49 (Member/Student \$39)

Materials fee payable to instructor \$5

Saturday, October 6

10 a.m. – 12 p.m.

LSU Campus

*New!*

### Zendala®

Kathy Redmond

So now that you're addicted to Zentangle®, what's next? Take this art form a step further and create original and one-of-a-kind drawings on a small circular tile. Start with simple templates and see where your mind will take you. Your friends will be amazed at what you create! Participants must take Zentangle® before participating in this class.

Price \$49 (Member/Student \$39)

Materials fee payable to instructor \$5

Saturday, October 20

10 a.m. – 12 p.m.

LSU Campus

## FIBER ARTS

### Knitting: Beginning

Charlene Bishop


Knit one, purl two. Learn the basic stitches and techniques of this versatile craft under the guidance of fiber artist Dr. Charlene Bishop. Learning in a relaxed, group setting is fun and allows you to share ideas with other members of the class and find inspiration for your next creation!

Price \$78 (Member/Student \$63)

Personal supplies approximately \$10

Tuesdays, September 18 - October 9

6 p.m. – 7:30 p.m.

LSU Campus 

We want you! With options for every budget and schedule, leisure classes are ideal for students, professionals, retirees, and anyone looking to learn something new!

### Knitting: Intermediate

Charlene Bishop

So you love to knit, but haven't quite mastered pattern reading yet? Come and relax with a class that focuses on picking and reading patterns. Learn more about blocking, yard selection, and gauge while discovering finishing techniques that will make your project pop!

Price \$99 (Member/Student \$80)

Personal supplies approximately \$20

Tuesdays, October 16 – November 6

6 p.m. – 7:30 p.m.

LSU Campus 

## GLASS CRAFTS

### Stained Glass: Basic

Kristy Keller

Bring the beauty of stained glass into your home! Local artist and shop owner Kristy Keller will guide you from start to finish in creating a pattern, cutting glass, leading, soldering, puttying, cleaning and displaying your one-of-a-kind work of art for all your friends and family to admire. Cooper foil techniques will also be discussed and demonstrated. Some designs may require extra work outside of scheduled class.

Price \$118 (Member/Student \$97)

Personal supplies approximately \$85

Thursdays, October 4 – November 15 (no class October 18)

6:30 p.m. – 8:30 p.m.

LSU Campus 

## JEWELRY

### Jewelry: Bead Stringing Basics

Instructors at The Baton Rouge Bead Company

Design your own beaded jewelry! Join the inspiring staff of The Baton Rouge Bead Company and learn the basic techniques for creating unique necklaces, bracelets and earrings. Come empty-handed and leave with handmade pieces created for you and by you! Personal supplies included in price of class.

Price \$62 (Member/Student \$50)

Section I: Wednesday, September 19

Section II: Wednesday, October 24

Section III: Wednesday, November 28

5:30 p.m. – 8:30 p.m.

The Baton Rouge Bead Company,

11943 Coursey Blvd, Ste. A

PARKING PERMITS WILL BE ISSUED FOR REGISTERED PARTICIPANTS AT NO ADDITIONAL CHARGE



One-Sheet Book (p. 1)



Zentangle® (p. 2)



Stained Glass (p. 2)

## Creative Wire Jewelry

Tom Lorio


Design and create your own beautiful wire jewelry under the guidance of local metal smith and jewelry maker, Tom Lorio. Become familiar with the tools of the trade and learn how to twist and coil wire to create rings, earrings, pendants and technical components such as hooks and jump rings. Finishing techniques, including aging your jewelry with patinas, will also be covered.

Price \$113 (Member/ Student \$91)

Materials fee payable to instructor \$20

Wednesdays, October 3 – October 24

6 p.m. – 9 p.m.

LSU Campus 

## Wire Jewelry Workshop

Tom Lorio


Embellish basic designs and develop your own unique style in this fun, hands-on workshop. Under the guidance of Tom Lorio, you'll expand on the fundamentals learned in his Creative Wire Jewelry class. This workshop is also ideal for those who want to create distinctive jewelry without committing to a longer class.

Price \$55 (Member/ Student \$44)

Materials fee payable to the instructor \$10

Wednesdays, October 31 – November 7

6 p.m. – 9 p.m.

LSU Campus 

## Textured Metal Jewelry

Tom Lorio


In this class you will use techniques such as hammering and embossing to form and alter thin sheets of copper and brass into earrings, pendants, and bracelets. Tom Lorio will show you how to create textures and patterns with a rolling mill, add patina to your jewelry, and properly finish your pieces.

Price \$113 (Member/ Student \$91)

Materials fee payable to instructor \$20

Wednesdays, August 22 – September 12

6 p.m. – 9 p.m.

LSU Campus 

## Metal Jewelry Workshop

Tom Lorio


Add a little flair to your creations! Under the guidance of Tom Lorio, you'll be encouraged to develop your unique style in this exciting, hands-on workshop. This workshop is a natural continuation of his Textured Metal Jewelry class, but is also ideal for those who want to create unique pieces without committing to a longer class.

Price \$55 (Member/ Student \$44)

Materials fee payable to instructor \$10

Wednesdays, September 19 - 26

6 p.m. – 9 p.m.

LSU Campus 



## PHOTOGRAPHY

### Digital Photography: The Fundamentals

Kevin Duffy

Photography fills our world as a powerful medium that captures emotion, beauty, family, friends and a wealth of other interesting subjects. In this introductory class, learn about important features of your digital camera, as well as tips, techniques and best practices to take better photos. Topics include optimizing workflow, improving composition, achieving proper exposure under different lighting conditions, additional equipment, troubleshooting, an introduction to photo editing software and much more.

Price \$122 (Member/Student \$104)

Wednesdays, August 29 – September 19

6 p.m. – 8 p.m.

LSU Campus 

### Digital Photography: DSLR

Kevin Duffy

Are you ready to make the jump from compact, point-and-shoot digital cameras to the more capable DSLR camera? Get out of auto mode and discover all the extra capabilities DSLR has to offer to make optimum, successful images. Topics include shooting modes and manual overrides, metering modes, tips to improve focus and sharpness, flash tips and capabilities (internal and external), shooting in RAW, situational examples and much more!

Price \$122 (Member/Student \$104)

Tuesdays, October 2 – October 23

6 p.m. – 8 p.m.

LSU Campus 

### Photoshop for Photographers

Kevin Duffy

Learning the proper techniques to process images taken from your digital camera can be as important as capturing the image itself. Using basic and advanced tools and techniques, learn how to retouch, correct, and optimize your images to give them that professional pop. Topics include streamlining your workflow, exploration and use of layers to make the right areas stand out, selection tools for localized color and contrast tweaks, sharpening techniques, retouching portraits, and much more!

Price \$122 (Member/Student \$104)

Tuesdays, November 6- November 27

6 p.m. – 8 p.m.

LSU Campus 



## SCULPTURE

### Volumes Inspired by Nature <sup>New!</sup>

Raina Wirta

This sculpture course will focus on building 3-D volumes from linear elements and planar material. It will be conducted as a workshop with an introductory lecture at the beginning and technical demonstrations throughout. Participants will be asked to bring an item found in nature that may inspire an abstract volume to scale up in size, and build an armature using reeds and hemp string. Armature will then be covered in various types of paper to create a sculpture that redefines the original object.

Price \$119 (Member/ Student \$101)

Materials fee payable to instructor \$25

Sundays, September 9 – October 14

4 p.m. – 6 p.m.

LSU Campus

## CRAFT

### Calligraphy: Basic Italic Lettering

N. Lynn Vincent

Join Lynn Vincent as she instructs students in basic Italic lettering, including lower case letters and the basic structure of capitals. She will guide you through the basics of calligraphy and will offer tips throughout the class to improve your skills. Show off your handiwork while working on several creative projects.

Price \$101 (Member/Student \$82)

Personal supplies approximately \$30

Section I: Tuesdays, September 4 – October 9

Section II: Mondays, October 8 – November 12

6 p.m. – 8 p.m.

LSU Campus 

<sup>New!</sup>

### Deco Mesh Wreaths: It's Fall Y'all!

Nadine Mann

You have seen them all over town. Now it is time to add some pizzazz to your seasonal decorations with a fun and festive deco mesh wreath! Just in time for fall decorating, Nadine Mann, owner of Wreaths from Me to You, will guide you in creating a trendy wreath for your front door that will have your neighbors falling with envy.

Price \$45 (Member/Student \$36)

Personal supplies approximately \$30

Sunday, October 21

2 p.m. – 5 p.m.

LSU Campus

<sup>New!</sup>

### Deco Mesh Wreaths: Happy Holidays

Nadine Mann

Add some pizzazz to your seasonal decorations with a fun and festive deco mesh wreath! Just in time for the holidays, Nadine Mann, owner of Wreaths from Me to You, will guide you in creating a gorgeous holiday wreath for your front door or mantle.

Price \$45 (Member/Student \$36)

Personal supplies approximately \$30

Saturday, December 1

2 p.m. – 5 p.m.

LSU Campus

## Handmade Soap

Donna Hincks

Making soap from scratch is a fulfilling and fascinating craft. You will make three batches of hot process soap and your choice of bath salts and fizzies. Learn the specific qualities that oils and herbs bring to the soap and the process of balancing these ingredients to produce a hard, yet mild and conditioning product.

Price \$79 (Member/ Student \$64)

Materials fee payable to instructor \$40

Personal supplies approximately \$20

Section I: Sundays, September 9 – October 7

Section II: Sundays, October 14 – November 18  
(No class October 21)

1 p.m. – 3 p.m.

LSU Campus

## WOODWORKING & WOODCARVING

### Woodcarving: Relief Woodcarving

Lionel Jardell

Complete two carving projects as you learn the basic steps of low and deep relief carving. With an emphasis on safety, you will learn the proper use of chisels, knives and gouges. Students will learn layout, tool sharpening, and how to start and finish their work. No prior experience in woodcarving is necessary.

Price \$107 (Member/ Student \$86)

Materials fee payable to instructor \$24

Thursdays, August 23 – September 27

6:30 p.m. – 8:30 p.m.

LSU Campus 

### Woodworking: Beginning

Terry Landry

Terry Landry, a full-time furniture maker and owner of Landry Furniture Shop, will teach you fundamental hand tool skills and will cover the basics of power tools, including the table saw and band saw. Under the guidance of Mr. Landry, you will construct a simple project in class and be well on your way to building more complex pieces.

Price \$107 (Member/Student \$86)

Materials fee payable to instructor \$12

Sundays, September 9 – October 7

2 p.m. – 4:30 p.m.

Landry's Furniture, 5279 Hwy. 63, Clinton  
(40 miles north of LSU)

### Woodworking: Intermediate

Terry Landry

Refine your woodworking skills, and get more out of your tools. Terry Landry, a full-time furniture maker, will expand on topics covered in the beginning class and will concentrate on the use of power tools, including the router, table saw, jointer, and band saw.

Price \$107 (Member/ Student \$86)

Sundays, October 14 – November 11

2 p.m. – 4:30 p.m.

Landry's Furniture, 5279 Hwy. 63, Clinton  
(40 miles north of LSU)

Left to Right:

Textured wMetal Jewelry (p. 3), Deco Mesh Wreath (p. 3)

## WRITING

### Blogging for Beginners

Holly Phillips

Whether it's business, crafts, cooking or family fun, Holly Phillips will help you tap into your passions and will guide you in creating your own blog that allows you to share your passion with the world. This class covers the blogging world from every angle, including choosing the right web host, writing and publishing entries, promoting your blog, maintaining the site and more!

Price \$58 (Member/Student \$47)

Tuesdays, August 21 – September 18

6 p.m. – 7:30 p.m.

LSU Campus 

### Poetry for the Masses


Charles Egedy

There is a poet in each of us. Come discover yours as you develop a sense of expression and indulge your imagination. Work with Charles Egedy, president of the Louisiana State Poetry Society on form, content and style. You will receive constructive feedback, get ideas on publishing and find opportunities for contests and poetic gatherings.

Price \$99 (Member/Student \$80)

Thursdays, September 6 – October 11

7 p.m. – 9 p.m.

LSU Campus 

### Screenwriting 101

Chuck Hustmyre

At the heart of every good film lies a great story. Chuck Hustmyre, a produced screenwriter, will guide you step-by-step through the process of writing movie scripts. Using reference books, movie clips, and personal experience, he'll lead you through developing and evaluating initial story ideas, final editing, and even selling the script.

Price \$105 (Member/Student \$84)

Materials fee payable to instructor \$5

Wednesdays, September 12 – October 17

6 p.m. – 8 p.m.

LSU Campus 



## PERSONAL GROWTH

### Boost Your Creativity

Sue Froeba

Flip your creative switch using the principles of Feng Shui, an ancient Chinese practice that seeks to harmonize and bring balance to your home or workplace. Sue Froeba, a certified Feng Shui professional, will guide you in applying these principles to your environment to help you generate innovative ideas and maximize creativity today!

Price \$89 (Member/Student \$72)

Materials fee payable to instructor \$10

Tuesdays, September 25 – October 9

6:30 p.m. – 8 p.m.

LSU Campus 

*New!*

### Genealogical Research


Piece together your family history and discover what's up your family tree. Whether you are just getting started or are searching for suggestions on how to progress further, you'll learn about traditional research methods, new developments in technology and get tips on documenting your findings and keeping it organized to share with future generations.

Price \$89 (Member/Student \$72)

Materials fee payable to instructor \$5

Wednesdays, September 5 – September 26

5:30 p.m. – 7 p.m.

LSU Campus 

### Stress Less

Steve Robichaux

It is impossible to rid your life of all stress, but you can discover how to keep it at a manageable level. We will look at the most common causes and how you can recognize the early signs of stress in yourself and others. Find effective and positive ways to relax and respond to the everyday stressors in your life.

Price \$50 (Member/Student \$40)

Wednesdays, October 24

6 p.m. – 8 p.m.

LSU Campus 

## PROFESSIONAL DEVELOPMENT

*New!*

### Music Business 101


Johnny Palazzotto

"Music is spiritual. The music business is not." (Van Morrison). Johnny Palazzotto of Pal Productions Co. presents an overview of the business aspects involved in recording, producing, publishing, tour management, and concert production in this multi-billion dollar industry. Follow the money, and discover how royalties are earned in today's world. You'll also discuss new developments in digital technology and how it's changing the way music is promoted and distributed.

Price \$139 (Member/Student \$119)

Tuesdays, August 28 – October 16

7 p.m. – 9 p.m.

LSU Campus 

*New!*

### Sell Yourself: Build a Professional Online Portfolio

Kimberly Bourque

Got job? Market yourself to a new audience by creating a website designed to supplement your resume and discover why it's more important than ever to develop a professional online presence. Get tips for building a good portfolio, learn basic design concepts and find out what files should be included to give you the advantage in today's job market. No web design background or coding experience necessary!

Price \$67 (Member/Student \$54)

Wednesdays, September 12 – October 10

6 p.m. – 7:30 p.m.

LSU Campus 



The Taste of Wine (p. 4)

### Voiceovers: Getting Paid to Talk

Instructors from Voicecoaches

Have you ever been told you have a great voice? Put that voice to work, and explore numerous aspects of voiceover work for television, film, radio, audio books, and documentaries. Instructors will cover the basics, including how to prepare the all-important demo, and how to be successful in this exciting field.

Price \$49 (Member/Student \$39)

Thursday, November 20

6:30 p.m. – 9 p.m.

LSU Campus 



## CULTURE

### Budget European Travel Skills

Richard Robison

Learn to travel independently and inexpensively through Europe. Richard Robison will lead you through a series of videos, slides, and lectures that cover the basic skills needed to travel around Europe, including planning your itinerary, packing light, finding hotels, traveling by train, and safety. He will also cover some of Europe's top sights and famous attractions.

Price \$47 (Member/Student \$38)

Saturday, October 6

9:30 a.m. – 3:30 p.m.

LSU Campus

### European Art and History for Travelers

Richard Robison

Designed for travelers who want to get the most out of their European sightseeing adventures, this class places emphasis on the major cities, famous museums, and impressive cathedrals of Europe. Using a series of slides, lectures, and videos, Richard Robison will cover the art and history of the ancient Greeks and Romans, as well as the Gothic, Renaissance, Baroque, and Impressionism periods.

Price \$47 (Member/Student \$38)

Saturday, October 20 – October 27

9:30 a.m. – 12 p.m.

LSU Campus

## FOOD & DRINK

### LSU Candy

Instructors from Party Time

Learn the basics of melting and molding candy for sweet savory LSU treats you can make at home! You will learn how easy it is to create delicious treats that are perfect for tailgating! All materials provided.

Price \$35 (Member/Student \$30)

Monday, October 8

6 p.m. – 8 p.m.

Party Time, 3350 Bluebonnet Blvd.

### LSU Cupcakes

Instructors from Party Time

Create dazzling cupcakes that will be the talk of Tiger Town! Get sugary-sweet, hands-on instruction and learn how to decorate cupcakes that are perfect for all of your purple and gold festivities. All materials provided.

Price \$35 (Member/Student \$30)

Monday, September 10

6 p.m. – 8 p.m.

Party Time, 3350 Bluebonnet Blvd.

### The Taste of Wine

Stephen Staples

Join local wine expert Stephen Staples and learn about wine tasting and the wine making process. He will also guide you in pairing wines with certain foods and will give you tips on ordering wine at restaurants. Each session will include a lecture and tasting of wines. Accompanying hors d'oeuvres will be served at several class meetings. Participants must be 21 or older on or before class start date.

Price \$92 (Member/Student \$74)

Materials fee payable to instructor \$75

Wednesdays, September 19 – November 14  
(no class October 31)

7 p.m. – 8:30 p.m.

The Chimes, 357 Highland Rd.

### Mediterranean Wines

Stephen Staples

Eat, drink and be merry as you discover and explore the wines of Southern Europe. Stephen Staples will guide you through reds and whites, as well as ports and sherries of Spain, Italy and the Rhone region of southern France. Accompanying hors d'oeuvres will be served at several classes. Participants must be 21 or older on or before class start date.

Price \$92 (Member/Student \$74)

Materials fee payable to instructor \$75

Tuesdays, September 18 – November 13  
(no class October 30)

7 p.m. – 8:30 p.m.

The Chimes, 357 Highland Rd.

*New!*

### Scotch Tasting

Kevin Paul

Join us for a "spirit"ual experience and taste your way through Scotland! Experience a proper tasting of several types of Scotch as you learn how it's made, aged and bottled. Uncover the warmth and complexities of this age-old malt, learn what to look for and, most importantly, discover which style suits you best! Light hors d'oeuvres will be served at each class. Participants must be 21 or older on or before class start date.

Price \$92 (Member/Student \$74)

Materials fee payable to instructor \$125

Thursdays, September 27 - November 1

6 p.m. – 8 p.m.

Gabriel's House, 3520 Bank Dr., St. Gabriel  
(13 miles south of LSU)

Email is our primary method of communication.  
Add [leisure@lsu.edu](mailto:leisure@lsu.edu) to your address book today!

## Sushi

Marie Hla

Roll your own! Learn how to cook and prepare sushi including Maki Zushi (rolled sushi) and Nigiri (pressed sushi). Master the fundamental skills of preparing this popular Japanese cuisine today!

Price \$49 (Member/ Student \$39)

Materials fee payable to instructor \$25

Sundays, October 28 – November 4

3 p.m. – 4:30 p.m.

LSU Campus

## GARDENING & LANDSCAPING

### Bonsai Workshop: Beginning

Lowell Tilley

Cultivate a living work of art! Get hands-on training and start your own bonsai as Lowell Tilley, local bonsai buff, shows you how to prepare the soil and guides you in watering, fertilizing, pruning and styling your bonsai. You do not want to miss this information-packed workshop!

Price \$66 (Member/ Student \$53)

Materials fee payable to instructor \$10

Saturdays, August 25, September 22, October 6, October 20

9 a.m. - 12 p.m.

LSU Campus

### Bonsai Workshop: Improving Design

Lowell Tilley

Continue to develop and build your bonsai collection in this hands-on workshop. Learn techniques for wiring and pruning, and use your new skills to create beautiful and unique designs. You and your bonsai will receive lots of individual attention, and you will also get tips for watering, fertilizing and controlling pests.

Price \$25 (Member/Student \$21)

Saturday, October 27

9 a.m. – 11 a.m.

LSU Campus

### Louisiana Landscapes

Dan Hebert

Create the landscape of your dreams! Learn how to use trees, shrubs, ground covers, annuals, perennials, vines and more as Dan Hebert, licensed landscape architect, contractor and horticulturist, will discuss aesthetics, survivability and concepts of design in this fun and informative class. Plant lovers, home gardeners and beginning contractors and landscape designers welcome!

Price \$79 (Member/Student \$63)

Saturday, October 27

8 a.m. - 12:30 p.m.

LSU Campus

## HOME IMPROVEMENT

### Get Your House in Order


Jenny Hay

Clear out that clutter, simplify your life and create the well-ordered home of your dreams. In her down-home, friendly manner, Jenny Hay will guide you in deciding what to get rid of and how to manage what is left. She will give you common sense advice and practical tips to help you keep that clutter under control.

Price \$62 (Member/Student \$58)

Tuesdays, October 9 – October 23

7 p.m. – 9 p.m.

LSU Campus 

### Interior Decorating Basics

Stacy Naquin

Take all those magazine clippings and ideas you've been collecting on Pinterest and learn how to put them all together! From determining your style and selecting the right colors to designing floor plans and repurposing what you may already have, Stacy Naquin of Stacy Naquin Interiors, will help you pull it all together into a chic, timeless design.

Price \$122 (Member/Student \$98)

Materials fee payable to instructor \$10

Thursdays, September 20 – October 4

6:30 p.m. – 8 p.m.

LSU Campus 

### The Road to Your New Home

Marcus Brister

Building a new home may seem like an insurmountable task, but with tips and strategies from an industry insider, the job will be easier! Marcus Brister will cover all steps of building a home from the planning stage to moving in. Learn how to make the permit process easier, how to understand your blueprints and where to save money along the way!

Price \$81 (Member/Student \$65)

Materials fee payable to instructor \$10

Thursdays, September 13 – October 11

6:30 p.m. – 8:30 p.m.

LSU Campus 

## LANGUAGE

### French: Beginning

Brigitte Delzell


Whether you are planning a visit to a French-speaking country, or simply want to learn the language to be enriched, this class is right for you! Brigitte Delzell will lead you in developing oral skills, learning basic grammar, and building a practical vocabulary.

Price \$116 (Member/Student \$94)

Materials fee payable to instructor \$3

Mondays, Wednesdays, September 10 – October 3

7 p.m. – 9 p.m.

LSU Campus 

## French: Conversation and Culture

*New!*

Anne Ulentin

Experience the best of France's culture, cuisine and history without leaving LSU's campus! As you take a virtual tour through France with Made-moiselle Anne Ulentin, you'll increase your fluency and comprehension of the French language. This course involves an intermediate to advanced level of the French language and is suitable for those with a basic vocabulary and knowledge of grammar.

Price \$116 (Member/ Student \$94)

Materials fee payable to instructor \$5

Wednesdays, October 10 – December 5 (No class November 21)

5:30 p.m. – 7 p.m.

LSU Campus 



## Hebrew: Beginning

Marina Rubin

Marina Rubin will guide you through an overview of one of the world's oldest languages. By learning easy songs and poems in class, you will learn the Hebrew alphabet, the rules of reading and the basics of grammar, all while broadening your vocabulary.

Price \$112 (Member/Student \$90)

Sundays, September 9 – October 21

2 p.m. – 3:50 p.m.

LSU Campus

## Italian Conversational: Beginning

Fara Mabrey

Learn one of the world's most beautiful languages from Fara Mabrey, a native of Italy. She will introduce you to basic conversation, grammar, sentence structure and vocabulary. Whether you are planning an excursion to Italy or just want to learn more about the language and culture, this class is for you!

Price \$116 (Member/Student \$94)

Mondays, September 10 – October 22

6 p.m. – 7:30 p.m.

LSU Campus 

## Italian Conversational: Beginning Plus

*New!*

Fara Mabrey

With Fara Mabrey, a native Italian speaker, you will work towards greater proficiency and confidence in the language. If you know a little Italian but want to learn more, this is the opportunity you've been waiting for! This course is suitable for those with a basic knowledge of grammar, sentence structure and vocabulary.

Price \$116 (Member/ Student \$94)

Tuesdays, October 16 - November 27

6 p.m. - 7:30 p.m.

LSU Campus 


## Italian Conversational: Intermediate

Fara Mabrey

Explore in greater detail the wonders of the "Bel Paese." Fara Mabrey, a native Italian, will introduce additional vocabulary and language structure according to the needs and interests of her students. Join this class and learn more about the romantic language of great artists such as Dante, Petrarca and Boccaccio.

Price \$116 (Member/ Student \$94)

Wednesdays, September 12 - October 24

6 p.m. - 7:30 p.m. 

## Louisiana Creole: Beginning

Cliford Johnson

Take an active role in the preservation of our state's unique culture today! Learn the basics of Louisiana Creole, one of our state's rapidly declining Latin-based languages. In addition to learning about grammar and forming complete sentences, you will learn about the history and development of the language from an enthusiastic native Louisiana Creole.

Price \$112 (Member/Student \$90)

Materials fee payable to instructor \$3

Sundays, September 9 – October 28

5 p.m. – 6:30 p.m.

LSU Campus

Top to bottom:  
Woodcarving  
The Road to Your New Home  
Ballroom Dance

## Russian: Beginning

Marina Rubin

Who better to teach you Russian than a native speaker? Marina Rubin will guide you through the Russian alphabet, help you to broaden your vocabulary, and explain the rules of reading and the basics of grammar through the use of easy songs and poems.

Price \$112 (Member/Student \$90)

Sundays, September 9 – October 21

4 p.m. – 5:50 p.m.

LSU Campus

## Spanish: Beginning

Emma Caldwell


Ready to learn Spanish? Si! This introductory course is perfect for those with little or no experience with the Spanish language. This class will give you the foundation and understanding of basic grammar, all while building a basic vocabulary.

Price \$116 (Member/Student \$94)

Materials fee payable to instructor \$5

Tuesdays & Thursdays, August 14 – September 4

6 p.m. – 8 p.m.

LSU Campus 

## MONEY

### Mutual Funds: The Basics


Frank Carney

Become a mutual fund “do-it-yourselfer.” Dr. Frank Carney, a retired LSU administrator, will guide you through the basics of mutual funds so that you can examine your current retirement accounts and broker recommendations. He’s gained a wealth of knowledge through reading, studying, trial and error, and will share with you information on the types of funds available, risks involved, and more!

Price \$50 (Member/Student \$40)

Wednesdays, October 3 – October 10

6 p.m. – 8 p.m.

LSU Campus 



## DANCE

### Ballet: Beginning

Kris Cangelosi

Learn the basics of ballet from Baton Rouge’s own Kris Cangelosi, while improving coordination, and increasing your muscle tone! You will learn to move to beautiful music with grace and style.

Price \$71 (Member/Student \$57)

Sundays, August 26 – October 7 (No class September 2)

5 p.m. – 6 p.m.

Cangelosi Dance Project, 3749 Perkins Rd.

### Ballet: Intermediate

Kris Cangelosi

Build on the basics and challenge your strength and coordination. kris Cangelosi will guide you through more complex ballet exercises and help you refine your technique.

Price \$71 (Member/Student \$57)

Sundays, October 14 – November 18

5 p.m. – 6 p.m.

Cangelosi Dance Project, 3749 Perkins Rd.

### Ballroom Dance: Beginning

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Glide and swirl across the floor with confidence! This class will introduce you to the basic steps for touch dances: the waltz, fox trot, rumba and cha cha. Develop better rapport with your partner and learn to dance as a couple, leading and following with confidence.

Price \$71 (Member/Student \$57)

Sundays, August 26 – October 7 (No class September 2)

4:45 p.m. – 5:45 p.m.

LSU Campus

### Ballroom Dance: Intermediate

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Put on those dancing shoes and have a ball! This class will help you polish the basic ballroom skills you learned in the beginning class. Ric Seeling and his instructors will guide you in increasing your repertoire and perfecting your individual style.

Price \$71 (Member/Student \$57)

Sundays, October 14 – December 2 (No class November 25)

4:45 p.m. – 5:45 p.m.

LSU Campus

### Bellydance: Beginning

Katie Gromlovits

Learn the beautiful art of bellydance while adding grace, poise, strength, and balance to your daily life. You will learn basic posture and isolation techniques—the foundations of this centuries-old art form. From swaying hips to graceful hand gestures, come celebrate the power and beauty of the feminine.


Price \$73 (Member/Student \$59)

Optional coin scarf \$20

Section I: Tuesdays, August 21 – September 25

Section II: Thursdays, October 4 – November 15 (No class on October 18)

6 p.m. – 7 p.m.

LSU Campus 

### Cajun Dance: Beginning

Roland Doucet


Dance the night away, cher! Have fun learning the traditional Cajun waltz, two-step and jitterbug as Roland Doucet shares his love and knowledge of the Cajun culture.

Price \$73 (Member/Student \$59)

Section I: Tuesdays, August 21 – September 18

Section II: Tuesdays, September 25 – October 23

7 p.m. – 9 p.m.

LSU Campus 

### Cajun Dance: Intermediate

Roland Doucet

Step it up a notch! Roland Doucet and his team will review the basics, and then help you master a classic dance with a variety of turns and spins. Come and pass a good time, cher!

Price \$73 (Member/Student \$59)

Tuesdays, October 30 – November 20

7 p.m. – 9 p.m.

LSU Campus 

### Disco Hustle

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Want to learn a fun, upbeat dance? Do the Hustle! Characterized by fast turns, spins and footwork, you can dance to music from the 70’s and even today’s popular club music.

Price \$73 (Member/Student \$59)

Section I: Wednesdays, August 29 – October 10 (No class September 5)

Section II: Wednesdays, October 17 – November 28 (No class November 21)

8 p.m. – 9 p.m.

LSU Campus 

### East Coast Swing: Beginning

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Because it’s intuitive and easy to learn, this upbeat and lively dance has been popular for decades. The twists, turns and footwork make this versatile dance suitable for the ballroom and the clubs.

Price \$73 (Member/Student \$59)

Section I: Wednesdays, August 29 – October 10 (No class September 5)

Section II: Wednesdays, October 17 – November 28 (No class November 21)

6 p.m. – 7 p.m.

LSU Campus 

### Salsa: Beginning

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

This fun, fast-paced dance is one of the hottest dances on the Latin circuit! Learn this flirtatious and sensuous dance composed of quick foot switches and multiple spins and turns from one of Baton Rouge’s most popular instructors, and spice up your life today!

Price \$71 (Member/Student \$57)

Sundays, August 26 – October 7 (No class September 2)

7:15 p.m. – 8:15 p.m.

LSU Campus

### Salsa: Intermediate

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Build on the basics that you learned in the beginning class, and improve your technique to enhance your style. Add new steps to your repertoire, and heat up the dance floor!

Price \$71 (Member/Student \$57)

Sundays, October 14 – December 2 (No class November 25)

7:15 p.m. – 8:15 p.m.

LSU Campus

### Swing/Jitterbug: Beginning

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

The Swing & Jitterbug are versatile, uniquely American dances and are perfect for weddings, reunions and any other event where fun is required! Let Ric Seeling and his crew show you the steps for both single and triple rhythm, and you will be able to dance to both slow and fast-paced music.

Price \$71 (Member/Student \$57)

Sundays, August 26 – October 7 (No class September 2)

6 p.m. – 7 p.m.

LSU Campus

### Swing/Jitterbug: Intermediate

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

Refine your technique, and swing to the next level! Master the fundamentals you learned in the beginning class, and add some flare with new twists and turns that will surely impress on the dance floor.

Price \$71 (Member/Student \$57)

Sundays, October 14 – December 2 (No class November 25)

6 p.m. – 7 p.m.

LSU Campus

### Tap Dance: Beginning

Kris Cangelosi

Don’t keep those feet still any longer! Join Kris Cangelosi, founder of the Cangelosi Dance Project, as she teaches the most common tap steps to the tunes of popular Broadway shows. Learn the shuffle, the flap, pullbacks, the paddle and roll, and many, many more

Price \$71 (Member/Student \$57)

Sundays, August 26 – October 7

6 p.m. – 7 p.m.

Cangelosi Dance Project, 3749 Perkins Rd.

### Tap Dance: Intermediate

Kris Cangelosi

Join Kris Cangelosi, founder of the Cangelosi Dance Project, as she teaches intermediate level tap steps to the tunes of popular Broadway shows.

Price \$71 (Member/Student \$57)

Sundays, October 14 – November 18

6 p.m. – 7 p.m.

Cangelosi Dance Project, 3749 Perkins Rd.

### West Coast Swing: Beginning

Instructors from Ric Seeling’s Club Dance, led by Ric Seeling

West Coast Swing is one of the hottest dances today, and it’s your turn to learn this smooth, sexy and chic dance! This versatile dance can be done fast and funky or smooth and slow and can be performed to many styles of music including rock, pop, hip hop, jazz, blues and country. Master the right and left side pass, the push break and the basic whip, and you will see big results on the dance floor!

Price \$73 (Member/Student \$59)

Section I: Wednesdays, August 29 – October 10 (No class September 5)

Section II: Wednesdays, October 17 – November 28 (No class November 21)

7 p.m. – 8 p.m.

LSU Campus 

## FITNESS, HEALTH & SPORTS

### Archery: Beginning

Sara Deen

Want your skills to rival those of Katniss from The Hunger Games? Get hands-on instruction from Sara Deen, a national competitor, and you too can shoot an apple out of a pig's mouth! Ms. Deen will guide you through the types of equipment and help you determine eye dominance. With an emphasis on safety and sportsmanship, she will also teach you about the types of shoots and proper shooting techniques. Participants should bring own equipment (no crossbows permitted).

Price \$69 (Member/ Student \$55)

Monday through Friday, October 8 - 12

5:30 p.m. - 7 p.m.

Highland Community Park, 14024 Highland Rd.

### Be Strong, Live Long: Strength Training for Life!

Neil Nett

Exercise is the key to healthy aging, staying strong, and having energy. You are never too old to get stronger, increase your stamina and explore more options in life. Even those with chronic diseases, such as arthritis, diabetes and fibromyalgia can benefit from strength training. Learn to design a strength program for yourself and safely follow principles of gradual resistance training using state-of-the-art fitness equipment. Price includes membership in St. James Place Health & Wellness Center for duration of class.

Price \$140 (Member/Student \$119)

Tuesdays, Thursdays, September 11 - October 30  
(No class October 18)

4 p.m. - 5 p.m.

St. James Place Health & Wellness Center, 333 Lee Dr.

### Golf: Beginning

Clarence von Aspern

Is your golf game on par? Learn about grip, stance and posture, balance, ball placement, alignment and essential swing elements to develop great tempo and power. Lessons will cover chipping, pitching, putting, driving the ball, iron play and fairway play, all based on Ben Hogan's *Five Lessons: The Modern Fundamentals of Golf*. At the end of class, you will even play in a scramble with other class participants! Class is appropriate for beginning and intermediate golfers and is taught by a USGTF Level III Golf Teaching Professional. Participants should bring a set of golf clubs to class.

Price \$119 (Member/ Student \$162)

Materials fee payable to LSU Golf Course \$25  
Section I: Mondays & Wednesdays, August 20 - September 5 (last week of class meets on Tuesday and Wednesday)

Section II: Mondays & Wednesdays, September 17 - October 3

Section III: Mondays & Wednesdays, October 22 - November 7

6 p.m. - 7:30 p.m.

LSU Golf Course

### Hatha Yoga: Basics

Instructor

Relax and strengthen your mind and body while improving your overall health and sense of well-being. Suitable for any lifestyle, the class focuses on developing flexibility, mental focus and strength. You will learn the basics of hatha yoga as well as the sun salutations. This class is great for beginners as well as those who would like to refresh their yoga postures.

Price \$75 (Member/Student \$60)

Section I: Mondays, Wednesdays, September 10 - October 3

Section II: Mondays, Wednesdays, October 22 - November 14

5:30 p.m. - 6:30 p.m.

LSU Campus 

### Longsword Fencing: The Art of the Swordfight

Eric Wiggins

Discover the art and traditions of German longsword fencing with Eric Wiggins, practitioner and trainer of Historical European Martial Arts (HEMA). Begin with an introduction to its history, and study the manuscripts from which this art is being reconstructed. Move on to solo and partner drills that reinforce strategies and techniques used to efficiently overcome opponents, such as proper stance, footwork, distance, timing, cutting, and parrying.

Price \$82 (Member/Student \$66)

Material fee payable to instructor \$75

Tuesdays, September 18 - October 23

6 p.m. - 7:30 p.m.

LSU Campus 

### T'ai Chi Ch'uan

Instructors from T'ai Chi Health Association, led by Michael Chow


Learn this ancient Oriental art of moving meditation. The gentle, slow, energizing movements of T'ai Chi increase concentration and awareness, improve balance and flexibility and provide greater vitality and overall health.

Price \$73 (Member/ Student \$57)

Section I: Thursdays, September 6 - October 11

Section II: Thursdays, October 25 - December 6  
(No class November 22)

7 p.m. - 9 p.m.

LSU Campus 

### Tennis: Beginning

Diana Weber

Learn the rules and etiquette of tennis in this fun, non-competitive class. Diana Weber, USPTA Tennis Professional, will cover all the basics including equipment, footwork, grips and strokes such as the forehand and backhand. Restore confidence and build self-esteem while learning the game from one of our most highly acclaimed instructors. Class is appropriate for beginners and those seeking a refresher course. Bring a canister of tennis balls and a racquet or make arrangements to borrow a racquet from Ms. Weber.

Price \$72 (Member/ Student \$58)

Materials fee payable to instructor \$10

Saturdays, Sundays, September 15 - September 23

9 a.m. - 10:30 a.m.

Fairway View Apartments, Phase II, 2245 College Dr.

## GAMES

### American Mah Jongg: Beginning

Lee Caplan

American Mah Jongg is a version of the ancient Chinese game traditionally played by aristocrats. Similar to rummy and played with tiles instead of cards, this trendy game is popular among people of all ages. Join Mrs. Caplan to learn the suits, tiles and rules, and you will be playing after the very first class!

Price \$89 (Member/Student \$71)

Materials fee payable to instructor \$12

Sundays, September 9 - October 14 (No games September 16, October 7)

2 p.m. - 4 p.m.

LSU Campus

## MUSIC

### Guitar: Beginning

Matthew Aguilar

Learn how to strum chords on your acoustic guitar using a variety of styles and techniques such as flat-picking, rhythm and finger style. Matt Aguilar will also cover easy ways to read notes, write songs and tune your guitar. His laid-back style allows for classes to be tailored to your individual needs, whether you are new to the instrument or picking it back up after many years.

Price \$70 (Member/Student \$56)

Section I: Sundays, September 9 - October 14

Section II: Sundays, October 21 - December 2  
(No class November 25)

2:30 p.m. - 3:30 p.m.

LSU Campus

### Harp: Beginning

Ginna Paredes

Join Ginna Paredes in a relaxed setting, and learn to play this beautiful instrument. Mrs. Paredes encourages exploration and improvisation, and she will provide instruction with constructive feedback. Even with no musical experience, you can be playing a tune by the end of the first lesson! Harps provided for use during scheduled classes.

Price \$199 (Member/Student \$169)

Sundays, September 30 - November 4

3 p.m. - 4:30 p.m.

Instructor's Residence (Garden District)

### Native American Flute & Tabulature: Beginning/ Intermediate

Paula Ellis

Learn to read and play music the fast, fun, and easy way! Learn to play the Native American flute, a distinct sounding instrument originally played in healing, meditation, and spiritual rituals. You'll learn to read music using tabulature, a specialized notation system developed just for the Native American flute. No prior musical experience is necessary.

Price \$70 (Member/Student \$56)

Materials fee payable to instructor \$20  
Beginning

Sundays, September 30 - November 4  
2 p.m. - 3:30 p.m.

Intermediate

Sundays, September 30 - November 4  
4 p.m. - 5:30 p.m.

Instructor's Residence (Sherwood Forest)

### Piano: Beginning

Rebecca Bellelo

Learn to play the piano without committing to private lessons! Come learn the fundamentals of piano playing in a lab setting: a unique environment in which each participant sits at his or her own piano using headphones to play privately while simultaneously listening to the instructor. Upon completion of this class, you will be able to navigate the keyboard, read simple music and play some familiar tunes.

Price \$121 (Member/ Student \$103)

Materials fee payable to instructor \$30

Section I: Tuesdays, August 21 - September 25  
7:10 p.m. - 8:10 p.m.

Section II: Wednesdays, August 22 - September 26

12 p.m. - 1 p.m.

Piano Pathways Studio, located on Perkins near Bluebonnet (accessible only by stairs)

## ON STAGE

### Aerial Silks: Beginning

Elise Duran

A sense of adventure is required for this class! Create dramatic drops and poses as you unwind from lengths of silk fabric hung high above the ground. Elise Duran, professional aerialist, will guide you through the basics of aerial dance, including position, control, and balance, so that you will be able to use your body to create beautiful and amazing poses. Space is limited to give each participant individual attention and plenty of time in the air!

Price \$149 (Member/Student \$127)

Wednesdays, August 29 - October 3

6 p.m. - 7:15 p.m.

LSU Campus 

### Aerial Silks: Intermediate

Elise Duran

Flying high after Elise Duran's beginning class? Push your physical and creative limits as you develop your skill and endurance levels, and perfect your performance techniques. As your strength, flexibility, coordination, and confidence increase, you'll be amazed at what you're capable of! Mastery of beginning level skills is required in order to participate in this class.

Price \$224 (Member/Student \$191)

Wednesdays, October 10 - December 12 (No class October 31, November 21)

6 p.m. - 7:15 p.m.

LSU Campus 



Sushi (p. 5)



## LOL! An Intro to Improv <sup>New!</sup>


Katie East

Katie East, writer, producer and star of the hit show *Sick Girl*, is back from NYC so come have a laugh and learn the fundamentals of long form improv from a pro! Think on your feet and create funnier scenes as you learn the all-important concepts of heightening, object work and environment to develop characters and create scenes without the use of props. Participants should feel comfortable on stage or in front of an audience.

Price \$119 (Member/ Student \$99)

Mondays, September 17 – October 8

6 p.m. – 9 p.m.

LSU Campus 

## OUTDOORS

### Backpacking 101

Katherine Gividen


Join experienced hiker and president of Louisiana Hiking Club, Katherine Gividen, for this fun, informational, and interactive class. Discuss the "Leave No Trace" philosophy, get an extensive overview of backpacking equipment, and learn about land navigation and outdoor meal preparation. Test your skills on an optional Saturday hike in nearby Clark Creek, MS, and a backpacking weekend at Louisiana's own Chicot State Park.

Price \$195 (Member/Student \$170)

Materials fee payable to instructor \$10

Tuesdays, October 9 – November 13

7 p.m. – 9 p.m.

LSU Campus 

### Birding: Basic

Jane Patterson

Think you've seen a bald eagle fly over your house? Find out for sure as you learn the basics of bird identification and discover how to quickly and positively identify Louisiana's most common (and even some uncommon) birds! Bring your binoculars and field guides and put your new skills to practice on several optional weekend fieldtrips.

Price \$68 (Member/Student \$55)

Materials fee payable to instructor \$2

Mondays, September 10 – October 1

6:30 p.m. – 8 p.m.

LSU Campus 

### Boating Safety

Instructors from Baton Rouge Sail & Power Squadron


One of the best ways to have a fun boating experience is to "know before you go." Both novice and experienced boaters will benefit from this information-packed class. Instructors certified by Louisiana Department of Wildlife & Fisheries discuss safe boating concepts, safety equipment including light and sound signals, navigation rules and aids, federal boating laws, state and local regulations and more! Upon successful completion, participants will be issued a temporary certificate until their state boating education card is issued.

Price \$27 (Member/ Student \$23)

Materials fee payable to instructor \$25

Wednesdays, September 19 – October 10

6:30 p.m. – 8:30 p.m.

LSU Campus 

## Boating: Using GPS <sup>New!</sup>

Instructors from Baton Rouge Sail & Power Squadron

Using GPS on the water is distinctly different from the moving map display in your car. The principles of waypoint navigation will be explained and you'll be able to relate them to your charted course. Learn about the functionality and operations of a GPS so that you can ultimately navigate a safe course!

Price \$19 (Member/ Student \$16)

Materials fee payable to instructor \$16

Wednesdays, November 7

6:30 p.m. – 8:30 p.m.

LSU Campus 

## Boating: Weather & Forecasting <sup>New!</sup>

Instructors from Baton Rouge Sail & Power Squadron

"A veering wind will clear the sky. A backing wind says storms are nigh." The safety and comfort of those who venture out on the water is always weather dependent. Learn the basics of weather, including fronts, winds, storms, fog and even forecasting for both onboard and field use!

Price \$19 (Member/ Student \$16)

Materials fee payable to instructor \$24

Wednesdays, September 5

6:30 p.m. – 8:30 p.m.

LSU Campus 

## Can You Canoe? <sup>New!</sup>

Kevin Paul

Paddle up and develop the foundation to make your outdoor adventures fun and rewarding! Learn the fundamentals of canoeing in this exciting, hands-on class. Begin by familiarizing yourself with the equipment and safety rules and then travel to Henderson Lake to learn and practice the basic strokes and maneuvers needed to paddle a canoe safely and efficiently.

Price \$79 (Member/ Student \$63)


Materials fee \$40

Wednesdays, October 24 (class)

6 p.m. – 9 p.m.

Saturday, October 27 (canoe trip)

8 a.m. – 7 p.m.

LSU Campus 

## Horse Sense

Janet Talmadge

Whether beginning, improving or returning to the trail, this class is for you! Learn the basics of English-style riding in this fun, hands-on class as Janet Talmadge, owner of Ravenwood Stables, gives you the opportunity to ride each day and leads you through the proper care of horses and the techniques and equipment used to ride. This course is recommended for moderately active people aged 18-58 who weigh less than 200 pounds. It is not recommended for those with past or present knee complications.

Price \$199 (Member/Student \$168)

Tuesdays, September 18 – October 9

6 p.m. – 7:30 p.m.

Ravenwood Stables, 17872 Old Jefferson Hwy., Prairieville

## Sac-a-Lait and Bream Fishing with the Jiggin' Pole

J.B. Salter

The versatile jigging pole combines the best features of the cane pole, the fly rod, and the ultra-lite casting rod. J.B. Salter, a local fishing expert, will lecture and give you hands-on experience with the pole from a boat dock at a nearby lake. He will also give you information on area fish, local fishing patterns, types of jigs and live bait, and how to create underwater structures to attract the big one!

Price \$53 (Member/Student \$42)

Saturday, October 27

8 a.m. – 12:30 p.m.

LSU Campus.



Aerial Silks (p. 7)



Guitar (p. 7)

# Start A NEW TRADITION



Join the Friends of the  
LSU STUDENT UNION

## Art Gallery

Help support and maintain the vitality of the gallery's exceptional educational rotating exhibits and ensure that it remains free and open to the public.

[www.lsu.edu/union](http://www.lsu.edu/union)

UNION  
*Art*  
GALLERY

## GENERAL INFORMATION

### WHO MAY ENROLL

Leisure Classes are open to everyone aged 18 years and older unless otherwise noted. Parents or guardians wishing to register students under 18 years of age should contact us at (225) 578-5119 for more information.

### CLASS PRICES

Leisure Classes uses a dual-pricing structure. The first price listed for each class is our regular price. The discounted rate is available to LSU students, their parents and Leisure Class members.

### REGISTRATION

Registrations are accepted only through the Leisure Classes office. Each class has an established enrollment limit, and registrations are accepted on a first come, first served basis. Please register early to ensure your seat.

Full payment is required at the time of registration. Payment may be made by MASTERCARD, VISA, AMERICAN EXPRESS, DISCOVER, cash, personal check, or LSU payroll deduction.

### REFUNDS AND TRANSFERS

Enrollment is evaluated 3-5 business days prior to the start of class. If a class is cancelled due to low enrollment, you will receive a full refund of your purchase price or you may apply the funds towards the cost of another class.

All other transfer and refund requests must be received by our office in writing before 12 p.m. (noon) 1 FULL WEEK prior to the start of class and are subject to a 10 % administrative charge. Transfers and refund requests received after this deadline will not be considered.

### EMERGENCY CANCELLATIONS & RESCHEDULING

We will make every effort to reschedule class sessions that have been cancelled due to inclement weather or other circumstances beyond our control.

If LSU closes due to an emergency situation, all Leisure Classes are suspended until further notice. Please check [www.lsu.edu](http://www.lsu.edu) for information regarding University courses.

### CLASS LOCATIONS

Most classes are held on LSU's campus. If your class is scheduled at another location, you'll find directions on your class confirmation and at [www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses).

### PARKING

Parking permits are required for all vehicles on campus Monday – Friday, 7 a.m. – 10 p.m. and are available to Leisure Class participants at no additional charge. Information on obtaining parking permits will be sent with class confirmation.

## PARTICIPANT SERVICES

### CLASS WAITING LIST

If a class is full, be sure and join the waiting list. Interested participants can call us at (225) 578-5119 or follow the online registration process at [www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses). Should space become available, students on the waiting list are contacted first and given an opportunity to register.

### GIFT CARDS & GIFT REGISTRATIONS

To purchase an eGift card that can be applied to a class of the recipient's choice at a later time, visit our website at [www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses). If you wish to register a friend in a specific class as a gift, please call us at (225) 578-5119.

### LEISURE CLASSES MEMBERSHIP

Purchase a membership today and receive discounted prices on all Leisure Classes! Your \$40 annual membership includes up to two adults and up to three children under the age of 18 living in the same household and is valid for 1 year from the date of activation. Leisure Classes membership is non-refundable.

## LAGNIAPPE

### DISCLAIMERS

The LSU Student Union does not necessarily endorse the content of the classes. The views presented are those of the individual instructors. Leisure Classes makes every effort to ensure that all information in this brochure is accurate at the time of publication. Every effort will be made by the Leisure Class Office to notify registered participants of any changes.

### INTERESTED IN TEACHING A CLASS?

Do you have experience in your field, a special interest or talent and are interested in teaching a class? Please call (225) 578-5119 or visit the "teaching" section at [www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses) to submit a proposal.

# UNION THEATER PRESENTS

Fall 2012 • LSU STUDENT UNION THEATER



### REINVENTING RADIO WITH IRA GLASS

Sunday, August 26 at 7:30 p.m.  
The creator of the public radio show *This American Life* talks about his program and how it's put together.



### ANJELAH JOHNSON

Thursday, September 27 at 7:30 p.m.  
If you loved her as "Bon Qui Qui," don't miss YouTube star Anjelah Johnson's stop at LSU as she performs her hilarious comedy routines LIVE.



### TITANIC - THE MUSICAL

Wednesday, October 10 at 7:30 p.m.  
You've sobbed at Leonardo DiCaprio's death in the movie; now experience that fateful trip in a new way through the Tony award-winning Broadway musical.



### CAPITOL STEPS

Sunday, October 14 at 4:30 p.m.  
Started by three Senate staffers in 1981, Capitol Steps features witty satires of current political situations from those who know it best.



### THE DANA LEONG TRIO

Wednesday, October 24 at 7:30 p.m.  
This group specializes in taking classical music and transforming it into an edgy genre like nothing you've ever heard—think Bach meets hip-hop.



### KRAIG PARKER'S WORLD PREMIER TRIBUTE TO ELVIS: CHRISTMAS EDITION

Sunday, December 9 at 4:30 p.m.  
Elvis will be in the building—internationally acclaimed Elvis performer Kraig Parker will take you back in time as he sings the King's classic hits.


[www.uniontheater.lsu.edu](http://www.uniontheater.lsu.edu)  
Box Office: 225-578-5128


Visit us on Facebook  
Search LSU Union


LSU STUDENT UNION


# Register:

 **Online:**  
www.lsu.edu/leisureclasses


 **Phone:**  
(225) 578-5119

 **Fax:**  
(225) 578-4329

 **Mail:**  
Leisure Classes  
LSU Box 25123  
Baton Rouge, LA 70803

 **In Person:**  
Room 107  
LSU Student Union  
7:30 a.m. – 5:00 p.m.  
Monday – Friday

CAMPUS MAP



Most on-campus classes are held in one of the locations listed below.

- 1 **Coates Hall**
- 2 **Foster Hall**
- 3 **Hatcher Hall**
- 4 **Long Fieldhouse**
- 5 **Music & Dramatic Arts**
- 6 **School of Music**
- 7 **Student Union**
- 8 **Tureaud Hall**
- 9 **Visitor Center**

**Call (225) 578-5119**  
for information on classes held in other locations.

NICHOLSON DR.

DALRYMPLE DR.

PARADE GROUNDS

TOWER DR.

RAPHAEL SEMMES RD.

SOUTH CAMPUS DR.

HIGHLAND RD.

NICHOLSON EXT.

SOUTH STADIUM RD.

FIELD HOUSE DR.

If a class is cancelled by our office for any reason, you will receive a full refund!

Thinking of waiting to register?

If a class is full, join the WAITING LIST free of charge. If space becomes available, you'll be the first to know!

## LSU Student Union Leisure Classes REGISTRATION FORM

**CLASS** \_\_\_\_\_ **BEGINS ON** \_\_\_\_/\_\_\_\_/\_\_\_\_

**APPLICANT'S NAME** \_\_\_\_\_  
(LAST) (FIRST)

**MAILING ADDRESS** \_\_\_\_\_  
(STREET) (APT. #)  
\_\_\_\_\_  
(CITY/STATE) (ZIP)

**E-MAIL ADDRESS** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_/\_\_\_\_/\_\_\_\_

**DAYTIME PHONE** \_\_\_\_\_ **ALTERNATE PHONE** \_\_\_\_\_

LSU Student ID #: \_\_\_\_\_

Existing Leisure Classes Member Class Fee \$ \_\_\_\_\_

I would like to become a Leisure Classes Member..... Membership (\$40 enclosed) \$ \_\_\_\_\_

(Non-Members) Faculty/Staff

General Public **Total Amount Enclosed** \$ \_\_\_\_\_

Please sign to acknowledge and agree with refund policy detailed on opposite page.

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_/\_\_\_\_/\_\_\_\_

**METHOD OF PAYMENT:**  Visa  Mastercard  American Express  Discover  Cash  Check (payable to LSU Student Union)

Card #: \_\_\_\_\_ Exp. Date \_\_\_\_\_ Cardholder's Name \_\_\_\_\_

# LSU Leisure Classes *fall 2012*

Life is stressful.  
Leisure is not.  
Live. Learn. Leisure.

Registration Begins  
**June 20**  
23 new classes

 FINANCE &  
ADMINISTRATIVE SERVICES  
LSU Student Union  
Louisiana State University  
310 Student Union Building • Baton Rouge, LA 70803-2804  
(225) 578-5119

TO:

LSU | STUDENT UNION

[www.lsu.edu/leisureclasses](http://www.lsu.edu/leisureclasses) • (225) 578-5119