



Luxurious Spa Therapy
ELEVATED TO AN ART

Ocean Club
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S P A



These recommended treatments are among the spa's finest offerings:

Ocean Club Massage

Not to be missed and unlikely to be forgotten, this signature therapy is a fusion of five massage styles performed by two therapists concurrently. The perfect harmonization of the duet makes this massage a sublime experience.

Elemis Aroma Spa Ocean Wraps (Musclease or Cellutox)

Experience the healing benefits of distinctive, heated seaweed body masks. Choose the Musclease wrap to ease arthritis discomfort, fatigue and muscle aches, or the Cellutox wrap for deep detoxification. The masks are applied to the entire body, which is then cocooned in a comforting foil wrap. While the natural ingredients work to heal, enjoy a soothing face and scalp massage. Both wraps are followed by your choice of a 60-minute or 90-minute full body massage.

Elemis Japanese Silk Booster Facial with Silk Eye Zone Therapy

Experience advanced, scientific skin therapy found in either treatment, or combine them for ultimate benefits. The Booster Facial blends natural Japanese Silk Protein with pure plant essence to produce immediate results in cellular renewal. Beginning with a Reflexology Massage of the feet to stimulate healing, the revolutionary Silk Eye Zone Therapy uses lifting massage techniques to help oxygenate the skin around the eyes so they look smoother and firmer.

Elemis Fennel Cleansing Cellulite and Colon Therapy

This treatment deeply cleanses the three conditions associated with cellulite: poor circulation, fluid retention and a congested digestive system. A detoxifying body mask is combined with beneficial massage techniques to boost blood flow and purification, leaving your skin firmer and smoother to the touch. Two treatments during the course of a five-day stay are recommended for maximum benefits.



Quite simply, our philosophy is pampering you. At Ocean Club Spa, personal service is elevated to an art. Spend hours or a day in the tranquility of your private treatment villa, where a host of unique therapies are delivered for you to enjoy in serenity. Ancient techniques from Asia, traditional spa therapies, and natural spices, fruits and minerals indigenous to The Bahamas meld together to provide the ultimate rejuvenating experience.

Escape the limits of time and share the experience with a friend or loved one. Relax in your villa's open-air garden on the daybed and unwind in the jetted bath. Savor herbal teas and fresh fruit presented in the Japanese Tea Ceremony, a beautiful ritual practiced as a reminder of the spiritual world within each one of us.

Balinese-inspired furnishings comfort you within the sanctuary of the villa. Each air-conditioned haven features a waterfall shower, plantation-grown teak massage tables, hand-woven Thai silk pillows, and coconut bowls filled with fresh flowers or floating candles to inspire the senses.

The Spa Salon enhances your restorative therapies. A full complement of salon services is presented in a personal suite, richly adorned in mahogany furniture, sumptuous fabrics and décor from around the globe.

Discover a luxurious retreat where time seems to hush. Let centuries-old Asian traditions kissed by the charm of Bahamian hospitality enchant you and renew your vitality and spirit for life.



All massages begin with a Floral Foot Wash Ritual, a Balinese ceremony symbolizing a cleansing of the soul. Choose from the following massage styles, offered as 60-minute or 90-minute sessions. After the treatment, linger in the privacy of your villa's garden while you enjoy a Japanese Tea Ceremony and the use of the jetted bath and waterfall shower.

60 OR 90 MINUTES + 50 MINUTES VILLA TIME

Ocean Club Massage †

During this signature treatment, two therapists massage your body with a unique blend of five styles: Japanese Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The perfect harmonization of the two therapists makes this massage a most indulgent experience.

Balinese Massage*†

Relax, close your eyes and float away to a world of tranquility. Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long stroke, skin rolling and palm-and-thumb pressure techniques. Flowing and graceful, the Balinese Massage relieves tension, improves blood flow, eases stress and encourages harmony.

Elemis Well-Being Massage*†

During this treatment your body is lightly brushed to stimulate the skin and then soothed with warmed aromatherapy oils, creating sensations of pleasure and wellness. Eastern massage techniques are applied in a series of movements to bring your body and mind into perfect balance.

Reflexology

An ancient healing therapy that is as blissful as it is beneficial, reflexology works on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels. Massaging these reflex points restores your natural energy flow and improves overall health by sending waves of deep relaxation throughout your body.

Royal Thai Massage*

Developed centuries ago in Thailand, this firm, dry massage is the ultimate subliminal body workout. The Royal Thai Massage is a masterful fusion of Indian Ayurvedic stretching techniques which release tension, re-align the body and restore suppleness, and the Chinese method of deep tissue pressure point massage to stimulate blood flow and release toxins.

Swedish Massage* †

This classical European technique of manipulating muscles with the use of aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, the Swedish Massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

Sports Massage* †

Your massage is personalized to focus on your body's areas affected by tension and stress. Special blends of oils are prepared to penetrate your skin to soothe tired and aching muscles. This treatment is designed to increase flexibility, relieve tightness and improve circulation and recovery time.

Elemis Aroma Stone Therapy

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. Smooth, warmed stones glide across your body in long, flowing strokes. The stone's heat relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body's energy points, deeply infusing muscles with heat to melt away tension.

*** *Bringing The Spa To You:*** Available at the spa or in your guest room

† *A Breath of Fresh Air:* Available at the spa or alfresco overlooking the ocean

50 OR 80 MINUTES





Merging modern techniques with ancient lessons, the spa's Elemis facials create a lasting impression and instant benefits. Experience treatments that indulge the senses with pure therapeutic aromas and restorative Eastern massage techniques.

Elemis Japanese Silk Booster Facial

75 MINUTES

The ultimate in scientific skin therapy, the Booster Facial takes your skin on a journey toward total renewal. Natural Japanese Silk Protein (or sulphur compresses), combined with pure plant essence, formulate advanced aromatherapy skincare which produces immediate results. The therapist will evaluate your skin and prescribe one of the following:

- PRO-COLLAGEN for lifting mature skin and increasing cellular renewal
- VITA-C with added Vitamin C for congested and oil-rich skin
- OXYGEN for restructuring tired, fragile and sensitive skin

Elemis Aromapure Facial

60 MINUTES

Combining the power of aromatherapy with true premium grade essential oils, this facial treatment cleans the skin gently and at the deepest level. Eastern massage movements help stimulate and oxygenate your skin while bringing the body and mind into balance. The therapist will evaluate your skin and prescribe one of the following:

- HERBAL LAVENDER REPAIR helps to heal congested, oil-rich skin
- ABSOLUTE LIFT improves skin tone, revitalizing and adding lift
- FRUIT ACTIVE GLOW is a great pre-occasion treat to lift dull skin
- EXOTIC CREAM MOISTURE DEW works to re-hydrate dry skin

Elemis Strawberry Herbal Back Cleanse

60 MINUTES

Sweet-scented, this treatment focuses on one of the body's most overlooked areas—the back. Difficult to pamper yourself, the skin on your back can become congested, dry and neglected. Using a mask of premium grade essential oils combined with Eastern massage techniques, this therapy acts like a facial to cleanse and replenish, leaving your skin radiant and glowing.

Elemis Japanese Silk Eye Zone Therapy

45 MINUTES

Commencing with a Reflexology Massage of the foot's key points that stimulate healing of the eye area, this revolutionary eye therapy uses unique Japanese Silk Protein compresses combined with pure plant essence and active absolutes. Specialized lifting massage techniques help to refine, oxygenate and increase cellular renewal around the eyes so they look smoother, firmer and their sparkling best. The therapist will evaluate your skin and prescribe one of the following:

- PRO-COLLAGEN helps to plump out, smooth and define eye contour
- BRIGHT EYES disperses congestion and reduces puffiness

Absolute Spa Ceremony

170 MINUTES

This comprehensive ritual combines the Elemis Japanese Silk Booster Facial, the Elemis Japanese Silk Eye Zone Therapy and the Elemis Strawberry Herbal Back Cleanse to give your skin a radiant glow.





Celebrate the impending miracle of life with tender nurturing for the mother-to-be. Following the treatment, linger in the privacy of your villa garden for an additional 50 minutes while you enjoy a Tea Ceremony on the Balinese daybed.

Elemis Nurturing Mother-To-Be Massage 60 MINUTES + 50 MINUTES VILLA TIME
Specially designed for mothers-to-be, this massage promotes relaxation, increases circulation and provides comfort during your wondrous time of change. The treatment helps to relieve tension and alleviate swelling in the hands or feet while uplifting your spirit. Your comfort and safety is assured with supportive pillows and Japanese Camellia Oil.

Blossoms of Joy 90 MINUTES + 50 MINUTES VILLA TIME
This decadent series of therapies begins with the Balinese Floral Foot Wash Ritual, a symbolic cleansing of life's stresses and tensions. Then enjoy the 60-minute Elemis Nurturing Mother-To-Be Massage, followed by the 30-minute Elemis Exotic Frangipani Body Nourish Wrap. The fragrant Coconut and Frangipani scented oil featured in the wrap is inspired by a traditional Tahitian recipe used by Polynesian women to protect and condition their bodies with its softening moisture.

Dream of Wonder 210 MINUTES + 50 MINUTES VILLA TIME
For the ultimate pampering, experience the Blossoms of Joy elevated to the next level. The Dream of Wonder package combines the Balinese Floral Foot Wash Ritual, the 60-minute Nurturing Mother-To-Be Massage, the 30-minute Elemis Exotic Frangipani Body Nourish Wrap, the Elemis Japanese Silk Booster Facial and the Elemis Exotic Hand Ritual.

Purification rituals combat the build-up of toxins through the life force of nature and restore your balance. Essential nutrients from the riches of the ocean form a perfect synergy with pure plant essence, creating a highly therapeutic and aromatic experience.

Elemis Cellutox Aroma Spa Ocean Wrap

110 OR 140 MINUTES

Combining the richness of marine plants with the power of aromatherapy, this renewing treatment deeply detoxifies, decongests and stimulates your body's systems. A warm seaweed mask containing cleansing Juniper and Lemon essential oils is applied to the entire body before you are cocooned in a comforting foil wrap. While the natural ingredients work to heal your body, enjoy a soothing face and scalp massage. The wrap is followed by your choice of a 60-minute or 90-minute Swedish, Sports, Balinese or Elemis Well-Being Massage.

Elemis Fennel Cleansing Cellulite and Colon Therapy

60 MINUTES

This treatment deeply cleanses the three conditions associated with cellulite: poor circulation, fluid retention and a congested digestive system. A detoxifying Fennel and Birch peel-off body mask is combined with beneficial massage techniques on the hips and thighs to boost blood flow and drain away fluid, leaving your skin firmer and smoother to the touch. Cleansing of the stomach and digestive tract through abdominal massage and reflexology continues the purification of your body. Two treatments during the course of a five-day stay are recommended for maximum benefits.



Packaged Like a Gift



Restore your inner balance with a complement of therapies packaged to deliver the greatest healing benefits and an ultimate state of total bliss. Each carefully designed package begins with the Balinese Floral Foot Wash Ritual to symbolically cleanse life's stresses and tensions. This will prepare you for total relaxation. Then indulge in your choice of a 60-minute or 90-minute Swedish, Sports, Balinese or Elemis Well-Being Massage, plus a luscious body scrub, wrap or soak.

Following the treatments, linger in the privacy of your villa garden while enjoying the jetted bath, waterfall shower and a Tea Ceremony.

90 OR 120 MINUTES + 50 MINUTES VILLA TIME

Flower of Paradise

Allow delicate petals to restore bloom to your skin and soul. Inspired by a Tahitian recipe, the Elemis Exotic Frangipani Body Nourish Wrap blends fragrant Coconut and Frangipani flowers soaked together to produce Monoi, a scented oil traditionally used by Polynesian women to protect and condition their bodies.

Caribbean Awakening

Awaken your spirit with the intoxicating Caribbean Coffee Body Scrub, derived from finely ground Caribbean coffee and volcanic pumice from Bali's sacred mountains. This refreshing scrub will smooth and revitalize your skin. After the exfoliating scrub, enjoy the conditioning effects of Elemis Exotic Island Flower Body Balm.

Cleopatra's Tropical Tryst

The Elemis Exotic Coconut Rub and Milk Ritual Wrap is a ceremony of pure sensuality to tantalize and delight. A secret recipe of Coconut, Mungbean, spices and Lavender polishes the skin, while exotic body oils indulge your senses. Cleopatra was renowned for bathing in milk, and now you can bask in this opulent and comforting experience. A warm milk bath is poured over your entire body before you are draped in a comforting foil wrap.

Drifting on an Ocean Breeze

As fresh as the ocean breeze, this up-lifting treatment will leave you with a radiant glow and renewed zest. The refreshing Elemis Exotic Lime and Ginger Salt Glow gently exfoliates, deeply cleans and polishes your skin to perfection before a luxurious application of moisturizing Elemis Exotic Island Flower Body Balm.

Offerings from Heaven

The Elemis Balinese Boreh Hot Spice Therapy is a mask made from a mixture of warming aromatic spices and herbs. This recipe is traditionally used as a preventative and curative treatment for the common cold by relieving fever, headaches and muscle aches, and assisting in jetlag recovery. Enjoy the sensation of deep penetrating heat as you relax in a warming blanket of spices.

Ritual of Royalty

A traditional royal court beauty ritual, the Elemis Jasmine Lulur Therapy is an aromatic essence of powdered spices and sweet woods, which softens your skin as it gently exfoliates. Following the Lulur, a fresh yogurt splash nourishes your skin. Once a well-guarded secret, this treatment is an integral part of an Indonesian woman's preparation for marriage.



Indulge in therapies that delve deep down to melt away your tension and pave the way for profound relaxation and renewal.



Smooth Down Ritual

110 OR 140 MINUTES

This deeply relaxing ritual smooths wrinkles from your muscles. Begin with the Elemis Musclease Aroma Spa Ocean Wrap, a warming mask blend of Pine and Rosemary essential oils that is applied to your body before you are cocooned in a comforting foil wrap. While you relax and enjoy a soothing face and scalp massage, the active ingredients work to ease arthritis discomfort, fatigue and muscle aches. The wrap is followed by your choice of a 60-minute or 90-minute Sports or Elemis Well-Being Massage.

Ayurvedic Shiro Dhara

60 MINUTES

This Indian oil flow treatment is an uplifting and inspiring way to relax. Focusing on the “third eye” area located in the center of the forehead, the therapy clears the mind and promotes deep calm, acting as a gateway to total body rejuvenation. The Shiro Dhara begins with relaxing Ayurvedic stretches, followed by warm, aromatic oil poured onto the forehead in a gentle stream for twenty minutes.

For a beautiful and healthy sun-kissed look, experience the sensible way to tan and glow with these skin-enhancing solutions.

Elemis Soothing Sunburn Treatment

60 MINUTES

Instant relief for sunburned skin, this treatment includes the Elemis Exotic Frangipani Body Nourish Wrap. Inspired by a Tahitian recipe, fragrant Coconut and Frangipani flowers are blended together to produce a scented oil called Monoi. The oil conditions your skin while you are cocooned in a foil body wrap. Your skin is then nourished with an application of Elemis Exotic Island Flower Body Balm, followed by a soothing foot massage.

Elemis Sun Glow Ritual

60 MINUTES

This refreshing experience that encourages glowing, satin-smooth skin begins with light body brushing and warm oil dripped luxuriously all over your body. The gentle Elemis Exotic Lime and Ginger Salt Glow exfoliates, deeply cleans and polishes your skin to perfection. The Elemis Total Glow Self-Tanning Treatment gives you the tan you desire without any harmful effects from the sun, matching your natural color and giving you a radiant sun-kissed look within two to three hours.





Treasured rituals from around the globe and Bahamian specialties meld together to create the perfect spa day. Packages begin with the Balinese Floral Foot Wash Ritual. Following your treatments, linger in the privacy of your villa garden and enjoy a Japanese Tea Ceremony and use of the waterfall shower and jetted bath.

Bahamian Pathway to Radiance

180 MINUTES + 50 MINUTES VILLA TIME

ELEMIS EXOTIC HAND RITUAL: Warmed aromatherapy oils nourish and condition, while milk and exotic Frangipani Monoi Oil lavish healing action on your hands.

CARIBBEAN COFFEE BODY SCRUB: Made from finely ground Caribbean coffee and volcanic pumice from Bali's sacred mountains, this intoxicating and refreshing scrub will smooth your skin and revitalize your spirit.

OCEAN CLUB MASSAGE: A unique blend of five massage styles—Japanese Shiatsu, Hawaiian Lomi Lomi, Thai, Swedish and Balinese—performed by two therapists in perfect harmony.

REFLEXOLOGY MASSAGE: Working on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels, these points are massaged to restore a natural energy flow. This treatment improves health by sending waves of deep relaxation throughout your body.

Divine Rituals of Asia

250 MINUTES + 50 MINUTES VILLA TIME

ELEMIS JASMINE LULUR THERAPY: An aromatic treatment made from powdered spices and sweet woods, this therapy softens your skin as it gently exfoliates.

ELEMIS WELL-BEING MASSAGE: Your body is lightly brushed and then soothed with warmed aromatherapy oils. Eastern massage techniques bring your body and mind into perfect balance.

ELEMIS AROMAPURE FACIAL: A deep cleansing treatment is personally prescribed for your skin type, with massage movements that help stimulate and oxygenate your skin.

TROPICAL JEWEL SPA MANICURE AND PEDICURE: Pampering therapies soften your hands and feet.

Balinese Journey of Joy

210 MINUTES + 50 MINUTES VILLA TIME

ELEMIS BALINESE BOREH HOT SPICE THERAPY: A mask made from a mixture of warm aromatic spices and herbs, this recipe is traditionally used as a curative treatment for relieving fever, headaches and muscle aches, and assisting in jetlag recovery.

BALINESE MASSAGE: A combination of stretching, long stroke, skin rolling and palm-and-thumb pressure techniques that relieves tension, improves blood flow, and eases stress.

ELEMIS JAPANESE SILK BOOSTER FACIAL: Natural Japanese Silk Protein united with pure plant essences produces immediate results in cellular renewal.

ELEMIS JAPANESE SILK EYE ZONE THERAPY: Beginning with a Reflexology Massage of the feet to stimulate healing, this revolutionary therapy uses lifting massage techniques to help oxygenate skin around the eyes so they look smoother, firmer and their sparkling best.

A Symphony of Global Fusion

210 MINUTES + 50 MINUTES VILLA TIME

ELEMIS MUSCLEASE AROMA SPA OCEAN WRAP: A warming blend of Pine and Rosemary essential oils works to ease arthritis discomfort, fatigue and muscle aches, while you relax and enjoy a soothing face and scalp massage.

ELEMIS WELL-BEING MASSAGE: Your body is lightly brushed and then soothed with warmed aromatherapy oils. Eastern massage techniques bring your body and mind into perfect balance.

ELEMIS JAPANESE SILK BOOSTER FACIAL: Natural Japanese Silk Protein united with pure plant essences produces immediate results in cellular renewal.

ELEMIS JAPANESE SILK EYE ZONE THERAPY: Beginning with a Reflexology Massage of the feet to stimulate healing, this revolutionary therapy uses lifting massage techniques to help oxygenate skin around the eyes so they look smoother, firmer and their sparkling best.





Prepare for your special day, whether it is your wedding, birthday, anniversary or special occasion, by achieving a sense of tranquility and rejuvenation. Each thoughtfully designed package clears the mind of stress and leaves you feeling radiant both inside and out. Following your Celebration Ceremony or Rituals of Romance, linger in the privacy of your villa garden and enjoy a Japanese Tea Ceremony, the waterfall shower and jetted bath.

Celebration Ceremony

210 MINUTES + 50 MINUTES VILLA TIME

BALINESE FLORAL FOOT WASH RITUAL: This ceremony symbolizes the cleansing of life's stresses and tensions to prepare you for total relaxation.

ELEMIS JASMINE LULUR THERAPY: An aromatic treatment made from powdered spices and sweet woods, this therapy softens your skin as it gently exfoliates.

BALINESE MASSAGE: A traditional therapy, this 60-minute massage combines stretching, long stroke, skin rolling and palm-and-thumb pressure techniques to ease stress and encourage blood flow.

TROPICAL JEWEL SPA PEDICURE TREATMENT: Enjoy an Elemis Sole Delight Foot Treatment followed by a soothing traditional pedicure.

TROPICAL JEWEL SPA MANICURE TREATMENT: An Elemis Exotic Hand Ritual restores suppleness and complements a traditional manicure.

Rituals of Romance

180 MINUTES + 50 MINUTES VILLA TIME

ELEMIS SOLE DELIGHT FOOT TREATMENT: Your mood mellows while your feet are pampered.

ELEMIS BALINESE BOREH HOT SPICE THERAPY: A mask made from a mixture of warming aromatic spices and herbs, this recipe is traditionally used as a curative treatment for the common cold and assists in jetlag recovery.

ELEMIS AROMAPURE FACIAL: A deep cleansing therapy is personally prescribed for your skin type, with massage movements that help stimulate and oxygenate your skin.

BALINESE MASSAGE: A flowing and graceful therapy, this massage relieves tension, improves blood flow and encourages harmony.

Wedding Day Delight

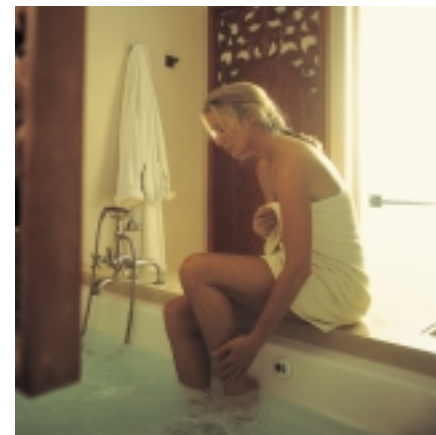
260 MINUTES

Traditional Manicure, Tropical Delight Spa Pedicure, 50-minute Massage, Bridal Hair Styling (up style or blow dry), and Make-up Consultation and Application

Bridal Party Celebration

120 MINUTES, MINIMUM OF 4 PEOPLE

Traditional Manicure and Pedicure, Shampoo with Blow Dry or Set and Champagne with Hors d'oeuvres





Within the comfort of your guest room, discover complete relaxation and tranquility in the warmth of a luxurious bath. A spa specialist will prepare your soak, bringing your choice of aromatherapy oils and candles, and after-bath moisturizer.

The spa specialist begins your experience with an Elemis Sole Delight Foot Treatment, a sensual therapy for your feet. Baths can be requested at a minimum of one hour prior to when you wish it to be drawn.

Island Romance

Create magical memories of paradise in this sensual bath for two filled with flower petals. Candlelight and your choice of aromatherapy oils inspire romance. Lavish each other with a fragrant moisturizer as a finishing touch.

Jetlag Reviver

An ideal way to ease into your holiday, this calming bath aims to minimize the effects of long flights and time zone changes. Rest your eyes, breathe deeply, and feel waves of relaxation wash over you. Scented candles, essential oils and bath soaks encourage your revival.

Bubbles of Fun

Clean fun for the young at heart, this bath will uplift your soul with thoughts of sunshine and laughter. Soak in bubbles galore and feel the energizing effects of the aromatherapy bath gel.

The Spa Salon's services perfectly complement any treatment. Professional styling for ladies and gentlemen include permanent waves, color, highlights, weaves, and up styles or braids. Services are offered in two private suites available for individual use, or they may both be reserved for private bridal parties, complete with champagne and hors d'oeuvres.

Pampering services for the hands and feet include manicures, pedicures, acrylic overlays, tips, as well as indulgent therapies. Waxing services and make-up application are also available.

Exotic Moisturizing Hair Bath

This deep conditioning treatment of special herbal moisturizers is massaged into the scalp with heat, leaving your hair soft and lustrous. The therapy includes a relaxing head, neck and shoulder massage to relieve tension and stress.

Tropical Jewel Spa Manicure Treatment

Rejuvenate your nails, hands and arms with a relaxing traditional manicure, beginning with an Elemis Exotic Hand Ritual.

Tropical Jewel Spa Pedicure Treatment

Enjoy an Elemis Sole Delight Foot Treatment and a traditional pedicure that will mellow your mood and pamper your feet.

Elemis Sole Delight Foot Treatment

A sensual treatment that will leave you walking on cloud nine. Warmed aromatherapy oils nourish and condition your feet and nails, while the decadence of milk and exotic Frangipani Monoi Oil lavish healing action on your skin.

Elemis Exotic Hand Ritual

This ritual is a pure indulgence for your hands and nails to restore beauty and suppleness. Warmed aromatherapy oils nourish and condition, while the sublime sensation of a milk bath lavishes its richness and healing action on your skin.



Should I make a reservation for my treatment?

Yes, and it is best to do so upon your arrival at the resort to accommodate your schedule.

What if I need to cancel my reservation?

Please contact the spa at least two hours in advance. Reservations cancelled with less than two hours notice will be subject to full charge. Appointments may be rescheduled based on availability.

What should I wear?

Wear whatever is most comfortable. A robe and slippers will be provided when you arrive at the spa. During treatments, the therapists are trained to drape you appropriately.

When should I arrive?

Please arrive 15 minutes prior to your scheduled appointment. This will allow you sufficient time to check in, change and begin enjoying your spa experience at a leisurely pace.

May I request a male or female therapist?

Yes, however availability of particular therapists cannot be guaranteed. All therapists are trained to ensure your comfort.

Should men shave before a facial?

Yes, for best results men should shave a few hours before their facial.

May I bring my valuables?

It is recommended that you leave your valuables in the safe provided in your guest room. The spa does not assume liability for any valuables.

How can I ensure a wonderful spa experience?

Discuss openly your likes, dislikes, concerns, questions or areas of focus with your therapist before or during your treatment.

Is there a service charge?

All treatments are automatically subject to a 15% service charge. Gratuity for exemplary service is discretionary.



For resort information and reservations, call:
in the U.S. (800) 321-3000
or direct to The Bahamas (242) 363-2501

For spa reservations and information, call (242) 363-2501 ext. 64808

Visit online: OceanClub.com or MandaraSpa.com