

LYNETTE CARMEN DANIELS

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Health Sciences
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PERSONAL INFORMATION

SURNAME	Daniels
FIRST NAME	Lynette
DATE OF BIRTH	27 February 1975
HOME ADDRESS	7 Volschenk Street, De La Haye, 7530
TELEPHONE NUMBER	082 513 6409 – Cell
E-MAIL	ldaniels@sun.ac.za

EDUCATION

SCHOOL ATTENDED	Excelsior Senior Secondary, Belhar
QUALIFICATION	Matriculated with University exemption, 1992

TERTIARY EDUCATION

INSTITUTION	University of Stellenbosch
DEGREE OBTAINED	B. Sc. Dietetics
DATE OBTAINED	1997

POST GRADUATE STUDIES

INSTITUTION	University of the Western Cape, School of Public Health
OBTAINED	Post graduate Diploma in Public Health (2006)
CORE MODULES	Understanding Public Health Health, Development and Primary Health Care II Measuring Health and Disease: Introduction to Epidemiology Health Promotion II Micronutrients Malnutrition Public Health Nutrition: Policy & Programming
OBTAINED	Master in Public Health – M.PH (2008)
CORE MODULES	Health System Research II Survey Methods Mini Thesis: Knowledge, Attitude and Practices of Nursing Staff regarding the Baby Friendly Hospital Initiative in Non Accredited Obstetric Units in Cape Town

EMPLOYMENT HISTORY

NAME OF COMPANY / INSTITUTION ETC.:	University of Stellenbosch, Tygerberg Campus Department of Human Nutrition
DATES OF EMPLOYMENT:	1 February 2010 to date
POSITION HELD:	Lecturer : Community Nutrition
NAME OF COMPANY / INSTITUTION ETC.:	University of Stellenbosch, Tygerberg Campus Department of Human Nutrition
DATES OF EMPLOYMENT:	1 September 2008 to 31 January 2010
POSITION HELD:	Junior Lecturer : Community Nutrition

TEACHING:

- Lecturing to second year dietetic students in the subject Nutrition in the Lifecycle 214
- Lecturing to third year dietetic students in the subject Community Nutrition 376
- Practical training of fourth year dietetic students in Community Nutrition 478
- Module Co-ordinator for the subject Nutrition in the Lifecycle 214

- Third Year Programme Co – ordinator as of 2011
- Ukwanda Rural Clinical School (RCS) co - ordinator

COMMUNITY INTERACTION:

- Community interaction in the form of nutrition interventions at the health facilities that accommodate student training
- Assisting schools and crèches with nutrition intervention activities and education in disadvantaged areas.

RESEARCH:

- Involvement in Research related supervision of III, IV dietetic student projects

P Moolman, M Morkel, E Peacock, J Williamson, S Bhyat, M Botha, J Jackson, K Langry, C Conradie, S Mangena, V Khumalo, F van Zyl, B Coetzee, K Gossow, S Grobler, S Hartell. Assessing food and nutrition security of Stellenbosch University main campus undergraduate students. (2015-2016)

Babajee LC, Burn KJ, Greener CM, Kleingeld B, Loftus M, Ronquest C and Solomon ZL. Field-testing of the revised Paediatric Food-Based Dietary Guidelines amongst mothers/caregivers of children aged 0-12 months in the Western Cape Province, South Africa. (2014-2015). **Group awarded best poster presentation at the Rural Doctors Association of South Africa (Rudasa) 2015 held in Dullstroom, Mpumalanga, South Africa from 23-26 September 2015.**

Kerbelker R, Wicomb R, Janse van Rensburg S, Louw A. An assessment of the implementation of the road to health booklet focusing on vitamin A supplementation and deworming in infants aged 0-36 months in the Overberg and West-Coast district, of the Western Cape, South Africa.(2013-2014).

Webber S, Maritz A, De Vries K, Martens A. Assessing the implementation of the new Road to Health Booklet (RtHB) in Public Health Care Facilities in the Western Cape Province. (2011-2012).

Cloete I, Derbyshire C, Jordaan J, Volmink L. Knowledge and perceptions of nursing staff regarding the new Road to Health Booklet (RtHB) growth charts in clinics in the Tygerberg sub-district of the Metropole Region. Study leaders: Daniels L, Schübl C (2010 - 2011). **Group was awarded best research project presentation for 2011.**

Van Niekerk C, Truter L, Bezuidenhout T. Opinions, Perceptions and Practices of female HIV positive patients and healthcare personnel regarding the Nutrition Supplementation Programme (NSP). Study leaders: du Plessis L, Daniels L (2009 – 2010)

De Ridder L, Fenn B, Wormsbacher L, Yeatman TL. Assessing the knowledge and attitudes of medical students at Stellenbosch University and the University of Cape Town regarding the Millennium Development Goals. Study leaders: Conradie N, Daniels L (2008 – 2009). **Group was awarded best research project presentation for 2009.**

- Involvement in Research related supervision of post graduate Masters students
 - Promotor /Co Promotor for the following post graduate Master in Nutrition students.
 - Christians N, Wolmarans P, Daniels LC, Burger H. The knowledge, attitudes and practices regarding food fortification among mill managers and the contribution of maize meal to the micronutrient intake of a national sample of South African adults. **Graduated December 2015**
 - Marthyssen M, Lombard M, Daniels LC. Knowledge, attitudes and barriers of complimentary infant feeding practices of infants aged 6 – 12 months in the Breede Valley district of the Western Cape. **Graduated March 2014**
 - Amunga D, Daniels LC, Ochala S. Infant and young child feeding practices and the nutritional status of children 6 - 24 months among Pastoralist communities of Isiolo, Kenya. **Graduated March 2015**
 - Anna-Marie Müller. **MPhil (Sustainable Development)**. Eradicating stunting in Sub-Saharan Africa: a review of intervention. **Graduated December 2015**
 - Stacey Leigh Samuels. Field testing of the revised Paediatric Food Based Dietary Guidelines 12 – 36 months amongst mothers/ caregivers in the Stellenbosch Municipality
 - Beauty Marutla. Assessment of the nutrition component within the integrated school health policy (ISHP) Msukaligwa sub-district, Gert sibande district, Mpumalanga.
 - Ilana Möller. Field testing of the revised Paediatric Food-Based Dietary Guidelines (PFBDS) amongst Siswati speaking mothers/caregivers of children aged 12 – 36 months in Kabokweni, Mpumalanga, South Africa.
 - Internal examiner for post graduate Master in Nutrition students and Masters in Clinical Epidemiology research students
 - External Examiner for Masters students at other universities
 - External examiner for UCT undergraduate Community Nutrition modules 2014, 2015

COMMITTEES:

- Member of the Interprofessional Education (IPE) working group, 2011
- Member of the Maties Community Service Advisory Board Committee, 2011
- Member of the Undergraduate Committee, Division of Human Nutrition, 2011

JOURNAL REVIEWER:

South African Family Practice
African Journal of Primary Health Care & Family Medicine

SCIENTIFIC COMMUNICATION AND PUBLICATIONS

Poster Presentation at the 23 rd Biennial Congress for Nutrition Society and 11 th Biennial Congress for Dietetics, Durban. 20 – 22 September 2010

Daniels L, Jackson D. Knowledge, Attitude and Practices of Nursing Staff regarding the Baby Friendly Hospital Initiative in Non Accredited Obstetric Units in Cape Town, 2008

Oral Presentations at the University of Stellenbosch Academic Year Day 17 August 2011

Daniels L, Jackson D. Knowledge, Attitude and Practices of Nursing Staff regarding the Baby Friendly Hospital Initiative in Non Accredited Obstetric Units in Cape Town, 2008

Oral Presentations at the Ukwanda Rural Research Day, University of Stellenbosch 18 March 2015

Daniels L, Du Plessis L, Dieteren C. Assessment of educational material concerning the first 1 000 days of a child's life among primary caregivers in Worcester

Publications

Daniels L, Jackson D. Knowledge, Attitude and Practices of Nursing Staff regarding the Baby Friendly Hospital Initiative in Non Accredited Obstetric Units in Cape Town. South African Journal of Clinical Nutrition 2011;24(1)32-38.

Yeatman T, Koen N, De Ridder L, Fenn B, Wormsbacher L, **Daniels L**. Assessing the knowledge and perceptions of medical students from the Western Cape, South Africa, regarding the Millennium Development Goals. South African Family Practice 2012;l 54(2)126-131.

Cloete I, **Daniels L**, Jordaan J, Derbyshire C, Volmink L, Schubl C. Knowledge and perceptions of nursing staff on the new Road to Health Booklet growth charts in primary healthcare clinics in the Tygerberg subdistrict of the Cape Town metropole district. South African Journal of Clinical Nutrition 2013,26(3):141-146.

Du Plessis L, Koornhof H, **Daniels L**, Sowden M, Adams R. Health-promoting schools as a service learning platform for teaching health-promotion skills. African Journal of Health Professions Education 2014,6(1):48-51.

Hansen TT, Herselman M, Du Plessis L, **Daniels L**, Bezuidenhout T, Van Niekerk C, Truter L, Iversen P. Evaluation of selected aspects of the Nutrition Therapeutic Programme offered to HIV-positive women of child-bearing age in Western Cape Province, South Africa. Southern African Journal of HIV Medicine, 2015;16(1)338 -343.

PREVIOUS EMPLOYMENT

1. NAME OF COMPANY /
INSTITUTION ETC.: PAWC: Department of Health
Metropole District Health Services

DATES OF EMPLOYMENT: 1 March 2006 - 31 August 2008

POSITION HELD: Senior Community Dietitian - Eastern Sub
District
2. NAME OF COMPANY /
INSTITUTION ETC.: PAWC: Department of Health
Metropole District Health Services

DATES OF EMPLOYMENT: 6 September 2004 – 28 February 2006

POSITION HELD: Community Dietitian - Oostenberg
District
3. NAME OF COMPANY /
INSTITUTION ETC.: PAWC: Department of Health
Boland / Overberg Regional Office

DATES OF EMPLOYMENT: 1 August 2001 – 31 August 2004

POSITION HELD: Community Dietitian - Boland Region
4. NAME OF COMPANY /
INSTITUTION ETC.: University of Stellenbosch
Department of Human Nutrition

DATES OF EMPLOYMENT: 6 November 2000 - 31 July 2001
(Contract Post)

POSITION HELD: Temporary Research Assistant
Research Title: " The growth patterns
of infants from birth to 12 months in
relation to feeding practices."
5. NAME OF COMPANY /
INSTITUTION ETC.: University of the Western Cape
Department of Human Ecology and
Dietetics

DATES OF EMPLOYMENT: 1 September 1998 - 31 March 1999
(Contract Post)

POSITION HELD: Academic Laboratory Assistant

MEMBERSHIP

Health Professions Council of South Africa (HPCSA)

- Dietitian Registration number - DT 0014826
- Nutritionist Registration number – NT 0001651
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World Public Health Nutrition Association (WPHNA)