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Friday, January 18, 2019

Opacum Land Trust lands at Hitchcock Free Academy



BRIMFIELD — After 18 years of land conservation work in south-central Massachusetts, and having permanently protected just under 2,000 acres of land, Opacum Land Trust is finally settling into a physical office space.

Susan Gregory, Executive Director of Hitchcock Free Academy, extended an invitation for Opacum to use the memorial room upstairs at Hitchcock, making appropriate use of an underuti-

Courtesy Photo

After 18 years of land conservation work in south-central Massachusetts, and having permanently protected just under 2.000 acres of land, Opacum Land Trust is finally settling into a physical office space. Susan Gregory (far left), Executive Director of Hitchcock Free Academy, extended an invitation for Opacum to use the memorial room upstairs at Hitchcock, making appropriate use of an underutilized space in the building.

lized space in the building.

"I am thrilled to welcome Opacum Land Trust to Hitchcock to share our community building in a new way with the public. Opacum's mission to protect land for our future and Hitchcock's mission to serve our community, dovetail beautifully. Besides, it is wonderful to have some new co-workers in the building during the day," said Gregory.

Hitchcock Free Academy serves residents of Brimfield, Holland, Wales, Sturbridge and other surrounding communities with educational, recreational and cultural programming (www.hitchcockacademy.org).

"Brimfield is at the geographic center of the Opacum Land Trust service area, which stretches across thirteen towns from Monson to Charlton and Southbridge to North Brookfield, and with our success in creating 'Dingley Dell: The Clayton and Margaret

Please Read LAND TRUST, page A3

Finalists chosen in search for town administrator

BY ANNIE SANDOLI VILLAGER CORRESPONDENT

STURBRIDGE — The Town Administrator Search Committee has chosen three finalists for the position of Sturbridge town administrator and turned the names over to the Board of Selectmen for interviewing on Monday, Jan. 14.

The three candidates, chosen out of more than 40 applicants, are Southbridge Town Manager Ronald S. San Angelo, Mendon Town Administrator Kimberly

Bridges, Jr., the interim town manager of Seward, Alaska.

"We were looking for someone who had experience and the town would benefit from," said Bill Haggerty, the chairman of the Town Administrator Search Committee. "All three candidates are currently town managers or town administrators."

San Angelo, a resident of Holland who was a finalist for town manager jobs in Hamilton and Oxford, has been the Southbridge town administrator since August

three-year contract extended to August 2019 after the town council failed to send him a letter with a year's notice of a non-renewal. Prior to his employment in Southbridge. San Angelo served as the town administrator of Hanson for two years, the town manager of Naugatuck, Connecticut for four years, and a state legislator in the Connecticut House of Representatives for 10 years. He has a bachelor's degree in business administration from Central Connecticut State University.

tiful town, and only a mile from where I live," said San Angelo. "I am very engaged in Southbridge, and I love the community and people, who have even very good to me, but my family is completely involved in Sturbridge because my girlfriend is a substitute teacher at Burgess Elementary School and our child goes to Tantasqua Junior High School. We shop in Sturbridge and do community events there, and it often feels more like home than Holland."

Newman, a resident

served as the town administrator of Mendon since 2014 and was previously the city administrator of Lyndon, Kansas for over three years and the assistant town manager of Killingly. Connecticut for five years. She has a bachelor's degree in political science and government and a master's degree in public administration, both from the University of Rhode Island.

"I've lived in the area on and off for 10 years, so I'm very familiar with Sturbridge and have visited many times,

Joshua Hyde Library announces winter events

BY ANNIE SANDOLI VILLAGER CORRESPONDENT

STURBRIDGE—Joshua Hyde Library is helping residents get out of the cold this winter with a film festival, book discussions, and children's events

The film festival, which started with To Catch a Thief on Jan. 9, screens a movie every Wednesday in January from 1:30 to 4 p.m. in the basement meeting room. On Jan. 16, the library will be playing Woody Allen's romantic comedy "Midnight in Paris." "The Secret of Roan Inish," a movie centered around Irish mythical creatures called selkies, will be playing on Jan. 23. The final winter film festival screening will be "Little Women," based on the novel by Louisa May Alcott, on Jan. 30. Registration is required for all film festival events, and in case of bad weather, the snow date is Feb. 6.

The 2019 continuation of the book discussion series "Trailblazers! The Armchair Travelers Take a Hike" will start on Wednesday, Feb. 13 with "The Day the World Came to Town" by Jim DeFede, a true story about the events of 9/11. On Wednesday, March 13, "The Unlikely Pilgrimage of Harold Fry" by Rachel Joyce, a novel about a man's emotional journey as he walks to say goodbye to an old friend, will be the topic of conversation. "Grandma Gatewood's Walk" by Ben Montgomery, a biography of the first woman to hike the entire Appalachian Trail alone, will be discussed on Wednesday, April 10. The book series finale will take place on Wednesday, May 8 with "Nothing Daunted: The Unexpected Education of Two Society Girls in the West" by Dorothy Wickenden, a true story about two society girls who became teachers in the wilds of northwestern Colorado.

The "Recipes for Adventure" book group will continue to meet every first Tuesday of the month from 1:30 to 3:30 p.m., with the next gathering on Tuesday, Feb. 5 to discuss Pieces of Happiness by Anne Ostby, a novel about five friends who decide to live together on a cocoa farm in Fiji. On Tuesday, March 5, the group will talk about North of Ithaka, a memoir about a granddaughter who returns to Greece to learn about her family history. Elizabeth Von Arnim's novel The Enchanted April, which tells the story of four English women who go on a holiday to a coastal castle in Italy, will be discussed on Tuesday, April 2.

The library is also holding several groups and events for children over the next few months, including Winter Story Time every Friday from 10:45 to 11:30 a.m. until March 1. Facilitated by June McDonald, each weekly gathering includes stories, songs, and a craft directed towards children ages two to four. There is also a drop-in story time every Tuesday from 10:45 to 11:30 a.m. that will take place until Feb. 12. Other events for children include Take Your Child to the Library Day on Saturday, Feb. 2, a Chinese New Year drop-in craft Tuesday, Feb. 5, Sing and Swing with Deb Hudgins on Tuesday, Feb. 19 from 11 a.m. to noon, Pajama Day Story Time on Thursday, Feb. 21 from 11 to 11:45 a.m., Magic Workshop with Nicole Portwood on Thursday, Feb. 21 from 2 to 3 p.m. for kids ages eight to 12, and Mini-Golf in the library on Saturday, March 2 from 10:30 a.m. to 4:30 p.m.

For more information on upcoming activities at Joshua Hyde Library or to register for an event, call the library at 508-347-2512 or go to http://sturbridgelibrary.org.



Courtesy Photo

Three members of the Interact Club of Bay Path participated in the Bay Path Education Foundation holiday event on Dec. 8 at Bay Path Regional Vocational Technical High School in Charlton. The annual Santa Claus Pancake Breakfast raised more than \$15,000 for scholarships and teacher mini-grants.

Bay Path Interactors participate in boliday event that raises more than \$15,000

CHARLTON — Three members tion and members of the Foundation of the Interact Club of Bay Path participated in the Bay Path Education Foundation holiday event on Dec. 8 at Bay Path Regional Vocational Technical High School in Charlton. The annual Santa Claus Pancake Breakfast raised more than \$15,000 for scholarships and teacher minigrants.

The public school's administra-

served breakfast to families who took part in this event. Children were able to have their picture taken with Santa Claus as well as with three members of Bay Path's Interact club, who were dressed as characters from the popular movie "Frozen."

Those Interact members were

Please Read INTERACTORS, page A13

Joshua Hyde Library, Alternatives for Health bosting one-of-a-kind educational display

Traveling exhibit promotes awareness of carcinogenic toxins

STURBRIDGE — The state's leading breast cancer prevention non-profit, Massachusetts Breast Cancer Coalition (MBCC) is pleased to announce the tour and exhibition of the educational program, Let's Talk Prevention: Reducing Toxic Exposures, will be hosted by the Joshua Hyde Public Library on Jan. 4 through Jan. 31 and the Alternatives for Health Herbal Apothecary in Sturbridge Feb. 1 through Feb. 15. For information about the library, please visit the Web site: http://www.sturbridgelibrary.org/ For information about the apothecary, please visit the Web site: https://www.alternatives-4health. com/.

This educational program is designed by MBCC to facilitate discussions between health professionals and patients about environmental exposures and chemicals of concern. To help facilitate these discussions and make this important public health topic more palatable, MBCC has created a one-of-a-kind booklet for health professionals and a medical brochure for patients. The brochures are currently available in English, Spanish, Portuguese, Japanese and Mandarin.

The Let's Talk Prevention: Reducing

Toxic Exposures booklet for health professionals summarizes scientific evidence linking exposure and effect for many common chemicals of concern and suggests how to begin environmental health conversations with patients. The accompanying Let's Talk Prevention: Reducing Toxic Exposures patient brochure describes basic steps for individuals and families to reduce problematic exposures and choose safer alternatives to toxic products. The goal of this program is to reduce toxic exposures which has implications for reducing the burden and cost of all environmentally-linked diseases, including breast cancer. MBCC is dedicated to preventing environmental causes of breast cancer through community education, research advocacy, and changes to public policy.

This program is in direct response to several federal reports, from the President's Cancer Panel, the Interagency Breast Cancer and Environmental Research Coordinating Committee, and more, which recommend increased attention to the link between environmental factors and disease, especially cancer. Additionally, information from the National Institute of Environmental Health Sciences supports actions to reduce toxic exposures. The burden of environmental linked diseases is often underestimated and not often discussed, even in medical programs.

Dr. Michael Misialek, MBCC Medical Advisor and physician at Newton-Wellesley Hospital, also had an opportunity to review the Let's Talk Prevention materials, and said "As a physician at Newton-Wellesley Hospital, specializing in Anatomic and Clinical Pathology and a Board Member of Massachusetts Breast Cancer Coalition, I'm very pleased to see the Let's Talk Prevention: Reducing Toxic Exposures program develop as a resource for patient-doctor engagement. The value of such a program is not to be minimized. This program will provide much needed information about reducing toxic exposures in daily life to physicians and patients alike. I look forward to promoting doctor-patient discussions concerning the link between health and toxic chemical exposures."

As an extension of this program, MBCC has also developed an environmental health program for high school students called Let's Talk Prevention: Actions You Can Take. These standalone classroom modules can supplement science, health, or environmental studies curriculum by helping high school students understand the impact of chemicals on disease risk. The classroom modules are free and downloadable from the MBCC website.

If a hospital, health center, community center, library, high school, college or private group has an interest in exhibiting the Let's Talk Prevention materials, hosting a presentation about toxic exposures reduction, and sharing the materials, please e-mail: mbcc.juliawithers@gmail.com with the subject line: Let's Talk Prevention Tour. The materials can be easily exhibited and displayed.

For more information to view when the Let's Talk Prevention tour will be coming to a location near you, to download the medical booklet for health professionals and the patient brochures, or to learn more about the new high school program, please visit www.mbcc.org and click on the Let's Talk Prevention tab.



Let's talk. 888.599.2265 | southbridgecu.com Southbridge

 *APY = Annual Percentage Yield. APY effective as of 11/27/2018. Annual percentage yield assumes interest remains on deposit until maturity and that any withdrawal will reduce earnings. Early withdrawal penalties and fees may apply. Minimum balance required to open this account and earn the APY is \$500. At maturity the CD renews to a 24-month term. Early withdrawal penalty be imposed. Membership to \$CU requires a one-time interest-earning deposit of \$5.00 in a prime share account. Equal Opportunity Employer. Federally insured by NCUA. NMLS #616673

Gary McKinstry returns to OSV in Harrington Auxiliary Benefit

STURBRIDGE — The Harrington Auxiliary is proud to bring back Gary McKinstry, world-renowned, professional medium and psychic, to Old Sturbridge Village on Thursday, Jan. 31 from 6 to 8 p.m. McKinstry's presentation will offer attendees an opportunity to connect with loved ones who have passed to the other side.

McKinstry's psychic activities are legendary and have been chronicled in "Ghost Hunters of America: Real Stories of Paranormal Investigators." He is one of a handful of psychics to have toured the Victorian Mansion in Gardner, which he certified as definitely haunted. McKinstry has also verified that the Publick House in Sturbridge is haunted and has been since the Colonial era.

At the event attendees will

have an opportunity to purchase tickets for two raffles. Proceeds from a 50/50 raffle will enable the Auxiliary to purchase much-needed equipment and provide community health programs that support Harrington Hospital's mission. The second raffle entitles the winner to a one-hour private reading with McKinstry.

Tickets for the event are \$25 and can be purchased through Harrington Hospital's Volunteer Office at 100 South Street, Southbridge. For more information, please call 508-765-6473 or email khibbard@harringtonhospital.org.

This event featuring Gary McKinstry is held in memory of Cecile T. Edmunds.

Harrington Auxiliary, established in 1932, is a non-profit organization of dedicated and

impassioned volunteers whose mission is to support and enhance the excellent services provided by the Harrington HealthCare System.



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A Stonebridge Press publication

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The *Sturbridge Villager* (USPS#024-955) is published weekly by Stonebridge Press, Inc., 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to Sturbridge Villager, P. O. Box 90, Southbridge, MA 01550



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Wales resident named to Fall 2018 Semester Dean's List at Dean College

FRANKLIN — Dean College is pleased to announce that Alicia Nascembeni of Wales has earned a place on the Dean's List for the Fall 2018 semester.

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

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Norcross Wildlife Sanctuary announces winter lecture series

WALES — The Norcross Wildlife Sanctuary is excited to announce its 2019 Winter Lecture Series, beginning Saturday, Jan. 26.

Our winter lectures are open to the public and offered free of charge on Saturdays at 1:30 p.m., lasting about an hour.

2019 WINTER LECTURE SERIES

A Tree Falls at Garden In The Woods Saturday, Jan. 26 at 1:30 p.m.

Learn how the unexpected falling of a single white pine prompted horticulturists to replant the meadow at the Garden in the Woods. Anna Fialkoff, Horticulturist for New England Wildflower Society, will share insights about establishing a new meadow garden: She'll discuss how to take advantage of opportunistic plants, fill niches before the wrong weeds do, chose the best pollinator magnets, as well as how to manage the garden for least disturbance and maximum winter wildlife value. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

Norcross Wildlife Sanctuary or How an Arctic Explorer Became Interested in Preserving the Wooded Hills of His Own Hometown

Saturday, Feb. 2 at 1:30 p.m.

What are the origins of this unique wildlife sanctuary? What do greeting cards have to do with it? Norcross employees Jennifer Ohop and Leslie Duthie will review the history of Tupper Hill and talk about the challenges faced when preserving and maintaining the various habitats of the Sanctuary. Learn how the plants of each community host a huge array of wildlife on this special piece of property. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

ADVENTURES WITH ODDITIES: STRANGE AND NOTEWORTHY NATIVES SATURDAY, FEB. 9 AT 1:30 P.M.

Our native flora is full of amazing things! Did you know that big-leaf aster was once known as lumberjack's toilet paper or that the berries of poison ivy are loved by birds? How about that the berries of chokeberry contain seven times more antioxidants than lowbush blueberries or that Jack in the pulpit can change sexes? From unique flavors to hilarious names to the oddest survival strategies there are strange and noteworthy plants right outside our back doors if we simply know where to look. Join Dan Jaffe, author and photographer of Native Plants for New England Gardens, to learn about all of these oddities and more. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

A SUMMER WITH THE NANTUCKET LAND BANK SATURDAY, FEB. 23 AT 1:30 P.M.

Daniella Lopez spent a few summers working here at Tupper Hill as part of the horticulture crew. This past summer, she was an intern 30 miles out to sea on "the rock" with the Nantucket Land Bank. Join her today and learn more about the history of the Nantucket Land Bank and the importance of continued land conservation throughout the northeast. She will describe the important work she was involved with including invasive species pulls, the major plant study on survival of a rare species as well as studies of northern long-eared bat, green crab, American burying beetle and eel grass. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

LAND OF A THOUSAND CAIRNS SATURDAY, MARCH 2 AT 1:30 P.M.

Mother-son research team Mary and James Gage present a case study of three farms with ceremonial stone landscapes owned by three generations of one family in Hopkinton, Rhode Island, an area with one of the densest concentrations of cairns in the Northeast. Their in-depth research reveals how ceremonies and cairns fit into the purposes and objectives of the farms from pre-settlement days through the 1800s. Mary and James have 24 years of experience researching stone structures, visit their website www.stonestructures.org for more information. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

Biodiversity Hotspots: Vernal Pool Wildlife and Citizen Science Saturday, March 9 at 1:30 p.m.

Vernal pools are really neat, small ecosystems that support tremendous biodiversity. We will explore the wildlife that can be found in a typical southern New England vernal pool and improve your recognition of these important habitats. We will discuss the many threats that vernal pools face, and ways that the general public can make significant and valuable contributions to the longterm protection of the biodiversity of vernal pools. Matt Burne is a Vernal Pool Ecologist and co-author of A Field Guide to Animals of Vernal Pools and A Field Guide to the Dragonflies and Damselflies of Massachusetts. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

IMPACTS OF THE 2011 TORNADO ON SONGBIRD HABITAT USE SATURDAY, MARCH 16 AT 1:30 P.M.



ACCURACY WATCH

The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4140 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

The 2011 tornado was devastating to the people of the Brimfield area, but how did this event affect the forest and songbirds? We know that it created new young forest habitat, an uncommon type of forest on the Massachusetts landscape. Find out how research in and around the Brimfield State Forest is revealing how songbirds utilize nesting habitats within: tornado-damaged areas where downed trees were left in place; tornado-damaged areas where salvage logging took place; and undisturbed forest adjacent to the tornado impact area. Andrew Vitz is the Massachusetts State Ornithologist. John Scanlon is the Habitat Program Supervisor for the MA DFW, and is responsible for identifying, prioritizing, and administering habitat restoration & management operations to benefit rare and declining wildlife. Free. Space is limited. Call 413-267-9654 or email lectures@norcrosswildlife.org to register.

The Norcross Wildlife Sanctuary is located at 30 Peck Road in Wales. Sanctuary hours are Tuesday – Saturday from 9 a.m. to 4 p.m. Trails are open, conditions permitting, please call first. There is no admission charge. For more information, call 413-267-9654. Visit us virtually at www.norcrosswildlife.org or find us on Facebook!

Catherine Chasse earns Dean's List honors at Roger Williams University

BRISTOL, R.I. — Catherine Chasse, of Sturbridge, has been named to the Fall 2018 Dean's List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean's List that semester. engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employ-

Children the focus at Joshua Hyde Library

STURBRIDGE — National Take Your Child to the Library Day will be held on Saturday, Feb. 2.

The Joshua Hyde Library prides itself on the services and materials available to the children and families of Sturbridge and surrounding communities. Research shows that regular visits to the library leads to more reading. And reading is, of course, brain food! Early exposure to literature enhances literacy skills needed for your child's success and creates the foundation for lifelong learning.

Along with books, the children's room houses movies, magazines, and other material to borrow and enjoy. Learning through play is encouraged here! Puppets, a train table, and

About RWU

With campuses on the coast of Bristol and in the heart of Providence, R.I., Roger Williams University is a forward-thinking private university committed to strengthening society through

Strap on your spats for a 1920s murder mystery in Holland

HOLLAND — You're invited to the Holland Community Center for a night of great food and entertainment as we journey back in time to solve a Murder at the Holland Speak Easy Feb. 23 at 5 p.m.

Let us take you back in time to the 1920s, when flapper girls wore the best dresses and knew all the coolest dances and gangsters lurked in shadowy corners. The clubs were in the midst of Prohibition, but if you knew the secret knock, you could acquire your alcohol of choice. (Please note, however, that no actual alcohol will be served at this particular establishment.)

Please register before Feb. 1 by calling (413) 245-3163 or e-mailing hccevenings@gmail.com, as the writer of the mystery tale will need to know how many characters to incorporate into the plot.

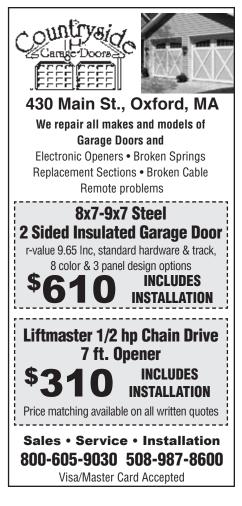
The cost of the evening's fun is \$30 per ticket, and includes a meal, 'mock'tails, and a role in the murder mystery.

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ers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness. blocks encourage young imaginations! Visit today to explore our Children's Room. To celebrate Take Your Child to the Library Day, children will receive bookmarks and stickers and are invited to create a special craft!

The Joshua Hyde Library is located at 306 Main St. in Sturbridge.





Local students named to Dean's List at Quinsigamond Community College

Quinsigamond Community College has released its Dean's List for the Fall semester of 2018. Among those recognized for their superior academic performance were the following Charlton residents:

Danielle Cadarette, Shane Clardy, Zachary Cogswell, Hannah Cormier, Jennifer Derie, Alexander Hayward, Daniel Hogan, Briana Johnson, Sabrina Lomax, Matthew Lovely, Joshua Lussier, Chase Mannila, Kelsea O'Brien, Haleigh Oppewall, Christopher Rapoza, Kaitlynn Small, Kimberly Thorpe, and Riley Yager.

LAND TRUST

continued from page **1**

Thomas Nature Preserve on Monson Road in Brimfield, it makes great sense for us to be based here. Opacum's conservation project work load is rapidly expanding, and we need a meeting and office space to support that. Hitchcock Free Academy has been very generous in sharing their space with us and now in providing this much needed office space," said Ed Hood, Executive Director of Opacum Land Trust.

Opacum ended 2018 by raising \$10,800 to work on the public parking, trails and signage for the Dingley Dell preserve and looks forward to offering programs and volunteer work days on the property in the coming year as public access there is improved. For more information on Opacum Land Trust, visit www.opacumLT.org.



Employers: Send 1099s Jan. 31

The due date for sending 2018 Forms 1099 to vendors and others who performed work for your

business is Jan. 31. The penalties for failing to do this have increased and can now be more than \$270 per form. Generally, amounts paid to corporations are exempt from the filing requirement, but there are exceptions. Call for details.

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Tech upgrades a focus for Charlton in 2019

BY JASON BLEAU NEWS STAFE WRITER

CHARLTON - The town of Charlton is poised to see numerous upgrades to its technology and internet footprint in 2019 thanks to an upcoming revamp to the town's website and numerous projects meant to bring the town hall into the new age of communication.

Jeff Sorel, the IT Technician for the town of Charlton, detailed what's to come for the town in the new year during an all-boards roundtable discussion on Jan. 8 starting with the much talked about and touted Web site revamp that has been carried over from 2018. Sorel said that the community will

see a new look for the Charlton webpage soon thanks to a continued partnership with Civic Plus which selectmen entered into last year. Sorel told departments that they will have more information available to the public and that their input will be sought out to make the town's website as user friendly as possible.

"It's going to have all the information that anybody would need to access. You can pay your bills and do as much as you can online instead having to come to the office if you don't want to," Sorel said. "There's going to be a lot of information going in.'

Sorel said the full process could take six or seven weeks to complete meaning that by spring time the town Charlton could have a new look on the World Wide Web.

Looking at the bigger picture, Sorel said technology improvements are also being explored for the town hall, especially the selectmen's chambers where many meetings are held and recorded for viewing on the town's official YouTube channel.

"We're going to put some new tech upgrades in there to make it a better, more effec-tive meeting room," Sorel said. "We'll also probably do some conferencing and seminars and classroom functioning. We're going to bring that up to date with some better sounds, better microphones, and maybe update what the selectmen are using. I know the iPads are a little old and antiquated.

Sorel said the entirety of the town hall could see upgrades in the near future which should bring the town's central building into the modern age in a

big way. "I want to go through the dopartment by department to see what's there, what's needed, what's being used, what's not being used and inventory what we have for assets," Sorel said. "I know Microsoft's end of life for Windows 7 is the beginning of next year so that's huge. I don't know how much longer they will extend that,

but that's huge. So pretty much everybody will have to go to Windows 10."

If all goes as planned, Charlton will see many significant improvements in technology by the end of the calendar year, although there is still budget costs and other factors to consider. With new technology, a new Web page and a more advanced meeting room all set to be part of the new year plan, it looks like by 2020, Charlton could be completely up to date in terms of technology and the public resources its provides on the Internet.

Frost, Durant provide update on gas tax petition

BY JASON BLEAU

CHARLTON — Despite agreeing for a second time to petition the state for a local gas tax the town of Charlton is sitting in limbo as lawmakers look for a way to expand support for the concept among other communities.

During an all-board roundtable on Jan. 8, Charlton's State Representatives, Paul Frost and Peter Durant, were approached about the status of the town's petition by Town Administrator Robin Craver who acknowledged that Charlton approved seeking the tax in October of both 2015 and 2018 having to resubmit after the Legislature failed to act on the petition within a twoyear period. Craver said the tax would be a significant source of revenue for Charlton.

'We have two of the gas stations on the Mass. Pike that would be significant revenue if we were able to have a local option," Craver told the State Reps.

If approved by the Legislature as presented the petition would levy a threecent tax on gasoline and diesel fuel per gallon that is consumed by the public. The petition needs to be approved by lawmakers in Boston before it can be ratified through a vote at town and state elections. With this being the second time Charlton has voted to petition for the tax and the new legislative session now underway both State Reps Frost and Durant said one of the biggest hurdles is justifying the tax among

other communities and not giving Charlton special privilege.

"The chances of just allowing one town, the town of Charlton, to implement a tax is slim to none. They're just not going to do it because as soon as you do it everybody else is going to do it," Durant said, noting that lawmakers didn't want to set a precedent that towns can seek to implement specific taxes within their single communities.

Frost agreed and added that having more communities join Charlton would be the optimal way to make sure the petition gets through Beacon Hill.

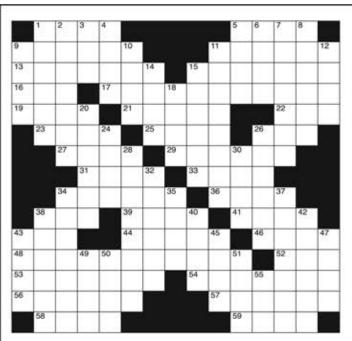
"I think it's more of getting other towns on board looking for the same thing and trying to look at it from a statewide approach like they do for restaurants, like they do for hotels and see if you can get enough communities to be clambering for it," Frost said.

The representatives said they would monwealth.

still file the petition in the off chance that it does get a vote even with only one community on board. They said at the very least it could create a dialogue that could mean success in the long term for the concept.

'It's more of an advocacy piece of legislation, I would call it, but don't go spending it anytime soon. One town getting to do it and nobody else getting to do it, I haven't seen it happen," Frost said.

Both lawmakers recommended that Charlton try and facilitate conversations with other communities to get the ball rolling. They also noted that another roadblock could be the already extensive list of taxes in Massachusetts and that town leaders and voters may not look kindly on yet another tax being levied on more businesses in the com-



CLUES ACROSS

1. One-time Levi's CEO 33. Prevent from seeing New organization aims to connect local historical societies

BY KEVIN FLANDERS NEWS STAFF WRITER

REGION — Members of a local organization have enjoyed making new friends while sharing their passion – and the rest is history.

Meeting twice annually, the Historical Sharing Group brings together historical societies from across the state. Each spring and fall, the organization is hosted by a different society, and members are always eager to meet new history lovers.

There is a core group of societies that attend every meeting, but there are many others that come periodically," said organization founder and moderator Diane Calvano. "In total, we've had 28 historical societies from across mid and eastern societies. Because many societies statewide haven't been successful with gaining exposure, their members appreciate the opportunity to network and learn new strategies. One of the common goals for all societies is to find ways to appeal to younger residents and bring their towns' histories to life.

Group members also stay in touch throughout the year to share ideas and feedback in advance of the next meeting. Several members enjoy the opportunity to discuss the history of their own towns while learning about that of surrounding communities.

'We shared program ideas, but also provided publicity, encouragement, and friendship between the societies," added Calvano, who has been a member of the Leicester Historical Society since

- 5. Emperor of Russia
- 9. Islamic theology scholar 11. Hammer with a large,
- wooden head
- 13. Food
- 15. Can be combined
- 16. Midway between east and
- southeast
- 17. Governs a noun or pronoun
- 19. Gorilla
- 21. Type of trap
- 22. "Unforgettable" singer
- 23. Atomic #10
- 25. Practice fight
- 26. US gov't branch
- 27. Female deer
- 29. Remarks meant for the
- audience
- 31. Undergarments

CLUES DOWN

- 1. Famed explorer
- 2. Transferred property to
- 3. Clerical vestment
- 4. Free-swimming marine invertebrate
- 5. Cab
- 6. Thin piece of wood
- 7. Persons without pigment in
- their skin
- 8. Fill again
- 9. Submissive
- 10. His and
- 11. Sources of stress
- 12. Shelter
- 14. French commune
- 15. Boggy ground
- 18. Old man
- 20. Peanut

38. Invisible gaseous substance 39. Sour 41. County in New Mexico 43. No seats available 44. Pulitzer-winning composer 46. Fit or irritation 48. The ability to move objects through thought 52. Skywalker mentor __-Wan Kenobi 53. Herbal medicine seed 54. "Zero Dark Thirty" director Bigelow 56. Preferences 57. Soundly

36. "A Suitable Boy" novelist

34. Masked

- 58. One precedes another
- 59. Au revoirs

24. Michael Corleone's enforcer

26. Geological formations

30. Insect repellent

32. Unit of time

37. Esteemed one

40. Where workers sit

43. Quantitative fact

45. Missing soldiers

49. This (Spanish)

51. Thrust a knife into

55. Hengyang Bajialing Airport

47. Diminutive

50. Hold on to

42. Women who foretell the future

34. Musician

35. Not good

38. Structures

28. Wages

Massachusetts attend our gatherings.

Calvano first got the idea for the organization back in 2006, when she was having difficulty finding programming for her historical society in Leicester. After reaching out to the leaders of other central Massachusetts societies, she realized that the same challenges stretched across the region.

Since then, the organization has continued to expand while helping its members connect with residents and increase awareness of historical

2004.

The Historical Sharing Group is always accepting new members who belong to historical societies in any town. Several members live outside of central Massachusetts, and they have established friendships with people across the state who share the same interests. All you need to join the group is a passion for history and a desire to get involved.

If you're interested in learning more about the group, contact Calvano at diane_calvano@yahoo. com or by phone at 335-9706.

Jessica Stolecki of Brimfield named to SUNY Potsdam President's List

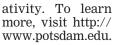
POTSDAM, N.Y. – Jessica Stolecki of Brimfield was recently named to the President's List at The State University of New York at Potsdam.

Stolecki, whose major is Music Education, was among 945 SUNY Potsdam students who were honored for academic excellence in the Fall 2018 semester. College President Dr. Kristin G. Esterberg recognized the students for earning top marks.

To achieve the honor of being on the President's List, each student must have satisfactorily completed 12 numerically-grad-

ed semester hours, with a grade point average of 3.5 or higher.

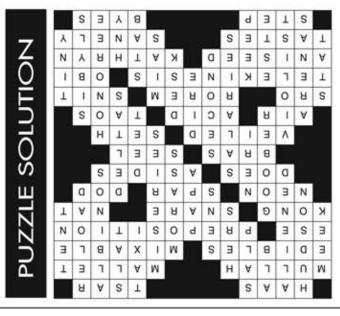
About SUNY Potsdam Founded in 1816, The State University of New York at Potsdam is one of America's first 50 colleges -and the oldest institution within SUNY. Now in its third century, SUNY Potsdam is distinguished by a legacy of pioneering programs and educational excellence. The College currently enrolls approximately 3,600 undergraduate and graduate students. Home to the world-renowned Crane School of Music, SUNY Potsdam is known for its challenging liberal arts and sciences core, distinction in teacher training and culture of cre-



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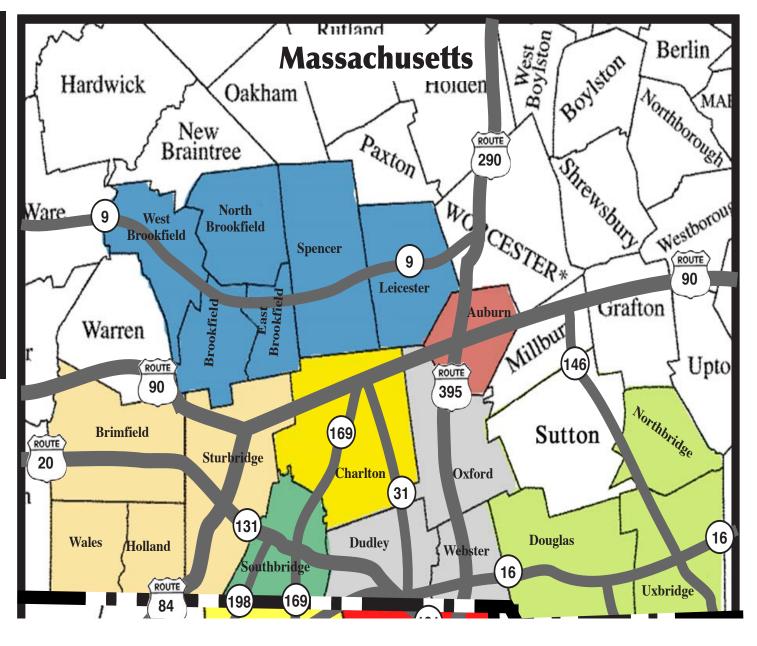


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Time to get out on the ice

THE GREAT OUTDOORS RALPH TRUE

Start your engines! Ice augers, that is. Ice fishing has finally arrived, and anglers are wasting no time to do a little bit

of ice fishing. As always, extreme caution needs to be practiced when navigating new ice. Because of the deadline for this column, no reports of fishing from local anglers this week, but I am sure there will be a lot of news next week.

Reports from Maine: ice fishing anglers have bob houses and other fishing gear being set up on frozen lakes. Hopefully, the ice will hang around for a while, giving anglers a few weeks of good ice fishing. Cape ponds have a coating of ice on them, but may need a few more days of cold weather to make them safe. Remember to wear ice creepers on your shoe or boots to avoid a nasty fall that could send you to the hospital and end your ice fishing expeditions for the year.

This week's two pictures show a local angler with his prize winning broodstock salmon caught a number of years ago at Wallom lake in Douglas, and the second picture shows a farther and son team ice fishing at Linwood Pond a few years ago. Unfortunately, no broodstock salmon are available to Mass. Fish & Wildlife



again this year. It sure was a great opportunity for anglers to enjoy the experience of landing such a great fish through the ice. Pike fishing in Rhode Island and in lakes in the Western part of Mass. should start to produce some great fish.

The last segment of the Canada goose season in Massachusetts opened this past Tuesday, Feb. 15, and will end on Feb. 15. The late season allows for a liberal daily bag limit of 15 birds. Because of the extreme cold weather and frozen lakes this past week, many geese will be visiting local rivers to feed and have water. Hunting areas around water require a good bird dog for retrieving downed birds, but can be hazardous for them Dogs falling through also. thin ice can often put the dog in a dangerous condition. T like to have my lab fitted with a good vest that is buoyant and also keeps his body warm when swimming in the frigid water. No goose is worth the life of my dog, as I have told numerous stories of my hunting experiences in past columns that could have very well cost myself and my dog our lives.

Hunting from a canoe or small water craft at this time of year is also dangerous and common sense and caution needs to be practiced on every hunt. Wearing life preserves at all times when in water craft while hunting this time of year can save your life. I have tipped over my canoe while hunting waterfowl in my younger years and if it happened to me today it would more than likely cost me my life. I no longer have a canoe or small boat to hunt from and I prefer to keep both feet on dry ground. Goose hunting can be a lot of fun

but common sense needs to be practiced every minute while out in the great outdoors at this time of year.

If you own a good rabbit dog, this is the time of year to enjoy the baying of the hounds as they trails the scent of the elusive rabbit. There populations have increased these past few years, and if you can find a bit of cover along fields and swamps that are open to hunting, you may just be able to harvest a few of these tasty rab-The bare ground is just bits. what you need to hunt rabbits this time of year. Rabbit stew was a favorite dish of mine back in the good old days.

Hunting on a Saturday morning with the late Bob Campo and Buster Bromley, it was not hard to harvest a few rabbits for a good stew. My son, Ralph Jr., also enjoyed rabbit hunting back in the day, at age 12. He shot his first two rabbits on Thanksgiving morning off of Sutton Street in Uxbridge in front of my first real good beagle called Joe. I purchased the beagle as a pup from the late John Bolanzo of Douglas. The dog won numerous trophy's and ribbons in field trials at the Blackstone Valley Beagle Club and The Whitinsville Fish & Game Club. Ah, yes, the good old days.

Don't forget the upcoming Sportsmen's shows. The Marlboro Fly Fishing Show is this weekend, Jan. 18, 19, and 20, and the New England Fishing and Outdoor Expo open their doors on Jan. 25-27. The Springfield show will open their doors on Feb. 22-24.

The Rhode Island saltwater fishing show is March 22-24 this year. More on these shows next week.

Take a kid fishing & keep them rods bending!

Preserving antique furniture and silver

Those of you who regularly watch PBS' "Antiques Roadshow" have seen antiques that have lost much of their value after being cleaned. If you are unsure whether to clean an antique, don't. While some antiques can be cleaned, others like coins should never be. This column will offer some guidelines on caring for antique furniture and silver, but the best advice is to consult with a professional before you clean or restore antiques.

If you have a valuable piece of Period furniture or another family heirloom the American Institute WAYNE TUISKULA for Conservation of Historic and Artistic Works (AIC) offers some great suggestions for preserving your pieces. To preserve antique furniture keep it out of direct sunlight. Damage from visible and ultraviolet light is "cumulative and irreversible." Humidity also affects furniture. The AIC recommends that furniture not be stored in basements or attics and kept away from heating vents and fire places. High humidity can promote mold growth and insect activity in the wood. Changes in humidity can produce shrinkage and cracking.



what to do. The Victoria and Albert Museum Web site states that silver tarnishes from car emissions and other pollutants. A wide variety of other factors tarnish silver. Wood, wool, leather, textiles, rubber bands, newspaper, adhesives and even vegetables and egg all emit sulphurous and acidic gases. To help prevent tarnish James Robinson of James Robinson Inc in New York recommended enclosing silver in airtight zip lock plastic bags in his appearance on the Martha Stewart show. He advised against using rubber bands to keep flatware pieces together. Cloth silver protectors help protect from tarnish. Robinson advised that silver that is used regularly can be washed with mild soap and water. To remove dirt from silver the Victoria and Albert Museum uses solvents on cotton swabs. To remove tarnish, they use a chemical cleaning solution with cotton wool and wash it with de-ionised water. Overcleaning silver can remove hallmarks. They note that when "used carefully these treatments



"It was once thought that furniture needed to be 'fed' with various mixtures of oils and other materials to keep it from drying out," according to the AIC.

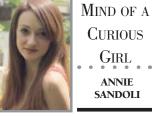
It has now been determined that some furniture oils will produce a gummy surface on furniture. Other furniture polishes contain non-drying oils that attract dirt and grime. Silicone polishes leave a film and may interfere with later preservation. For clear-varnished furniture a lightly applied, good paste can improve the appearance of silver objects, while retaining signs of wear, which are evidence of past use."

I have seen many pieces of silverplate that appear to have been polished with abrasive cleansers. The thin layer of silver has been worn off exposing the plate beneath. Sometimes, it may be best to leave your silver alone for a while and work on New Year's resolutions instead.

We are planning an online estate auction in Swampscott. We are still accepting consignments and making pickups for our next live February 28th. I'll be teaching my "Evaluating your Antiques" class on March 12 at the Bay Path Evening School in Charlton. Please see www.centralmassauctions. com for details on these and other upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique Auctions, Estate Sales and Appraisal Services www.centralmassauctions.com (508-612- 6111), info@centralmassauctions.com

Things to remember on Martin Luther King, Jr. Day



"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."

-MLK Jr. With Martin Luther King Jr. Day coming up on Jan. 21, I wrote down things I try to keep in my thoughts each year, hoping that other people will not simply see it as a Monday holiday, but a celebration of how far we have come and a realization of how far we have to go.

First, questioning the status quo is not only important, but it's necessary. The laws of the 1950s in the Southern United States reveal that just because something is legal does not mean it is right. Jim Crow laws mandated racial segregation in many states by creating separate public facilities, schools, and transportation vehicles for black Americans and white Americans. The idea, upheld by the U.S. Supreme Court in 1896, was based on the idea that these facilities would be "separate but equal," with the problem being that they were always separate and never equal. After Rosa Parks refused to give up her seat to a white man in 1955 when the whites-only section was filled, Dr. King became the leader in the Montgomery Bus Boycott, which led to the ending of racial segregation on all Montgomery public buses in 1956. When following the law was not the right thing to do, King refused to follow it, creating a change to further human rights.

Second, nonviolence is often much more brave than violent retaliation. King and the rest of the Southern Christian Leadership Conference organized nonviolent protests throughout the south to fight for desegregation, voting and labor rights, and other civil rights. It was never about doing nothing, but rather about turning nonviolence into an action that allowed them to openly confront legal racism through marches, sit-ins, and other forms of protest. The SCLC hoped that its efforts would increase media coverage of civil rights protests and the violence and harassment that partakers suffered, and it did. The efforts of Dr. King, especially the Selma demonstrations, changed public opinion about the Civil Rights Movement dramatically by the early 1960s and led to the passage of the Civil Rights Act of $19\bar{6}4$ and the Voting Rights Act of 1965.

Third, change is inevitable, so we have to learn to move with it. Maybe the world isn't like it was the day you were born, and it shouldn't be. Every single day, people change, circumstances change, and our entire world changes, little by little. Dr. King was a facilitator of change, but he also had his moments of difficulty, especially during his jail time in Birmingham and prior to the March on Washington, and had to learn to put aside his own fears and doubts in order to follow his vision of equality.

Fourth, ideas do not die with people. Dr. King's assassination in 1968 did not end his legacy or the idea that every single human, regardless of race, deserves human rights and to be treated equally. We can see this now in the Black Lives Matter movement and the fight against racist tendencies in America's war on drugs. Equality is not just an important part of American society, it is the base of it. Celebrating MLK Jr. is part of celebrating the idea of human rights for everyone, regardless of skin color.

Finally, many people were injured and some even

died during the Civil Rights Movement. Martin Luther King, Jr. Day was established to celebrate a man who took charge and made sacrifices during the civil rights movement, but he is not the only one who did so. It is a day we can take to stop and remember how many lives were lost or never the same again because of police force. It is a day to not take our freedoms for granted, but remember how many people fought for what was right and how many things we still need to fight for.

Instead of thinking of MLK Jr. Day as just another day off from work, I hope we can all think about who it is celebrated for, why his efforts were needed in the first place, and how we can continue to guarantee equality and human rights in this country. After all, it is every single citizen's responsibility to make sure America remains a free and equal place for all people.

TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Ruth DeAmicis, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to ruth@stonebridgepress.news.

CHURCH PILGRIMAGE

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@ gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

BRIMFIELD SENIOR CENTER CHARLTON SENIOR CENTER

Call Elaine or Debra for more info at (508) 248-2231 ~ Sign up sheets & flyers available at the Senior Center. Flyers are available on webpage www.town-ofcharlton.net: click on Departments then click on Council on Aging/Senior Center. Pick up is generally from St. Joseph's Church, 10 H Putnam Road Extension, Charlton.

March 12: Celtic Angels of Ireland & Celtic Knight Dancers at Venus De Milo.

Be transported to Ireland with some of the sweetest voices under heaven! The Celtic Angels: Victoria Kenny, Emily Carroll, Tammy Browne, Amy Penston and Ellie Mullane are Irish to the core and seasoned entertainer all.

The Celtic Knight Dancers feature two lead dancers of Riverdance. Their rhythm and artistry are astonishing.

The Trinity Band Ensemble of Dublin round out the show with flawless interpretations of authentic Irish traditional instrumental and their backing of both singers and dancers is perfection. \$92 includes: lunch, show and transportation. (Driver gratuity not included). Payment due Feb. 12, 2019. Make check payable to: Best of Times

April 25: Dancing Dream an ABBA tribute band!

Be transported back to a similar time when gas was under \$1 per gallon, when music was fun, inspiring and uplifting and disco was king! Performing ABBA's greatest hits from 1973 through 1983, DANCING DREAM, the Tribute to ABBA — precisely recreates all of the excitement and passion of their record-breaking 1979-80 world concert tour. With beautiful harmonies, elaborate costumes and exciting choreograinfo at (508) 764-8254

EAST BROOKFIELD SENIOR CENTER

For information and reservations, please contact Judy Shute (508) 867-9224

LEICESTER SENIOR CENTER

Contact Leicester Senior Center, Joan Wall, (508) 892-3967 for information and reservations.

Friday, January 18: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, February 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, March 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer, is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

IRELAND: September 9-22, 2019

USA: SPLENDORS OF THE NORTHWEST: May 20 to June 4, 2019

JAPAN: March 26 to April 9, 2020

JAPAN & CHINA: March 26 to April 22, 2020

SPAIN & PORTUGAL: September 9-24, 2020

MILLBURY SENIOR CENTER

1 River St., Millbury, (508) 865-9154

NORTHBRIDGE SENIOR CENTER

Phone: 508-234-2002

www.northbridgemass.org/council-on-aging

SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

SOUTHBRIDGE SENIOR CITIZENS 2019 TRIP SCHEDULE OPEN TO PUBLIC

Payment is due at sign up. Trips are open to the public. Make checks payable to the Southbridge Senior Citizens Association. Thursday, August 22, 2019: Diamonds and Pearls the ultimate tribute show.

For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or scrod

Tuesday, September 17, 2019: Atlantic City Boys

For \$95 you will get a deluxe motor coach to Danvers Yacht Club in Danvers. where you will hear the music of the Beach Boys, The Drifters, the Bee Gees and more. You have a choice of baked stuffed chicken or scrod.

October 8-15, 2019: ALL INCLUSIVE ARUBA

Happily Full. I am taking names for standby on this trip and for 2020 trip

Tuesday, November 12, 2019: Foxwoods \$25 10 a.m. bus.

For \$25 You get a deluxe motor coach ride to the casino You will have five hours at the casino as the bus will leave Foxwoods at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

FRIENDS OF STURBRIDGE SENIORS

Are you ready for a St. Patrick's CelebratIon? In the Spirit of Riverdance and Celtic Women, get ready for one of the Most Entertaining Shows. Featuring the sweetest voices of Five Celtic Angels from Ireland along with the Celtic Knight Male Dancers. Then round out the Cast with the Trinity Band Ensemble and you will enjoy a Spectacluar Show to remember.

Join us as we travel on Tuesday March 12th by Deluxe Motorcoach Bus to the beautiful Venus DeMilo in Swansea, Mass., about one and a quarter hours from Sturbridge. Included along with the Bus and the Show is a Plated Luncheon choice of Corned Beef and Cabbage or Baked Haddock, Venus Di Milo's famous Minestrone Soup, Vegetables, Breads, Dessert, Coffee/ Tea.

Be chauffeured, be entertained, be served and sit back and enjoy the day. Or if you prefer to drive on your own to the Venus Di Milo, this option is also available. These Shows are open to the Public ages 21 and over. For more information, please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com

Presenting Dancing Dream, the Ultimate ABBA Tribute Band, Hear them perform the songs that you will be singing for days afterwards such as Dancing Queen, Take a Chance on Me, Gimme Gimme Gimme, Fernando, Waterloo, Super Trouper, Knowing Me Knowing You, Name of the Game and of course Mamma Mia. The Dancing Dream Band will transport you back to a simpler time period of 1974 to 1982 as ABBA became one of the most successful groups in the history of popular music. Their six number 1 hits were Fun, Inspiring and Uplifting. Be amazed with the Bands beautiful harmony, elaborate costumes, and brilliant choreography.

to be a member to participate in any of the scheduled events. All are welcome. Gift certificates purchased in any amount can be used by the recipient to any event at face value. For information or reservations contact Ted at (508) 764-7909.

2018

2018 is the Society's 26th anniversary in providing members and non-members alike the opportunity to experience excursions of a day or extended days. All are welcome to travel with our organization.

UXBRIDGE SENIOR CENTER

All trips leave from the Whitinsville Walmart and the Stop & Shop at 32 Lyman St, Westboro. Make sure to include entree choice, phone # (esp. cell) and an emergency # when sending payment. "Like" us on FacebookThe Silver Club and The Uxbridge Senior Center. Please call Sue at (508) 476-5820 for more information.

The Silver Club BUS TRIPS for 2019 Please call Sue at 508-476-5820 for more information.

The Uxbridge Senior Center and its Silver Club travelling group is offering the following trips for 2019:

March 21, 2019 "THE PHANTOM OF THE OPERA" at PPAC: Lunch at Mossimo's on Federal Hill. Please choose: eggplant Parmesan, salmon, or chicken piccata~ \$99.

April 9 JFK Library and museum w/wine tasting & Venezia Restaurant for lunch. \$81. Lunch choices: Baked Haddock, chicken parmesan, steak tips, chicken piccata, or pasta primavera

Kentucky w/ARK, horses and more \$869. 7 day trip! March 31-April 6. Includes12 meals, 2 shows; Loretta Lynn's homestead; Hatfield & McCoy tour; Toyota Tour; tour of Wheeling, WV; cut-through project in Pikeville; horse farm tour; "Grand Canyon of the South" and other fun highlights!

Hotel Frontenac ("bucket list" hotel!), Quebec: 5 days w/White Mt. Hotel, N. Conway, NH, April 27-May 1: \$999. 8 meals, show, and touring in Quebec. Come and stay at the famous hotel that's in all the photos of Quebec! True luxury!

April 9 is a trip to the JFK LIBRARY AND MUSEUM w/wine tasting and lunch at Venezia's . \$81. (\$2. discount if you're a veteran.) Lunch choices: Baked Haddock, chicken parm, steak tips, chicken piccata, pasta primavera. Make sure to include meal choices when you sign up. Besides lots of information about the life and legacy of John Fitzgerald Kennedy, there is an extensive collection of first Jacqeuline Kennedy's clothes, including the dress she wore when she gave a televised tour of the newly restored White House. You also don't want to miss the Freedom 7 space capsule, which took Alan Shepard into space in 1961. The Venezia is always a nice place for lunch with wonderful food! Leaves Whitinsville WalMart at 7:15 a.m., home around 4:30.

phy, every show is to be remembered. \$92 includes: lunch, show and transportation. (Driver gratuity not included). Payment due March 25, 2019 Make check payable to: Best of Times

DAUGHTERS OF ISABELLA

For reservations contact Jan Caouette at (508) 887-2215. Make checks payable to Bernadette Circle #709 and mail to Bernadette Circle #709, PO Box 201, Webster MA 01570. The Daughters of Isabella is a nonprofit and charitable Catholic women's organization

DUDLEY SENIORS

For information and reservations contact Evelyn Grovesteen at (508) 764-8254

The next trip being offered is to Mackinac Island, next June 2-8. It includes transportation, lodging, 10 meals, tour of Mackinaw City, Mackinac Island with guided carriage tour, a boat ride through the Sault Locks, sight seeing in Sault Saint Marie, a visit to Mackinaw Crossings, Admission to Colonial Michillmackinac and the Old Mackinac Point Lighthouse. Tips for driver and step-on guides are included. Games, drinks and snacks will be provided on travel days. Cost is \$650 pp/double occupancy. Call Evelyn Grovesteen for info at (508) 764-8254.

Also next year, Sept.13-21, we will be going to Nova Scotia, Prince Edward Island and New Brunswick. Included is transportation, lodging, 14 meals, guided tours of Acadia National park, Halifax, Peggy's Cove, Lunenburg, Prince Edward Island including Anne of Green Gables' home, admission to King's Landing Historical Settlement, admission to Hopewell Rocks, and a visit to St. John. Tips for driver and step-on guides are included. Games, drinks and snacks will be provided on travel days. Cost is \$1065 pp/ double occupancy. Call Evelyn Grovesteen for Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9-10 a.m. or call (774) 922-4049, or email jimtrips@yahoo. com

Tuesday, March 12, 2019: Foxwoods \$25 8 a.m. bus.

For \$25 You get a deluxe motor coach ride to the casino. You will have five hours at the casino to gamble or PLAY BINGO as the bus will leave Foxwoods at 3 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Tuesday, April 30-Thursday, May 2, 2019: Atlantic City

You will get two nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see two stage shows. Trolleys available. For details call Jan at 508 887 2215

Sunday, May 19, 2019: Newport rail tour.

Tour ocean drive: board the excursion scenic dinning car for a 90 minute tour along Narragansett bay. Enjoy a full course lunch on the train when you book give choice of meal - chicken Marcella or Atlantic cod. For details call Jan at 508 887 2215

Sunday, June 16, 2019: Gloucester Beaufort Princess cruise.

Board the ship for a New England clam bake including clams, lobster chowder, barbecue chicken and more; finish with chocolate mousse. Cruise the harbor for 2 1/2 hours with music on board. Visit the Salem visitor center and shops. For details call Jan at 508 887 2215

Tuesday, July 23, 2019: Mohegan Sun \$25 10 a.m. bus

For \$25 you get a deluxe motor coach ride to the casino. You will have five hours at the casino as the bus will leave Mohegan Sun at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher. Come along with us on Wednesday April 24th as we travel by Deluxe Motorcoach Transportation to the Luxurious Danversport Yacht Club which is about one and a half hours drive from Sturbridge. Included with

the Bus and the Show, is a delicious Plated Luncheon of Stuffed Breast of Chicken, or Baked Schrod, Salad, Potato, Vegetables, Breads, Dessert and Coffee/Tea.

Tickets are also available for those people who prefer to drive on their own. These Shows are open to the Public ages 21 and over. For more information, please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com.

ST. ANDREW BOBOLA PARISH

TRIP TO USA NATIONAL PARKS St Andrew Bobola Parish, is organizing a special TRIP TO THE NATIONAL PARKS 11 DAYS, May 12-23 2019. Total cost: \$2,000

PILGRIMAGE TO ISRAEL AND JORDAN St. Andrew Bobola Parish is organizing a Pilgrimage to Israel and Jordan March 17-28, 2019. All inclusive cost with breakfast, dinners is \$3,190.

Please contact: 508-943-5633. Registration forms are available on the website: www.standrewbobola.com

UNION SAINT-JEAN-BAPTISTE CHAPTER 12

Union Saint-Jean-Baptiste, Chapter #12, Southbridge, is sponsoring a variety of excursions for all to enjoy in 2018. We are a non-profit family oriented Franco-American fraternal society since 1900. As always, you do not have

MONDAY, MAY 6 -- Trip to the Cape w/Daniel Webster Inn, the Sandwich Glass Museum, and the very interesting Cape Cod Canal visitor center -- \$71. There will be a buffet lunch at the lovely historic Daniel Webster Inn with its great food and wonderful atmosphere! Leaves Whitinsville at 7:45 a.m., home around 6:30 p.m.

Tues, May 28 -- the Lobster Bake Cruise returns! This has turned into a yearly tradition because everyone loves it so much! Don't wait to sign up or you'll miss out! Cruise around Gloucester harbor with music and dancing and white linen tablecloths while you dine. Lobster and baked chicken both. \$85. Leaves Whitinsville at 8:30 a.m., home around 7 p.m.

DEC.5-6 THE TRAPP FAMILY LODGE CHRISTMAS: \$379. dinner & breakfast at the Lodge; Quechee and Montpelier, meet w/a family member to hear the history, etc.

DEC 13-14: CHRISTMAS BY THE SEA: \$329. 1 breakfast, 1 elegant holiday buffet lunch, 1 dinner. "Magic of Christmas" Portland Symphony Orchestra plus Ogunquit's "Christmas by the Sea" celebration

All trips leave from Whitinsville Walmart, 100 Valley Parkway, Whitinsville. Make sure to always include entree choice, phone # (esp. cell) and an emergency phone number. Please call Sue at 508-476-5820 for more information or to reserve.





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> **FRANK G. CHILINSKI** PRESIDENT AND PUBLISHER

BRENDAN BERUBE Editor, Sturbridge Villager

EDITORIAL Making a resolution that will last

With New Year's Day now in our rear-view mirror, we, like many of you out there, are thinking about resolutions. We could debate that September is actually the start of a new year given the clean slate of grades to start a new school year, but a new year is a new year, and not all of us are still in school.

More than half of all resolutions end in failure, but we like the fact that generally, we, as people, seek to improve ourselves and our lives. One reason resolutions fail is that a person just hasn't chosen the right one, something that has meaning. Many people fail before the end of January.

A resolution isn't the right one for you if it's too vague, if it's someone else's expectations for you, or if you have no plan.

The acronym SMART (specific, measurable, achievable, relevant and time bound) can be used to help facilitate your success. If you make a specific goal of losing a certain amount of weight, your goal will be easier to obtain. If you set a time limit (baby steps) by saying 'I will lose one pound each week,' your plan becomes more effective. As a side note on the 'baby steps' concept, if you haven't seen the comedy "What About Bob?" starring Bill Murray, you must.

We all like to see progress and to see it fast. One way is to make something measurable. If you want to scale back on something, say using social media, you can use the 'see how much time you've spent on Facebook' setting to watch your usage go down Or if you've set out to watch as many old classic movies or read as many John Grisham novels as you can this year, you can make a check list, and as you finish each one, check it off the list. Or bring an empty book case into your house, as you finish a book, pop it on the shelf. Pick a goal that is achievable. By taking a leap that is too big, you might find yourself in over your head and likely frustrated. Having a goal of saving more money than you can, will leave you hopeless, however if you can put away \$50.00 per month, then you're on to something. Choose a resolution that is relevant. Doing something for the right reasons is key. A relevant goal is a lasting goal. If you want to do more research on your family's ancestry, so that your family will have the information for years to come, then what you're doing has meaning to not only you but to the people you care about. Choosing to bring others in on your goal is never a bad idea either. We all need a coach at times. Using a timeline for your goals should be realistic. Knocking off small goals along the way will lead you to your larger goals and will also give you a chance to create your new habit. Learning something new is one of the most refreshing things about being alive. Being able to continually grow and morph into the best versions of ourselves is what life is all about. The more you enjoy, the more meaning you get out of life. As the poet T.S. Eliot wrote, "For last year's words belong to last year's language, and next year's words await another voice."

The answer to common maladies isn't always in a medicine cabinet. In fact, treating everyday ailments or symptoms of aging is often a matter of common sense. From mental maneuvers to manual massage, the following self-help tips are geared toward effectively

promoting good health and well being!

Improve Memory: What's your memory grade? If you're a flunky when it comes to remembering, it may be time to get your brain back in shape with some mental gymnastics. No matter what your age, experts say exercising your brain really may make the difference between using it and losing it. Activities such as doing crossword puzzles, playing word games or cards, strengthens the receptors between brain cells in memory transmission areas. If you sense memory loss occurring, use mental helps such as calendars, calculators, list making, and group discussions to exercise your memory receptors. And relax. According to the experts, worrying about what you're going to forget can actually cause a mental block!

Effortless Memory Boost: Too tired to exercise your brain to boost memory? Dab on your favorite perfume! Believe it or not, medical studies show memory skills are enhanced while people are wearing a fragrance. The theory is that because the part of the brain that stores memory is located near the part that senses smell, the memory is boosted when you sniff a fragrance. Now, if you can only remember where you put the cologne...

Laughter is the Best Medicine: Groucho Marx once declared "A clown is like an aspirin, only he works twice as fast!" And health officials worldwide have proved laughter really may be the best medicine. According to University of Maryland Hospital studies, the benefits of laughing include improved coordination of brain functions, memory improvement, reduction in stress and depression, pain relief and stronger internal muscles. One UM doctor even claims twenty seconds of hearty laughter gives the heart the same workout as three minutes of hard rowing. So enjoy a daily dose of laughter, it's free, fun and contagious!



Do-It-Yourself Tips for

Health and Well Being

you run out to by a hearing aid, you might want to consider a pair of sneakers instead! Believe it or not, researchers at Miami University in Ohio report aerobically fit people heard sounds at lower volumes than

VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES

their sedentary counterparts. In fact, the researchers went

as far as to declare that a fit person at age 40 can have the hearing of a 20 year old! The concept is that aerobic exercises such as walking, enrich the blood with oxygen and improve blood flow to the ears, which improves hearing function. For a proper hearing "fitness" routine, the experts suggest working your way up to walking 30-60 minutes, five or six days per week. For an optimum hearing boost, add strength training, as those who are aerobically and muscularly fit had the best hearing!

Eye Test: Babyboomers may be soon discovering their eyes aren't as sharp as they used to be! Here is a quick vision test to gauge whether or not it's time to have those glasses upgraded: A person with good vision should be able to read the numbers and letters on a license plate 80 feet away. If not, it's time to get a vision check up. If you work at the computer all day, this simple "eye break" exercises tired eye muscles. Hold a pencil one foot away from your eyes, focus on an object behind the pencil for several seconds, then blink and focus directly on the pencil for a moment or two. This helps relaxes and revitalize eyes. At home, relieve eye strain by cutting two thin slices of raw red potato. Keep them on your closed eyelids for 20 minutes.

Sweet Slumber: Are you always tired? Is your nightly slumber less than satisfying? If so, it might be time to reset your sleep clock to ensure your daily dose of rest! If your body clock is set to a different time than your schedule, you'll feel tired. Experts say when you're in your 20s and 30s, your body is typically set to stay up late and sleep late. On the other hand, it's common for people in their 60s and 70s to fall asleep at before 8 p.m. and wake up before the birds. Here's how to get back to a normal sleep rhythm by resetting your sleep clock: Bright electric light can shift your body clock, according to a past study published in the Journal of Investigative Medicine. If you want to stay up later, sit under a bright light bulb for one to two hours before your current bedtime. This will slowly shift your body clock to a later bedtime. In the morning, block out bright light until you've been up for an hour or two. If you want to go to bed and get up earlier, dim the lights in the bedroom after 9 p.m. and pull up shades to allow the morning sun to stream in. Stall Senility: If forgetfulness has you fretting about a future with Alzheimer's, here are some facts that may actually help you stall or prevent the disease. While searching for the cause for Alzheimer's disease, researchers found some interesting clues. Middle-aged people with high cholesterol or high blood pressure have a 50 percent greater risk for developing Alzheimer's later in life. Studies also reveal patients may have low levels of vitamin B-12, A, C and beta-carotene, and high concentrations of aluminum and mercury. Most revealing is that a recent study of people genetically predisposed to developing Alzheimer's disease, showed those who consumed the most fat on average, as well as the most calories, were more likely to develop the disease compared as to people who followed low-fat, low-calorie diets. So take your vitamins and eat healthy to up your odds of avoiding Alzheimer's!

What's keeping you from protecting your family's future?



T h i n k about your loved ones. What will their future be like? Can you picture them living in your house

many years from now? Can you picture your children going to college? Can you picture your spouse or partner enjoying a comfortable retirement? These are all pleasant visions - but what if you weren't in these pictures? If you were no longer around, you'd leave a gaping hole in the lives of your survivors. The emotional element would be tough enough, but the financial aspect - the permanent loss of your income - could be devastating to all the hopes you've had for your family members. Fortunately, you can help prevent this "worst-case" scenario from happening – if you have sufficient life insurance.

Unfortunately, a lot of people don't – even when they recognize the need. LIMRA and Life Happens, two organizations that provide education on life insurance, report the following:

Only four in 10 Americans own an individual life insurance policy – although 85 percent say that most people need life insurance.

More than one-third of all households report that they would feel an adverse financial impact within one month of losing a primary wage earner's income, while nearly half would feel an impact in just six months.

What's keeping people from providing adequate insurance for their families? Here's a sampling of the most common reasons:

Stress Busters: It's 2 p.m., you've got a pile of unfinished work, you've yet to each lunch and the phone keeps ringing! If the high tech and high stress world has got you chewing your acrylic nails off, try these easy office stress busters: At the first sign of stress, massage therapists suggest simply massaging the palm of one hand by making a circular motion with the thumb of the other. Or, when you're stressed out, reach for a steaming mug of decaf or other hot beverage and cup your hands around the mug. Bring your warm hands to your closed eyes for a few seconds and take a deep breath to induce calm. And here's a good excuse to snack on the job: Carbohydrates stimulate serotonin in the brain, so reach for a bagel, crackers or pretzels to help calm down fast.

The Buzz on Caffeine: If you love your coffee, you now have another excuse to drink high octane java! A ten year study by the University of Bristol revealed coffee drinkers really may be better thinkers. The report said a cup of coffee can help in the performance of tasks, requiring sustained attention. It further helped enhance a person's ability to perform these tasks, during low alertness situations such as at night or when a person has a cold.

Hearing Help: Are you saying "Huh?" more than you used to? Well before "I just don't want to think about it." Let's face it – like almost everybody, you probably don't like to think about death. And consequently, you may well be inclined to postpone thinking about life insurance. But if you can just envision what your loved ones' lives would be like without you, in terms of their financial situation, you will find it easier to address your insurance needs in a calmer, more analytical manner.

"I have other financial priorities." You will always have financial obligations – mortgage or rent payments, car payments, credit card bills, student loans, etc. You can't ignore these expenses, but ask yourself this: Do any of them really take priority over the future happiness and welfare of your loved ones? Since the answer to this question is obviously "no," you will likely conclude that maintaining adequate life insurance is one of the most important financial moves you can make.

"I can't afford life insurance." If you think life insurance is prohibitively expensive, you're not alone. In fact, 80% of consumers think life insurance costs more than it does, according to LIMRA and Life Happens, while nearly half of the "millennial" generation estimates the cost at five times more than the actual amount. In reality, some types of life insurance, such as term insurance, is highly affordable.

"I don't know how much insurance I'll need." To determine an appropriate level of coverage, you'll need to consider a variety of factors, such as the number and age of your dependents, size of your mortgage, spousal income, amount of employer-provided insurance, and so on. A financial professional can help you calculate the amount of protection you need.

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Call or email Stonebridge Press today 508-909-4105 or photos@stonebridgepress.com You can also download your photo reprint form at www.StonebridgePress.com As you can see, none of the reasons listed above should really keep you from adding life insurance to your overall financial strategy. So, take action soon to help ensure that your wishes for your family's future will become reality.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

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SPORTS

Varney signs on the dotted line, to play lacrosse at Franklin Pierce

BY KEN POWERS SPORTS CORRESPONDENT

STURBRIDGE—Back on Wednesday, Jan. 9, when Tantasqua Regional senior Austin Varney, surrounded by family, friends and teammates, signed his National Letter of Intent (NLI) to attend Franklin Pierce University -– where he will continue both his academic and lacrosse playing careers — someone who played a big role in his development as a player and a person was not there, although he was still probably watching the festivities.

Former Tantasqua varsity lacrosse coach John Pedace.

'Coach Pedace had a huge impact on me," Varney said of the man who coached him back when he was a freshman. "He was like a second father to me. His wisdom of the game and the way he went about his life made him a role model for me.'

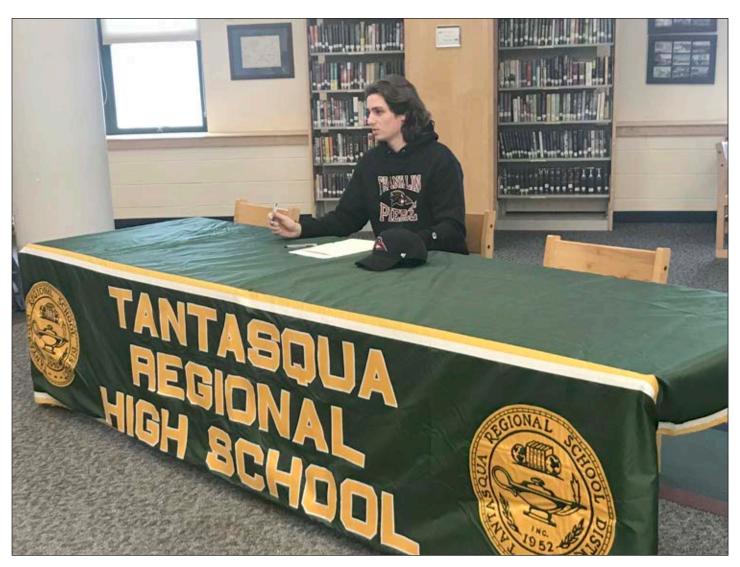
Pedace passed away on June 7, 2017, cancer finally winning its battle - on the fifth try — with the man who told everyone he encountered on a daily basis, especially the hundreds if not thousands of students he mentored, to "be legendary."

"He coached me my freshman year, but had to step down after that because of his medical issues. He started me out on JVs and then halfway through the year he brought me up to the varsity because he told me that he saw something in me, something they could use on the team," Varney remembered. "Every single practice or game when I did something wrong he was always encouraging me.

"I really wanted to get into a school and play lacrosse at a high level because of Coach Pedace, because of the way he inspired me in so many ways. Coach P., for me, is gone but not forgotten. I think about him and pray for him all the time," added Varney.

Varney, a 6-foot, 175-pound midfielder who scored 20 goals and recorded 12 assists for Tantasqua last year, said he will play in the midfield for the Ravens as well. Varney chose Franklin Pierce, located in Rindge, N.H., from a list on interested school that included Assumption, Nichols, Emmanuel, Wheaton and Westminster College in New Wilmington, Penn. He said the opportunity to play for Ravens' coach Rick Senatore was key.

"Coach Senatore, as soon as I met him I knew this was a guy I really wanted to play for because of his attitude and



Courtesy photo

Tantasqua Regional senior Austin Varney signs his National Letter of Intent to play lacrosse at Franklin Pierce University.

what he brought to the table as far as his charisma and the code that he has," the 18-year-old Varney said. "He has a standard for everyone at the school. He has a hierarchy and a set of rules that he expects his players to follow. It's a set of rules that will keep you on task. Rules that will keep you on task for the rest of your life, really."

Varney said Senatore's up-beat attitude also played a role in his decision.

"He's an optimistic guy. He came in to Franklin Pierce from a smaller school [Saint Anselm College] and he's dedicated to rebuilding the Franklin Pierce program and he's been improving the program every year," Varney said. "His attitude toward his team is great; he has nothing bad to say about his team.

He is always positive. He realized that there are things that need to be worked on, but he always brings out the good in people.'

Varney will be joined at Franklin Pierce Varney by Bishop Stang High's Caleb Ikkela. The two played club lacrosse together the last couple of years for the SouthCoast Buzzards, a team that operates out of Southeastern Mass.

"Caleb signed his NLI back in November," Varney said. "He told me last year that I should definitely check out Franklin Pierce. I'm psyched that I'll be playing Division 2 college lacrosse with him "

Varney, who plans to major in sports nanagement, said the educational component of his decision was a big piece of the puzzle as well.

"I looked into the sports management program at Franklin Pierce while I was making my decision and it turns out that my admissions counselor at Franklin Pierce went there, too, and he majored in sports management as well," Varney said. "He spoke very highly about the program, so that gave me some confidence in the major. He told me that several Franklin Pierce students who graduated with that major have gone on to be general managers of minor league teams across the country.'

Varney said he is relieved to have the recruiting process behind him.

"This is a huge weight off my shoulers," Varney said.

Tantasqua takes defensive decision from Spartans



Nick Ethier photos

Jeremiah Dingui of Tantasqua drives the ball on Uxbridge's Josh Wilcox.



Jackson Hall of Tantasqua looks down the court before passing the ball.

BY DEAN P. ST. LAURENT SPORTS CORRESPONDENT

UXBRIDGE — Trailing, 37-36, with three minutes left in the game, senior Hayden Peterson scored six unanswered points to lift the Tantasqua Regional boys' varsity basketball team to a 42-39 win over Southern Worcester County League foe Uxbridge High on Friday, Jan. 11. It was the Warriors' fourth straight win as they improved to 6-2.

Peterson's outburst on the offensive end came after Uxbridge junior Jaideep Sidhu scored on him in the paint to give the Spartans (6-3) the lead with three minutes to play, countering senior Jackson Hall's 3-pointer for Tantasqua.

"Hayden got two possessions on the block and scored both times," explained Warriors' head coach Scott Dion. "We challenged him a little bit in a timeout."

Momentum took a swing in the favor of Tantasqua earlier in the frame when Sidhu gathered a defensive rebound on a missed jump shot, and was tied up by a couple of defenders in Peterson and junior Troy Lee. The awareness and gritty play forced a jump ball call, giving the Warriors possession.

Tantasqua was able to capitalize on an inbound play when Hall swished a 3-pointer while getting fouled in the act of shooting. Hall missed the free throw, but it gave the Warriors a 36-34 lead and gave his team's offense some life.

"Them and us are certainly the two biggest teams in the SWCL," explained Dion. "It was a great battle down and around the block. Our guys refused to stop hustling and were able to tie [Sidhu] up."

However, Uxbridge didn't go away easily, as they played great defense from the tip until the final buzzer. They also hit



Tantasqua's Will Pieczynski looks up and over Uxbridge's defense before making a pass.

shots down the stretch to keep it interesting until the final buzzer — even when Tantasqua had the momentum.

The Spartans led for most of the game and retook the lead moments after Hall's 3-pointer when senior Harrison Mansfield got a contested 3-pointer to pierce the bottom of net with 3:17 left to make it 37-36.

"They battle adversity and they're resistant," explained Uxbridge head coach Ryan Hippert. "Our defense was relentless, that is a good team we held to 42 points. We defend, it was a great game, it is hard to put into words right now, but my team battled. They're great kids and if we play like that we

will be in every game."

For much of the game, especially in the first half, Tanatasqua couldn't get anything going offensively, but they were able to do the little things defensively to make the offense flow a little bit easier. Second half adjustments were made and the Warriors were able to come out of Uxbridge with a big win on the road.

"I was probably most proud in the fact that we switched things up in the second half to help out our offense," stated Dion. "We went man and if we go man we can hopefully get some stops, which we did.

"That's how you get out of a hostile environment with a win," concluded Dion.

SPORTS

Aggressive Warriors too much for Uxbridge





Tantasqua's Lydia Boland tries to drive the ball into an open spot on the court.



Lindsey Zak of Tantasqua drives the ball into the lane versus Uxbridge.

watch Law develop.

"In the beginning Sophie was a little timid, being a freshman, but we kind of — not roughed her up — but played with her a little bit in practice and she's gotten really strong and she can power it up there. She's more confident with the contact now. We played some really tough teams in the beginning and that helped her develop,' said Boland, who isn't afraid of a little contact herself. "I do a little of everything. I just go, and do, whatever is needed.' Uxbridge halted the Tantasqua run with 5:27 left in the first quarter, senior captain Maggie Streichert (four points) hitting a foul-line jumper to make it 10-2. Tantasqua closed the quarter on an 8-2 run to lead, 18-4, heading to the second quarter. The Warriors put the game away in the second, opening the period with a 13-5 spurt that was capped off by a leftside, medium-length jumper by Law, which made the score 31-9 with 2:54 remaining in the first half. Tantasqua led, 35-14, at halftime. In addition to Boland, Law and Zak, scoring for the Warriors were senior Jordyn Trombly (seven points), juniors Erin Jensen (four points) and Kylee Fortuna (two points), and sophomores Emmy Cherry (seven points), Ainsley Way (seven points) and Grace Farland (two points). Things got worse for the Spartans before they got better; Uxbridge failed to score in the third period and, as a result, the Warriors led, 55-14, after three quarters. "Tantasqua is a good basketball team; they should be in the state final," Uxbridge head coach Tracy Larkin said. "I just told Tom, 'I'm rooting for you

guys [to win the state title].' So, they're a good basketball team and we're an eighth-grade basketball team. We have [three] eighth-graders on our roster. That said, we were definitely asleep in the beginning of the game and they didn't rebound at all in the first quarter.

"We need to learn to be more aggressive," Larkin added. "Tantasqua is a big team and physically we're little — much smaller than they are — and in practice. We're chipping away at it, but it's baby steps; we're building a program and trying to get the younger kids ready to go."

In addition to Streichert, scoring for the Spartans were senior Olivia Hicks (nine points), junior Ella Correa (two points), sophomore Sarah Johnston (two points) and eighth-graders Grace Orr, Meghan Smith and Katie Cullen, who all scored two

Jason Mckay photos

Tantasqua's Sophie Law gets off a shot against the pressure of an Uxbridge defender.

BY KEN POWERS SPORTS CORRESPONDENT

STURBRIDGE — Lydia Boland provided the outside sharpshooting and Sophie Law supplied the inside muscle as the Tantasqua Regional girls' varsity basketball team scored the first 10 points in its game with visiting Uxbridge High and then cruised to a 61-23 victory.

Boland, a junior captain, scored a game-high 14 points, 12 coming on the four 3-pointers she drained — two from the left elbow extended, two from the right elbow extended. Law, a freshman center, added 13 points on an array of post moves and a 12-foot left-side jumper.

Boland got the game-opening run started with her first shot of the night — a right-side 3 just 27 seconds in — and then Law made it 7-0 on the Warriors' next two possessions with two post-up moves, gathering in a pair of passes and quickly spinning to the outside and laying the ball in off the backboard. Senior captain Lindsey Zak where. She has great range and she was on tonight. She's got a real smooth stroke and she was dropping them in the bottom of the net all night," Tantasqua head coach Tom Goyette said. "Lydia had a great season for us last year and she's had a great start to this season, too; she's continuing where she left off. She's a pure shooter and a scorer who can go to the hoop as well, so she's tough to defend."

For Boland, her hot shooting night was simply a matter of taking what the defense was giving.

giving. "When you have a team that lets you shoot from the outside and you make that first one, you know you can do it for the rest of the game," Boland said. "I felt like it was going to be a good shooting game for me once I made that first one."

Goyette said Law's performance was her best game of the year.

"Sophie is getting more confident. She's getting more physical out there and getting more involved," Goyette said.

(five points) pushed the lead to 10-0 with 5:52 to play on a leftside 3-pointer.

"Lydia is an accurate shooter and she can shoot from any"Confidence is a big thing, especially when you're a freshman. She had it tonight. This was her breakout game."

Boland said it has been fun to



Jordyn Trombly of Tantasqua works the ball down low against an Uxbridge defender.

we're a little afraid of contact, p which we've been working on

points each.



Tantasqua's Shea Coleman battles against a pair of Uxbridge defenders while maintaining possession of the ball.

HIGH SCHOOL NOTEBOOK

Jan. 9

Tantasqua 91, Shrewsbury 35 — After defeating the Colonials, the Warriors boys' swim team improved their record to 7-3. Jonah Green won the diving event to start the day, while the medley relay team of Andrew Wade, Ethan Hunter-Mason, Robert Wilson (of Quaboag) and Bryce Iller also won. Eli Currier took first in the 200 free, while Wade (200 IM), Iller (50 free, 500 free), Wilson (100 butterfly) and Cameron Chishold (100 back) also won individual events. The 200 freestyle relay team of Zach Lavallee,

Green, Hunter-Mason and AJ Osimo won, as did the 400 free relay squad of Wade, Osimo, Currier and Iller.

Shrewsbury 99, Tantasqua 86 — In nail-biting fashion, the Tantasqua girls' swim team lost to the Colonials, dropping to 6-4. Alyson Locke won the 200 free, while Sarah Kersting-Mumm of Oxford won the 200 IM. Katie Wade took first in the 50 free, as did Lauren Butler in the 100 breast and the 400 free relay team of Wade, Kami Davis, Locke and Kersting-Mumm.

Jan. 11

Tantasqua 93, Leominster 74 — The medley relay team of Eli Currier, Ethan Hunter-Mason, Robert Wilson and Bryce Iller picked up the first win for the boys' swim team as the Warriors improved to 8-3 after beating the Blue Devils. Andrew Wade won the 200 free, while Iller captured first in the 200 IM and the 100 free. AJ Osimo was victorious in the 50 free, while Wilson won the 100 butterfly. Daniel Sickenberger (500 free), Currier (100 back) and the 200 free relay team (Osimo, Hunter-Mason, Wade and Iller) also won. Leominster 95, Tantasqua 75 — In another close battle, the Warriors lost their girls' swim meet to the Blue Devils. Sarah Kersting-Mumm was a double winner in the 200 and the 100 free, while Katie Wade won the 100 butterfly and Erica Maddening took first in the 100 breast. The 400 free relay team of Alyson Locke, Christina Izbicki, Kami Davis and Kersting-Mumm also won for the now 6-5 Tantasqua team.

CALENDAR

Wednesday, January 23

STEWING OVER MYSTERIES, 6:30 p.m., Publick House Tap Room, Sturbridge. The Friends of the Joshua Hyde Library present an evening with author William Martin, including a dinner of beef stew, rolls, coffee and dessert. Martin's books are available for purchase at a discount prior to the event. Tickets are available at the library or online at www.sturbridgelibraryfriends.org.

Sunday, January 27

OPEN HOUSE, 11:30 a.m.-1 p.m., Trinity Catholic Academy, 11 Pine St., Southbridge, Mass. We are currently accepting applications for 2019-2020.

BUFFUMVILLE DAM TOUR: Join Park Ranger Jamie today at 1 p.m. at Buffumville Lake, Charlton.

Tuesday, February 5

BEGINNERS FLY TYING CLASS: Buffumville Lake office, Charlton, 7-9 p.m. Call (508) 248-5697 to register.

Thursday, February 7

BEGINNERS FLY TYING CLASS: Buffumville Lake office, Charlton, 7-9 p.m. Call (508) 248-5697 to register.

Friday, February 8

SOME SPECIAL & ME DANCE, 6:30-8:30 p.m., Burgess Elementary School cafeteria, Sturbridge. Hosted by Girl Scout Troop 14412. Open to Burgess students in grades K-6, accompanied by their "Someone Special." This could be a parent, grandparent, guardian, or other special adult. Cost: \$5 per person, with a maximum of \$20 for families. Please e-mail Troop14412@gmail.com for a permission slip, or with any questions.

Monday-Friday, February 18-22

SCHOOL WINTER BREAK FUN AT BUFFUMVILLE LAKE: 3:30-4:30 p.m. daily. Pre-registration requested by Feb. 15. Please contact Park Ranger Jamie Kordack at (508) 248-5697 or Jaime.r.kordack@usace.army.mil.

> Sunday, February 24

Buffumville Lake, Charlton.

Sunday, April 28

BUFFUMVILLE DAM TOUR: Join Park Ranger Jamie today at 1 p.m. at Buffumville Lake, Charlton.

ONGOING

BUSINESS NETWORKING: Join us for a FREE Business Networking Meeting! Thursdays - 7am at Old Sturbridge Village Oliver Wight Tavern - Grecian Room, 1 Old Sturbridge Village Rd, Sturbridge, For more info call Tia @ 774-200-6740

WOMEN'S BASKETBALL: Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@ gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.

Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

ALCOHOLICS ANONYMOUS: Traditional open AA meetings in a friendly setting. Come early to chat and share in refreshments. Friday evenings at 7:30 p.m., Hitchcock Academy, Brimfield.

K9 NOSE WORK: A sport open to all breeds of dog and their people Saturday mornings over six weeks at Hitchcock Academy in Brimfield starting Jan. 19. Progressive training levels offered. Fee: \$145 per dog, per session. Instructor: Laurie Merritt, M.Ed., CPDT-KA, CNWI, Certified K9 NoseWork Instructor – National Association of Canine Scent Work.

SEN-I JUDO CLUB: This course runs all year long on Sundays, Mondays and Thursdays at Hitchcock Academy in Brimfield, and is well suited for all levels of practitioners, including beginners! Call Sensei Israel Lopez at (413) 279-4330 for more information.

FAMILY FOUNDATIONS 5: PLAYGROUP: This free program for preschool-aged children is sponsored by the Union 61 Family Foundation 5 Grant. 9-11 a.m. Mondays while school is in session until May at Hitchcock Academy, Brimfield. Pre-register your child by calling Karen Distefano at (508) 867-2232 or e-mailing union61cfce@tantasqua.org.

WEIGHT WATCHERS: Traditional Weight Watchers Meetings Monday evenings at Hitchcock Academy in Brimfield. Times: Weighln/Registration 5:30 p.m., meeting 6 p.m. Leader: Angela Kramer. Visit www.weightwatchers. com to become a member or to learn more about Weight Watchers YOGA: Hatha Yoga benefits are stress-relieving. Relax & rejeuvenate with postures & guided meditation to restore the body. Bring a mat and wear comfortable clothing. All levels welcome. Six weekly classes held on Monday nights at Hitchcock Academy in Brimfield from 7:15-8:45 p.m., beginning Jan. 21.

ART GROUP: Participants enjoy time to socialize, draw and paint together informally, without instruction at Hitchcock Academy in Brimfield on Tuesday nights beginning Jan. 22. No pre-registration required. Bring your own supplies and enjoy! Free will donations are welcome. 9-11:30 a.m. Contact Hitchcock at (413) 245-9977 for more information.

GRANDPARENTS IN THE KNOW: Grandparents with custody of their grandchildren meet on the first Tuesday of the month from 9-10:30 a.m. at Hitchcock Academy in Brimfield.

GENEALOGY RESEARCH ABC'S: We all know something about our families — it's what we don't know that's intriguing. Genealogical research is becoming very popular, and for good reason. You might be living right next door to a third cousin twice removed! The research can be simple, or it can be a real challenge. "ABC's" will guide you along the right path with tips on research on- and offline. If you would like to have a conversation with your own great grandparents, then your job is to tell your family story to hand down to your descendants. Four classes at Hitchcock Academy in Brimfield beginning Tuesday, Jan. 22. Instructor: Dave Robinson, Old Bones Genealogy of New England.

WATERCOLORS WITH BETH: Ongoing watercolor classes for all levels with a new painting every three weeks. You must register with Beth in advance to attend. 9 a.m.-1 p.m. Wednesdays at Hitchcock Academy with instructor Beth Parys. For information and to register, call Beth at (413) 245-3295.

FAMILY FOUNDATIONS 5: Music & Movement. This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 Grant. 9-10 a.m. every Wednesday when school is in session until May at Hitchcock Academy. Pre-register your child by calling Karen Distefano at 867-2232 or e-mailing union61cfce@tanta-squa.org.

FAMILY FOUNDATIONS 5: STEAM GROUP. This free program for preschool aged children is sponsored by the Union 61 Family Foundation 5 grant. 9-10 a.m. Thursdays when school is in session until May at Hitchcock Academy. Preregister your child by calling Karen Distefano at (508) 867-2232 or e-mailing union61cfce@tantasqua.org.

FENCING: Fencing is a sport of combat that originally started as practice for dueling with swords. Since that time, it has grown into a modern sport while maintaining those virtues that made it great: honor, valor, and grace. Bring a water bottle, sneakers and comfortable clothing. Youth and adult classes with Andy Bloch at Hitchcock Academy. Fee: \$99.

AMERICAN SIGN LANGUAGE (ASL): American Sign Language is a visual language using hands, facial and body expressions. Learn about deaf culture and mostly come and have fun. Laughter guaranteed. Six classes on Thursdays at Hitchock Academy from 7:15-8:15 p.m. with instructor May Marques, Rehabilitation Counselor for the Deaf, Massachusetts Rehabilitation Commission. Session A — Beginners Part I — goes until March 7 (no class Feb. 21). Session B — Beginners Part II – goes from March 14-April 25.

BUFFUMVILLE DAM TOUR: Join Park Ranger Jamie today at 1 p.m. at Buffumville Lake, Charlton.

Sunday, March 31

BUFFUMVILLE DAM TOUR: Join Park Ranger Jamie today at 1 p.m. at

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family

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OBITUARIES

Frank W. James, 85



STURBRIDGE-Frank W. James, 85, of the Fiskdale section of Sturbridge, died Thursday, Jan. 10 at home surrounded by his family. He was the husband of Hazel M. (Miner)

James who died July, 23, 2018 after 65 years of marriage. He leaves his daughter Leslie A. McDaniel and her husband Timothy of Fiskdale with whom he lived, his son Mark S. James and his wife Christine of E.Brookfield, four grandchildren; Meredith Marum and her husband David of Worcester, Byron James and his partner Julie Ells of Worcester, Kelly Ronca and her husband Vito of Quincy and Casey McDaniel and her partner Zachary Barkan of Norfolk, VA., four great grandchildren; Lillianna, Braighlynn, Evie and Connor and several nieces and nephews.

Frank was born on February 18, 1933 in Worcester Memorial Hospital the son of Willis F. and Gladys A. (Nadow) James . He lived in Worcester for 27 years, graduating from Worcester North High School in 1952.

In 1953, Frank married the love of his life Hazel Miner before entering the Army during the Korean War. After the war, Frank attended Worcester State Teachers College obtaining a Bachelors of Science in Education class of 1959,

he obtained a Masters returned

Degree in Education from Worcester State College in 1965. He began his teaching career in Philmont, NY, at Ockawamick School in 1959. Frank to the Worcester area in

1963, moving to Rochdale, MA where he lived for 56 years. During that time he taught high school English, serving in Wachusett Regional High School, and Framingham High School.

Frank taught at Framingham High School for 27 years, before retiring in 1995. He also taught continuing education at Boston College, Worcester State University and Fisher Junior College.

He was a member of the American Legion Post 0462, the Mass. Teachers Assoc., Framingham Retired Teachers Assoc. He enjoyed playing racket ball, tennis. During summer vacations, you would most likely find Frank camping somewhere warm and sunny with his family.

Memorial calling hours will be held on Friday, Jan.18th. from 4 to 6 p.m. in the MORIN FUNERAL HOME, 1131 Main St., Leicester. Burial will be private in Worcester County Memorial Park, Paxton. In lieu of flowers, contributions may be made to a charity of choice.

www.morinfuneralhomes.com

Charmagne Jeanne Proulx 7/6/1943-12/22/18.

Passed away peacefully at home surrounded by many people who loved Charmagne was pre-deceased her. by her husband Joseph A. Proulx 8/31/2002. There will be a celebration of life on 1/24/18 from 6pm -730pm

at 1 Picker Rd. in Sturbridge Ma. At Venture Community Services day Program where Charmagne attended for many years. We will serve deserts and snacks.

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to jean@stonebridgepress.news



Vincent H. Remian, 55

STURBRIDGE-Vincent H. Remian, 55, passed away on Wednesday, Jan. 9th, in the Rose Monahan Hospice Home, Worcester, after a brief illness.

He leaves his companion of over 17

years, Laurie J. Germain; his two sisters, Anne F. Remian and her husband Dr. James Baker of Holden and Mary L. Remian and her husband Richard Doherty of Northampton; his uncle Eugene Remian of Southbridge; his Godchild, Jena Manthorne; his extended Germain family; many cousins; and a solid foundation of friends and drag racing buddies that span decades. He was born in Southbridge the son of the late Henry W. and Rachel B. (Boucher) Remian. He was a lifelong resident of Sturbridge. He was a graduate of Tantasqua Regional High School and attended St. Anslem's College.

Vinny was the service manager for Knight's Chevrolet in Southbridge for many years until his recent illness. He had a passion for drag racing and especially enjoyed going to Lebanon Valley Dragway, West Lebanon, NY. Along with drag racing he enjoyed porting engines for his car and his friends' cars. He was happiest in the garage with Bob, Scott and Brad along with many others.

A funeral Mass for Vinny will be held on Friday, Jan. 18th, at 10:00am in Notre Dame Church of the St. John Paul II Parish, 446 Main St., Southbridge. Burial in North Cemetery, Sturbridge will be held at the convenience of the family. Calling hours in the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, will be held on Thursday, Jan. 17th, from 5:00 to 8:00pm.

In lieu of flowers donations may be made to the Sterling Animal Shelter. 17 Laurelwood Rd, Sterling, MA 01564. www.morrillfuneralhome.com

He was born in New Bedford, MA,

son of Samuel and Loretta (Desautels)

Hand. He was a retired lineman for

Bozrah Light and Power Company. He

served in the Army National Guard for

convenience of the family. Sansoucy

Funeral Home, 40 Marcy Street,

Southbridge is assisting with the

arrangements. www.sansoucyfuneral.

Funeral services will be held at the

Robert S. Hand, 83

8 years

com

STURBRIDGE- Robert S. Hand, 83, a longtime resident of Sturbridge died Saturday, January 5, 2019, at UMass Memorial Medical Center.

His wife was the late Doris (Provencal) Hand who died January 23, 2013.

He is survived by his daughters Monique Griffith and her husband Robert of Danielson, CT, and Suzanne Esquintin and her husband Fernando of Vera Cruz, Mexico, 4 grandchildren, 2 great-grandchildren, and a sister Diana Marciel of Fairhaven, MA.

INTERACTORS

continued from page **1**

Kelsey Durant, Dominic Chivallatti, whose mother is president of the Rotary Club of Auburn, and Maura, 2018-2019 president of Bay Path's Interact club. The Rotary clubs of Auburn and Southbridge are sponsors of the Bay Path club.

Through Interact clubs around the world, young leaders ages 12 to 18 take action through community and international service, discover new cultures and promote international understanding as global citizens, develop skills to become school and community leaders, make friends locally and globally, and have fun while recognizing the importance of "service above self."

For more information on Bay Path's Interact club, contact Jen Reil at 508-847-3291 or jreil@baypath.net, or Brian Dekker at 508-735-0827 or bdekker@baypath.net.

town about 15 miles west of Boston.

Until the committee decides on a new town administrator, Ted Kozak of Monson, the former administrator of Northbridge, Massachusetts, will continue to serve as Sturbridge's interim town administrator.

Further information and updates on the search for a new town administrator can be found on the town's Facebook page and at https://www.town.sturbridge.ma.us/town-administrator.

FINALISTS

continued from page ${f 1}$

" said Newman. "I'm interested in the town and the job because there seem to be a lot of different projects happening, including those surrounding tourism and economic development, and that is of great interest to me. I see my role as town administrator as a facilitator of what the community wants to see there. It's their community, I'm just there to help them achieve their goals."

Bridges, a resident of Wethersfield, Connecticut, has been the interim city manager of Seward since last September after Jim Hunt resigned in August. Bridges served as the town manager of Wethersfield for almost nine years and the city administrator of Andover, Kan. for 11 years. He has a master's degree in public administration from Marist College.

"Sturbridge is a great New England

sive," said Bridges. "The issues I would prioritize as a new Town Administrator are making sure I understand the goals and desires of the community, listening to the staff, residents, and business owners, and working to create a high performance organization."

The candidate who is chosen as the new Sturbridge town administrator will replace Leon Gaumond, who was appointed to the position in February 2015 and resigned last September to





town, deep in history but very progres-



Bacon, Scrambled Eggs, Homefries, Quiche, French Toast, Rice Pilaf, Two Hot Entrees chosen by the Chef, (Chicken Pot Pie, Beef Stroganoff, Stir Fry, etc), Vegetable, Hot Roast Beef & Ham carved at the Table, Assorted Rolls, Fresh Fruit Platter, Danish Tray, Assorted Desserts, Tossed Salad, Assorted Juices, Bloody Mary Punch & Coffee

Just a few of our regular menu selections...

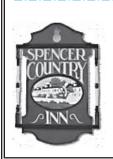
Lunch - Thurs-Sat 11:30-2:00

Sandwiches (all served w/ chips & pickle) Choice of Ham, Turkey, or Roast Beef \$6.95 Veal Parmesan w/Pasta & Garlic Bread ... \$11.95 Hamburger Platter w/ French Fries \$7.95 Chicken Parmesan with Pasta and Garlic Bread......\$8.95 Baked Haddock w/ Potato and Vegetable \$10.95 Broiled Sirloin Steak with Potato and vegetable\$10.95

Dinner - Thurs-Sat 5:00-Close;

All Dinner entrees served with salad, potato, &	vegetable
Duck au Grand Marnier	\$20.95
Prime Rib - Choice Cut - Fridays & S	aturdays
Queen \$18.95 ; King \$21.95	-
Broiled Fresh Swordfish	\$17.95
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Non-FORDS

2014 GMC Terrain TU9548

2017 Honda HRV EX TU9900......

2016 Honda CRV EX TU9919

2018 Chrysler Pacifica TU9813

2017 Jeep Grand Cherokee LTD 9857

2015 Chevrolet Tahoe LTZ TU9688

2014 Jeep Grand Cherokee Diesel, TU9888.....

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2016 Ford Escape - Best Selection! Choose from SE and Titanium, variety of colors & options, TU9793	10
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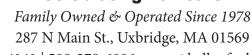
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WEBSTER LAKE - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Applianced Granite Kit! Din Rm wds & Slider t front Deck w/Awning! Lake Facing Frolc Liv Rm w

WEBSTER LAKE - 412 Beacon Park! WATERVIEW 1,280' 5 Rm Townhouse! End Corner Unit! Lake Views! Applianced Kit! Frplcd Liv Rm w/Hrdwds! Din Rm w/Hrdwds Master w/Hrdwds, Custom Bath & Closet w v/Hrdwds, 2 Lake Facing! Frplc Liv Rm v

WEBSTER LAKE - 130 Killdeen Island - North Pond! West Expo - Beautiful Sunsets! 6 Rm 3 Season Home! Add Heat & Use Yr Round! Great Potential! 4 Bdrms willedwide 21 else Frierel Emile Lin Braum

WEBSTER LAKE – 7 Point Pleasant Are! Panoranic Lake Views! Eastern Expol Super Sunrises 9,000 Level Lot 2,300 Custom Contemp Coloniali Built 2015 Like New! Open Ir Plant Custom Granite Kit Wishand, Stainless Appliances, Cas Range, Soft Case Cabinets & Recessed Lights! Spectacular Lake Facing Great Rm, Stone Gas Prplc Surrounded by Custom Cabinetry, Recessed Lights & Ceiling Fani Diming Area wCustom Ceiling! Full Bath wGranite Vanity & Custom Tib Shower! Laundy Rm! 'Wood Low' Tile Floors throughout the First Floor! 2nd Freatures 3

dows! 2 1st Flr Bd 'indows! 2 1st Flr Bdrms, 1 Lake Faci 3 Bdrms! 2 Updated Bathrms! Huge

ON DEPOSIT WEBSTER LAKE – 194 Killdeen land! North Pond Views! Sandy Sho 6 Rm Cape! Open Liv & Din Rm Restored Fireplace! New Lake New Lake Facing

WEBSTER LAKE – 12 Kenneth Ave! South Pond! 5 Rm Ranch! 80' Waterfront! Completely Remodeled 10 Yrs Ago! Kraftmaid Cabinet Kit w/Island & Silesto

Cathedral, Skylight & Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage!

\$729,900.00

ON DEPOSIT

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Plan! Dining Rm w/Window Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm w/Hardwoods & 2 Sliders to Deck w/Recent

Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master w/Cathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor Huge Corner Shower w/Seat, Double Linen Closet! Full Hall Bath! Hallway Laundry Closet! Lake Facing Walk-out Lower Level Family

Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! \$629,900.00

Skylight! 2nd Bdrm w/Hrdwds! 2.5 Remodeled Lake Views! Spacious Kit & Dining Area! 2 Baths! C/Air! Garage! Great Lakeside Pool! Sandy Beach! \$294.000.00

Baths! 55' of Sandy Beach! \$475.000.00

Confortable Bdrms w/Z Being Waterfront! Lake Facing Master w/Silder to Deck, Irikwis, Recessed Lighting, Walk-in Closet & Bthrm Access! Lake Facing Bdrm wHrdwis, Dible Closet & Dibnrm Access! Lake Facing Bdrm wHrdwis, Dible Closet & Dibnr Branch Varity, Branch Varity, Silder 10, Silder 10, Silder 10, Silder 10, Silder 11, Silder

22.6



WEBSTER LAKE - 8 Reid Smith Cove Road! Panoramic Lake Views! West Expo! Super Sunsets VIEDSTER LARGE – 8 Rel's Minil Ovcour a nutrainer, dance views, west capor super sumests, 9868 Lott Genuty Slopingi 22:34 Oustom Contemp Cape, Built 08 as 200 Home, Like New Open Fir Pan Ispectacular Lake Facing Great Rm wiT/ Ceiling, Recessed Lights, Silders to Trex Deck, Stone Gas Proje, Survound Sound & Gleaning Hrdwids Granite Kitt wild, SS Asplances, Sott Cose Cahnets, Hrdwids & Recessed Lights I is Fir Master wrfile Bath, Wirhopol Thirdshower, Dhe Sink & Linen Closet Upstairs Sting Area Overlooking Grand Rm wLake Views! Hrdwid Hall to 2 Bdms wRecessed Lights, Ceiling Fans & Dhe Closets Full Bath & Linen Closet Lower Level Walkout Fam Rm wThie Fir, 10' Ceilings, Recessed Lights, Ceiling Fans, Stone Gas Frplc, Surround Sound, Wet Bar & Slider! Full Bath w/Tile Flr! Utility Rm w/Laundry & Storage! Nice Docks! Get Packing! \$724,900.00

ON DEPOSIT WEBSTER LAKE – 37 Bates Grove Rd! South Pond! As a Second Home, Getaway or Expand it into Your Dream Home – Have Possible Plans! 4+ Rooms! Open Ploor Plan! Applianced Kit! 2 Bedrooms! Bathroom! Correst Dead Hoel Cordnet Stories Let with Covered Deck! Ideal Gradual Sloping Lot w/

Panoramic Lake Views! \$399,900.00

Open Flr Plan! Composite Deck! Lake Composite Deck w/Vinyl Rails! Walk-out Lower Level to Courtyard! Garage Under! Facing Master! 2 Bdrms! Full Bath! Fam \$559.000.00 Rm! \$399.900.00



WEBSTER LAKE – 905 Treasure Isl! WATER FRONT Townhouse! 6 Rms! 1,874'! Hrdwds! SS Applianced Quartz Kit! Open Flr Plan! 2 Bdrms! Master Bath w/Dble Vanity! 2.5 Baths! Frplcd Fam Rm! Newer C/Air & Gas Heat! Trex Deck! Garage! 2 Boat Slips! Heated Pool, Sandy Beach \$449,000.00



ortunity to Finally Own Your Own Webster Lake Waterfron ne Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a The second secon

SORRY, SOLD!

w/sliders to an enormous outdoor patio! The house features a 36'+/- open concept combination living/dining area with a stone fireplace, an open stairway & interior 2nd ftr balcony w/access to 5 spacious BRs that overlook the nooms below. A 30x32+/ effot garage w/summer kitchen, 1/2 bath & huge **fireplaced patio!** Family ownened gem for **6**/₄years!

WEBSTER LAKE at BEACON PARKI TOWNHOUSE overlooking the COURTYARD.1230 SF4-, Open Concept Living/Dining FIREPLACE & PRIVATE DECK. Freshly painted rooms, updated appliances. Upper level has 2 SPACIOUS BRS including a MASTER SUITE w/ SKY-LIGHTED. PRIVATE BATH. 2nd BR w/lg walk-in closet. 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE! **\$264,900.**

Ranch with 110 ft. waterfront facing West on Webster Lake! Eat in kitchen! Fireplace! living room. 3 bedrooms. 3 season porch! assisted sale \$579.900

Dining room and large living room, hardwood through out the first level, 3 seasoned porch for added living New Price \$269,900

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WORCESTER COUNTY MEMORIAL PARK, Garden of Valor, Paxton, Mass, 2 lots for

CAPE COD TIME SHARE FOR SALE: Edgewate Beach Resort, 95 Chase Av enue, Dennisport, MA 02639 On the water, Studio (Uni 706). Permanent Week 33 (August). Deeded rights. You'll own it for a lifetime & can be bassed down to your children

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576 VACATION

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FINLAND BLUE FOX JACKET: By Michael Valente Size 8, very good condition. \$100 OBO. Vintage Black American Sable Coat, sz. small \$50 OBO 508-864-4075

FLY RODS - 2 ALBRIGHT A/5 490 9 FT. #4 RODS. 2 Orvis reels Battenkill BBS II. Asking \$200 each set or best offer. 508-347-3145

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GARDEN MANURE, delivered, 4 vards, \$130, Call Prindle Hill Farm 508-320-3273 or 508-248-7335

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MOTORS: 1/2HP 230/460V 1725RPM. 56 Frame \$30. 5HP. 230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP 230/460V 3495BPM 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100. 400/460V Best Offer. Call 5pm-8:30pm 508-867-6546

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trades considered. \$4,600 508-865-7470

Model

VCGSC-5366BSS,

508-909-4111 287 FEED WE'VE MOVED! Husqvarna

lawn tractor, misc. home furnishings, king, queen, twin beds, HAY FOR SALE - \$4 a bale off wagon (pick up only), cash lamps, etc. priced to sell! No reasonable offer refused. Call 413-508-826-3312 896-7047 Sturbridge area.



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& a following of many sat-

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Free construction wood and kindling wood; beams, plywood, 2x4x, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. 413-262-5082

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DEADLINE FOR YARD SALE SUBMISSIONS IS NOON MONDAY FOR ALL

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munication skills, ability to multi-

task and be available for all shifts

including nights, weekends, and

holidays. Applicants must have

APCO or equivalent 40 hour dis-

patcher training, CPR & First

Responder Certifications. E911.

EMD, and LEAPS/CJIS Certifi-

\$25.00/hr depending on experi-

ence. Interested applicants may

request a complete job descrip-

tion and employment application

by contacting Lieutenant Timo-

thy Labrie or Administrative As-

sistant to the Chief of Police Kim

Corey at 508-234-6211. Send

resume, application and cover

letter with professional refer-

ences to: Lieutenant Timothy

Labrie, 1 Hope Street,

Whitinsville, MA 01588. Town

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Salary \$21.00-

Bonded- Ca Wendy for a FREE estimate at: 774-262-9166



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505 APARTMENTS FOR Rent

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505 APARTMENTS FOR Rent

TWO BEDROOM apt., freshly renovated. \$825 mo. 1st, last & security req. Southbridge, no pets. 774-230-0878 leave msg.

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F250 work truck, 2012, RWD,

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cent brakes, battery, ac com-

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55,000 Miles. Runs Great!

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\$3500 OBO 774-289-4550

K75 (4-stroke in-line 3 cv

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\$5,200. Accessories: 3rd gen-

eration saddlebags with keys

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Monoshock upgraded to YSS

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charger, heated handgrips.

This bike was stored in a

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2007 TRAVEL WILD RV Auto, White, ONLY \$8,995. Herb Chambers Toyota of Auburn, 809 Washington Street, Auburn, MA (877) 906-1649

RED 1971 MUSTANG MACH 1 in good condition. 302 engine with automatic transmission. Lots of new parts. Call Eric at 508-987-2628. Serious buyers

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CLASSIC, PEARL-WHITE Has all options-hardbags, wind-2000 GMC 2500 SIERRA 4shield, custom seats/exhaust, door cab & 1/2, 4-wheel drive, backrest, floor-boards. 20,000 no rot, with plow + truck mount well-maintained miles. Great slide-in Fleetwood Alcorn looking & performing bike. camper (2001) w/bath, fridge, a/c, kitchenette. \$5900 508-341-BMW MOTORCYCLE, rare 6347

> 2006 Ford E150 Van, good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322

> 8' PLOW - three cable hook, in good condition. \$700 or best offer. Call Jim at 774-317-0628. No texting please.

765 HEAVY EQUIPMENT

1997 BOBCAT 763 skid steer loader in great condition. 1800 hours, 46hp. Auxiliary hydraulics \$2100.617-706-6736

Need to Place a Classified Ad? Call 800-536-5836

311 PART-TIME HELP WANTED Interim Local Inspector of Building: The Town of Douglas seeks a part-time interim local inspector of buildings, for a period not to exceed six (6) months or until the Town determines a permanent arrangement for filling the requirements of this position. whichever comes first. For more information, please see the job posting under "News Flash" at https://douglas-

David



trailer (used). Webster area. 617-750-0969





WANTED: 24' Pontoon Boat &





Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.

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No minimum required.

¹DETAILS OF OFFER: Offer expires 2/9/2019. You must set your appointment by 2/2/2019 and purchase by 2/9/2019. Not valid with other offers or prior purchases. Buy one (1) window or patio door, get one (1) window or patio door 40% off, and 12 months no money down, no monthly payments, no interest when you purchase four (4) or more windows or patio doors between 1/13/2019 and 2/9/2019. Additional \$50 off each window or patio door, no minimum purchase required, taken after initial discount(s), when you set your appointment by 2/2/2019 and purchase by 2/9/2019. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. 40% off windows and patio doors are less than or equal to lowest cost window or patio door in the project. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen received the highest score in the product segment of the J.D. Power 2018 Windows and Patio Doors Satisfaction Study of customers' satisfaction with their windows and patio doors. Visit jdpower.com/awards.



Local Events, Arts, and Entertainment Listings



MARIACHI BAND First Thursday of the month 5-8 p.m. MEXICALI MEXICAN GRILL Webster location 41 Worcester Rd., Webster, MA 508-461-5070

REXTH



ROADHOUSE BLUES JAM Every Sunday, 3:00 - 7:00 p.m. CADY'S TAVERN 2168 Putnam Pike, Chepachet, RI 401-568-4102

e, Chepachet, RI



TRIVIA SATURDAY NIGHTS 7:00 p.m. register 7:30 p.m. start up HILLCREST COUNTRY CLUB 325 Pleasant St., Leicester, MA 508-892-9822

WISE GUYS TEAM TRIVIA Every Tuesday, 8:00 - 10:00 p.m. CADY'S TAVERN 2168 Putnam Pike (Rt. 44) Chepachet, RI 401-568- 4102

LIVE ENTERTAINMENT

FRIDAY NIGHT HEXMARK TAVERN AT SALEM CROSS INN

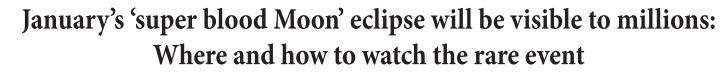
260 West Main St., West Brookfield, MA 508-867-2345 www.salemcrossinn.com <http://www.salemcrossinn. com

FRIDAY ACOUSTICS IN THE BAR AND SATURDAY ENTERTAINMENT EVERY OTHER SATURDAY 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

THE CENTRAL MA CHAPTER OF TROUT UNLIMITED meets the first Monday of every month from September through May. We discuss a variety of conservation programs to improve the local cold water fisheries, local fishing opportunities. our annual High School Fly Fishing Championship (open to all MA high school students) And our annual fund raising banquet. Auburn Sportsman's Club 50 Elm St., Auburn, MA







Millions of people across the world will witness a partially red-tinted night sky as a rare celestial event arrives this weekend: a "super wolf blood Moon" eclipse.

North America hasn't had a decent view of this special scene in at least three years and another total lunar eclipse which occurs when the entire Moon enters Earth's shadow isn't expected to happen again until 2021, NASA predicts.

The 2019 total lunar eclipse will last approximately 1 hour and 2 minutes, Space.com re-

ports. It will kick off around 11:41 p.m. ET on Jan. 20 and peak around 12:16 a.m. ET on Jan. 21.

"The Moon won't be completely invisible during the period of totality when the Earth's shadow completely covers it! A little bit of sunlight is refracted by the Earth's atmosphere and reaches the Moon, bending around the edges of the Earth. This small amount of red light still illuminates the Moon enough for us to see it. Instead of being bright and white, the Moon will be very dim and red, ten thousand or so times dimmer than usual; people call this a 'blood Moon,'"

North and South America and portions of western Europe and Africa will be able to see the rusty-colored Moon overnight from Jan. 20 to Jan. 21. Central and eastern Africa and Asia will only be able to see a partial eclipse of the Moon during this time, according to Time and Date.

The U.S. East Coast will definitely have the "best seats" when it comes to viewing the upcoming super blood Moon



A super blood moon will be visible in late January. (The Associated Press.)

eclipse. In this part of the country, the Moon is expected to "climb to extraordinary heights," Space.com says.











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