

# Mackellar Girls Campus Newsletter 23 OCTOBER 2015

Term 4, Week 3

### Meeting the educational needs of girls

P&C Meeting - Wednesday 4 NOVEMBER at 7.30 pm

#### **EMAILING THE SCHOOL -**

Please use ONLY the nbscmgirls- h.school@det.nsw.edu.au email address for correspondence.

#### PRINCIPAL'S MESSAGE -

Dear Parents, Staff and Students

#### **Yearly Examinations**

Year 10 has been engaged in their examinations this week and Years 7 - 9 have examinations in the next two weeks. These are important and require suitable study practices by students. Parents, please assist your children to develop good study habits, to be organised and structured with their time and aim to do their best.

Examinations will not be rescheduled for students who miss the examinations due to reasons other than school representation, illness or misadventure.

Following the examinations, students in all years will resume their normal classroom studies, working towards completing their subject syllabuses for the remainder of the school term.

#### **World Teachers Day**

5 October, World Teachers Day, celebrated the contribution of teachers to the development of our young people and the success of our nation. Australian school students are amongst the best educated in the world, have more positive attitudes to school and better relationships with teachers than most western countries.

This doesn't just happen. It reflects the work and skills of teachers. As a community we need to acknowledge how much our young people benefit from the skills and knowledge, care and understanding and sustained commitment of teachers. World Teachers Day reminds us of the importance of all teachers who have touched our lives in some way. We should all take a moment to say thank you.

#### Schools Spectacular

Once again our talented students are part of the School Spectacular on 27and 28 November at the Qantas Credit Union Arena. Those of you who have been to previous years know how absolutely wonderful this night is. I commend this event to you – tickets are available through Ticketmaster.

I have enormous pride in our public education system and am delighted that the outstanding talents of our teachers and students will again be showcased through the Schools Spectacular.

#### **Parent Volunteers**

As Year 12 leaves us I want to thank the fabulous parents of Year 12 girls who have freely given of their time and care in helping the school as volunteers. Your contribution to the success of this school has been greatly valued and appreciated.

The Uniform Shop and Canteen Managers are eternally grateful for the time parents have given to make these P&C run facilities be productive assets of the school. The Schools Spectacular only come to fruition with assistance of parents; many of our students' sporting successes only occur because parents volunteer their time, and cars, for transport to matches and competitions; the school bands have continued to develop with the assistance of the parents of the Band Committee.

You all make a remarkable difference.

I give you all my many thanks. On Tuesday 24 November, in the commercial kitchen function area, we will show



our appreciation of our volunteers by hosting an evening for all volunteers. Volunteers will be sent an invitation.

#### Change of family details

If you change address, telephone numbers (including mobiles and work numbers), email address or name it is important to notify the school so we can update our records to contact you quickly when needed.

#### Congratulations for high achievement to:

- Our athletes for achieving The Champion School at the NSW CHS Athletics Championship
- Sarah (Y10) for her Bronze in the Education Perfect English Championships 2015
- Freya (Y10), Amber (Y11), Erika (Y9), Tianna (Y8) for their performance in the State Dance Ensemble
- Sian (Y7) for her reaching the final round of auditions for The Sound of Music
- These girls who competed in the NSW All Schools Athetics Championships: **Piper (Y7)** 1<sup>st</sup> in 800m and 1500m, **Indianna (Y8)** 3<sup>rd</sup> in 1500m and 4<sup>th</sup> in U14 3km, **Maddy (Y7)** 4<sup>th</sup> in 80m hurdles, **Madeleine (Y7)** 6<sup>th</sup> in 100 and 200m
- Sophie (Y8) for her competing in the Australian Classic Gymnastics Championships
- The **Bands** for their excellent performances at the Manly Jazz Festival
- Freya (Y10), Erika, Cameron and Indianna (Y9), Tianna (Y8) for their selection as featured dancers in the Schools Spectacular
- Sophie (Y8) for her selection in the NSW Public Schools Band program
- Maureen (Y11) for her winning the Australia Japan Relations Essay Contest for NSW and NT, and a trip to Japan
- Stella (Y7) for her competing in the U15 NSW Cricket Challenge
- Olivia, Amy, Tahlia and Saaini (Y12) for their invitation from the Premier of NSW to attend Parliament House with him
- Bella (Y7) for being selected in the Regional Indoor Hockey team
- **Bella (Y7)** for her 1<sup>st</sup> prize in the Warringah Council Young Writers' Competition Yrs 7-8 and **Holly (Y8)** for being a finalist
- Milly (Y10) for being a finalist in the Joy Ewart Scholarship for Art
- Grace (Y11) for her keynote address at the Zonta Northern Beaches Annual Dinner
- Holly (Y7) for her A Honours grade in AMEB music exams in flute and clarinet

**Christine Del Gallo, Principal** 

#### NORTHERN BEACHES SECONDARY COLLEGE Website -

The college website - <a href="http://www.nbsc.schools.nsw.edu.au">http://www.nbsc.schools.nsw.edu.au</a> - contains the latest news, great stories and photo galleries celebrating our recent achievements: the Science Techno Museum Expo, Jazz Impro Band performances, the Duke of Edinburgh Awards, the Foreign Language Film Festival, Project Penguin Expo and more. The college website also has important information and documentation about upcoming events.

#### Report - 23 OCTOBER 2015

YEAR 8 - Year 8 undertook the High Resolves workshop at the start of term with the focus on injustice. The girls enjoyed the session and have been enriched with the knowledge and awareness of the different kinds of injustice at local, national and international level. The girls were encouraged to take action in addressing these actions by "Recognise, Resist and Reset" these injustice. We hope the girls will carry on these actions and implement some of the suggestions introduced in the workshop in their lives.

The Yearly Examination is fast approaching and so we hope the girls have been studying hard, visit the Tutorial Centre that is operated by our Prefects or see their class teachers for further revision. We wish the girls all the best in all of their exams.

Ms Reeves, Year Adviser, Ms Leung, Assistant Year Adviser

W@M

W@M

**YEAR 9 -** Year 9 has Yearly Examinations in Week 5, this term. They then have their film and pizza evening on Friday 6th November to look forward to at the end of the Exams. The evening is planned to raise funds for the MS Research Foundation and a note will be coming home soon.

All the best with your preparations for the Exams, Year 9.

Ms Griffin and Ms Gazzard, Year 9 Year Advisers

**YEAR 10 -** Term 4 will be another busy term for Year 10. We wish them the best this week as they are currently sitting their Yearly Exams. After exams, they will be involved in a number of important and exciting events including All My Own Work, Crossroads and Australian Business Week. All students are expected to be at school every day actively participating in their learning.

Congratulations to the Year 10 girls who raised a substantial amount of money for World Vision through their participation in the 40 Hour Famine. As usual, we expect Year 10 to continue to 'Set the Example'.

Mrs Barker and Miss Campbell, Year 10 Year Advisers

**YEAR 11 -** Year 11 has had a very busy start to the term with many activities and beginning work for the HSC. Students are encouraged to stay highly organised and manage their time well so that they do not fall behind and so they can begin their assessments as soon as they receive them.

Students have been involved in a Study Skills Day which was a highly informative session for Year 11.

#### Activities coming up this term:

- Compulsory: GP visit Wednesday 21 October 21
- Compulsory: RYDA Thursday 5 November 5 all students are to return their notes by week 4 outside the Welfare Office.
- Not compulsory: Big Day In (the secrets to success in the HSC)- 30 October, 31 October. See Miss Robb for a brochure.

Miss Robb and Mr Fisher, Year 11 Year Advisers

### **IMPORTANT DATES TO ADD TO YOUR 2016 DIARY**

# HOW TO SUPPORT YOUR CHILD THROUGH THE HSC WITHOUT BECOMING THE ENEMY

SPECIAL FREE SEMINAR FOR YEAR 11 AND 12 PARENTS

Have you ever asked yourself the following questions?

How do I help motivate my child?

How do I help my child manage her time?

What are reasonable expectations?

Elevate Education, Australia's most trusted provider of study skills programs, will answer the questions that all parents are asking.

When: Thursday 4<sup>th</sup> February 2016

**Time:** 6.30pm – 8.00pm

Where: Mackellar Girls Campus Performance Space

Cost: Free

What to bring: Something to write on and a pen

This 90 minute session will ensure you have all the tools you need to effectively support your child through the HSC without becoming the enemy.

Elevate Education has being running study skills seminars for Mackellar's Year 11 girls for over five years; 2014 saw the introduction of a study skills session for Year 7 and year 9 in 2015.



#### CREATIVE AND PERFORMING ARTS FACULTY

**HSC VISUAL ARTS -** The annual Year 12 HSC exhibition of submitted works was held in the Common Room during week 7. Year 12 Visual Arts students are required to submit a body of work, worth 50% of their examination mark, to be externally assessed as part of their HSC course. This year's Visual Arts students demonstrated great breadth in their exploration of concepts as well as in their choice of materials and techniques. Sincere congratulations are extended to all students on their sustained commitment toward resolving these works. Many students gratefully accepted the additional studio times made available to them and demonstrated great willingness to follow advice regarding ways to extend their work conceptually. Many thanks are also extended to the parents and friends who offered their support throughout the year.





**Brittany** (Sculpture)

Imogen (Drawing, 1 of 6)





Paris (Printmaking, 1 of 13) and Claudia (Painting, 2 of 6)

The annual exhibition is an opportunity for Bronwen Dugan, the curator of Manly Art Gallery and Museum, to select works for their annual "Express Yourself" exhibition. "Express Yourself" is an exhibition of exemplary Visual Arts submissions representing schools from across the Northern Beaches held at the start of each calendar year. Works produced by Imogen Bowers and Linda Bae have been selected for possible inclusion in "Express Yourself" and commendations were given to **Ellie** and **Yolanda**.





Ellie (Painting, 1 of 3)

Linda (Collection, 1 of 10)

**HSC MUSIC** - The practical examinations in Music were held at school on Tuesday 1<sup>st</sup> September. Our students were thoroughly prepared for the occasion, having performed their repertoire for parents and friends at the Music Night hosted by Mrs Patterson during week 6. This year's candidates elected to perform works from diverse musical genres, including Rock, Popular and Jazz styles, and a number also elected to produce musicology essays and their own compositions as part of their elective course work. Congratulations are extended to all students and to Mr Fisher and Mr Kirkpatrick for their guidance and mentorship.

**JOY SCHOLARSHIP** - I am delighted to announce that **Milly** of Year 10 has been selected as one of only 10 finalists in the 2015 Joy Ewart Scholarship. Milly submitted a portfolio of her best works, including a painting which recently received accolades at the Warringah Youth Painting Prize, and these will be exhibited at the Workshop Arts Centre in Willoughby from 19<sup>th</sup> October. Milly is a highly accomplished practitioner in the forms of painting and drawing, and excels in her preferred style of realism. Her portraits of people and animals, as well as her land and seascapes are characterised by the confident use of bright colour as a means of exploring the emotive characteristics of her subjects. Congratulations, Milly, on this wonderful achievement.

YEAR 7, 8 AND 9 2016 VISUAL ARTS GIFTED & TALENTED PROGRAM - Years 7, 8 and 9 applications are now available for the 2016 Visual Arts Gifted & Talented Program. Students may collect an application form from the display board outside the CAPA Staffroom (B Block). Please take careful note of the instructions and the date for acceptance.

Katie Vanderbent, Head Teacher CAPA

#### **BAND NEWS**

MANLY JAZZ FESTIVAL - During the school holidays the girls in Big Band and the newly formed Mackellar Girls Jazz Combo performed at the Manly International Jazz Festival. The standard of performance was exemplary and the audience was very impressed by the musicianship of our girls. It was a beautiful day to be performing in Manly with the Big Band performing on the "Stars of the Future Stage" and the newly formed Jazz Combo also performed inside St Matthews Church on the Corso. This is a prestigious community event to be a part of and the girls should be very proud of their top quality performance. The girls will look back proudly on their involvement for years to come.

**BAND TOUR** – **16**<sup>th</sup>- **18**<sup>th</sup> **November** - The Performance Band and Big Band are soon to Tour the North Coast. All girls going on tour need to make sure they are at all rehearsals and that they have returned the Medical/ Dietary Forms - there are a few still outstanding. This information needs to be sent to the caterers. There are still vacancies for tour and ideally I would like to fill these spaces. Please reconsider. The second and final payment is

now due. All documents have been emailed home. There will be five performances in total including Warners Bay P.S., The Junction P.S., Hunter School of Performing Arts, Salamander Bay Shopping Centre and Port Stephens Veteran and Age Care Harbourside Haven. The girls are staying at The Retreat, Port Stephens.

#### DATES FOR DAIRY: TERM 4

Sunday 4 October (Long Weekend)	2pm Big Band 4pm Jazz Combo	Performance Space	Rehearsal	Big Band Jazz Combo
Monday 5 October	10am – 2pm	Manly Corso	Manly Jazz Festival	Big Band Jazz Combo
Thursday 12 November	2pm-3:15pm if required	Hall	Creative Arts Assembly rehearsal	Performance Band & Big Band
Friday 13 November	9am Set 10am Perform	Hall	Creative Arts Assembly	Performance Band & Big band
Monday 16 November - Wednesday 18 November	ALL DAY	North Coast	Band Tour	Performance Band & Big Band
Tuesday 24 November	5:40pm Set 6pm–7:30pm Perform	P&C Volun- teers Night	B Block Courtyard	Stage band, Big Band, Jazz Combo
Monday 30 November	10am - Lunch	Quad	Multicultural Day	Stage band, Big Band, Jazz Combo
Thursday 3 December	8:30am – 10am	Hall	Y7 2016 Orientation Day	Concert Band
Thursday 10 December	8:30 – 10am	Hall	Year 10 Assembly	Big Band
Friday 11 December	9am – 12pm	Hall	Presentation Day	Performance Band

Vanessa Patterson, Band Director

#### **DANCE NEWS -**

Mackellar dance students took part in the prestigious State Dance Festival at the Seymour Centre at the end of last Term. We had over 20 dancers who performed over the 5 day festival in which they represented our school with pride and commitment. The dancers also took part in a State Dance Masterclass with dance professional Xanthe Geeves who guided the dancers in technique, performance quality and improvisation.

We also had a number of students represent Mackellar in State and Regional ensemble groups including **Tianna, Erika, Indiana, Freya** and **Amber** (State ensembles), **Paige, Poppy, Nancy, Jacinta** and **Ashleigh** (Sydney North Public Schools Senior ensemble).

We would like to commend the contribution of all our dancers involved in the State Dance Festival. The dancers were committed to weekly rehearsals, and conducted themselves with distinction both on and off the stage.

Congratulations to our Higher School Certificate dance students who completed their examinations this week. The girls worked hard throughout the year and we wish them the best of luck.

Special congratulations to Year 9 student Cameron who has been selected as a featured Schools Spectacular

dancer for both the Tap and the Hip-hop ensemble. This is an exciting opportunity for Cameron as she will learn from industry professionals over the next few weeks leading up to the performances. Rehearsals have commenced for our ballet ensemble dancers as well as Combined Dance ensemble. The performances will take place from 27<sup>th</sup>-28<sup>th</sup> November.

The Schools Spectacular will be screened on the Nine Network. The national broadcast time is Saturday 5 December 2015, 7pm–10pm, which is the weekend after the live performances. Tune in together with your friends and family to watch the magic of the *Spectacular*.

The broadcast will be replayed on GEM and the entire show will be available to watch online on Jump-In in December.

Tickets are now on sale to the 2015 Schools Spectacular 'THIS IS OUR WORLD' through the Ticketek website. We encourage friends and family to support our dancers in this event.

Ms D De Bono, Dance Teacher

Congratulations to all of the students who competed at the **All Schools Athletics Carnival**.

There were some outstanding results:-

- Piper (Y7) who came 1<sup>st</sup> in the 800m and 1500m
- Indianna (Y8) placing 3<sup>rd</sup> in the 1500m and 4<sup>th</sup> in the Under 14s 3km
- Madeleine (Y7) who came 4<sup>th</sup> In the 80m hurdles
- Madeleine (Y7) placing 6<sup>th</sup> in the 100m and 200m

Well done girls!

**CPR AND LIFESAVING CLASSES -** This term Years 7,8 and 9 have completed their Lifesaving CPR theory and practical sessions during their PE lessons. Year 10 will be completing their Basic First Aid Course later in the term. As part of the Lifesaving Program, our junior students have been learning Beach Safety at Queenscliff Beach. They have learned about safety services, understanding signs, recognising unsafe surf conditions and sun safety, culminating in the student's analysis of the beach conditions and preparing a Beach Safety Report. Years 9 and 10 students who have elected Lifesaving as a sport are being trained in their Bronze Medallion and Junior Instructors Awards. They will be putting their skills to use as leaders at the intensive Lifesaving weeks for Years 7 and 8 later this term at Manly Boy Charlton Pool.

**YEAR 7-10 TALENTED ATHLETE PROGRAM -** The Years 7-10 Talented Athletes will attend an Enrichment Day Program to be held on **Friday 20 November**. Students will be travelling to the Australian Institute of Sport (AIS) in Canberra for the day. They will be involved in two sessions; Session 1 - AIS tour, Session 2 - Guest speaker.

**Transport by bus:** The bus will be leaving at <u>6am SHARP</u>. Students are to meet out the front of Mackellar on Campbell Parade at 5.50am.

The bus will be back at school at approximately 5pm. The permission note and payment is now overdue. Please ensure they are returned ASAP. It is a fantastic opportunity for students and we are very much looking forward to the day.

Steffi Whitehouse, PD/Health/PE

SPORTS NEWS

#### **Z CLUB NEWS -**

On Thursday 15 October a number of Mackellar Z Club girls, **Grace**, **Amy**, **Saaini** and **Daniella**, Ms Morrison and myself attended the ZONTA club of the Northern Beaches Annual Dinner. The theme of the evening was "Empowering Women" with the proceeds made to support women in need on the Northern Beaches. It was an absolutely beautiful and inspiring occasion for our students. The Guest speaker for the night was Natalie Isaacs, founder and joint CEO of 1 Million Women. Natalie led the Australian movement of women to take practical action to fight climate change by changing the way they live.

In 2013, Natalie Isaacs was acknowledged by the United Nations for initiating a successful climatic action program, the *1 Million* Women, specifically 'lighthouse activities' for the planet.

During the evening **Grace**, our new Z Club President, gave her first official speech to a large audience highlighting the Z Club achievements throughout the year including the upcoming events. I have included her speech because it highlights how wonderful your daughters are in supporting the Z Club here at Mackellar and the very hard work of Ms Del Gallo and the Z Club members who are MAKING A CHANGE FOR THE BETTER.

#### Ms Emilia Biswell (Z Club Coordinator)

'When asked why I joined Zonta, it was clear to me. I have always been passionate about human rights particularly women's rights. Zonta is an incredible representation of the impact that women can have if we unite for a specific cause. This is why I joined Zonta, to play a part in advancing disadvantaged women's lives for the better.

It gives me immense pleasure to stand before you all today as a representative from Mackellar Girls Campus Zonta Club. Tonight I will be sharing with you some of our many fabulous achievements including upcoming events in regards to the Mackellar Zonta Club, led by both our teacher representatives, Ms Biswell and Ms Parsifal and Northern Beaches Zonta representatives Margaret White, Sandra Benson and Dr Lorna Scott enabling our Z Club members to hold the annual Birthing Kit day.

Together we packed 1000 birthing kits within 3 hours. We also held a highly successful mufti day and a cake stall. Overall, our school managed to raise an impressive \$2400. We were all delighted to find out that our birthing kits were sent to the Democratic Republic of Congo helping to address the issue of infant mortality.

Next month marks the beginning of the 16 days of Activism against Gender Violence. We know Domestic Violence has a great impact on the learning of students. AND sadly those who are victims of violence at home choose to remain silent because they feel deeply ashamed. We do have a great support network at our school but there are others who are not so lucky. Our objective is to make a difference AND SAY IT IS NEVER OK.

After a successful Say No to Violence Campaign last year we want to re-create an even more powerful and with a stronger message. Our goal at Mackellar is to have not 16 days of activism but a 30 days campaign which will better promote our SAY NO message. The Mackellar Z Club will be creating a series of signs around the school, as well as making a video, using the symbol of the shoes and the certificates of empowerment you see here tonight. We have also invited a guest speaker Zontian Virginia Nelson from the Australian Federal Police to address the whole school assembly. Leaders within our campus schools including Balgowlah Boys, Cromer Campus, Freshwater Senior Campus and Manly Selective Campus will join us in re-creating the human NO on our schools oval. Orange accessories unite us to show our support for the campaign. Our goal this year is not to just get media coverage through the local newspaper but also nationally through television media to extend a more poignant reminder THAT WE CARE to the wider community.

This year we have also played an active role in providing material assistance to local Women's Refuge Centres as well as attending the 'International Women's Day Breakfast'. I was also fortunate enough to participate in the ANZAC Centenary Commemoration Service along with others members from the club. The Mackellar Zonta club has also supported Mahboba's breakfast as well as initiating a 'Media Spot' in the school library aimed to educate on the global status of women, with literature raising the awareness Obstetric Fistulas programs in developing countries, HIV-FREE generation in Rwanda and the plight of young girls in Afghanistan, India and the Congo.

I would like to thank our previous President, Massilia who is unable to be with us tonight as she is currently doing her HSC. Massilia has worked tirelessly as an outstanding leader and role model for younger years. I am incredibly humbled to be voted in as President and I am looking forward to following in Massilia's footsteps to witness our club grow bigger and more ambitious as the year progresses. I would also like to make a special mention to our wonderful school Principal Ms Del Gallo for playing an integral role in supporting our endeavours. Unfortunately Ms Del Gallo could not be here tonight however we have Ms Morrison our Deputy Principal who has also been wonderful in helping the Z club members at Mackellar achieve our goals.

Now, lying on your table is a very powerful message and I encourage you to read it. I will leave you with something that Anne Frank once said which we have adopted as our Mackellar Zonta Club Motto, "How wonderful it is that nobody need wait a single moment before starting to improve the world".

Thank You - Grace'

#### **NEPAL DONATIONS ...**

Thanks to everyone who contributed to the Nepal Donations. The stationery was donated to school children in remote areas of the Himalayas. Many of the children have to travel many hours to and from school, and are often a several days walk from the closest civilisation. The children appreciated our contribution, and this will help them further their education with basic resources. Once again, thank you to anyone who donated stationery!!! Your contribution was greatly appreciated.

Katy, Year 11

# The **GREAT BOOK SWAP and CAKE STALL** to raise funds to support the work of the **Indigenous Literacy Foundation** was held in the school library on Wednesday 14<sup>th</sup> October.

The Indigenous Literacy Foundation supports literacy resources and programs in isolated areas such as the Northern Territory. Here in the city, we take for granted our easy access to libraries, schools and book shops. The ILF purchases picture books and translates them into local indigenous language for those remote communities.

The Book Swap and Cake stall were a wonderful success with students and staff bringing in pre-loved books to swap and baking delicious treats. Thanks to the students of the Junior and Senior Book Clubs and their teacher, Mrs Reed who co -ordinated the event. Thanks also to the Aboriginal Studies classes who, with their teachers Mrs Griffin, Mrs Saunders and Mr Snow supported the event so enthusiastically.

Together with the money raised at our Book Parade, Mackellar will be forwarding a cheque for over \$1000 to the ILF.

Robyn Beyer and Rebecca Reed, Teacher Librarians

#### **UNIFORM SHOP NEWS -**

Please see below days/times we require HELP in our Uniform Shop:

Monday 2 November
Monday 9 November
Monday 16 November
Monday 23 November
9am-11am and 1.15pm-2.15pm
9am-11am and 1.15pm-2.15pm
9am-11am and 1.15pm-2.15pm
9am-11am and 1.15pm-2.15pm

Saturday 28 November 9am-1pm

Monday 30 November 9am-11am and 1.15pm-2.15pm

• Thursday 3 December ORIENTATION DAY - 8am-12pm or 12pm-3pm, lunch will be provided

Saturday 5 December 9am-1pm

Monday 7 December
 Wednesday 9 December
 Monday 14 December
 Wednesday 16 December
 Wednesday 16 December
 9am-11.30am and 11.30am-2pm
 9am-12pm and 12pm-3pm
 9am-12pm and 12pm-3pm

Please contact me if you can help on any of the above days/times.

If you have a daughter or have friends attending Mackellar in Year 7 2016, please bring your daughter/s into our shop to be fitted for her uniform from now onwards ... the Orientation Day is very busy and queues will be very long. Please see our school website for scheduled opening dates and times.

On Photo Day this year a couple of students borrowed two very old check bib dresses from our Uniform Shop - these two dresses were never returned, so please check your cupboards, wardrobes etc to see if you might have one amongst other uniforms. These dresses are part of our memorial history and we would really appreciate those dresses being returned to the Uniform Shop or School Office.

Leigh McPherson, Uniform Shop Manager, uniformshop@mackellar-pandc.com



#### Cut out & Yeek TERM DATES - 2015/ 2016 **2015 -** Term 4 Staff & Students return - Tuesday 6 October Last day for students - Wednesday 16 December Last day staff - Friday 18 December **2016 -** Term 1 Staff Development Day - Wednesday 27 January (no students) Good Friday Yrs 7, 11, & 12 return - Thursday 28 January - Friday 29 January Yrs 8, 9, & 10 return 25<sup>th</sup> March Last day for students & staff - Friday 8 April **2016 -** Term 2 Staff Development Day - Tuesday 26 April (no students) Students return - Wednesday 27 April Last day for students & staff - Friday 1 July **2016 -** Term 3 – Monday 18 July (no students)– Tuesday 19 July Staff Development Day Students return

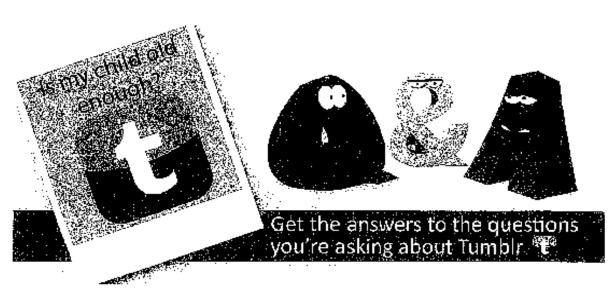
Last day for students and staff - Friday 23 September

### WEP - Share your world with an Italian Exchange Student

Hosting an overseas secondary school student gives Australian families the opportunity to open their hearts and their homes, share their customs, language and interests and create lifelong friendships! It is about discovering another culture, encompassing different traditions and practices, and supporting a new family member as they do likewise.

To find out more head to our website: <a href="https://wep.org.au/host">https://wep.org.au/host</a> or call us on 1300 884 733.





Tumble is a site where people create their own blog which is a set of pages which can include (ext, photos, quotes, links, music, and videos. Users choose a look (theme) and customise their page to reflect their chosen image. Users follow, share and comment on other Blogs. It can be accessed through any device that has internet access.

Tumble afates that users must be at least 13 years old. If your child is over 13 you should still consider the following before agreeing to Tumble.

What are the risks?

As with all social media that endocrages interaction between cases, the risks come from contact with people your children cont know land from your child potentially accessing inappropriate content.

These are many blogs specifically hosting adult content, and some that promote risky behaviour such as eating disorders and self harm. However, your child can choose the topics they do soid con't follow.

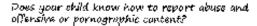
Does your child understand what is safe to put online?

If they might put their name, address, school, sports but or information that allows people to identify and locate them (even after you have taked through the dangers) they may need your help with using Tumbir. Talk about the risks of posting saxy pictures, meeting online friends in person, making offensive comments, and what is and local acceptable.

My child wants people to know who they are and have more followers: What should I do?

It is normal for teens to want to achieve status and fame. They will probably ward as many people to lowing their blogs and replacing their information as possible.

The key to doing this safely is convincing your tean that it is better for them to use a fake name that can be their "brand". Check the brand name they come up with to make sure if isn't overtly sexual – that will alload they wrong at dience.



Tumble does not provide a safety or reporting centre, but users are able to email support@tumbl.com with concerns. All primary flogs are public and carrior be made private, but users can set up a secondary blog which can be password proteoled to restrict who can see it. Users can figure of others by visiting www.tamble.com/cnore.

How do I talk to my child about my concerns?

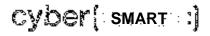
Be honest with them, Express your love and concom about what might happen online. Ask if they have experienced builying or sexual advances. Samming seldom works and children will find other ways to get online and may stop raising to you about issues to swiid getting in frooble. Keep the communication open, if they won stalls to you about things, recruit a trusted family friand or family member to keep the communication going.

When should the worried about my child?

If your child's behaviour changes at home printer school you should talk to them incomplet of changed behaviour could trictude districtions in things they used to like, seeming very unrappy and/or their sleep and eating is being impacted. Seek professional advice in recessary from a school course for, your GP on a psychologist, if your on the has particular vulnerabilities, se vigilant about their contacts offsee and online. Help them on groups out of school where they can find friends and support. Talk to the solveol and make sure they are supported.

Kids Helpline provides free online and phone counselling for children and young people. Visit www.kidshelpline. com.au or callis00 55 1800.





# REUNION OF THE CLASS OF 1985 MANLY HIGH SCHOOL & FRESHWATER HIGH SCHOOL

MANLY 16FT SKIFF SAILING CLUB CNR EAST ESPLANADE & STUART ST , MANLY NSW 2095

SATURDAY 31 OCTOBER 2015 7.30PM - 11.30PM

MORE INFORMATION: RICHARD STEWART M: 0409 828 126

FOR TICKETS PLEASE GO TO http://www.trybooking.com/Embed.aspx?eid=133052



Dee Why Florist Corsage's for formal \$35 (down from \$45) for students only.

Please call us on 9971 2882 to order and reference your school.

Shop 2 Cnr Redman & Fisher Road Dee Why NSW 2099

T: 02 9971 8216/9971 2882

www.deewhyflorist.com.au

Supplying fresh flowers & designer arrangements to the Northern Beaches of Sydney for over 60 years.



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