# The MAGIC Foundation presents:

The 12th Annual Convention for Adults with Endocrine Disorders

<u>Including:</u> Adult Growth Hormone Deficiency, Panhypopituitarism & Cushings

# Thursday - Sunday July 20 - 23, 2017



The Westin Lombard Yorktown Center Lombard, Illinois

# **General Convention Information**

Dates: Thursday, July 20 - Sunday, July 23, 2017

Location: The Westin Lombard Yorktown Center 70 Yorktown Center, Lombard, IL 60148 630-719-8000

#### Convention Registration Fee:

The registration fee for the 1st attendee is \$175. That fee includes breakfast and lunch both Friday and Saturday. Additional attendees are \$75 each and include the meals above. Additional attendees may include spouses, parents, cousins, aunt/uncles, friends, etc.

#### Registration deadline: June 27, 2017 (No refunds after deadline date)

Daycare:

Since our adult program is in conjunction with our pediatric program this year, daycare is available if needed. Contact MAGIC for additional information on daycare.

#### Hotel Room Rates & Reservations:

\$ 104 per night (\$115.44 with tax)

All rooms have refrigerators. To make reservations call the Westin at 888-627-9031, and mention The MAGIC Foundation block, or book online at:

https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1702038720&key=1B67B2B1

<u>Hotel Transportation:</u> Free shuttle service provided by Windy City Limo to the Westin from O'Hare Airport only.

The shuttle schedule is as follows:

O'Hare Airport to the Westin - **Thursday** - 11 am, 1 pm, 3 pm, 5 pm and 7 pm Westin to O'Hare Airport - **Sunday** - Pickups at 9 am, 11 am, 1 pm, 3 pm and 5 pm Buses will have a MAGIC sign in the window and will pick up at these O'Hare locations:

#### Terminal 1, Door 1G \* Terminal 2, Door 2E \* Terminal 3, Door 3G \* Int'l Terminal, Door 5E Pick up will be in the middle aisle when you exit the doors from baggage claim.

If you are unable to find the shuttle, contact Windy City at 866-949-4639. You may choose to arrive at Midway Airport but there is no free transportation available and a taxi will cost approximately \$40.

MAGIC Contact Information MAGIC Foundation 4200 Cantera Drive, Suite 106 Warrenville, IL 60555 800-3MAGIC3, 630-836-8181 fax www.magicfoundation.org

# **Faculty**

#### Yvette Q. Getch, Ph.D., CRC

Associate Professor, WKU & Student Development Coordinator WKU Learn and Earn Western Kentucky University Bowling Green, Kentucky

#### Kyle Gillett, Ph.D., LMFT

Executive Director, Therapist Equinox RTC Owner, Solstice Programs Hendersonville, North Carolina

#### Dan Hadley, M.S., LMFT

Clinical Director, Therapist Equinox RTC Hendersonville, North Carolina

#### Laurence Katznelson, M.D.

Associate Dean of Graduate Medical Education Professor of Neurosurgery & Medicine Medical Director, Pituitary Center, Stanford School of Medicine Stanford, California

#### Mimi Kim, M.D., MSc

Associate Prof. of Clinical Pediatrics Keck School of Medicine of USC Co-Director, CAH Comprehensive Care Clinic Los Angeles, California

#### Dori Middleman, M.D.

Board Certified Child & Adult Psychotherapy The PA Gestalt Center for Psychotherapy and Training The Health Annex of the Family Practice and Counseling Network The Mary Howard Health Center Bala Cynwyd, Pennsylvania

#### Bradley S. Miller, M.D., Ph.D.

Associate Professor Pediatric Endocrinology University of Minnesota Masonic Children's Hospital Minneapolis, Minnesota

#### Jonathan Weber, M.D.

Pediatric Endocrinology Fellow Division of Endocrinology, Diabetes & Metabolism Children's Hospital Los Angeles Los Angeles, California

#### Brinkley Werley, MSW, LCSWA, LCASA

Director, Therapist Journey Home East Asheville, North Carolina

# **FRIDAY**

	ADULT GHD/ ADULT PANHYPOPITUITARISM	CUSHINGS
	(AGHD/PAN)	(CUSH)
9:00 AM	Cortisol Replacement Options	
- 10:30 AM	Kim	
10:45 AM	Living with a Chronic Illness	
- 12:00 PM	Gillett, Hadley & Werley	
12:00 PM - 1:30 PM	LUNCH	
1:30 PM	Pituitary 101	
 2:45 PM	Weber	
3:00 PM	Pituitary 201	
4:15 PM	Katznelson	

### **Cortisol Replacement Options**

Dr. Kim will discuss various medication options dealing with AI for both Cushing's patients and those who deal with AI due to Panhypopituitarism. She will include the new longer acting hydrocortisone and the adrenal pump.

#### Living with a Chronic Illness

Dr. Gillett and therapists, Dan & Brinkley, will help us learn to live with our chronic illnesses. When the whole world (including your own body) is out to get you, it's easy to build up walls and push everyone away. Come explore with us how to create the peace, hope, happiness and healing necessary to let supportive connections back in.

#### Pituitary 101

Dr. Weber will cover Pituitary 101... the basics

#### Pituitary 201

Dr. Katznelson who will cover Pituitary 201 that will go more into detail how our bodies use the different hormones & how it can affect the disorders of AGHD, PAN & Cushing's.

# **SATURDAY**

	ADULT GHD/ ADULT PANHYPOPITUITARISM	CUSHINGS	
	(AGHD/PAN)	(CUSH)	
9:00 AM	Fertility	Cushing's 101	
- 10:30 AM	TBD	Katznelson	
10:45 AM	Q & A	Surviving Cushings	
12:00 PM	Katznelson	Middleman	
12:00 PM - 1:30 PM	LI	JNCH	
1:30 PM	Defeating Depression		
2:45 PM	Getch		
3:00 PM	Discovering Joy in Family Life!		
4:15 PM	Gillett		

## **Fertility**

AGHD/PAN group will have a speaker on the topic of fertility who will cover issues with both males & females. We will leave a full 1/2 hour at the end for questions, as I am sure there will be many.

## <u>Cushing's 101</u>

Dr. Katznelson who will discuss our journey... from early symptoms to diagnosis to surgical or medical treatment. He will discuss the confusing journey a Cushing's patient can face, touching on familial/genetic causes and cyclical disease and the role the pituitary and adrenal glands play.

## Updates on Long Acting Growth Hormone

Dr. Miller will cover what is happening in the world of long acting growth hormone. While these products are not yet available, he will cover the newest revelations on the future treatment options & update us on the status of the studies.

## Surviving Cushings

Dr. Middleman, who is a Cushing's Disease survivor, joins us to share her journey through diagnosis and recovery. She is the author of "How To Have Fun With A Brain Tumor" and "Psychiatric Issues with Cushing's Disease". She has counseled many Cushing's patients and remains active in the Cushing's community.

## **Defeating Depression**

Dr. Getch will speak to us on Defeating Depression. This is a topic I am sure we can all get behind.

## Discovering Joy in Family Life!

Dr. Gillett and therapists, Dan & Brinkley, sharing a motivational session with us... one to leave us with high spirits & hope for our future. This session is open to all attending the convention (including pediatric group too).

This adult program will be held in conjunction with our pediatric program. We know this is not ideal for everyone but our reason was to help keep the costs down and be able to offer this program at an affordable price for affected adults and their guests.

On Thursday during registration and exhibits it will be a ballroom full of exhibitors that pertain to both pediatric and adult patients. You will see kids in the hotel, and especially the ballroom, but the adult program will be run completely separate after that on the "quieter side of the hotel". There will be one joint session at the end of the day on Saturday. You may also see a couple parents attending the adult segments as they may have children that are transitioning from child to adult therapy and want to learn about what to expect in the future.

Registration cost for this program will include breakfast and lunch for both Friday and Saturday. On Friday evening we thought it would be nice to have the adult group attend an off site dinner. MAGIC will make your reservation at Buca di Beppo for the amount of people that sign up, but payment of the bill will be on your own. We thought this would be a nice option because dinners at the hotel for small groups are very expensive. This way you can pay for what you eat. So if you just want an appetizer and water, you are not being charged a lot of money for a full dinner. For Saturday evening it will be a pizza party (assorted pizzas, salads, mac and cheese and dessert), but will only be the affected adults and their guests. We hope you can understand why we planned the programs together.

# **Schedule of Events**

#### Thursday, July 21, 2016

12:00 pm - 9:00 pm

Registration and Exhibits

#### Friday, July 22, 2016

8:00 am - 9:00 am	Breakfast (included)
9:00 am - 4:15 pm	Educational Segments
12:00 pm - 1:30 pm	Lunch (included)
6:00 pm	Group Dinner at Buca di Beppo

#### Saturday, July 23, 2016

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8:00 am - 9:00 am	Breakfast (included)
9:00 am - 4:15 pm	Educational Segments
12:00 pm - 1:30 pm	Lunch (included)
6:00 pm	Pizza & Networking Party

# **Registration Form**

Name (Affected Adult)				
Names of Other Adults Attending				
Address	City	ST	_Zip	
Telephone	E-mail			
Disorder	Your Endocrinologist			

# Make checks payable to: The MAGIC Foundation

## Mail or fax registration form by June 27, 2017 along with payment to:

MAGIC Foundation 4200 Cantera Drive, Suite 106 Warrenville, IL 60555 or fax 630-836-8181

**NOTE:** MAGIC will be taking pictures throughout the convention Your participation in The MAGIC Foundation's 12th Annual Adult Convention gives us permission to use these pictures in our scrapbooks, website and other publications. If you do not want MAGIC using your photographs you need to send a written request to MAGIC.

	Total # Attending	Cost
Registration for 1st person \$175		<u>\$ 175</u>
Additional attendees \$75 each (above fee includes breakfast & lunch on Friday & Saturday)		
Friday ~ Group Dinner		PAY ON OWN
Saturday ~ Pizza & Networking Party \$15 per person		<u>\$</u>
TOTAL AMOUNT ENCLOSED:		<u>\$</u>
If paying by credit card, please complete: Visa	MC DISC	AMEX
Number		
Exp. Code Name on card		
Signature: Amount: \$		