



MAHOVA

October 2018

News

October Brings Halloween Fun

“Once in a young lifetime one should be allowed to have as much sweetness as one can possibly want and hold.” ~Judith Olney

Halloween began with the ancient Celts, who marked the last day of October as their New Year’s Eve. Surveys show that Halloween, derived from the Christian observation of All Hallows E’en, now surpasses our own New Year’s Eve in popularity. The National Retail Federation says that the holiday generates nearly \$7 billion in retail sales, with the average household spending more than \$44 on candy, costumes, and home decorations.

A survey by American Express found that 64 percent of adults rank Halloween as a popular holiday in their households and celebrate by trick-or-treating, going to a party, or watching scary movies. Forty-seven percent said the holiday is not just for kids. More than a quarter of adults dress in costumes. More than 80 percent of parents said they hand out treats, and nearly 60 percent take their children trick-or-treating.

Here at the Masonic Home of Virginia we will be having a Halloween Parade on October 30th. All residents are encouraged to don costumes (from the glamorous to the wacky) and join in the fun. Also we will be having our annual Pumpkin Decorating contest. Pumpkins will be delivered mid-month, then displayed and voted on during the last week. The winner will be revealed during the Halloween Parade festivities.

“Backward, turn backward,
O Time, in your flight
make me a child again
just for tonight!”
~Elizabeth Akers Allen

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Resident Advisory Council

Paula Swansey
President - D Wing

James Palmer
Vice President– B Wing

Steve Bollinger
Secretary - Village

**Mildred Johnson and James
Palmer-B Wing**

**Paula Swansey and
Leon Headley– C and D Wings
Art Gregory– Magnolia Court**

Health

Here's To Your Good Health!

The Health Benefits of Donating Blood

Giving blood is not just good for the recipients but has benefits for the donors as well. According to the Central Florida Blood Bank, blood donors routinely receive a mini-health check, which monitors blood pressure, cholesterol, temperature, pulse, and iron levels. The agency also cites studies that show that donating blood is good for the heart. Men who gave blood three times a year reduced their risk of heart attack by more than 50 percent. Other studies have found that donating blood can reduce the risk of certain types of cancer. Please consult with your physician before donating blood.

Have You Heard?



October is National Apple Month. Some 7,500 varieties of apples are grown around the world. The United States produces 100 commercially with the Delicious being the most popular. Orchards in 36 states produce more than 250 million bushels annually. Americans eat an average of 65 apples per year.

The birthstone for October is Opal and signifies a creative spirit, new friendships, and healthy relationships. The flower is the Marigold.

Program Highlights

Resident Council Meeting

Monday, October 1
9:30 AM
Dining Room

Activities Committee Meeting

Thursday, October 18
3:45 PM
Library

Advisory Council Meeting

Tuesday, October 16
10:00 AM
Private Dining Room

Food Committee Meeting

Tuesday, October 16
1:00 PM
Private Dining Room

Program Highlights

Tuesday, October 2	2:30 PM	Gallery	Family Day Resident Volunteer Sign up
Friday, October 5	2:30 PM	TV Room	Exercise with Sharon
Tuesday, October 9	3:00 PM	REB	Communion
Thursday, October 11	10:00 AM	Gallery	Coffee and Donuts from Country Style
Thursday, October 11	2:30 PM	Gallery	Pumpkin Decorating Distribution
Friday, October 12	10:00 AM	TV Room	String Cutting for balloons
Saturday, October 13 FAMILY DAY			
Friday, October 19	2:30 PM	TV Room	Hot Chocolate Social
Tuesday, October 23	1:30 PM	Dining Room	Cooking Class with Matt
Friday, October 26	2:00 PM	Multipurpose Room	Classic Movie Matinee
Monday, October 29	2:30 PM	TV Room	Self -Serve Coffee and Tea with a movie
Tuesday, October 30	2:30 PM	Dining Room	Halloween Costume Contest and Parade

Entertainment

Monday, October 1 2:30 PM TV Room	Performance by Bill Bottoms on the guitar and vocals
Thursday, October 4 2:30 PM TV Room	Performance by Matthew O'Donnell on vocals and various instruments
Friday, October 5 6:30 PM TV Room	Saxophone and vocal performance by David Hall
Saturday, October 6 2:30 PM TV Room	Performance by Just Us Gospel Group
Monday, October 8 6:30 PM TV Room	Performance by Charlie and Willie Fishburne
Monday, October 15 2:30 PM TV Room	Vocal and piano performance by Harry Kellett
Tuesday, October 16 2:30 PM TV Room	Vocal golden oldies performance by Kevin Salyer
Thursday, October 18 2:30 PM TV Room	Piano performance by Jan Kessler
Monday, October 22 2:30 PM TV Room	Performance by the Fabulous Flutes Duo
Thursday, October 25 7:00 PM Dining Room	Performance by the German Sauerkraut Band
Friday, October 26 6:30 PM TV Room	Karaoke with Leon and Nancy Lee
Saturday, October 27 2:30 PM TV Room	Performance by Good Vibrations

Movies

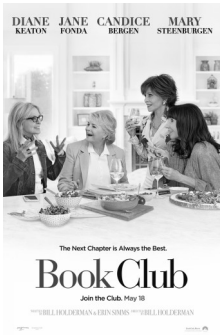


Channel 2 and TV Room
6:00 PM



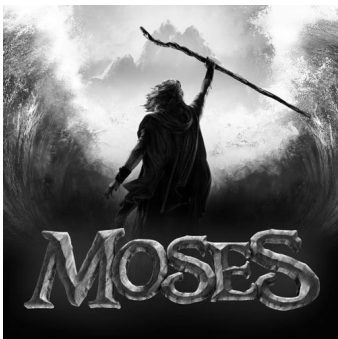
Monday, October 1 “Overboard”

A woman working on a yacht gets payback on the selfish boat owner after he wakes up with no memory from falling overboard.



Friday, October 12 “The Book Club”

Four women decide to mix things up at their book club and read “50 Shades of Gray” which catapults them into some interesting life choices.



Monday, October 22 “Moses”

Sight and Sound Theatre musical interpretation of the biblical story of Moses.



Monday, October 29 “The Post”

Based on a true story, two journalists team up to expose a decade’s long cover-up.

Trips and Outings

Shopping Schedule

October 3 Dollar Tree
 October 10 Wal-Mart
 October 17 White Oak Village
 October 24 Dollar Tree
 October 31 Walmart



Monday, October 1 11:15 AM	Lunch at Peking Chinese Restaurant
Tuesday, October 2 11:15 AM	Shopping at Hobby Lobby and lunch
Tuesday, October 9 11:15 AM	Lunch at McDonald's
Tuesday, October 9 1:30 PM	Trip to your neighborhood bank
Thursday, October 11 6:15 PM	Dorey Park- Bluegrass Coffee House
Monday, October 15 4:45 PM	Dinner at Calabash Seafood Restaurant
Tuesday, October 16 11:15 AM	Lunch at Seafarers Restaurant
Friday, October 19 6:15 PM	Henrico Theater to see the Richard Williams Trio
Saturday, October 20 1:00 PM	Tour of the homes in Richmond with Richmond Discoveries
Tuesday, October 23 10:00 AM	Lunch at the Bavarian Chef in Fredericksburg, VA
Monday, October 29 9:30 AM	Lunch at Michie Tavern and Apple Picking at Carter's Mountain in Charlottesville

Book Ends
By Richard Neiswander

THE GARDEN of EDEN
AND OTHER CRIMINAL DELIGHTS
by Faye Kellerman

I liked the title of this book but didn't look at it until I was home. Then I found that it contained seventeen short stories instead of one novel! The first story is about the 'Garden of Eden'. It is the work of Cecily Eden, thus the name. Cecily dies a natural death but there are some odd observances by her neighbors, Peter and Rina Decker. They are named in Cecily's will as are her two daughters. Peter solves the mysteries, learning that the daughters had 'stolen' money from their mother and he finds a lot of hidden money. Presumably, Cecily hid it to keep the daughters from stealing it. An interesting story in just 47 pages. I also enjoyed the other sixteen stories equally.

REVENGE at BELLA TERRA
by Christina Dodd

Eli Di Luca is in trouble! He owns a vineyard and winery but his friend and accountant has absconded all the cash and the taxes are due soon. Eli has little hope of paying the taxes until an extremely wealthy man offers to pay the taxes *if* Eli will romance and marry his daughter, Chloe. The story follows them through discovering each other, also an eighty-year-old murder and the search for diamonds hidden by the murdered man. It includes attempts on their lives by the ancestors of the murderers who still want to find the missing diamonds. Plenty of action, including a bombing of a cottage, but also a lot of romance. A little something for everyone.

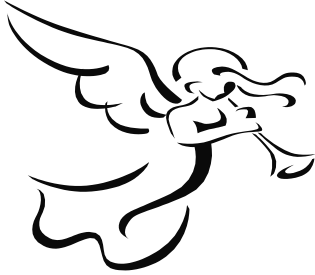
NO MAN STANDING
A Munch Mancini crime novel
by Barbara Seranella

Miranda Mancini [called Munch by her friends] is a recovered alcoholic/drug addict with an eight-year-old daughter. Her friend and fellow addict, Ellen, is getting out of jail. The day before that event, Ellen's mother and stepfather are murdered. The bodies also show signs of torture before their actual death.

Someone wants something [money] that Ellen has hidden. Munch must solve the murders so that she can cut a deal that will not send Ellen back to prison. An excellent story from the beginning until the end. I just wonder how accurate it is of what is experienced by those caught in drug addiction.

In Memoriam

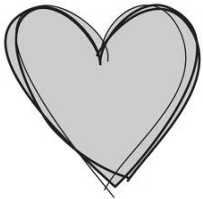
Forever in Our Hearts



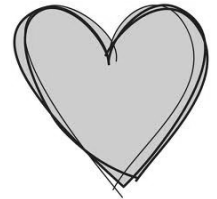
Charles Goens
Mabel Paschall



Anniversaries



October 7, 1960 Donald and Anne Godfrey
October 11, 1958 David and Shirley Armistead



Notifications

Upcoming Event

On November 9, 2018 the residents not attending the Grand Lodge Communication Luncheon will be served a Boxed Lunch in the Reading Room.
There will be an Ice Cream Social in the Main Dining Room at 2:00 PM.
A special dinner will be served to all residents in the Main Dining Room.

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Monday, October 1
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wing
Wednesday, October 3
8:00 AM to 1:00 PM
D Wing Recreation Room

Village Model Key

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

Dementia Support Group for Families

For information, please contact Barbara Jehu at extension 77316.
The group meets 1st and 3rd Tuesdays of each month at 10:30 AM.

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the 4th Monday each month in the Multipurpose Room at 12:00 PM.
Meeting is open to ALL Master Masons.

Please come and join us!

Notifications

Family Day

Saturday, October 13

Pumpkin Decorating Contest

Each area of the Home will receive a pumpkin to decorate on Thursday, October 11. It is up to each area of living to collectively decorate these pumpkins to be on display for the contest beginning Tuesday, October 23, at 10:00 AM in the Gallery. Each pumpkin will be voted on and a winner announced on Tuesday, October 30 at the Halloween costume parade and contest.



Halloween Costume Parade and Contest

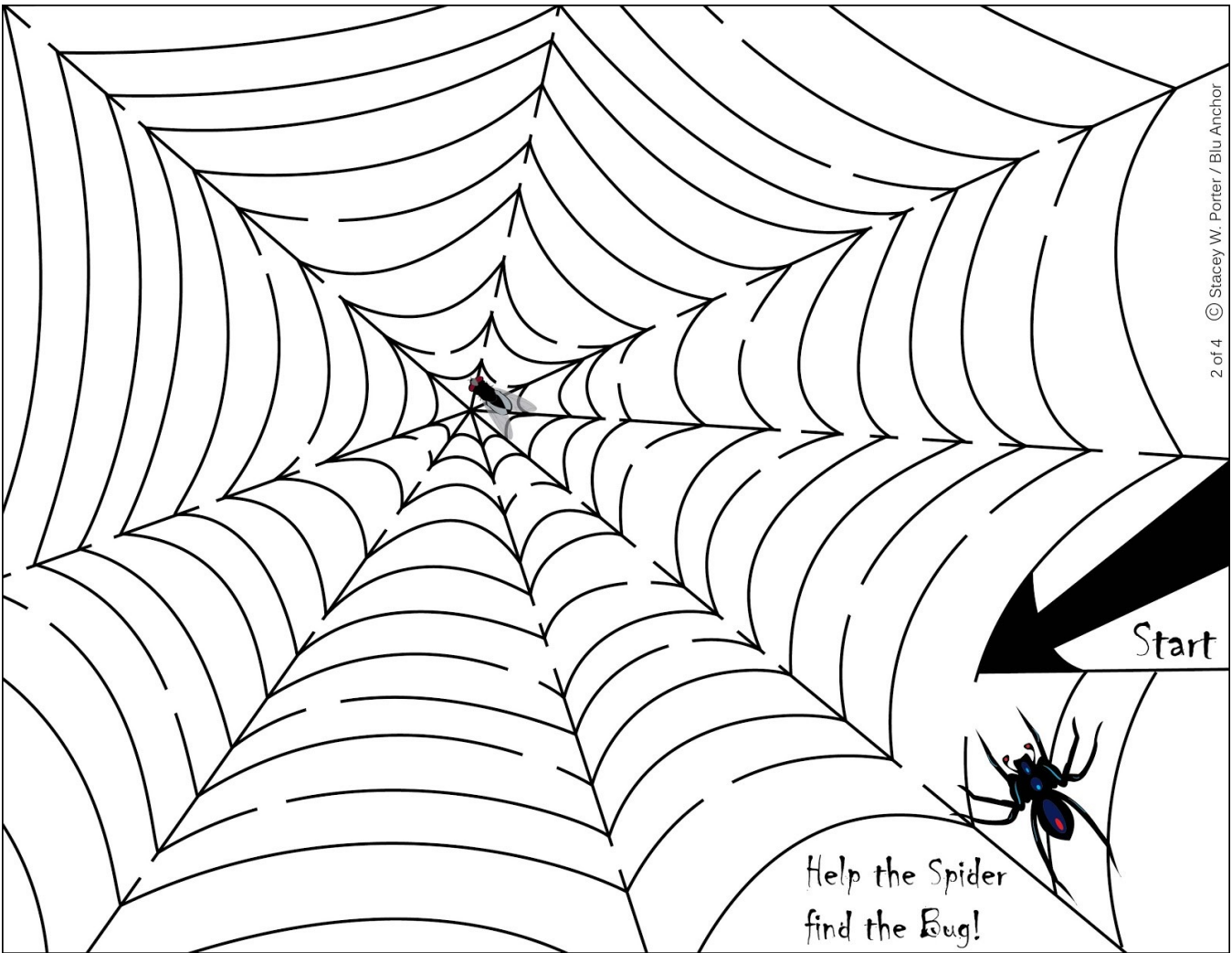
Tuesday, October 30
2:30 PM
Dining Room



Join us in your costume for a parade throughout the Home. Prizes will be given after the parade for the most unrecognizable and the most creative costume for both residents and staff. Meet in the Reading Room in your costume if you are participating in the parade.

Refreshments Served

Brain Fitness



October Trivia

1. What is the October gemstone?
2. What is the October flower?
3. Are pumpkins fruit or a vegetable?
4. Where did the pumpkin originate?
5. What were pumpkins once a remedy for?

ANSWERS: 1. Opal 2. Marigold 3. Fruit 4. Central America 5. Snake Bites

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

- 10/3 Donald Davies
- 10/3 Charles Hinson
- 10/6 Annie Lee Davis
- 10/11 Robert Young
- 10/13 Florence Edmonds
- 10/15 Anne Godfrey
- 10/17 Theodore Holm
- 10/22 Paula Swansey
- 10/22 Fred Throckmorton, Sr.
- 10/23 David Armistead
- 10/28 Gloria Hall
- 10/29 Lloyd Hall

Employee Birthdays

- | | |
|--------------------------|-----------------------|
| 10/1 Leisa Liverpool | 10/17 Evandra Baker |
| 10/1 Phyllis Taylor | 10/22 Cheryl Harris |
| 10/2 Kathy Bryant | 10/22 Juliana Okyere |
| 10/3 Charntrasetta Jones | 10/22 Tayna Spearman |
| 10/4 Theresa Barnhart | 10/25 Vincent Turner |
| 10/8 Hanna Sergeant | 10/27 Pattie Mathews |
| 10/11 India Ross | 10/28 Deborah Crawley |
| 10/12 Christian Riley | 10/30 Martha Gresham |
| 10/15 Joyce Richardson | |

Welcome New Employees

- | | | |
|-------------------|----------------|----|
| Judith Arcuri | Administration | PT |
| Theresa Barnhart | Nursing | FT |
| Tawanda Fowler | Nursing | PT |
| Turquoise Kearney | Nursing | PT |



Scan this QR image to go to the Masonic Home Website.

Welcome New Residents

Richard and Linda Dudley
St. Johns Lodge No. 36

Masonic Home Census -- 204

The MAHOVA News

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James D. Cole, CPA
Chief Executive Officer

Anne Hagen, CPA
Vice President, Chief Financial Officer

Robert Adkins, LNHA
Senior Administrator

Kathy Bryant, LALA
Assisted Living Administrator

Dr. Danny Felty
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Terry Hilton
Development Officer

Regina Pettaway, RN
Director of Nursing

Barbara Ramirez
Human Resources Director

Mike Butler, Jr.
Director of Facilities

MAHOVA Editor
Robyn Nakamoto
804-222-1694
Extension 77268

MAHOVA Copy Editor
Mildred Ammons