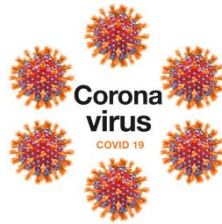


Makaton Signs to Support Communication about Coronavirus (COVID-19)


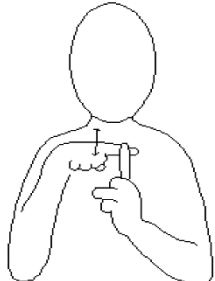


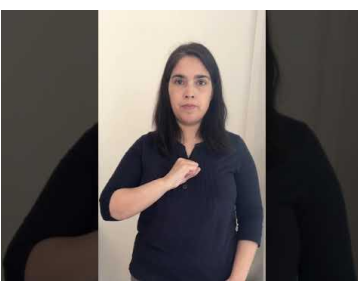




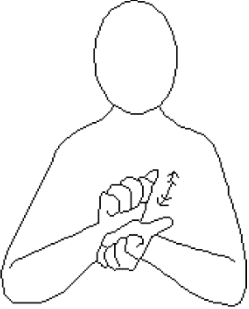

Makaton signs and symbols are helpful for people with communication needs and learning disabilities. They are designed to support spoken language. The signs and symbols are used with speech, in spoken word order. This helps provide extra clues about what someone is saying and helps understanding.

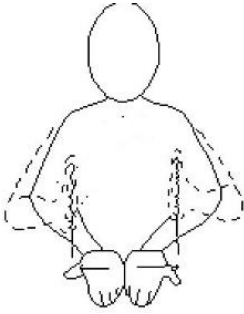

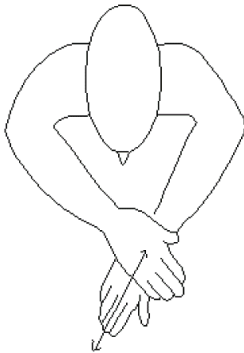


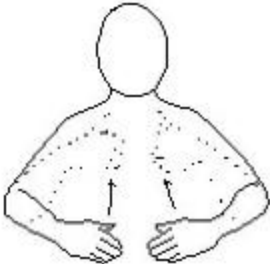

This document contains key Makaton signs and symbols which you can use as you talk to people about Coronavirus (Covid-19). There are also some helpful videos to show you how to make the signs.

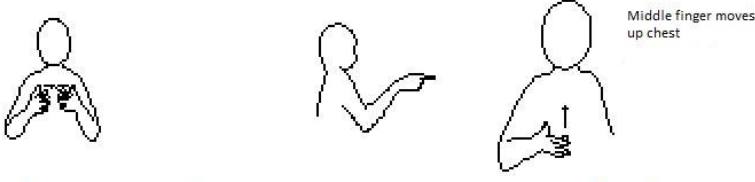



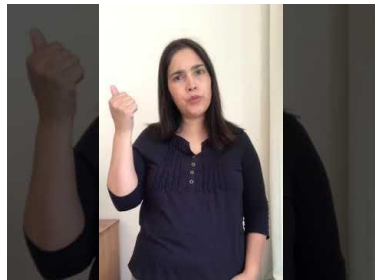
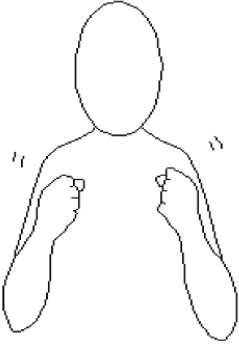
Signing tips:


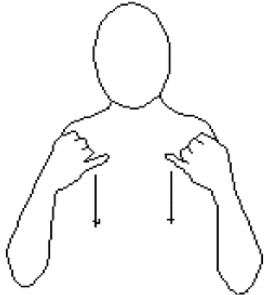


- **Speak as you sign:** Always use the signs alongside simple spoken phrases/sentences.
- **Sign the key words only:** As you are talking, only use signs for the most important words. This makes those words easier to understand. Don't sign every word you say – this can be confusing!
- **Keep it simple:** try to keep your message short and simple so the person can process and understand what you are saying.
- **Use facial expression and body language:** This can give more clues about what you are saying e.g If you are talking about pain, a grimace or frown will add meaning.
- **Stick to simple emotions:** many of our service users may struggle with emotions. To Avoid overloading these people we usually just use happy, sad, worried and angry.
- **Use the signs consistently yourself:** The person is more likely to understand and perhaps start using a new sign if they see it often.
- **Link each new sign to the symbol:** When introducing a new sign, you can link it to a symbol to help the person understand its meaning. Model the sign then point to the symbol. You will find symbols at the back of this pack. They can be cut out and used as another visual clue for what you are talking about.
- **Consider having a 'sign of the day':** Model the sign, get the person to copy, point to the symbol that matches, continue to practice its use at every opportunity during the day.




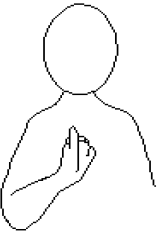
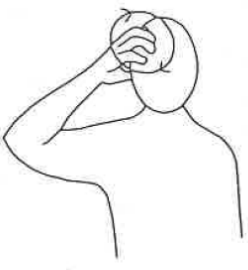

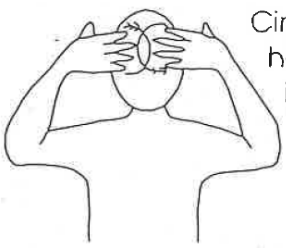

Sign	Video
 <p>place near area of infection</p> <p>middle finger flicks off thumb twice</p> <p style="text-align: center;">Infection</p>	
 <p style="text-align: center;">Temperature</p>	
 <p style="text-align: center;">Cough</p>	
 <p style="text-align: center;">Sneeze</p>	


Sign	Video
<p>Palm, flat on chest, moves gently away and back + Twist thumb into palm</p>  <p>Breathing difficulties</p>	
<p>Mime pulling out tissues from box</p>  <p>Tissue</p>	
 <p>Dirty</p>	
<p>Wrists together - top fist makes small twisting upward movement + Slightly hooked index finger makes several random taps over small area to indicate tiny cells. Place sign over appropriate area</p>  <p>Germs</p>	



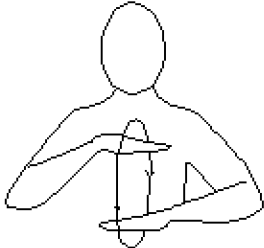




Sign	Video
 <p data-bbox="628 421 703 465">Bin</p>	
 <p data-bbox="716 887 847 931">Clean</p>	
 <p data-bbox="196 1480 448 1570">Mime washing hands</p> <p data-bbox="564 1330 979 1375">Wash hands/Soap</p>	
 <p data-bbox="620 1816 938 1861">How are you?</p>	

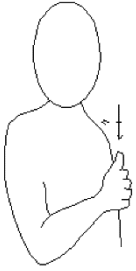
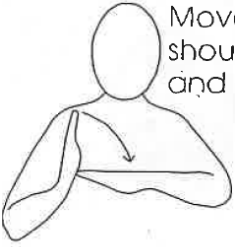

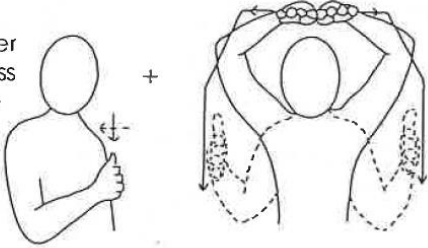
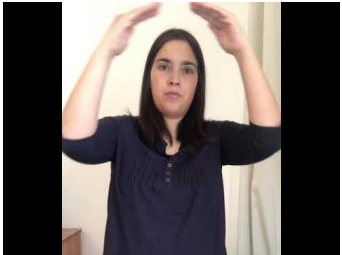

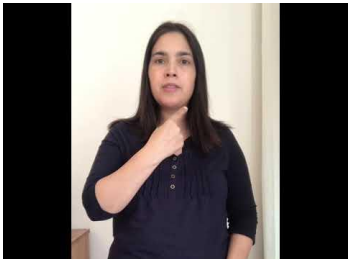
Sign	Video
 <p>how do you feel</p> <p>Middle finger moves up chest</p>	
 <p>Middle finger moves up centre of chest</p> <p>I feel</p>	
 <p>Hot</p>	
 <p>Cold</p>	

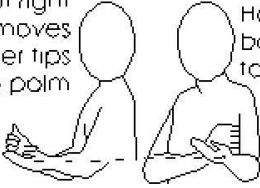



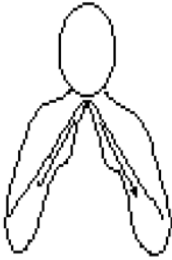

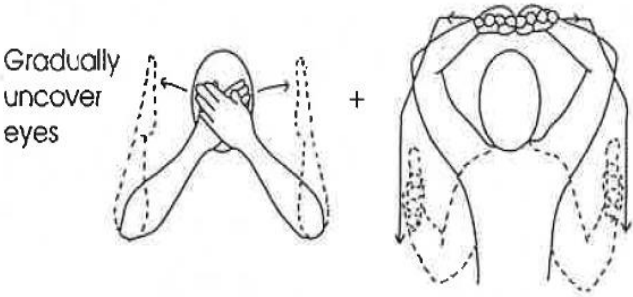
Sign	Video
 <p>Position hand at part of body that hurts and shake hand</p> <p>Pain</p>	
 <p>Point to throat then shake hand</p> <p>Sore Throat</p>	
 <p>ill</p>	
 <p>Shoulders sag to show degree of tiredness</p> <p>Tired</p>	
 <p>Index finger moves slightly to right and circles to show dizziness</p> <p>Dizzy</p>	





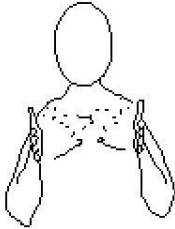

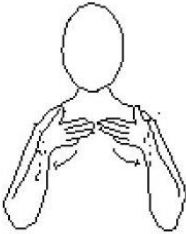

Sign	Video
 <p>Shake hand over forehead</p> <p>headache</p>	
 <p>Good</p>	
 <p>Little finger</p> <p>Bad</p> <p>NB: some people already use thumbs down for bad, if this is more meaningful for them then use this instead.</p>	
 <p>Tense hand Use both hands if very worried</p> <p>Worried</p>	
 <p>Circling clawed hands overlap in alternating movement</p> <p>Confused</p>	

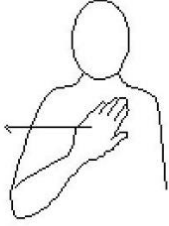

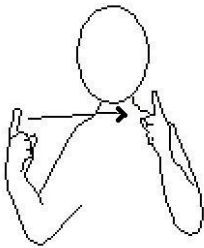
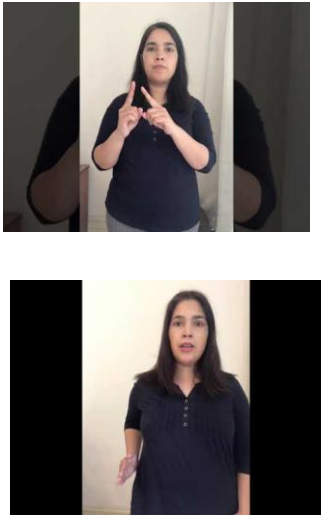
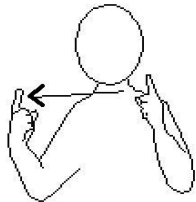
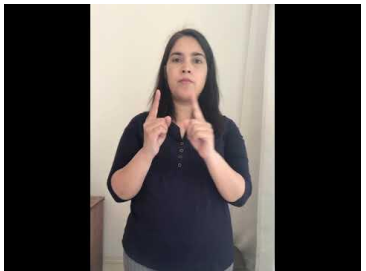


Sign	Video
 <p>Right index finger moves sharply down behind left hand, both open to flat hands, palms down, and move forward</p> <p style="text-align: right;">Lonely</p>	
 <p style="text-align: right;">Sad</p>	
 <p style="text-align: right;">Scared / Frightened</p>	
 <p>Show tension in hands Use one or two hands as appropriate</p> <p style="text-align: right;">Angry</p>	
 <p>Hands tremble</p> <p style="text-align: right;">Nervous</p>	

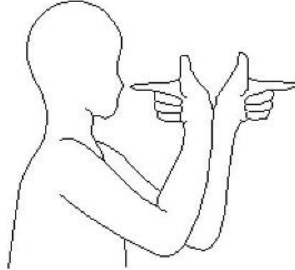

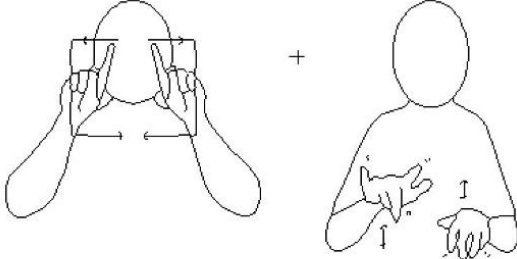





Sign	Video
 <p data-bbox="703 389 842 434">Bored</p>	
 <p data-bbox="721 748 839 792">Calm</p>	
 <p data-bbox="699 1128 849 1173">Happy</p>	
 <p data-bbox="354 1438 577 1599">With index finger and thumb, mime taking pulse</p> <p data-bbox="679 1518 839 1563">Doctor</p>	

Sign	Video
 <p>Thumb traces cross on outside of arm</p> <p>Nurse</p>	
 <p>Movement should be gradual and gentle</p> <p>Dead / Died</p>	
<p>Index finger traces cross on outside of arm</p>  <p>Hospital</p>	
 <p>Index finger outlines face</p> <p>face</p>	



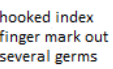







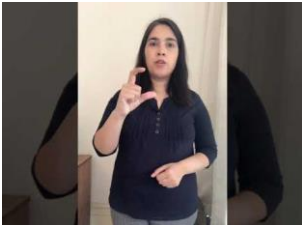
Sign	Video
<p>Blade of right cupped hand moves from left finger tips onto palm</p>  <p>Hands move back together to touch body</p> <p>Safe</p>	
 <p>Stay</p>	
 <p>Home</p>	
<p>Gradually uncover eyes</p>  <p>Day centre</p>	











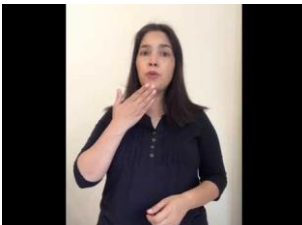
Sign	Video
 <p data-bbox="395 584 596 645">school</p>	
 <p data-bbox="566 869 646 952">* hands meet in centre of forehead</p> <p data-bbox="395 1021 628 1099">college</p>	
 <p data-bbox="368 1458 585 1529">closed</p>	
 <p data-bbox="391 1899 564 1977">Open</p>	



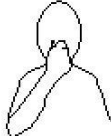




Sign	Video
 <p data-bbox="352 562 647 629">No/don't</p>	
 <p data-bbox="424 1066 584 1133">near</p>	
 <p data-bbox="416 1503 600 1570">apart</p>	
 <p data-bbox="352 1906 647 1973">Telephone</p>	







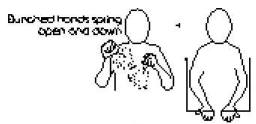

Sign	Video
 <p data-bbox="504 566 663 629">Skype</p>	
 <p data-bbox="456 965 695 1021">computer</p>	
 <p data-bbox="536 1099 791 1178">Small downward movement twice</p> <p data-bbox="504 1357 647 1413">Friend</p>	
 <p data-bbox="520 1603 727 1693">Finger spell 'F', circles clockwise in front of body</p> <p data-bbox="480 1872 632 1928">family</p>	

In Makaton we speak the whole sentence but only sign the key words. Below are some sentence examples that you may want to use when explaining Coronavirus.

 Rub wrists together
 germ
 hooked index finger mark out several germs
 called
 Corona
 Virus
 is
 making
 people
 ill


 Dirty
 hands
 make
 people
 ill
 wash your hands
 with
 soap
 and
 water


 cough
 or
 sneeze
 into
 a
 tissue


 Put
 you
 dirty
 tissue
 in
 the
 rubbish bin


try not to touch your face

Fingers touch palm gently

inner finger outlines face

wash your hands with soap and water

Mime washing hands

Mime turning soap

Palm outwards

We can speak to friends and family on the telephone or computer

small downward movement Repeat

Finger spell F and move in circular motion

we can't go to day centre

indicate direction

gradually uncover eyes

We Can't go to college or school

indicate direction

c shape fingers meet at centre of forehead

we should stay at home



infection



infection



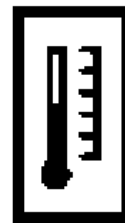
cough



cough



temperature



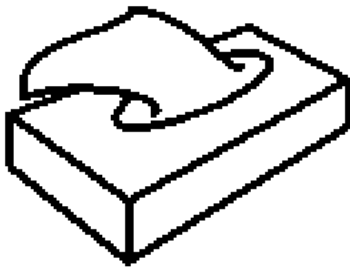
temperature



sneeze



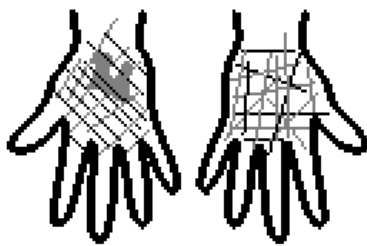
sneeze



tissue



tissue



dirty



dirty



clean



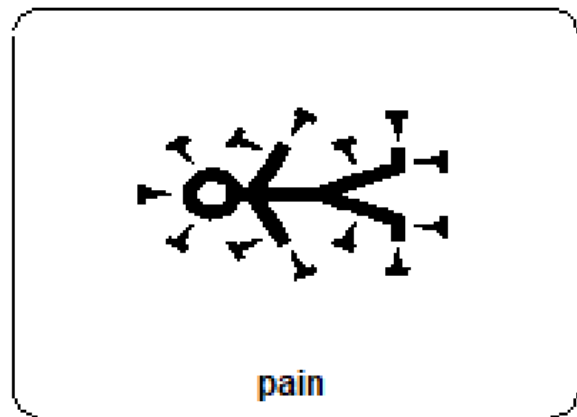
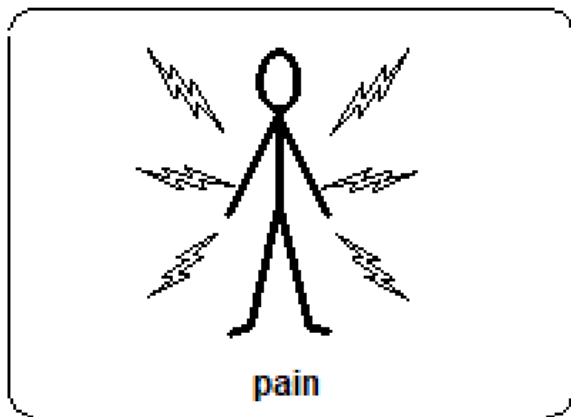
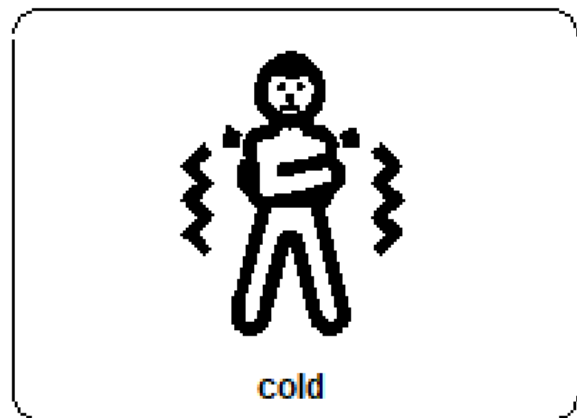
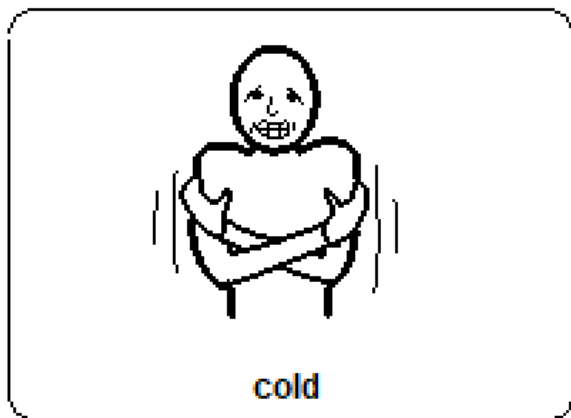
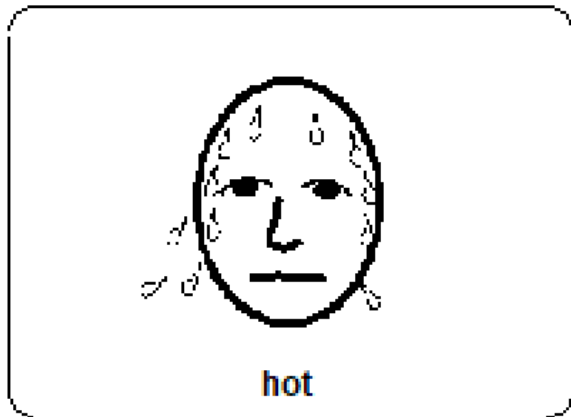
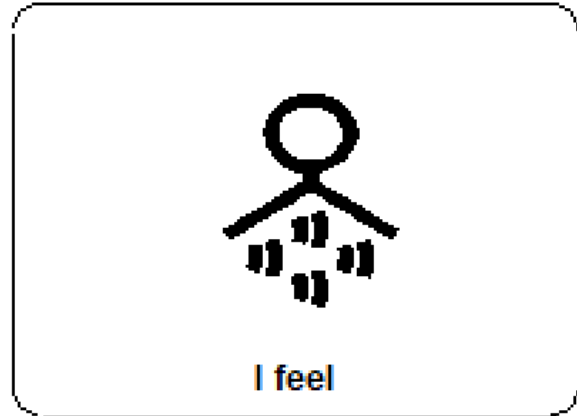
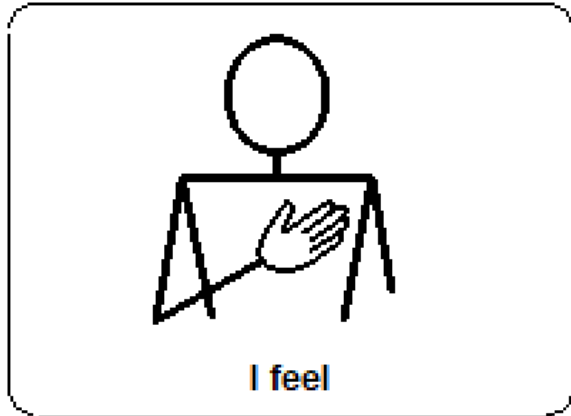
clean

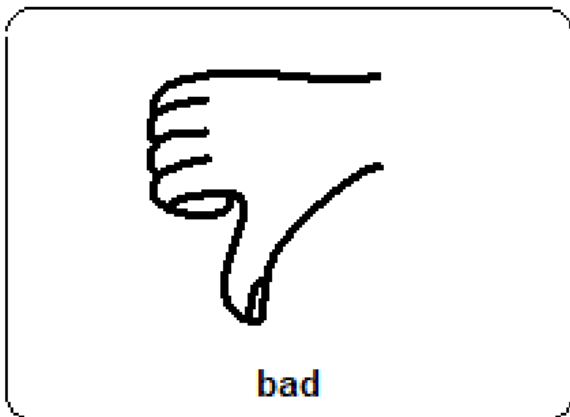
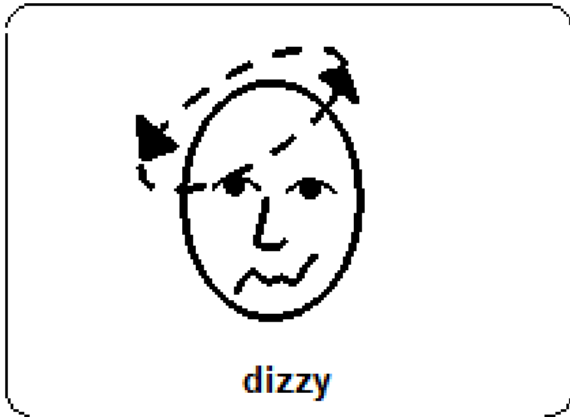
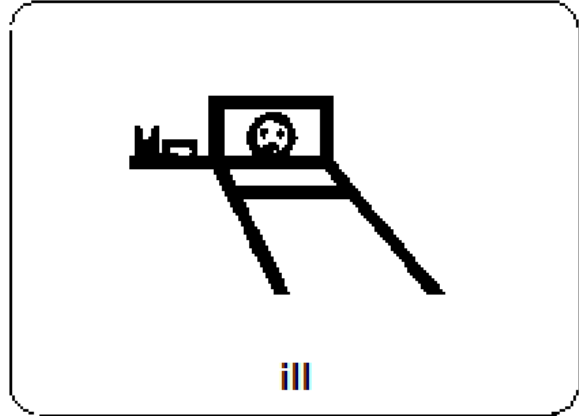
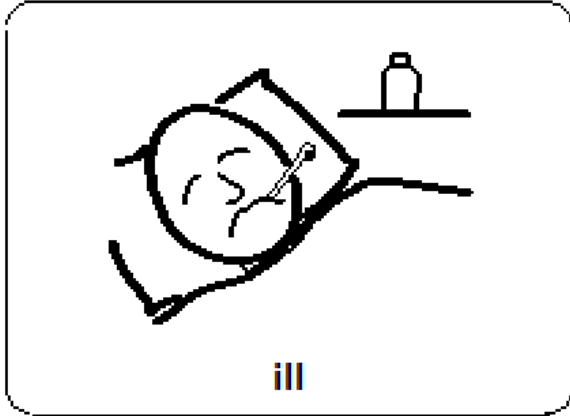


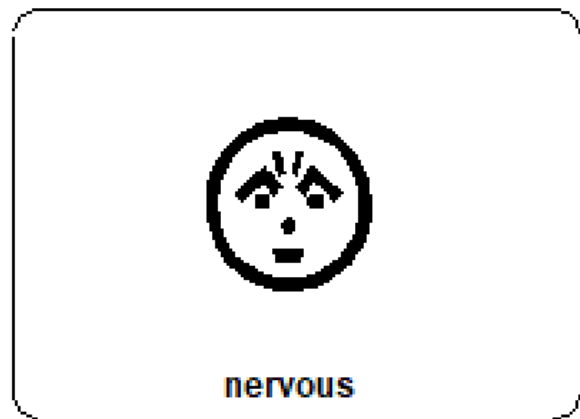
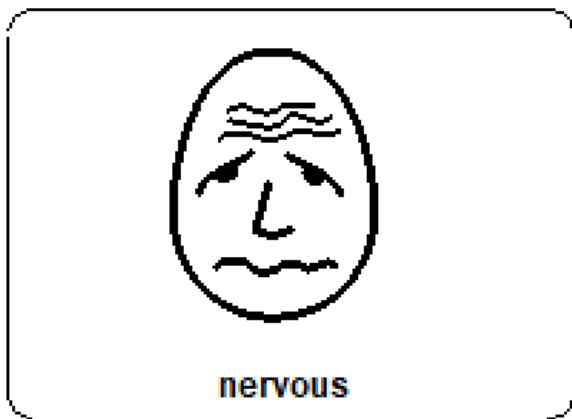
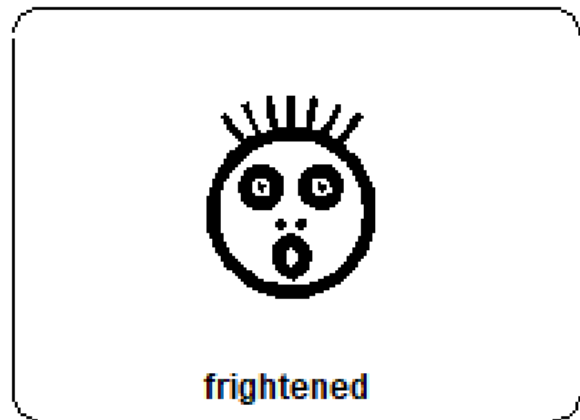
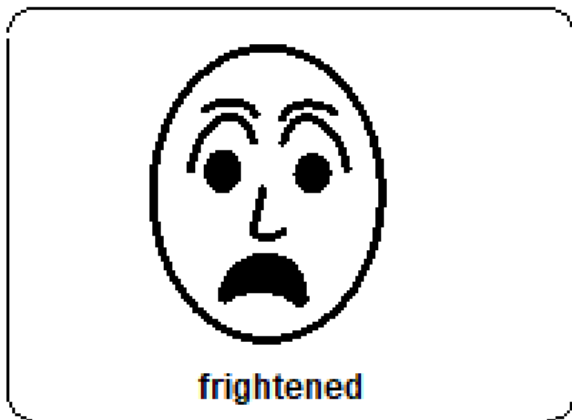
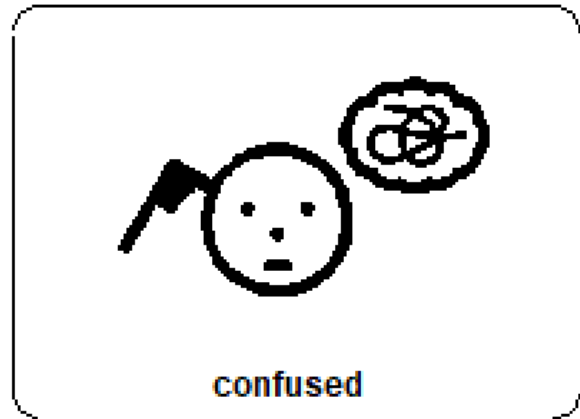
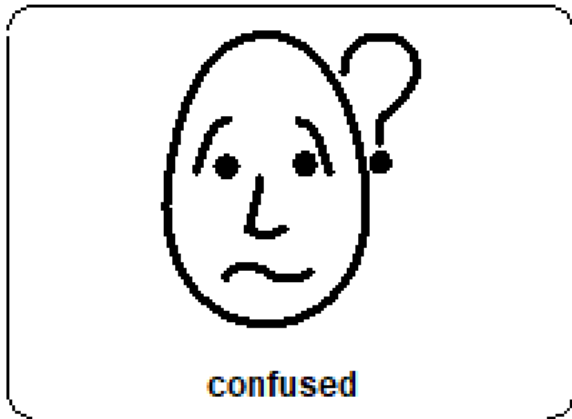
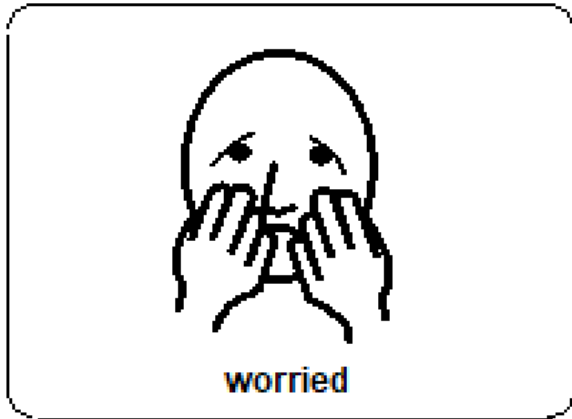
wash hands

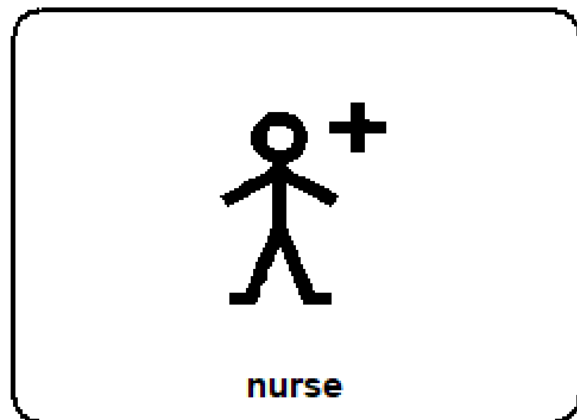
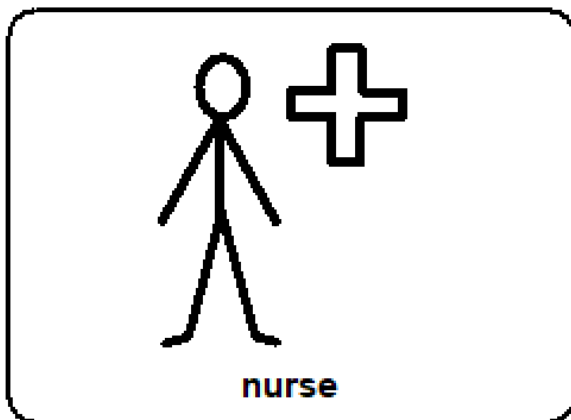
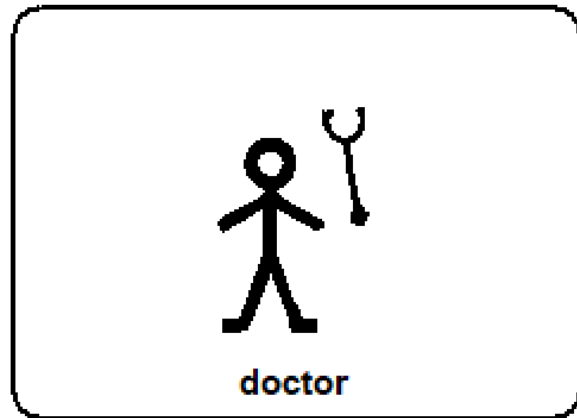
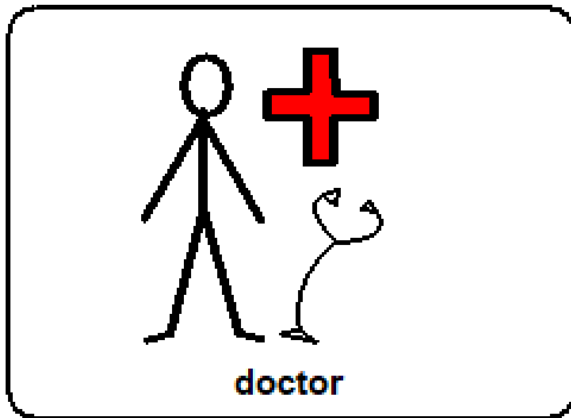
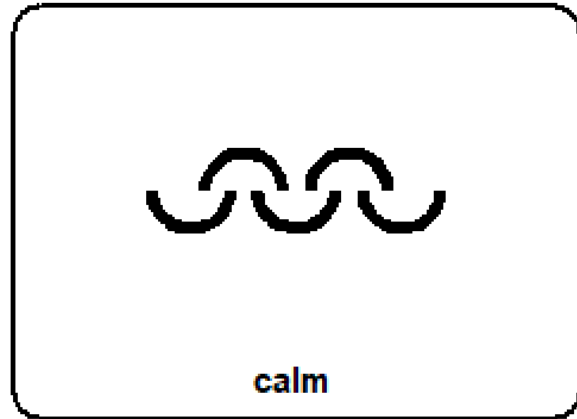
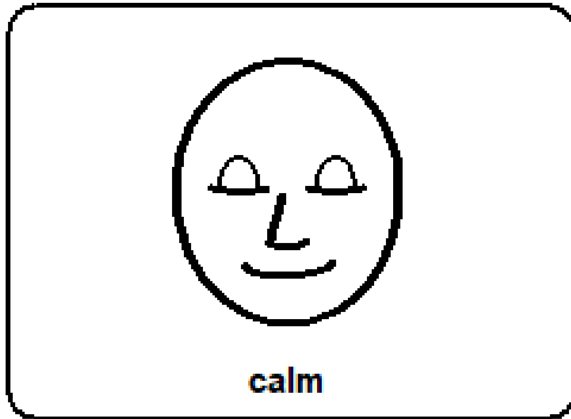


wash hands









Looking for more symbols to talk about Coronavirus? There are more on the Coronavirus Easy Read Section on MyLife.

<https://mylife.enfield.gov.uk/enfield-home-page/content/learning-disabilities/easy-read-coronavirus-downloads/>