

Managing immune related toxicity



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Cancer Center



Disclosures

- Advisory role: BMS, Merck
- Travel support: Amgen, Novartis, Roche



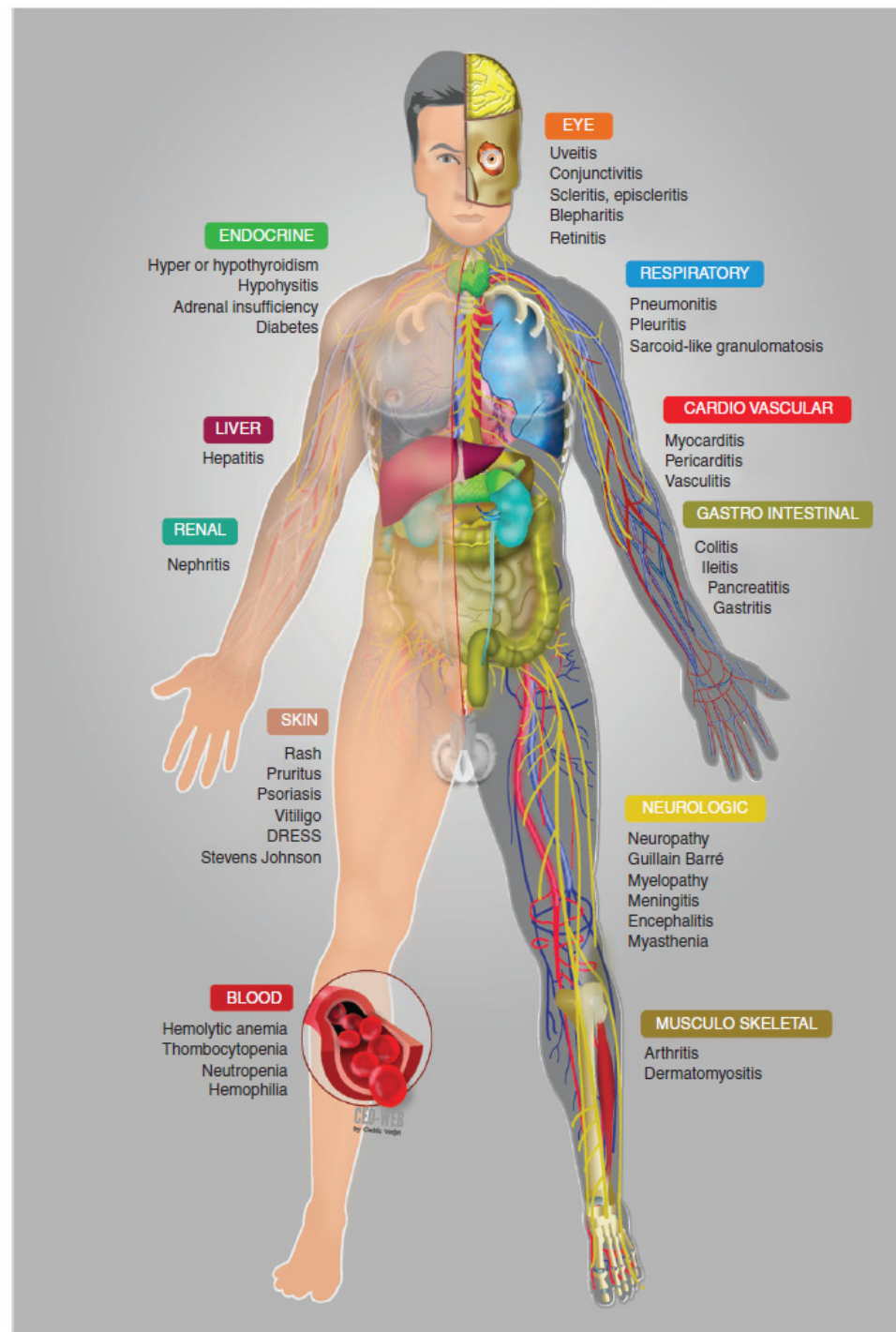
Why bother?



- Patients are dying from toxicity
 - Eggermont ipilimumab adjuvant stage III melanoma 1% (5 patients)
- > Early recognition is key!



During checkpoint inhibitor treatment, consider toxicity for each new symptom, until proven otherwise



????????

- 1. Most irAEs occur during the first 16 weeks of treatment** *True/False*
- 2. The majority of severe irAEs is reversible after steroid treatment** *True/False*
- 3. Toxicity during ICPI treatment predicts response** *True/False*
- 4. Steroid treatment for toxicity negatively affects response** *True/False*
- 5. Influenza vaccination during checkpoint inhibitor treatment is safe** *True/False*

Immune related toxicity (irAE)

Common
Fatigue
Pruritus/rash
Loss/change of appetite
Myalgia/arthralgia
Hypo-/hyperthyroidism

Severe, potentially life-threatening	Symptoms
Colitis	Diarrhea
Hepatitis	Jaundice
Hypophysistis	Headache, confusion, lethargy
Pneumonitis	Cough, dyspnea
Myocarditis	Chest pain, heart failure
Guillain-Barré Myasthenia Gravis Encephalitis	Weakness Paresthesia Confusion/lethargy

Increased response comes at a price
Severe toxicity rate triples in combination therapy

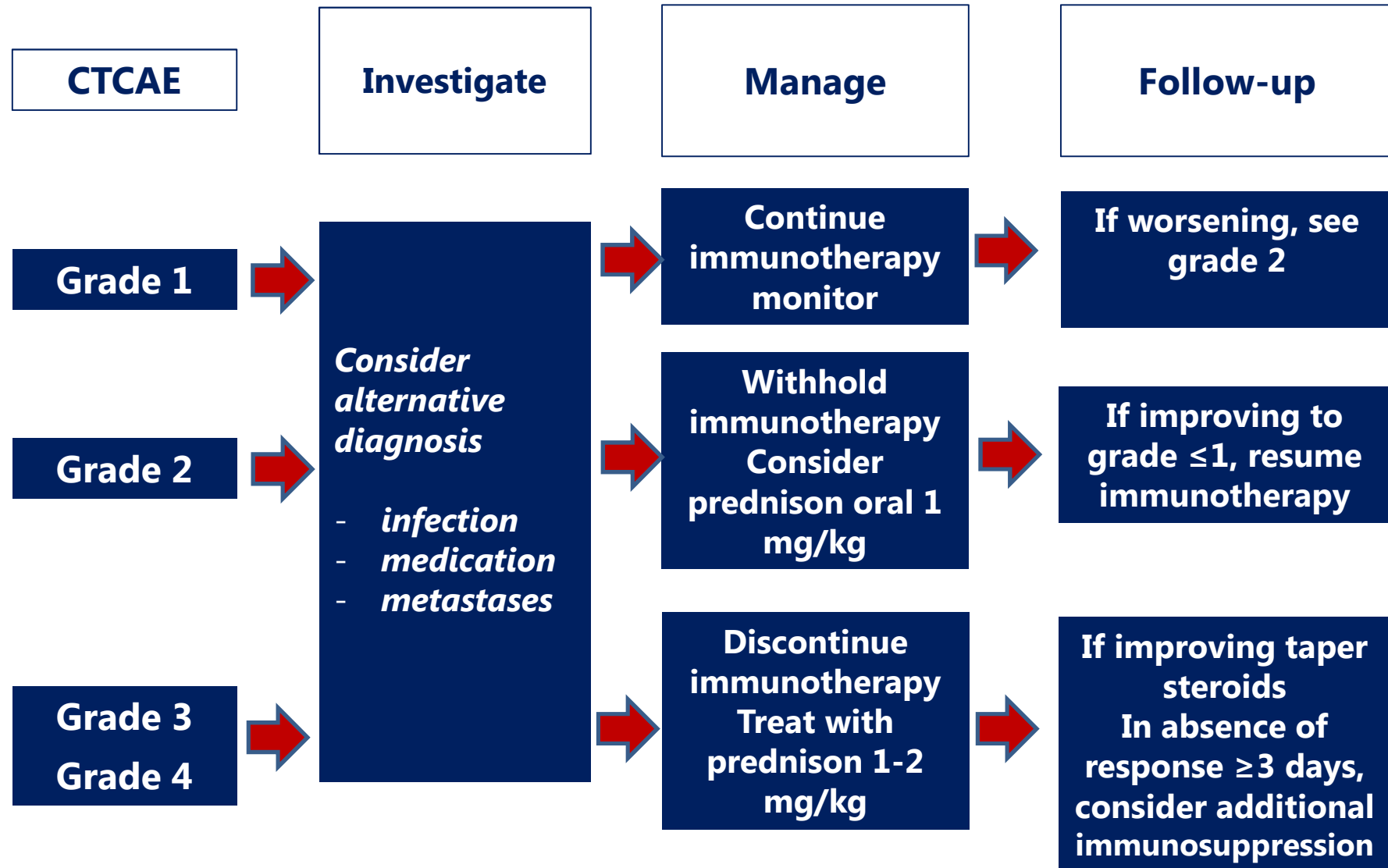
	Ipilimumab	Nivolumab	Nivolumab + ipilimumab
Grade 3/4 irAEs	27%	16%	55%
Discontinue for toxicity	15%	8%	36%
ORR	19%	44%	58%

Larkin NEJM 2015
AACR data



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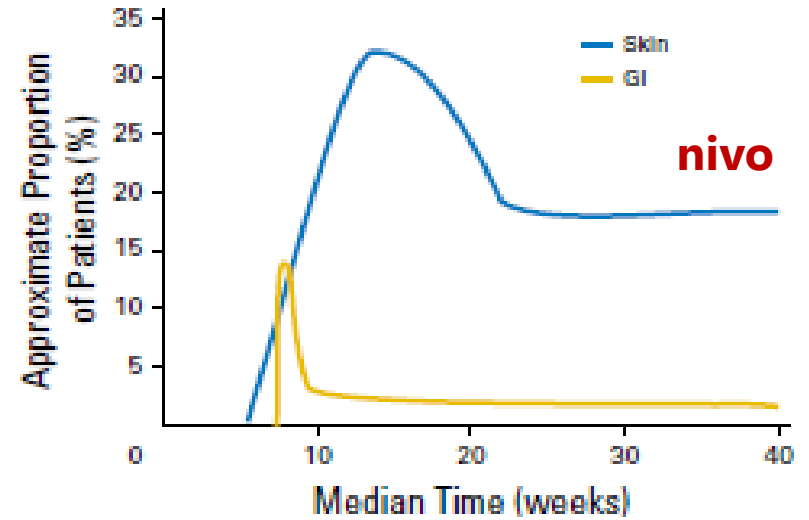
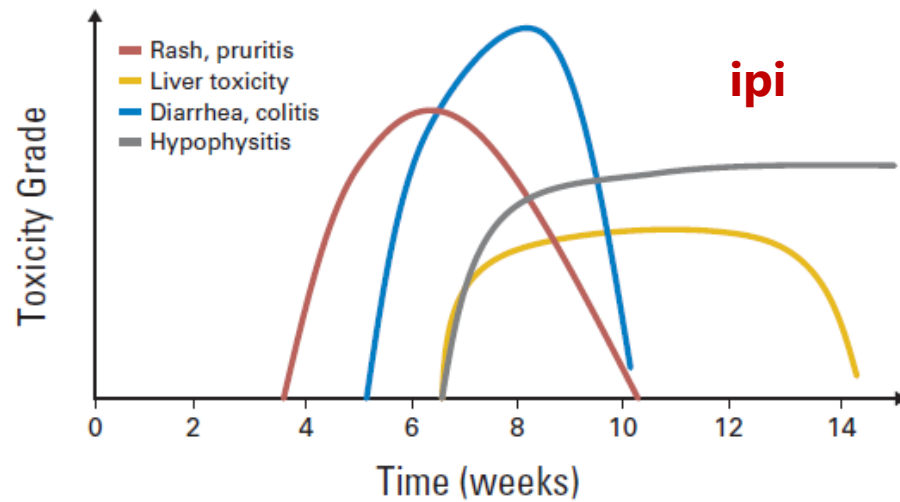
Management



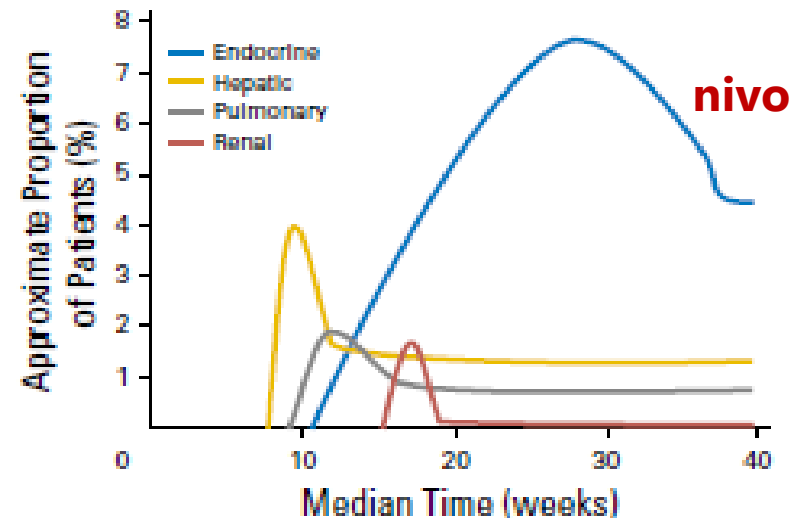
Second line immunomodulatory agents

- Infliximab
- Mycophenolate
- Tacrolimus
- Cyclophosphamide
- Immunoglobulins
-
-

Onset of toxicity



85% occurring in first 16 weeks

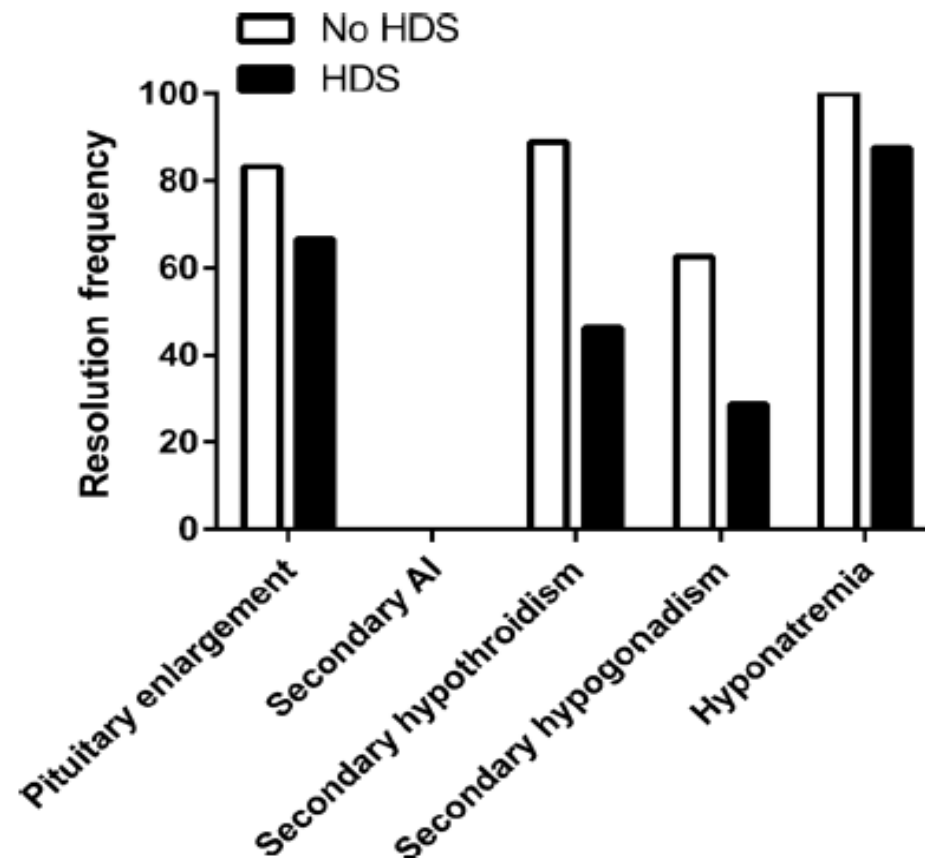


Reversibility

- 58%-85% of toxicity is reversible after steroid treatment
- Irreversible:
 - Endocrine insufficiency after hypophysitis
 - Hypothyroidism
 - Diabetes mellitus
 - Uveitis/arthritis

Systemic High-Dose Corticosteroid Treatment Does Not Improve the Outcome of Ipilimumab-Related Hypophysitis: A Retrospective Cohort Study

Le Min¹, Frank Stephen Hodi², Anita Giobbie-Hurder², Patrick A. Ott², Jason J. Luke^{2,3}, Hilary Donahue², Meredith Davis², Rona S. Carroll¹, and Ursula B. Kaiser¹

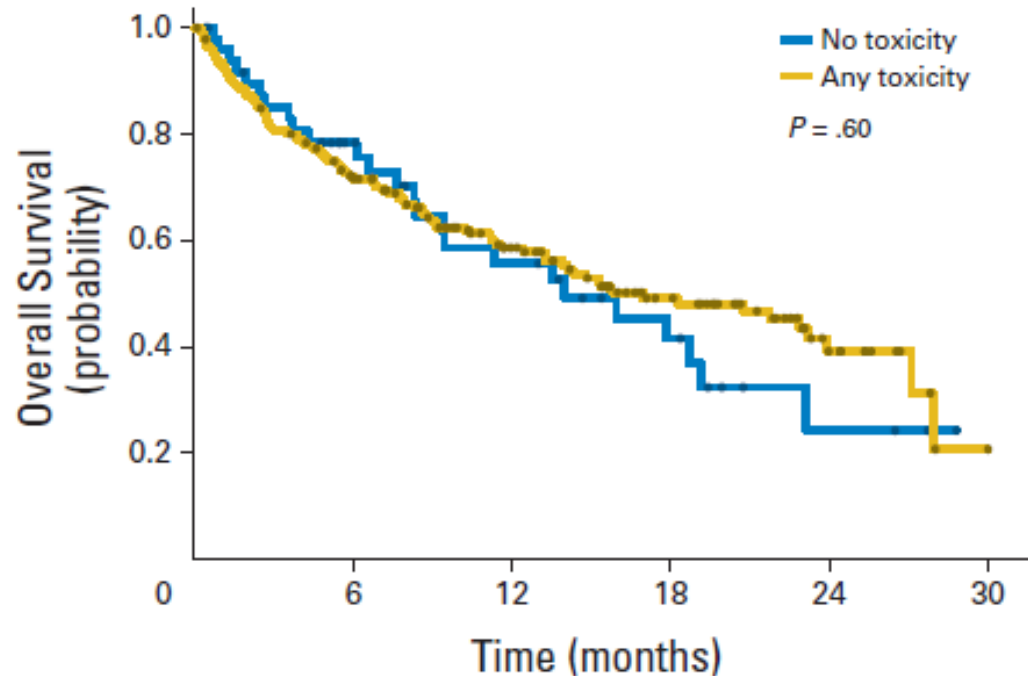


Does toxicity predict response?

- Checkmate 069:
ORR for patients that discontinued treatment for toxicity 66%
(vs 59% for all patients on ipi/nivo)



Does toxicity predict response?



- 298 melanoma patients treated with ipilimumab, retrospective analysis
- 85% experienced any irAE

Horvat JCO 2015



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Does toxicity predict response?

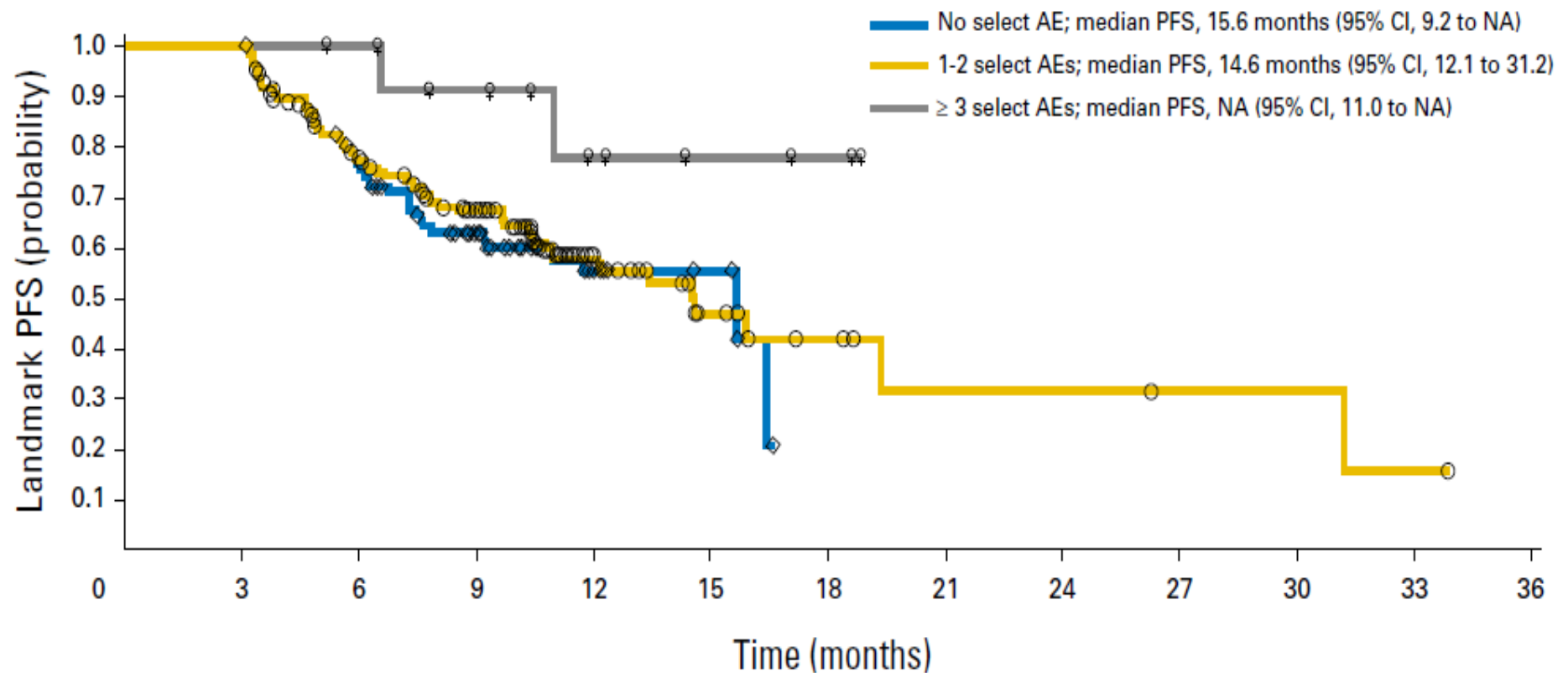
- pooled data nivolumab
- 4 studies, 576 melanoma patients

Any-Grade Treatment-Related Select AEs

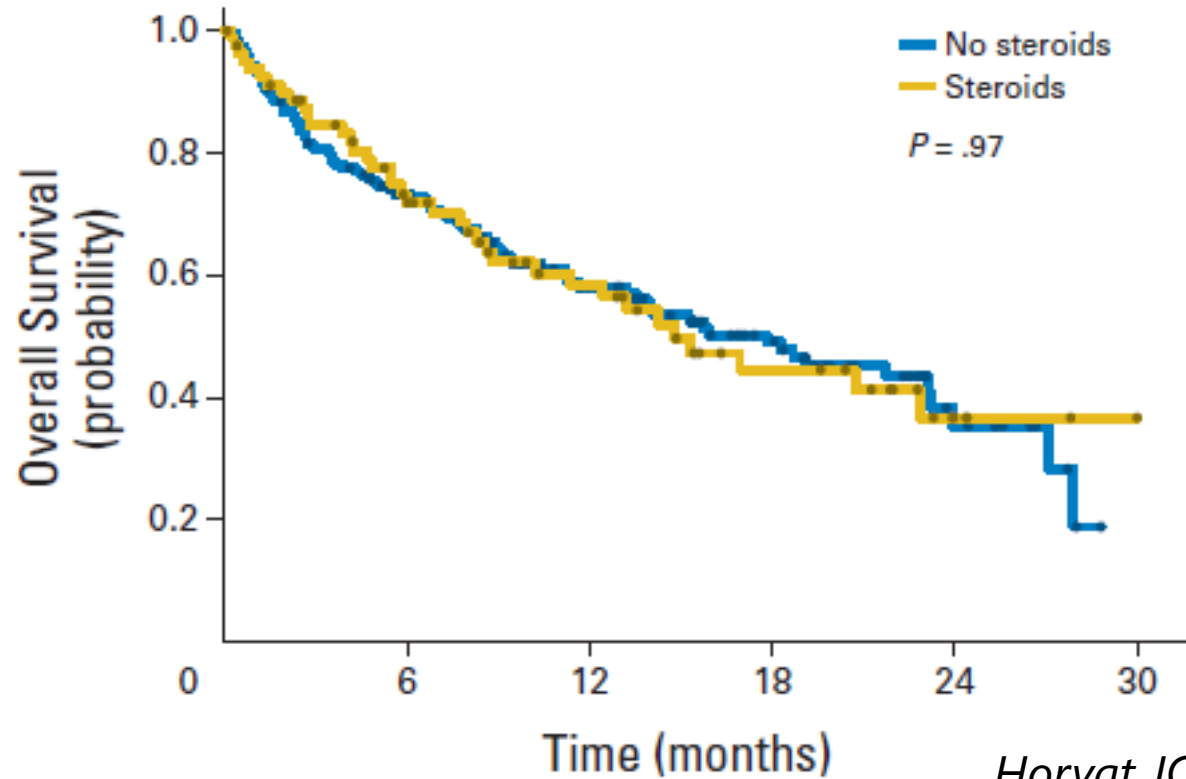
	Any (n = 255)	None (n = 321)	1-2 (n = 242)	≥ 3 (n = 13)
<u>ORR</u> , No. of patients (%)	124 (48.6)	57 (17.8)	113 (46.7)	11 (84.6)
95% CI	42.3 to 54.9	13.7 to 22.4	40.3 to 53.2	54.6 to 98.1
<i>P</i>	< .001		< .0001*	< .001*

- No significant difference for grade 3/4

Does toxicity predict response?



Does steroid-treatment affect response?



Horvat JCO 2015

- 298 patients, treated with ipilimumab
- 35% required steroids for irAE



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Does steroid-treatment affect response?

	Patients Receiving Systemic IM	
	Yes (n = 114)	No (n = 462)
<u>ORR</u> , No. of patients (%)	34 (29.8)	147 (31.8)
95% CI	21.6 to 39.1	27.6 to 36.3
<i>P</i>	.736	

Anti-PD1 toxicity in patients with autoimmune disorders or previous irAEs

119 melanoma patients treated with anti-PD1:

- **Preexisting AD (n=52)**
 - 38% flare requiring immunosuppression (no IBD, or neurological sequelae)
 - 5% discontinued
- **Prior ipilimumab-related toxicity** requiring immunosuppression (n=67)
 - 3% same irAE; 34% other irAEs
 - 12% discontinued

ELCC 2017 Press Release: Annual Flu Jab May Pose Greater Risk for Lung Cancer Patients Under Immunotherapy



Date: 26 Apr 2017

Topic: Lung and other thoracic tumours / Cancer Immunology and Immunotherapy

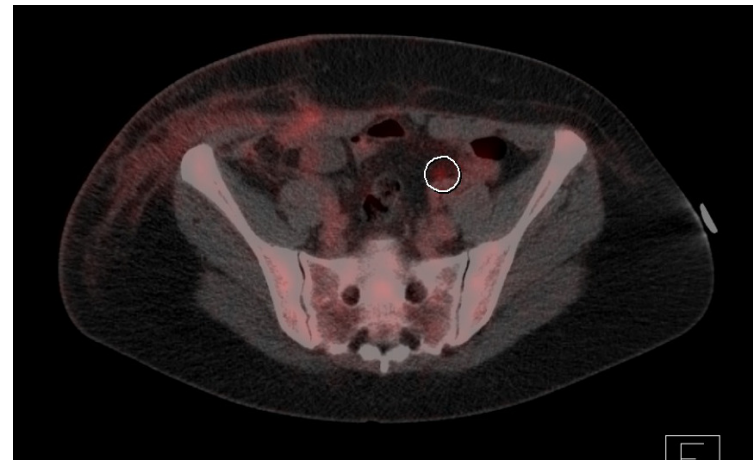
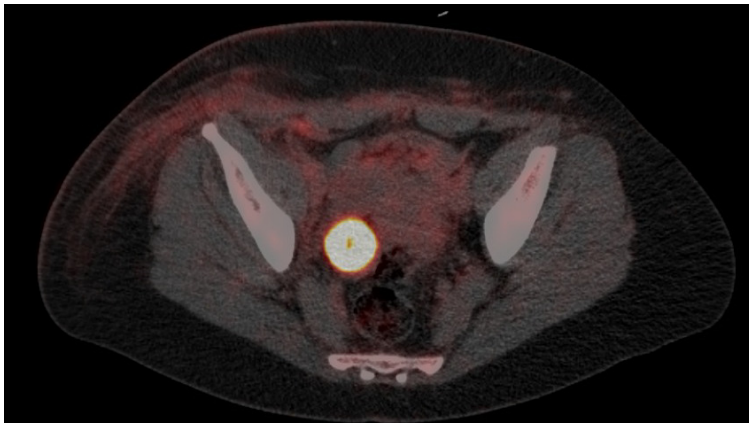
Geneva, Switzerland – Lung cancer patients treated with PD-1/PD-L1 checkpoint inhibitors may be at increased risk of adverse events after receiving the seasonal influenza vaccination, according to the first study measuring this effect¹.

- 23 patients monotherapy anti-PD1
- 52% irAEs, 26% grade 3/4
- Activation of immune system bij vaccination?



Patient X, 42 years

- Stage IV M1c melanoma (normal LDH, low tumor load)
- Started pembrolizumab treatment



Just before 3rd cycle

- Upper abdominal pain radiating to the back. Moderately ill. No fever.
- Examination: no abdominal tenderness

<input type="checkbox"/> Bilirubine Totaal	5	6		3 - 21	µmol/L
<input type="checkbox"/> Alkalische fosfatase	81	92		0 - 120	U/L
<input type="checkbox"/> gamma-GT	31	37		0 - 40	U/L
<input type="checkbox"/> ASAT	20	24		0 - 30	U/L
<input type="checkbox"/> ALAT	28	33		0 - 35	U/L
<input type="checkbox"/> LD	186	169		0 - 250	U/L
<input type="checkbox"/> Amylase		278	H	0 - 100	U/L
<input type="checkbox"/> Lipase		849	H	0 - 67	U/L
<input type="checkbox"/> Albumine	34.0	L 36.8		35.0 - 50.0	g/L
<input type="checkbox"/> CRP	26	H 22	H	0 - 10	mg/L

What would **YOU** DO?

- Withhold pembrolizumab?
- Start steroids?



2 weeks later

- Abdominal pain has subsided
- Red eyes....
- No visual impairment, pain or photophobia



<input type="checkbox"/> TSH	2.4	0.71	0.030	L	0.35 - 5.0	mIU/L
<input type="checkbox"/> Vrij T4	13	17	26	H	10 - 22	pmol/L

- Ophthalmologist: bilateral anterior uveitis (no signs of Graves' ophthalmopathy)
- No symptoms of hyperthyroidism



What would **YOU** DO

- Restart pembrolizumab?
- Start steroids?



Again 2 weeks later

- Diarrhea 5 times a day with (lower) abdominal discomfort
- No upper abdominal pain
- Weight loss (2 kg)



What would **YOU** DO

- Colonoscopy?
- Start steroids?
- Anything else?



Feces portie

<input type="checkbox"/> Elastase	<15	L	200 - 10000	µg/g
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- Started pancreatic enzymes
-> resolution of symptoms



3 months after starting pembrolizumab

- Hypothyroidism -> replacement therapy
- PET-CT: CR



**What
would
YOU
DO**

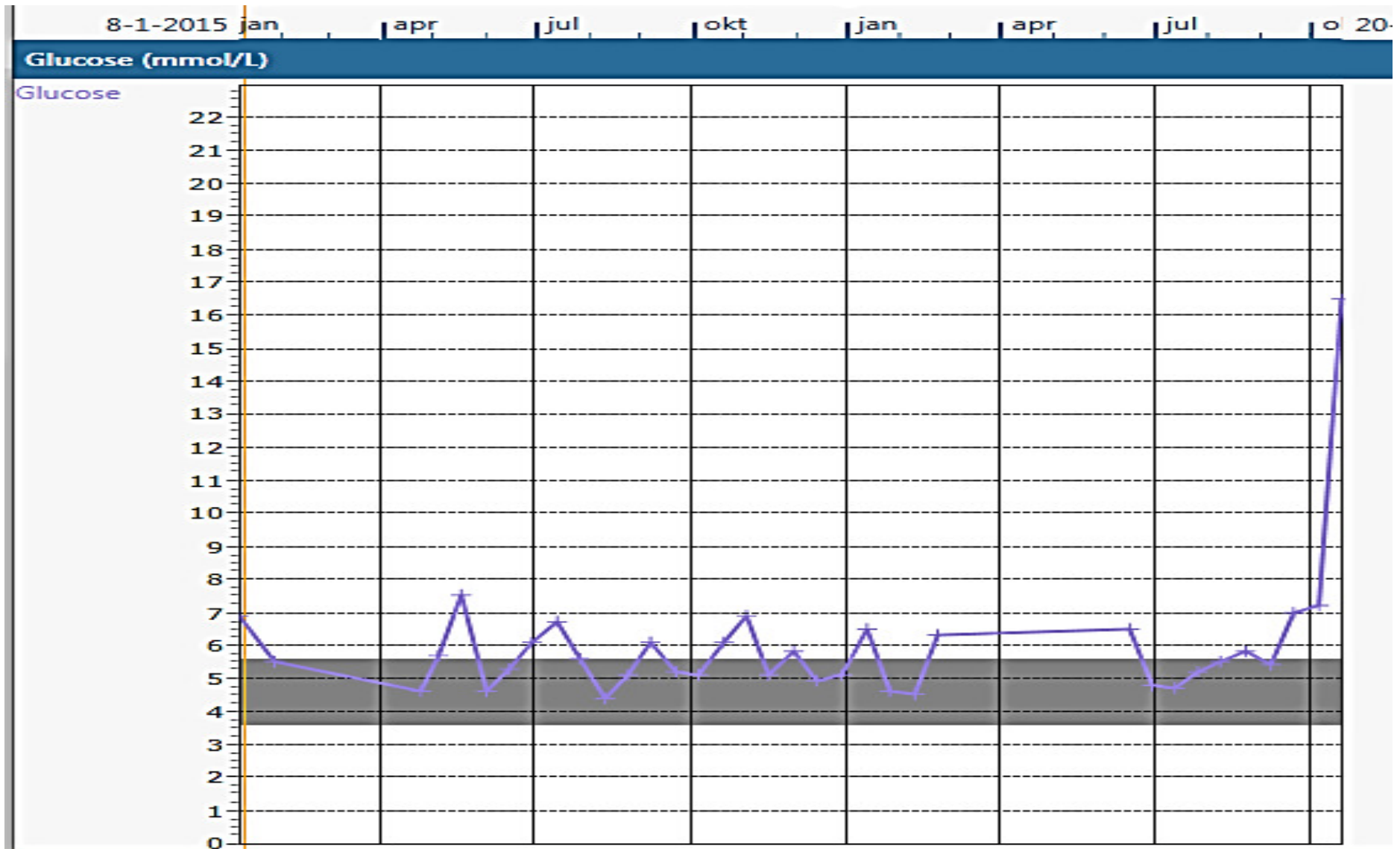


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Patient Y, 61 year old

- Stage IV (M1c) metastatic melanoma treated with nivolumab after progression on 1st line ipilimumab (checkmate 172)
- Partial response after 10 cycles
- After 21 cycles resection growing axillary lymph node metastasis
- Continued nivolumab with stable disease

After nivolumab cycle 39 (19 months)



After nivolumab cycle 39 (19 months)

- Endocrinologie			
- Pancreas / diabetes			
<input checked="" type="checkbox"/> Insuline	8.0	- 27	mIU/L
<input checked="" type="checkbox"/> C-peptide	480	400 - 1500	pmol/L
- Immuun serologie			
- Auto antistoffen - orgaangerelateerd			
<input checked="" type="checkbox"/> anti-GAD65	<5.0	0.0 - 10	IU/mL

- Bicarbonate: normal
- BMI: 37

What would **YOU** DO

- Treat for type 2 diabetes?
- Admit the patients and monitor glucoses?
- Anything else?



One week later....

- Bloedgassen				
<input type="checkbox"/> Zuurgraad (Art.)	7.35	L		7.37 - 7.45
<input type="checkbox"/> Koolzuurspanning (Art.)	27	L		35 - 45 mm Hg
<input type="checkbox"/> Zuurstofspanning (Art.)	113	H		70 - 100 mm Hg
<input type="checkbox"/> Actueel Bicarbonaat (Art.)	14.3	L		22.0 - 29.0 mmol/L
<input type="checkbox"/> Base Excess (Art.)	-11.3	L		-3.0 - 3.0 mmol/L
- Glucose				
<input type="checkbox"/> Glucose	21.9	H		3.6 - 5.6 mmol/L
- Urine				
- Screening				
<input type="checkbox"/> Ketonen			st.pos	neg

- Pancreas / diabetes				
<input type="checkbox"/> C-peptide	132	L	400 - 1500	pmol/L



What would **YOU** DO?

- Start steroids?
- Continue nivolumab?



CASE REPORT

Glucocorticoids did not reverse type 1 diabetes mellitus secondary to pembrolizumab in a patient with metastatic melanoma

Jasna Aleksova,¹ Peter K H Lau,² Georgia Soldatos,^{2,3} Grant McArthur^{4,5}



Take home



- Checkpoint inhibitor toxicity can be unpredictable in many ways
- Consider pancreatic insufficiency as a cause of diarrhea
- Steroid treatment for irAEs does not affect responses
- Data suggest a correlation between irAEs and response in anti-PD1

Future

- Adjuvant treatment → (long term) toxicity even more important
- Better understand toxicity to be able to more efficiently treat it
- Other immunosuppression (e.g. anti-TNF) in first line?





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Predicting nivolumab toxicity?

	Any irAE	Grade 3/4 irAE
All patients	71%	10%
≥ 65 years	73%	15%
≥ 75 years	72%	18%
Prior ipilimumab	69%	8%
Brain metastases	61%	8%
Stage M1c	71%	9%
LDH increased	67%	8%
PD-L1 expression > 5%	80%	14%



Ipilimumab toxicity in patients with autoimmune disorders

Patients excluded from trials

30 melanoma patients with preexisting autoimmune disorders treated with ipilimumab:

- 27% flare
- 33% other irAEs
- 1 patient with rheumatoid arthritis died of colitis



Programmed cell death protein-1 (PD-1) inhibitor therapy in patients with advanced melanoma and preexisting autoimmunity or ipilimumab-triggered autoimmunity.

Gutzmer R¹, Koop A², Meier F³, Hassel JC⁴, Terheyden P⁵, Zimmer L⁶, Heinzerling L⁷, Uqurel S⁸, Pföhler C⁹, Gesierich A¹⁰, Livingstone E¹¹, Satzger J¹², Kähler KC¹³; German Dermatocology Group (DeCOG).

⊕ Author information

Abstract

AIM: Programmed cell death protein 1 (PD-1) inhibitors are a common treatment strategy for metastatic melanoma and other tumour entities. Clinical trials usually exclude patients with preexisting autoimmune diseases, thus experience with PD-1 inhibitor (PD-1i) in this patient population is limited.

PATIENTS AND METHODS: Metastatic melanoma patients with preexisting autoimmune disorders or previous ipilimumab-triggered immune-related adverse events (irAE) undergoing treatment with PD-1i from seven German skin cancer centres were evaluated retrospectively with regard to flare of the preexisting autoimmunity and development of new, not preexisting irAE as well as response to PD-1i therapy.

RESULTS: In total, 41 patients had either preexisting autoimmunity (n=19, group A, including two patients with additional ipilimumab-triggered autoimmune colitis) or ipilimumab-triggered irAE (n=22, group B). At PD-1i therapy initiation, six patients in group A and two patients in group B required immunosuppressive therapy. In group A, a flare of preexisting autoimmune disorders was seen in 42% of patients, new irAE in 16%. In group B, 4.5% of patients showed a flare of ipilimumab-triggered irAE and 23% new irAE. All flares of preexisting autoimmune disorders or irAE were managed by immunosuppressive and/or symptomatic therapy and did not require termination of PD-1i therapy. tumour responses (32% in group A and 45% in group B) were unrelated to occurrence of autoimmunity.

