

Bridestowe & Sourton Extra



March 2019

Issue 202

Contents

- Neighbourhood Plan update *pages 4-5*
- Movie Watch *pages 6-7*
- Bearslake Inn *page 9*
- Riverside Stores *page 11*
- The Wollocombe Estate *pages 12 - 13*
- Bridestowe Churches' news *page 14*
- Okehampton Library news *page 16*
- Adrian Brook *pages 21-22*
- Sourton Round Up *pages 23-24*
- News from the Castle *page 24*
- White Hart *page 26*
- Lydford Gorge news *page 27*
- New advertisers *page 28*
- Forthcoming events *page 40*

THE FRIENDS OF ST. BRIDGET'S

Present

THE EXETER SINGERS

Conductor Tony Yates

&

CANTABILE

Conductor Pippa MacDougall

A local acapella group

TUESDAY MARCH 12TH at 7.30 p.m.

ST. BRIDGET'S CHURCH, BRIDESTOWE

The programme will include a mix of sacred, folk and "Kings Singer" type songs with popular swing songs from the shows plus some Audience Participation!

Tickets £8.50 to include a glass of wine and nibbles.

From Riverside Stores, and The Toy Shop, Red Lion Yard, Okehampton

Enquiries to Georgina Hodgson 01837 86113

BRIDESTOWE METHODIST CHURCH ARK PROJECT

Friday 1st March
at 7pm
Beetle Drive
Fun for all the family



Friday 22nd March
at 7pm
Spring Supper
Sausage and Chips
Various puds



MOOR THAN TORS

RICHARD FOX PHOTOGRAPHIC EXHIBITION

27th November 2018 to Spring 2019 (TBA)

Dartmoor National Park Visitors Centre, Tavistock Rd, Princetown, Yelverton PL20 6QF



*Please don't forget that delicious
BACON BAPS
will be served on
Saturday 30 March
from 10 -12noon at
Bridestowe Village Hall.*

SUGARCRAFT CLASSES

Sugarcraft classes are starting on March 4th at 2pm till 4pm. at Sourton Parish Hall.

Come and have a enjoyable afternoon, making things out of sugar and also out of cold porcelain.

You don't have to just make flowers for cakes, there are a lot more things to make.

More details from Geraldine on 01837861414, or email geraldinejury1950@gmail.com.

Come and have a try!

Please let me know if you are interested and I can tell you all about it.

BOOK CLUB

The next meeting of Book Club will be at the White Hart(again) on Thursday March 7th at 7.30 p.m. We shall be discussing John Grisham's *The Racketeer* and other reads we have enjoyed.

Due to a clash with the 'Call My bluff' evening on April 4th, we'll need to rearrange the Book Club date, just for that month. Please come with your suggestions/diaries.

Contact person: Ann Allan on 861551



The Thursday Morning Group Contact person: Ann Allan on 861551.

This month's coffee morning will be hosted by Sheila and Kris at 15 Trescote Way. That's on March 28th at 10.30am.

Don't forget to bring a small raffle prize.

"I am neither especially clever nor especially gifted. I am only very, very curious."

Albert Einstein

Bridestowe Ram Roast 2019 on Saturday August 3rd

The next meeting to organise our annual community event is on Wednesday 20th March at 7.30pm in the White Hart



Saturday 2nd March from 2.00 pm at Lewdown Victory Hall. Proceeds to LewTrenchard School. Items may be dropped off beforehand at the school office. Tel 01566 783273

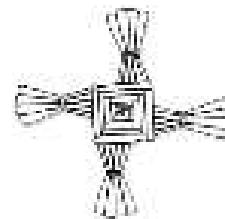
St. Bridget's Church Flowers Easter Lilies Remembrance Fund

The sum raised last year by people giving to our Fund for lilies to remember loved ones at Easter was enough not just to provide the lilies but also almost enough to cover the cost of giving £10 to each of our gallant band of flower arrangers towards the cost of their flowers.

We would like to repeat it this year so if you would like to contribute to the Flower Fund at Easter and to have the names of your loved ones on the card of Remembrance which is placed on the altar, please pop your donation into an envelope with a note of the name/s and give it to any PCC member or hand it in at The Vicarage.

This will enable us not only to have lilies at Easter but also to continue to contribute to the cost of flowers throughout the year. Thank you for your part of keeping St. Bridget's looking beautiful and loved.

Jenny Reynolds 01837 861678



Live music at the Wharf...

Kick Up the 80's

Saturday 23rd March at 8.30pm

The UK's Premier 80's tribute, Kick Up The 80's, playing some of the biggest hits of the 80's, the band produce authentic recreations of bands such as Wham, Duran Duran, Madness, Frankie Goes To Hollywood, Soft Cell, Tears For Fears, Spandau Ballet, The Jam and many more.

The band have previously appeared with 80's favourites ABC, Go West and Limahl (Kajagoogoo). With tongue firmly in cheek, the party atmosphere is bolstered by "guest appearances" from George Michael, Freddie Mercury and Bon Jovi to add to the party atmosphere of a Kick Up The 80's show and will keep everyone dancing all night.

So if you remember New Romantics, Rubic Cubes, Box Jackets, "Frankie Says" t-shirts or are discovering the decade's music for the first time, then Kick Up The 80's will have you partying like the 90's never happened.

Tickets £16

PILATES

BEGINNERS / LEVEL 1

Instructor Elize Robinson

£5 per session attended

Call 07596 522028 to book your place or enquire

Please note Monday's Pilates session begins at a slighter later time of 9.15am.

Want to be ahead of the game? Read BaSE on line in wonderful technicolour too. BaSE goes up on both parishes' websites as it is being printed. Impress your friends with your upto date knowledge of what's in the pipeline.

Two readers already receive their copy by email.

Bridestowe and Sourton Neighbourhood Plan: Update.

We are pleased to say that the Neighbourhood Plan is now in the final stage of preparation for submission.

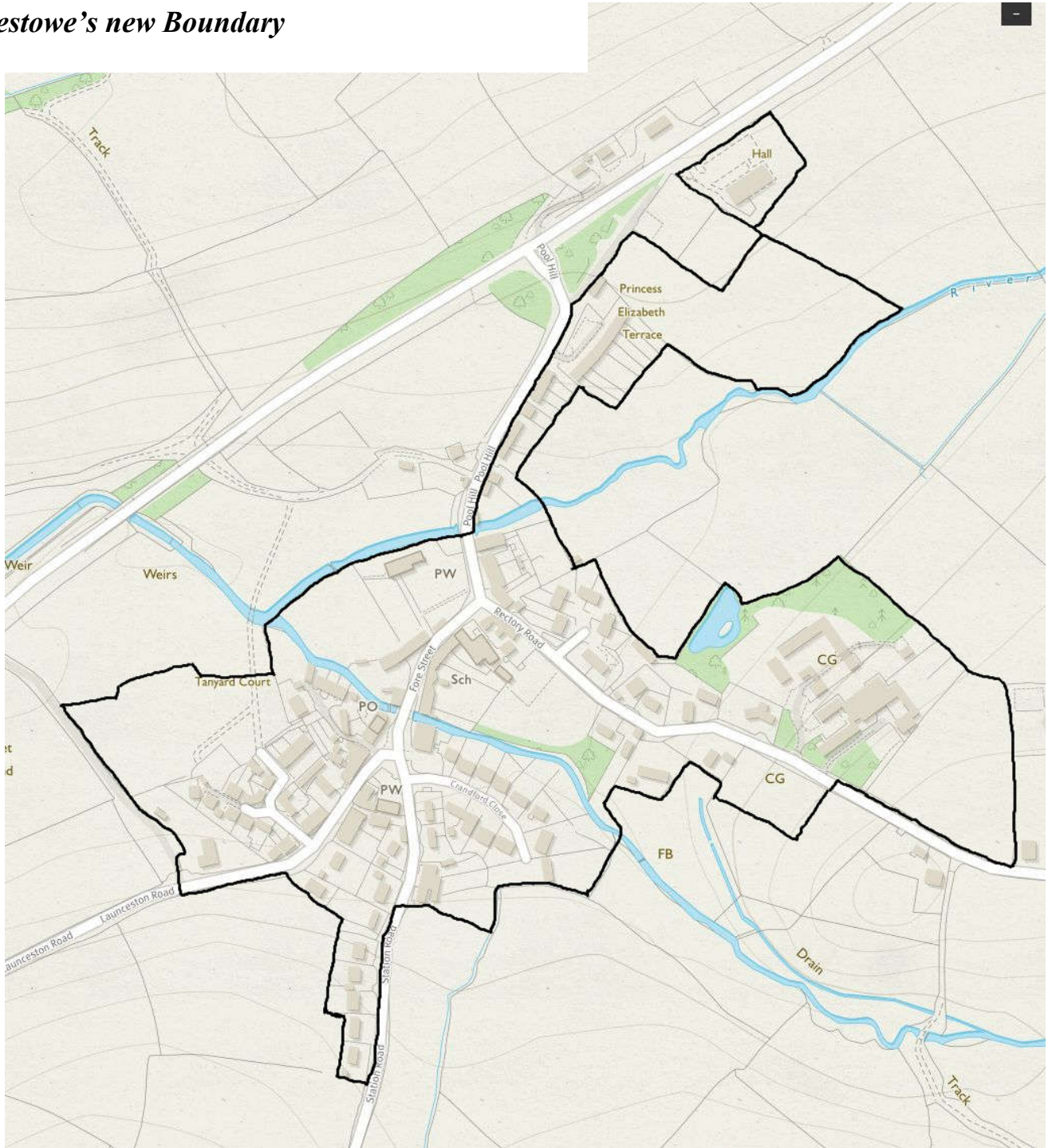
After very wide consultation, and considerable input from local people and the Planning teams at West Devon and Dartmoor National park, as well as guidance and professional assistance from a team of Planning Experts that we employed to ensure the draft Plan meets all the requirements, we have prepared what we hope is the FINAL version of the Plan. This will be submitted in late March.

We have made some minor changes from the version of the Plan submitted for consultation to the Parish Councils and local population in late 2018, and this is the last opportunity for local residents to express their views on the Draft plan before the final version is submitted to West Devon Council and their appointed Examiner.

The final version of the Plan can be viewed on the Bridestowe and Sourton websites, or in Bridestowe Post Office.

No changes have been made to the Sourton part of the Plan.

Bridestowe's new Boundary



The changes we have made to the Bridestowe part of the Plan are:

The Bridestowe Development boundary has been changed, to include the boundaries of the two sites that have already been given planning approval (South side of Pig's Leg Lane, and Town Meadow).

The Development Boundary also includes two proposed new sites put forward by the landowners (The site adjacent to the cemetery and the site to the North of Pig's Leg Lane adjacent to Springfield Residential Home (a site for sheltered housing for the elderly)).

The third additional site in Bridestowe proposed by the landowner for development - to the North West of Pool Hill - has not been included within the Development Boundary on the advice of the Planning Department. As this site is very close to and overlooks the village Conservation Area and the Church (which has a 2* listing) the opinion of the Planning Department is that building on this site would be very unlikely to be given Planning approval, and thus its inclusion in the Neighbourhood Plan as a site for presumed development would be potentially misleading and thus unacceptable to the Local Authority and the Plan Examiner. As this site is adjacent to the Development Boundary this decision does not prevent the Landowner from seeking future planning approval under Policy H4 of this Neighbourhood Plan (Rural Exception sites).

We are keen to receive any comment or suggestions on the Final version of the Neighbourhood Plan. If you have any comments or suggestions, please send them on the form below to be received by March 21st.



Comments on Bridestowe's Development boundary :

Please return to Riverside Stores by March 21st. There's a posting box for your forms.

MOVIE WATCH February 2019

February and March are invariably the months during which local cinema goers need to keep their eyes open and the New Carlton website under regular review.

This time last year we were presented with four of the year's best titles, in **Darkest Hour** and **The Post**, closely followed by **Three Billboards** and **The Shape of Water**. Most of these appeared in the listings with limited notice, after performing strongly at the annual awards ceremonies.

At the time of writing, we've already had the Golden Globes and the BAFTA Film and TV Awards, while Oscar winners will be revealed as BaSE goes to print. The New Carlton schedule will remain flexible, hopefully to accommodate any surprise winners.

Bohemian Rhapsody was the big winner at the Golden Globes, with **Roma** (Best Film) and **The Favourite** (Best British Film) leading the way at the BAFTA ceremony. **Roma** is hot favourite to take Best Picture honours at the Oscars, despite Netflix acquiring the rights and granting the title only very limited cinema distribution.....certainly not including Okehampton!

But we still managed to see two films during the month, with a third just failing to beat the BaSE copy deadline.

Green Book is a delightful, low-budget American comedy-drama, starring the little-known (to me, at any rate) duo of Viggo Mortensen and Mahershala Ali and receiving a raft of Best Film nominations. Set in 1962, the film is inspired by the true story of a tour of the Deep South undertaken by African-American classical and jazz pianist Don Shirley (Ali) and Tony Vallelonga (Mortensen), an Italian-American bouncer who served as Shirley's driver and bodyguard.

The film is named after The Negro Motorist Green Book, a guidebook for African-American travellers, intended to help them find motels and restaurants where they might be accepted.

Apart from navigating their way through the powder keg of the 1960's Deep South, Tony's main task is to cure Don of his appalling snobbery and lack of self-awareness, while Don must address Tony's inherent racism and all-round ignorance. It doesn't sound great but they make an immensely likeable couple who teach one another a great deal and end up remarkably close.

The film is entirely predictable, clichéd and skirts around major issues, including not just race but also class and sexual identity. Having said that, it's hugely watchable and entertaining. We loved it. Confidently recommended.

Can You Ever Forgive Me? is an even lower-budget American biographical film, based on a confessional memoir written in 2008 by Lee Israel.

The film stars Melissa McCarthy as a penniless Israel, with the story following her desperate attempts to revitalise a catastrophically failing writing career by forging letters from deceased authors and playwrights.

Lee is assisted in her criminal pursuits by part-time drug dealer Jack Hock (Richard E Grant), who helps sell the excellent forgeries into a range of unsuspecting Upper West Side book shops. Grant's interpretation of a declining, outrageously gay, figure swanning around Manhattan, contrasts perfectly with McCarthy's understated portrayal of the splendidly dumpy Lee. Her gloriously shapeless haircut is augmented by a seemingly endless procession of V-neck sweaters, each somehow more baggy than the last. Maybe it's just me but despite the inherent criminality, coupled with her unremittingly miserable demeanour, I found it impossible not to warm to her character.

To say they make an unlikely pair hardly does them justice. Together, they share an argumentative, but increasingly warm, relationship. There is a marvellous seediness to the pair, together with the bookshops and bars they inhabit. Not unlike Brooklyn and Carol, Director Marielle Heller manages to convey a wonderfully evocative atmosphere of a wintry New York.

This is a fine film. It won't feature at the Oscars ceremony but is nevertheless deserving of recommendation. I should catch it if you get a chance.

Our third film of the month will be **If Beale Street Could Talk**, set in 1970's Harlem and another Oscar contender. This one should run into March at the New Carlton, along with the likes of *The Lego Movie 2*, *Instant Family* and *Colette*.

Captain Marvel (Brie Larson, Samuel L Jackson, Jude Law) opens locally on Friday 8th March and, if you like that sort of thing, you'll know all about it. I very much hoped that **Vice** (Christian Bale, Amy Adams) might appear but the moment for that one may have passed.

Mostly though I should check the listings and see what appears. If nothing else, you can be amongst the first to check out the embellished facilities at our already excellent local cinema.

David Harrison
February 2019

POTTING SHED CERAMICS - CLAY WORKSHOPS 2019

Throughout the summer of 2019, I will be running hand building in clay weekend workshops at my pottery in Lewdown, Devon. There will be a garden theme and suggested topics are 'pinch & coil' garden pots, bird baths/feeders, decorative plaques, house signs, wind chimes, mobiles, sculptures.....

Dates are:

April 27th & 28th	May 18th & 19th
June 15th & 16th	July 13th & 14th
August 10th & 11th	

Courses will run from 10am – 3/4pm on both days, with coffee and biscuits, a light lunch and tea and cake provided.

Price for the weekend course is £110 including all materials and your finished pieces once glazed and fired.

Places are limited to four people per course. Beginners very welcome!

If you would like more details or to book please contact me on 07794 532961 or email g.f.lee@hotmail.com

Would you like to book Bridestowe Village Hall?

Here's how to do it!

1. Check the online calendar but remember some bookings can be moved to accommodate others, so always contact the bookings clerk by calling **01837 861777** or emailing bvh@bridestowe.org.uk
2. Once you know the date/time you want is available, please collect or download a booking agreement from www.bridestowe.org.uk
3. Send or drop the agreement in to the Bookings Clerk. [You will be advised if you need to pay a deposit.]

All the details you will need are in the agreement. You will then receive confirmation by email or phone along with details for getting into the hall on the day.



St Thomas a Becket, Sourton - Electoral Roll 2019

A new Electoral Roll has to be drawn up in 2019 and anyone who would like to be on this has to complete an Electoral Roll form which can be obtained from the Electoral Roll Officer for the Parish. The new Roll has to be completed by the end of March so that it can be displayed for 2 complete weeks before the Annual Parish Meeting which will be held in April 2019.

Membership of the Roll is open to those who are resident in the Sourton Parish or who regularly worship at St Thomas a Becket Church, Sourton, even if they live outside the Parish. A person may be on 2 Rolls, the Parish of residence and the Parish of regular worship. To be on the Roll a person must be over 16 and have been baptised.

The Electoral Roll Officer for the Parish of Sourton is Mrs Ruth Humphry, Thorndon Farmhouse, Thorndon Cross, Okehampton, EX20 4NG. Tel: 07967357505

Have you ever thought 'I'd like to try to play a musical instrument but I'm not sure if I could'?

Stannary Brass Band would like to invite you to their free

Have A Go workshops

A free, fun session for anyone to come and play in a relaxed atmosphere, with a professional music teacher and band members to help you. Absolutely no experience needed. All ages welcome from 6 years - no upper limit! Bring a friend!

Saturday 16th March 2019

At 11.30 a.m. and 1.00p.m. (each session up to one hour but drop- in also welcome)

At Guide Hall, Canal Road, Tavistock (in the corner of Bedford Car Park)

If you enjoy this taster session Stannary Brass Band would welcome you to their Beginners Group or Training Band, with free instrument loan, and lots of support. We are also running 3 free, one-hour workshops for beginners and returners to music in March/ April; contact us for details.

To book your place please ring

01822 841330 or email stannarybrassband@outlook.com – or just drop in, we'd love to see you.

Workshops supported by Devon Community Grants.



The museum re-opens on

Monday 25th March

Opening times:

Monday - Friday 10am - 4.15pm

Saturday 10am - 1pm



Devon Food Movement Spring Pop Up Restaurant at the Bearslake Inn

Thursday 14th March 2019 - 7pm

Tickets: £35 food ticket

Our third collaboration between Bearslake Inn and the Devon Food Movement will see Luke Fearon our Bearslake Inn Chefs going head to head to produce hyper-local, hyper-seasonal and untamed Devon food. This event will be following the 'Five Mile Food' challenge and the chefs will produce dishes using prime ingredients from the local area. Set in such a beautiful and rural location as this the chefs shouldn't have to work too hard to find amazing and uniquely Devon ingredients.



JOIN US
FOR
MOTHER'S
DAY
Sunday
31st March

MOTHER'S DAY MENU

Seasonal Soup of the Day £5.95 • Pan Fried Scallops £10.50
Tarte Tatin of Wild Fennel (v) £6 • Slow Cooked Pork Belly £6
Smoked Salmon Mousse £7

Roast Leg of Lamb £14 • Roast Rib of Beef £14
Roast Shoulder of Pork £12 • Fillet of Dover Sole £15
Seasonal Vegetable Cannelloni (v) £10.50

Gooey Chocolate Fondant £8 • Raspberry & Pistachio Roulade £6.50
Blood Orange Tart £6.50 • New Season Rhubarb Bavois £6
Apple & Cardamom Crumble £7 • Bearslake Cheese Board £8.50
Selection of Ice Creams £6.25



Bearslake Inn, Lake, Sourton,
Nr Okehampton, Devon EX20 4HQ
01837 861334 • www.bearslakeinn.com



13th century traditional inn - full of charm, where a warm welcome awaits

Bloodwise

Beating blood cancer since 1960

Come & browse & buy & enjoy a coffee & our usual home made cakes. Raffle. Free entry There is something for everyone. Contact Mary Tomes 01837 871541 or poppetmary@gmail.com

CD & DVD SALE

Saturday 30th March 10-12md
The School Room Bratton Clovelly
Dvds & Cds all in good condition & reasonably priced.

Can you help?

Has anyone got any CROCHET PATTERNS that I could borrow?

I am looking for fine cotton patterns that must have a church theme.

I promise to look after them. Please get in touch -

GERALDINE JURY 01837 861414 O R Email geraldinejury1950@gmail.com.

Thank you

The Over 60's Luncheon Club will meet on **Tuesday 12th March**. Meeting at 12 noon with lunch at 12.30pm.
Apologies to Jenny Reynolds 861678 or Ruth Maddaford 861402.



Bridestowe Parish Council

On **Thursday 14th March 2019** there will be a full parish council meeting. This will be preceded by a Parish Meeting when members of the public will be invited to raise matters and ask questions of councillors. Meetings commence at 7.30 pm in Bridestowe Methodist Church.

Further details of agendas and minutes for Bridestowe Parish Council meetings are displayed in the bus shelters and noticeboards in the parish, or on the Bridestowe web site at www.bridestowe.org.uk

Contact details for Bridestowe Parish Council: Pete Daniels (Parish Clerk), 4 Trescote Way, Bridestowe. EX204QB. Tel; 01837 861244.

Email bridestoweparishcouncil@yahoo.co.uk

Fairtrade Fortnight Events

Monday 4th March Come along and meet the Fairtrade banana farmers, Veronica Browne and Simeon Greene MBE from the Windward Islands. Free event 3:30-5:00 at Fairplace Church. Short talk followed by tea and cake. All welcome.

Saturday 9th March Food and Film night at the Ockment Centre Hall 6:30 for a Vegetarian feast provided by the Harvest Farmers Co-op. Main film 'Can Trade Lift People Out of Poverty'.

Tickets £7:50 available from the Harvest Farmer's Shop in Red Lion Yard or online at www.harvestworkerscoop.org.uk



Please remember to pick up after your dog. Once bagged can you put it in the bins provided or take it home. There have been one or two reports recently of dog excrement and bagged poo in Bridestowe village.



Advance notice...

The Red Spider Company presents...

Dangerous Corner by J.B. Priestley

Directed by Alan Payne

Lewdown Victory Hall

Thursday 11 April to Saturday 13 April 2019

Tickets available from: tel. 01837 871625



Riverside Stores & Post Office
Bridestowe,
Okehampton,
Devon, EX20 4EG

T: 01837 861321

riversidestores@hotmail.com



One Year In!!!!

January the 9th 2019 marked our first full year here. Thank you to everyone who continues to support the village shop and Post Office. Without your continued business we wouldn't survive, so it's important to us and the village that the community continue to shop here and use the services of the Post Office. Hopefully we may also see some new faces in 2019 as well!

Our ongoing efforts to reduce plastic.

Zero usage of plastic would be the ideal. We have made a huge effort to reduce plastic where we can and so have our suppliers. We stopped selling plastic bags as soon as we arrived, instead providing recyclable brown carry bags & fruit and vegetables bags.

Our suppliers are listening to their customers and the general public and are introducing compostable packaging. As an example Foxcombe Bakehouse who provide our cakes and biscuits are now introducing packaging made from compostable film, a product called Natureflex, so the single use plastic boxes and bags will be no more and replaced with newly designed cardboard boxes and Natureflex.

There is still the argument over plastic milk containers. Whilst glass seems an obvious choice, the issue is the cleaning and distribution of glass which adds CO2 to our atmosphere (more lorries on the road as bottles take up more room and so on). We continue to discuss this with our dairy supplier.

Telephone orders.

We are happy to take orders for any supplies, whether groceries, fire supplies, vegetable boxes, milk or papers. Please call us as we endeavour to deliver no matter what the weather and we are very lucky to have 3 dedicated drivers who battled through the snow recently to get to as many customers as they could.

Loyalty cards.

Don't forget to pick up one of our loyalty cards in store. The 10th spend over £5 provides £2 off your shopping and is entered in our monthly prize draw to win a £12 vegetable box.

Vegetable boxes.

£6 provides a box/bag of seasonal produce. Our £12 offering also includes 6 free range eggs, a pack of bacon and a small loaf of your choice; white, granary, seedy or wholemeal.

New products

We do have requests for products that we sometimes do not stock, or perhaps we have in the past. Additional items now in store include; Robinsons Jellies, Mixed Herbs and Pesto. If there are products you'd like to buy, then let us know, if there's enough demand we will stock it!

A big thank you to all our customers who continue to support Riverside Stores and Post Office

Many thanks to you all. Colin, Michaela, Tom, Vicky, Carl, Tim and Rod

Monday - Saturday 8am - 6pm Sunday 9am - 2pm

Although the Wollocombes may have sometimes thought otherwise when they had difficulty letting both ground and house together, Great Bidlake was their most valuable asset. In the nineteenth century one of the factors often advertised when trying to let or sell land in West Devon was proximity to lime kilns. Burnt limestone was a valuable fertiliser on local soil types. So when Bidlake was offered for sale in 1876, one of the selling points was that it was within a mile of two lime kilns. Was that the two kilns at Blue Meadow, or did it include the set at Stone or Coombow?

I think possibly the pair at Blue Meadow as they would be closest. The quarry there was much smaller than the other two and appears to have been largely ignored unless it was worked as part of Coombow. I have never found any kilns at the latter, but assume there must have been. The cottages this side of the footbridge, which have disappeared in the last sixty years, were called Limers Hole and was the residence of the lime burner, an important person in the production process. Although Woodfordham, Slyer's Hill and Woodhead survive there were once many more homes in the area populated by quarry workers.

Once the small limestone outcrops were exhausted the quarrymen had to dig deeper to extract the stone from below ground level and one of the problems was the ingress of water and the danger of flooding. Another factor which led to their demise was the coming of the railway and the ready availability of other artificial fertilisers. From mid nineteenth century the industry seems to have been in decline, although some struggled on until the end of the century. By 1871 the house at Blue Meadow was occupied by a farm labourer and few men are listed as quarry workers, so unless there was a temporary lull business was not very brisk. Apart from the ruined kilns and the site of the inclined plane where the stone was hauled up the hill to the kilns from the quarry, the possible site of a waterwheel in the valley and of course the quarry itself there is little to show for this once thriving industry.

By 1909 the quarry was reported as being disused. By 1912 nature had reclaimed the site. If the local fox hounds met in the vicinity the squire often sent his gamekeeper to stop up the earths to prevent the foxes entering. In 1912 the squire organised a badger dig for those of a like mind, with refreshments provided. In March 1914 at a similar event brock had some measure of revenge. After the terriers had been sent underground and while the bystanders were listening for sounds of movement in the sett there was a large fall of earth and rocks from above. Two men were trapped, one had to be dug out and was seriously injured. In the rudimentary nature of those days he was placed on a field gate and carried to the road and transported from there by car to Tavistock. The rest of the party, including the squire and my uncle Bert were swept off their feet but only received superficial injuries.

One place which the owners didn't have to bother about letting was the blacksmith's shop at Coombow. This was worked by the Alford family for over a hundred years until the need for local blacksmiths made the business unviable. When the third generation of Alford blacksmiths died out in 1936 the business was taken on by Willie Simmons whose mother was an Alford prior to her marriage. He had lived most of his life at Coombow and had been apprenticed into the family business. Apparently he had been a useful fiddle player in his younger days. Shoeing horses was only one of a village blacksmith's skills. They not only repaired agricultural machinery but were able to make things like harrows and cultivators from scratch. I once came across such an implement, rusty and long discarded, but clearly plated with the

makers' name, Alford Bros Coombow.

Just along the lane from the Forge was the Mill. This was a water powered corn mill driven by water taken from the River Lew below Great Bidlake and brought by leat to power the overshot wheel. In 1886 Robert Hockaday was the tenant, but 5 years later when Revd. Wollocombe was looking for someone else to take it on it was stated that it was to be rebuilt and fitted with the best machinery, which suggests that it had seen better days and again in 1897 it was offered as separate from the smallholding, so may have been disused by then. John Newton lived there for fifty years. His son Bill was a wheelwright and carpenter so may have worked with the Alfords. Eventually the premises were taken over by Roger Wollocombe, the owner and his wife and they developed the gardens and on occasion opened them to the public in aid of charity. It is likely that Little Bidlake was always a separate farm, sometimes occupied, sometimes not. In 1883 the tenant, John Heywood, was committed to Exeter Gaol for debt. His creditors were paid twelve shillings and eightpence three farthings in the pound before he was released. After various attempts the property was eventually sold, but it is unclear when. George Northcott was certainly farming there in 1898, having left his father as tenant at Diggaport. At the 1901 census he was living there with his mother, Sarah and grandfather George Vicary. A young John Voyzey was working as a cow boy. The following year George married Edith Ash from Way Barton when her brother John, who died as a Chaplain in the First World War, returned home from Circuit duties to perform the ceremony. In 1907, when the farm was to be let from Lady Day George was still the tenant. It may be that he bought the farm then. It is thought that he moved to Town Farm in Bridestowe in 1910. He was certainly there by 1911 along with his wife and two Voyzeys, one working outdoors, one inside. His grandfather had been killed when part of a wall collapsed on him during the construction of the new chapel. In 1934 he sold the farm at Little Bidlake to Sylvia Calmady-Hamlyn, possibly when she returned to Bridestowe from Buckfast. She was a well known breeder of Dartmoor ponies and also kept a herd of Jersey cows. In 1939 she was living in the recently built cedar wood house and remained there until moving back to Buckfast in 1945 when John Down and his family moved into the farm from Ebsworthy and Cedar House was sold to Fritz King, a retired Bank manager. His daughter ran the Girl Guides until she returned to nursing and son Spencer later ran the Lamerton Hounds.

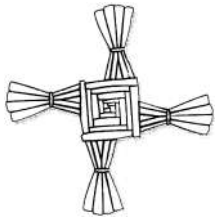
Sylvia Calmady-Hamlyn's exploits might fill an article on their own. She was certainly an active worker for causes she believed in and a generous benefactor to the places she looked on as home. I believe a study into her life is being made elsewhere.

Red Nose Day - Friday 15 March

Since its launch in 1988, Red Nose Day has become something of a British institution. It's the day, every two years, when people across the land get together and raise money at home, school and work. Comic Relief spends the money raised by Red Nose Day to help people living tough lives across the UK and internationally.

**Don't forget
the clocks go
forward at
1.00am on
Sunday 31st
March**





Bridestowe Churches Partnership



News from Bridestowe Methodist Church

Many thanks to all of you who supported our Winter Warmer event with Soup and Rolls and Silent Auction. It was a great success and much fun. During the day over £600 was raised towards our ARK Project.

We continue in our fund raising for the Ark Project in March with a **Beetle Drive on Friday March 1st at 7pm**. Fun for all the family - coffee and tea and biscuits. On **Friday March 22nd we are holding our Spring Supper** of sausage and chips with puddings, at 7pm. With entertainment by local acts to follow.

On April 4th Call my Bluff - more details next month.

Methodist Church are running a Lent Course following the "Talking Jesus" course. The course starts on Monday 11th March and the first session will be lead by Rev Liz Singleton. We will meet at Bridestowe Methodist Church and we start at 7.30pm, all are welcome - we have invited the local Anglican Church too. The Joint Advent course was well supported so do come if your church is not holding their own course. It is a six week course and Rev Liz hopes to take one other session

Services

Friday 1st March: World Day of Prayer at 2pm in the Methodist Church. Open to all.

Sunday 3rd March Joint Service at the Methodist Church at 11am with Rev Liz Singleton - Café Church

Sunday 10th March 11am Methodist Church Service with Deirdre Madders

Sunday 17th March 11am Methodist Church Service lead by Bridestowe Worship Group

Sunday 24th March 11am Methodist Church Service with Dale Sutcliffe

Sunday 31st March 11am Joint Service for Mothering Sunday with Angela Banfield.

All services followed by coffee and biscuits - do join us for any of the above if you can.

St Bridget's Church Services in March

3rd Joint service at the chapel	11.00am
6th Ash Wednesday service with ashing. Bratton Clovelly	7.30pm
10th Morning Prayer	9.30am
17th Holy Communion (said BCP)	8.00am
Messy Church	9.30am
24th Morning Prayer	9.30am
31st Mothering Sunday Benefice Service at Lydford	11.00am

NB. there will also be a Mothering Sunday service at the chapel at 11.00am

Lent Events Programme 2019

16th March Light Labyrinth at Sourton 7.00pm
Walk the labyrinth lit by candlelight- a relaxing and meditative experience.

23rd March Lent Lunch at West Burrow Farm
EX20 4JJ. 12.00 – 2.00pm

A social occasion with a light lunch by kind invitation of Mr. and Mrs. North.

30th March Grave Talk, Nicholls Hall, Lydford,
10.00am-12.00pm

An informal discussion about that most difficult of subjects; death and dying. Refreshments provided.

6th April Listening Skills Workshop,
Bridestowe Village Hall 10.00am-12.00pm

St. Bridget's Church Bells

The bells may be rung as follows: each Friday between 19.00 and 21.00 and for services in the church.

For more information or to come along and have a go contact Bill Thirtle on **01837 861256**



Friends of St Bridgets (FOSB)

Here are our contact numbers if you would like further information Friends of St Bridget's do not have a chair but rotate the duty amongst the committee.

Membership secretary	Georgina Hodgson	01837 861183
Treasurer	Bill Thirtle	01837 861256
Secretary	Jo Fleming	01837 861684



The 59 Club - supporting Bridestowe's village hall

February

2nd	20	unallocated
9th	12	Geoff Allan
16th	12	Geoff Allan
23rd	57	unallocated

No blunders to report this month.



We are approaching the renewal date (1st April) for membership and I will be circulating forms again. Please consider rejoining/ joining. You can pay the whole sum of £52 for the year or go for 2 payments of £26.

I have not managed to recruit the same number of members as Tim Thorne did but I am trying hard. Your annual contribution goes entirely to maintaining and enhancing our lovely community building

Alison Young 01837 861157 ali.young53@btinternet .com

March Events at Okehampton Library

Wednesday 6 March 10:00-11:00— 'Tiger Who Came to Tea' party

Celebrate the 50th Anniversary of Judith Kerr's story with us. Story, followed by activities and tea party. Suitable for children under 5 and their carers. Free, donations welcome. Chance to win a copy of 'The Tiger Who Came to Tea'

Thursday 7 March 10:00-15:00 —World Book Day - 'Meet the Authors'

Several authors will be here to chat about their work and how they got published. Copies of their titles will be available to purchase and to be signed by the authors. Further details available from staff. Free event. Refreshments will be available, donations welcome

Thursday 7 March 15:45-16:30—World Book Day - Stories and Games

Celebrate stories. Love Reading. Join us for some World Book Day stories and games. Suitable for children age 5+. Free, donations welcome

Saturday 9 March 10:00-12:30—Family Lantern Workshop with Wren Music

Entry by donation, children over 8 and families welcome

Wednesday 20 & 27 March 10:00-12:30 - Basic Computer Training

Are you confused by computers? Sign up to our free IT sessions for beginners! The sessions will be delivered by Elite Training South West. This course runs over 2 sessions - booking essential

Friday 29 March 09:45-10:45 - Mother's Day Story & Craft

Story and craft for under 5's and their carers, to celebrate Mother's Day. 50p per child - no booking necessary. You are welcome to arrive early and have a cuppa, only 50p per cup.

REGULAR EVENTS

adults

Every Tuesday 13:30-14:30- Knit & Natter

Bring along your knitting, stitching, crochet or other portable project, for a chat with like-minded crafters. Tea and coffee available at 50p a cup.

Children

Tuesdays 10:00- 10:30 - Bounce & Rhyme for over 1 year olds

Free, no booking necessary

Tuesdays 11:00-11:30 - Bounce and Rhyme for under 1 year olds

Free - no booking necessary

1st Tuesday of the month - Bookworms Book Club for ages 7 - 11

(except Aug/Sept) 15:45 - 16:45 Free - no booking necessary

Wednesdays 09:30 - 10:15 - Duplo Builders & Storytime for ages 0-5

Free - no booking necessary

Saturdays 10:30 - 11:30 Lego Builders for ages 5+

Free, no booking necessary

Book Track for ages 6+ during library opening hours. Free, ask staff for further details.

Children under 8 must be accompanied to all events by a responsible adult.



Opening hours:

Mon 09:00 - 17:00

Tue 09:00 - 18:00

Wed 09:00 - 13:00

Thu 09:00- 17:00

Fri 09:00 - 18:00

Sat 09:00 - 13:00

Bridestowe Queen Bees

Our February meeting on Thursday 28th takes the form of a trip to the Manor Hotel to make greeting cards or candles.

On **Thursday 21st March** at 7.30pm in the Margaret Moore Suite at Bridestowe Village hall we will have a talk on the Devon Air Ambulance Trust.

New members are always welcome to join us.



RHS Garden Rosemoor, EX38 8PH Peter Newell Acrylic Marine Scenes Exhibition

2nd March - 31st March, 10.30am - 4pm

The artist will be attending on Saturday 16th March.

Discover a beautiful selection of varied marine scenes by Peter Newell at the RHS Garden Rosemoor Acrylic Marine Scenes Exhibition.



On leaving the Slade in 1981 Peter ran a commercial sculpture studio for about twenty years. In the last few years within his sketchbooks, he has generated ideas that have developed into a large body of work consisting of paintings, drawings and prints reflecting several personal interests. Now living in Bideford his material has extended to include subjects from our industrial past and our declining maritime industry. This interest particularly focuses on the old ships, boats and other objects to be found around the quay at Bideford. Their dents, rust and unusual physical additions hint at their own individual histories.

Top 10 gardening jobs this month

It's time to get busy preparing seed beds, sowing seed, cutting back winter shrubs and generally tidying up around the garden.

1. Protect new spring shoots from slugs
2. Plant shallots, onion sets and early potatoes
3. Plant summer-flowering bulbs
4. Lift and divide overgrown clumps of perennials
5. Top dress containers with fresh compost
6. Mow the lawn on dry days (if needed)
7. Cut back Cornus (dogwood) and Salix (willow) grown for colourful winter stems
8. Hoe and mulch weeds to keep them under control early
9. Start feeding fish and using the pond fountain; remove pond heaters
10. Prune bush and climbing roses

www.rhs.org.uk



Would you like to book Sourton Parish Hall?

Sourton Parish Hall has good facilities and would be suitable for a variety of functions and meetings. It offers a large hall, kitchen, disabled toilet, committee room and large stage. It has disabled /wheelchair access with ramped entrances.

To book or for more information contact Geraldine Jury 01837 861414 or Chris Heron 01837 861523
email: sourtonvh@gmail.com

Website - www.sourtonvillagehall.org.uk

Facebook - Sourton Village Hall SourtonVH

Okehampton U3A - University of the Third Age

The next meeting will take place at the Ockment Centre, North Street at 2.30pm on **Thursday 28th. March**

There will be a talk by **Devon Freewheelers**



THE UNIVERSITY OF THE THIRD AGE

Devon Freewheelers is a registered Charity with a team of volunteers who are dedicated to supporting our NHS in delivering essential blood supplies and other medical products on an urgent basis. The Freewheelers have a fleet of eleven motorcycles and provide a 24hrs a day, 7 days a week service. The team completed over 4,000 missions in 2018 and the talk will cover the wide range of deliveries which they make and the motorcycles which they use.

U3A welcomes new or prospective members, who will receive a warm welcome. More information can be found at www.u3asites.org.uk/okehampton; or please contact our chairman at ianatu3a@btinternet.com. You can just turn up and introduce yourself.

Over 30 exhibitors
selling off goods at
ROCK BOTTOM prices!

Miss Ivy
presents...

'The Big Sale'

£1.50 entry (under 16's free)

Saturday 23rd March • 10:30 - 16:00
Butchers Hall, Tavistock

COME & GRAB A BARGAIN

Miss Ivy Events

Over 30 exhibitors selling off goods at rock bottom prices! The perfect chance to grab a bargain. On offer will be clothes, gifts, household items and lots more.

How is the equinox date decided and why does it change each year?

There are two equinoxes each year, around March 20-21 and September 22-23.

They are when day and night are approximately 12 hours each everywhere on Earth. The word comes from the Latin for 'equal night'. After the spring or vernal equinox, days are longer than nights in the northern hemisphere, and vice versa in the south. The equinoxes are the only two days of the year when the north and south of the planet get the same amount of sunshine.

Astronomers can calculate the precise moment of equinox when the Sun appears directly over the Earth's equator.

This year, the vernal equinox falls at 9.58pm GMT on March 20. The autumnal equinox is at 7.50am GMT on September 23. The time gets later by just under six hours from year to year because the orbit of the Earth around the Sun is not exactly 365 days.

An extra day in Leap Years keeps the calendar in step with the seasons, but it means the date of the equinoxes can vary by a day or so.

Okehampton Recycling Centre

Winter opening times

(October - March)

Monday - Friday

9am - 4.30pm

Saturday & Sunday

10am - 4.30pm



Lunar cycle for March

New moon 6th
First quarter 14th
Full moon 21st
Last quarter 28th



Bridestowe's Volunteer Group

The group met on 23rd February and spent some time road sign washing as photos below prove .



This month the group will meet on Saturday 30th March at the cemetery gates at 9.30am. and we are going to focus on clearing brambles and other vegetation from paths. As is our custom, after our labours we will retreat to the hall for a bacon bap. Do come and join us if you can.



Okehampton Choral Society – Spring Concert

‘We are presenting a very special programme for our next concert on **Saturday 16th March** in All Saints’ Parish Church, Okehampton.

The opening work is **Mozart’s “Solemn Vespers”** dating from 1780, The “Laudate Dominum” is the most famous part of the work which, taken as a whole, is full of surprises and passages of sublime beauty. Haydn’s delightful “**Maria Theresa Mass**” dates from 1799, when Haydn was well-established.

To celebrate St Patrick’s Day (17th March) we will be giving the premiere performance of an exciting new piece for choir and orchestra “**The Prayer of St Patrick**” by the society’s conductor, the composer Andrew Wilson, shortly to visit Notre Dame Cathedral in Paris to hear his “La Rosace” performed there. The choir will be accompanied by a full orchestra led by Paul Mathews and will be joined by a starry line up of professional soloists: Margaret Aagesen Hughes (soprano); Louise Mott (mezzo soprano); Andrew Henley (Tenor); and Julian Rippon (Bass)

Refreshments will be served after the concert.

Tickets are £10 (£5 to students) and can be purchased from Cargo Cult (8, Okehampton Arcade) or at the door.’



OKEHAMPTON CHORAL SOCIETY & ORCHESTRA

SPRING CONCERT 2019

MOZART: SOLEMN VESPERS

HAYDN: MARIA THERESA MASS

WILSON: THE PRAYER OF SAINT PATRICK

Conductor:
ANDREW WILSON

Leader:
PAUL MATHEWS

Soprano: Margaret Aagesen Hughes
Mezzo Soprano: Louise Mott
Tenor: Andrew Henley
Bass: Julian Rippon

ALL SAINTS' PARISH CHURCH, OKEHAMPTON, DEVON
SATURDAY 16TH MARCH, 2019, 7.30pm
TICKETS (£10 STUDENTS £5) FROM "CARGO CULT" OR ON THE DOOR.



**THE ARTS
SOCIETY
DARTMOOR**

Wednesday March 13th 2019

MONET AT GIVERNY

Caroline Holmes

In 1883 Monet moved into Le Pressoir, Giverny, below his house he created gardens whose colours vibrantly or contemplatively evolved under the Norman skies. Initially he painted the rural motifs of the poplars and grainstacks before devoting himself to the floral canvas of his own making until his death in 1926.



Dartmoor DFAS hold most meetings on the second Wednesday of each month at the Charter Hall, Market Street, Okehampton EX20 1HN. Coffee will be served from 9.45am and lectures start promptly at 10.30am.

Please register on arrival in order to comply with the fire regulations. As a courtesy to the lecturer please ensure that you are seated by 10.25am.



COME ARMED WITH YOUR SMEAR TEST BOOKING CONFIRMATION AND GET YOUR BIKINI WAX FOR FREE.

Any additional intimate waxing booked with your doctor's confirmation and get 10% off.

ALSO...

A big welcome to Anthea Thomas, our foot practitioner. Anthea can get your toes looking their best; she specialises in corns, calluses, ingrown toenails and more.



4C DUKE STREET, TAVISTOCK

01822 618282

**Thank
you**



THE TEDDY TRUST

Just to say a huge thank you for sending all the lovely teddies from St Bridgets. They arrived safely and have now been sorted and packed.

As you probably know, we had a huge move just before Christmas and so I'm only just now catching up with everything. But we're all sorted now and sending shipments out virtually every week.

We do so appreciate all your help and support and please thank everyone involved from us.

Ellie Targett

The Vicar writes...

At this time of year Spring is in the air and nature is jostling for position. Hares are boxing and birds are singing their heads off, nature is by nature hierarchical and all creatures have a pecking order and, like it or not, that includes people. Like it or not hundreds of thousands of years of evolution has hard wired hierarchy into our make-up. It is especially evident in organisations, not least the church:

The Archbishop:- Leaps tall buildings in a single bound, Is more powerful than an Intercity Express Is faster than a speeding bullet, Walks on water. Gives policy to God

The Bishop:- Leaps short buildings with a single bound, Is more powerful than a goods train.

Is just as fast as a speeding bullet, Walks on the water if the sea is calm.

Talks with God

The Dean:- Leaps short buildings with a running start and a favourable wind.

Is almost as powerful as a goods train

Is faster than a speeding airgun pellet.

Walks on water of a swimming pool.

Talks with God if special dispensation is given.

The Archdeacon:- Barely clears a garden hut

Loses a tug-of-war with a train

Can fire a speeding bullet

Swims well. Is occasionally addressed by God

The Rural Dean:- Makes high marks on the wall when trying to leap buildings.

Is run over by trains

Can sometimes handle a gun without inflicting self-injury. Doggie paddles,

Talks with the animals

The Vicar:- Runs into buildings. Recognizes trains two out of three times.

Is not issued ammunition. Can stay afloat with a life jacket.

Talks to walls.

The Curate:- Falls over doorsteps when trying to enter buildings

Says "Look at the choo choo's". Wets himself with a water pistol.

Plays in mud puddles,

Mumbles to himself

The Churchwarden :- Lifts buildings and walks under them. Kicks trains off the tracks

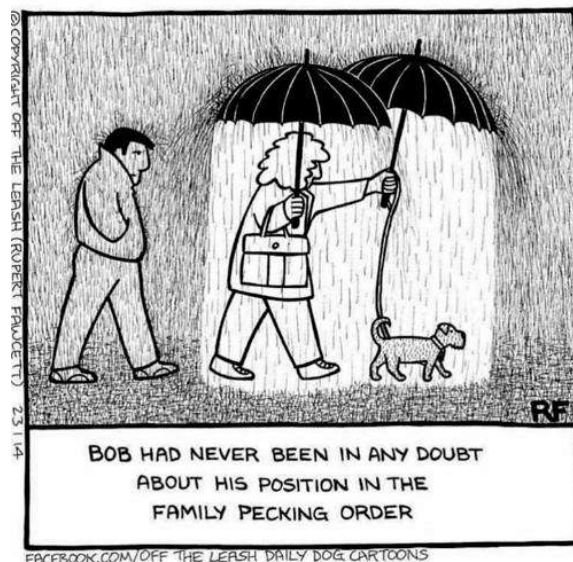
Catches speeding bullets in his mouth and eats them.

Freezes water with a single glance.

Is God!

In the animal world those at the top of the hierarchy are restrained by their instincts as well as driven by them but who restrains humans at the top, those who have power over people and nations? Traditionally kings and rulers were answerable to God and we have seen what can happen when God is removed from the equation in Fascist Germany for example or Stalin's Russia.

I didn't read many books as a teenager, but I do remember two that were popular back in the day, one was Gulag Archipelago by Alexander Solzhenitsyn and the



other was Skinhead by Richard Allen, I don't think either of them made much sense to me at the time. Solzhenitsyn was an incredible man who after having fought for Russia in WW2 was sent to Stalin's work camps in Siberia.

Although not a fan of communism he had some sobering things to say about western society:

"I am not examining the case of a disaster brought on by a world war and the changes which it would produce in society. I am referring to the calamity of an autonomous, irreligious humanistic consciousness. It has made man the measure of all things on earth — imperfect man, who is never free of pride, self-interest, envy, vanity, and dozens of other defects.... we have enriched our experience, but we have lost the concept of a Supreme Complete Entity which used to restrain our passions and our irresponsibility.

We have placed too much hope in politics and social reforms, only to find out that we were being deprived of our most precious possession: our spiritual life. It is trampled by the party mob in the East, by the commercial one in the West."

A World Split Apart — Commencement Address Delivered At Harvard University, June 8, 1978 by Alexander I. Solzhenitsyn

Adrian Brook



Save £££'s on your heating oil!

'together we all save more'

The oil club has launched a heating oil club for our village. If you would like to join or find out more about the club, please visit the web site: <http://www.oil-club.co.uk>.

The benefits are:

- Reduced heating oil costs
- Reduced carbon exhausted into our environment
- Reduced heavy goods vehicle traffic through our village

As seen on ITU's
Tonight programme
'power to the people'

About The Oil Club

The Oil Club is an **independent** organisation and we have no links to any of our suppliers. Our aim is simple – reduce the cost of heating oil for our members and the environmental impact as much as we can!

How much can we save you ?

By grouping our deliveries by village or postcode sector and the bulk purchase ability of The Oil Club, we are able to negotiate with our panel of suppliers the best bulk purchase price for heating oil and pass on the saving to our members.

As the membership grows, so does the negotiating power of The Oil Club! So why not help us help you and *Join The Club* today?

How do we help the environment ?

A village with 100 members will save between 150 to 180 heavy duty vehicle trips a year through your village. A big saving on wear and tear to our lanes, roads and to the environment.

**&
Membership
is totally
free!**

Join The Club



www.oil-club.co.uk

'together we all save more'

SOURTON ROUNDUP March 2019

Sourton Friendship Group

We had a very enjoyable afternoon last month playing bingo with much laughter and then a good chat afterwards. We will be meeting in the hall at 2 pm on Tuesday 12 March when Pat Warne will be demonstrating and giving us a lesson on "Laughter Yoga". I am sure it will be great fun and good exercise for us! New members are always welcome.



The Churchyard

The churchyard has been looking lovely with the snowdrops, crocuses, daffodils and other spring flowers appearing. Tony Batten, as always, has worked hard to maintain his high standard of care and maintenance for which we would like to thank him very much. We are pleased that all the legal documents for the purchase of the land for the extension of the churchyard have now been signed and completed. We are extremely grateful to the benefactors who have made this possible. The Parochial Church Council can now go ahead with the work to bring it into use. We are very grateful to Ken Hobbs, the tenant, who has been so friendly and helpful to the church in this matter.

We are also grateful to our Treasurer, Ruth Humphry and our Secretary, Jenny Pratt, who enlisted the help of her brother, Peter Baker, to advise the PCC and liaise with the lawyers. It is very good to know that there are plenty of burial spaces for parishioners for many years to come. We look forward to the day when the new land will be consecrated.

The old part of the churchyard around the church has been closed legally since 1902 and the part behind the church since 1963, but the church had not previously given notice to the Parish Council. Last month this was done and the Parish council have agreed to take over the maintenance of this part of the churchyard. The part which is in use at present will still remain in the care of the church. We very much hope that the whole churchyard will continue to be a beautifully tended place of peace and tranquillity in the joint care of the church and Parish Council.

Village Hall AGM

Sourton Village Hall is holding it's AGM on **Wednesday 24th April 2019** at 8pm in the hall. Please come along and get involved in your local community. We look forward to seeing you. For more details please contact me, Kathy Fogerty, (Secretary) 01837 861682.

Parish Hall Lottery

February	1st	27	Mary Tolley	March	1st	107	Neil Ley
	2nd	54	Barbara Greig		2nd	18	Linda Cole
	3rd	71	Beryl South		3rd	50	Fiona Yelland

Thank you for your support during the year. The lottery raises vital funds for Sourton Hall and the annual subscription is only £12. If you are interested in joining please contact Alison Horn on 01837 861223.

Church Services in March 2019

3rd 8 am Prayer Book Holy Communion – Rev. Adrian Brook
10th 8 am Prayer Book Holy Communion – Rev. Adrian Brook
6.30 pm Taize Service – Rev. Adrian Brook (Note new time)
17th 11 am Common Worship Holy Communion – Rev. Adrian Brook
24th 11 am Morning Prayer
31st 11 am Mothering Sunday. Group service at Lydford.
Holy Communion – Rev. Adrian Brook

Rose Dashper



News from the Castle

Hi everyone.

It is only a few weeks now until the castle re-opens for the new season and we have been busy painting, plastering, moving collection items and getting ready to welcome everyone. The big day is **Saturday 9 March** and the castle is then open 7 days a week until the end of October. We are really looking forward to sharing the ongoing re-presentation of the castle which will continue throughout the year as the final parts of the building conservation work completes.

For the past few years, we have had a second hand book shelf in the café which raises money for conservation projects at Castle Drogo. It is with great pleasure that I can announce that all monies raised this coming year will go towards restoration of the stained glass windows in the Chapel and replacement benches for the garden.

If you have any spare books (decent quality please!) please do drop them off with the visitor centre team. We especially would like children's books as they fly off the shelves as quick as we put them on! We would also like travel, gardening, and crime/thriller but would welcome all genres. If you have loads (i.e. 10 boxes) we may be able to help with collection too.

We are also looking for a couple of people to join the book team. The role is to check stock levels and display, and we would especially like help on Sundays. You can easily tie it in with other volunteering too so, if you have been thinking about being one of our brilliant storytellers in the castle, you can easily do both. Please get in touch if you would like to find out more.

Thank you to everyone who has supported the book shelves through donating books or buying books over the past few years. The biggest thanks must go to the brilliant team of volunteers who manage and organise the bookshelves and have been instrumental in making it such a success.

Paula
Community Engagement Officer, Castle Drogo
01647 434130,
paula.clarke@nationaltrust.org.uk



Having visited London's Toy Fair last month, I came away feeling excited about some of the new toys that will be coming out this year. I have already introduced some new suppliers, which are proving popular with our customers.

Lanka Kade - a new supplier:

Lanka Kade is a family run business based in the UK, specialising in the design and craft of fair-trade wooden toys. They are passionate about creating high quality, educational toys that inspire children to learn through play. We have a great range of number and alphabet puzzles, as well as simple puzzles for the very young ones. There are also unicorn and dinosaur pull-along toys, as well as county and dinosaur shape sorters.

A welcome return - HippyChick:

We are delighted to welcome back a wonderful range of new-born plush toys and comforters, by HippyChick. This time, we have brought in a red fox, a white rabbit and a fawn coloured deer. We have also brought in the new Octopus' in wonderful colours - coral, light blue and mint green, which are perfect for babies to cuddle and use the tentacles to teeth on.

Orchard Toys - new releases for 2019:

Orchard Toys are well known and loved by people all over the country. They are the last of the British toy manufacturers and their games and puzzles aid pre and primary school learning.

This year, they have launched 6 new products: Jungle Heads & Tails, Dirty Dinos, Sound Detectives, Counting Mountain, Number Street and Magic Spelling. We have them all in stock, as well as the old favourites - Slug in a Jug, Pigs in Pants and Shopping List.

Back by popular demand - Playmobil:

Having not been in the shop for 18 months, we are delighted to let you know that Playmobil is back on the shelves! Playmobil have some really exciting sets coming out this year and we are pleased to be a Playmobil stockist again. We have everything from the Special Plus collectables, the Dino sets, City Life and City Action sets as well as the great Take and Play Carry Cases. Come in and see the great new range of Playmobil.

The Toy Shop Loyalty Card:

We are pleased to let our regular customers know that we have launched a loyalty card. Simply spend £10 or more in a single transaction and get a stamp, get 10 stamps and we will give you £10 off your 11th purchase - it's as simple as that. It's our way of saying thank you for shopping with us! Ask for your card when you next come in.

That's all for now, we look forward to seeing you soon!

The Toy Shop - 18 Red Lion Yard - Okehampton Tel: 01837 52368

Facebook - thetoyshopokey

THE WHITE HART INN, BRIDESTOWE

Nr Okehampton, Devon

Tel: 01837 861318

Opening hours:

Monday - Friday 12 - 3pm

5pm - close

Saturday and Sunday

and bank holidays open all day

Home-cooked food served

between 12 - 2pm and

6pm - 9pm



QUIZ NIGHT
Wednesday 13th
in aid of F.O.L.S.
(Friends of Lydford
School)

Families and dogs welcome

**Every Wednesday 12-2pm, OAPs Fish & chips with peas
and bread and butter £5.95**



Special Easter Draw

The White Hart is holding an Easter draw in aid of RD&E's Hospital Radio. Why not pop in and choose a square for £1. All the prizes have been donated. First prize is 4.5 litres of whiskey plus Easter eggs and a

special Easter cake.

ALL PROCEEDS TO THE HOSPITAL RADIO

Background info:

The first broadcast from Hospital Radio Exeter was made on the 22nd December 1974. It is run by a team of volunteers and relies on donations and fundraising activities

It now broadcasts 24 hours per day and 7 days per week and is a free service providing a wide variety of entertainment.

Tim Axten who lives in Bridestowe is one of the volunteer DJs.

www.hospitalradioexeter.com

Registered Charity No. 275044



The National Trust - News from Lydford Gorge

Rose Cooke, Visitor Experience Officer

The rangers have again been very busy trying to repair all the paths, steps, bridges and handrails ready to fully open the gorge. Storm Erik added to their work load by causing more trees to fall over in their favourite place to work, the middle of the river path, as it is the furthest from any access points and all the equipment needs to be carried in.

The vertical technology team were back again recently to assess Raven's tor above tunnel falls. They have purposely dislodged another four tonnes of loose rock that could otherwise have fallen on to the path below without any warning. Luckily a team of regular volunteers from Exeter were able to help the rangers move all the debris off the paths.

In late 2017 one of our regular ranger volunteers sadly passed away. The donations given at his funeral were given to Lydford Gorge to use for some improved wild flower information. You may have seen the wild flower posters around the gorge in spring which he researched and wrote. Using his original research the money has paid for the re-design and production of new reusable boards featuring ten different wild flowers found around the gorge in spring. They will go up sometime in March this year, so look out for them on your wanderings.

The events on over February half term seemed to go down well, it's always lovely to see regulars and new visitors alike. I was a bit overwhelmed with the popularity of the fun with fire event, I had 52 children take part in the end, so if you came along to that I hope you had fun (with fire) we certainly had the weather for it.

What's coming up...

Fun with fire

Saturday 23 March, 12-2pm

Learn how to light a fire without matches, and then mix up some tasty dough to cook on a stick over the campfire.

£2.50 per person, booking advisable

Cadbury Easter Egg Hunt

Saturday 6 to Monday 22 April, 10am-4.30pm

How do wild animals make their homes? What are they like to live in? Find out by following the trail through the orchard. Also keep your eyes peeled for clues that Bunny has been visiting his friends on a walk around the gorge, a chocolatey treat will be waiting for you at the end. £3 per trail

Family wild kitchen

Saturday 6 April, 11am-2pm

Forage for wild garlic then make your own pasta and pesto lunch on the camp fire.

Foraging is not generally allowed due to the gorge being a Site of Special Scientific Interest.

£5 per adult, £3 per child, booking online essential

Opening Times 2019

From Saturday 2 March the whole gorge, including the Devil's Cauldron tea-room and shop, will be open every day, 10am-5pm. The waterfall tea-room is open 10.30am-5pm.

Website: nationaltrust.org.uk/lydford-gorge Facebook: LydfordGorge Instagram: lydford.gorge.nt

Lydford Gorge National Trust, Lydford, Nr Okehampton, Devon, EX20 4BH

Tel: 01822 820320 Registered Charity Number 205846

Raw Meat Animal Feed for Dogs & Cats

Convenient 400g blocks Frozen to preserve No preservatives and no artificial colourings - both can be harmful to your animal

Raw Rations Plus

For information or to order:

website: www.rawrationsplus.co.uk

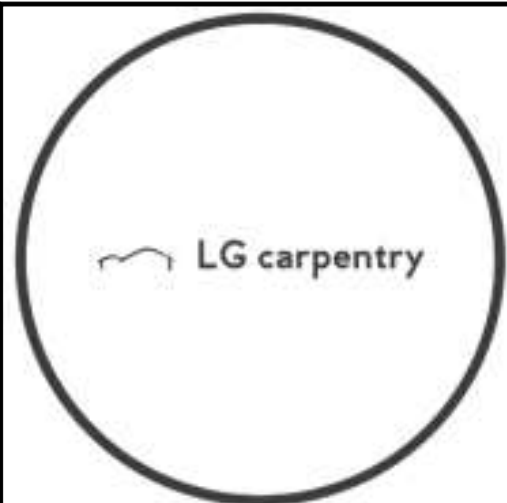
Phone: 07831096666 or 01566 783079

Email: sales@rawrationsplus.co.uk

Post: Fairview Bungalow, Lewdown, Okehampton EX20 4DL



2 new advertisers...



All aspects of carpentry and construction.

- Renovations
- Hanging and fitting doors
- Joinery
- Roofing
- Free quotes
- Solid wood and laminate flooring
- Kitchens
- Bespoke pieces
- Decking and fencing

Tel: 07710665379

Email: lukegreen2222@outlook.com



Who's your AVON lady?

AVON

For more information on Avon products or if you would like a catalogue, please contact

Emma Jenkins

Email: emze1996@yahoo.co.uk
Facebook Emma's Avon

Stacey

Rural Business Administration

Book keeping & VAT Returns
Farm Record Keeping
Farm Assurance
Payroll
Grazing Licences

Basic Payment Scheme
Stewardship applications
Water regulations
Waste Exemptions

Fiona Stacey

Tel: 07870 632395/ 01566 783418

Email: fiona@staceyruralbusinessadmin.co.uk



We've partnered with
QuickBooks Online
Ask us for more information





For all things Usborne

For more information on Usborne books, please contact:

Jackie Butler

Independent Usborne Organiser

Elsie's Book Corner

07828323473

elsiesbookcorner@gmail.com Find me on

Facebook - Elsie's Book Corner



'Thumbprint Art' cards, postcards, prints and bespoke pictures

Forget technology! Treat your family and friends to hand-written cards and postcards. What a lovely surprise for them in the post! Looking for an unusual or postable present? These greetings cards and prints are ideal. All come in a protective sleeve.

Cards and postcards of local views are available from Bridestowe shop. NEW CARD DESIGN - OKEHAMPTON TOWN CENTRE available from Bridestowe shop. Do you want business or personal stationery with a Thumbprint Art design of your premises or home? COMMISSIONS ACCEPTED for these.

For details of the full range contact Penny McInnes on 01837 861364 or email pennymcinnnes@aol.com



HANDYMAN SERVICES

Tiling, carpentry jobs, plastering, light plumbing, bathroom/kitchen fitting

Call Robert on **0793 9679 223**

Email: handymanrobertzawacki@gmail.com

Michael Lashbrook *Any job undertaken!*

Garden Services - Treework - Hedge cutting

Tel: 0751 397 5711

Email: mlashbrookgardening@gmail.com

Tony Day - *Plumbing and Gas services*

Main and LPG gas appliances serviced and repaired

Phone 01837 83702 Mobile 07773 966 201



Alder Vineyard

We are open for Tours, Tastings and Garden Walks.

Shop now open every Saturday 10 - 4pm (out of hours, please call ahead or check our website)

Bottles of our wine available from

Riverside Stores

Tel . 01837 52805

Lewdown EX20 4PJ

www.aldervineyard.uk



Scrap cars collected

Reliable service guaranteed

Top prices paid

Secondhand tyres for sale.

Call Michael on

07831698676

LOCAL PLUMBER

Est. 30 Years

Bridestowe & district

Call Mick on: **01566 783562 / 07984 812807**



SAM ALLUM Boiler Maintenance

FOR SERVICING AND BREAKDOWN OF OIL BOILER

Call: **01822 610 668** Mobile: **07832 024 948** Email: samallum@gmail.com

• Competitive rate • Friendly, tidy and efficient • Call now for a quote

Champion Tree Services

All aspects of Tree Surgery and Garden maintenance undertaken

Felling, Reductions, Hedge trimming, Strimming, Grass cutting, Ground maintenance

Also quality firewood supplied

Fully insured

Thrushel View, Lewdown Tel: **07881 288093**

Pamper Yourself

Manicure & Manicure Spa

Indian Head Massage

Pedicure & Pedicure Spa

Home visits possible

Call Vicky on
07542 060849

01837 861604 vickyamhof@gmail.com

INDIAN HEAD MASSAGE

Includes upper back, shoulders, neck, upper arms, head and face massage

PEDICURE SPA

Includes soaking feet in natural herbs, removing dead skin with herbs, cuticle treatment, cutting, filing, buffing and polish toe nails

MANICURE SPA

Includes soaking fingers, cutting, filing, cuticle treatment, buffing and polishing nails.

DISCOUNT FOR PENSIONERS

ALSO AVAILABLE: PARAFFIN WAX TREATMENT FOR HANDS AND FEET

R.H. GARDEN AND HANDYMAN SERVICES

Lawn mowing and strimming

Digging and planting

Power washing

Car washing

Over 20 years experience

Hedge trimming

Leaf clearing

Gutters cleared

Painting and decorating

Call Richard on **01837 861220** or

mobile **07939574767**

Email; kellyhaggar@hotmail.co.uk



Golden Leaf Landscapes

Garden Construction, Design and Maintenance

Louise and Robert Mogridge

Fully qualified with over 15 years experience

01837 89285 07811781137

www.goldenlealandscape.co.uk

Caroline Harris, ALAB, Bookkeeping Services

- Bookkeeping
 - Accounts preparation
 - VAT
 - Secretarial services
 - Many years office and business experience
- Tel **01566 783 502** Mobile **07866 953708**
Email: cmhbookkeeping@btinternet.com
The Old Chapel, Portgate Hill, Lewdown, EX204PX

R&B REMOVALS

friendly & efficient service 24/7

- regular trips to London
- local/long distance
- secure storage

CALL ROB ON

01837 880336 or 07583 220243

Reiki treatments -

relax and unwind with a 1 hour treatment in a beautiful setting on the slopes of Dartmoor.

Call Danielle

01822 820 379,

Burn Cottage, Lydford.

itechmonster LTD

Website Design

Web Hosting

IT Support

Business E-mail

Domains

Custom Software/Programming

Sales@itechmonster.com
helpdesk@itechmonster.com

0330 043 0735



River Walks

House/Pet Sitting

Over 16 years veterinary experience

Dogs, cats, small animals to small holdings and special needs pets cared for. Also dog walking and cleaning available

Please call Louise on

07968698641

CROSSGREEN WOODWORKS

Established Cabinetmakers and Specialist Joinery.

Proprietors Ginette and Brian Nobbs.

Crossgreen Woodworks, Lower Cross Farm, Lifton, Devon, PL15 9SL,

- HAND PAINTED SHAKER STYLE kitchens made in our workshop
 - SECOND NATURE bespoke quality kitchens • FREESTANDING solid wood kitchens
 - Compare our prices with other kitchen suppliers, you will find our kitchens are very competitively priced.
- We are happy to cross price any quote you have had.

Telephone **01566 784216**

www.crossgreen-woodworks.co.uk

email: info@crossgreen-woodworks.co.uk

Ian Cann

Professionally installed....kitchens.....bedrooms..... bathrooms

- Full supply and fit service
- Bespoke painted kitchens
- Wall and floor tiling
- Replacement doors and worktops
- Made to measure bedrooms
- Free quotes and advice

Tel: **01837 861480** Mobile: **07841043718** Email: **iancann007@yhoo.com**

Rob McBain Tree Services

All tree work undertaken

Tel: **07824 980 198**

Trained, Certified & Insured

Hedge laying, pruning and fencing

Email: robmc bain@hotmail.com

One Simple Change

Who would like to lose those unwanted lbs, feel healthy and possibly make some money as well?

For info

Call **07741474794**

Email: lecallaboard@gmail.com



Heaecology

Ecological Consultancy and Management - Specialists in Protected Species and Mitigation

Thrushel View, Lewdown, Okehampton EX20 4QP

Tel: 01566 783183 Mobile :07866 467 892 Email : office@heaecology.co.uk

Website: www.heaecology.co.uk

Bridestowe and Sourton Extra is sponsored by

Glebe Park(Bridestowe Caravan Park)

Calor Gas /Camping Gas Sales



Limited laundrette facilities available during January and February, Mondays only for washing & drying, 9am until 6pm. Dryers are available every day. Tokens from Reception

Luxury 6 berth, centrally heated, double glazed, static caravans for hire, either for the week or for short breaks.For details **01837 861261**

Bird tables for sale

Locally made to a high standard

Various designs, free standing and hanging tables.

Tel: **01837 861604** Mobile: **07902913627**



Handy -Van Man and Van - Ready to Help!

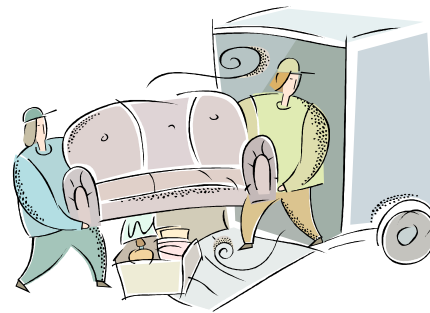
Removals - Clearances - Labouring

Local or long distance. Careful, safe deliveries.

Any job considered, big or small.

Reasonable rates

Tel: **01837 811172**



Guitar lessons :- for beginners and intermediate - all styles Tel: **01837 861415** or visit **www.jeffguitar.co.uk** for more details



Sam White

Hedge laying - tree felling - pruning
- firewood/logs

Mini digger hire - landscaping

Tel: **07515 420 883**



HALLEY FLORAL DESIGN
Weddings and special events

High quality flowers tailor -made for all occasions

Free local delivery around Okehampton area and

Flower classes in Bridestowe available now

Gift vouchers available

www.halleyfloraldesign.co.uk

**01837 861725 or 07380
194380**

More information can be found on the website

www.halleyfloraldesign.co.uk

or call Bev on 01837 861725



Ecological consultancy specialising in protected species and habitat surveys in relation to planning applications.

Joe Lane BSc (Hons) MCIEEM

Call: **01837 861737 or 07814212990**

Email: info@jlecollogy.co.uk

www.jlecollogy.co.uk

Robert & Nicholas McNamara **01566 783471**

Specialists in round the clock care, repair and maintenance of all of your

Plumbing and Central Heating Services
Domestic, Agricultural and Light Industrial
Domestic Oil Fired Boilers & associated services

Proper craftsmen taking a pride in what we do!

07596 9972071 / 07599078805

No call out charges

South West **PHOTOGRAPHERS**

We've got all the angles covered

Email: info@southwestphotographers.com

Tel: **07828053265**

Web: www.southwestphotographers.com

BAKER'S BUILDING

Mini Digger Hire - 1½ ton
Very Competitive Rates
Telephone: 01837 861 509
Mobile: 07748344978
Woodhead, Bridestowe,
Okehampton

EDZ

Painting and decorating
service.
Interior and exterior work .
Reasonable rates
Free quotes

Chimney sweeping
service sensible
prices - vac and brush
Also window
cleaning service

Valeting service
Car, van or whatever you have
for valeting - collection and
delivery service.
Prices from £25 - £45
01837 861604
Mobile 07902913627



**JOE RICE
FIRST AID
TRAINING**



in association with
nucotraining

AFFORDABLE, ACCESSIBLE & ENJOYABLE FIRST AID TRAINING IN DEVON

**First Aid at Work • Emergency First Aid at Work
Paediatric First Aid • CPR & AED Training
Community Awareness Courses**

Email joericefirstaid@gmail.com Visit www.joericefirstaid.com
Call 07531424014 Or find me on Facebook



Are you tired. overworked. overstretched and under pressure? Is your business out of control and you're missing deadlines? Have you fallen into the entrepreneur's trap?

I create space and time for you to focus on the priorities of your business allowing it to grow and function more efficiently.

My name is Chris Heron. and I offer Virtual PA and Business Administration Support. I'm passionate about supporting small businesses and in particular. women in business, to reach their full potential.

So, if you want to get organised and get stuff done, let's have a chat

Tel: 01837 214667

Email: chris@time-well-spent.co.uk

www.time-well-spent.co.uk

DARREN PHARE, MOTOR ENGINEER, BRIDESTOWE GARAGE.

Cars, Light Goods and 4X4s – servicing, repairs, welding, MOT preparation and MOTs arranged.

Tel: **01837 861770** or Mobile: **07773 669097**

Redstones

Independent Funeral Directors - Established for Five Generations
A well planned funeral honours the passing of a unique individual
Traditional • Humanist • Civil • Woodland

Call Keith or Ali at anytime on **01837 840205**

Steve Swift

CHIMNEY SWEEP Tel: **01566 783435** Mob: **07890 467406**

Alistair Kinsey *Hearing & Mobility*

Independent Hearing Aid Audiologist

Ear wax removal service

Tel: 01822 617883

Email: info@hearingmobility.co.uk

1A Pym Street, Tavistock, PL19 0AW

www.hearingmobility.co.uk

Step Ahead Lettings

An independent, forward-thinking lettings agency offering a variety of services to suit your needs. Tel: **01566 482402**

www.stepaheadlettings.co.uk

Find us on Facebook & Twitter

C. DA -VIEW

Window Cleaning Service in your area

Tel: **0777 333 0762** or **01837 659449** and ask for Paul

NORTHMOOR GARDEN MACHINERY

WINTER SERVICING AND REPAIRS. BOOKINGS NOW BEING TAKEN FOR ALL ENGINE DRIVEN GARDEN MACHINERY. FIRST COME FIRST SERVED.

COLLECTION SERVICE AVAILABLE FOR ALL MACHINES. RAMP AND WINCH FOR RIDE ON MOWERS IF REQUIRED. **NO VAT ON LABOUR CHARGES.**

RIDE ON & PEDESTRIAN MOWERS GARDEN TILLERS

CHAINSAWS, STRIMMERS, CHIPPER/SHREDDERS, HEDGE TRIMMERS, LEAF BLOWERS & MORE



CALL RICHARD ON **07591 655072** or **01837 861852**

www.northmoorgardenmachinery.co.uk info.northmoor@gmail.com



ELITE SOUTHWEST LTD

Professional Chimney Sweep / Stove Repair

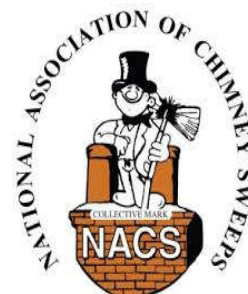


- Rotary/ manual sweeping
- Certificates for insurance issued
- Chimney CCTV recordings carried out
- Birds nest removal
- Complete dust free service

High reach equipment also available for
gutter cleaning/ external chimney repair
Special rates for BaSE catchment area

Call: **01837 861873**

07747419950





Sing-a long with Victoria and
enjoy some Caribbean sunshine.....

Calypso, gospel songs wartime tunes, country
music, rock 'n' roll and more Song
sheets with large print lyrics
supplied. To book Victoria Amhof -



Phone 01837 861604 Mob: 07542060849
Email: vickyamhof@gmail.com

Devon Dogs

Professional dog training on your doorstep
We offer life skills, obedience and agility training. Huge purpose built barn
Tel: **07717 696623** Email: **contact@devondogs.co.uk**
www.devondogs.co.uk



Reiki Healing:- Reiki is a simple, highly effective, oriental method of
working with energy to promote healing and wellbeing



Benefits include

- Pain relief from migraine, arthritis, back pain, injury etc.
- Stress reduction which also enhances the body's natural healing abilities.
- Improvement in sleep habits.
- Enhancing health following illness.
- Helping to prevent illness and disease.
- Post-surgery recovery.
- Balancing of mind and emotions.

t: 07870 570 029

email: info@bawcombewellbeing.co.uk www.bawcombewellbeing.co.uk

2nd Floor, 3 West Street, Okehampton, EX20 1HQ



John & Diane Ware
Hunters Moon Bridestowe, Okehampton,
Devon, EX20 4EN

Tel 01837 861193 email: enq@huntersmoon-devon.co.uk
website: www.huntersmoondevon.co.uk

Richard's Time Machine

Mobile Disco :- Wedding and Family Party
Specialist, Personal, Memorable - and Fun!!
www.richardstimemachine.co.uk

01837 811172

HOME HEARING CARE

Local private hearing aid audiologist

Hearing Tests, Hearing Aids and Hearing Aid Repairs



Independent local company offering excellent service. To
book a free hearing test at home please call us on:

01566 783338

Also at Tavyside Health Centre &
Tavistock Pannier Market (Weds & Thurs)
Charles Middler MSHAA, HCPC Reg'd, IHP member

www.homehearingcare.co.uk

Stuart's Electrical Services

Domestic and commercial installations

Testing

Maintenance Breakdowns Repairs

All aspects of electrical work undertaken

Contact Stuart
Stuart.wason1@gmail.com

TEL 01837861312
Mob 07789172743

Bramhill

Cob, Lime and Stone Laying Eco Buildings
Barn Conversions Lime plastering, Tadelakt & Venetian
Extensions Repair, Restore & Renovate Listed Buildings
Repointing Construction Skills Certification Scheme reg.

Alister Polhill Mob. **07518 908 876** Tel. **01822 820347**

Email : alister.polhill@gmail.com

Broadwood Boiler Services

Quality oil fired appliance maintenance at competitive prices

Call Mark: **0781 4976 076** or **01566 784298**

T.M. Maintenance & Construction*Affordable, friendly help*

Tony Matthews, experienced in maintenance & construction

No job too big or too small

Great prices on slate and marblecut to anysize and shape

Tel: **0797 226 3780** Email: tonymtthws8@gmail.com

Okehamptonplumber.co.uk

Gas boiler servicing from £50 (incl.LPG)

Gas boiler replacement and repair Landlord certificates

Bathrooms and kitchens

Tel: **01837 658907** Mob: **07870 305 880**

Plumbing Heating Renewables



Windows, doors, conservatories and joinery
UPVC, timber & aluminum supplied and fitted
Fascias, glazing & trade counter

Tel: **01837 54019**

www.okehamptonglass.com

Okehampton 'Kenpo Ryu' Karate Kickboxing

Tuesday evenings at Okehampton College Gymnasium

Juniors 6pm - 6.45pm Adults 7pm - 8.15pm

Come and give it a try, the first lesson is free!

For more information, contact instructor Roger Chestnutt 07886 185281

Stokes & Co Accountants

A One Stop Shop for all your bookkeeping & accountancy needs

• Sole Trader, Partnership & Limited Company Accounts • Project Management, Budgets and Analysis • VAT, Payroll and Month End Accounts

Free initial consultation - Please call to find out much we can save for you!

Tel: **01837 861176**

www.stokesaccountants.co.uk

Abigail's Babysitting Service

Fun, caring and kind girl who has experience. I have completed a babysitting course and first aid run by 'Teen Angel Babysitting'. I charge £5 per hour. Tel: 01837 861247

Complete Podiatry & Chiropody Care

Mr Heath Weymouth BSc(Hons) PgDip MChS
HCPC Registered Podiatrist & Member of the Society
of Chiropodists and Podiatrists
07946-473972

Home visits available

CANNON BARN PODIATRY

Helping you walk towards pain free

Treatments include: Corns, callus, ingrowing toenails,
thickened nails,

biomechanics, sports injuries and much more.

1 Cannon Barn Cottages, Lewdown. Nr Okehampton.

Devon. EX204BT

BODYMAINTENANCE.CO.UK

Sports massage injury & pain clinic

Highly experienced in providing effective
treatments for acute, chronic, radiating
and referred pain, strains & sprains.

Free consultation and advice available

Please contact:

Clive Lacey - **07747112019 /01566783609**

Or email - clivelacey@bodymaintenance.co.uk

Further info - www.bodymaintenance.co.uk

Limited Editions

A selection of limited edition cards, including new images from the Spring Cottage Collection by local artist **Fay Johns** are available from Riverside Stores and Country Lanes Garden Centre, Okehampton.

These cards fit into a 6 inch mount aperture and can easily be made into a framed piece of art, making a lovely gift. Original Paintings available at The Blind Spot Gallery, in the Okehampton Arcade. Well worth a visit.

JAMES TENNANT LTD LAND ROVER SPECIALIST

Est. 1987

Landymoor, Cowsen Lane, Sourton, Okehampton

EX20 4HY Tel. 01837 861478

Email: info@jamestennant.co.uk

www.jamestennant.co.uk

Class IV MOT Centre for all makes of car Supply of Land Rover parts

Courtesy car available if required, while we MOT
your vehicle.



✓ Local Okehampton office
✓ Wide range of commercial insurance products
✓ Independent price comparisons
✓ 100% customer rating (Feefo)

VERSATILE INSURANCE

feefo
The Symbol of Trust

10 YEARS
OF SERVICE

TRADING STANDARDS APPROVED

01837 658955
www.versatileinsurance.co.uk
info@versatileinsurance.co.uk
Bridge House, Okehampton EX20 1DL

Versatile Insurance Professionals Ltd is authorised and regulated by the Financial Conduct Authority



Hairdresser

Haircuts, Styling, Makeover, Men, Women and Children.
Will visit in the area.

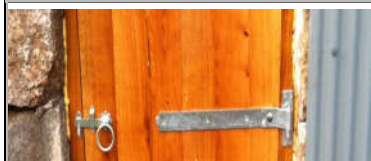
New in Lewdown but still visiting in the Bridestowe
and Sourton areas.

Ring Gina Reichert!! Tel 01566 783455

Okehampton Auctions

Unit 1 Fatherford Farm, Exeter Road, Okehampton

Next auction **Wednesday 16th January**. The viewing takes place from 10am - 1pm
Monday 12p.m. - 6.p.m. on the Tuesday and from 8.30a.m. on the day of the sale, with the sale commencing at 10 a.m



Magna Carpentry

Complete carpentry service Roofs, dormers and Veluxes
Kitchens supplied and fitted 1st and 2nd FIX
Free quotations

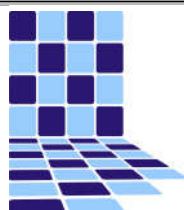
Tel: **07540 956379**

www.magnacarpentry.com

Experienced carer

Has various days and hours available. Excellent references

To enquire, please contact Belinda **07534 711357**



Dartmoor Tiling - Professional Tiling Service

Contact: Steve Essery Tel: **01837 52013 07729 460746**

Website: www.dartmoortiling.co.uk

Email: steve@dartmoortiling.co.uk



NAPIT
PART P
REGISTERED
ELECTRICIAN

Dee

JACKSON
ELECTRICIAN



TRUST
MARK

Government Endorsed Standards
Registered through: NAPIT

Commercial and Domestic Installation
Inspection and Test 01837 861139
07904 034012

The Moor Hair Co

Paula, Andrea and Shirley welcome you to our warm friendly salon.

3 St James Street, Okehampton

Tel: **01837 658696**



Devon Printer Supplies

OFFICE, PRINTER & STATIONERY SUPPLIES

Ink Cartridges & Toners/Printer/Copier/Photo Paper
Envelopes/Laminating Pouches/Blank Cds/DVDs/Jiffy
Bags

Fax & Copier Supplies

*****Competitively priced & personal local service*****

Plus Much More

Please contact me for prices.

Tel: **01837 861228**

Email: julie@devonprintersupplies.co.uk

Forthcoming Events for March

Friday 1st	7pm, Methodist Chapel, Beetle Drive
Saturday 2nd	2pm, Lewdown Victory Hall, Jumble Sale
Thursday 7th	7.30pm, White Hart, Book Club
Tuesday 12th	12noon, Methodist Hall, Over 60s Luncheon Club 7:30pm St. Bridgets, Exeter Singers & Cantabile
Wednesday 13th	10.30am, Charter Hall, Dartmoor DFAS, talk on Monet 8pm, White Hart, Quiz in aid of Friends of Lydford School
Thursday 14th	7pm, Bearslake Inn, Devon Food Movement Pop Up Restaurant 7:30, Methodist Chapel, Bridestowe Parish meeting + full PC meeting
Friday 15th	RED NOSE DAY
Saturday 16th	11.30am - 1pm, Guild Hall, Canal Road Tavistock 7:30, All Saints Church, Okehampton, Spring Concert by Choral Society
Wednesday 20th	7.30pm, White Hart, Ram Roast meeting
Thursday 21st	7.30pm, Margaret Moore Suite, Bridestowe VH, Queen Bees' talk
Friday 22nd	7pm, Methodist Chapel, Spring Supper
Saturday 23rd	10.30am- 4pm, Butchers Hall, Tavistock, the Big Sale 8:30pm, Tavistock Wharf, Music-kick up the 80's
Saturday 30th	9.30am, Volunteer Group meet at cemetery gates 10am - 12 noon, Bridestowe Village Hall, Bacon Baps 10am - 12 noon, School Room, Bratton Clovelly, CD & DVD sale
Sunday 31st	MOTHERING SUNDAY

Weekly exercise activities held in Bridestowe Village Hall

Monday	9.15 -10am, Pilates (Beginners)
"	6.45 - 7.45, Aerobics
Tuesday	2 - 4pm, Short Mat Bowls
" (term time only)	6.30 -7.30pm, Margaret Moore Suite, Belly dancing
Thursday	7pm - 8pm Yoga

Sports night: 2nd and 4th Wednesdays, 7pm - 9.30pm, Meth Church

BASE submissions

We usually plan to print *BaSE* 5 days before the end of the month so please get your submissions in well before this date as compiling the newsletter takes some time. If you do have a late submission, it's worth phoning to see if we can squeeze it in.

Many thanks. Martin & Alison Young

Don't forget you can read it online via Bridestowe's and Sourton's websites.

Contact details for BaSE:- Alison Young, Glebe Park, Pig's Leg Lane, Bridestowe, Okehampton, Devon EX20 4ER Tel: (01837)861157

or ali.young53@btinternet.com (please put BaSE in the subjectline)

BaSE is printed by Martin Young at the above address.