

CEDARVIEW

GRACIOUS RETIREMENT LIVING

511 Finkle Street • Woodstock, ON N4V 0C4 • Phone (519) 602-0282 • www.seniorlivinginstyle.com

MARCH 2021

CEDARVIEW STAFF

Managers..... CURT & JACKIE BERTELSEN
Assistant Managers KEITH
& BARBARA WALKER
Executive Chef JASON GORDON
Activity Coordinator JENNY PATTIRAM
Maintenance WAYNE SANDICK
Bus Driver RUTH DAVIS

TRANSPORTATION

Monday, 9 a.m.-4 p.m.: 2 P.M. Walmart
Tuesday, 9 a.m.-4 p.m.: Appointments
Wednesday, 9 a.m.-4 p.m.: Outing
Thursday, 9 a.m.-4 p.m.: Appointments
Friday, 9 a.m.-4 p.m.: 2 P.M. Walmart

HAWTHORN
SENIOR LIVING

Celebrating a 100th Birthday

Eileen's Story

Eileen was born in Kilbride, Ontario, the oldest of six children. Growing up during the Depression, her family moved many times for employment. She calculates she lived in 15 different places. When she moved to the Woodstock area as a bride in 1945, she decided she wasn't going to move again and indeed has remained in the area ever since.



Beautiful Eileen

Living on a farm was new to Eileen because she was mostly a city girl, however, it wasn't all hard work on the farm. She attended community events, like dances and euchre parties.

Eileen was the first president of the Eastwood Home and School Association and was an active member of the Catholic Women's Leagues at St. Rita's Church. She also volunteered as a driver for the Canadian Cancer Association.

Upon her husband's death in 1971, she moved into the city of Woodstock, where she worked at Western General Insurance until 1986. When Eileen retired, she took up swimming, golfing, bridge and joined Learning Unlimited. She also did some traveling.

(Continued inside.)



Celebrating a 100th Birthday

(Continued)

Upon her husband's death in 1971, she moved into the city of Woodstock, where she worked at Western General Insurance until 1986. When Eileen retired, she took up swimming, golfing, bridge and joined Learning Unlimited. She also did some traveling.

Eileen then moved to Cedarview in 2014 and still continues to play bridge and read daily, especially mystery books. Her favorite author is Louise Penny.

Eileen is the mother of two amazing children, Bernard and Patricia, and a doting grandmother to three grandchildren and four great-grandchildren.



Eileen and John with their two kids, Bernard and Patricia

Get to Know Me

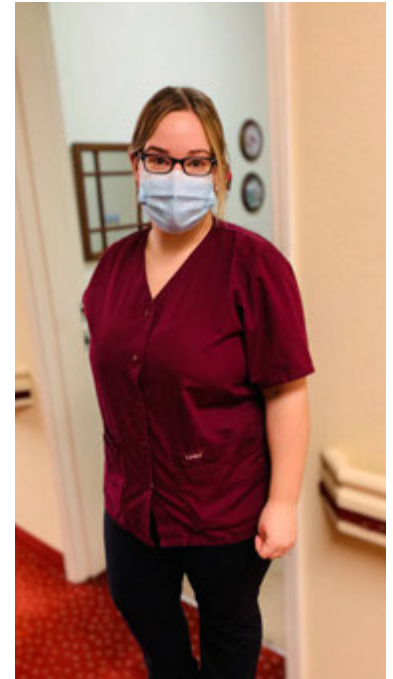
Lindsey was the perfect choice for this month's "Get to Know Me." Early last year, Lindsey and her boyfriend went on vacation to Hawaii, not knowing she would be getting engaged on the trip. After a long hot day of hiking up the mountain in Hawaii, Josh went down on one knee and asked her to marry him. Of course, it was "yes!" Lindsey and Josh have been together for 12 years; they are high school sweethearts.

Lindsey is one of our full-time services and 2nd-floor housekeeper. Lindsey has been with Cedarview for one and a half years, and she goes out of her way to help residents.

Lindsey enjoys a good book and hiking with her fiance Josh and her dog Zoey.



Josh and Lindsey on the beach of Waipio Valley



Lindsey

Resident Referrals

"Share with your friends who might be considering all that Cedarview has to offer"

Receive \$1,000 thank you for referring us to your friends and family.

Please see John Edwards in Marketing with your referrals.





Teddy Bear of Love

Each dollar donated means a more tender end-of-life experience at Lizard House/Innisfree House – Hospice center in Cambridge Ontario.

Cedarview residents and staff purchased 31 teddy bears from Lizard Hospice center and raised \$485 for charity.

A special thank you to Susan (the wife of Doug) for taking our orders and dropping them off.



Sharon loves her Teddy.



Teddies of Love



Mickey and her Teddy

March Library News

Let's spring into reading! The first day of spring is March 21st.

March is noted for St. Patrick Day, March 17th. Our library will feature some books by Irish authors. Patrick Taylor has written several books about Ireland, "An Irish Country," "The Wiley O'Reilly," "An Irish Doctor in Love" and several others. Another Irish author is Maeve Binchy. She has written "Finding Frankie," "Tara Road," "A Week in Winter" and many more.

Another Irish author is John Connolly with a mystery, "The Lovers."

Just a reminder when you return a book to the library, please put it into the return cart, beside the sign-out desk. Check your returned book off the list in the sign-out book. Thank you.

Friends of the Library.



Chinese New Year & Black History Month

Black History Month

In December 1995, the House of Commons officially recognized February as Black History Month in Canada following a motion introduced by the first Black Canadian woman elected to Parliament, the Honourable Jean Augustine.

Chines New Year

This is a year of Metal Ox, starting from February 12, 2021 (the Chinese New Year). The Ox is the second in the 12-year cycle of the Chinese zodiac sign.

Years of the Ox include 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009, 2021 and 2033.

Anyone who is born in the year of the Ox is a hard worker and in the background; they are intelligent and reliable, but never demanding praise.

MARCH 2021

Birthdays

Matilda Denniston, 2nd
 Ron Readman, 11th
 Janette Quinn, 14th
 Gail Shields, 14th
 Eileen Oppel, 16th
 Sharon MacDonald, 24th

Anniversaries








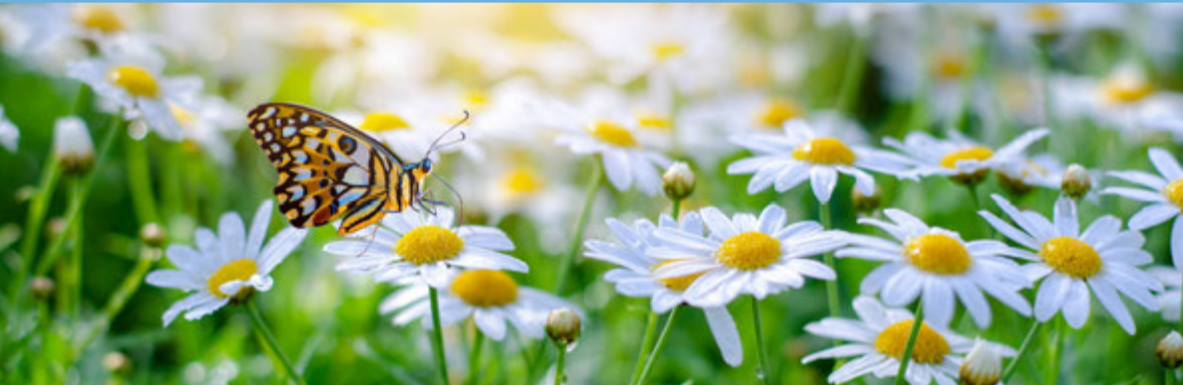
George & Ethel
 Harron, 3/8/1947

Locations

\$ Cost Involved, \$
 * Sign Up, *

Activity Room, AR
 Atrium, AT
 Billiards Room, BR
 Bistro, BST
 Bus, B
 Chapel, CH
 Computer Room, CR
 Dining Room, DR
 Exercise Room, EX
 Hair Salon, HS
 Library, LB
 Movie Theatre, MT
 Outdoor Patio, OP
 Outdoors, O
 TV Room, TV

**Attitudes are contagious.
 Is yours worth catching?**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Morning Stretches, EX 10:00 Shuffleboard, AR 10:15 News View, AR 2:00 Board Games, AR 2:30 Seniors in the Digital world (1 to 1), AR 7:00 Evening Movies, MT 7:00 Euchre, AR	9:30 Morning Stretches, EX 2:00 Bingo, AR 2:00 Virtual Tour, MT 	9:30 Morning Stretches, EX 10:00 Crafts Club, AR 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR	9:30 Morning Stretches, EX 10:00 Knitting Club, AR 10:00 Shuffleboard, AR 2:00 Virtual Tour: Around the World, AR 2:30 Spring Cleaning 3rd Floor, EX	9:30 Morning Stretches, EX 2:00 Beauty Corner (Get Your Nails Done with Jenny), AR 7:15 Bingo, AR	10:00 Knitting Club, AR 2:00 Afternoon Movie, MT 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR
7 Card Walk & Sunday Puzzles 10:00 Maranatha Live! Church Service, MT 2:00 Art Table, BST 7:00 Evening Games, AR	8 9:30 Morning Stretches, EX 10:00 Shuffleboard, AR 10:15 News View, AR 2:00 Board Games, AR 2:30 Seniors in the Digital world (1 to 1), AR 7:00 Evening Movies, MT 7:00 Euchre, AR 	9 9:30 Morning Stretches, EX 2:00 Bingo, AR 2:00 Virtual Tour: Around the World, MT	10 9:30 Morning Stretches, EX 10:00 St. Patrick's Day Craft, AR 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR	11 9:30 Morning Stretches, EX 10:00 Knitting Club, AR 10:00 Shuffleboard, AR 10:30 Cooking with Chef Jason, BST 2:00 Virtual Tour: Around the World, AR 	12 9:30 Morning Stretches, EX 2:00 Beauty Corner (Get Your Nails Done with Jenny), AR 7:15 Bingo, AR	13 10:00 Knitting Club, AR 2:00 Afternoon Movie, MT 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR
DAYLIGHT SAVING TIME BEGINS 14 Card Walk & Sunday Puzzles Daylight Saving: Move Your Clock Forward 10:00 Maranatha Live! Church Service, MT 2:00 Art Table, BST 7:00 Evening Games, AR 	15 9:30 Morning Stretches, EX 10:00 Shuffleboard, AR 10:15 News View, AR 2:00 Board Games, AR 2:00 St. Patrick's Day Scavenger Hunt 7:00 Evening Movies, MT 7:00 Euchre, AR	16 9:30 Morning Stretches, EX 11:00 Celebrating Eileen 100th Birthday, DR 2:00 Bingo, AR 2:00 Virtual Tour, MT 	ST. PATRICK'S DAY 17 8:00 Wear Green All Day 9:30 Morning Stretches, EX 2:00 Board Games, AR 2:00 St. Patrick's Day Ice Cream or Milkshake, BST 7:00 Pool Game, BR 7:00 Euchre, AR	18 9:30 Morning Stretches, EX 10:00 Knitting Club, AR 10:00 Shuffleboard, AR 2:00 Virtual Tour: Around the World, AR	19 9:30 Morning Stretches, EX 2:00 Beauty Corner (Get Your Nails Done with Jenny), AR 7:15 Bingo, AR	FIRST DAY OF SPRING 20 10:00 Knitting Club, AR 2:00 Afternoon Movie, MT 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR
21 Card Walk & Sunday Puzzles First Day of Spring, AR 10:00 Maranatha Live! Church Service, MT 2:00 Art Table, BST 7:00 Evening Games, AR	22 9:30 Morning Stretches, EX 10:00 Shuffleboard, AR 10:15 News View, AR 2:00 Board Games, AR 2:30 Seniors in the Digital world (1 to 1), AR 7:00 Evening Movies, MT 7:00 Euchre, AR	23 9:30 Morning Stretches, EX 2:00 Bingo, AR 2:00 Virtual Tour, MT	24 9:30 Walking Club (On Your Own), AR 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR 	25 9:30 Walking Club (On Your Own), AR 10:00 Knitting Club, AR 2:00 Virtual Tour: Around the World, AR	26 9:30 Walking Club (On Your Own), AR 7:15 Bingo, AR	27 10:00 Knitting Club, AR 2:00 Afternoon Movie, MT 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR
28 Card Walk & Sunday Puzzles 10:00 Maranatha Live! Church Service, MT 2:00 Art Table, BST 7:00 Evening Games, AR	29 9:30 Morning Stretches, EX 10:00 Shuffleboard, AR 10:15 News View, AR 2:00 Board Games, AR 2:30 Seniors in the Digital world (1 to 1), AR 7:00 Evening Movies, MT 7:00 Euchre, AR	30 9:30 Morning Stretches, EX 2:00 Bingo, AR 2:00 Virtual Tour, MT	31 9:30 Morning Stretches, EX 10:00 Green Thumb Challenge/Pick Up Your Flower Bulbs, AR 2:00 Board Games, AR 7:00 Pool Game, BR 7:00 Euchre, AR			



Reminders

Please remember when giving out your address to make sure you include your apartment number.

We will be starting back our monthly managers and residents meeting on the first Wednesday of each month. It will be in the dining room at your regular meal time. Please come 20 minutes early, and we will try to address your questions. See the management team if you have any questions.

Tuck Shop Hours: Monday, Wednesday and Friday from 3-4 p.m.

Spring Cleaning! March 2nd-5th (from 3-4 p.m.)

What is spring cleaning?

Spring cleaning is a tradition that allows us to freshen up our homes and get a head start on the hectic seasons of spring and summer.

March 14th – Daylight Saving – Please remember to move your clocks forward

March 11th at 10:30 a.m. – Cooking with Chef Jason/Irish Nachos – AR

March 15th at 2 p.m. – Pick up your St. Patrick’s Day Scavenger Hunt

March 16th – Celebrating Eileen Oppel’s 100th birthday with cake and good wishes in the Dining Room.

March 17th – St. Patrick’s Day events. Make sure you have on your green and win.

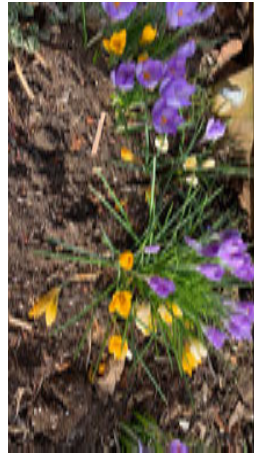
March 19th at 10:30 a.m. – Our second annual Green Thumb Challenge

March 21st – First Day of Spring (5 Health Benefits of the Spring Season)

1. Daily dose of daylight.
2. Wait no longer for a workout.
3. Your youthful skin.
4. Vital vitamins and miraculous minerals.
5. Boost to mental health.

Join us every Wednesday at 10 a.m. for Craft Club. This month, it will be all about St. Patrick’s Day and spring.

Don’t forget to join us Tuesdays and Thursdays at 2 p.m. for our virtual tour. We travel all over the world learning about history and culture. So far, we have visited nine different countries in the month of January.



Last year’s spring flowers at Cedarview



Good luck

Highlights of Hawthorn Adventure 2021

Our island hopping was a lot of fun in Hawaii, Fiji and New Zealand.

We learned how to say hello in all three languages and tried new foods and new drinks.

We learned about hand reflexology in Fiji, watched Tom Hanks and Wilson in “Cast Away,” and saw Elvis Presley in “Blue Hawaii” under the stars.

The picture of the little boy is Sanele. He is the great-nephew of Kit. He lived in New Zealand with his family. He is wearing a Maori cloak known as a Korowai.

“The Korowai is a particular type of kĀ kahu (cloak). Korowai are known to be handed down through generations.”



Relaxing in Hawaii



Sugar donuts from Hawaii



John looking for a Kiwi bird in New Zealand.



Hobbitville, New Zealand



Sanele is the great-nephew of Kit. He is wearing a Maori cloak known as Korowai.



Penny hard at work



Hawaii main dish



Best Hulu dancer



Kiwi cheesecake



Happy to be in Fiji



Our Tiki-bar



511 Finkle Street
Woodstock, ON N4V 0C4



SPRING INTO ACTION & SHAKE OFF THOSE WINTER BLUES

Springtime brings fresh beginnings so let today be the start of something new! Join us for one of our engaging activities or stop by for a complimentary meal and take a tour of our beautiful community. We would love the opportunity to share with you all we have to offer.



519-602-0282