

Marie's Book of Spells

Introduction

Within these pages lie the spells and magical workings of an individual, solitary Witch. She is a devout and dedicated magician, and a true believer in her spells. A writer all her life, she found poetry flowed from her hands best in the form of rhythmic spells and chants. She is a teacher, healer, and companion. I am She.

My journey upon this path has not been a long one, yet it has been meaningful, and I would not exchange the exhausting search for self-discovery for any other path.

It is my belief that magic extends beyond one specific system of practice. Spells can be cast by any who know the proper way to conduct them. Indeed, it is a serious spiritual art, however, it should not be feared or thought of as something unattainable.

It is imperative for the beginner to study before attempting their first magical act. A spell cast by a skeptic will have no affect on the Universe whatsoever. Belief in oneself and belief in the laws of the Universe are the sole requirements of practicing spell craft.

The reader may note that many of the rites included herein require tools, like a ritual knife, chalice, herbs, or incense. These tools are simply to accentuate the working. In a dire circumstance, none of them are necessary. The combination of tools, word, and act are intertwined in their own celestial drama. It is how the human mind works. For some, reciting a prayer does not seem likely to draw results. But it is, and being comfortable with doing solely that will come with time.

Essentially, every spell, charm, and ritual is a prayer done in a theatrical manner. For me, it is the most effective way. As mentioned before, combining the spoken word with the act of using tools to achieve a magical result enables the mind to perceive that its prayer has been answered. The process is identical to any used to achieve physical results during day to day life. If you apply for a job, you fill out the application; that is the act. Calling your desired employer for an interview is the spoken word. The tools are anything you use along the way of the process, such as your telephone.

Magic can be simple. It can also be complicated, depending upon the circumstance. I do not believe advanced spell work should be published for the amateur public. Advanced magicians should be properly educated in writing their own workings and therefore there are no advanced spells in this book. When the magician, such as yourself, has reached a level of confidence, he or she can write

advanced workings for themselves.

To cast a spell or perform a ritual does not require the individual to change their beliefs or abandon their current path of faith. You will find that magic and “spell craft” are found in every religion, though they may be under the name of something else, such as “miracles“ or “wishing.” Even books relegated to the “self-help” section of book stores use ancient, magical techniques to improve the lives of the general public. Do, however, keep in mind that this is a book of *magic*. It contains nothing of religious belief or moral code, and it has no ethnic preference.

So, here begins the book.

Tools

The spells and rituals that follow require a certain amount of tools. They are very basic, and most are regular household items.

The majority of them include the use of herbs, however, each of them can be found at the nearby market.

Items such as satchels or fabric swabs can be taken from old scraps of clothing, if no extra fabric is found around the house and the practitioner favors not to purchase any.

Candles are used in most of the spells enclosed. Be warned, they can be dangerous. Never leave a candle unattended, make sure it is placed inside a containment vessel, and that no stray objects are in the path of the flame.

Several bowls kept specifically for magical use would be of help. Salt and water are called for repeatedly throughout this book.

Other supplies, including wooden disks, paints, bottles, pens, and paper can be purchased anywhere from the craft store to the department store.

Items required for special spells, like dream catchers, and statues can be found wherever the practitioner wishes to buy them. Specialty shops may be necessary.

The Work Area

Many magic users maintain a specific area in which they cast most of their spells. Traditionally, this is known as an altar.

Altars need not be fancy, elaborate, or expensive. It is simply the place where you perform your rites. A small table covered in a decorative tablecloth is suitable.

Items found on the altar may include candles, incense censors, figurines, and what ever else the individual feels should belong there.

An altar may be set up as such:

It is a small table, round or rectangular, covered in a decorative cloth, perhaps embroidered or patterned with magical symbols.

In the center of the altar may lay a religious symbol, a plaque or tile inscribed with a symbol that has religious meaning to the practitioner (a cross, for instance, or pentacle).

The far corners may harbor a pair of candles, white or black, maybe some other color. A figurine or statuette representing a god-force or elemental being may find itself situated between the candles at the far back edge of the working area.

Any other tool may find itself around the previously mentioned artifacts. Depending upon the beliefs of the user, incense, water, salt, and dirt may find themselves located at the altar's compass points and representing the power of the elements.

The decoration of the altar can change seasonally, reflecting the changing colors of Nature and the holidays.

Casting the Circle

A common practice among spell casters is the creation of a “magic circle” before a spell or ritual is performed. This ensures that no harm will come to the individual casting the spell and that no uninvited entities will attach themselves to you.

However, a circle is not required for minor workings, and some believe that it isn’t required at all. It is up to the individual to decide whether or not they should ultimately cast a circle.

Beginners should not attempt to perform advanced circle castings involving the elements or invocations. The belief is that a magician with fear in his or her heart may envision a malevolent entity while invoking a power, accidentally drawing them into their ritual space. Again, this is a precaution for those who maintain that is possible and only to those individuals.

To cast a simple circle, you may wish to walk clockwise three times around your work area, hand outstretched and imagining a light streaming from it, tracing a sphere around the area.

When you return to your starting point, you may wish to express vocally that the circle has been made, along the lines of “This circle is sealed.”

When the ritual or spell work has been completed, walk around the circle three times once more but counterclockwise, this time visualizing the light from the sphere reentering your hand.

Upon returning to the starting point, say something similar to “This circle is open, until we meet again.”

The more you cast the circle, the more proficient you will become at it.

To Embrace the Morning

Upon waking from a tired night's slumber, saunter to the nearest window and greet the sun with open arms and a smile. Kneel, bow, or proudly stand whilst reciting these words:

Blessed is the Sun that rules the sacred day.

Blessed is the Moon that gently backs away.

Blessed is the hearth and home.

Blessed is the sacred tome.

Blessed is the name of love.

Blessed is the sky above.

Blessed is this day I see,

As I will, so mote it be!

Continue about your day with the knowledge that the life is coming about as it should. Peace is yours if you allow it to befriend you, through respect and honor toward powers greater than oneself.

And to Salute the Night

Before you retire into the night's grand dreamscape, you may wish to bid the day farewell. Return to the window, kneel or stand, and say:

I thank the Sun for setting.

I thank the Moon for rising.

I thank Them both in knowing,

They'll do the same tomorrow.

As you close your eyes, remember that the world is watching over you.

Empowerment of the Dream Catcher

The dream catcher is a wonderful tool in aiding the banishment of negative dreams during sleep. In addition to the dream catcher itself, you will need holy or spring water, salt, incense, and the flame of a white or blue candle.

Like all workings require, you must prepare your work area so that all of your tools are in close proximity to where you are. Easy access to your tools enables your concentration to go unhindered during the ritual.

Cast your circle if desired. Center yourself; calm your mind. Breathe deeply and relax your muscles. Hold the dream catcher in your hand and draw power to it. Wet your fingers with the water and say:

I bless you by the power of water.

Sprinkle salt onto the dream catcher and say:

I bless you by the power of earth.

Circle the dream catcher over the incense smoke and say:

I bless you in the name of air.

Circle the dream catcher over the candle flame and say:

I bless you in the name of fire.

Set the dream catcher down before you. Hold your hands over it and envision energy of protection streaming from your hands and into the object. Say:

*By the elements you are blessed.
Keep away my nightmares and bring me great rest.*

The dream catcher finds itself most useful hanging over the bed. You may wish to perform this rite every month to ensure no bad

dreams will come to you.

Empowerment of the Protection Statue

If you are in possession of a gargoyle or statue that you feel would instill fear into the hearts of those with malicious intent, you can empower it to protect your house and family.

In addition to the statue, you will need holy or spring water, salt, and a candle flame.

Set the protection statue in a place facing your door or window, wherever you need it to turn away negative forces.

Wet your fingers with the water several times while wiping the statue and saying:

By the power of water I cleanse you.

Put the water down and take up the salt. Sprinkle some salt around and on top of the statue while saying:

By the power of earth I sanctify you.

Put down the salt and take up the candle. Circle the statue with the candle while saying:

By the power of fire I empower you.

Put down the candle and take up the incense. Circle the statue with it, encircling the creation with its smoke. Say:

And by the power of air I enliven you.

If your statue is part candle holder, light the candle within it now.

Hold your palms out toward the statue, perhaps one hand on either side of it. Close your eyes and repeat the following:

*Earth, air, fire, water
Elements protect your daughter.*

Or

*Earth water, air, and sun
Elements protect your son.*

Concentrate on sending energy of good and protective forces into the statue until your hands are tingling. Stop when you feel that enough energy has been put into your new protector.

A Protection Hex Sign

The images known to most as “hex signs” are powerful designs originating from the Pennsylvania Dutch. This particular sign is meant to repel negative forces from the household within which it is hung.

Draw the design on the next page upon a wooden disk, piece of paper, or upon a piece of cardboard.

Other necessities for the completion of this talisman include water, a candle, and salt.

Cast your circle. Slightly wet your fingers and sprinkle the liquid upon the sign, saying:

I cleanse you by the power of water.

Take a very small pinch of salt and sprinkle the sign, saying:

I sanctify you by the power of salt.

Hold the sign in your hand and circle the candle flame with it. Say:

I empower you by the force of fire.

Circle the sign over the incense, allowing the billowing smoke to swirl about its edges. Say:

And I enliven you by the power of air.

Hold your hands over the hex sign and repeat the following protection chant until your hands become warm. Recite and repeat:

*Earth, air, fire, water
Elements protect your daughter.*

Or

*Earth, air, fire, and sun
Elements protect your son.*

When you believe there to be enough power in the sign, recite

the following several times until you feel its purpose has been fulfilled:

*By the powers of earth, air, fire, and water
Bring protection and safety to all who live in this house.*

Circle your hands over the sign to release the energy from your hands. Close the circle. Hang the sign where it can be seen by members of the household. Hex signs must be viewed by others for their powers to work. If this is not possible, hang it where you can see it but others cannot.



Good Fortune Charm Bag

The production of charm bags has been a popular form of magic for centuries, if not forever. For this charm, you will need the rune Fehu drawn on three wooden disks. The rune is pictured below.



You will also need a swab of green fabric, thread with which to tie the bag, and an herbal powder made of lemon thyme, nutmeg, thyme, and mint or any other combination of herbs whose purposes are to attract luck and prosperity.

Prepare the disks. Place them on the fabric and sprinkle them with the fortune powder. Tie up the bag, knotting it seven times on alternating sides. Hold the bag in your palms and say:

*With this bag of herb and charm,
I hereby repel from me all harm.
Fire and water, air and earth,
Prosperity I draw thee forth.
Bag of luck, bag of healing,
Bag of profitable money dealing.
In my hand, charged and ready,
Bring unto me prosperity.*

Carry the bag in your pocketbook or keep it where you keep your fortune. It may be hung inside the home where there is much activity in hopes that the energy from the bag will seep into the individuals who pass it by.

Herbal Fire Spell

An easy rite to attract money and good fortune involves setting a combination of powdered herbs into the flame of a candle. The candle can be green, gold, or silver and may contain the scents of bayberry or peppermint.

The herbal powder can be made of a combination of prosperity drawing herbs including lemon thyme, nutmeg, thyme, and mint. In their dried form, these herbs should be crushed by mortar and pestle until they resemble a fine dust. Store the powder in a sealed glass jar, minding to label it accordingly.

Prepare your altar space or work area. Place the candle in the center of the setting, with the jar of powder and a dish for the powder nearby. Pour a small amount of the powder into the bowl. Light the candle however you feel appropriate, be it by match, lighter, or an additional candle.

Sprinkle herbs into the flame of the candle, keeping your fingertips clear so as not to burn them. Meanwhile, chant:

*Bring good fortune,
Bring it fast.
May our fortune,
Always last.*

Return any remaining powder from the ritual to the jar. Reserve this candle for repeating the spell in the future. Its flame may be put out using a snuffer. It may also be allowed to burn down until its flames extinguish themselves.

A Spell to Send Employment to a Friend

For the following spell you will need a piece of paper, a pen, an herb or powder associated with prosperity, a green candle, a fire-proof tin, and some water.

Inscribe upon the paper the name of the person who is in search of employment. Set your tools in your allotted sacred space, be it upon an altar or anyplace in which you perform rituals. Cast a circle if you wish.

Lightly sprinkle the paper with the water, cleansing and empowering it. Place the paper before you. Hold your hands over it, imagining white light flowing through your hands into the paper. Visualize the individual attaining the job of their dreams. Do not imagine them at a specific job, but merely see the person in your mind smiling and working happily.

Sprinkle the herb(s) on top of the paper. Fold it so that it acts as a pocket or envelope holding the herb(s) inside.

Holding the paper in your hands, chant the following until you feel you have raised enough energy and that the object is properly charged:

*Element of earth, fruits of your bounty
Please bring the right job to (name of person).
Sun and stars, moon and comet
Bring to (name) the best employment.*

When the energy has been raised and the object has been charged, use the flame of the green candle to set it on fire, immediately placing it into the fire-proof container. Wait until the embers have cooled. Then release the ash into the wind.

Be sure to have fire extinguishing materials nearby in case of an unexpected accident.

To Protect a Youth Going to a Party

Oft times, children we care for frequent parties where we may fear for their safety. There is no way of knowing what dangers they may encounter during the night, or what choices they will have to make in order to be accepted among their peers. In addition to loving advice, the following spell is intended to help keep your loved one safe and ensure that they have a good time.

For this rite you will need a white or ivory candle, a straight pin, a white piece of paper, water, a bowl, and a candle holder. Pour a small amount of water into the bowl. Leave the candle holder empty until directed otherwise.

Ready your work area. Cast the magic circle, if so desired. Center yourself and relax your muscles. Concentrate on the task at hand. Inscribe upon both the paper and the candle the name of your cherished one and how you desire to help them remain protected. Use the pen for the paper, and the straight pin for the candle. You may find that writing the following chant will suit your purpose best.

Fold the paper into a small square and dip it into the bowl containing the water, long enough so that the paper is soaked through and the letters illegible. Place the wet paper at the inner base of the candleholder. Insert then the candle itself, with the matching inscription on its surface. Light the candle.

Recite the following as you visualize your loved one being protected and making the right decisions during their adventures:

*Luck and fortune come my way
Befriend dear (name) on this day.
Protect her (or him) tonight
So she (or he) does what's right.
Let her (or him) make merry,
Without a care.
Help her (or him) to dance
Like no one is there.
As I will, so mote it be
May all my luck now go to she (or he).*

Leave the candle burning until you must retire for the evening,

or until your child returns home safely.

To Increase One's Beauty

This spell is for the woman wishing to attract a man to her side. It is what is known as a “glamour” and is as much an act of pride and attitude as an act of magic.

For the ritual you will need a candle of pink, red, or white color, a sprinkling of dried flower petals (perhaps roses), a small satchel, and three small wooden or cardboard disks.

Upon the disks inscribe the run of Berkana:



Set the candle in the center of your work area. Sprinkle around its perimeter the flower petals in the shape of a heart.

Place the charms inside the satchel and cup it in your hands. Close your eyes and lightly chant the following:

*I am light,
I am love.
I am night,
And evening dove.*

*My voice is sweet,
It sings a song.
With graceful feet,
My strides are long.*

*My skin is fair,
Complexion bright.
With sculpted hair,*

I am the light.

*Within my eyes,
All men can see.
Sweet mystery resides,
Their eyes on me.*

*With charms concealed,
This spell is tight.
My beauty revealed,
I am the night.*

When you feel that the satchel contains the right amount of energy, or you feel as if you are a new person, affirm aloud that you are beautiful. Go about your day or evening with head raised high, feeling the beauty emanating from within yourself.

Angelic Peace & Prosperity Ash

For the following conjuration you will need a fireproof bowl, a gold, silver, or green candle, a pen, and a piece of paper or cardboard. Inscribe upon the paper or cardboard the following words:

*Sachiel I call to thee
Grant to me prosperity
Send to me your energy
Bestow on me serenity*

Hold the inscribed token in your hands whilst you repeat the chant aloud. When you feel the time has come, light the token aflame and watch it burn. When the flames have died and the ash has cooled, crumble the burnt paper into a fine powder. Keep the ash within a jar or fanciful bottle for good luck. Continue adding to the jar whenever you perform the spell again.

Sachiel is an angel of fortune and prosperity.

Fortune Hex Sign

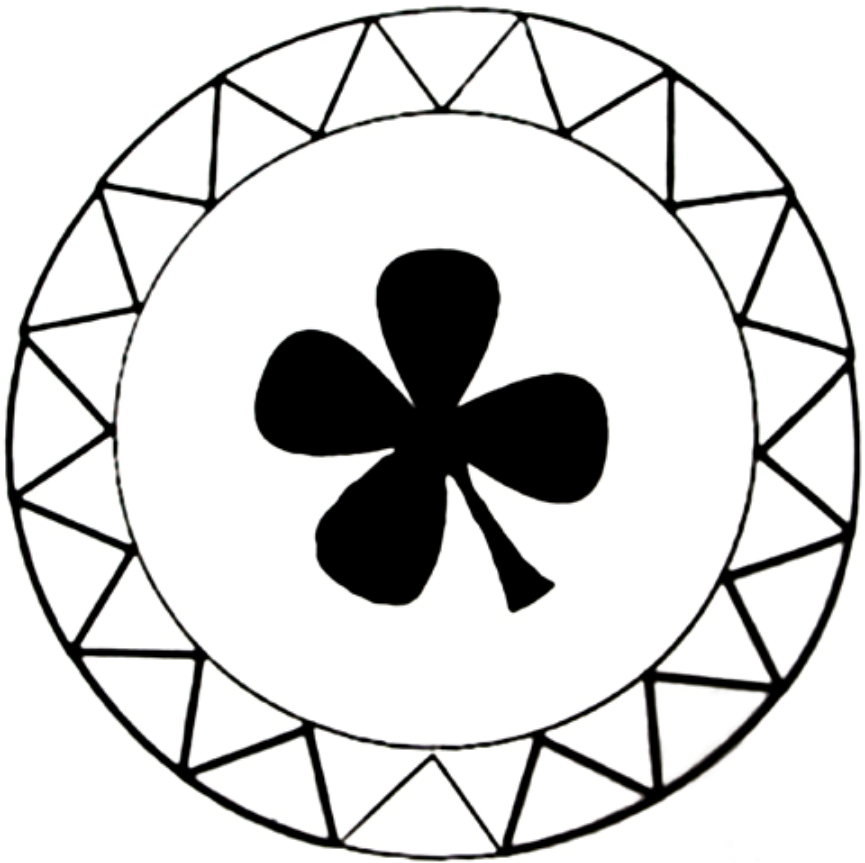
This powerful sign is meant to draw to its maker good fortune and prosperity. You will need either a round, wooden disk or one made of cardboard. Inscribe upon it in colors of green, yellow, and gold the image on the following page.

When the disk has been prepared, take it to your altar or usual place of spell crafting. Place it on your workstation before you. Hold your palms over it and close your eyes. Chant:

*Upon the wall
All eyes to see
As Watchers bring
Prosperity*

*May those who see it
Receive it
For those who deserve it
Need it*

Hang the sign where the members of your household can view it easily or outside for the world to embrace.



Healing Satchel Spell

To quicken the recovery time of a friend in need, perform the following spell. You will need a picture or drawing of the likeness of the individual who is ill. You will also need a writing implement, white ribbon, and a blue bag or swatch of fabric.

Write upon the reverse side of the picture what ails or afflicts the person (i.e. sore throat, cold, fever, broken arm). Hold the picture in your hand with the image facing toward you. Say aloud:

*By the lights of the Sun and Moon
May sickness be gone and healing ensue.*

Roll the picture into a thin tube and tie it together with a strand of white ribbon. Insert it into the satchel and add to it herbs of your liking. General healing herbs like allspice, ivy, mints, rose, thyme, ginseng, and fennel. Those with associations closest to the person's ailment are best.

Tie the bag tightly with another strand of ribbon. Hold it with the palm of your hand and chant the following until you feel it is appropriate to stop:

By my will, you'll be healed soon.

The satchel may be kept on the altar or by a window. When the person recovers, you may dismantle the bag. Let the herbs fly from your hand out the window. Thank the gods, spirits, or any other chosen entity for their help in healing your friend or loved one. Burn or bury the picture, or save it for later use.

Wishing Well

A well for wishing can be located anywhere of your pleasing, even inside the house. To make such a “well,” simply make a special space for a large pot, cauldron, or water fountain. Fill the vessel with water, adding salt or any magical additive in order to make its magic potent.

When the time has come you desire to make a wish, take a penny, or several, and go to your well. Stand before it, imagine your wish in your head, and toss each coin in one by one, reciting the following prayer with each drop:

*Gentle waters take my token,
Listen while my words are spoken.
As the waters make their “swish,”
Grant to me this little wish.*

If you choose to do so, you may reserve a certain time monthly or yearly to empty the well. You can either save the coins for later use or donate them to charity.

To Break a Bad Habit

If a horrible habit has you by its claws, the following sympathetic magic might help you.

Take an object representing your habit (for smokers a box of cigarettes, gamblers a used scratch ticket) and bring it outside with a spade or shovel and some black pepper. It is preferable to do this spell at night.

Dig a small hole but also one that is big enough to bury the object within the space leave it fully covered. Place the object inside and glare down at it in disgust. Pour a handful of the pepper into your palm and steady it above the hole. Say:

*The habit's strong
But it can break.
For so long
It's made me weak.
But from now on
By my command,
It shall be gone
Beneath the sand.*

Swiftly throw the pepper on top of the cursed object and quickly cover it with dirt. From that point on, look upon the habit as a curse, something you wish to never return to you. It is buried.

Ritual To Be Forgiven

If you deeply feel that you have hurt another or that you have, in some way, wronged the world itself, here is a ritual to aid you in gaining forgiveness.

Go to your altar with paper, pen, fireproof container, and a candle of red or black color. Upon the paper write a long and detailed, emotional letter to whomever you have wronged, or expressing why you feel the need to be forgiven.

When you have completed the letter, light the candle. Fold up the letter and light it on fire using the candle's flame. Place the burning paper into the fireproof container. Recite the following as the paper burns:

*(Name/Universe) forgive me,
For I have wronged thee dearly.
It was not my plan to hurt thee,
You must believe me surely.
I beg you, please forgive me.
Take this torture from me
And never again will I hurt thee
Again until eternity.*

Scatter the cooled ashes into the wind or bury them outside. Do everyone in your power to right the wrong you have committed.

Please note, never perform a ritual involving fire without appropriate extinguishing tools nearby.

About the Book and Author

Marie's Book of Spells was penned pseudonymously by Marie Logan in 2001. The book represents months of magical research, practice, and devotion.

Logan was born, and has since began publishing with her real name, Lizz Clements on June 13, 1982. She discovered magic and metaphysics at the age of 12 and began studying Wicca and Paganism shortly thereafter.

As a teen she took interest in Eastern religions and studied philosophy. After graduating high school, she decided to put her knowledge to use and published *Marie's Book of Spells* to share what she had learned about magic and spell craft.

Clements currently lives in Texas and has released this new, slightly revised version of *Marie's Book of Spells* for readers. She still studies magic and Pagan religions and is an avid writer.

The author can be contacted through her website, lizzclements.com.