



YORKVILLE
U N I V E R S I T Y

Master of Arts in Counselling Psychology

Student Practicum Manual

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INTRODUCTION

Congratulations on reaching this important milestone in your professional development and embarking on the journey to complete the Master of Arts in Counselling Psychology (MACP) degree at Yorkville University. To fulfill the requirements for the MACP program, all students must complete an in-person onsite counselling practicum, which will occur at the end of the program after you have completed all academic courses.

Although the practicum begins after the completion of coursework, it is very important that students start thinking about their practicum experience early in the academic program. To help begin this process, we have developed the *MACP Practicum Portal* and the *Student Practicum Manual* as resources to access as you progress through the MACP program.

The *Student Practicum Manual* will provide you with the information needed to become familiar with the practicum preparation process; site and supervisor requirements, roles and responsibilities; student's responsibilities; the onsite counselling practicum requirements; and, the practicum course.

The Department of Field Training wishes you all a very positive and successful learning experience during your practicum!

SETTING THE STAGE FOR YOUR PRACTICUM

Below is a quick summary of critical information all students should be aware of from the beginning of the Master of Arts in Counselling Psychology (MACP) program. These are important summary points; more detailed information is provided in the body of this manual.

- Securing a practicum placement is the responsibility of the student, not the university.
- Students who live in large urban areas should not assume it will be easy to find a practicum site because, though there are many opportunities, there is also considerable competition from students in other university graduate programs.
- The aim of the MACP practicum is to develop basic entry-level counselling skills within the traditional counselling session, while also learning to apply appropriate theory.
- The MACP does not prepare students to practice alternative therapies, and practicum plans which involve such therapies cannot count towards the MACP Practicum.
- Students are prohibited from securing practicums:
 - Where the focus is on highly specialized mental health services.
 - At facilities where the focus is predominantly on psychological research.
- Students who plan to complete their practicum in a school setting must be in a middle or high school (clients 10 years and older) and must start practicum in September.
- It is recommended that students not work with clients where there is a strong possibility that the case may result in the practicum student having to engage with the legal system or provide testimony in court.
- Students are expected to honour their commitment to a potential practicum site once they have accepted a practicum offer, either verbally or in writing.

- Completing practicum and working full-time is not recommended. It is recommended that students are not employed for more than 20 hours per week.
- Completing a practicum in the student's placement of employment is not recommended. Workplace practicum proposals require submission of additional information and additional review for approval.
- The Practicum is two 15-week trimesters in length. The Practicum consists of onsite and coursework components. Each Practicum course (PSYC7113 & PSYC7203) must be registered and paid for independently. Students are expected to take the Practicum course consecutively while working at the practicum site.
 - For information on registration, please contact Student Services via AskYU.
 - For questions about fees, please contact the Bursar's Office at bursar@yorkvilleu.ca.
- It is recommended that students who have less than two years of counselling-related experience immediately begin seeking out volunteer opportunities with distress centers, crisis lines, or other such services that offer well-recognized and structured volunteer training.
- The Department of Field Training has the MACP Practicum Portal, which contains the Practicum *Site Locator* that is available to all students. Please note the *Site Locator* is not inclusive of all potential practicum sites in any given area and that not all sites on Site Locator are available to take students at the time of seeking a practicum placement.
- There are several organizations – in particular, health authorities – which require the university to apply on the student's behalf. Information on some of these authorities can be found on the Practicum Information section. Should you encounter an organization that requires the university to apply on your behalf outside of the organizations listed, please contact the Department of Field Training at practicum@yorkvilleu.ca
- Some sites require a separate and formal Affiliation Agreement. It is important to determine well in advance of the practicum application deadline date if a potential site requires an Affiliation Agreement for the placement of practicum students. The review and agreement for an external Affiliation Agreement **can take several weeks to several months** to finalize.

PRE-PRACTICUM

Prerequisites for Practicum

All required program courses must be completed and passed for students to be eligible for starting practicum. Students must have a minimum of 3.0 GPA to be eligible to begin practicum. Students must also be in good financial standing with the Bursar's Office: all outstanding fees owing to the University and the 7113 and 7203 Practicum Course fees are paid in full.

Yorkville University's Department of Field Training Staff hopes the MACP Practicum Portal is helpful and informative. If there is only one important message we want to communicate, it is this: **Do not put off looking for a practicum site until right before the application deadline.** Take personal responsibility for every detail of your Field Training experience. We are here to help you be successful, but it is up to you to manage the entire process through to completion.

Failure to meet these obligations prior to the practicum start date may result in the practicum having to be deferred to the next trimester. Students should contact the Registrar's Office if they have any questions about their academic standing and the Bursar's Office regarding their financial status.

Pre-Practicum Timeline

This timeline will provide you with a step-by-step explanation for the process you should follow leading up to your actual Practicum. By adhering to these steps, you guarantee the best possible outcome for both obtaining your Practicum site and performing well during your Practicum.

12 MONTHS BEFORE

Complete these activities at least 12 months prior to practicum (trimester 2-3, courses 6104, 6213, 6203, 6153, 6163, 6246, 6233):

1. **Review all materials in the Portal:** Including the FAQ, and Supervisor Information located in the Supervisor Section.
2. **Review the practicum requirements:** It is your responsibility to understand the practicum requirements, this includes appropriate sites, types of activities you will need to engage in and the number of hours you will need. You should also be familiar with the qualifications your site supervisor will need to meet. If you have any questions, please contact any of the MACP Practicum Advisors via AskYU.
3. **Review your provincial regulatory body / professional association:** If none exists review the national association website, become familiar with the regulations and requirements related to completing your MACP practicum. It might be helpful for you to download and review the registration application for your provincial / national regulatory body or professional association.

Review Resources linked in the Pre-Practicum Timeline on the Practicum Portal: Chart of MACP Practicum Requirements (PDF) and Introduction to Practicum (Video).

9 MONTHS BEFORE

Complete these activities at least 9 months prior to practicum (trimester 4, courses 6273, 6256)

1. **Consider joining your national professional counselling organization as a student member.** This will provide you with access to conferences, newsletters, committees and other activities that will allow you as a student to interact with other students as well as professionals in the community. This professional network becomes valuable when you are beginning to locate possible practicum sites as well as supports overall career development.
2. **Begin to create a list of sites in your area and begin contacting these sites** to determine if they provide opportunities for practicum and when they anticipate openings for practicum students in the upcoming year. You can track your progress using *My Practicum Search* document, linked in the MACP Practicum Portal, Students section, Pre-Practicum Timeline.
3. **Consider which agencies or organizations require YU to apply on the student's behalf and what deadlines they have for those applications.** Review the provided content in the MACP Portal for specific material you should send to potential practicum sites when you first are reaching out. Remember you should write a cover letter specific to each site. Review additional resources on the MACP Practicum Portal, Student's section, Pre-Practicum Timeline.
4. **Begin to think about the time commitment needed to complete your practicum as well as other work and life responsibilities you have.** You will need to commit about 2 days a week to your practicum to meet all required practicum hours. You will also have the Practicum Course 7113 & 7203 where you will have a set schedule that requires attendance at includes live seminars and student video recorded case presentation sessions in an online meeting room facilitated by your faculty instructor. Review additional resources on the MACP Practicum Portal, Student's section, Pre-Practicum Timeline.
5. **Reach out to the sites you are interested in and which you have identified as being appropriate for your practicum experience.** Discuss the process each site uses for initiating practicum placements and the steps you will need to complete to apply to the site.
6. **Review Practicum Interview video and Effective Cover Letter & Resumes videos located on the MACP Practicum Portal.** Contact the Yorkville University Career Centre for feedback and guidance on writing cover letters, resumes, and interviewing skills.
7. If you are offered a practicum, **determine if there is a site supervisor that meets YU supervisor qualifications.** Review additional resources on the MACP Practicum Portal,

Student's section, Pre-Practicum Timeline, as well as information contained in the Student Practicum Manual that describes site supervisor requirements.

8. **Review the instructions for completing a practicum placement application**, become familiar with all the information you and your proposed site supervisor will be responsible for and the deadline for submission. Go to the Practicum Placement Application on the MACP Practicum Portal. Review additional resources on the MACP Practicum Portal, Student's section, Pre-Practicum Timeline).
9. It is the student's responsibility for determining if the practicum site will require YU to review and sign an external **Affiliation Agreement** beyond the YU Affiliation Agreement located in the Supervisor's section of the MACP Practicum Portal. Some sites require a separate and formal Affiliation Agreement. It is important to determine well in advance of the practicum application deadline date if a potential site requires an Affiliation Agreement for the placement of practicum students. Note: The review and agreement for an external Affiliation Agreement **can take several weeks or even months** to finalize.
10. **Schedule a meeting with your potential site supervisor to review all the requirements** to be sure that the site can meet YU site requirements.

4 MONTHS BEFORE

Complete these activities at least 4 months prior to practicum (trimester 5, courses 6223, 6263)

1. **Confirm a start date with your site.** Remember to review the Academic Calendar so that you know the first date of the course.
2. Review **Submitting a Successful Practicum Placement Application** video on the MACP Practicum Portal.
3. **Inform your site supervisor of their responsibilities related to the application process** and the deadline for submitting required supporting documents. Review the Supervisor Requirements section on the Practicum Portal and this Manual.
4. **Purchase professional liability insurance for counsellors.**

Applications submitted past the stated application deadline will **not** be reviewed. It is very important that you and your supervisor are aware of the application process and deadlines for submitting all documentation.

PRACTICUM SITE AND SUPERVISOR SEARCH

Practicum Search Tips

Students are responsible for securing their own practicum sites by adhering to the YU MACP guidelines and following the YU Practicum Application approval process set by the Department of Field Training. While it is the student's responsibility to secure a practicum placement, it is also the student's responsibility to conduct themselves professionally while securing a placement. As such, students must be aware that making a **verbal or written commitment to a practicum site is considered binding**, and once that commitment has been made the student must not go back on the commitment, except in cases of personal emergencies. It is not acceptable for students to accept a practicum offer and then continue to search for an alternative practicum placement, or accept another placement offer and break the commitment to the first practicum site. To renege on an accepted offer to accept a different offer will be viewed by the University as unprofessional conduct on the part of the student.

The search for a practicum opportunity can at times be anxiety-inducing. It is important to realize that it is not uncommon, depending on your area, to have to apply to upwards of 30+ sites to secure one spot. It takes hard work. Not securing a spot does not necessarily mean that you are doing anything wrong. It is also a matter of fit, availability and timing. For this reason, the way you approach your search is critical. You should absolutely be tracking your search with dates, notes, and other important details. This will allow you to reflect on what you have accomplished so far, provide direction and focus, and help you to time your follow up.

Try hard not to feel discouraged if your initial attempts are not successful. Remind yourself this is a process that requires persistence and a positive attitude. However, if you find that after contacting 30+ sites you have no success, it may be time to check in with one of the MACP Practicum Advisors to discuss your situation; to do so submit an AskYU ticket with specific questions so that the Practicum Advisors can provide you with specific guidance.

- ***MACP Practicum Portal – Site Locator.*** The MACP Practicum Portal provides students, sites and site supervisors online access to information, and guidelines for pre-practicum, the practicum application process, the onsite practicum experience, and the practicum course. The MACP Practicum Portal has been organized in the order in which both the student and site supervisor will engage in the practicum process. The MACP Practicum Portal is located on the Yorkville University **MyYU** webpage.
- ***An Internet search is an excellent source to search for sites.*** Most potential practicum sites have websites that will give you a very good sense of the type of agency they are. You will be able to answer some of your YU requirement questions here (such as whether they work with children over the age of 10, for example). Make notes on your tracking sheet of important details, perhaps include a specific fact that you can use to personalize your cover letter when applying to the site.
- ***Networking is very beneficial in a practicum search.*** Consider joining professional and student groups to find connections to sites that may be looking for practicum students but not advertising the opportunity, or sites where current practicum students are finishing up

their trimester. You never know what connections and knowledge others possess that may inform your search.

- ***Follow-up is important.*** This will show your intent and professionalism, as well as offer you another opportunity to connect with placement staff. Please respect requests that sites may have communicated regarding appropriate follow up. You do not want to leave a bad impression by ignoring direction.
- ***You may also want to review your resume and cover letter.*** If you are using these tools from a previous job search, then you are missing the opportunity to tailor them to best show what you have to offer. It is recommended that you watch the self-directed modules on the MACP Practicum **Portal** on Effective Cover Letters and Resumes to maximize your first impression. Students should contact the **Yorkville University Career Centre**, located in *Student Success Centre* for assistance with resume writing/revision, writing cover letters, and interview preparation. The Career Centre is the resource for students to have their resume and cover letters reviewed and receive feedback from a professional career counsellor.

MACP Practicum Site Locator

The Department of Field Training has a substantial database of potential practicum sites available to all MACP students in the ***Site Locator*** on the **MACP Practicum Portal** website. The *Site Locator* is simple to use.

Students will be able to **filter their search by city, province, and country**. The search results will provide a list of sites in the defined area, including a direct link to the site's website (if available), the site address, and contact information. The contact person identified for the site may be the person responsible for receiving the practicum site's applications.

The online database contains information about practicum sites that have previously hosted YU practicum students and have indicated they are willing to have their agency or organization be approached by future students seeking practicum placement. Having an agency or organization's information included on the MACP Practicum Portal - *Site Locator* does not obligate them to accept Yorkville students. It simply means that they have hosted one of our students in the past and they may be willing to do so again if the conditions are feasible for the site.

The MACP program seeks to maintain up-to-date information on the MACP Practicum Portal – *Site Locator*, however **it is possible that some of these sites no longer meet YU current practicum site requirements or are not able to offer Yorkville students placements at a particular time**. The MACP Practicum Liaison reviews all sites to ensure they meet MACP program requirements for practicum. We also recognize that site information and the site's ability to accept a student does change from time to time without our knowledge. If you encounter evidence of this, please send an email to practicum@yorkvilleu.ca as soon as possible so that we can update the contact information immediately.

All proposed practicum sites and supervisors presented to the Department of Field Training in a student's YU Practicum Application, whether they are on the MACP Practicum Portal – *Site Locator* or not, **must undergo the same review process to determine appropriate fit for the student**. The Practicum Liaison, a member of the MACP Field Training Department, reviews

and determines the viability of the site and supervisor after a thorough review of the site's information and the supervisor's application. The MACP Field Training Department staff review each student's practicum application. Once the review process is complete and the student's practicum application (including site and supervisor) is approved, then the Director of Field Training officially approves the student's practicum application and emails the student with notice of approval of their practicum application.

It is very important for students not to assume that any site on the MACP Practicum Portal – Site Locator will be suitable for them. Students must do their due diligence by conducting informational interviews with the site and potential supervisor to ensure that the match is a good fit for them. We encourage students to do their own research beyond the sites that are included on the MACP Practicum Portal – *Site Locator*, as this is **not** an exhaustive source of potential practicum sites.

Potential Practicum Sites

Appropriate Practicum Settings

Starting in trimester two of the MACP program, it is important for students to begin reflecting on the type of practicum that is suitable for them. In doing so, it is equally important for students to understand that by the time they have completed their academic coursework, the majority of MACP students are just beginning their counselling careers and, therefore, are novices to the profession. As such, it is important for students to recognize their level of competence and look for practicum sites that will provide them with entry-level counselling experience in general mental health

In general, **appropriate practicum settings** that **may be acceptable** include:

- Any established venue in which general mental health counselling services are professionally delivered.
- Organizations specifically identified as providing mental health services are acceptable, whether public, private, culturally, or religiously affiliated.
- Mental health services embedded within a larger context, such as the psychology or clinical social work department of a general hospital.
- Organizations not specifically identified as mental health services, but in which mental health issues figure prominently, such as minimum-security prisons, special schools (for children older than age 10 years), and eldercare organizations.

It is vitally important students understand the MACP program is first and foremost a counselling degree and not a psychology degree. As such, the focus of the MACP practicum is to develop basic entry-level counselling skills within the traditional 50-minute counselling session while also learning to appropriately apply psychological theory. It is important students seek out a potential practicum site that has an established and structured mental health counselling delivery model where general mental health issues, such as stress, depression, anxiety, grief, etc. are addressed.

Highly Specialised Mental Health Services Settings

Entry-level counselling students **are strongly cautioned away** from securing practicums at agencies or organizations where the focus is on highly specialised mental health services, such as:

- Agencies that exclusively provide services such as assessments
- Eating disorders
- Forensics
- Individuals with cognitive impairments (clients with IQs less than 70 and serious brain trauma)
- The focus is predominantly on play therapy as a counselling method
- Severe emotional trauma
- Severe psychiatric disorders,
- Focus is predominantly on psychological research
- equine assisted therapy
- a strictly single session model would not be sufficient for Practicum. Students need the opportunity to work with clients throughout the therapeutic process.

Not Appropriate Practicum Settings

Agencies that exclusively provide these services **are not appropriate for MACP Practicum:**

- Academic or Educational counselling
- Applied Behavioural Analysis (ABA)
- Agencies that exclusively provide services such as assessments
- Career or Vocational counselling
- Children under the age of 10 years
- Life coaching
- Psychological Research, as predominant focus
- Work rehabilitation counselling
- Summer camps
- Semi-structured day programs
- Residential treatment programs
- Agencies or private practice settings where students are responsible for generating their own client base (or sites that in any way expect students to market their own services or run their own private practices).

Agencies/ Organizations Requiring YU to Apply on Student's Behalf

There are several organizations—in particular, **health authorities**—which require the university to apply on the student's behalf. Generally, they will identify this on their website. Should you encounter this, please contact the Department of Field Training at practicum@yorkvilleu.ca. There is a specific contact person on the Field Training team that assists students with Health Authorities practicum applications.

You will also find information about some of the more common umbrella sites we currently work with (such as Alberta Health Services, Island Health Authority, Interior Health Authority, Ministry of Child and Family Development, Vancouver Coastal Health) under the Agencies/Health Organizations section on the MACP Practicum Portal website.

It is extremely important that students not circumvent the application process established by the organization by making their own practicum arrangements with an individual employee of the organization. Even if a student is an employee of the organization or has contacts with individuals who work for the organization and the contact offers the student a practicum placement, students must still follow the organization's application procedures and contact Field Training at practicum@yorkvilleu.ca to apply on their behalf. At that time, students can provide the Field Training staff with any information or contacts they may have related to their preferred placement site(s) within the organization, and we will do our best to advocate on the student's behalf.

It is very important for students to understand whether or not these organizations have a formal **affiliation agreement** with YU that requires us to follow their application process. This ensures the organization is fully aware of all students completing a practicum within their organization and that Yorkville's general commercial and workplace accident insurance coverage is not compromised. If a student does not follow the appropriate application process, the MACP Field Training Department will not be able to approve the student's Practicum Application. The student will have to defer their practicum until the following trimester to allow MACP Field Training Department the opportunity to officially submit the application to the organization in the appropriate manner.

International Practicum

Students outside of Canada must consider the following in addition to all other YU requirements:

- Yorkville University insurance does not provide liability insurance coverage for students completing a practicum placement outside of Canada.
- Yorkville University will be required to obtain their own professional liability insurance for the duration of practicum. It will be important to speak with potential site supervisors about any additional insurance coverage required by the site.
- Online Zoom meetings are a mandatory part of the Practicum course and the student must ensure that he/she/they/them have access to Zoom from the country in which they/them please to do their practicum placement.
- At least 50% of client's sessions must be in English, and the supervisor must be able to communicate in English with Yorkville University staff and faculty as they will be part of your practicum learning and support team.

Practicum in Student's Place of Employment

Completing a practicum in a student's place of employment is considered a last resort when there is no other option. Therefore, a student must have a valid reason for applying to complete a

practicum in his/her/their place of employment, for example, the student has exhausted all other possibilities in trying to secure a practicum placement elsewhere, or it is required by employer, or it will cause the student extreme hardship. It is possible to apply to complete the practicum in a student's place of employment as long as both the agency or organization and proposed practicum supervisor meet the necessary Yorkville University eligibility criteria, and the employer is agreeable.

All workplace practicums must receive additional review for approval. To obtain this approval, the student must complete the Practicum Application and provide require supporting documentation, such as the:

- **Workplace Practicum Information Form**
- A copy of the site's **official organizational chart**.

The Workplace Practicum Information Form is linked in the MACP Practicum Portal, Students section, Practicum Application.

MACP students who are teachers and who want to do their practicum in a *middle or high school* **must** begin practicum in the **September trimester** to ensure that they will have sufficient time to complete the practicum of two full trimesters.

In addition, a MACP student interested in doing practicum in his/her/their place of employment must adhere to the following guidelines:

- **The practicum must be completed in a different unit, department, or program.** Teachers wanting to complete a practicum in a school setting (middle and high schools) would complete their practicum ideally at a school different from where the student is employed, but within the same school district.
- **The practicum student must be performing substantially different activities during practicum than the student performs as a paid employee** (i.e., practicum activities and responsibilities must be distinct and different from employment activities and responsibilities).
- **The proposed practicum supervisor must be a different person from the practicum student's employment supervisor.** The practicum supervisor cannot have served or be currently serving as an employment supervisor to the practicum student, or be a coworker, educator, mentor or someone to whom the student has direct reporting alignment at his/her/their place of employment. In addition, the supervisor should not have a personal relationship, such as familial or friendship, with the practicum student.
- **Dual relationships or conflicts of interest between the practicum student and practicum supervisor**, or between the practicum student and any potential practicum clients must be prevented or managed.

Practicums in School Settings

Students who plan to complete their practicum in a school setting must do so in a middle or high school and **must** start in **September**; this ensures students have enough time to complete the

practicum hour requirements over a continuous 7.5-month period. **Note:** This restriction does not apply to post-secondary institutions (universities, colleges, etc.) where counselling services may be delivered year-round.

Affiliation Agreements

Some practicum sites, in particular hospitals, school boards, and government departments require an affiliation agreement, which is a contract between the practicum site and the university. Please make sure you ask your proposed practicum supervisor as early as possible about any additional agreements or contracts that must be completed before you begin your practicum. Your supervisor may need to check with the Director of the agency, or the Human Resources (HR) department or some other personnel within the organization before they can give you an answer, so keep this in mind and ask the question as early as possible. Getting a response will likely take time.

Yorkville University may already have an affiliation agreement in place with the practicum site or have had one in the past that could be out of date or may expire during your practicum. It is your responsibility to ask whether such an agreement is required; and, if so, to inform the Department of Field Training. If an affiliation agreement is needed, please contact the Department of Field Training at practicum@yorkvilleu.ca.

How Long Can It Take to Secure an Affiliation Agreement?

It can often take months for an affiliation agreement to be put in place, as it usually involves several officials within the practicum organization and the University to negotiate and sign an affiliation agreement. It is important for you to know, in some cases, we are not able to negotiate a mutually acceptable agreement with a site; and, therefore, it is important for you to have a back-up plan in place in case it is needed. If you have any questions about this, please contact the Department of Field Training at practicum@yorkvilleu.ca.

Once you are aware that the practicum site requires their Affiliation Agreement to be reviewed and signed by Yorkville University, the student should contact the Practicum Advisor in the Department of Field Training well in advance of the practicum application deadline to notify if the proposed practicum site requires an external Affiliation Agreement. Students will need to provide the following information to a Practicum Advisor in the Department of Field Training:

- the name and address of the site.
- the name of the contact person at the site who handles these contracts, their email address and phone number.
- the student's proposed start and end dates for being at the site.
- whether the student is an employee of the site.

Once the student has provided this information to the Department of Field Training, a Practicum Advisor will initiate contact with the proposed site requesting the site to provide their proposed Affiliation Agreement. The Department Field Training then provides the proposed Affiliation Agreement to the University's designated officials for their review, approval and signature.

Supervisor Fees

The student is responsible for paying any fees that may be required by the supervisor or the practicum site.

REQUIRED PRACTICUM HOURS AND ACTIVITIES

It is expected that all MACP students will always conduct themselves in a professional manner at all times while at the practicum site. In addition to this general rule, there are a number of other expectations and requirements that must be met while in practicum. These include the following guidelines:

Total Required Hours

- Students are required to successfully complete a practicum of a minimum of **400 hours over two full trimesters** (e.g., January to August, May to December, and/or September to April).
- Students are expected to spend a minimum of approximately 13.5 hours per week at their practicum site. These hours may fluctuate a bit from week to week depending on the needs of your clients, the site requirements, and the student's personal schedule.
- For the site supervisor and faculty instructor to adequately assess a student's counselling competencies at the formative evaluation stage at the end of Trimester One, students must have completed a minimum of 60 direct client contact hours of the required 200 direct client contact hours to receive a passing grade and proceed to trimester two of the Practicum course. Failure to meet this target may result in the student being required to repeat trimester one

Required Direct Client Contact Hours

While the division of practicum time depends to some extent on the policies and practices of the placement site, it is expected **that 200 hours** of the practicum will involve interacting and counselling with clients directly. This includes activities such as:

- Intake Interviewing
- Screening
- Testing and assessments, including administration and interpretation of results
- Direct client contact counselling
 - *Individual counselling*
 - Family or couples counselling
 - *Group counselling* (co-facilitating with other qualified professional at all times)
- Case conferences with the client present
- Co-facilitating or co-counselling (one of the above activities) as long as the student is leading at least 50% of the session and not simply observing
- Conducting 50 percent of the student's counselling sessions with clients in English

Individual Counselling:

It is expected that **120 hours of Direct Client Contact Hours** will be mental health counselling hours in the form of **individual counselling**. Family and/or couples counselling may also be included at the discretion of the supervisor depending on the site's service offerings and the experience of the student, but

the primary focus must be individual mental health counselling sessions.

Group Counselling:

It recommended (not required) by some professional associations, such as CCPA, that students acquire some group counselling experience during their practicum. If students choose to gain group counselling experience during practicum, the following guidelines must be adhered to in order for credit to be given toward direct practice hours:

- **Students are not allowed to facilitate any counselling groups on their own** but should have the opportunity to be the lead facilitator for at least half of any and all group counselling hours.
- Mental health group counselling is based on theory, techniques, research and treatment approaches that support effective therapeutic outcomes. Facilitating interpersonal communication and relationships between group members should be highlighted. Often group members go through a selection process to ensure fit and readiness for group work. The facilitator should work with the group members to develop self-knowledge, emotional acceptance and growth during the therapeutic change process. The group members should feel that the group is a safe environment in which to talk about their problems and work out their emotional issues. They can also offer suggestions and support to the other members. Each member should be actively engaged and participate in the group throughout the session.
- Psycho-educational groups, self-help groups, and/or psycho-social support groups **do not** meet the mental health group counselling requirements of the MACP practicum.

Required Indirect Client Contact Hours

While the division of practicum time depends to some extent on dealing with clients directly, it is expected **that at least 200 hours** of the practicum will involve indirect hours engaging in onsite case management activities such as:

- Case conference or staff meetings, without client present
- Consultation with professionals at practicum site
- Individual supervision sessions
- In-service trainings, if offered by the practicum site
- Professional team collaboration
- Writing progress notes
- Record Keeping
- Writing and updating treatment plans
- Writing treatment and/or discharge summaries

Required Onsite Supervision

Only the clinical supervision that is provided by the student's MACP approved practicum supervisor can be counted as official supervision hours. By becoming a practicum supervisor for a Yorkville University MACP student, supervisors accept the following required roles and responsibilities:

- Accept professional responsibility for the practicum student.
- Reviews the work of the student on a regular basis.
- Directly observes the practicum student for a minimum of 3 one-hour individual counselling sessions in full and provides written feedback and guidance to the student as necessary, with at least one observation conducted during the first trimester of practicum.
- Provides at least 1 hour per week of direct face-to-face individual supervision with the practicum student.
- Assign appropriate clients for the student's level of competency.
- Verifies the practicum student's practicum hours in Time2Track.
- Agrees to provide the student's faculty instructor and practicum coordinator with written feedback of the student's progress near the end of each trimester of practicum.
- Agrees to meet with the faculty instructor and the student in a Zoom conference call to provide verbal feedback of the student's progress near the end of each trimester of practicum.
- Notify the practicum student if the supervisor will be absent from the practicum site for up to two consecutive weeks during the student's practicum and will follow the steps as outlined in the Supervisor Absence section of this document.
- Notify the practicum student if the supervisor will be absent from the practicum site for more than two consecutive weeks during the student's practicum and will follow the steps as outlined in the Supervisor Absence section of this document.
- Notify the practicum coordinator and/or faculty instructor should an issue or challenge arise related to the student's performance and/or behaviours.
- Collaborate and plan with the practicum student for the completion of video recorded counselling sessions of the student with a client for the Practicum course assignments.
- If there is more than one approved site supervisor, then each supervisor should agree to share the responsibility for clinical supervision and work as co-supervisors.

Supervision should include, but is not restricted to:

- Overseeing appropriate screening and assigning of suitable clients for the practicum student's level of competence.
- Arranging for the student to shadow and observe the supervisor or other appropriate

onsite professionals in the early stages of practicum.

- Arranging for the student to co-facilitate with the supervisor or another appropriate onsite professional in the early stages of the practicum.
- Discussing the student's counselling performance observed by the supervisor live or through video or audio recordings.
- Discussing client cases, the student orally presents to the supervisor for the purpose of case conceptualization.
- Debriefing sessions and exploring the student's reactions to client sessions.
- Reviewing client treatment plans.
- Reviewing progress notes and/or case files.
- Discussing the student's basic work performance.
- Completing written feedback and reviewing feedback with the student.
- Participating in the end of each term feedback conference calls with both the student and their faculty instructor.
- Approving the student's hours in Time2Track.

SITE REQUIREMENTS

The MACP program is a **counselling** (not psychology) **degree**, which focuses on traditional “talk therapy.” The focus of the MACP practicum is to develop **basic entry-level counselling skills** within the traditional 50-minute counselling session, while also learning to apply appropriate psychological theory.

YU expects that MACP students will be provided with:

- a full orientation to the site and its policies and procedures
- a safe and healthy work environment
- a private meeting space in which to provide face-to-face counselling with clients
- guidance and information related to providing tele-mental health counselling, including but not limited to the site’s technological and ethical protocols
- adequate workspace for completing progress notes, reports, and other related activities
- appropriate storage space for all client files.

Advertising, Recruiting or Marketing for Clients

YU expects that practicum students will be assigned existing or new clients of the site/agency. Students **should not engage in marketing and/or recruiting their own clients during their practicum** but will instead be assigned appropriate clients for their level of experience and competence by the site.

Alternative Therapies

The MACP program does not prepare students to practice such therapies as Animal Assisted Therapy, Art Therapy, Music Therapy, EMDR, Play Therapy or other forms of alternative therapies. Therefore, it is important for students and supervisors to be mindful of the fact that practicum plans which may involve such therapies cannot count towards the MACP practicum direct client contact hours, even if the student or supervisor has previous training in these areas of practice. **Students may only observe alternative therapies being performed by other professional counsellors/practitioners and may only count these observation times as Indirect Contact hours.**

Avoiding Dual Relationships

Practicum Student and Practicum Supervisor

A dual relationship or conflict of interest between the MACP approved supervisor and practicum student must be avoided. There must be professional boundaries in the relationship between supervisor and student to ensure a healthy practicum experience for the student. Because supervision employs a form of authority over practicum students, this imbalance of power can potentially lead to exploitation or harm to the student and jeopardize a healthy practicum experience for the student.

Practicum students cannot be supervised by their former or current therapist or by anyone who has served, or currently serves, as an employment manager or supervisor, coworker, educator,

mentor, or anyone who has any direct reporting alignment at the student's place of employment. Students must not to enter a supervisory relationship with a family member and/or a friend.

During supervision, a student may disclose to a site supervisor that he or she is experiencing some significant personal issues in connection with his/her/their experiences with clients. While this may be a normal and important part of supervision to disclose such personal issues to the site supervisor, it is important that the student and the supervisor not engage in a therapeutic relationship. In such cases where significant personal issues do arise for students, it is appropriate and necessary for the site supervisor to refer the student to another independent counselling source.

In some isolated or smaller communities, avoiding a dual relationship between supervisor and student may be challenging, as both may be members of the same community organizations, such as service clubs, religious organizations, or be casual acquaintances. If a dual relationship cannot be avoided, the relationship **must be managed** in a way that will ensure there are professional boundaries between supervisor and practicum student.

Practicum Student and Clients

In the counselling profession, a dual relationship refers to any situation where multiple roles exist between a counsellor trainee and a client. Examples of dual relationships are when the client is also a student, friend, family member, co-worker, employee, business associate of the therapist or the spouse, parent, or sibling of an existing client. Practicum students make every effort to avoid dual relationships with clients that could impair their professional judgment or increase the risk of harm or unethical treatment of clients.

When a dual relationship cannot be avoided (such as in a small remote community), practicum students take appropriate professional precautions such a role clarification, informed consent, consultation, and documentation to ensure that judgment is not impaired, and no exploitation occurs. If the potential for a dual relationship arises, practicum students must immediately discuss the situation with their site supervisor and/or faculty instructor.

Students must not develop sexual, romantic, or intimate interactions or relationships with their clients, past or present.

General Practice Expectations

The Department of Field Training recognizes the physical facilities and counselling opportunities at practicum sites will vary depending upon the site. However, some general practice expectations are:

- orientation to the practicum site's policies and procedures (including safety plan), and client file maintenance system.
- approximately a minimum of 13.5 onsite practicum hours per week for two full trimesters.
- opportunities for the student to observe some sessions conducted by the site supervisor or another qualified site professional, with permission of client.

- opportunities for the student to co-facilitate some sessions with supervisor, or another qualified site professional, with permission of the client.
- opportunities for the student to carry a small caseload of their own (minimum of 4 clients). Students need the opportunity to work with clients throughout the therapeutic process. A strictly single session model would not be sufficient for Practicum.
- opportunities to have the supervisor observe sessions conducted by the student (within the counselling room, through a viewing window or by reviewing video recordings or audio recordings).
- opportunities for the student to observe and, co-facilitate group counselling if this is a service that the site normally provides or would like to provide. Psycho-educational groups, psycho-social support groups, and self-help groups, career, vocational, and academic counselling groups will not be accepted for group counselling hours.
- exposure to and experience in areas of mental health counselling such as: intake interviews, screening, testing or assessment, case conceptualization, client treatment plan and intervention progress, and case termination.
- opportunities for professional development workshops or seminars if available (internally and or externally).

Home and/or Community Visits

Yorkville University practicum students are **not** permitted to provide counselling services to clients via home visits or in public community spaces, such as coffee shops, parks, etc. However, **under exceptional circumstances**, home visits may take place from time to time (e.g., with a client who is unable to leave their home), and only if the appropriate safety precautions are in place and the practicum student is in the company of their approved supervisor.

If the site supervisor would like to assign the student a client who requires home visits, they **must contact the assigned practicum coordinator** to discuss what safety precautions are required to be in place. Offering services through home visits must be an exception and not a regular part of the student's practicum experience.

Language Requirement

Yorkville University offers its programs in the English language and faculty must be able to evaluate students' counselling competencies in the English language. For students who will be completing a practicum at a site where English is not the first language:

- the site supervisor must be able to speak English to provide feedback for the faculty instructor's evaluation of the student.
- 50% of the counselling sessions with clients must be conducted in the English language.
- all recordings required for practicum course student case presentations must be conducted in the English language, with both the student and client speaking English.

Other Off-site Client Visits

It is the expectation of the university that students will see clients at their practicum site or via tele-mental health counselling, and not in other locations not approved by the University. If the site supervisor wants to assign the student a client who requires off-site visits, he or she **must contact the assigned practicum coordinator** to discuss the circumstances and the necessary safety precautions required. Offering services off site must be an exception and **not** a regular part of the student's practicum experience.

Physical Workspace-Onsite

For face-to-face practicum experiences, it is expected that the student will be provided by the site with:

- A safe and healthy work environment.
- A private meeting space in which to counsel clients.
- Adequate workspace for completing progress notes, reports, and other related activities.

Safety During Practicum

Orientation of Site Safety Procedures and Protocols

Prior to the practicum student being assigned any clients, the site must fully inform the student of the practicum agency's safety plan, including all safety procedures and or protocols at *all* locations where the student will be engaging in practicum activities. There must always be professional or support staff employee of the agency present onsite at all times when the student is providing services to clients, if they are onsite. This individual must be someone who understands how to activate the safety plan, if needed. This includes during evening and weekend onsite hours, and any time that involves the student being in satellite offices or on the premises of sister or cooperating agencies. When the student is engaging in tele-mental health counselling, the approved site supervisor should be available to the student via phone.

Onsite Safety for Students and Clients

Although incidents of assault and violence are rare, an emergency or serious clinical issue may arise during a session that a student may not be sure how to handle. Therefore, it is important to ensure that students have immediate supervision and support available to them at all times when providing counselling services. For this reason, the approved practicum supervisor must be fully aware of the student's client session schedule in advance and must be available either onsite or by phone at all times when the student is working with clients. This applies to both onsite and external supervisors. If the approved practicum supervisor is not available, he/she/they must ensure there is another fully qualified professional available to provide the support and supervision, if needed.

Tele-Mental Health Counselling

Tele-Mental Health counselling is now an acceptable and approved delivery model for students to engage their clients. The site is responsible to make sure students have all they need to be successful when engaged in tele-mental health counselling with clients, which includes but is not limited to training, appropriate technology, supervision, and client and student safety.

The supervisor and student should discuss protocols for ensuring client's confidentiality and privacy are in place and followed when providing tele-mental health counselling. It is also prudent to review Canadian telehealth regulations related to engaging in tele-mental health within and outside of the province of the practicum site.

SITE SUPERVISOR REQUIREMENTS

Eligibility of Supervisor

All supervisors and practicum sites must be officially approved by the MACP Department of Field Training prior to students beginning the practicum. During the practicum, students may work with different professionals within an agency, but the approved (onsite or external) supervisor is primarily responsible for the professional development of the student. While students may observe and /or work with other professionals at the practicum site, it is the Yorkville University MACP approved supervisor who is responsible for providing clinical supervision, assigning appropriate practicum clients and appropriate practicum activities, provide feedback for the faculty instructor to complete the formative and summative evaluations, and signing off on the student's *Confirmation of Hours Summary*.

Supervisor Requirements

Supervisors Must Possess:

- **Minimum of a master's degree in a mental health counselling-related field.**
Supervisor educational requirements could include a master's degree in Social Work, Psychology, Education, Divinity or Psychiatric Nursing (and a variety of others); as long as the degree has a focus in clinical counselling. For example, a master's degree in Education (M.Ed.) would need to be in Counselling Psychology, or something similarly specified.
- **At least one full year of post-graduate supervised counselling experience in one of the counselling professions.**
- **Professional licensure or registration.** The licensure or registration must reflective active status and indicate that the individual can practice counselling independently. Qualifying and/or Provisional status will not meet MACP supervisor requirements.
 - In regulated provinces, we require proof of active registration.
 - In unregulated provinces we require proof of active registration with either a provincial or national association.
 - In cases where licensure does not apply, the practitioner's current curriculum vitae or resume would be expected to show relevant experience and membership in appropriate professional associations. In cases where the university is unable to verify academic credentials, the potential supervisor will be asked to submit to the Department of Field Training a copy of his/her/they/their academic transcripts.

Required Documentation. All potential supervisors are required to provide the following documentation at the time of completing the supervisor application to be reviewed and approved by the MACP Department of Field Training Practicum Liaison:

- Current CV or resume.
- Copy of professional registration, licensure, or certification.

PRACTICUM APPLICATION

MACP students generally begin practicum in trimester six and finish at the end of trimester seven. All practicums must be officially approved by the Department of Field Training the trimester prior to the student beginning practicum. To receive approval for a practicum plan, students must submit a successfully completed Practicum Application to the Department of Field Training by the established deadlines. Additionally, students must take note of the requirements for any additional documentation from Supervisors, earlier deadlines and/or additional documents for their application submission for workplace and international placements.

It is highly recommended students start their practicum search for an appropriate site and supervisor **early in the trimester prior to the practicum application deadline** for the term you wish to start practicum. Some sites may require additional documentation that the student must submit along with their electronically submitted practicum application.

Practicum Application Deadlines

Each trimester has its own practicum application deadlines ending at 11:55 pm Atlantic Time (AT) on their respective day. These deadlines are specified below.

For Practicums in Place of Employment	For All Other Practicums
January Start: Deadline is October 1	January Start: Deadline is November 1
May Start: Deadline is February 1	May Start: Deadline is March 1
September Start: Deadline is June 1	September Start: Deadline is July 1

Practicum Application Submission

The Practicum Application is located on the **MACP Practicum Portal** in the Students section under Practicum Application. The form is completed and submitted electronically on the MACP Practicum Portal. The Practicum Application must be submitted on or before the stated practicum application deadline for the term you wish to start practicum.

Practicum Application Process

How to Apply with a Site listed on the Practicum Portal *Site Locator*

1. Browse the *Site Locator* on the MACP Practicum Portal for potential practicum sites. Make a list of potential practicum sites.
2. Make contact with the Site and complete their process for acceptance as a Practicum Student.
3. Obtain the start date with your Site (remember the start date must be the first date of the University term you begin Practicum).
4. Once accepted by the Site, request the **Site Supervisor** to complete the **Supervisor Application form** on the MACP Practicum Portal.
 - a. Send the Site Supervisor the link to the MACP Practicum Portal. The student should not be completing this form for the Site Supervisor.

- b. If the Site Supervisor has previously completed this form, then you can confirm completion through our Practicum Advisors by submitting an AskYU ticket under “Does this Supervisor meet qualifications?”.
 - c. If Ontario Site Supervisor, there is also a designated section in the Student Practicum Application to be completed.
 - d. The Site Supervisor will receive an email notification (from our Practicum Liaison) stating whether or not they have been approved. The Supervisor should inform the student of this approval. NOTE: Please encourage the Supervisor to check their spam or junk mail. These approval emails typically take *10 or more* business days.
5. Once accepted by the Site, request the site to provide you with a letter (or email) that includes name of site and contact information, verifying that you have been accepted as a Practicum Student at the site.
6. Student sends Site and Supervisor an email to confirm student’s acceptance at the site – this proves the student has been accepted.
 - a. Use the downloadable email template (linked in Practicum Portal in Practicum Application, Application Process section) **EMAIL TO SITE AND SUPERVISOR**
 - b. Save a copy or screenshot of the confirmation email to submit as part of your Practicum Application.
6. Complete and submit your **Practicum Application** and attach copy of the confirmation email. This should not be submitted until all other steps have been completed. You will receive an Auto-Reply message when the application has been successfully completed and submitted.

How to Apply with a Site NOT listed on the Practicum Portal *Site Locator*

1. Connect with new site and share information about the Practicum Experience – Use the Practicum Portal information.
2. If the Site expresses interest in a Practicum Placement, then request that the Site submit their information through the **form located at the *Site Locator***.
 - a. Our MACP Practicum Liaison will be automatically notified of a new practicum site once the forms have been successfully completed by the site.
 - b. Our MACP Practicum Liaison will connect directly with Site to start the review and approval process.
 - c. If approved, our MACP Practicum Liaison sends an email directly to the Site with notification of approval.
 - c. If approved, the Site will be added to the *Site Locator* webpage on the MACP Practicum Portal.
 - d. This process can take several days to complete.
3. Once the site has been added to the *Site Locator*, please follow the application steps under “How to Apply with a Site on the Practicum Portal *Site Locator*”.

If the Site is your Place of Employment (workplace), this type of Practicum Application triggers the completion of required additional documentation by the student for review by the Department of Field Training:

- Student must also complete the **Workplace Information Form**. The form is located on the MACP Practicum Portal. Submit the completed Workplace Information Form as an attachment with your Practicum Application.
- Student must also acquire an official **Organizational Chart** from the Workplace/Employment site. Submit this document as an attachment with your Practicum Application or via AskYU.
- Workplace Applications may or may not need consultation with the student and/or supervisor by the Department of Field Training.

Review Process for Submitted Practicum Applications

The overall Practicum Application review process may take several days to several weeks. During the review for completeness stage, the Practicum Application is reviewed by Department of Field Training staff to ensure all required documents have been submitted with the correct information. Students will be notified if their Practicum Application was submitted without all required documents. This may delay the Practicum Application approval and may result in the practicum not being approved on time for the student to begin their practicum on schedule. It is the student's responsibility to ensure their application is complete upon submission.

The Practicum Liaison conducts a thorough review process for potential sites and site supervisors. Our database is checked to ensure supervisor application and required documents is received. If the Supervisor is not in the database or the Supervisor did not submit required documentation, then the Practicum Liaison contacts the Supervisor requesting any missing information and/or documents. If all required information and documentation is not complete, the approval of the site and/or supervisor may be delayed; and this delay will impact the approval of the Student Practicum Application.

Secondary Practicum Sites

There are situations where a secondary site will be approved for Practicum Students. **It not recommended.** These situations are evaluated on a case-by-case basis prior to the submission of the Practicum Application and additional permission from the Associate Director of Field Training is needed before a student can apply with two sites. Each Site must be listed on the Site Locator (i.e., an approved site) and complete the same process for documentation and approval.

Having two consecutive practicum sites will only be permitted if one site is not able to provide all the required direct client contact hours. If the student is considering this arrangement, the student must discuss this with one of the Practicum Advisors in advance of submitting their Practicum Application. If it is determined by the Associate Director of Field Training that the arrangement meets the above stated requirements, the student will be allowed to move forward with submitting their application for the second practicum site.

External or Secondary Supervisor

Similar to the process for secondary sites, there are times when a site requests an external or additional supervisor. Permission from the Associate Director of Field Training is needed before a student can apply for two supervisors. If you will have more than one supervisor at your

proposed practicum, each supervisor will undergo the same process in completing required supervisor application, documentation, and approval process.

Documents Potentially Required by Site

It is very important that all students confirm with their proposed practicum site whether additional documents are required for their placement, generally these will be:

- Criminal Record Check (CRC) (possibly with vulnerable sector check).
- Mask fitting; and/or
- Proof of Immunizations

Because it is the University's responsibility to ensure students have acquired the document(s), students must submit proof of the required document(s) as part of the Practicum Application. Failure to submit required documentation will delay the processing of a student's application and may impact whether the student will be able to begin practicum on time. **It is important that you find out early on if any/all of these are required by your site**, to give yourself enough time to secure them for timely submission with your Practicum Application.

Criminal Record Check (CRC)

Students must confirm with their proposed practicum site whether they must acquire a Criminal Record Check and potentially also a Vulnerable Sector Check. Please ensure that you begin this process early so you will obtain all of the necessary documents prior to submitting your practicum application. Failure to submit this required documentation will delay the processing of your YU-PPA and may affect whether you will be able to begin practicum on time.

CRC procedures vary, depending on geographical location, which can affect the length of time it takes to obtain a CRC, i.e., wait time can be much longer in a large, urban center than in a rural area. Students must be aware of the process for their area and plan accordingly. It is important that the CRC is obtained from a reputable site (such as the local police station).

Here are some common scenarios we have encountered, which you may find helpful:

- **Scenario 1:** You already have a CRC. All CRCs should be up-to-date, usually not more than six months old. When hoping to use your existing CRC, it is important to ask the proposed practicum site whether or not this will be acceptable.
- **Scenario 2:** You are planning to complete your practicum in your place of employment and your employer already has a CRC from you on file. Please confirm with the site that this CRC will meet their practicum placement needs and obtain an email/letter from them confirming this for your Practicum Application submission.
- **Scenario 3:** The proposed practicum site requires you to have a CRC within 30 days of starting your practicum, which means you will have to obtain the CRC after the Practicum Application submission deadline. If this is your circumstance, you must obtain an email or letter from the practicum site stating they require a CRC to be no older than 30 days. A copy must be included with your Practicum Application in place of the CRC;

once finalized, you must send a copy by email to practicum@yorkvilleu.ca to be added to your Practicum Application file.

- **Scenario 4:** You have already initiated the CRC process but know that you will not receive it in time to meet the Practicum Application submission deadline. In this case, include in your Practicum Application a copy of the receipt showing that you have initiated the CRC process. Once you have received your CRC, you must send a copy of it by email to practicum@yorkvilleu.ca to be added to your Practicum Application file.

Immunization Records

Students who are planning to complete their practicum within a health authority, hospital, nursing home, rehabilitation center or other health facility, will be required to provide up-to-date records of immunizations and TB skin test results. It is recommended that students begin the process of acquiring these records as soon as they begin applying for a practicum placement in a health authority setting. If you have any questions about what immunizations you will require, please contact your practicum site directly.

Mask Fittings for Hospital Settings

Students who are planning to complete their practicum within a hospital setting may be required to have a respiratory mask fitting prior to beginning practicum. It is recommended that students begin this process as soon as they know they will be completing a practicum placement in a hospital setting. If you have any questions about what the mask fitting will require, please contact your practicum site directly. It is important for students to understand the mask fitting requirement is driven by the hospital's policies and procedures. If this requirement is not met it will be the hospital's decision to cancel the student's practicum.

Practicum Course Section Sign-Up

Students whose Practicum applications have been approved will be eligible for notification of the Practicum Course Section Sign-Up. The Department of Field Training will provide notifications through announcements and mass email communications, providing the Practicum Course Schedule viewing period, step-by-step process for Course Schedule Sign-Up, and the deadlines for Practicum Course Section Sign-Up. The goal of the Practicum Course Section Sign-up is to provide students with the opportunity to make the selection of ONE (1) Practicum Course section to be enrolled for their Practicum. Once successfully signed up for a course section, the student will remain with the same Practicum Faculty Instructor and cohort of peers throughout PSYC7113 and PSYC7203.

It is vital that students regularly check their Yorkville email to obtain information about sign-up process.

Prior to the start of the first trimester of Practicum Faculty submit their Practicum Course Schedules to the Department of Field Training. The Department of Field Training assigns each Practicum Schedule with specific course letter(s) and number(s). After these assignments are completed, the Course Schedules will be posted on the MACP Practicum Portal at a designated location for students to view the available Course Sections (in PDF) for the upcoming term.

Each **Practicum Course Schedule** will include the following information:

- **Name of the Practicum Faculty Instructor.**
- **Seminar dates and times.** The seminars will take place on the day of the days and times as provided by the Faculty Instructor in the Course Schedule.
- **Student Video Case Presentations scheduled dates and times.** The Student Video Case Presentations will take place with smaller groups of students, typically 3-4 students and the faculty instructor. These video case presentations will take place on the days and times as provided by the Faculty Instructor in the Course Schedule.
- **All times are in Atlantic time zone (AT).**

Students with approved Practicum applications will be able to sign up for the **one** Practicum Section that best fits their schedule. Please note that this sign-up process is done on a **first come, first served basis** and many of the sections fill up very quickly.

During the Course Section Viewing Period, students should:

- Know your work schedule (if employed) and practicum work schedule, including the schedule for individual supervision sessions with their site Supervisor.
- Review each of the PDF Practicum Course Schedules.
- Make a list of their top six Course Section choices to help you decide.
- Rank the six Course Sections in priority order. By rank ordering section preferences, this will assist you during the Course Sign-Up in case your first preferred course section is filled, then you move down the list to find the next available course section for sign up.

- Be aware that whatever sections are available at the time of open access Sign-up period is what will be available to choose from.

During the Course Section Sign-Up open access period, students should:

- Remember, Course Sign-up is first come, first serve. Historically, most Practicum Course Sections fill up within the first day of Sign Up.
- Be aware that whatever sections are available at the time of your accessing the Course Sign-up is what will be available to choose from.
- Using your rank ordered Course Section preferences list, seek to **sign up for your first preference** for Practicum Course.
- In case your first preferred Course Section is filled, then you move down your list of preferences to find the next available course section for sign up. DO NOT sign up for multiple course sections, as this may delay your enrollment in Practicum.
- Note: The Field Training Staff will not be able to intervene on the student's behalf to ensure their preferred course section schedule is accommodated. This is a first-come, first serve process.

Practicum Registration

Currently, registration of a student in the 7113 and 7203 Practicum course is conducted by **Student Services** and is separate and unrelated to the practicum approval process conducted by the Department of Field Training. After the practicum application deadline and after the course sign-up, the Department of Field Training will provide the Registrar's Office with a list of students expected to start their practicum in the upcoming term. The list is based on the approved Practicum Applications for that term. Then the Registrar's office will email students identified on that list with notice for registration for PSYC7113 Practicum course. This will allow students to proceed with the registration process for PSYC7113, and to pay their full trimester course fee.

For trimester start dates, please refer to the Academic Calendar found under the Academic Info link on the Faculty of Behavioural Sciences page on the YU Campus homepage.

Note: The practicum registration process may be updated in 2022.

Practicum Tuition

Students should contact the Yorkville University Bursar to obtain information about course fee deadlines and making payment for the Practicum course to be eligible to begin practicum on time. It is recommended that when students receive the registration email from the Registrar's Office, they proceed with the registration process immediately. If for some reason the student's Practicum Application is not officially approved by the Director of Field Training, the student can withdraw from the Practicum course. For questions about fees or payments, please contact the [Bursar's Office](#) via AskYU.

PRACTICUM START, ATTENDANCE and ALLOCATION OF HOURS

Practicum Start

Students must start their practicum at the beginning of the trimester: the first week of January, May, or September. To maximize integration of course activities with the practicum placement, we expect practicum site activities to start **no later than week two of the first trimester (Practicum I)**. The counting of time at the practicum site begins on the first day of the first trimester practicum term.

Students may choose to **volunteer** their time at the practicum site, before the start of the Practicum term, to engage in activities related to orientation and training; however, this volunteer time will not be allowed to count as practicum hours.

Dates of Attendance at Practicum Sites

The practicum is two trimesters long (15 weeks each), spanning 7.5 months. During any term of practicum, students are expected to be present at their practicum sites for all 15 weeks of each trimester, even if they have accumulated all required hours before that time. Students will remain at their practicum site until the end of the second trimester (Practicum II), which is generally the second full week of August, December, or April. There is typically a two-week University term break at the midpoint between each academic trimester; however, the site may determine if this is an appropriate time for the student to take a break from the practicum site or not.

Anticipated Student Absence from Practicum Site

Students must discuss with their site supervisor and receive permission for any anticipated absence from the practicum site from their site supervisor in advance of the day(s) of anticipated absence. Students must also notify their practicum coordinator and practicum faculty instructor of the anticipated absence and must provide the site supervisor's written permission by email to the practicum coordinator. Students who are absent from the practicum site **for more than one week** in any 15-week trimester term (Practicum I and Practicum II) will not receive a passing grade for the term. Students seeking an exception to this policy should discuss this in advance with the faculty instructor and submitted for review to the Associate Director of Field Training.

Unanticipated Student Absence from Practicum Site

If an extreme or unanticipated situation arises that results in students being absent from the practicum **for more than one week** in any 15-week trimester term (Practicum I and Practicum II) for reasons such as severe storms, fires, or national security measures (e.g., COVID-19 pandemic lock downs) that close the practicum site for several weeks, the student must reach out to their practicum faculty instructor and practicum coordinator to discuss the situation and identify next steps on how the situation should be addressed. The practicum coordinator and/or the practicum faculty instructor will contact and consult with the site supervisor and Associate Director of Field Training about the situation.

Student Leaving Practicum Site

Whenever a student must leave their practicum site before the end of the two-trimester long

practicum (Practicum I and Practicum II), they must do so in a professional and collegial manner. Students must consult with their practicum faculty instructor and practicum coordinator related to informing the practicum site and supervisor(s) about plans to leave the placement early so that appropriate transitioning activities can be made at the site before the student's departure (e.g., transfer of clients to other counsellors, completion of all required practicum paperwork, return of any site equipment, etc.).

University Term Breaks and Working at Practicum Site

Students may continue to engage in practicum activities during the Yorkville University term breaks and continue to engage in Direct Client Contact and Indirect Client Contact hours at the practicum site. Students should discuss and make necessary arrangements with their practicum site supervisor for the continuity of care for their clients during the University term breaks. Students should continue to meet with their MACP approved site supervisor for one hour each week during the weeks they work at the practicum site during the term break. The individual supervision hour(s) can be counted as Indirect Client Contact hours.

Students and site supervisors should be advised the student's practicum faculty instructor may not be available during the University term breaks; however, the student's practicum coordinator will be available for consultation and support.

Allocation of Practicum Hours

While it is expected and encouraged that practicum students will be assigned clients and other duties at the discretion of the site supervisor (based on the supervisor's assessment of the student's abilities), please keep in mind the following guidelines:

- Students are to complete a minimum of 13.5 hours per week on site for the duration of their practicum.
- Students are not encouraged to complete more than 20 hours per week on-site, especially those who are new to the profession, due the challenging nature of the work.
- Clients should be assigned gradually, after students are fully oriented to the site, usually around week five (sooner for those students with previous experience and possibly longer for students with no previous experience). *Note: We encourage supervisors to provide student(s) with ample opportunities to observe other professionals in the early stages of the practicum.*
- It is our experience students will need to see an average of four to six clients per week to meet their hourly requirements by the end of trimester two.
- Students should acquire a minimum of 60 direct client contact hours of the required 200 direct client contact hours in the first 15 weeks of practicum (trimester one) for the student to receive a passing grade for trimester one and to proceed to trimester two of the Practicum course. Additionally, the 60 direct client contact hours will ensure their site supervisor can properly provide feedback to the practicum faculty instructor near the end of the first trimester term.

Please review section on ***Requirements Regarding Practicum Activities*** for more detailed information about the division of practicum hours and practicum activities.

SUPERVISOR ROLES & RESPONSIBILITIES

By becoming a practicum supervisor for a Yorkville University MACP student, supervisors accept the following roles and responsibilities. Approved site supervisors will accept professional responsibility for the practicum student and will review the work of the student on a regular basis and the MACP approved site supervisor **provides at least one hour per week of direct face-to-face individual supervision** with the practicum student.

Required Onsite Supervision

Only the clinical supervision that is provided by the student's MACP approved practicum supervisor can be counted as official supervision hours. By becoming a practicum supervisor for a Yorkville University MACP student, supervisors accept the following required roles and responsibilities:

- Accept professional responsibility for the practicum student.
- Reviews the work of the student on a regular basis.
- Directly observes the practicum student for a minimum of 3 one-hour individual counselling sessions in full and provides written feedback and guidance to the student as necessary, with at least one observation conducted during the first trimester of practicum.
- Provides at least 1 hour per week of direct face-to-face individual supervision with the practicum student.
- Assign appropriate clients for the student's level of competency.
- Verifies the practicum student's practicum hours in Time2Track.
- Agrees to provide the student's faculty instructor and practicum coordinator with written feedback of the student's progress near the end of each trimester of practicum.
- Agrees to meet with the faculty instructor and the student in a Zoom conference call to provide verbal feedback of the student's progress near the end of each trimester of practicum.
- Notify the practicum student if the supervisor will be absent from the practicum site for up to two consecutive weeks during the student's practicum and will follow the steps as outlined in the Supervisor Absence section of this document.
- Notify the practicum student if the supervisor will be absent from the practicum site for more than two consecutive weeks during the student's practicum and will follow the steps as outlined in the Supervisor Absence section of this document.
- Notify the practicum coordinator and/or faculty instructor should an issue or challenge arise related to the student's performance and/or behaviours.
- Collaborate and plan with the practicum student for the completion of video recorded counselling sessions of the student with a client for the Practicum course assignments.

- If there is more than one approved site supervisor, then each supervisor should agree to share the responsibility for clinical supervision and work as co-supervisors.

Supervision should include, but is not restricted to:

- Overseeing appropriate screening and assigning of suitable clients for the practicum student's level of competence.
- Arranging for the student to shadow and observe the supervisor or other appropriate onsite professionals in the early stages of practicum.
- Arranging for the student to co-facilitate with the supervisor or another appropriate onsite professional in the early stages of the practicum.
- Discussing the student's counselling performance observed by the supervisor live or through video or audio recordings.
- Discussing client cases, the student orally presents to the supervisor for the purpose of case conceptualization.
- Debriefing sessions and exploring the student's reactions to client sessions.
- Reviewing client treatment plans.
- Reviewing progress notes and/or case files.
- Discussing the student's basic work performance.
- Completing written feedback and reviewing feedback with the student.
- Participating in the end of each term feedback conference calls with both the student and their faculty instructor.
- Approving the student's hours in Time2Track.

Appropriate Clients

It is the expectation of the university that students will be assigned appropriate clients for their level of competency. The majority of practicum students are novices to the counselling profession and, therefore, should be assigned clients who present with general mental health issues.

It is very important that the student **not be assigned clients** who require highly specialized treatment. This would include clients:

- under the age of 10 years (preschool and elementary school ages)
- who have intellectual disabilities, cognitive impairments and brain trauma
- who have experienced severe emotional, physical or sexual trauma
- who have eating disorders
- who have been diagnosed with severe psychiatric disorders
- that reside in medium and maximum-security forensics unit
- where there is a strong possibility that the case may result in the practicum student having to engage with the legal system or provide testimony in court.

Approval of Practicum Student Hours

The MACP approved supervisor will accept responsibility for the verification of the practicum student's practicum hours. In doing so, the approved supervisor acknowledges practicum students in Yorkville University's Master of Arts in Counselling Psychology (MACP) program track their practicum hours in a third-party online application called Time2Track.

Time2Track

Practicum hours can be sent to the site supervisor for approval at any point during practicum. It is recommended that student's practicum hours are approved on a regular and ongoing basis during each trimester in Time2Track. At the end of each trimester the site supervisor will be required to approve the student's practicum hours in Time2Track. At the end of practicum both the student and site supervisor will be required to sign a summary form of all hours approved. Practicum supervisors may be requested to attest to a student's hours completed during practicum for registration purposes.

The MACP approved supervisor acknowledges that, upon being approved as a supervisor for a Yorkville University MACP practicum student, essential supervisor and site information (including contact information and supervisor credentials) will be entered in Time2Track by the Yorkville University Field Training administration. This action will prompt an invitation to Time2Track by email and further information about how to use the service will be available a week prior to the start of practicum. Upon receipt of the invitation to Time2Track, the approved supervisor commits to complete the registration process outlined by Time2Track. The approved supervisor completes the registration process outlined by Time2Track. Please note: The Time2Track application keeps supervisor and site information confidential and is completely free for supervisors to use.

Consent Forms

Students will be responsible to conduct a discussion with their site supervisors to confirm that any necessary consent forms have been obtained from all clients seen by the practicum student and have been placed in the client's case file. If the site has its own consent forms, these may be used in place of the forms provided by Yorkville University located in the PSYC7113 and PSYC7302 Practicum courses.

Direct Observation of Practicum Student

Yorkville University requires supervisors to directly observe and provide feedback for a **minimum of three one-hour individual counselling sessions** in full and provide feedback and guidance to the student as necessary, with **at least one** observation conducted during the **first trimester** of practicum.

The observation can be completed within the same room, through a viewing window, or by reviewing video and/or audio recordings. The student is responsible for all necessary recording equipment if the practicum site does not own or have access to such equipment. Every necessary precaution must be taken to ensure the security of these recordings.

When observing the student, site supervisors should use the *YU Counselling Skills Scale PSYC7113/7203* to provide feedback on their observation of student's clinical skills. The *Counselling Skills Scale PSYC7113/7203* should be submitted along with written feedback for

the faculty instructor and student near the end of each term of practicum. The supervisor, faculty instructor, and student will meet to discuss the feedback.

External Site Supervisor-Primary Supervisor

This arrangement generally involves a site where there is **no qualified supervisor onsite**, but **there is a qualified professional outside of the agency or organization who is willing to oversee the practicum and provide the necessary clinical supervision to the practicum student**. In this case, the external supervisor must have a reliable contact person (e.g., executive director, or client services manager, etc.) onsite who can be available to oversee the day-to-day basic work activities of the student, and who is willing to work with the external supervisor to ensure the student is able to obtain the necessary counselling experiences the student requires.

The external supervisor must:

- Be responsible for ensuring all requirements of the practicum and the responsibilities of the practicum site are being met by working with the site contact.
- Be responsible for all clinical supervision, for providing written feedback for the faculty instructor near the end of each term of practicum, and for engaging in a conference call meeting with the faculty instructor and practicum student near the end of each term of practicum.
- **If approved as the practicum student's primary site supervisor**, be prepared to provide one hour of weekly individual and/or triadic supervision, each week during both trimesters of practicum, for a minimum total of 30 individual supervision hours.
- If not approved as the practicum student's primary site supervisor, then be prepared to devote an average of 2-3 hours per week to overseeing the student's practicum.
- Take the time necessary to familiarize themselves with the practicum site.
- Conduct at least three site visits over the duration of the practicum: once at the beginning of the practicum, and once near the end of the first and trimester. These site visits may also include direct observation of the student conducting a counselling session with a client.
- Ensure regularly weekly or biweekly communication with the site contact to review the student's onsite performance.
- Fulfill all the responsibilities as outlined in the Practicum Supervisor's Roles and Responsibilities section.

External supervisors will be required to sign a form indicating that they have read and agree to MACP terms for external supervision.

External Supervisor-Not Primary Supervisor

In the case of an **external supervisor that is not the student's primary supervisor**, the supervisor must be prepared to devote two to three hours per week to oversee the student's practicum. In addition, the supervisor must take the time necessary to familiarize themselves with the practicum site and ensure regular weekly contact or biweekly contact with a designated

person on site (e.g., executive director, client service manager, etc.) to review the student's onsite performance. However, when this is not possible the external supervisor must conduct at least three site visits over the duration of the practicum: once at the beginning of the practicum, and once at both the formative and summative evaluation stages. These site visits may also include direct observation of the student conducting a counseling session with a client.

Supervision should include, but is not limited to:

- overseeing appropriate screening and assigning of suitable clients for the practicum student's level of competence.
- arranging for the student to shadow and observe the supervisor or other appropriate onsite professionals in the early stages of the practicum.
- arranging for the student to co-facilitate with the supervisor or another appropriate onsite professional in the early stages of the practicum.
- discussing the student's counselling performance observed by the supervisor live or through video or audio recordings.
- discussing client cases, the student orally presents to the supervisor for the purpose of case conceptualization.
- debriefing sessions and exploring the student's reactions to client sessions; • reviewing client treatment plans.
- reviewing progress notes and or case files.
- discussing the student's basic work performance.
- completing the formative and summative evaluation.
- reviewing the formative and summative evaluations with the student.
- participating in the formative and summative evaluation conference calls with both the student and their faculty instructor.
- approving and confirming student's hours in Time2Track.

More Than One Approved Site Supervisor

In some cases, students may apply to have two approved supervisors at the practicum site. Both fully qualified supervisors should agree to share the responsibility for clinical supervision and work as co-supervisors. In such cases, it is very important to the university and for the student, that the roles of each of the supervisors are clarified at the beginning of the practicum. The university asks that a joint meeting of the supervisors and the student be held either before the practicum begins, or during the first week of practicum, to outline and clarify the roles and responsibilities of each of the supervisors and the student.

In the case where there are two co-supervisors, both supervisors are expected to collaborate and work closely together to ensure the student is receiving consistent and compatible supervision.

Both supervisors are expected to:

- Collaborate and submit combined written feedback to the faculty instructor.
- To participate in a conference call meeting with the faculty instructor and student at the end of each trimester.

- One supervisor will be designated to approve all hours in Time2Track throughout practicum.

Providing Feedback to Faculty Instructor

The approved site supervisor agrees to provide the student's faculty instructor and practicum coordinator with written feedback of the student's progress near the end of the first trimester and near the end of the second trimester. Along with written feedback, the approved site supervisor will complete and submit the *YU Counselling Skills Scale PSYC7113/7203*. Both the written feedback and *YU Counselling Skills Scale PSYC7113/7203* will be written in English.

The approved site supervisor agrees to review the written feedback with the practicum student during an individual supervision meeting and to also participate in a conference call with the student and the student's faculty instructor near the end of the term. The purpose of the conference is to review with the student and the faculty instructor, the student's strengths, potential areas for growth, and discuss any concerns the site supervisor may have regarding the student's performance; as well as for the site supervisor and the faculty instructor to reach a consensus regarding the student's level of competency at these stages of practicum.

Both the approved site supervisor and the practicum student must sign and date the written feedback form. Thereafter, the approved site supervisor will email the feedback form and the completed *YU Counselling Skills Scale 7113/7203* to the practicum student's faculty instructor and the student's practicum coordinator.

While it is our hope that all of our students will either be ready to progress to the second half of practicum or graduate, we recognize this is not the case for all students. The feedback site supervisors provide will help the faculty instructor determine if the student is ready to proceed to the next stage, or if they will require some specialized remediation before proceeding. In cases where it is determined the student is not ready to proceed to the next stage, the faculty instructor will consult with the Director of Field Training to determine what course of action will be taken.

It is normal for some students at the formative stage of practicum to receive lower ratings in areas on the written feedback form, as they are just in the beginning stages of developing their skills and competencies and generally still require considerably more experience. Consequently, it is normal for some students during the second trimester of practicum to receive higher ratings in areas on the written feedback form as they have gained more experience. Please keep in mind while completing the feedback form, the purpose is to provide constructive feedback to students about their strengths and areas for growth as they proceed to the second half of their practicum. At this stage, all students will likely have many areas for growth, and it is important for them to receive feedback which will help them accurately identify the areas they need to develop during the second half of the practicum.

If site supervisors feel they would like to have a conversation with the faculty instructor about the student's performance before reviewing the written feedback with the student, he/she/they/them should not hesitate to contact the faculty instructor immediately. The faculty

instructor's role is not only to support students, but also to provide support to site supervisors when there is difficult feedback to deliver.

Supervisor Absence

When an onsite or external supervisor will be absent from the practicum site and not available **for up to two consecutive weeks** during the student's practicum, the following steps must be taken:

The student must:

- Immediately contact both the faculty instructor and the practicum coordinator by email notifying them that the site supervisor is expected to be away from the practicum site and indicate the specific dates the supervisor will be away from the site.

The supervisor and/or site must:

- Determine if the student will be allowed to engage in practicum activities in the supervisor's absence. If not, the student will also take a break from the practicum and not engage in practicum activities.
- If it is determined the student can engage in practicum activities while the supervisor is away or unavailable, the supervisor **must appoint another qualified mental health professional to act on the supervisor's behalf** during the approved supervisor's absence and provide the student with the necessary support and supervision. It is expected the temporary supervisor will report on the supervision activities to the approved supervisor upon the approved supervisor's return.

When an onsite or external supervisor will be absent from the practicum site and not available **for more than two consecutive weeks** during the student's practicum, the following steps must be taken:

The student must:

- Immediately contact both the faculty instructor and the practicum coordinator by email notifying them that the site supervisor is expected to be away from the practicum site and indicate the specific number of days the supervisor will be away from the site.
- Acquire a new supervisor that will need to be approved by the MACP Department of Field Training. **The student will have two weeks to obtain and receive approval of a new supervisor for their practicum.** See section *Adding and/or Changing Site Supervisor* in this manual for more information.

The site must:

- If it is determined the student can engage in practicum activities while the supervisor is away or unavailable, the site **must appoint another qualified mental health professional to temporarily act on the supervisor's behalf** until the student has acquired a new and MACP approved supervisor.

Video Recorded Counselling Sessions for Case Presentations

One of the requirements of the practicum is that all students must participate in two (2) live student case presentation sessions, with one session taking place during the first trimester practicum course and the second session taking place during the second trimester practicum course. For each session, students must present a video recording of a client counselling session in a live meeting with their faculty instructor and 2-3 peers.

All recorded counselling sessions must be conducted in English. Consent from the client to video record the session will need to be obtained prior to the session being recorded. All precautions will be taken to protect the identity of the client such as: focusing the camera solely on the counsellor so that the client is not seen in the recording and not identifying the client by name.

Students are responsible for arranging for all necessary recording equipment if the practicum site does not own or have access to such equipment. The video recording will be presented through a secure internet platform provided by the University during the student case presentation sessions and students will receive feedback from their faculty instructor and peers. Students are expected to follow the site policies and procedures regarding the recording of client sessions, safekeeping and storage of recordings and the disposal of recordings.

If site policy or affiliation agreement with Yorkville University does not allow for video or audio recordings of client sessions, additional information will be provided to the student on best practices for conducting simulated client sessions for this assignment. In such cases, the site supervisor must assist the student with developing an appropriate scenario for a simulated client session, as well as finding an appropriate person to play the role of the client for recording purposes. Therefore, all students must ensure they actively consult and collaborate with their site supervisor when producing a recording of a simulated client session.

THE ONSITE PRACTICUM

All MACP students are required to successfully complete an in-person, onsite Practicum in mental health counselling as a final requirement before being awarded the Master of Arts in Counselling Psychology degree. The practicum will cover two full trimesters over a minimum of 7.5 months. Students are not permitted to condense their practicum into a shorter timeframe. Students may wish to complete more than the required minimum of 13.5 hours per week onsite, but they must remain in the Practicum course and stay engaged in onsite practicum activities for the full two trimesters. Students will be able to record and receive credit for any additional hours they have accumulated.

Completing the PSYC7113 and PSYC7203 Practicum course requirements and working full-time is not recommended. Several months in advance of becoming eligible to start Practicum, students should carefully reflect on and start to play how they will arrange their schedule.

Practicum Student

It is expected that students will be involved in tasks that are typical of entry-level counsellors in addition to maintaining a counselling caseload with a minimum of 4 clients. This includes such activities as: observing, co-facilitating and/or facilitating individual, couples, family and or group counselling sessions (group counselling **must** always be co-facilitated); conducting intake, screening and testing or assessments as needed; completing related client paperwork (e.g., maintaining progress notes, case files and writing formal reports); attending agency meetings; participating in group supervision or team meetings; and completing other general tasks that counselling staff are expected to complete.

Practicum Student's Roles & Responsibilities

It is expected that all students will conduct themselves in a professional manner at all times when at the practicum site. In addition to this general rule, there are several expectations and requirements that must be met while in practicum. These include the following:

Accessing Zoom Outside of Canada

Online meetings for PSYC7113 and PSYC7203 are conducted through a meeting software called Zoom that has been provisioned by the University for all staff, faculty and students to use where needed. Students preparing for practicum are responsible for ensuring they can access Zoom from the country in which they choose to do their placement, as online Zoom meetings are a mandatory part of the PSYC7113 and PSYC7203 Practicum course. To get more information on using Zoom and how to get training and help, access the article on Zoom in the MyYU Technology site: <https://technology.yorkvilleu.ca/onlinecollab-zoom>.

Avoiding Dual Relationships

Practicum Student and Practicum Supervisor

A dual relationship or conflict of interest between the MACP approved supervisor and practicum student must be avoided. There must be professional boundaries in the relationship

between supervisor and student to ensure a healthy practicum experience for the student. Because supervision employs a form of authority over practicum students, this imbalance of power can potentially lead to exploitation or harm to the student and jeopardize a healthy practicum experience for the student.

Practicum students cannot be supervised by their former or current therapist or by anyone who has served, or currently serves, as an employment manager or supervisor, coworker, educator, mentor, or anyone who has any direct reporting alignment at the student's place of employment. Students must not to enter a supervisory relationship with a family member and/or a friend.

During supervision, a student may disclose to a site supervisor that he or she is experiencing some significant personal issues in connection with his/her/their experiences with clients. While this may be a normal and important part of supervision to disclose such personal issues to the site supervisor, it is important that the student and the supervisor not engage in a therapeutic relationship. In such cases where significant personal issues do arise for students, it is appropriate and necessary for the site supervisor to refer the student to another independent counselling source.

In some isolated or smaller communities, avoiding a dual relationship between supervisor and student may be challenging, as both may be members of the same community organizations, such as service clubs, religious organizations, or be casual acquaintances. If a dual relationship cannot be avoided, the relationship **must be managed** in a way that will ensure there are professional boundaries between supervisor and practicum student.

Practicum Student and Clients

In the counselling profession, a dual relationship refers to any situation where multiple roles exist between a counsellor trainee and a client. Examples of dual relationships are when the client is also a student, friend, family member, co-worker, employee, business associate of the therapist or the spouse, parent, or sibling of an existing client. Practicum students make every effort to avoid dual relationships with clients that could impair their professional judgment or increase the risk of harm or unethical treatment of clients.

When a dual relationship cannot be avoided (such as in a small remote community), practicum students take appropriate professional precautions such a role clarification, informed consent, consultation, and documentation to ensure that judgment is not impaired, and no exploitation occurs. If the potential for a dual relationship arises, practicum students must immediately discuss the situation with their site supervisor and/or faculty instructor.

Students must not develop sexual, romantic, or intimate interactions or relationships with their clients, past or present.

Concurrent Academic Components

All practicum students are required to engage in academic coursework in Practicum I (PSYC7113) and Practicum II (PSYC7203) concurrently with working at the practicum site.

Conduct

Students are expected to conduct themselves in a professional and ethical manner at all times by:

- following the **Student Conduct Policy** outlined In the *Yorkville University Academic Calenda*.
- following the **code of ethics** under which the agency operates, or the professional code of conduct set out by the Canadian Counselling and Psychotherapy Association (CCPA).
- following the policies of the **Professional Suitability of Students** in the Master of Arts in Counselling Psychology (the “Policy”), including but not limited to practicum placement, as outlined in the Yorkville University Academic Calendar.
- following all of the policies and procedures (including safety procedures and protocols) of the practicum agency.
- honouring the contract or agreement between the site, supervisor(s) and student.
- following directions given by the supervisor(s).
- treating clients, onsite staff and YU staff with respect.
- seeking support and advice from the approved site supervisor(s) when needed, especially when ethical practices such as duty to report are involved.
- adhering to the agency’s dress code and other basic work requirements.

Confidentiality

Students are expected to keep all information disclosed by clients or learned or observed about clients strictly confidential. Students will not share any client information whatsoever without any unauthorized person and will keep all files, records, and notes pertaining to clients in a secure place to which no authorized person have access.

Students are expected to abide by the confidentiality policies of the practicum site at which he/she/they will be training. Students will also advise clients of any and all limits to confidentiality that may be imposed by any law, regulation, or policy before the client discusses any matter with the practicum student.

Students are expected to understand that as part of his/her/their practicum experience, he/she/they must present to their faculty instructor and classmates in the practicum courses, video or audio recordings and complete several written or verbal presentations related to the counselling sessions he/she/they conduct at the practicum site. To participate in these activities, students must adhere to the following terms:

- To protect the confidentiality of the client when recording (video or audio) counselling sessions, students must set up the recording equipment so that it is focused on only the counsellor and not the client, and they must also take every precaution not to use the client’s full name while recording the sessions. Students are responsible for the security of all recordings and must take every precaution that the recording is kept in a secure location, such as a locked filing cabinet in a locked room, or, if it is stored on a computer, the recording must be protected with a password that only the student has access to.

- Students are responsible for making necessary arrangements for all recording equipment if the practicum site does not own, or have access to, such equipment. Students may use a laptop or tablet with video recording capabilities; however, students must also make sure they take every security precaution necessary to protect the confidentiality of the client (e.g., all devices must be password protected).
- Students will keep all recordings safe and in a locked box or encrypted.
- All recorded counselling sessions must be permanently deleted or erased after the faculty instructor has completed his/her/their review of the recording.
- When completing any written or verbal assignments, students must ensure all client identifying information is kept confidential.

Consent Forms

Students will be responsible to conduct a discussion with their site supervisors to confirm that any necessary consent forms have been obtained from all clients seen by the practicum student and have been placed in the client's case file. If the site has its own consent forms, these may be used in place of the forms provided by Yorkville University. There are several types of forms contained in the PSYC7113 and PSYC 7203 Practicum courses.

Ethical and Professional Conduct

Students must conduct themselves in an ethical and professional manner at all times when interacting with Yorkville University staff, faculty instructors, colleges and fellow students; and, when interacting with practicum site agency staff, site supervisor, and clients. Students are also expected to be familiar with current ethical guidelines of their professional counselling associations as well as the provincial laws related to the practice of counselling in their jurisdiction and specific to the practicum site. If no laws or professional counselling associations exist, then students will follow the ethical guidelines of the practicum site. If the practicum site does not have formally stated ethical guidelines to govern their day-to-day practice with clients, students should follow the Canadian Counselling and Psychotherapy Association (CCPA) ethical guidelines. When students have questions or concerns about potential legal and ethical issues, they should discuss these matters with their practicum site supervisor and faculty instructor. Students agree to abide by these standards.

Home and/or Community Visits

Yorkville University practicum students are **not** permitted to provide counselling services to clients via home visits or in public community spaces, such as coffee shops, parks, etc. However, **under exceptional circumstances**, home visits may take place from time to time (e.g., with a client who is unable to leave their home), and only if the appropriate safety precautions are in place and the practicum student is in the company of their approved supervisor.

If the site supervisor would like to assign the student a client who requires home visits, they **must contact the assigned practicum coordinator** to discuss what safety precautions are required to be in place. Offering services through home visits must be an exception and not a

regular part of the student's practicum experience.

Language Requirement

Yorkville University offers its programs in the English language and faculty must be able to evaluate students' counselling competencies in the English language. For students who will be completing a practicum at a site where English is not the first language:

- the site supervisor must be able to speak English to provide feedback for the faculty instructor's evaluation of the student.
- 50% of the counselling sessions with clients must be conducted in the English language.
- all recordings required for practicum course student case presentations must be conducted in the English language, with both the student and client speaking English.

Other Off-site Client Visits

It is the expectation of the university that students will see clients at their practicum site or via tele-mental health counselling, and not in other locations not approved by the University. If the site supervisor wants to assign the student a client who requires off-site visits, he or she **must contact the assigned practicum coordinator** to discuss the circumstances and the necessary safety precautions required. Offering services off site must be an exception and **not** a regular part of the student's practicum experience.

Physical Workspace-Onsite

For face-to-face practicum experiences, it is expected that the student will be provided by the site with:

- A safe and healthy work environment.
- A private meeting space in which to counsel clients.
- Adequate workspace for completing progress notes, reports, and other related activities.

Safety During Practicum

Orientation of Site Safety Procedures and Protocols

Prior to the practicum student being assigned any clients, the site must fully inform the student of the practicum agency's safety plan, including all safety procedures and or protocols at **all** locations where the student will be engaging in practicum activities. There must always be professional or support staff employee of the agency present onsite at all times when the student is providing services to clients, if they are onsite. This individual must be someone who understands how to activate the safety plan, if needed. This includes during evening and weekend onsite hours, and any time that involves the student being in satellite offices or on the premises of sister or cooperating agencies. When the student is engaging in tele-mental health counselling, the approved site supervisor should be available to the student via phone.

Onsite Safety for Students and Clients

Although incidents of assault and violence are rare, an emergency or serious clinical issue may arise during a session that a student may not be sure how to handle. Therefore, it is important to

ensure that students have immediate supervision and support available to them at all times when providing counselling services. For this reason, the approved practicum supervisor must be fully aware of the student's client session schedule in advance and must be available either onsite or by phone at all times when the student is working with clients. This applies to both onsite and external supervisors. If the approved practicum supervisor is not available, he/she/they must ensure there is another fully qualified professional available to provide the support and supervision, if needed.

Safe and Effective Use of Self

Practicum students must engage in safe and effective use of self, at all times. Students monitor their own well-being and refrain from providing direct counselling services when their physical, mental, or emotional problems may prevent them from effectively working with clients. Students must notify their site supervisor and faculty instructor immediately when they are aware of personal issues that impact their practice; and seek appropriate professional services as needed.

Prior to practicum, students are encouraged to disclose and discuss with their site supervisor(s) and faculty instructor any medical or personal history that may potentially cause triggers while seeing clients or interfere with their ability to work with clients during their practicum. If either the site supervisor or the faculty instructor recommends the student seek additional professional help (e.g., counselling), students are strongly encouraged to follow their supervisor's directions. MACP has developed several resources for students to understand the importance of "Safe and Effective Use of Self." Please use the resources on the Portal and the MACP Skills Learning Lab Module on Safe and Effective Use of Self.

Scheduling Onsite Practicum Hours

When scheduling practicum hours, students must ensure they schedule their time onsite in significant blocks of time, no less than three to four hours at a time, to optimize their learning experience. Students should also keep in mind the PSYC77113 and PSYC7203 Practicum course academic components will also take approximately 10 to 15 hours per week in addition to the time they will be onsite at the counselling agency.

Student Relocation During Practicum

If a student needs to relocate to complete the PSYC7113 and/or PSYC7203 Practicum course, the student is responsible for making all the necessary arrangements to complete their practicum in a different community. **As a reminder, students must review the regulations and professional colleges in their province to ensure alignment.**

Student's Status and Limitations

Before initiating counselling services, students will disclose to clients their status as a **practicum student**. Students recognize the limits of their current skills and competencies and practice only within the boundaries of their competence. When clinical situations are beyond their knowledge or abilities, students will immediately seek supervision to discuss the issues with their site supervisor and faculty instructor.

Supervision

Supervision is a learning process in which the supervisee (psychotherapist reporting for supervision) works with a more experienced specialist to enrich his own skills and professional experience, ultimately serving the client requesting help. Supervision work focuses on a better understanding of the diagnosis, contractual arrangements, and counselling process due to various therapy issues related to resistance, transference, countertransference, etc.

The word *supervision* in psychotherapy means a certain form of supervision and support provided to the therapist during consultations with the supervisor, i.e., an experienced psychotherapist. The psychotherapist needs supervision in the correct understanding and guidance of the psychotherapy process. Supervision plays at least two roles. First, for the supervised psychotherapist it helps to maintain the appropriate quality of the psychotherapy process (e.g., it cares for the principle of the client's good by monitoring ethical and professional aspects of the psychotherapy process). Secondly, it motivates the therapist to improve their therapeutic skills and develop their theoretical knowledge and self-awareness by reflecting on themselves. Supervision is also for the psychotherapist a mechanism to take care of their personal needs (i.e., protect him against stress, burnout and other issues concerning personal well-being). The therapist can increase self-awareness at work, which in turn affects the quality of professional services in the counselling process.

The student is responsible for:

- ensuring they receive the required amount of supervision by scheduling weekly individual face-to-face supervision meetings with their supervisor and making themselves available for supervision at a time that is convenient for the supervisor.
- making sure that they arrive at supervision meetings with a prepared agenda that includes such things as a case(s) to present, issues that have arisen during or after client sessions, files to review, and questions about client treatment planning, as well as questions about the agency's policies and procedures.
- being willing to discuss and address any issues or concerns that the supervisor(s) may have regarding the student's performance during the practicum.

Providing Feedback to Faculty Instructor

The approved site supervisor agrees to provide the student's faculty instructor and practicum coordinator with written feedback of the student's progress near the end of the first trimester and near the end of the second trimester. Along with written feedback, the approved site supervisor will complete and submit the *YU Counselling Skills Scale PSYC7113/7203*. Both the written feedback and *YU Counselling Skills Scale PSYC7113/7203* will be written in English.

The approved site supervisor agrees to review the written feedback with the practicum student during an individual supervision meeting and to also participate in a conference call with the student and the student's faculty instructor near the end of the term. The purpose of the conference is to review with the student and the faculty instructor, the student's strengths, potential areas for growth, and discuss any concerns the site supervisor may have regarding the student's performance; as well as for the site supervisor and the faculty instructor to reach

a consensus regarding the student's level of competency at these stages of practicum.

Both the approved site supervisor and the practicum student must sign and date the written feedback form. Thereafter, the approved site supervisor will email the feedback form and the completed *YU Counselling Skills Scale 7113/7203* to the practicum student's faculty instructor and the student's practicum coordinator.

While it is our hope that all of our students will either be ready to progress to the second half of practicum or graduate, we recognize this is not the case for all students. The feedback site supervisors provide will help the faculty instructor determine if the student is ready to proceed to the next stage, or if they will require some specialized remediation before proceeding. In cases where it is determined the student is not ready to proceed to the next stage, the faculty instructor will consult with the Director of Field Training to determine what course of action will be taken.

It is normal for some students at the formative stage of practicum to receive lower ratings in areas on the written feedback form, as they are just in the beginning stages of developing their skills and competencies and generally still require considerably more experience. Consequently, it is normal for some students during the second trimester of practicum to receive higher ratings in areas on the written feedback form as they have gained more experience. Please keep in mind while completing the feedback form, the purpose is to provide constructive feedback to students about their strengths and areas for growth as they proceed to the second half of their practicum. At this stage, all students will likely have many areas for growth, and it is important for them to receive feedback which will help them accurately identify the areas they need to develop during the second half of the practicum.

If site supervisors feel they would like to have a conversation with the faculty instructor about the student's performance before reviewing the written feedback with the student, he/she/they/them should not hesitate to contact the faculty instructor immediately. The faculty instructor's role is not only to support students, but also to provide support to site supervisors when there is difficult feedback to deliver.

Failure of Faculty Instructor Formative/Summative Evaluation

While it is our hope that all our students will either be ready to progress to the second half of practicum or to graduate, we recognize this may not be the case for all students. The feedback that the site supervisor provides will help the faculty instructor determine if the student is ready to proceed to the next stage, or if they will require specialized remediation before proceeding. The MACP policy regarding the grade for the Faculty Instructor Formative/Summative Evaluation in trimester one (PSYC7113) and in trimester two (PSYC7203) states: **Students must also receive a grade of pass on their Faculty Instructor Formative/Summative Evaluation.**

In cases where it is determined the student is not ready to proceed to the next stage, the Faculty Instructor will notify and consult with the Director of Field Training and/or Associate Director of Field Training to report the Fail grade for the course requirement. **A FAIL grade results in the student not passing Practicum for that term.**

The information related to failure of the Faculty Instructor Formative/Summative Evaluation, will be relayed to the Registrar's Office and Bursar's Office. Please be advised that practicum hours (direct and indirect) and assignments that were completed during the term will not count toward completion of the Practicum.

The student will receive an email/letter from the Associate Director of Field Training notifying them that they are required to terminate their practicum with their practicum site. The student's practicum supervisor will also receive a letter from the Associate Director of Field Training notifying them of this information.

Before the student is eligible to re-engage in the Practicum experience, the student will be required to engage in an Informal Review Process (see Yorkville University, Academic Calendar). When it is reported to the Practicum Coordinator, Faculty Instructor, Director of Field Training, or the Associate Director of Field Training that a student has failed required course assignments, this raises a concern for professional suitability. The MACP Department of Field Training initiates and engages in an Informal Review Process related to professional suitability concerns and this review is in line with policy provided in Yorkville Academic Calendar (New Brunswick).

In graduate programs at the University, any student who receives a failing grade in any two courses, regardless of whether a failed course was repeated and the student successfully passed the repeated course, the student will be academically dismissed (see Yorkville University Academic Calendar for more information).

Tele-Mental Health Counselling

Tele-Mental Health counselling is now an acceptable and approved delivery model for students to engage their clients. The site is responsible to make sure students have all they need to be successful when engaged in tele-mental health counselling with clients, which includes but is not limited to training, appropriate technology, supervision, and client and student safety.

The supervisor and student should discuss protocols for ensuring client's confidentiality and privacy are in place and followed when providing tele-mental health counselling. It is also prudent to review Canadian telehealth regulations related to engaging in tele-mental health within and outside of the province of the practicum site.

THE PRACTICUM COURSE

PSYC7113 and PSYC7203

Course Description

After successful completion of all academic coursework, during the final two trimesters of the MACP program, students will be enrolled in the **7113** (first trimester) and **7203** (second trimester) **Practicum course** if they have an officially approved practicum site. The practicum course is designed to support students during their practicum placement and enrich their learning experience. It also provides an opportunity to formally evaluate counselling competencies of students, ensuring that graduation from the MACP program signifies readiness to work effectively as an entry-to-practice level counsellor.

In 7113 and 7203, there will be a focus on integrating theory with practice; resolving ethical dilemmas; case conceptualization and planning; developing competencies in dealing with cultural issues; embracing diversity; working collaboratively across disciplines; accessing and maximizing the benefits of site supervision and developing a professional identity as a counsellor. Topics and resources will be closely connected to those previously introduced throughout the program to provide opportunities to synthesize and apply students' learning. This approach will facilitate a deeper level of experiential learning and retention.

Each section of the PSYC 7113 and PSYC 7203 Practicum course will be led by a Faculty Instructor and have an assigned Practicum Coordinator to support students through the practicum process.

Course Outcomes

Upon successful completion of this course, students should be able to

- Integrate theory, research literature, and practice in case conceptualization, planning, and counselling interventions.
- Choose an appropriate course of action and apply sound ethical decision-making strategies to resolve ethical dilemmas.
- Demonstrate an acceptable level of proficiency in basic interviewing and counselling skills.
- Reconstruct the counselling process for one or more counselling clients using case notes and audio/video tapes.
- Self-evaluate level of counselling competency with various client populations within your scope of practice.
- Formulate self-directed learning goals and strategies for ongoing professional development, based on analysis of appropriate self-assessment.
- Summarize counselling process and client progress in the capstone project to demonstrate proficiency to function as an entry-level counsellor in the field.
- Engage in ongoing development of culturally and ethically sensitive competencies in clinical practices.

- Demonstrate professional relations with colleagues, faculty instructors, and site supervisors.
- Integrate constructive feedback into written work.
- Explain how experiences/feedback/readings contribute to changes in counselling interactions.

Onsite and Academic Course Components

The student's comprehensive practicum experience will encompass both the onsite practicum experience and all academic coursework. Both components of PSYC7113/7203 are interconnected and the success of the student in the practicum course is dependent on both the student's onsite and course-related performance. It is the faculty instructor who determines and assigns the final course grade of Pass or Fail during the formative and summative evaluation process.

Mandatory Academic Components

Acceptable mastery of the skills and competencies demonstrated in select assignments are critical to effective counselling. As such, **you must earn a grade of B- (70%) or greater on each of the following assignments to pass the course:** Case Consultation paper; Capstone Project paper, Reflective Journals, Seminar Engagement, and Student Video Case Presentations. Students must also receive a Pass grade on their Instructor and Supervisor Feedback Form. Opportunities for resubmission will be limited, as per the MACP Late Submission policy.

Consultation Seminars

Scheduled throughout the practicum course, twelve (12) 2-hour interactive web-based seminars will provide opportunities to connect with other students and the MACP Faculty instructor. The course provides an extensive list of seminar topics from which student may select one (1) topic to present to their peers and the faculty instructor. Students will also be able to select the specific week of Consultation Seminars to present their seminar topic. This will be a first-come, first serve sign up process, beginning in week one of the PSYC7113 Practicum Course. Consultation Seminars will typically begin with a 20-minute topical student presentation. After the student's topical presentation, the remaining time during each Consultation Seminar will be devoted to engaging in discussions on counselling concepts, counselling skills, client cases, case conceptualization, ethical issues, cultural considerations, theoretical approaches, interventions, and other topics related to the practicum experience.

Students must earn a Pass grade on the Consultation Seminar assignment.

Student Video Case Presentations

Students will be required to participate in two (2) live 2.5 to 3-hour student video case presentation sessions where they will present a video of a client session; one video for each instruction session for a total of two video recordings. These live sessions will be conducted in small groups of three to four students along with the faculty instructor.

Some sites may have policies prohibiting the video recording of client sessions; in such cases the student may present an audio recording. In exceptional circumstances, with the approval of the Faculty Instructor, where video and audio recordings are not permitted by the site, the practicum

supervisor(s) must agree to assist the student with developing an appropriate scenario for a simulated client session to be recorded.

The sharing of the video or audio recording during faculty instruction will occur in a secure online meeting. To protect the confidentiality of the client when video recording sessions, students must set up the recording equipment so that it is focused on only the counsellor, and not on the client, and the student must take every precaution not to use the client's full name while recording the sessions. Students are responsible for the security of the recording and must ensure that the recording is kept in a secure location, such as a locked filing cabinet in a locked room, or if it is stored on a computer, it must be protected with a password to which only the student has access. Students are responsible for making the arrangements for all necessary recording equipment if the practicum site does not own or have access to such equipment. However, every necessary precaution must be taken to ensure the security of these recordings. When presenting their video, students should take precautions to be sure that they are in a secure location. Consultation Seminars are generally held during weeks 2, 4, 6, 8, 10, 12 (PSYC7113) and weeks 1, 3, 5, 7, 9, 12 (PSYC7203). Student video case presentations are typically held during weeks 9 (PSYC7113) and 11 (PSYC7203). These dates may vary slightly depending on statutory holidays and the faculty schedules. The dates and times of the seminars and the student video case presentations sessions are determined by the availability of faculty.

Attendance at all 12 seminars and at all student video case presentation sessions is mandatory. Students must be prepared to adjust their schedules to be able to attend. Students are also expected to ensure they are available to attend the full session, arriving 10 to 15 minutes early and remaining in the classroom until the faculty instructor brings the session to a close. Students must be visible and camera on during the entirety of the seminars and the student video case presentation sessions. Please note, sometimes due to the level of student engagement, seminars and instruction sessions may extend beyond the designated time by 10 to 15 minutes. Students should plan their schedules accordingly.

Reflective Journaling

Reflective journaling at this stage in your career development is a very important part of becoming a competent counsellor. Reflection journals are scheduled to be submitted 5 times during the practicum course. Students will be expected to submit four (4) reflective journals over the course of their practicum experience, each time highlighting their practicum learning experiences from their practicum site, during the consultation seminars (specifically, seminar learning outcomes), and during the student video case presentation sessions. Students will be expected to produce deeply reflective, highly professional, and relevant journal reflections. It is important to know the line between deep reflection of personal growth and revealing too much information about your personal life. Be cautious about what you share regarding your personal life and attempt to focus the reflection on who you are as a therapist. The person of the therapist is a very important developmental process for beginning therapist. It is a time to for students to go deep and get to know themselves and how "the self" impacts and is impacted by the counselling experience.

Case Conceptualization paper and Capstone Project paper

The purpose of the case conceptualization assignment and the capstone project assignment is for the student to demonstrate proficiency in several counselling skills to successfully complete the

practicum course and graduate. The capstone will include a final client report and case conceptualization. You are required to provide a written paper, including a references list and formatted to APA style guidelines.

Practicum Evaluations

Students will be evaluated on their professional competencies throughout the practicum. This will be informed by the student’s onsite performance, participation during the consultation seminars and student video case presentation sessions, as well as academic coursework. There are two major evaluation points which students must pass to meet the requirements of the Practicum course and to successfully complete the MACP program.

- **Faculty Instructor Formative Evaluation:** A formative evaluation will be conducted at the end of the first trimester of the Practicum course (PSYC7113) by the faculty instructor, with feedback from the site supervisor. Students must pass all components of the Faculty Formative Evaluation to proceed to trimester two (PSYC7203) of practicum. Students must also successfully complete a minimum of 60 hours of the required 200 direct client contact hours during the first trimester to proceed to trimester two (PSYC7203) of practicum. Failure to meet this target may result in the student being required to repeat Trimester One (PSYC7113).
- **Faculty Instructor Summative Evaluation:** A summative evaluation will be conducted at the end of the second trimester of the Practicum course (PSYC7203) by the faculty instructor, with feedback from the site supervisor. Students must pass all components of the Faculty Instructor Summative Evaluation at the end of Trimester Two (T2) to meet the requirements of the Practicum course and the MACP program. If a student is unable to complete all the required onsite practicum hours by the end of T2, or within two weeks after the end of T2, he/she/they will be required to extend their PSYC7203 Practicum course and the student may be charged an additional fee as determined by the Bursar’s Office

Grading Components

The graded components of the Practicum course are outlined below.

7113 Onsite & Academic Components to be Evaluated

Course Component	Grade Weight
Reflective Journal #1	10%
Reflective Journal #2	10%
Consultation Seminar	Pass/Fail
Seminar Engagement	20%
Student Video Case Presentation	30%
Case Presentation Paper	30%
Faculty Instructor Formative Evaluation	Pass/Fail
Total	100%

7203 Onsite & Academic Components to be Evaluated

Course Component	Grade Weight
Reflective Journal #3	10%
Reflective Journal #4	10%
Consultation Seminar	Pass/Fail
Seminar Engagement	20%
Student Video Case Presentation	30%
Capstone Project Paper	30%
Faculty Instructor Summative Evaluation	Pass/Fail
Total	100%

Assignments will be marked based on comprehensiveness, presentation quality, form, and content. Submissions must be presented in the manner requested of each assignment.

Failure of Required Practicum Course Assignments

Students must earn a grade of B- (70%) or greater on each of the following assignments to pass the Practicum course: Case Presentation written assignment; Capstone Project written assignment, Reflective Journals, Seminar Engagement, and Student Video Case Presentations. While it is our hope that all our students are successful in passing each of the required Practicum course assignments, we recognize this may not be the case for all students.

In cases where a student receives an assignment grade is less than B- (70%) on any of the stated Practicum course assignments, the Faculty Instructor will notify the Director or Associate Director of Field Training to report the failed course assignment. A Fail grade results in the student not passing Practicum for that term.

The student will receive an email/letter from the Associate Director of Field Training notifying him/her/they/them that based on the grade for the specific course assignment, the student has failed the Practicum Course. When it is reported to the Practicum Coordinator, Faculty Instructor, Director of Field Training, or the Associate Director of Field Training that a student has failed any required course assignment, this raises a concern for professional suitability. The MACP Department of Field Training initiates and engages in an Informal Review Process related to professional suitability concerns and this review is in line with policy provided in Yorkville Academic Calendar (New Brunswick). The student will be required to engage in the Informal Review Process (see Yorkville University, Academic Calendar).

In graduate programs at the University, any student who receives a failing grade in any two courses, regardless of whether a failed course was repeated and the student successfully passed the repeated course, the student will be academically dismissed (see Yorkville University Academic Calendar for more information).

Failure of Faculty Instructor Formative/Summative Evaluation

While it is our hope that all our students will either be ready to progress to the second half of practicum or to graduate, we recognize this may not be the case for all students. The feedback that the site supervisor provides will help the faculty instructor determine if the student is ready to proceed to the next stage, or if they will require specialized remediation before proceeding. The MACP policy regarding the grade for the Faculty Instructor Formative/Summative

Evaluation in trimester one (PSYC7113) and in trimester two (PSYC7203) states: **Students must also receive a grade of pass on their Faculty Instructor Formative/Summative Evaluation.**

In cases where it is determined the student is not ready to proceed to the next stage, the Faculty Instructor will notify and consult with the Director of Field Training and/or Associate Director of Field Training to report the Fail grade for the course requirement. **A FAIL grade results in the student not passing Practicum for that term.**

The information related to failure of the Faculty Instructor Formative/Summative Evaluation, will be relayed to the Registrar's Office and Bursar's Office. Please be advised that practicum hours (direct and indirect) and assignments that were completed during the term will not count toward completion of the Practicum.

The student will receive an email/letter from the Associate Director of Field Training notifying them that they are required to terminate their practicum with their practicum site. The student's practicum supervisor will also receive a letter from the Associate Director of Field Training notifying them of this information.

Before the student is eligible to re-engage in the Practicum experience, the student will be required to engage in an Informal Review Process (see Yorkville University, Academic Calendar). When it is reported to the Practicum Coordinator, Faculty Instructor, Director of Field Training, or the Associate Director of Field Training that a student has failed required course assignments, this raises a concern for professional suitability. The MACP Department of Field Training initiates and engages in an Informal Review Process related to professional suitability concerns and this review is in line with policy provided in Yorkville Academic Calendar (New Brunswick).

In graduate programs at the University, any student who receives a failing grade in any two courses, regardless of whether a failed course was repeated and the student successfully passed the repeated course, the student will be academically dismissed (see Yorkville University Academic Calendar for more information).

ADDITIONAL RELEVANT INFORMATION

Accommodations for Students with Disabilities

Each practicum site will vary about their facility, technological systems used, and protocols and procedures. Students who are differently-abled should take into consideration their needs for accommodations when considering a practicum site.

The Accessibility Office at Yorkville University may be contacted by students to discuss specific accommodation needs and to collaborate with site supervisors. The student should initiate these discussions with the proposed practicum site and supervisor prior to the start of the practicum, or as soon as possible after a need is identified.

Adding or Changing Practicum Sites/Supervisors

There may be situations where a secondary site may need to be added to the student's practicum experience. For example, when the **student is not receiving enough hours** at the primary site to meet practicum hours requirements. There are also instances where an **external and/or additional supervisor** may need to be added or changed during the student's practicum.

All new sites and supervisors must be approved in advance by the MACP Practicum Liaison. Each Site must be listed on the *Site Locator* (i.e., an approved site) and complete the same process in for documentation and approval.

To initiate the process for **new Site approval**, the student must:

- Request the proposed new **Site** to complete the site's information on the **MACP Site Locator**.
- Our MACP Practicum Liaison will be automatically notified of a new practicum site once the forms have been completed by the site.
- Our MACP Practicum Liaison will connect directly with the Site to start the review and approval process.
- This review and approval process may take several business days or more to complete.
- If approved, our MACP Practicum Liaison sends an email directly to the Site with notification of approval.
- If approved, the Site will be added to the *Site Locator* webpage on MACP Practicum Portal.
- Once the site has been added to the *Site Locator*, then the student follows the application steps for "How to Apply with a Site on the Practicum Portal Site Locator".
- It is the student's responsibility to check the Site Locate for the site's approval. Please do not email the Practicum Liaison

To initiate the process for **new and/or additional Supervisor approval**, the student must:

- Request the proposed new or additional **Supervisor** to complete the **Supervisor's Application located on the MACP Practicum Portal**, along with provided required documentation.

- Our MACP Practicum Liaison will be automatically notified of a new supervisor application once the forms have been completed by the site.
- Our MACP Practicum Liaison will connect directly with the Supervisor to start the review and approval process.
- This review and approval process may take up to 10 business days or more to complete.
- If approved, our MACP Practicum Liaison sends an email directly to the Supervisor notifying of approval.
- Once the Supervisor is approved, the Supervisor must inform the student. Thereafter the student follows the application steps for “How to Apply with a Site on the Practicum Portal Site Locator”.

Conflict Resolution and Problem Solving

The MACP program seeks to ensure the appropriate provision of consultation services with practicum students and onsite (and external) supervisors for matters pertaining to students in practicum placements across Canada and internationally. The MACP program prefers to address concerns and/or issues that may arise in a proactive manner. Learning is the purpose of the practicum and the MACP program is committed to ensuring student’s physical and emotional well-being.

Concerns that may arise during the practicum may include:

- Student may fail required course work or miss mandatory sessions.
- Student experiences a rupture in the alliance with their site supervisor(s).
- Site supervisor(s) may have concerns about a student’s professionalism, behavior, or lack of adequate counselling skills.

Process for Dealing with Concerns

If at any time the site supervisor or student has concerns, either the site supervisor or student is requested to:

- Contact the practicum coordinator and practicum faculty instructor immediately to notify of the specific concerns.
- The faculty instructor will contact the site supervisor as soon as possible and request a conference call to discuss the raised concerns. The practicum coordinator should attend this meeting to take notes and answer questions around practicum requirements.
- The faculty instructor and/or practicum coordinator will request a Zoom session (or conference call) with the student, faculty instructor, and practicum coordinator, within 48 hours from the time the concern is raised, or as soon as reasonably possible for all parties, to review and discuss the concerns. The faculty instructor and/or practicum coordinator may ask the site supervisor if they would like to join the Zoom session (or conference call).
- If more support is needed, the faculty instructor and/or the practicum coordinator may contact the Director of Field Training for consultation and support.

Employment at Practicum Site(s)

Students are not permitted to accept new, paid employment at their Practicum site at any time during their Practicum. To do so will result in the Practicum being terminated. If students have an opportunity to be hired by the Practicum site, the student must wait until the completion of the PSYC7203 course and trimester.

A site may offer a student an honorarium at the end of their Practicum, which a student is free to accept at the completion of the Practicum II (PSYC7203) course and trimester. Such honorarium payment cannot be a salary received as a paid employee at the site; it also cannot be payment for practicum activities completed during the hours worked as a paid employee (for those students who are completing their approved practicum at their workplace).

Insurance

Professional Liability Insurance

Professional liability insurance purchased by the student **is required** for all practicum students. Insurance coverage should cover the student's work being performed while in the capacity of a practicum student. Proof of liability insurance documentation must be submitted with the student's practicum application. Students must maintain a current professional liability insurance policy throughout the practicum.

Many professional associations (Canadian Counselling and Psychotherapy Association; Canadian Psychological Association; Career Professionals of Canada) offer liability insurance coverage as part of student membership. Students may also obtain insurance through private insurance agents.

Workplace Accident Insurance

Yorkville University carries an insurance policy (General Commercial Insurance) which covers students that incur accidental injuries while on practicum placement. The university does not warrant the adequacy or appropriateness of this coverage. Students and/or practicum site supervisors are welcome to examine the details of this coverage to determine if it is adequate and appropriate for their particular circumstance. If the proposed practicum site needs a copy of the insurance certificate or details of the insurance coverage, the student may make a request by submitted a Practicum Admin AskYU ticket.

Placement Hold Request (Deferring Practicum)

Eligible But Not Yet Starting Practicum

Students are eligible for practicum when they have successfully completed all academic courses. Those students eligible to start practicum but who are not submitting a Practicum Placement Application must complete and submit the **Placement Hold Request** electronic form located on the **MACP Practicum Portal** in the Students section.

Note: This form is valid for one term only. Students must submit a new Placement Hold Request form for each subsequent term in which they are eligible for practicum and do not submit a Practicum Placement Application.

Taking a Break from Practicum

Students who for whatever reason must make the decision to take a break from Practicum must first consult their Supervisor at their Practicum site to discuss and agree upon the student's taking a break from the Practicum site. The student must also contact their Practicum Coordinator and Practicum Faculty Instructor and inform of the reason(s) for taking a break from Practicum. After these consultations, then the student must complete and submit the **Placement Hold Request** electronic form located on the **MACP Practicum Portal** in the Students section.

Note: This form is valid for one term only. Students must submit a new Placement Hold Request form for each subsequent term in which they are eligible for practicum and do not continue in Practicum.

Professional Association and/or Regulatory Body Registration

For students planning to become a member of a professional association and/or regulatory body after graduation, it is recommended that you inquire directly with them about the potential benefits of obtaining a student membership (where applicable) while you are in the MACP program. While the Yorkville University MACP degree is recognized by several professional associations across the country, they all have slightly different criteria for membership.

The Field Training Department recommends that all students make themselves aware of the membership requirements of the professional association that they wish to join upon graduation, as these requirements may be different than the YU practicum requirements. It is the responsibility of students to inform themselves of the necessary requirements and to arrange with the practicum site/supervisor and the practicum coordinator for the necessary practicum accommodation.

Terminated from a Practicum Site

If a practicum site, for any reason, asks a student to leave the site placement, the student must immediately contact the practicum faculty instructor and the practicum coordinator within 24-48 hours and notify them of the circumstances surrounding the termination. The practicum coordinator and/or practicum faculty instructor will then notify the Associate Director of Field Training to describe and discuss the circumstances for the termination.

The practicum faculty instructor, along with the practicum coordinator, will gather written information about the termination from the student, the site supervisor, and any other parties (such as the agency clinical director or executive director) and provide the information in writing to the Associate Director of Field Training.

The Associate Director of Field Training will request the site supervisor to provide a termination letter, written on agency letterhead, dated and with handwritten signature, providing the specific reasons that led to the termination of the student from the practicum site. The Associate Director

of Field Training also provides written notification to the student of the course failure (PSYC7113 or PSYC7203) and provides instructions for course withdrawal. The Associate Director also notifies the Yorkville University Registrar's Office and Bursar's Office of the student's practicum termination and withdrawal from the practicum course.

When it is reported to the practicum faculty instructor, practicum coordinator, Associate Director of Field Training and/or the Director of Field Training that a student has been terminated from a practicum site, it raises professional suitability concerns. The MACP Field Training Department engages in an Informal Review Process (Yorkville University, Academic Calendar) related to the reasons for the student's termination from the practicum site. The Director of Field Training is the contact person for the MACP Program for initiating and facilitating the Informal Review Process. The student may not return to practicum until the Informal Review Process is completed.

In graduate programs at the University, any student who receives a failing grade in any two courses, regardless of whether a failed course was repeated and the student successfully passed the repeated course, the student will be academically dismissed (see Yorkville University Academic Calendar for more information).

CONCLUSION

Yorkville University's Department of Field Training Staff hopes this Practicum Information Guide is helpful and informative. If there is only one important message we want to communicate, it is this: Do not put off looking for a practicum site until the last minute. Plan ahead and take action now.

If you have any further questions, please post them to the appropriate AskYU Field Training Forum. We wish you all a very positive and successful learning experience during your practicum!