

MASTER STEPHEN CO IN GREECE 2017!

26TH-29TH OF MAY 2017

·Prana for Life!

Prana for Fitness, Longevity,
Physical & Mental Balance

·Arhatic Yoga Seminar

Spiritual Nurturing: The Odyssey of the Soul

·Angels, Devas and the Invisible Helpers



MASTER STEPHEN CO IN GREECE 2017!

26TH-29TH OF MAY 2017

Prepare yourself for a 4-days event with Master Stephen Co and Master Choa Kok Sui's Higher Teachings and empower your body and spirit!
26th-29th of May 2017

- Prana for Life! Prana for Fitness, Longevity, Physical & Mental Balance
- Arhatic Yoga Seminar / Spiritual Nurturing: The Odyssey of the Soul
- Angels, Devas and the Invisible Helpers

THE PROGRAM OF SEMINARS INCLUDES:

Friday May 26th, 2017

Prana for Life!

Prana for Fitness, Longevity, Physical & Mental Balance

Saturday 27th - Sunday 28th of May, 2017

Arhatic Yoga Seminar, the Yoga of Synthesis

Sunday May 28th, 2017

Spiritual Nurturing: The Odyssey of the Soul

Monday, May 29th, 2017

Angels, Devas & The Invisible Helpers



Prana for Life!

Prana for Fitness, Longevity, Physical & Mental Balance

Friday May 26th, 2017

Time: 10:00 a.m. - 5:00 p.m.

Cost: €135

Early Bird: €110 (until 15/02)

Open to the Public



Discover Nature's Life Force and How to properly harness this subtle energy to flush out stress, boost your vitality and increase the natural healing abilities of our bodies!

A Groundbreaking workshop which will empower you in every area of life!

Come learn exercises, practices, and techniques that enable anyone - regardless of age, attitude or ability to quickly and effectively call upon the body's energy for optimal health and healing!

This includes taking control of your health; disintegrating stress; effortlessly regulating your emotions; purifying your energy fields & step-by-step techniques for Physical & Mental Power

Just some of what will be covered in this full day workshop:

- An introduction to energy or life force –what the ancients call Prana, Chi Ki or Mana
- Learn Energetic Scanning - Simple but powerful exercises to personally feel your body's energy, aura & 11 major chakras; enabling you to validate the existence of Prana & its applications
- Learn how Prana or Life Force is absorbed by the body and why the aura or energy body is the foundation to good health, happiness, abundance and prosperity!
- Learn about your energy body, auras, chakras and meridians - By understanding how the chakras and energy body affect your physical health & emotions, you can effortlessly change your emotional state from being angry and stressed out to being peaceful and happy!
- Master Co will share personal experiences with his Teacher Grand Master Choa Kok Sui - the Founder of Pranic Healing® & Arhatic Yoga®

LEARN WAYS TO REJUVENATE THE BODY WITH PRANA

The 5 Tibetans for Youth & Vitality

Five Dynamic Exercises for Health, Energy & Personal Power

This ancient energy generating sequence is called "Legendary Fountain of Youth"

Mentalphysics (Tibetan Power Breathing)

Practice the 9 Energizing Breaths to recharge body & mind. These exercises can be done by people of any age. A fantastic way to boost vitality in your daily life in less than 10 minutes!

SuperBrain Yoga®

Recharge your brain power, experience emotional calmness and mental clarity with this ancient technique that harnesses the body's primordial energies

SuperBrain Yoga® is a simple and effective technique to energize and recharge the brain. It is based on the principles of subtle energy and ear acupuncture to balance the left and right brain energies.



ARHATIC YOGA SEMINAR

Saturday 27th - Sunday 28th of May, 2017

Time: 8:30 a.m.

Cost: 420€

Early Bird: 360€ (until 15/02)

Seminar Repetition: 130€

Prerequisite: Pranic Psychotherapy Seminar

Experience and Learn the essence and the power of the 7 Yogas:
Hatha Yoga, Raja Yoga, Kundalini Yoga, Karma Yoga, Bhakti Yoga, Mantra Yoga, Gnana Yoga

What is Arhatic Yoga?

Arhatic Yoga is a complete method of spiritual practice which was created by Master Choa Kok Sui, a teacher of international repute and it has been adjusted to the needs and life style of the modern man. It is addressed to practitioners that seek for fast spiritual development in an effective way. A milestone of ancient teachings, of Indian, Chinese and Thibetan teachings, the method is designed especially for the systematic chakra activation, the safe awakening of the kundalini energy and the attainment of the hyper-consciousness state (Samadhi).

It includes a complete and specialized anatomy system of the energy body that charts in detail all the main and secondary chakras and focuses closely on their physical and psychological qualities. It explains in depth the anatomy of man's energy bodies and their basic qualities. It also provides the practioners with advanced treatment tools making them knowledgeable of ancient healing techniques which were known only to the higher spiritual rungs of all universal teachings.

Arhatic Yoga includes a complete system of:

- Physical exercises to cleanse the physical body.
- Special energizing techniques through technical breathing (pranayama).
- Activation techniques for cleansing and purification.
- Guided meditations which hasten, in a safe way, the practioners' level of spiritual development.

The Arhatic Yoga intention is to create practitioners of a higher level that will manifest the qualities of loving kindness, love and power for all mankind.

The Arhatic Yoga intention is mainly "to create intelligent, companionate, kind-hearted, dynamic students who will become great servants of God.... and to hasten the soul evolution so that man offers his service to humanity and to planet Earth."

Master Choa Kok Sui

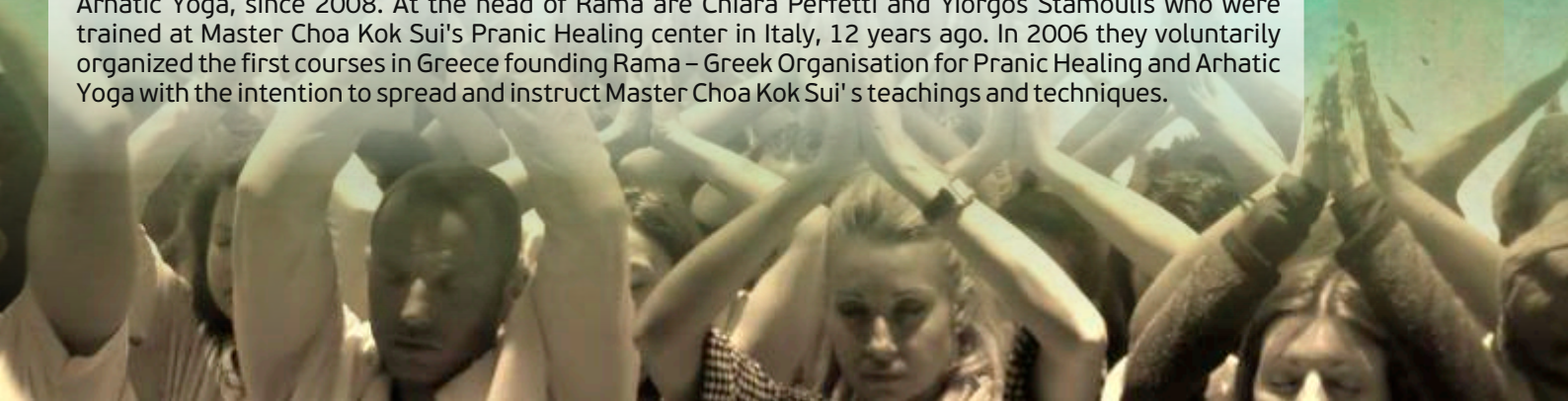
The Arhatic Yoga material includes:

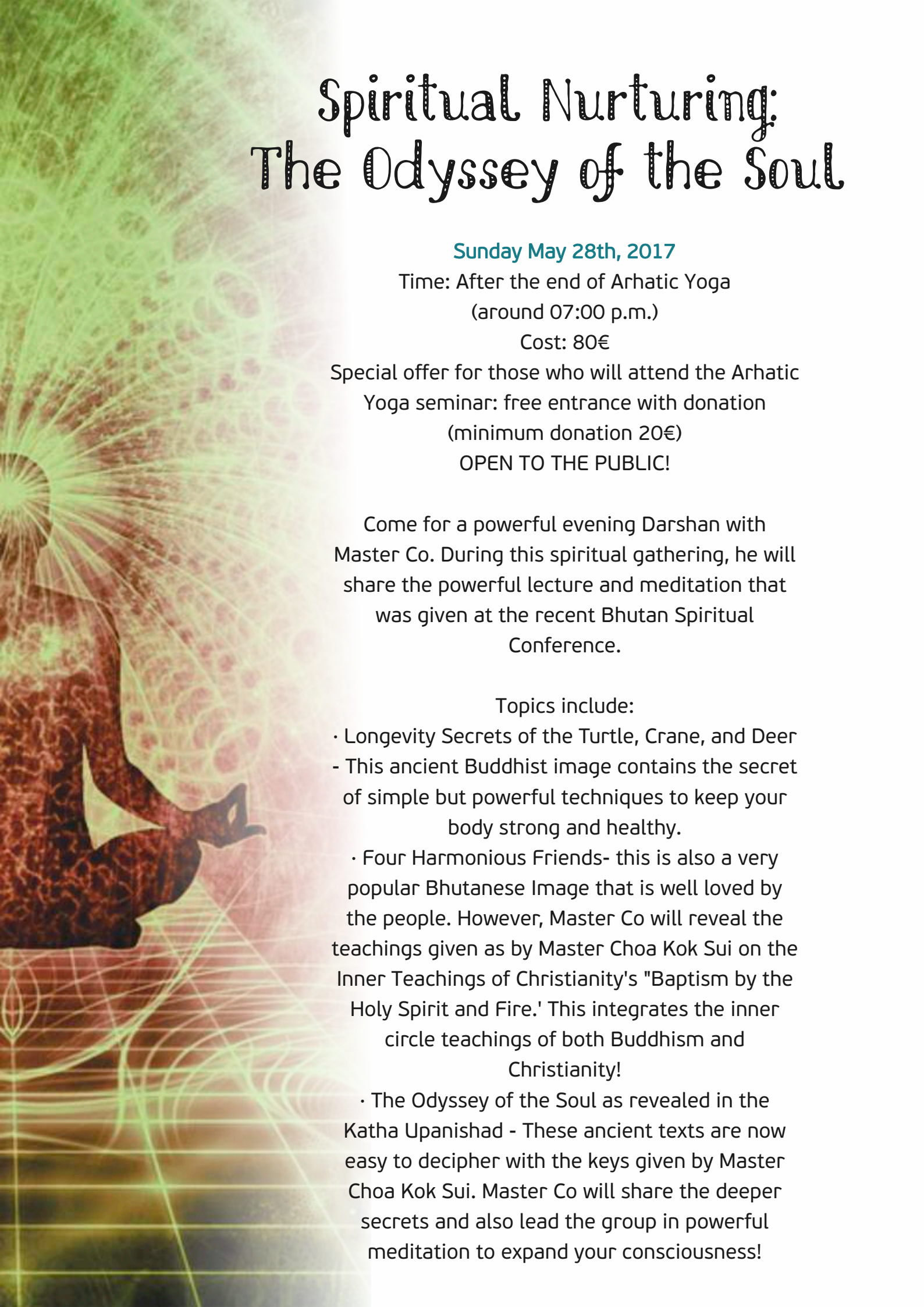
- Advice on gradual, controlled awakening of kundalini energy so as to avoid usual mistakes during this practice.
- Explanation on cleansing significance before activating and empowering the energy centers (chakras).
- Deep purification practice of the energy bodies.
- Character building based on the five virtues.
- Guided awakening of intuitive perception.
- The 'golden body' attainment.

The Arhatic Yoga method is over racial, religious or geographical segregations. Its basic purpose is to facilitate people from all classes, orientations and levels to have access to advanced secret teachings, getting the life they have dreamed of, overcoming the limitations of daily life contributing to a better future for all mankind.

The Arhatic Yoga system is been taught in Greece by Rama – Greek Organisation for Pranic Healing and Arhatic Yoga, since 2008. At the head of Rama are Chiara Perfetti and Yiorgos Stamoulis who were trained at Master Choa Kok Sui's Pranic Healing center in Italy, 12 years ago. In 2006 they voluntarily organized the first courses in Greece founding Rama – Greek Organisation for Pranic Healing and Arhatic Yoga with the intention to spread and instruct Master Choa Kok Sui's teachings and techniques.

ARHATIC YOGA SEMINAR, THE YOGA OF SYNTHESIS





Spiritual Nurturing: The Odyssey of the Soul

Sunday May 28th, 2017

Time: After the end of Arhatic Yoga
(around 07:00 p.m.)

Cost: 80€

Special offer for those who will attend the Arhatic
Yoga seminar: free entrance with donation
(minimum donation 20€)
OPEN TO THE PUBLIC!

Come for a powerful evening Darshan with
Master Co. During this spiritual gathering, he will
share the powerful lecture and meditation that
was given at the recent Bhutan Spiritual
Conference.

Topics include:

- Longevity Secrets of the Turtle, Crane, and Deer
- This ancient Buddhist image contains the secret of simple but powerful techniques to keep your body strong and healthy.
- Four Harmonious Friends- this is also a very popular Bhutanese Image that is well loved by the people. However, Master Co will reveal the teachings given as by Master Choa Kok Sui on the Inner Teachings of Christianity's "Baptism by the Holy Spirit and Fire." This integrates the inner circle teachings of both Buddhism and Christianity!
- The Odyssey of the Soul as revealed in the Katha Upanishad - These ancient texts are now easy to decipher with the keys given by Master Choa Kok Sui. Master Co will share the deeper secrets and also lead the group in powerful meditation to expand your consciousness!

ANGELS, DEVAS & THE INVISIBLE HELPERS

Monday, May 29th, 2017

Time: 10:00 a.m. - 5:00 p.m.

Cost: €135

Early Bird: €110 (until 15/02)

Open to the public

Learn about the Angelic Kingdom and what the Indian Sages call Devas or
"The Shining Ones"!

MCKS Pranic Healing® has always acknowledged Their Presence and enlisted the help of these Benevolent & Powerful Spiritual Helpers

Join one of GrandMaster Choa Kok Sui's mpstSenior Disciples for this

Enlightening & Inspiring workshop!

In this full day course you will learn the ancient teachings found within all traditions & discover the existence of The Angelic Kingdom evolving alongside Humanity

In this seminar:

- Learn how we are never truly alone & become aware of the many ways we receive Angelic help, guidance & protection in our daily lives.
- Connect with the Nature Beings and understand how to help them as we also receive their help in our lives for physical health, vitality, harmony & abundance.
- All religions and Spiritual traditions have recorded knowledge of the existence of the Angelic Realm – discover the Angels & Devas from different traditions and their specific purpose.
- Learn Techniques on how to invoke their help to produce miraculous healings, protect us from harm, increase prosperity and lead us closer to the Divine Presence of God.
- You will experience inner peace, love and spiritual empowerment.
- You will have the opportunity to meditate with the Beings of Love within your Aura!
- Experience with the powerful & loving presence of The Archangels based on the Teachings of GrandMaster Choa Kok Sui – Founder of Modern Pranic Healing® & Arhatic Yoga®

You will be shown clairvoyant paintings & age old artefacts depicting the presence of Devas in sacred places, vortices, religious ceremonies & much more!



A few words about Master Stephen Co:

Master Stephen Co is a leading presenter of higher teachings of Grand Master Choa Kok Sui and is one of the 10 Master Pranic Healers in the world. He wrote the best seller “Your Hands Can Heal You”, which received acclaim from internationally famous personalities such as Deepak Chopra, Francis Ford Coppola, Oprah Winfrey and Melanie Griffiths. He and his wife Daphne created the first Pranic Healing Centre in the United States, guiding hundreds of ordinary people and healthcare specialists, such as doctors, physiotherapists, psychologists, dentists and chiropractitioners to learn and apply Pranic Healing, offering

relief and therapy to many different groups of people.

In the course of his diligent and dedicated work, Master Stephen Co gained the respect of the medical community, introducing Pranic Healing to some of the largest American hospitals and making the doctors aware of the huge energy know-how of the system. He is well known from television appearances on the large networks of NBC and CBS, and coordinating daily through pranichealing.com many open lectures and dialogues with open channels to worldwide community.



**Rama – Greek Organization of Pranic Healing & Arhatic Yoga
in Cooperation with Nicki Petroulaki – Power House Project**

Registrations:

Rama

GREEK ORGANIZATION OF PRANIC HEALING & ARHATIC YOGA

Vas . Sofias 21 & Vas . Konstantinou 61 Ag . Anargyroi, 13561, Tel.: 210 85 47 506, 693 8880555

Nymphs Hill , Agios Stefanos, Tel: 210 8141001

Web: www.pranichealing.gr

E-mail: chiara@pranichealing.gr

Venue:

to be announced

Media Sponsor:

