



May 2021

Oniontown Seniors Danvers Council on Aging

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The mission of the Danvers Council on Aging and the Senior Center which it manages is to provide and advance those programs and services which enrich the lives of older adults in the Danvers Community.

Navigating our way back from Covid-19

We are happy to announce that as the number of Covid cases continue to level off and the number of individuals receiving the vaccines increase, we feel it is safe to start gradually bringing back programs. Our Transportation Program has been operating 3 days per week since September 30, 2020. We are now gearing back up to 5 days per week effective Monday, May 17, 2021! More information regarding transportation guidelines is available on page 5.

The first "in person" program to reopen will be our "Social Seniors" Adult Supportive Day which will start on May 17th and be offered twice weekly on Monday and Thursday only. Program capacity will be limited to 10 participants per day.

Other activities that can be held solely outside may also be able to resume at this time. If you are part of an activity that can take place outside (weather permitting) and are interested in this possibility, please contact Paula to coordinate an outside activity schedule.

Please stay tuned to our website for any updates to be posted as approved. Our goal is to resume inside programming on an abbreviated schedule beginning Monday June 7, 2021. Class size will be determined by space availability and all protocols will continue to be mandatory (masks, handwashing, social distancing). Thank you all for your patience during this time!

Happy Memorial Day Drive Thru

Please join us on Wednesday, May 26th for a Memorial Day Drive thru! We will be providing Baked Coconut Chicken Tenders with a Mango Chutney Dipping Sauce, Tortellini Caprese Salad and a fresh Strawberry and Blueberry Dump cake with whipped cream! We will be inviting all who are interested, to enjoy their lunch on our patio or bring your own chairs and socially distance in our parking lot (weather and space permitting)! Please call to reserve your lunch by Wednesday, May 19th.

*Thank
You*

We would like to thank Twin Oaks Rehab, Element Care and BrightView Senior Living for their generous donations to our April Drive Thru. Special thanks as well as our main sponsor The Friends of the Danvers Council on Aging who have made it possible for each event during this past year. We would not be able to do any of this without the continued support from our community partners and our members.

Danvers Council on Aging	25 Stone Street	Danvers, MA 01923
Phone: (978) 762-0208	(978) 762-0209	Fax: (978) 762-0240
Monday-Friday: 8am-4pm	www.danversma.gov	

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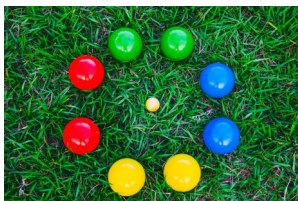
WALKING CLUB



Are you ready to get out and enjoy the fresh air and see each other? Our Walking Club meets every Monday, Wednesday and Friday at 9 AM (weather permitting) We will be walking the path at the Senior Center/Highlands School. Each lap is between 1/4 and 1/3 of a mile. You walk as much or as little as you like at your own pace. Plenty of parking at the senior center. If you are interest in joining us call Paula at 978 762-0208 x104 and leave your name and phone number. All are welcome! We will follow guidelines of social distancing and mask wearing.

We are going to join the Mass Council on Aging (MCOA) Walk Massachusetts Challenge from May 1-September 30th. For each person who completes the challenge the DCOA will get an entry into a drawing to win up to \$1,000! There will be prizes available for walkers also. You can sign up online at www.mcoaonline.com/walkma and enter Danvers in the COA block. Or, paper logs are available by contacting Paula at 978 762-0208. If you already use a step tracker...it counts the steps for you. If you walk a regular route and do not have a tracker, contact Paula and she will figure it out for you. You do not have to be a member of our walking club to participate, but please let us know that you are joining us on this.

BOCCE



Currently, practice only will be held on Monday and Wednesday mornings at 9:30 am, weather permitting. At this time, there is still no entrance into the senior center and face masks and social distancing must be maintained. So come on out and have some fun! Don't forget to bring your sunscreen and water with you!

Senator Joan Lovely Office Hours

Senator Joan Lovely is hosting virtual office hours over Zoom every Monday (except state holidays) from 10-11am. If you would like to attend, please register using the link below.

Senator Lovely's Virtual District Office Hours

Every Monday, except state holidays, 10-11 AM on Zoom. Please pre-register at <https://tinyurl.com/y57g3owh>

As always, if constituents would like to set up a phone call with the office, contact via phone at 617-722-1410 or email at joan.lovely@masenate.gov.

ACTIVITIES

VIRTUAL BINGO!

BINGO

14	24	44	53	68
7	28	31	54	73
2	26	★	51	67
3	22	39	57	75
9	20	37	50	71

Every Friday morning from 10 to 11:30 AM. We will make arrangements to get you the cards/chips (if needed). The "video conference" program we use has the capability of you calling in from your landline and listening just over the phone if you don't have online access, as well as joining the meeting from your smart phone, tablet or computer to see us on video. If you would like to participate, please email Paula at pcorcran@danversma.gov so she can capture your email address to invite you to the Bingo or call and leave her a voicemail at 978 762-0208 x104 with your phone number so she can contact you with the simple instructions to use on your landline.



BOOK CLUB

Wednesday, May, 19th at 2 PM. The book will be: **"The Last Flight" by Julie Clark** Plot: **Two women. Two flights. One last chance to disappear.** Claire Cook has a perfect life. Married to the scion of a political dynasty, with a Manhattan townhouse and a staff of ten, her surroundings are elegant, her days flawlessly choreographed, and her future auspicious. But behind closed doors, nothing

is quite as it seems. That perfect husband has a temper that burns as bright as his promising political career, and he's not above using his staff to track Claire's every move, making sure she's living up to his impossible standards. But what he does not know is that Claire has worked for months on a plan to vanish.

A chance meeting in an airport bar brings her together with a woman whose circumstances seem equally dire. Together they make a last-minute decision to switch tickets—Claire taking Eva's flight to Oakland, and Eva traveling to Puerto Rico as Claire. They believe the swap will give each of them the head start they need to begin again somewhere far away. But when the flight to Puerto Rico goes down, Claire realizes it's no longer a head start but a new life. Cut off, out of options, with the news of her death about to explode in the media, Claire will assume Eva's identity, and along with it, the secrets Eva fought so hard to keep hidden.

Please email Paula at pcorcoran@danversma.gov or by phone at 978 762-0208 if you would like to participate. ***With the good weather here, we are planning to meet outside on the patio under the awning/umbrellas!!!***

VIRTUAL TOURS

Virtual Tours of Massachusetts:

Boston's Freedom Trail: <https://www.nps.gov/bost/virtual-freedom-trail-tour.htm>

Aerial Massachusetts: <https://www.dailymotion.com/video/x7wgs06>

Plimoth Plantation: <https://www.plimoth.org/learn/plimoth-online-history-home%E2%84%A2/virtual-field-trip>

If you would like this newsletter sent monthly via e-mail send your email address to Lmachado@danversma.gov

MAY 2021

A \$2.00 confidential donation is suggested per meal—Donation letters are mailed monthly.
For cancellations, please call: **978-624-2263** at least 24 hrs in advance.

Monday	Tuesday	Wednesday	Thursday	Friday
3) Chicken Piccata w/pasta, spinach, applesauce & whole wheat dinner roll Cal: 620 Carb: 80 Sod: 930	4) Salisbury Steak w/BBQ sauce, sweet potato wedges, cauliflower, mixed fruit & whole grain roll Cal: 660 Carb: 90 Sod: 920	5) Beef Fajita w/ Spanish rice, corn & beans, Flan, tortilla & sour cream Cal: 735 Carb: 85 Sod: 1030	6) Special: Parmesan Chicken w/ potato, carrots, shortcake, & multigrain bread Cal: 790 Carb: 115 Sod: 1125	7) Cheese Omelet w/tomato, potatoes, baked apples, oranges, fruit loaf Cal: 705 Carb: 100 Sod: 770
10) Eggplant Parmigiana w/ penne cauliflower, pears & Vienna bread Cal: 745 Carb: 105 Sod: 1180	11) Sweet & Sour Meatballs w/fried rice, Asian veggie, pineapple & oatmeal bread Cal: 685 Carb: 100 Sod: 840	12) Pot Roast w/gravy, potatoes, veggie blend, banana & roll Cal: 645 Carb: 85 Sod: 715	13) Chicken Marsala w/rice, broccoli, yogurt, juice & whole wheat roll Cal: 645 Carb: 100 Sod: 700	14) Breaded Fish , sweet potato, coleslaw, peach crisp & whole wheat bread Cal: 780 Carb: 95 Sod: 1095
17) Turkey Tetrazzini w/ pasta, spinach, oranges & multigrain bread Cal: 525 Carb: 70 Sod: 965	18) Meatloaf w/ gravy, mashed potatoes, veggie blend, chocolate cake & Scali bread Cal: 845 Carb: 100 Sod: 730	19) Salmon Pie , mixed veggies, Jell-O & whole wheat bread Cal: 775 Carb: 85 Sod: 930	20) Chicken Cordon Blu w/ brussel sprouts, sweet potato, cantaloupe & whole wheat roll Cal: 725 Carb: 85 Sod: 1035	21) Ravioli w/ marinara sauce, cauliflower, peaches & Vienna bread Cal: 520 Carb: 80 Sod: 835
24) Apple Glaze Pork w/potato, zucchini, applesauce & corn bread Cal: 620 Carb: 75 Sod: 600	25) Chicken Pot Pie w/potato, pineapple & whole wheat bread Cal: 670 Carb: 90 Sod: 860	26) American Chop Suey w/ spinach, honeydew & whole wheat bread Cal: 715 Carb: 90 Sod: 845	27) Birthday: Turkey w/gravy, green beans, mashed potato, coconut cake & oat bread Cal: 770 Carb: 110 Sod: 1140	28) Philly Cheesesteak , potatoes, broccoli, pudding & sub roll Cal: 840 Carb: 115 Sod: 1200
31) Memorial Day Office Closed	Total Calories, Na and Carb include: Entrée, sides, dessert, fruit, bread, milk & margarine. Sodium (Na): Milligrams noted in parentheses Milk: 100 calories, 12 carbs & 110 mg sodium - Margarine: 30 cal, 0 carbs & 30 mg Na *High sodium item (>500mg), Shading = High sodium meal (>1200) Menu Subject to Change Without Notice			

TRANSPORTATION SERVICE HOURS



Exciting News...

Beginning Monday, May 17th, we will be offering transportation for medical appointments **Monday thru Friday**. The hours for van operation will be from **9:30am until 2:00pm**. Appointments must be made at least **2 business days** in advance and will be booked on a first come, first serve basis.

We are also taking seniors to and from Market Basket in Danvers on **Mondays and Wednesdays**. Appointments must be made at least **2 business days** in advance and will be booked on a first come, first serve basis. Medical transportation is available to Danvers residents age 60 or older, and/or disabled Danvers residents under the age of sixty. It is suggested that residents make transportation requests as early as possible for scheduling purposes. Please note that we will get you to your appointment on time, however, you may need to wait for a return ride home. Individuals in wheelchairs can be accommodated.

The suggested transportation donation is \$1.50 each way (\$3 round trip) donation for appointment within Danvers and \$2.50 each way (\$5 round trip) donation for appointments to the adjoining communities of Peabody, Beverly and Salem.

Please call Lorene to schedule a ride at 978-762-0208.

NOTE: If an alternative format is required to review materials, please let us know and it will be provided for you.

Notice of Nondiscrimination Rights & Protections to Beneficiaries: Federal "Title VI/Nondiscrimination" Protections: The Danvers Council on Aging (DCOA) operates its programs, services, and activities in compliance with federal nondiscrimination laws including Title VI of the Civil Rights Act of 1964 (Title VI), the Civil Rights Restoration Act of 1987, and related statutes and regulations. Title VI prohibits discrimination in federally assisted programs and requires that no person in the United States of America shall, on the grounds of **race, color, or national origin** (including **limited English proficiency**), be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity receiving federal assistance. Related federal nondiscrimination laws administered by the Federal Highway Administration, the Federal Transit Administration, or both prohibit discrimination on the basis of **age, sex, and disability**. These protected categories are contemplated within DCOA's Title VI Programs consistent with federal interpretation and administration. Additionally, DCOA provides meaningful access to its programs, services, and activities to individuals with limited English proficiency, in compliance with US Department of Transportation policy and guidance on federal Executive Order 13166.

State Nondiscrimination Protections: DCOA also complies with the Massachusetts Public Accommodation Law, M.G.L. c272 SS 92a, 98, 98a,, prohibiting making any distinction, discrimination, or restriction in admission to or treatment in a place of public accommodation based on **race, color, religious creed, national origin, sex, sexual orientation, disability, or ancestry**. Likewise DCOA complies with the Governor's Executive Order 526, section 4 requiring all programs, activities, and services provided, performed, licensed, chartered, funded regulated, or contracted for by the state shall be conducted without unlawful discrimination based on **race, color, age, gender, ethnicity, sexual orientation, gender identity or expression, religion, creed, ancestry, national origin, disability, veteran's status** (including Vietnam-era veterans), or **background**.

Additional Information: To request additional information regarding Title VI and related federal and state nondiscrimination obligations, please contact: Title VI Specialist, MassDot, Office of Diversity and Civil Rights, 10 Park Plaza, Boston, MA 02116. 857-368-8580, TTY: 857-368-0603, MASSDOT.CivilRights@state.ma.us

Complaint Filing: To file a complaint alleging a violation of Title VI or related federal nondiscrimination law, contact the Title VI Specialist (above) within 180 days of the alleged discriminatory conduct. To file a complaint alleging a violation of the state's Public Accommodation Law, contact the Massachusetts Commission Against Discrimination within 300 days of the alleged discriminatory conduct at: Massachusetts Commission Against Discrimination (MCAD), One Ashburton Place, 6th floor, Boston, MA 02109. 617-994-6000. TTY: 617-994-6196

PEOPLE TO PEOPLE FOOD PANTRY

The Danvers People to People Food Pantry is now open for shopping 3 people at a time. All people must be wearing a mask, sanitize hands and keep 6 feet from other shoppers. If you are not registered, please call the Pantry and we will set you up to shop (978)739-4188.

We are open Tuesdays and Thursday mornings 9am to noon and alternating Wednesdays, 4pm to 6pm.

The Pantry is now offering some new items, including a prepackaged meal kit with ingredients to make a meal.

Many thanks to all who volunteered or donated to keep the Pantry running this past year!! They are our heroes!!



MASSACHUSETTS

Medicare Wellness Webinars

Join Our Wellness Webinars!

Blue Cross Blue Shield of Massachusetts wants to help you stay well, with no-cost health education webinars brought to you in partnership with your local Massachusetts Councils on Aging. Join a webinar to participate in educational activities, practice, new hobbies, stay connected to other community members while remaining at home, and learn more about how to stay healthy and safe during these challenging times.

All are welcome—you don't have to be a Blue Cross member to participate.

Register for a Live Health Webinar

Please see our webinar descriptions below. Click to register for a webinar on a day and time that works best for you.

Wednesday, May 5, 2021

2:00 p.m. - 2:30 p.m. ET

Immunity Boosters and Busters

Presenters: Susan Flanagan & Tricia Silverman [Register Now at bcbsma.info/May5](https://bcbsma.info/May5)

Immunity Boosters and Busters

Presented by Tricia Silverman, RD

Looking to boost your immunity? Learn which foods and lifestyle practices enhance immunity and which ones decrease your body's ability to fight infection and illness. Join registered dietitian, wellness coach, and fitness instructor Tricia Silverman as she shares practical tips and eye-catching nutrition demonstrations to help inspire you to eat for better health and immunity.

Thursday, May 27, 2021

2:00 p.m. - 2:30 p.m. ET

Meditation for Busy Minds

Presenters: Lisa Farnham & Janet Fontana [Register Now at bcbsma.info/May27](https://bcbsma.info/May27)

Meditation for Busy Minds

Presented by Janet Fontana, RN, and Certified Health Coach

Have you wondered about meditation and if it's for you? Join us to learn what meditation is and how it works to quiet the mind. Practice simple meditation techniques during the webinar and discover free apps for creating an at-home practice. New and experienced meditators welcome.

Tuesday, June 8, 2021

10:00 a.m. - 10:30 a.m. ET

Eight Happiness Boosting Strategies Presenters: Jenna Feitelberg & Janet Fontana
[Register Now at bcbsma.info/June8](https://bcbsma.info/June8)

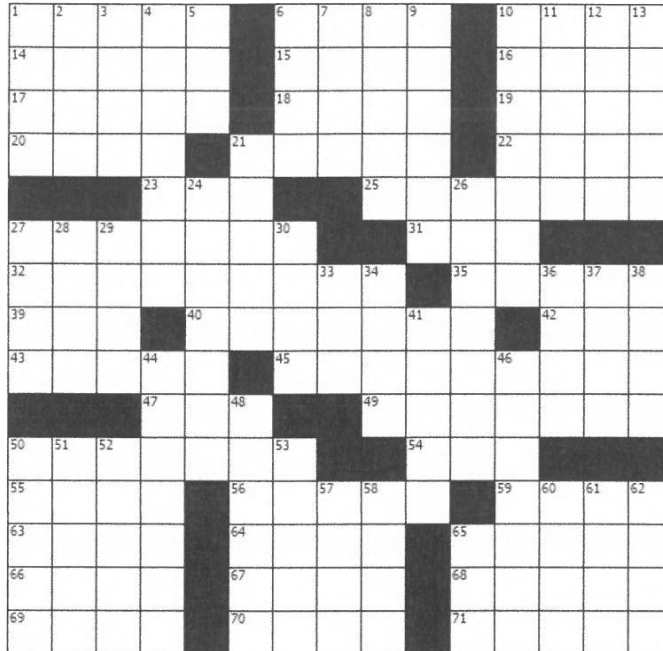
Eight Happiness Boosting Strategies

Presented by Janet Fontana, RN, and Certified Health Coach

Have you ever wondered how some people can be happy even when things aren't going their way? Explore the science behind what makes people happy. Learn eight simple happiness boosting strategies you can apply in your life.

Across

- 1. "War and ____"
- 6. Standards
- 10. Companions
- 14. Shoestrings
- 15. Musical instrument
- 16. Sunburn soother
- 17. Open to view
- 18. Defame
- 19. Quality of sound
- 20. East's opposite
- 21. The ones here
- 22. Those folks
- 23. Feasted
- 25. Makes beloved
- 27. Michigan's neighbor
- 31. Always, in verse
- 32. Advised
- 35. Fury
- 39. Conclude
- 40. Muscle-building drug
- 42. Alias inits.
- 43. Actress ____ Witherspoon
- 45. Wood-smoothing item
- 47. Stately tree
- 49. Cat breed
- 50. Show's major advertiser
- 54. Washington bill
- 55. Not false
- 56. Leased again
- 59. Actress ____ Hayworth
- 63. Ladder step
- 64. Imitator
- 65. Helpers
- 66. Andean mountain native
- 67. Ogle
- 68. Setting
- 69. Pare
- 70. Antlered animals
- 71. Ziti, e.g.



Down

- 1. Farm tool
- 2. Roof part
- 3. Experts
- 4. Sure
- 5. OH time zone
- 6. Elegant
- 7. Fit
- 8. Awaken
- 9. Tranquil
- 10. Sewing guide
- 11. Honolulu greeting
- 12. Hermit
- 13. Gives the impression
- 21. Principle
- 24. Cap ornaments
- 26. Without expression
- 27. Bakery worker
- 28. Zero
- 29. Guy
- 30. Pub drinks
- 33. Memorable time
- 34. Puts on
- 36. Ogle
- 37. Scrapes by
- 38. Burger order
- 41. Simpleton
- 44. African country
- 46. "____ the Beautiful"
- 48. Group's mood
- 50. Undress
- 51. Trim trees
- 52. Pound part
- 53. Ward off
- 57. Onion's kin
- 58. Blunders
- 60. 15th of March
- 61. Camp shelter
- 62. Adrift
- 65. Venomous viper



50+ Job Seekers Regional Networking Groups

The 50+ Job Seekers program is now launching its 7th year, providing career transition support, strategies, materials and guidance to the 50+ demographic of job seekers. Our mission is dedicated to people who are unemployed, underemployed, re-entering the workforce after an employment gap or looking for a Second Act career. Meet and network with fellow job seekers at our virtual workshops. We focus on topics relevant and essential to your job search. We equip and empower you to be successful. Come and learn from our experienced Career Coaches who facilitate these workshops.

To register: If you have *already attended* 50+ sessions or town halls, you will receive an invitation from one of our group leaders to register and attend each of these events. If you are **New** to the 50+ program and have never attended any sessions, **Registration is Required**. Use this link to register: <https://50plusjobseekers.org/outreach/registration/> select *Webinar Series* and complete the rest of the form. Upon receipt, you will receive an email with a link to attend the event. **For more information, please contact: Susan Drevitch Kelly, Founder/Program Director at susan@sdkelly.com.**

VETERANS' SERVICES



KELLEY RAYOS-TEIXEIRA
Director of Veterans' Services

25 Stone St, Danvers, MA 01923
978-777-0001 x 3025

VETERANS OFFICE HOURS
M, T, & W: 8 am - 4 pm
Thurs: 8 am - 7:30 pm
Friday: 8 am - 13:00 pm



Veterans Northeast Outreach Center is partnering with the American Red Cross to donate 200 units of blood during 5 blood drive events in the Merrimack Valley and the North Shore.

We are partnering with communities and businesses to help these two organizations raise donations.

BUSINESSES can donate by pledging \$5.00 for each unit of blood donated over the 5 events.
INDIVIDUALS can register to donate blood and help their local community avoid shortages at this critical time.



Thank you from Veterans Northeast Outreach Center
and
The American Red Cross!



Contact John Ford - jford@vneoc.org to become a sponsor.

Use sponsor code **VETERANS** to make an appointment at any of the following blood drives.

Haverhill Community Blood Drive

Sponsored by
Veterans Outreach Center & Haverhill American Legion

Function Hall
1314 Main Street
Haverhill, MA 01830

Wednesday, January 6, 2021
9:00 AM to 7:00 PM



Manchester Community Blood Drive

Sponsored by
Veterans Northeast Outreach Center

American Legion Function Hall
14 Church Street
Manchester by the Sea, MA 01944

Wednesday, January 13, 2021
2:00 PM to 7:00 PM



Danvers Community Blood Drive

Sponsored by
Veterans Northeast Outreach Center

Amity Mosaic Lodge
30 High Street
Danvers, MA 01923

Friday, January 15, 2021
2:00 PM to 7:00 PM



Haverhill Community Blood Drive

Sponsored by
Veterans Northeast Outreach Center

Cedardale Health - Gym
931 Boston Road
Haverhill, MA 01835

Sunday, January 17, 2021
10:00 AM to 3:00 PM





Veteran Services



Danvers Veterans Social has resumed. Every Thursday at 5pm Veterans are invited to come to the VFW Hall, 5 Conant Street. Coffee and donuts are served. This is just an informal meeting, come and go as you please.

Flags will be placed at the graves of the fallen at Walnut Grove Cemetery on Wednesday, May 26, 2021 at 4pm, Walnut Grove Cemetery.

Memorial Day is currently being planned. As always it will occur on Memorial Day, May 31, 2021. The ceremony will be virtual as it was last year. Danvers Community Access Television (DCAT) will broadcast the ceremony on Monday, May 31, 2021 at 10am. Prior to the broadcast there will be a Rolling Caravan that starts at 9am. More specific details will be made public soon.

GROUP SUPPORT

Our groups, Low-Vision and CLA (Challenges of Living Alone) will continue meeting virtually until further notice. Those who are interested can join the conversation by phone, computer, or tablet.

LOW VISION - We will be trying something different for our meetings. Instead of dialing in to our meeting, Lisa Westrate will call YOU. Please note, however, that due to a scheduling conflict, I need to move the day of our meeting. Our next meeting will be on Thursday, **May 20th** at 10:30 am. (This is the THIRD Thursday.)

CLA - Call in to join the virtual meeting on the 4th Thursday of the month: **May 27th**, at 1 pm. For those who will join online, look for an email from me with a link on Monday. For those who will be calling in, here is the phone number for quick reference: **1-617-315-0704**. Call me to request the meeting ID & password.

If you are not on the current group email list and would like to get an invitation to the meeting please email Lisa Westrate at LWestrate@danversma.gov. If you don't have access to email or a computer, call Lisa at **762-0208 x105** to request the phone number and access code to dial into the meeting. If you have concerns about how to do it, or experience technical difficulties, please call Lisa at the Senior Center, even if the meeting has already started. We can help you figure it out.

During these times, it's important to stay connected!

Puzzle Solution © OnlineCrosswords.net

P	E	A	C	E		P	A	R	S		P	A	L	S
L	A	C	E	S		O	B	O	E		A	L	O	E
O	V	E	R	T		S	L	U	R		T	O	N	E
W	E	S	T		T	H	E	S	E		T	H	E	M
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P	E	E	L		E	L	K	S		P	A	S	T	A

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Don't know where to start?
CALL US!*



Jon Younger
508-878-8878
jyounger@assistedlivinglocators.com
assistedlivinglocators.com/nemass

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- Independent Living Communities
- Personalized Touring of Communities

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- Donald E. Kowalski, DDS**, 10% off regular fees.
- NorthEast Community Bank**: It's about family, community, friendship and relationships. It's the way we live.
- Rocco's Pizza House**, 10% off regular prices (excludes delivery/catering)



DID YOU FORGET US?

Have you renewed your 2021 Membership Donation?

We value your membership and would like to give you a final opportunity to renew your membership if you have not already done so. Without the generous support of our members, many services would not be available.

Donation Categories are: \$25 Silver; \$50 Gold; \$100 Platinum, \$125 or over Diamond
Please see renewal form below.

THE FRIENDS OF THE DANVERS COUNCIL ON AGING Danvers Senior Center 25 Stone Street

As a new season approaches it is time again to reach out to our Friends of the Council on Aging, as we begin our 2020-2021 membership drive. Your support of the Friends of Danvers Council on Aging make it possible for the "Friends" to continue financial support of programs at the Senior Center. The Board of Directors for the Friends continues to identify programs, services, and equipment necessary to meet the needs of seniors by working closely with Pam Parkinson, Senior Center Director, and the Danvers Senior Center staff. We greatly appreciate all of you who have supported us in the past.

Your support of the Friends has many benefits including:

- Discount coupons for restaurants, etc.
- Discount services/products at participating businesses with your Friends card
- Reduced fees for Senior Center classes and dinners
- Monthly newsletter

Donations received through the Friends support the Danvers Council on Aging with many items not always budgeted with tax dollars. Please consider supporting our mission to continue providing programs and services to older adults in the Danvers Community.

Sincerely,

John Lamirande

2020-2021 Treasurer

___ \$125 (& over) Diamond ___ \$100 Platinum ___ \$50 Gold ___ \$25 Silver

NAME: _____ TELEPHONE: _____

ADDRESS: _____

Membership cards for Friends are per person. Minimum \$25 per individual card. The Friends of the Danvers Council on Aging is a tax-exempt organization described in Section 501 (C) (3) of the Internal Revenue Code.

GIFTS TO THE FRIENDS OF THE DCOA IN MEMORY OF

Friends of the Danvers Council on Aging
25 Stone Street, Danvers, MA 01923

In lieu of flowers, please consider making a tax-deductible contribution in memory of a loved one. This coupon is for your convenience in making a gift that will bring more opportunities and enhance services for senior citizens today and tomorrow. Families of those honored will be notified of your contribution.

A Living Memorial / Honor

I am enclosing \$ _____ (Please make check payable to FRIENDS of DCOA)

Please check one of the following:

In Memory of

 In Honor of

Send Card

to: _____

Address: _____

City: _____ State: _____ Zip: _____

Donor's Name

Address: _____ City: _____

_____ State: _____ Zip: _____

This newsletter is made possible through funding assistance from THE FRIENDS OF THE DANVERS
COUNCIL ON AGING AND THE EXECUTIVE OFFICE OF ELDER AFFAIRS.

NON-PROFIT ORGANIZATION
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Danvers Senior Center
25 Stone Street
Danvers, MA 01923