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May at NDU

- Tuesdays at 1000 - Ruth's English Conversation Class on the ISMO patio
- Fridays - SpICE
- 29-7 May—Hawaii Field Practicum
- 28-31 May—Philadelphia Field Practicum



Memorial Day

Monday, May 31



Memorial Day is celebrated each year to honor the men and women who died while serving in the U.S. military. Observance for this day began following the American Civil War in 1865. To honor fallen soldiers, people visit graves and leave flowers and wreaths.

Many cities and towns will host parades on Memorial Day with veterans and military personnel. Washington DC holds one of the largest parades nationally with over 250,000 spectators. People will also observe this holiday by leaving flowers at gravesites and pay their respects.



If you have any suggestions or recommendations for next month's newsletter, email ISMO@ndu.edu!

MUSEUMS

Disclaimer: Due to COVID-19, many events might be canceled, postponed, or changed, sometimes with short notice. Please check with the event's website for the latest updates, as things change frequently.

The National Museum of Women in the Arts

Located in the heart of Washington, D.C., the National Museum of Women in the Arts brings recognition to the achievements of women artists of all periods and nationalities. More info [here!](#)

Planet Word Museum

Planet Word is an immersive language experience located at the historic Franklin School in Washington, D.C. Ideal for all ages, Planet Word is a voice-activated museum where interactive galleries and exhibits bring words and language to life in all sorts of fun ways. More info [here!](#)

National Building Museum

Tickets are daily, Friday through Sunday, and split into two sessions: 11 am–1 pm and 1 pm–4 pm. Tickets include access to all Museum exhibitions. More info [here!](#)

Check when Smithsonian's reopen [here!](#)

The Bible Museum

The Bible Museum is now open from 1000 - 1700 Thursday - Monday. Tickets range between \$10 - \$25 with children under the age of 6 being FREE. Book your tickets [here!](#)

International Spy Museum

The International Spy Museum is an exciting, informative and interactive museum where you get to become a secret agent. This museum is open Friday - Sunday and tickets range between \$15 - \$25 with children under the age of 6 being FREE. Book your tickets [here!](#)

This Month's neighborhood to explore is:

[Anacostia!](#)

Anacostia is in the southeast quadrant of DC. Here you can discover a vibrant neighborhood with museums, bike paths and a rich African American history.

Places to eat: Uniontown Bar & Grill, Cheers @ The Big Chair, or Art-drenaline 365 Cafe

Things to do: Visit the home of Frederick Douglass, snap a picture of the BIG chair standing 19 feet tall! Ride a bike or walk along river to Kenilworth Park & Aquatic Gardens, rent a kayak, or go roller skating where skate rentals are free!

← E X P L O R E →



Sports and Activities

Disclaimer: Due to COVID-19, many events might be canceled, postponed, or changed, sometimes with short notice. Please check with the event's website for the latest updates, as things change frequently.

ACTIVITIES

Sporting events

What better way to experience American culture than attending at a baseball game? The Washington Nationals are a professional baseball team based in Washington D.C. Grab a hotdog and a baseball cap, and visit [this website](#) to purchase tickets for their upcoming games.

D.C. United Soccer team

If you are looking for a slightly more international sport then be sure to check out D.C. United! The DC soccer team's season has just started up and their stadium is located right next to Fort McNair. Tickets to their games can be found on ticketing websites such as ticketmaster or Stubhub.

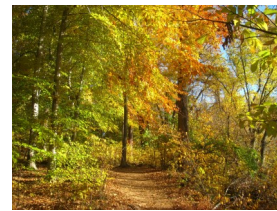
Washington Capitals and Washington Wizards— Basketball and Hockey

Looking for sporting events closer to the center of D.C., then look no further than Capitol One Arena! The arena is home to the Washington Wizards, the Washington Mystics, and the Washington Capitals. The Wizards and the Mystics will both provide a fun night for the family watching Washington's premier basketball teams while the Capitals will provide a rowdier evening out showcasing the beauty of hockey. Tickets for all of these events can be found [here](#).



Get Outside with All Trails

All trails is a great resource to find walks and hikes near you. It is an app and website that you can use to find trails for all levels of hikers. Use it to explore places like Theodore Roosevelt Island, Monuments and Memorials, the Georgetown Loop, the Potomac Heritage Trail and the Anacostia Riverwalk Trail. Use the website [here](#) or download the app on the Apple App Store or Google Play.



Additional Resources

FREE Activities

There are so many fun and FREE activities to do in and around DC. Use [this link](#) to learn more about these activities.

What is open near you?

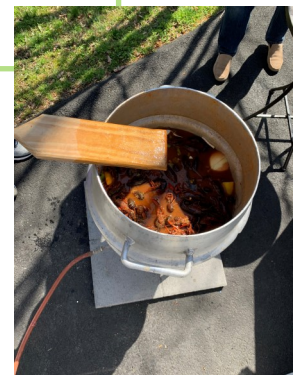
This website [here](#) is the **best resource** for current information on the reopening of museums, attractions, parks, and more!

Community Sponsor Program



“We’ve enjoyed getting to know Miroslaw and Monika and sharing our culture with them. My husband is from Louisiana and growing up his family always had a crawfish boil for Easter, so our Polish friends got to experience another taste of Louisiana this past week. In January, we did Mardi Gras food while watching football playoffs.”

~ Kara Bilbo



We are searching for new sponsors for next year’s class of International Fellows. Have you met neighbors or members of your communities who would make great sponsors for your successors?

Please spread the word about the program and help the sponsor program grow. You may pass along the POC’s information below:

Point of Contact: Laura Garvie

Email: Laura.m.garvie.civ@ndu.edu

Phone: (703) 859-5526

WAYS TO CELEBRATE

Disclaimer: As you celebrate these holidays please do so following all CDC and local guidelines so you and those around you stay healthy! Continually check websites for updates on events as they change frequently.

May Day

Saturday, May 1

May Day is an ancient celebration of spring celebrated all around the world, though predominantly in Europe. The earliest recorded celebration of this holiday was in the Roman Empire as part of the Festival of Flora, celebrating the gods Athena and Dionysus with dancing, theater performances, and wine. Today, countries all over the world celebrate with dances, festivals, and music.



Cinco de Mayo

Wednesday, May 5

Cinco de Mayo may be famous in the United States as a holiday for Margaritas and Mexican Food, but Cinco de Mayo originally celebrated the victory of the Mexican army over the French in the Battle of Puebla in 1862. This battle turned the tide of the war between the Mexicans and the French, leading to the eventual victory of the Mexican army 5 years later. Today, this holiday is celebrated with dancing and drinks in Mexico and the U.S.



Mother's Day

Sunday, May 9

Mother's Day is a worldwide holiday, tracing its roots back to Greek and Roman times. In the United States, it is celebrated on May 9th and typically includes flowers, cards, and the occasional grill out.



Memorial Day

Monday, May 31

Memorial Day is celebrated on the last Monday of May and celebrates all of those who died while serving the U.S. military. Americans typically travel and cook out on this long weekend, enjoying what for many is considered the unofficial start of summer. If you are looking for things to do in D.C. to celebrate, then check out these walking tours [here!](#)



Alumni Promotions



**Brigadier General
Dariusz Mendrala
Poland
ES 2018**

Promotion to Director of NATO Security Investment Programme Management Office



**Brigadier General
Nestor Enrique
Caro Gutierrez
Colombia
NWC 2018**

Promotion to Brigadier General in the Colombian Army



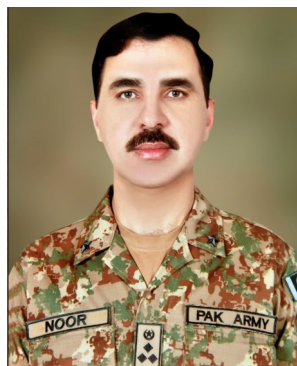
**Major General
Mpho Mophuting
Botswana
ES 2018**

Promotion to Deputy Commander, Botswana Defence Force



**Lieutenant General
Toshikazu Yamane
Japan
ES 2009**

Promotion to Commanding General, 3rd Division, Middle Army, Japan Ground Self-Defense Force



**Brigadier General
Noor Khan
Pakistan
NWC 2021**

Selected to Major General in the Pakistani Army



**Ms. Tiina Uudeberg
Estonia
ES 2021**

Promoted to Undersecretary for Defence Planning in Estonia's Ministry of Defence