



**Members Get More**  
Student Benefits Catalog



AMA **MEMBERSHIP  
MOVES  
MEDICINE™**

# Membership that Matters

The American Medical Association is your powerful ally in patient care that represents physicians with a unified voice, drives the future of medicine, removes obstacles that interfere with patient care and leads the charge to confront public health crises. Membership in the AMA also comes with benefits specially tailored to med students like you.

## Designed Especially for Med Students

Joining the AMA gives you access to discounts, opportunities and resources that help you succeed in med school and beyond. These benefits are tailored to the unique needs of students throughout med school.

## Worry-Free Benefits







Your benefits stay with you throughout your membership. No expiration dates, no conditions. Just renew your membership to keep them.

## Exclusive Access

As an AMA member, you can play a direct role in the future of health care by attending events, joining advocacy groups, filling leadership positions and more.

 **Become a member: [ama-assn.org/join](https://ama-assn.org/join)**

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### Students Photo (left to right):

Hussein Antar | Member since 2017

Faizah Shareef | Member since 2018

Arlene Ho | Member since 2017 (with sign)

Haidn Foster | Member since 2017

Sneha Swaminathan | Member since 2017



# Benefits for Your Education

You know medicine moves at a fast pace. But now you can keep ahead with a wealth of resources to stay up to date and at your professional best.

## FREIDA™

### Find your next big opportunity

When you're starting to look for your residency, the path ahead can seem like a great mystery, but the AMA is here to help with FREIDA™, the AMA Residency & Fellowship Database®, with new easy-to-use features for members.

- **Search over 12,000 ACGME-accredited** residency and fellowship programs
- **Use over 35 filters** to explore opportunities by specialty, location and more
- **Rank, rate and compare programs** in your members-only dashboard

**NEW** - Plan for application expenses and prepare your budget with FREIDA's Residency Calculator

The screenshot displays the FREIDA website interface for the University of Arkansas for Medical Sciences (UAMS) College of Medicine Program. The top navigation bar includes 'FREIDA™', 'Search Programs', 'Explore Specialties', 'Program Management Portal', 'Tools & Resources', and a 'Dashboard' button. A search bar contains the ID '1100421071' and the program name '1100421071 - University of Arkansas for Medical Sciences (UAMS) Colleg...'. Below the search bar, the program title 'University of Arkansas for Medical Sciences (UAMS) College of Medicine Program' is prominently displayed, along with the location 'Little Rock, AR'. The main content area is divided into sections: 'INFORMATION' (Program best described as, Primary teaching site, Accredited length of training, Required length, Accepting applications for trainees, Will be accepting applications for Program start dates, Participates in ERAS®), 'EDUCATIONAL ENVIRONMENT' (Any involvement of scheduled structured clinical activities, Training at hospital/academic sites during 1st year, Training during 1st year in ambulatory non-hospital community-based settings, e.g., physician offices, community offices), and 'COMPENSATION AND LEAVE' (table with columns for Grand year, Salary compensation, Variation above, and Rank Area). The 'MAJOR MEDICAL BENEFITS' section lists Major medical insurance for residents, Major medical insurance for domestic partners, Occupational health insurance, and Qualified health insurance. The 'PROGRAM DIRECTOR' information is provided as Sarah M Greenberger MD, Univ of Arkansas for Med Sciences, 504 4301 W Markham St, Little Rock, AR 72205, with contact details for phone, fax, and email. A 'Program Director' section also includes contact information for Jennifer Slack BS.

Grand year	Salary compensation	Variation above	Rank Area
1	\$53,915.00	21	12
2	\$55,965.00	21	12
3	\$58,108.00	21	12



Medical Student Advocacy & Region Conference (MARC) participants on location in Washington DC. (left to right) Breyen Coffin, MD, Riley Mickelsen and Jessica D'Annibale.

## FREIDA™ Specialty Guide

Choosing a specialty is one of the biggest decisions you make in med school. The FREIDA™ Specialty Guide has everything you need to find the right fit for you.

## Leadership Positions

The AMA offers over 1,000 leadership positions for students at the local, state and national level for the opportunity to leave your mark on medicine and make your CV stand out.

## Member Sections

Dive deeper into the issues that personally affect you by joining membership groups within the AMA. Member Sections come with a specially crafted newsletter and an opportunity to shape AMA policy. Member groups listed below.

Academic Physicians

Advisory Committee on LGBTQ Issues

Integrated Physician Practices

International Medical Graduates

Medical Students

Minority Affairs

Organized Medical Staff

Residents & Fellows

Senior Physicians

Women Physicians

Young Physicians

*“Find a dream to strive for and a ‘why’ to keep you grounded. Having a dream keeps you motivated as you move through your career.”*

**Irraj Iftikhar**

Future Physician

AMA MEMBER SINCE 2017



👉 Take your membership to class: [ama-assn.org/join](https://ama-assn.org/join)





# Benefits for Your Life

**AMA Member Benefits PLUS** is the next level in customizing benefits that fit your lifestyle. Find exclusive perks, savings and advantages—whether you are a homebody or globetrotter, have set down roots or in the middle of house hunting, busy or vacationing.



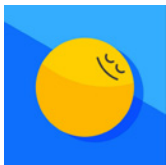
## Home & Lifestyle

Stress less and use exclusive member savings on services to help you find and finance your dream home, homeowner's insurance, security systems and more.



## Auto & Transportation

In the market for a new ride? Use AMA-negotiated discounts to buy or lease new cars.



## Health & Wellness

Headspace is the meditation and mindfulness app helping health care professionals live happier and healthier. It's proven to reduce stress and increase resiliency. **Get 2 years free today.**



## New! Gympass

Prioritize your physical health and well-being with AMA's newest member benefit. Access thousands of gyms, studios, and wellness apps right at your fingertips, with a range of plans exclusively priced for AMA members.

 **Learn more at [ama-assn.org/mbp](https://ama-assn.org/mbp)**



# **Benefits for Your Wallet**

**AMA Member Benefits PLUS** also helps you save directly on the expenses you accrue throughout your education and career so you can achieve your personal and professional goals and feel confident in your financial future.



## **Loan & Financial Service**

Receive exclusive member savings on services for home financing, student loan refinancing, homeowner's insurance, security systems and more.



## **Education Discounts**

Get discounts on test preparation courses to study for medical and licensing exams.



## **Resident Interview Preparation**

Plan for the next step and budget for residency with the FREIDA™ Residency Calculator and residency interview loans from Laurel Road.



## **Student Loan Discounts**

AMA student members receive an additional 0.25% rate discount when taking out a residency interview loan with Laurel Road.\* Pay only \$25/month during the remainder of medical school and up to 4 years of your residency.\*\*

\*AMA student members must be currently enrolled in good standing in either an MD or DO program at an accredited U.S. medical school with an anticipated graduation date falling within 12 months from date of application.

\*\*[Click here](#) for APR and Payment Examples and more information about the \$25 monthly payments.

## Laurel Road

Receive a \$100 cash bonus when you take out a medical school loan<sup>1</sup> with Laurel Road!<sup>2</sup>

## Kaplan

Save 30% on Kaplan's Qbank and Qbank Integrated Plan courses to support you in your goal of passing the USMLE<sup>®</sup> or COMLEX-USA<sup>®</sup>.

## Lenovo™

Save up to 30% off laptops, tablets, desktops, servers, accessories and more.

***“Medicine is an ever-changing field, which means that those of us working to advance it, must move with it.”***

### **Aishwarya Thakur**

Future Physician

AMA MEMBER SINCE 2017

<sup>1</sup>Medical school loans are limited to students attending certain school. To see if we offer loans for your school visit [laurelroad.com/partnerships/ama/med-students/](http://laurelroad.com/partnerships/ama/med-students/). All credit products are subject to credit approval.

<sup>2</sup>The AMA \$100 cash bonus is offered for applications from active AMA members. The loan application must close in order to qualify for the bonus. Cash bonus will be paid within 60 days of closing. Offer cannot be combined with other Laurel Road offers, including the Referral Program.



Save more as a member: [ama-assn.org/join](http://ama-assn.org/join)

# AMA INSURANCE

Your resource for insurance protection and access to financial advisors.

## Quality Protection

The Student Insurance Program sponsored by the American Medical Association offers full-time medical students \$100,000 of Group Term Life Insurance for just \$40 a year, or \$50,000 coverage for \$20 a year.

- Acceptance is guaranteed for eligible students
- Spouse/domestic partner coverage is available
- Benefit doubles in the event of accidental death
- No physical exam or health questions
- Your coverage can continue after graduation regardless of your health

 [Learn more at amainsure.com](https://www.amainsure.com)

For another \$41 a year, the program also provides Group Disability Income Insurance that is designed to pay \$1,000 a month, for up to 12 months, if you were unable to attend classes because of a covered disabling accident, illness or organ donation, in addition to any other health benefits you receive.

- Acceptance is guaranteed for eligible students
- No physical exam or health questions
- Your coverage can continue after graduation regardless of your health

## Top-Notch Service

AMA Insurance has served physicians and their families for more than 30 years. Our physician-focused, customized insurance program is designed especially for the way doctors train, work and live, at competitive rates from top carriers.

AMA Insurance Agency, Inc. is a subsidiary of the American Medical Association. Underwritten by New York Life Insurance Company, 51 Madison Avenue, New York, NY 10010 on Policy Forms GMR-FACE/G-30610-0 and GMR-FACE/G-30639-0, under Group Policy Nos. G-30610-0 and G-30639-0

For more information, including features, costs, eligibility, renewability, limitations and exclusions visit [amainsure.com](https://www.amainsure.com)

AR Insurance Producer License #100105975  
CA Insurance Producer License #0754707  
1824761



## Benefits for Your Mind

Even after med school, physicians never stop learning. AMA membership comes with benefits and opportunities to expand your industry knowledge and learn from your peers.

*“I advocate for patients and physicians by meeting face to face with legislators to discuss problems and policies affecting our health care system.”*

**Emily Dewar, MD**  
Resident Physician  
AMA MEMBER SINCE 2015



👉 Learn from other members: [ama-assn.org/join](https://ama-assn.org/join)





## **AMA Member Events**

Events are opportunities to network with peers and learn more about advocacy, policy making, residency, and organized medicine.

## **AMA Meetings**

### **AMA Interim Meeting**

Every November

San Diego, California

*Free for AMA Members*

Officials and members will gather to address policy. Voting delegates will introduce business to the AMA House of Delegates through presentation of resolutions on behalf of their delegation, or as individuals.

### **AMA Annual Meeting**

AMA House of Delegates: Every June

Hyatt Regency Chicago | Chicago, Illinois

*Free for AMA Members*

Join us in Chicago as we elect officers to the AMA House of Delegates and address policies that affect health care.

Due to the COVID-19 pandemic and the demands on our health care system, some events and meetings that have been planned may be suspended or held virtually. The AMA Board of Trustees continues to monitor the evolving situation, and we will update event pages on the AMA website accordingly.

 **Get specific dates and more at [ama-assn.org/events](https://ama-assn.org/events)**

## **AMA EXPO**

Every November

San Diego, California

Learn about residency programs at the AMA Career Fair and showcase your research to leaders in medicine at the AMA Research Symposium.

## **AMA Medical Student Advocacy Conference**

Every March

Washington D.C.

Learn about current legislation and how to be a successful advocate, meet with senators and representatives, and network with students from across the country.

## **Member Profile**

Learn more about Andrew  
and other members at

[MembershipMovesMedicine.com](https://www.membershipmovesmedicine.com)

***“That medicine will grow into  
an efficient system that doesn’t  
allow discrimination on any  
basis or deter the care that  
is provided to patients.”***

**Andrew Louis DeMatteo**

Future Physician

AMA MEMBER SINCE 2018

**Meet Andrew Louis DiMatteo**, a third-year medical student at Drexel University College of Medicine in Philadelphia. Andrew learned the impact a great physician can make on patients’ lives by being a patient himself. This was the inspiration that sparked his pursuit of a life in medicine.

In just a few short years in school, Andrew has made his mark by participating in the U.S. Army’s Health Professions Scholarship Program and contributing to the clinics that Drexel University runs in the Philadelphia area. Though he is proud of these personal achievements, he sees them more as opportunities to do something bigger than himself and more than what is asked of a citizen. From this, Andrew has already learned things about medicine he will take into his career.

“Medicine is not just a simple career,” he says, “It is a lifestyle—one that is full of ups and downs, sacrifice, and it will push you to be your best self in order to care for others.”



## What's Next

Enjoy these benefits right away when you start your American Medical Association membership.

Sign up at [ama-assn.org/join](https://ama-assn.org/join)

## Create a custom experience and make the most of membership with an AMA account

- 1) Visit [amc.ama-assn.org](https://amc.ama-assn.org)
- 2) Create your account
- 3) Manage newsletter subscriptions, print receipts, renew with one click and more

That's it! Stay connected and never miss a new development from the AMA.

[ama-assn.org](https://ama-assn.org) | (800) 262-3211

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