



city of PALM COAST

Office of the City Manager

160 Lake Avenue
Palm Coast, FL 32164
386-986-3710

Memorandum

To: The Honorable Mayor and City Council
From: Jim Landon, City Manager
Date: March 24, 2017
Re: Week-In-Review

*Green City Hall Event
Saturday, April 1, 10am to 1pm
City Hall*

*City Offices Closed
Friday, April 14
In Observance of Good Friday*

*Teen Flashlight Egg Hunt
Friday, April 14, 7:30pm
Central Park in Town Center*



*Friday, April 14, 8pm
Central Park in Town Center*



Central Park in Town Center

NCCAA Free Youth Sports Clinic

This past weekend, the City of Palm Coast welcomed the NCCAA, National Christian Collegiate Athletic Association who hosted a free youth sports clinic to children in our community, for the 6th consecutive year. Skills in soccer, basketball, golf, baseball, and volleyball were taught by some of the NCCAA’s finest college athletes and coaches. This year there were 87 participants ranging in ages from 6-12.



Bat House Installed at Long Creek Nature Preserve – “The Pandemic Project”



City staff have been working with a Flagler of Palm Coast High School Community Problem Solvers group called “The Pandemic Project”. Students from this group set a goal to install bat houses at one or more of our parks while monitoring it over time. Last Friday, the first house was installed at Long Creek Nature Preserve by the students with help from our Public Works staff. Students will continue to work to install more bat houses in the future, as this is one of their activities that supports their mission of minimizing the transmission of infectious diseases through the reduction of mosquito populations. For more information, see the attached Community Development Department Update.

39th Citizen’s Academy Graduates

This month twenty-one Palm Coast residents graduated from the City’s 39th Citizen’s Academy class, a program designed to educate residents about the operations of the City government. Students spent five weeks with departments and visited various City locations, including their graduation at a Palm Coast City Council meeting. See the attached news release for more information.



Next Week:

- *Tuesday, March 28th, City Council Workshop, 9am, City Hall – Community Wing, 160 Lake Avenue*

Attachments

- Administration & Economic Development Department Update
- BAC Update
- Information Technology Department Update
- Public Works Department Update
- Community Development Department Update
- Fire Department Update
- Parks & Recreation Department Update
- Utility Department Update
- News Releases Sent: Green City Hall Day (April 1 event), water conservation reminder, Citizens Academy graduation and registration, April calendar of events



city of PALM COAST

Administrative Services & Economic Development

160 Lake Avenue
Palm Coast, FL 32164
386-986-3710

Week In Review Friday, March 24, 2017

City Clerk

- Processed 5 public records requests.
- Processed 5 litigation documents.
- Prepared and processed 20 documents for recording.
- Prepared 2 agenda items.
- Prepared and posted 1 agenda and 2 sets of approved meeting minutes to the Web.
- Processed 4 resolutions.
- Completed 1 Proof of Life document for a citizen.

Communications & Marketing

- News releases sent: Green City Hall Day (April 1 event), water conservation reminder, Citizens Academy graduation and registration, April calendar of events
- Staffed Council meeting – presentation of Utility awards, photography
- Staffed Food Truck Tuesday – social media and photography
- Completed 2016 Water Quality Report for distribution in May Utility bills
- Responded to various media requests and coordinated advertising
- Conducting hiring process for summer interns
- Planning Green City Hall Day (April 1 event) – invitations have gone out
- Planning Mayor's Community Health Challenge
- Updated Community Center progress website, with photos:
www.palmcoastgov.com/communitycenter
- Planning for National Mayors Challenge for Water Conservation during month of April
- Participated in Free For All Friday radio show on WNZF, talking about the citizens survey with Council Member Shipley
- Attended FEST Team
- Planning for start of Discover Palm Coast radio show on WNZF
- Planning ribbon-cutting for BS-2 surface water control structure (April 18 event)
- Posted to Facebook; social media post of the week: →



please recycle

palmcoastgov.com



- Videotaped/aired live the City of Palm Coast Council meeting.
- Edited promo video for National Mayor's Water Conservation Challenge.
- Created graphic for Facebook posting regarding first day of Spring.
- Downloaded/programmed new content for PCTV – Retro Theater series.
- Attended meeting: Green team subcommittee on recycling.
- Updated news and announcements on Palm Coast Television ticker tape.

Central Services

Purchasing:

| Status | Ref. # | Project |
|------------|--------------------|---|
| Pending | ITB-PW-U-17-34 | Price Agreement for Utility Supplies |
| Pending | RFP-ADM-HR-17-27 | Temporary Labor Services |
| Open | ITB-RCMP-MIT-17-26 | Residential Construction Mitigation Program (RCMP) |
| Open | ITB-UT-WD-17-28 | Valve Actuators |
| Open | LOI-CD-CME-17-29 | Redesign and Replacement of the F-Section Concrete Lined Ditch |
| Open | ITB-CD-CME-17-31 | Restrooms at PCAF and ITSC |
| Open | ITB-CD-CME-17-32 | Sports Lighting at ITSC |
| Open | ITPQ-PW-SD-17-33 | Street Resurfacing 2017 (Pre-Qualification) |
| Open | ITB-PW-SD-17-33 | Street Resurfacing 2017 |
| Open | ITPQ-CD-CME-17-30 | Electrical Improvements for WTP#1 (Pre-Qualification) |
| Open | ITB-CD-CME-17-30 | Electrical Improvements for WTP#1 |
| Evaluating | RFP-IT-17-11 | Asset Management Software |
| Evaluating | RFQ-CD-CME-17-16 | Pavement Management System |
| Evaluating | ITB-RCMP-MIT-17-22 | Residential Construction Mitigation Program (RCMP) |
| Evaluating | RFP-CD-CME-17-10 | Design Build Services for Shade Sails Project |
| Evaluating | ITB-CD-CME-17-24 | Reclaimed Water Irrigation US1 |
| Evaluating | ITB-PW-PFM-17-21 | Price Agreement for Irrigation Supplies |
| Completed | RFP-CM-16-02 | Palm Harbor Golf Club Management, Operations and Maintenance Services |
| Completed | RFI-ADM-16-05 | Tennis Center Consultant Services |
| Completed | ITB-CD-CME-17-09 | Restrooms & Sports Lighting at PCAF and ITSC |
| Completed | ITB-PW-17-20 | Debris Disposal Services |
| Completed | RFP-PW-STRT-17-06 | Traffic Sign Printer |
| Completed | LOI-CD-CME-17-23 | Belle Terre Blvd/Pkwy Corridor Improvement Design |

Contracts:

- E&J Recycling and Disposal Service, LLC, Commercial Solid Waste Franchise Agreement, 03/16/2017 – 03/15/2018
- CPH, Inc., Utility Engineering Services, 1st Renewal, RFQ-PW-U-14-05, 03/16/2017-03/31/2018 (+ 1)
- FDOT off the State Highway System Regional Incentive Program Agreement R-O-W Old Kings Road Ext., #435561-1-54-01, 03/10/2017-03/31/2018
- Sunshine Recycling, Inc., Commercial Solid Waste Franchise Agreement, 04/01/2017-03/31/2018
- Kompan, Inc., Purchase of Park and Playground Equipment, Piggyback of U.S. Communities Contract, #110171, 03/21/2017-09/16/2017
- Ten-8 Fire Equipment, Piggyback of Lake County Contract #16-0615 for Vehicles and Operating Equipment, 03/17/2017-09/30/2017
- K&M Mower Repair, Price Agreement for Mower Parts, ITB-PW-FLT-17-04, 03/21/2017-03/20/2018
- Grainger, Industrial Supplies, Piggyback National IPA/City of Tucson, #141003, 03/17/2017-12/31/2017
- All Daytona Septic Tank Service, Inc., Wastewater Collection System Emergency Tank Truck Services, ITB-PW-U-15-07, 03/27/2017-03/26/2018
- Alpha General Services, Inc., Pep Tank Pump Panel Services, Inc., ITB-PW-U-15-10, 04/27/2017-04/26/2018



The Palm Coast Business Assistance Center
Services Provided by the SBDC at UCF

Located at City Hall
160 Lake Avenue
Palm Coast, Florida 32164
(386) 986-2499
www.PalmCoastBAC.com

WEEK IN REVIEW March 24, 2017

BUSINESS CONSULTING

- This Week – 10 Consulting Sessions, 39 Consulting Hours
- Total for Month - 44 Consulting Sessions, 146 Consulting Hours

PALM COAST BAC IMPACT

- Economic Impact This Fiscal Year - \$2,324,000
- Economic Impact To Date - \$28 Million
- Return on Investment - \$86 per Tax Dollar Invested

NEW PALM COAST COMMERCIAL BUSINESSES

- Sushi 99 – 250 Palm Coast Pkwy – Restaurant w/Alcohol
- Central Fire Restoration & Cleaning LLC – 389 Palm Coast Pkwy – Handyman Service
- Coco's Café – 5 Utility Drive – Restaurant w/o Alcohol
- Di Si Padores De Calor Miami LLC – 15 Hargrove Lane – Retail

NEW PALM COAST HOME BASED BUSINESSES

- Linda Fry – Arts & Crafts
- Art Garden Irrigation LLC – Landscaping Service
- Eastern Construction Services Inc – Certified General Contractor
- Welcome Home Real Estate LLC – Real Estate Broker
- Elite Painting Inc – Painter/Wall Covering



INFORMATION TECHNOLOGY

TO : Jim Landon, City Manager
FROM : Steve Viscardi, IT Director
DATE : 3/24/2017
RE : Week In Review

Department/Division Support

ENTERPRISE

- Operations Division completed numerous Service Requests.
- Operations Division continued VM upgrade.
- Operations Division configured new cameras for the Golf Course.
- Operations Division provided support for the following meetings.
 - Mayor Support, Flagler Business Women
 - Teco Gas
 - Mayor Support, Rotary Club
 - Mayor Support @Frieda Zamba Pool
 - LSAC
 - Tree Trimming
- Operations Division added wireless access to the Utility Department.
- Applications Division posted the Finance CAFR on the web.
- Applications Division resumed working on the new hire paperwork process.
- Applications Division made changes to the Personnel Action Form to assist HR in streamlining their processes.
- Applications Division added spell check functionality to the Evaluation process.



City of PALM COAST

Public Works Department

1 Wellfield Grade
Palm Coast, FL 32137
386-986-2360

Office of the Director

Activities for the Week of March 24, 2017



palmcoastgov.com

Tree Installation, Belle Terre Decorative Median

Parks & Medians Maintenance

- Inspected the following:
 - 38,968 linear feet of park hiking trails
 - 231 signs
- Irrigation: Inspected the following:
 - 196 out of 356 irrigation zones
 - cleaned, replaced, adjusted spray heads along City medians
 - 53 out of 147 City Park irrigation zones
- All City parks (12) were mowed and maintained
- Grounds were maintained at 250 well sites and lift stations
- Maintained grounds at the following locations:
 - 5-Fire Stations
 - 3-Water Treatment Plants
 - 1-Wastewater Treatment Plant
- Mowed 16 sports fields, two times each, for a total of 56 acres
- Painted 10 Soccer Fields at Indian Trails Sports Complex
- Installed 1700 plants on the decorative medians



Plantings, Belle Terre Decorative Median

Streets Maintenance & Special Projects

- Mowing all Parkways:
 - Seminole Woods Parkway
 - Whiteview Parkway
 - Palm Harbor Parkway
 - Citation Blvd
 - Sesame Blvd
 - Easthampton Blvd
- Performed site distance trimming on Oak Trails Blvd
- Inspected and reported 8 street light outages to Florida Power & Light for repair
- Repaired/replaced the following signs:
 - 8 Regulatory
 - 1 Warning
 - 3 No Parking
- Performed 8 Metro Traffic Counts at the following locations:
 - Seminole Woods Blvd & Town Center Blvd
- Asphalt repair on Palm Harbor Parkway at Florida Park Drive
- Seminole Woods neighborhood sign restoration in progress, footer pored and block work in progress
- Tree work at the following locations:
 - Felshire Lane
 - Pepperdine Drive
- Performed traffic control for the following:
 - Food Truck Tuesday
 - Buddy Walk
- Installed 54 decorative trees on Belle Terre Median



Right of Way Sight Distance Trimming, Oak Trails Blvd

Stormwater Maintenance

- 100 linear feet of drainage pipe on Underwood Trail
- Maintained 39,150 linear feet of drainage ditches
- Sprayed 55,150 LF of ditches
- Graded and stabilized 5,104 linear feet of residential swales
- Cleaned 95 culvert pipes for a total of 2470 linear Feet



Culvert Pipe Installation, Zacharias Place

Fleet and Facilities Maintenance

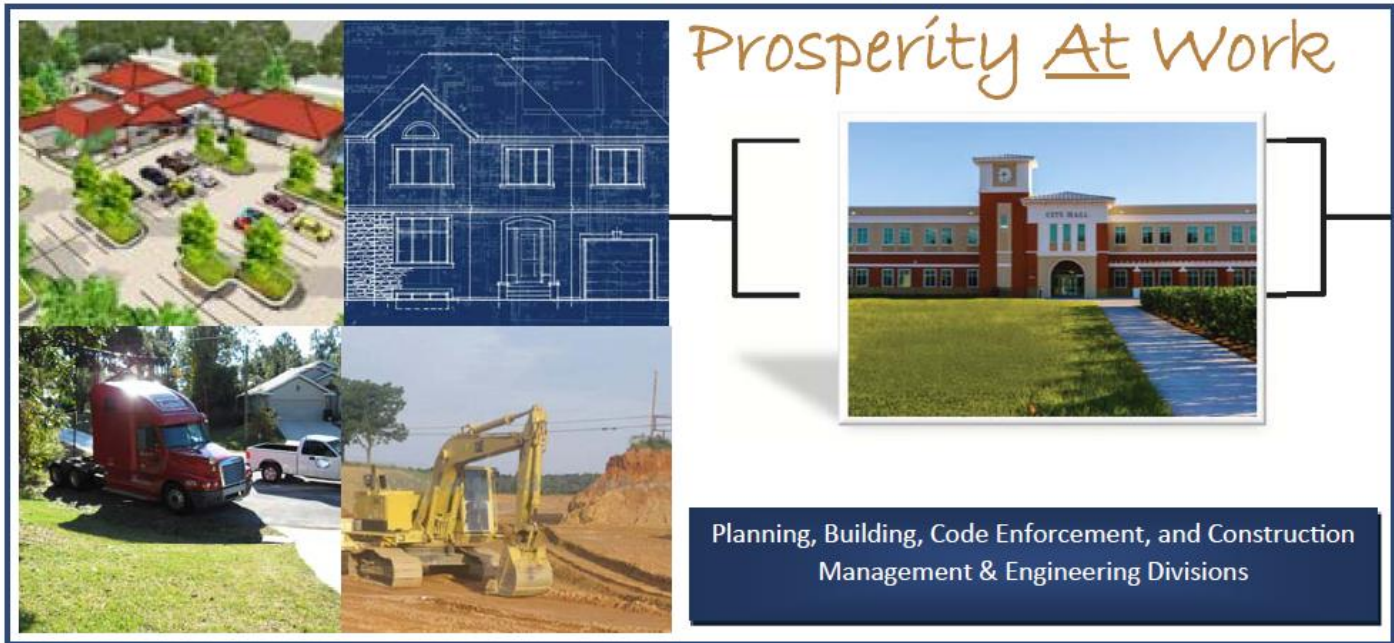
- Performed the following road calls:
 - 1 road call for repairs
 - 2 fire road calls
- Performed preventative maintenance on the following:
 - 8 vehicles/equipment
 - 1 Hand held equipment and Mower
- Repaired the following equipment:
 - 15 City vehicles
 - 2 Fire fleet vehicle/equipment repairs
 - Heavy equipment
 - Small equipment
 - Trailers
 - 36 pieces of small and hand-held equipment
- Completed 12 facility maintenance requests



Preventative Maintenance, Fire Engine 22

Community Development Department

PROVIDE GUIDANCE FOR WELL-PLANNED GROWTH AND
DEVELOPMENT FOR THE PROTECTION OF THE CITY'S
NATURAL RESOURCES, PUBLIC HEALTH, SAFETY, AND WELFARE.



Week-in-Review- March 24, 2017-Stephen Flanagan, Director

PERMITTING ACTIVITY

The following is an update of permit and development application activity in Palm Coast from March 16, 2017 through March 22, 2017:

- Total number of permits issued: 251
- New Single Family/Duplex Residences: 7
- Construction value improvements from October 1, 2016 to date \$145,428,971.00

| Commercial Permits Applications | | | |
|----------------------------------|---|------------------|-------------|
| 782 Belle Terre Parkway | Site Development - parking lot expansion | Stultz Inc. | \$50,000.00 |
| Commercial Permits Issued | | | |
| 5 Utility Drive # 23 | Interior Renovations - Europa Salon | Stephen Kenny | \$60,000.00 |
| Occupancy Permit Issued | | | |
| 5 Big Dipper Lane | Madeville Manor Inc. - group home for mentally challenged | Margaret McLarty | |
| 1280 Palm Coast Parkway SW # 209 | Mama Lings LLC - restaurant | Thang Q Huynh | |
| 389 Palm Coast Parkway SW # 3 | Central Fire Restoration & Cleaning | Luz Menotti | |

160 Lake Avenue, Suite 136, Palm Coast, FL 32164

Planning (386)986-3736 Building (386)986-3780 Code Enforcement (386) 986-3764

Construction Management & Engineering (386)986-3794

PLANNING

FPCHS Students Work with City Staff to Set Bat Houses in Parks

In coordination with Parks & Recreation and Public Works, staff has been meeting with Flagler Palm Coast High School Community Problem Solvers students regarding their goal to install bat house(s) at one or more of our parks while monitoring it over time. We are excited to share that on Friday, the first house was installed at Long Creek Nature Preserve. See attached. According to the students, this is one of the activities that supports their mission of minimizing the transmission of infectious diseases through the reduction of mosquito populations.



CONSTRUCTION MANAGEMENT & ENGINEERING

The following is an update since last week for projects in the City from March 16, 2017 through March 22, 2017

| City Capital Projects Under Construction | | |
|---|------|---|
| Holland Park -Florida Park Drive | 92% | Removal of playground portal and Sugar Mill veneer from block 100% complete. Poured driveway to FP&L transformer and Pavilion 2. Poured new sidewalk to flagpole. Poured 80' sidewalk section at future Electric Vehicle Charging station. Poured concrete flume at Florida Park Drive swale. Poured sidewalk section inside playground between Pavilion 1 and N. Portal entrance. |
| Southern Wellfield Expansion Phase 2 (Sesame & Equip 5 Wells) | 40% | Contractor connected new force main to the existing force main, eliminating the temporary bypass piping and restored site. Met with contractor to discuss fencing options at well sites. |
| Matanzas Woods Master Pump Station | 15% | Approximately 1,000 feet of 18" and 1,500 feet of 16" force main installed. |
| Wastewater Treatment Plant #2 | 60% | Biological process tank tested. Formed concrete slab for the MCC Electrical Building. Site work continues. |
| Wastewater Treatment Plant #2 Reclaimed Water Disposal Main | 14% | Approximately 2,000 feet of 16" reclaimed water main installed. |
| Freida Zamba Pool Equipment Modification | 76% | Site restoration and electrician on-site. |
| Indian Trails Sports Complex - Replace 8 Dugouts | 100% | 100% complete. |
| Community Center | 4% | Exterior wall block work begun around building pad. Underground utilities including water, electric, sanitary, and technology being installed into building pad. Site Stormwater structures and piping installation. FPL conduit from pole to transformer location installed. Secondary electrical conduits from FPL transformer location to Building main service installed. Excavation of dry pond area on northwest end of site begun. Grading for basketball court begun. |
| Developer Projects Under Construction | | |
| Protea Senior Living/Sable Palms | 47% | March 20, 2017 building trusses were delivered on site. March 22nd reuse meter was relocated. |
| Tuscan Garden at Palm Coast | 5% | March 21, 2017 construction entrances being worked on and dirt being brought in. Sidewalk will be removed and fencing will be placed to re-direct residents temporarily. |
| Dunkin Donut/Baskin Robbins - Rebuild | 53% | March 20, 2017 backflow assembly was re-certified by City of Palm Coast Utility Technician. |



**Community Center
– Exterior Wall
Block**



Community Center – Stormwater Structure



Holland Park – FP&L path sidewalk – volleyball



Holland Park – Sidewalk to Flag Pole



Tuscan Gardens - Entrance



76 Cats

74 Dogs

2 Rabbits

Animals ready for homes

Easter is right around the corner and it is time for bunnies! FHS strongly discourages parents from getting a cute little LIVE bunny for their children. A better option to a live pet is a stuffed animal to start (treat it as if it is real) and if the child can prove to be responsible then move on to the live one. Shelters get overwhelmed with bunnies about a month after Easter due to children losing interest and parents not having time to care for the pet. Bunnies are very active and need to be exercised daily as well. Pocket pets can be a lot of work and families must do their research before committing to the pet. If the decision to get a live pet is made, parents need to realize that if their child fails to be responsible for the pet that they must take over care.

Donation Opportunities: The *Flagler Humane Society Thrift Store* always accepts donations. They cannot take in any computers/printers or large appliances. Call 386-597-2839 and leave a message. “*General Donations*” can be dropped off anytime at your convenience. FHS appreciates all donations, especially those from our Wish List (available at flaglerhumane.org/wish-list). You can also purchase items via the Amazon.com link on the FHS website and ship them directly to the shelter. We are collecting shoes again! Your used shoes (any condition accepted) can be dropped off at FHS.

Outreach Adoption Events: Don't forget that FHS have volunteers and adoptable pets at Petco in Palm Coast on Fridays & Sundays and at PetSmart in Palm Coast on Wednesdays/Thursdays & Saturdays. Interested in becoming a volunteer? Stop by and attend a volunteer orientation. Volunteer orientations are held at noon in the Humane Society education room every second Saturday of the month. Interested in helping at Outreach Adoption Events? Join our SPOT Outreach Team! For more information, contact Katie at kshare@flaglerhumane.org.

Adoption Specials: See the FHS Facebook/Website for Upcoming Adoption Specials. We are actively collecting supplies for the upcoming kitten/puppy season! Check out the FHS Amazon Wish List located on the FHS Website for details on ordering.

Upcoming Fundraisers/Events: See the FHS Website for the Upcoming Yappy Hour hosted by Hammock Wine & Cheese. **Public Announcements:** The Flagler Humane Society has a variety of *Subsidized Spay & Neuter Programs* for members of the community that need to have their pets or community pets sterilized. Please call FHS at 386-445-1814, email info@flaglerhumane.org for questions. FHS has a *Wellness Clinic* for minor veterinary issues. Call 386-445-1814 for Appointments. *Low Cost Vaccination Clinics* are held on the 1st and 3rd Saturdays of every month from 1pm-3pm. No appointments are necessary for the Low Cost Vaccination Clinics. FHS also offers a “*Pet Food Pantry*” for those that are in need of assistance. Please call for more information.

To keep up with Flagler Humane Society happenings – visit us on the FHS Facebook/Twitter, our website at www.flaglerhumane.org, or via email at info@flaglerhumane.org.

Pet of the Week



BUCKY

Bucky is a sweet 6 year old neutered male that is good with other pets and would love to have a forever home! He prefers to not share a home with cats or chickens! Come and meet this awesome gentlemen today!

Adoption specialist:

Katrina Geigley
adopt@flaglerhumane.org

Outreach Manager:

Katie Share
kshare@flaglerhumane.org



PALM COAST
Find Your Florida
Fire Department

To: Jim Landon, City Manager
From: M. C. Beadle, Chief
Date: March 24, 2017
Re: Week in Review

In the past week, the department responded to a total of 205 calls. There were six fire calls. We responded to a building fire, cooking fire, passenger vehicle fire, brush fire and two miscellaneous fires. A total of 133 EMS calls were logged and the balance was miscellaneous in nature. The drought index is at 339 out of a possible 800 and the fire danger is high.

This week and next, Life Scan is conducting examinations on all of our Firefighters. A medical, physical exam is required for all Firefighters every year who are expected to enter an atmosphere that is an immediate danger to their life or health (IDLH). If they have to wear an air pack, they must have the physical conducted. This is a good way for the employee to identify health concerns in their infancy. The program has already been proven successful in identifying serious health issues with the Firefighters and have reduced their downtime from months to weeks/days.

The Chiefs presented the After Actions Report for Hurricane Matthew with 18 recommendations for future improvement. At the conclusion of the presentation the 18 recommendations were broken into several categories for implementation. A team will be created through Beau Falgout's office to complete the recommendations.

Deputy Chief Forte attended a Multi-Year Training and Exercise Planning (MYTEP) meeting that identifies regional training opportunities that would benefit the City or County. Several classes were identified such as Active Shooter, Debris Management and Monitoring, and Damage Assessment.

Deputy Chief Forte and Flagler Beach Chief Pace were invited by Chief Beadle to be guest speakers at Flagler College, for the Emergency Management classes that he instructs. They both presented a wealth of knowledge on the subject of Emergency Management.





**PALM COAST PARKS & RECREATION
EVENTS & ACTIVITIES
Winter/Spring 2017**

RECENT EVENTS



Free Youth Sports Clinic

This past weekend, the City of Palm Coast welcomed the NCCAA, National Christian Collegiate Athletic Association who hosted a free youth sports clinic to children in our community, for the 6th consecutive year. Skills in soccer, basketball, golf, baseball, and volleyball were taught by some of the NCCAA's finest college athletes and coaches. This year there were 87 participants ranging in ages from 6-12.



[CPR/FIRST AID TRAINING PROGRAMS](http://www.palmcoastgov.com/government/fire/cpr)

<http://www.palmcoastgov.com/government/fire/cpr>

The City of Palm Coast Fire Department offers CPR and First Aid Training

1. The Healthcare Provider course -- a professional certification course -- includes a multiple-choice written exam and a practical exam.
2. Workbooks for use during the class are provided. It is highly recommend that participants purchase a course workbook. The American Heart Association recommends that each student review the course information for two weeks prior to the course. Workbooks can be found at : <http://www.aha.channing-bete.com/>
3. Course available to those ages 13 and up.
4. All courses begin at 9:00 a.m. Participants should arrive a few minutes ahead of time for check-in.
5. A minimum of six persons is required for each course date. If fewer than six persons have registered, each person will be contacted to reschedule or to receive a refund.
6. Please contact CPRcertification@palmcoastgov.com with any questions.

First Aid and CPR/AED

Heartsaver First Aid is a 7-hour classroom course (*includes 1 hour for lunch*) that is designed to meet OSHA regulations. The course teaches basic first aid skills:

- Administering CPR to an infant, young child, or an adult.
- Using an Automated External Defibrillator (AED).
- Using a mask or barrier device.
- How to stop visible bleeding.
- Assist with possible sprain or broken bone.
- Securing the scene for safety.

Date: April 8
May 20
Time: 9 am-4 pm
Fee: \$5/person; Pre-Registration required at least 48 hours in advance.
Location: Frieda Zamba Swimming Pool Classroom (339 Parkview Dr.)

Healthcare Provider

The Basic Life Support (BLS) for Healthcare Providers Course provides healthcare professionals the ability to recognize several life-threatening emergencies, administer CPR, use an AED, and relieve choking in a safe, effective and timely manner.

Examples of those who may need this certification are: EMS personnel, physician assistants, dentists, nurses, respiratory therapists and others. All must have a credential (card) documenting successful completion of a CPR course.

The 4.5-hour course is video-based with instructor-led discussion and simulation. Students participate, practice, and complete various skills and learning stations. We will provide a workbook for you to borrow during the course. However, we recommend you purchase a workbook two weeks prior to the course and review the information.

Date: April 28
Time: 9 am-1:30 pm
Fee: \$50; Pre-Registration required at least 72 hours in advance.
Location: Palm Coast Fire Station #25, (1250 Belle Terre Parkway, Palm Coast, FL 32164)

ADULT FITNESS

Adult/Teen Flag Football League

Come join the 7th annual adult flag football league under the lights at Ralph Carter Park. This year we are also having a Teen division as well! Register as a team for 7v7 style play to win the title of league champion, a trophy, a championship t-shirt, and free entry into next season's league. Captain's Meeting is Wednesday, January 11th, 2017.

Days: Mondays and Wednesdays
Date: January 18- March TBD
Game Times: 7:00 pm, 8:00 pm, 9:00 pm
Location: Ralph Carter Park
Ages: 14 & Up
Fee: \$400

Adult/Teen Open Gym Futsal

Come join us for our inaugural Futsal open gym. Futsal is an exciting, fast-paced small sided soccer game that is enjoyed around the world.

Days/Dates: Mondays January 23-May 8 \$26
Wednesdays January 25-May 10 \$26
Time: 7:00 pm – 9:30 pm
Location: Rymfire Elementary School
Ages: 14 & Up

NO Futsal on 3/13, 3/15

**Disclaimer:* Flagler Schools may cancel program due to school activity. We will make every effort to notify participants of cancellations.

Adult Open Gym Volleyball

Come with friends or come alone and play Adult recreational co-ed volleyball open gym creates new "teams" weekly. Usually two nets, with teams rotating in and out of play. One net is for competitive style play and the second net is for recreational style play.

Days/Dates: Mondays January 23-May 15 \$33
Wednesdays January 25-May 17 \$33
Time: 7:00 pm – 9:30 pm
Location: Indian Trails Middle School
Ages: 18 & Up

NO Volleyball on 3/13, 3/15

**Disclaimer:* Flagler Schools may cancel program due to school activity. We will make every effort to notify participants of cancellations.

Adult Open Gym Basketball

The adult co-ed basketball program is a non-competitive recreation program.

Days/ Dates: Tuesday January 24-May 16 \$33
Thursday January 26-May 18 \$33
Time: 7:00 pm – 9:30 pm
Location: Indian Trails Middle School
Ages: 18 & Up

NO Basketball on 3/14, 3/16

**Disclaimer:* Flagler Schools may cancel program due to school activity. We will make every effort to notify participants of cancellations.

3 on 3 Spring Basketball Tournament

Come join the 1st annual Palm Coast 3v3 Basketball Tournament. All teams must submit a Team Registration Form, one per team, with completed roster and pay a \$12 tournament fee. All players must complete an individual Waiver Form. The team registration, tournament fee, and waiver forms must be submitted 5 days prior to the tournament start date. This is a double elimination tournament.

Days: Saturday and Sunday
Date: May 20-21
Game Times: TBD
Location: Holland Park
Ages: High School and Adult divisions
Fee: \$250

Pickleball

The fastest growing sport in North America. Pickleball is sport for all ages. Played with small racquets and whiffle balls, this game is perfect for all ages. Equipment is available for rent and will be provided on the days and times below.

Days/Dates: December 19-April 28

Belle Terre Park

Tuesdays: 1-3pm

Wednesdays: 6-8pm

Fridays: 11-1pm

Location: Belle Terre Park

Ages: 18 & up

Fee: Free

ADULT PROGRAMS

AARP Driver Safety Program

The nation's first and largest classroom course for motorists ages 50 and older. This one-day course identifies ways that older drivers can compensate for the physical changes that occur as they age and helps older drivers update their driving knowledge and skills. To register contact AARP Representative Karen Zimmerman 386-585-4116.

Dates: April 18
Time: 9:00 am – 4:00 pm
Location: Frieda Zamba Pool- Classroom
Fee: \$20/Session (\$15/Session/AARP Member)

Critic's Choice Dinner Club

Each month this “Club” visits a new restaurant, chosen by the group, to spend quality time with friends enjoying a casual dinner while rating the food and service. New members are always welcomed. Dinner and/or transportation are the participant's responsibility. Pre-Registration Required

Days/Dates: April 6- TBD by group
May 4- TBD by group
Time: Meet at restaurant 5:30 pm

Game Day Social

As the name suggests, Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks and Recreation Department. Light refreshments are served.

Days: Thursdays (Starting January 12th)
Time: 12:30 – 4 pm
Location: Frieda Zamba Swimming Pool Classroom
Fee: Free

Women's Self Defense

Learn effective methods to ward off attackers in this three day class. Sergeant Lutz from the Flagler County Sheriff's Office will teach you skills that will make you more aware of your surroundings and methods to protect yourself and provide safety tips to implement right away. Pre-registration required and participants must attend all three classes. **Pre-Registration required at least 48 hours prior to start date and time.**

Days/Dates: Mondays March 27-FZ Pool Classroom
May 08/15/22-FZ Pool Classroom
Times: 6 - 8 pm
Ages: 12 & Up
Fee: Free

Wood Carvers

The art of woodcarving has a history that spans centuries. At its core, woodcarving transforms a piece of wood into a masterfully crafted work of art. Join this group of gifted carvers as they share their skill and know how in this informal teaching atmosphere. The woodcarving group is a mixed group of men and women at all levels and abilities. Visitors are welcome.

Days: Tuesdays (Starting January 10th) No Woodcarvers on (Mar 21, Apr 18)

Time: 1pm - 4pm

Location: Frieda Zamba Pool- Classroom

Fee: Free

Discover Trips

The registration fee includes: round-trip, motor coach transportation to and from destination and admission fees for the attraction. Payment is due at time of registration. Limited number of spaces available so register early. Registration is on a first come, first serve basis.

McKee Botanical Gardens

Located on a tropical hammock at the southern gateway to Vero Beach, Florida, McKee Botanical Garden is where native plants and exotic botanicals combine with Old Florida charm. Follow the Garden's pathways through a grove of majestic palms; past tranquil streams accented with colorful waterlilies. Explore 18 acres of natural landscape preserved and restored to the vision of its founders. Discover trees, waterfalls and historic structures each with their own unique story. Lunch is included and will be hosted on site. **Pre-Registration required by Wednesday, April 12.**

Day/Date: Wednesday, April 19
Time: Depart the Palm Coast City Hall 8 am
Return to the Palm Coast City Hall at approx. 4:30 pm
Location: Vero Beach, Florida
Fee: \$60/person

A look at Ole Florida

First stop at the Lake Ridge Winery where a sampling of 7 different wines will be available, a video presentation shown. Second stop Presidents Museum and third stop Florida Citrus Tower. Lunch at participant expense. Lunch at local BBQ restaurant.

Pre-Registration required by Wednesday, April 8.

Day/Date: Wednesday, May 10
Time: Depart the Palm Coast City Hall 8 am
Return to the Palm Coast City Hall at approx. 4:30 pm
Location: Clermont, Florida
Fee: \$50/person

Lunch N' Lecture Series

Join professionals during lunch for informational discussions on topics that may affect the lives of our adult community. **Pre-Registration required 48 hours prior to the program date and while space is available.**

Time: 11:00 am -12:30 pm
Location: City Hall, Community Wing – 160 Lake Avenue, Palm Coast, 32164
Fee: **FREE**

Friday, April 21-Dr. Issam Nasr, Gastroenterologist – will speak on Food Sensitivity, Gluten and beyond.

Friday, May 19-Palm Coast Astronomy Club member and volunteer NASA Solar System Ambassador Lee Bentzley will talk on the Total Solar Eclipse to be seen in the U.S. on August 21, 2017. Lee will define what an eclipse is and tell how to protect your eyes while viewing this once in a lifetime event.

TODDLER PROGRAMS

Pre-Registration required at least 48 hours prior to start date and time of all Toddler Programs

Teddy Bear Picnic

Children will bring their favorite teddy bear for story time, game playing or craft and a snack. This monthly program offers a unique experience for toddlers and their parent.

Day: Mondays
Dates/Theme: April 3 – Earth Day Remarkable Recycling
May 1 – Summer Sensational Sea
Time: 10 – 10:30 am
Location: Palm Coast Linear Park
Age: 2 – 5 years old
Fee: Free

Little Picassos

Little Picassos is designed to help your little artists discover their inner Picasso as they discover their own unique style. Children will learn fundamental art concepts by creating a fun & unique work of art.

Days/Dates: Tuesdays April 11
Time: 10 – 11 am
Location: Frieda Zamba Pool Classroom
Age: 2– 5 years old
Fee: \$8

Munchkin' Sports

This child with parent program teaches the basic motor skills necessary to play organized sports such as soccer, baseball, golf, football, and tennis. This 6-week program is designed for parents to assist the child.

Days/Dates: Wednesday, April 19 – May 24
Time: 5:15 – 6:00 pm
Location: Belle Terre Park, 339 Parkview Drive
Ages: 3-5 years old
Fee: \$35 per session

Little Kicker Soccer

Bring your Little Kicker Soccer player to this high energy, fun, age appropriate introduction to soccer. Little Kicker Soccer is not a league, rather an introduction to the fundamentals of soccer focusing on skill development and confidence building that your child will use as he/she transitions to league play.

Days/Dates: Wednesday, April 19 – May 24
Time: 6:15 – 7:00 pm
Location: Belle Terre Park, 339 Parkview Drive
Age: 3-5 years old
Fee: \$35 per session

YOUTH PROGRAMS

Pre-Registration required at least 48 hours prior to start date and time of all Youth Programs

Recreation on the Go

Come join us as we schedule recreation activities at a variety of parks throughout Palm Coast. We will be providing recreation equipment and encouraging participants in a variety of games and activities.

Day: Saturdays
Dates/Location: April 8 – Belle Terre Park
May 13 – Belle Terre Park - Tennis
Time: 10am – 12pm
Age: 5 and older
Fee: FREE

Aquatic Programs

Pre-Registration required at least 48 hours prior to start date and time of all Aquatic Programs

Parent and Child Level 1 (Ages 6 months to 36 months)

Parent and child water introduction class that uses games, music and fun to familiarize your child to being in and around the water.

Water Babies participants learn to:

- Introduction to entering and exiting the water safely
- Submerge mouth, nose and eyes
- Explore floating on front and back with/without support
- Introduction to floating with support
- Basic Kicking

Day/Dates: May 8th- May 18th
Times: 1:00pm-1:30pm
Location: Frieda Zamba Swimming Pool
Fee: \$45

Parent and Child Level 2(36 Months to Age 4)

Parent and Child aquatics class for the preschool age students. Students will learn introduction skills to prepare for Level 1 class. Your child will familiarize themselves in a more structured aquatic setting to learn safety, basic swim techniques, and more.

- How to safely enter and exit the water.
- Introduction into kicking.
- Introduction into floating on back with/without support.
- Introduction into swimming on front.
- Introduction into bobbing.
- Overview of pool rules and water safety.

Days/Dates: May 8th-May 18th
Times: 1:45pm-2:15pm
Location: Frieda Zamba Swimming Pool
Fee: \$45

Preschool Aquatics – Level 1 (Ages 4-5 years)

Participants will be introduced to the basic skills needed to achieve a minimum level of water competency. Skills introduced include, but not limited to the following:

- How to safely enter and exit the pool
- Floating on front and back
- Treading of water
- Swimming on front and back

Days/Dates: May 8th-May 18th
Times: 1:00pm-1:30pm
2:30pm-3:00pm
Location: Frieda Zamba Swimming Pool
Fee: \$45

Preschool Aquatics – Level 2 (Ages 4-5 years)

For participants who can successfully demonstrate the skills of Preschool Aquatics Level 1. Participants will build upon those skills and knowledge of water competency in order to advance to Learn to Swim Level 1.

Days/Dates: May 8th-May 18th
Times: 1:45pm-2:15pm
Location: Frieda Zamba Swimming Pool
Fee: \$45

Preschool Aquatics – Level 3 (Ages 4-5 years)

For participants who can successfully demonstrate the skills of Preschool Aquatics Level 2. Participants will build upon those skills and knowledge of water competency in order to advance to Learn to Swim Level 1.

Days/Dates: May 8th-May 18th
Times: 2:30pm-3:00pm
Location: Frieda Zamba Swimming Pool
Fee: \$45

SWIM LESSON INFORMATION:

- ❖ Pre-Registration, including payment of applicable fee, is required prior to the start of each session.
- ❖ Online registration is available (website)
- ❖ Minimum class size of 4 participants.
- ❖ When classes are cancelled by management, make-ups will be scheduled accordingly.

American Red Cross Lifeguard Certification Class

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. The blended learning offering is designed to provide a flexible online learning environment for the knowledge-based aspects of the lifeguarding course, along with videos demonstrating the skills that participants will practice during the facility portion of the training.

Day/Dates: Session 1 - Friday, May 5th- Sunday, May 7th Blended Learning Class
Location: Frieda Zamba Swimming Pool
Ages: 15 & up **Fee:** \$160



**Frieda Zamba Swimming Pool
2017 Hours of Operation**

Monday, April 17-Friday, May 26

Monday through Friday - 2 PM to 7:30 PM

Saturday & Sunday - Closed

Saturday, May 27-Monday, September 4

Monday through Friday - 10:30 AM to 7:30 PM

Saturday & Sunday - 12:00 noon-6:00 PM

Tuesday, September 5-Friday, November 25

Monday through Friday - 2 PM to 7:30 PM

Saturday & Sunday - Closed

Holiday Hours of Operation:

Monday, May 29 - 12 PM to 6 PM

Friday & Saturday, July 3 & 4 - 12 PM to 6 PM

Monday, September 4 - 12 PM to 6 PM

***** Hours of Operation dependent on daily weather conditions
and subject to change without notice *****

SPECIAL EVENTS

Egg' Stravaganza

The hunt is on 10,000+ candy and toy filled eggs. Enjoy fun-filled morning with exciting activities such as the Easter egg hunt for children ages 2 through 12 years of age, magic shows, balloon art, food, refreshments and pictures with the Easter Bunny.

Day/Date: Saturday, April 15
Time: 10 am – 1 pm
Location: Central Park

Movies in the Park

Bring your blanket, lawn chairs and snacks and invite your friends and neighbors to join you at this monthly free, family activity. Relax and enjoy an “oldie but goodie” or a recent hit as we watch movies on the giant, outdoor movie screen. And, take it from us you don't want to forget your bug spray!

Day/Date/Time: Friday, April 14, movie begins at 8:00pm, Teen Age Mutant Ninja Turtles (PG-13)
Friday, May 12, movie begins at 8:20pm, Zootopia (PG)
Location: Central Park in Town Center

Food Truck Tuesdays

Free entertainment along with gourmet food available for purchase from a variety of specialty food trucks. Proceeds from Food Truck Tuesdays benefits a local organization whose work supports our children and families.

Day/Date: 3rd Tuesday of the month - March through November
April 18th, May 16th, June 20th, July 18th, August 15th, September 19th,
October 17th, November 21st
Time: 5 - 8 pm
Location: Central Park in Town Center

Pool Safety Day

Our certified pool staff will lead activities to teach safety in and around the pool. Activities will include pool games, mini learn to swim classes, provision of water safety information and discussing basic first aid. Participants will also watch as our life safety staff demonstrates a water rescue.

Day/Date: Sunday, May 28
Time: 1 - 4pm; *Activities/safety demonstration*
Location: Frieda Zamba Swimming Pool
Fee: \$1 daily admission for youth 17 & under
\$2 daily admission for adults/seniors

Tribute to the Troops

In honor of current and retired military personnel, show your military ID for FREE admission to Frieda Zamba Swimming Pool

Day/Date: Monday, May 29
Fee: Free daily admission for current and retired military who show their military ID
Location: Frieda Zamba Swimming Pool

Memorial Day Ceremony “Remembering America’s Heroes”

Day/Date: Monday, May 29
Time: 8 am
Location: Heroes Memorial Park
Rain Location: Fire Station 21, 9 Corporate Drive
Information: Fire Station 25 at 386-986-2300



Memorandum

To: Jim Landon, City Manager
From: Richard Adams, Utility Director
Date: March 23, 2017
Re: Week in Review

- Customer Service and the Wastewater Division have teamed up to begin the process of going paperless for work orders. We started the process on March 23rd. IT has provided the Wastewater division with four Microsoft Surfaces for the field guys so they can bring up the work orders electronically and complete the work order after the work is performed. This process will save a lot of time and also help the city with staying green.
- The temporary conversion to chlorine as the primary disinfectant for drinking water was completed on March 22rd. The normal process has resumed.
- The average water demand for this week was 8.289 million gallons per day. The average wastewater flow was 5.954 million gallons per day.
- Crews installed 30 new domestic water meters and 3 new PEP tanks.
- There was a total of 42 calls after hours.
- There were 240 disconnects for non-payment this week.
- On Tuesday a flushing hydrant was replaced on Flintstone Court which affected 45 homes on Flintstone Court, Fletcher Court and Flowerhill Drive for approximately 9 hours.
- On Tuesday a broken fire hydrant was replaced which affected 49 customers on Westgrill, Westminster Drive and West Place for 7 hours.
- On Thursday, line power was lost at Water Treatment Plant #2; both backup generators came on. FPL was notified. As of Thursday afternoon, we were waiting for the FPL crew to show up to replace a bad switch.
- Wastewater crews completed 90 service orders, replaced 36 pep pumps, 46 floats and 6 cleanout caps. Replaced 4 ball valves, 4 valve boxes, installed 2 risers, and replaced 1 back lid, 1 pep chamber, and 4 pep panels.
- Wastewater crews inspected via CCTV 9,574 feet of gravity sewer and inspected 53 manholes.
- Water Distribution crews repaired 4 service lines, replaced/repared 14 meter pits, and tested/repared 373 backflow preventers.
- Wastewater Treatment Plant - Staff tore down failed sludge cake pump and determined the parts needed for repair. Parts have been ordered and are being sent by air-freight from Germany. Until that part is received and the repair is made, the plant is unable process the biosolids for removal.
- This week crews completed safety training with TECO Gas and two technicians attended training on Flygt Pumps in Orlando.
- Tipo Toomalatia performed environmental education for Bunnell Elementary students on water preservation, wetlands and water/wastewater.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager

386-986-3708; cell 386-214-4729

March 20, 2017

City of Palm Coast invites public to April 1 event to celebrate our ‘Green City Hall’

Palm Coast – The City of Palm Coast will celebrate City Hall’s conservation-related features and LEED Certification at a “Green City Hall” event from 10 a.m. to 1 p.m. Saturday, April 1. The ceremony to unveil the LEED plaque in the City Hall lobby will begin at 10:15 a.m.

Attendees will take behind-the-scenes tours of the facility’s LEED features, see a demonstration of the new Electric Vehicle Charging Station, enjoy light refreshments, meet the staff and learn more about our “green” City.

The opening ceremony will include presentations by Mayor Milissa Holland and Deirdre Irwin of the Florida Water Star program. The public will have the opportunity to see displays and learn how to apply conservation practices in their own homes, businesses and transportation options.

Palm Coast City Hall, located at 160 Lake Ave. – adjacent to Central Park in Town Center – opened in October 2015. The event is free and open to all.

City Hall was awarded LEED certification at the Silver level in 2016 for design and construction that demonstrates high performance in sustainable site development, water savings, energy efficiency, materials selection and indoor environmental quality. The LEED (Leadership in Energy and Environmental Design) rating system, developed by the U.S. Green Building Council (USGBC), is the foremost program for buildings that are designed, constructed, maintained and operated for improved environmental and human health performance.

“The City has always been committed to environmental practices and programs, and we are proud that we were able to make our new City Hall resource-efficient and innovative in nature,” said City Administration Coordinator Denise Bevan. “Please join us for our Green City Hall event and help us celebrate our LEED Certification!”

The environmentally friendly features at Palm Coast City Hall include LED lighting throughout, insulated and tinted windows, a highly efficient HVAC chiller system, drought-tolerant landscaping and a rain garden, low-flow plumbing fixtures, a roof that prevents solar heat gain on the roof, occupancy sensors to automatically control lighting, use of building materials with better indoor air quality attributes, preferred parking for energy-efficient vehicles and an Electric Vehicle Charging Station.

For more information, contact Cindi Lane, Palm Coast Communications & Marketing Manager, at clane@palmcoastgov.com and 386-986-3708.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

March 23, 2017

‘Abnormally dry’ conditions prompt need for additional water conservation

Palm Coast – Below-average rainfall in seven north-central Florida counties including Flagler and concerns about the effects of the “abnormally dry” conditions on water resources have prompted the St. Johns River Water Management District to issue a Water Shortage Warning Order. The objective of the order is to reduce water use and ensure enough water is available to meet demand.

The City of Palm Coast regularly practices many water conservation strategies – both for City operations and for Palm Coast residents and businesses.

Because of the new Water Shortage Warning Order, the City would like to remind citizens of some water restrictions, as well as offer tips for reducing water use during this time of potential prolonged drought.

“April is Water Conservation Month in Florida, but it’s important for all of us to save water year-round, especially in times of low rainfall and low water conditions,” said Palm Coast Utility Director Richard Adams. “Water is a precious natural resource – a commodity that cannot be taken for granted. Let’s all do our part to save water wherever we can.”

Irrigation Policy

The City’s landscape irrigation policy reflects the Water Management District’s watering restrictions year-round. During Daylight Saving Time, residences and businesses may water lawns and shrubs twice a week. Odd-numbered residential addresses irrigate on Wednesdays and Saturdays, while even-numbered residential addresses irrigate on Thursdays and Sundays. Businesses irrigate on Tuesdays and Fridays.

For users of private irrigation wells, irrigation is allowed any time except between 10 a.m. and 4 p.m. on your designated day. For customers using the City’s water system, irrigation is allowed only between midnight and 10 a.m. on your designated day. Irrigation is limited to ¾ inch of water per irrigation zone and to no more than one hour per irrigation zone.

Hand-held hoses equipped with automatic shut-off nozzles and drip systems/bubblers are allowed at any time. When reclaimed water is available for irrigation use, the use of private irrigation wells is not authorized.

These restrictions apply to water withdrawn from ground or surface water, from a public or private well or pump or from a public or private water utility. They do not apply to irrigation using reclaimed water or storm water.

Water Conservation Tips

- **Bathing.** Taking a bath requires up to 70 gallons of water. A five-minute shower uses only 10 to 25 gallons. While you're at it, time your shower to keep it under 5 minutes. You'll save up to 1,000 gallons per month and that totals to \$8.50 monthly. Even a step further, by installing a 2.5 gpm showerhead to replace a 5.5 gpm showerhead, a family of four can save 27,000 gallons of water per year. That's a savings of \$223!
- **Washing dishes.** When washing dishes by hand, use a spray device instead of running the water to rinse. This can save you 6,000 gallons per year, which totals out to \$49.50. But even better, run the dishwasher instead of washing by hand. It uses less hot water and could save you \$40 a year.
- **Check for leaks.** At 1 drip per second, a faucet can leak 3,000 gallons per year. The amount of water leaked from U.S. homes could exceed more than 1 trillion gallons per year. That equals the annual water use of Los Angeles, Chicago, and Miami combined. To check for leaks, read your water meter before and after a 1-hour period when no water is being used. (Remember to wait for the ice maker to refill and for the regeneration of water softeners.) If the readings are different after the hour, you have a leak. Also, monitor your bill for unusually high use.
- **Check your toilets.** A running toilet can waste up to 200 gallons of water per day. Also, installing a low-flow toilet can save you as much as 9,855 gallons of water per year; that's \$81.30.
- **Reduce energy consumption.** It takes water to make energy! By reducing energy use by just 10 percent, you could save 600 gallons of a water a year and \$150 in energy bills!
- **Turn it off.** Turn off the water while you brush your teeth, wash your face, shave, wash dishes or clean house. The average faucet flows at a rate of 2 gallons per minute. You can save up to four gallons of water a day by turning off the faucet while you brush your teeth.
- **Washing clothes.** For washing machines with variable settings for water volume, select the minimum amount required per load. Otherwise wash only full loads. Also keep in mind that newer clothes washers use an average of 18 gallons of water per load. Older and non-water efficient washing machines can use as much as 40 gallons of water per load. That's a waste of 12 gallons per load and \$26 per year.
- **Landscaping.** Select native-Florida trees and shrubs that need less watering when landscaping.
- **Pools.** Covering your spa or pool can prevent it from losing water to evaporation. You can save as much as 12,000 gallons of water per year, that's \$99!
- **Food preparation.** When rinsing vegetables, use a filled pan instead of letting the water run. By doing this you can save 2,400 gallons of water per year. That's \$19.80!
- **Water a plant.** Never put water down the drain when there may be another use for it, such as watering a plant or cleaning.

- **Limit flushes.** Don't use the toilet as an ashtray or wastebasket. Every time you flush a cigarette butt, facial tissue or other small bit of trash, five to seven gallons of water is wasted.
- **Car washing.** If you use a bucket to wash your car, you can save 150 gallons of water every time you don't use the hose.

For additional ideas on saving water both indoors and outdoors, visit the Water Management District's website at: <http://www.sjrwm.com/waterconservation/savingwater/>.

The Water Management District's complete news release on the Water Shortage Warning Order is available here: http://webapub.sjrwm.com/agws10/news_release/ViewNews.aspx?nrd=nr17-056.

For more information about the City of Palm Coast's water conservation practices, see our Environmental Management System report at www.palmcoastgov.com/green. Or contact Cindi Lane, Communications & Marketing Manager, at 386-986-3708 or clane@palmcoastgov.com.

Graduation photo attached.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

March 21, 2017

Palm Coast Citizens Academy graduates 39th class; register now for May class

Palm Coast – Twenty-one Palm Coast residents graduated this month from the Palm Coast Citizens Academy, a comprehensive program designed to educate interested residents about the operation and workings of their City government.

The graduating class – the 39th in the program’s history – spent five weeks learning about City departments and visiting City Hall, main Fire Station 25, and Water Treatment Plant No. 3. The class also attended a Palm Coast City Council meeting together.

Mayor Milissa Holland kicked off the Citizens Academy with an opening session titled, “Governing the City,” providing background on Palm Coast’s incorporation, City Charter, the Council-Manager form of government, and overall information about the City.

Participants in the Citizens Academy received an overview on every City department and met City Council members, department directors and many other City employees. City Manager Jim Landon presented at two of the sessions.

This spring’s graduates were Carmen Algarin, Joan Bartz, Edward Beier, Rita Bielka, John Check, Margie Check, Lucy Davis, Carol Gossard, Ronald Gossard, Carrie Manderfield, Gary Nickerson, Kathy Nickerson, Edward O’Brien, Cameron Orr, Jill Orr, Dymple Smith, Carol Stone, Anthony Trocchia, Patricia Webster, Carl Wolf and Rebecca Wolf.

The Citizens Academy meets once a week, usually on Monday evenings, for five straight weeks. The course is free and registration is limited to approximately 30 Palm Coast citizens per session. The academy is held three times a year – fall, winter and spring.

Remaining sessions for 2017 start in May and September. Spots are still available for the next class, which begins May 8. To register, go to www.PalmCoastGov.com and search for “Citizens Academy.”

For more information, contact Cindi Lane, Palm Coast Communications & Marketing Manager, at 386-986-3708 or clane@palmcoastgov.com.



NEWS RELEASE – City of Palm Coast

Contact: Cindi Lane, Communications & Marketing Manager
386-986-3708; cell 386-214-4729

March 23, 2017

City of Palm Coast announces events, activities for April 2017

Palm Coast – The City of Palm Coast has a variety of upcoming events and recreational and sports activities that are open to the public. See the full Calendar of Events at www.palmcoastgov.com. The Parks & Recreation Department is temporarily located at Frieda Zamba Swimming Pool, 339 Parkview Drive, Palm Coast, while the Community Center is under renovation. The department can be reached at 386-986-2323.

Special Events for April:

April 1 – **Green City Hall Event** – Saturday, April 1, 10 a.m.-1 p.m., with ceremony beginning at 10:15 a.m. at Palm Coast City Hall, 160 Lake Ave. Help the City of Palm Coast celebrate LEED certification of City Hall with behind-the-scenes tours of the energy-efficient features, a demonstration of the new electric car charging station, light refreshments, displays and fun giveaways. Free. More info: 386-986-3708.

April 3 – **Teddy Bear Picnic** – Monday, April 3, 10-10:30 a.m. at Palm Coast Linear Park, 31 Greenway Court. Children ages 2-5 will bring their favorite teddy bear for story time, game playing or craft and a snack. This month's theme: Earth Day Remarkable Recycling. This monthly program offers a unique experience for toddlers and their parent. Free, but must pre-register by 10 a.m. April 1: www.palmcoastgov.com/register. More info: 386-986-2323.

April 6 – **Critic's Choice Dinner Club** – Thursday, April 6, at 5:30 p.m. This monthly event invites "foodies" to visit a new restaurant to enjoy casual dinner while rating food and service. New members welcome. This month's location is Pasta Pasta, 308 S. Oceanshore Blvd., Flagler Beach. Food and transportation are the participant's responsibility. Pre-register by 5 p.m. April 4: www.palmcoastgov.com/register. More info: 386-986-2323.

April 8 – **First Aid and CPR/AED** – Saturday, April 8, 9 a.m.-4 p.m. at Frieda Zamba Swimming Pool classroom 339 Parkview Ave., Palm Coast. This class is a 7-hour course (one hour for lunch) designed to meet OSHA regulations and teach administering CPR to children and adults, using an Automated External Defibrillator (AED), using a mask or barrier device, assisting with bleeding, broken bones. \$5/person with pre-registration required by 9 a.m. April 6. Sign up at www.palmcoastgov.com/cpr. More info: cprcertification@palmcoastgov.com or 386-986-2300.

April 8 – **Recreation on the Go** – Saturday, April 8, 10 a.m.-noon at Belle Terre Park, 339 Parkview Drive, Palm Coast. Join Palm Coast Parks & Recreation staff for free recreational

instruction in golf, with equipment provided. Ages 5+ are welcome to attend. Free. More info: 386-986-2323.

April 11 – **Little Picassos** – Tuesday, April 11, 10-11 a.m. at the Frieda Zamba Pool classroom, 339 Parkview Drive, Palm Coast. Little Picassos is designed to help your little artists, ages 2-5, discover their inner Picasso as they discover their own unique style. Children will learn fundamental art concepts by creating a fun and unique work of art. \$8; must pre-register by 10 a.m. April 9: www.palmcoastgov.com/register. More info: 386-986-2323.

April 14 – **Teen Flashlight Egg Hunt** – Friday, April 14, 7:30 p.m. in Central Park at Town Center, 975 Central Ave., Palm Coast. Students 11+ are invited to search for hidden eggs in the dark. Bring your flashlight and stay for Movies in the Park immediately after. Free. More info: 386-986-2323.

April 14 – **Movies in the Park** – Friday, April 14, 8 p.m. in Central Park at Town Center, 975 Central Ave., Palm Coast. Families will enjoy a family friendly movie on the park's giant outdoor movie screen. This month's feature: Teenage Mutant Ninja Turtles (PG-13). Bring your blanket, lawn chairs and snacks and invite your friends and neighbors to join you at this free, monthly family activity offered by Palm Coast Parks & Recreation and Flagler Schools. More info: 386-986-2323 and www.palmcoastgov.com/movies.

April 15 – **Eggstravaganza** – Saturday, April 15, 10 a.m. at Central Park in Town Center, 975 Central Ave., Palm Coast. Join us for our community egg hunt for children through age 10. Egg Hunt times are: 10:30 a.m. for 2 and under; 10:45 a.m. for ages 3-5; 11:15 a.m. for ages 6-8; noon for ages 9-10. Those will be followed by a "last-chance" Egg Hunt with all ages combined at 12:45 p.m. The Easter Bunny will be there (Polaroid pictures available for \$2) and other entertainment will be provided. More info: 386-986-2323.

April 17 – **Season Opening of Frieda Zamba Swimming Pool** – Monday, April 17, open 2-7:30 p.m. Monday through Friday (days/hours to expand May 27), at the City of Palm Coast's Frieda Zamba Swimming Pool, 339 Parkview Drive, Palm Coast. Daily rates and season passes available. More info: 386-986-4741.

April 18 – **AARP Driver Safety Program** – Tuesday, April 18, 9 a.m. to 4 p.m. at the Frieda Zamba Pool Classroom, 339 Parkview Drive, Palm Coast. The nation's first and largest classroom course for motorists ages 50 and older. This one-day course identifies ways that older drivers can compensate for the physical changes that occur as they age and helps older drivers update their driving knowledge and skills. Fees are \$20/session (\$15/session for AARP members). To register, contact AARP representative Karen Zimmerman at 386-585-4116.

April 18 – **Food Truck Tuesday** – Tuesday, April 18, 5-8 p.m. at Central Park in Town Center, 975 Central Ave, Palm Coast. Purchase and enjoy delicious cuisine available from food trucks situated along Park Street next to Central Park. Free entertainment is also provided. More info: www.palmcoast.gov/foodtruck or call 386-986-2323.

April 19 – **Discover Trip to McKee Botanical Gardens** – Wednesday, April 19, 8 a.m.-4:30 p.m. to and from Palm Coast City Hall, 160 Lake Ave. McKee Botanical Garden in Vero Beach is where native plants and exotic botanicals combine with Old Florida charm. Follow the garden's pathways through a grove of majestic palms; past tranquil streams accented with colorful waterlilies. Explore 18 acres of natural landscape and discover trees, waterfalls and

historic structures. Cost is \$60 and includes lunch on-site. Pre-registration is required by April 12: www.palmcoastgov.com/register. More info: 386-986-2323.

April 19-May 24 – **Munchkin' Sports** – Wednesdays, April 19 through May 24, 5:15-6 p.m. at Belle Terre Park, 339 Parkview Drive, Palm Coast. Children ages 3-5 learn the basic motor skills necessary to play organized sports such as soccer, baseball, golf, football and tennis. The six-week program is set up for parents to assist during lessons to enjoy quality family time. \$35 per session. Must pre-register by 5 p.m. April 17 (while space available): www.palmcoastgov.com/register. More info: 386-986-2323.

April 19-May 24 – **Little Kicker Soccer** – Wednesdays, April 19 through May 24, 6:15-7 p.m. at Belle Terre Park, 339 Parkview Drive, Palm Coast. This high-energy, fun, introduction to soccer is for children ages 3-5. Little Kicker Soccer is not a league, but rather an introduction to the fundamentals of soccer focusing on skill development and confidence building that your child will use as he/she transitions to league play. \$35 per session. Must pre-register by 6 p.m. April 17 (while space available): www.palmcoastgov.com/register. More info: 386-986-2323.

April 20-May 25 – **Mini Movers** – Thursdays, April 20 through May 25, 10-11 a.m. at the Frieda Zamba Pool classroom, 339 Parkview Drive, Palm Coast. This free, new program for children ages 2-5 is an introductory movement class. Dance, play and move to music, build motor skills, learn rhythm, body and space awareness. Free. Registration is requested to assist with planning: www.palmcoastgov.com/register.

April 21 – **Lunch N' Lecture Series** – Friday, April 21, 11 a.m.-12:30 p.m. at Palm Coast City Hall, 160 Lake Ave. This month's topic: "Food Sensitivity, Gluten and Beyond" featuring Dr. Issam Nasr, gastroenterologist. The lecture and lunch are free, but pre-registration is required (while space available) by 11 a.m. April 19: www.palmcoastgov.com/register. More info: 386-986-2323.

April 28 – **Healthcare Provider** – Friday, April 28, 9 a.m.-1:30 p.m. at Palm Coast Fire Station 25, 1250 Belle Terre Pkwy., Palm Coast. This basic life support program for Healthcare Professional provides the ability to recognize several life-threatening emergencies, administer CPR, use an AED, and relieve choking in a safe, effective and timely manner. Examples of those who may need this certification are: EMS personnel, physician assistants, dentists, nurses, respiratory therapists and others. All must have a credential (card) documenting successful completion of a CPR course. \$50/person with pre-registration required by 9 a.m., April 25. Sign up at www.palmcoastgov.com/cpr. More info: cprcertification@palmcoastgov.com or 386-986-2300.

Through April 15: AARP Tax Assistance – The AARP Tax-Aide program has nearly 32,000 volunteers staffing 8,500 sites across the United States. These IRS certified volunteers provide free tax counseling and preparation service to low- and middle-income taxpayers, with special attention to those ages 60 and older. By appointment only, call 386-313-4048. This program will continue through April 15.

Ongoing Weekly Programs

NOTE: The Palm Coast Tennis Center will be closed Sunday, April 16, for Easter.

Mondays – **Beginners Doubles Strategy** – Mondays, 8:45-10:15 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic is designed for players who are new to the

game (2.0). It provides an opportunity to learn the basics of doubles play including court position, shot selection and strategy. Experience interactive drills and play in a game based and friendly environment. \$24. For more info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays and Wednesdays – **Morning Blast (tennis)** – Mondays and Wednesdays, 9:30-10:30 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. A fun and energetic start to your day that combines cardio tennis with instructional drills and interactive play, with focus on footwork and movement. \$16/class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays and Wednesdays – **Techniques & Tactics (tennis)** – Mondays and Wednesdays, 10:30-11:30 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. A combination of instruction and strategies designed to improve doubles play. This class is for players 3.0 and up. \$16/class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays – **1.2.3 Tennis** – every Monday, 11:30 a.m.-12:30 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. 1.2.3 Tennis is designed for players with little or no tennis experience, a fun and social introduction to tennis fundamentals including basic techniques and structured play. \$10 per class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays/Wednesdays – **Junior Development (12-week tennis program)** – Mondays and/or Wednesdays, 4:30-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. For players ages 10-14 who have completed the Big Shots program or have appropriate tennis experience, with focus on mechanics, footwork and preparation for competitive play. \$225 (one class per week)/\$425 (two classes per week); or \$24 per class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays/Wednesdays – **Quick Start 1 & 2 (12-week tennis program)** – Mondays and/or Wednesdays, 5-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. For players ages 6-10 as an introduction to the game of tennis using fun and effective skill-building exercises and games with an emphasis on agility, balance and coordination, as well as teamwork and interactive play. \$150 (one class per week)/\$275 (2 classes per week) or \$16 per class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays – **Monday Open Tennis** - every Monday, 6-8 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. Come out to PCTC for “drop-in” tennis, open to men and women level 3.5 and above. \$5/person. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays/Wednesdays or Tuesdays/Thursdays – **Racquet Rookies I (12-week tennis program)** – Mondays and/or Wednesdays, 6-7 p.m. or Tuesdays and/or Thursdays 5:30-6:30 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This program is a gentle introduction to the game of tennis for students 5-7 years old. Skill-building exercises and fun activities are used to begin developing the basic movements used on the tennis court. \$150 (1 class per week)/\$275 (2 classes per week) or \$16 per class pay-as-you-go. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays/Wednesdays – **Transition Team (12-week tennis program)** – Mondays and/or Wednesdays, 6-7 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This is a transitional program for students ages 8-11 who have completed Quick Start I & II, with focus on

mechanics and greater emphasis on interactive play. \$150 (one class per week)/\$275 (two classes per week) or \$16 per class pay-as-you-go. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Mondays or Wednesdays – **Adult Open Gym Volleyball** – Two sessions: Mondays or Wednesdays through May 17, 7-9:30 p.m. at Indian Trails Middle School, 5505 N. Belle Terre Pkwy., Palm Coast. Come with friends or come alone and play adult (ages 18+) recreational, co-ed volleyball with an open gym that creates new teams weekly. Teams rotate in and out of play. One net is for competitive style play and the second net is for recreational style play. Fees prorated as season continues. Register at www.palmcoastgov.com/register. More info: Palm Coast Parks & Recreation at 386-986-2323.

Tuesdays, Wednesdays, Fridays – **Pickleball Open Court** – 1 to 3 p.m. Tuesdays; 6-8 p.m. Wednesdays; and 11 a.m.-1 p.m. Fridays. Try out the paddle sport that combines tennis, badminton and ping-pong! This adult (ages 18+) program is offered free at Belle Terre Park tennis courts, 339 Parkview Drive, Palm Coast. Equipment is provided during Open Court. More info: Palm Coast Parks & Recreation, 386-986-2323.

Tuesdays/Thursdays – **Big Shots I & II (12-week tennis program)** – Tuesdays and/or Thursdays, 4:30-6 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. For players ages 8-12 who have completed Transition Team or who have appropriate tennis experience, this program will focus on stroke fundamentals, hand-eye coordination and interactive play. \$225 (one class per week)/\$425 (two classes per week) or \$24 per class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Tuesdays/Thursdays – **Racquet Rookies II (12-week tennis program)** – Tuesdays and/or Thursdays 5:30-6:30 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This program is a continuation of Racquet Rookies I. \$150 (1 class per week)/\$275 (2 classes per week) or \$16 per class pay-as-you-go. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Tuesdays/Thursdays – **Competitive Player Development (12-week tennis program)** – Tuesdays and/or Thursdays, 6:30-8 p.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. For players with USTA or middle school/high school tennis experience, this program will focus on advanced technique, footwork, conditioning and strategies for competitive play. \$225 (one class per week)/\$425 (two classes per week); or \$24 per class. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Tuesdays or Thursdays – **Adult Open Gym Basketball** – Two sessions: Tuesdays or Thursdays, through May 18, 7-9:30 p.m., at Indian Trails Middle School, 5505 N. Belle Terre Pkwy., Palm Coast. This is an adult (ages 18+), co-ed, non-competitive recreation program. Fees prorated as season continues. Register at www.palmcoastgov.com/register. More info: Palm Coast Parks & Recreation at 386-986-2323.

Thursdays – **Game Day Social** – Thursdays, 12:30- 4 p.m. at the Frieda Zamba Swimming Pool classroom, 339 Parkview Drive, Palm Coast. Game Day Social is comprised of a lively, spirited group of individuals who enjoy the camaraderie and competition of dominos, a variety of card games or board games. Participants are encouraged to bring their favorite game or play one provided by the Parks & Recreation Department. Light refreshments are served. Free. More info: 386-986-2323.

Fridays – **Friday Basic Training** – Fridays, 9:30-10:30 a.m. at the Palm Coast Tennis Center, 1290 Belle Terre Pkwy. This clinic is all about drills for players at all levels, with one fast-paced hour of groundstrokes, volleys and footwork to help keep you sharp. \$16. More info: 386-986-2250 or www.PalmCoastTennisCenter.com.

Fridays – **Friday Evening Couples Golf Clinic** – Every Friday at 4 p.m. Couples golf clinic is taught by former PGA Tour Player David Morland IV at Palm Harbor Golf Club, 100 Cooper Lane, Palm Coast. \$25 per couple; includes 1 drink voucher per participant. Call to reserve your spot: 386-986-GOLF (4653).

Saturdays – **Junior Golf Clinic at Palm Harbor Golf Club** – Every Saturday with two time options: 11 a.m. or 1 p.m. Students 14 and under are invited to learn and practice golf skills in a Junior Golf Clinic at Palm Harbor Golf Club, 100 Cooper Lane, Palm Coast. \$10 per clinic. Families are \$10 for first child, \$5 for each child after. More info: 386-986-GOLF (4653).

Saturdays – **Saturday Open Tennis** – Every Saturday, 11 a.m.-1 p.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. Come out to PCTC for “drop-in” tennis, open to men and women 3.5 and below. \$5/person. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

Sundays – **Sunday Open Tennis** - Every Sunday, 9:30-11 a.m. at Palm Coast Tennis Center, 1290 Belle Terre Pkwy., Palm Coast. Come out to PCTC for “drop-in” tennis, open to men and women of all playing levels. \$5/person. More info: 386-986-2550 or www.PalmCoastTennisCenter.com.

For more information, contact Palm Coast Communications & Marketing Manager Cindi Lane at 386-986-3708 or clane@palmcoastgov.com.