



فلاجا  
THE SPA

M E N U



# Bespoke Treatment Exclusively At Park Hyatt Doha Spa

Each individual is unique, we seek to understand your needs at that specific moment.

We know how time is valuable, and have created a made to measure treatment designed to address your time and lifestyle preferences.

Discover our

“Lifestyle Journey”



## VALMONT INTRODUCTION

Since its creation, VALMONT has dedicated its savoir-faire to the field of anti-aging, offering professional treatments that combine expertise, high-performance products and precise gestures.

Featuring unique and exclusive care protocols, VALMONT treatments stand out from all others thanks to the “butterfly motion” that sets the tone for each program. All Magicien du Temps treatments benefit from this exclusive and original gesture.

A world away from traditional beauty care, VALMONT treatments are composed like a symphony. The cadence of the movements reconciles opposites; it is at once enchanting and unexpected. The client leaves both relaxed and invigorated, the skin well rested and reawakened.

### Purity of The Alps

60 mins / 650 QR

Designed to purify, balance and unify the complexion, this latest VALMONT treatment is intended for all, and particularly for women whose skin displays a flawed texture, an uneven complexion or a predisposition to imperfections.

### Hydration Ritual Sources of The Bisses

90 mins / 930 QR

This bespoke treatment begins with a personalized diagnosis of your skin's needs, followed by a complete facial, including exfoliation, extraction, massage, and VALMONT collagen face mask.

### Energy Ritual Vitality of The Glaciers

90 mins / 930 QR

The impact of stress, pollution and the high demands of modern life progressively marks the skin. The skin is regenerated, radiant and firmer. A vital treatment for overstrained, lifeless skin.

### Lines and Volume Summit of The Cervin

90 mins / 1,000 QR

This treatment uses a lifting elixir, which reduces wrinkles and fine lines. A collagen mask restores vitality and youthfulness, this 99.9% pure native collagen mask plumps the tissues and redefines the contours of the face – a biological facelift!

### Radiance Ritual Brightness of Ice

90 mins / 1,000 QR

Inspired by Asian care habits, this treatment doubles each step to create entirely new synergies between the gesture and the product. The complexion is even, radiant and glowing. Age spots have faded and the texture of the skin is refined.

### Eyes Ritual Reflexion on A Frozen Lake

45 mins / 485 QR

This special treatment for the eye area smoothes fine lines and wrinkles through lymphatic drainage, lifting and reflexology. Dark circles fade away and the eyes take on a dazzling, youthful look.

### Majestic Treatment – The Signature Facial Ritual

120 mins / 1,800 QR

This comprehensive treatment designed for the face and the décolleté offers a moment of perfect delight, including beautifying care for the hands. The face and neck enjoy a voluptuous 45-minute massage by combining three different massage protocols including a youth massage inspired by the Japanese Kobido massage technique.





## OUR STORY

KOSME PARIS was born out of a passion for rare plants, cultivated in an environmentally sustainable manner and that have proven effective when used in skin cares. Our desire was to develop a high-end line of cosmetics, which combine the powerful natural assets of the plant world, rich textures and an enduring respect for the environment.

Thanks to careful research and a passion for excellence, we have formulated cosmetics that respect the skin's natural balance, as they do not contain any petrochemical derivatives or mineral oils. Our products are preservative, silicone, and paraben free. Most of our ingredients come from organic agriculture.

### Sleep Ritual

Prepare to be lost in a blissful state of mind and a great night's sleep. KOSMÉ has created a set of techniques to help you relax and encourage deep sleep.

### Energy Ritual

This treatment allows you to stop, unplug and reboot. Senses will awaken, while your body and mind will receive a boost of natural energy.

Combining stimulating scent and tonic movements. You will be energized for your next meeting.

### Choose your time:

30 min / 350 QR  
60 min / 600 QR  
90 min / 850 QR  
120 min / 1,000 QR

### De-stress Ritual

Tension drifts away for a calmer mind.

The treatment begins with breathing techniques and flowing movements to slowly release mind and muscle tension.

### Detox Ritual

Combining a kneading and cupping massage, this treatment helps dissipate toxins and drain excess water from the body.

### Body Scrub

Body Polish 30 min / 300 QR  
This scrub, with Mauritian sugar leaves a satin veil on the skin to maintain skin moisture throughout the day. Your sweet, soft skin is transported to a sunny destination.

In room Spa Ritual available upon request at a 20% supplemental charge



# VITAMAN

Made 100% in Sydney, Australia. Spa-quality products formulated to address men's unique skincare and haircare needs.

Our products are so natural, they are practically edible.

We never use harmful synthetic chemicals, artificial fragrances, or unnecessary colors.

Free from sulphates, parabens, phthalates, glycols, mineral oil, DEA, TEA, ethanol, and lanolin.

Cruelty free never tested on animals.

All of our packaging is environmentally conscious and fully recyclable.

## The De-Stress Back Massage

Specific attention is given to this much neglected area of the body, to soothe muscular backaches. A truly unique Australian experience, an hour of tension release for the back.

## The De-Stress Body Massage

This signature relaxing massage treatment is a body time-out. Leave feeling relaxed and energized..

## The Sports Massage

An ideal massage for sports enthusiasts recovering from intense physical activity. This deep tissue, tension releasing massage helps to eliminate the pain and stiffness that accompanies joint and muscle strain.

## The Deep Muscular Stretching Treatment

This treatment has been designed to boost energy, perfect for pre and post exercise. VITAMAN combines the unique benefits of stretching and pressure points using Shiatsu and Thai techniques.

30 min / 350 QR  
60 min / 600 QR  
90 min / 850 QR  
120 min / 1,000 QR

## The VITAMAN Looks Good Facial

30 min / 350 QR  
60 min / 600 QR

A facial treatment designed specifically for modern men. It combines anti-ageing techniques and hydration. It is vital to take each individual's skin sensitivity into consideration.

## Express Manicure

30 min / 110 QR

Fingernails and cuticles will look neat and professional.

## Express Pedicure

45 min / 150 QR

Your feet also merit a rejuvenating treatment to withstand the rough demands we put on them.

## Add On:

Callus treatment 30 min / 90 QR  
Paraffin 20 min / 75 QR

In room Spa Ritual available upon request at a 20% supplemental charge

## WELLNESS PROGRAM

We know how hard it is to stay healthy and fit, so we crafted a personalized journey for you.

Your journey begins with a body analysis to give you a better understanding of your body composition. Our personal trainer will create a unique program to get you fit.

Once your fitness program is complete, our spa therapist will tailor your detox ritual. To end your journey, sit back and relax in our vitality pool and energize with a light lunch designed by our Chef at Anis Restaurant.

2 hrs / 800 QR

Allow one additional hour for lunch





Aldo Coppola is a luxury beauty salon chain with over 200 beauty ateliers in the world inspired by the philosophy of excellence in hair, beauty and wellness for the soul – a 360° approach to beauty. Founded in 1966 through the creative and artistic talent of Mr. Aldo Coppola, the company today stands for true innovation in the world of hair and beauty, collaborating with high fashion brands, famous photographers and the most discerning international magazines. Aldo Coppola raises the bar when it comes to hair coloring techniques, hair styles and products. Aldo Coppola Atelier in Park Hyatt Doha has Hair Dressing Stations, Manicure and Pedicure Lounge.

DETAILED PRICE LIST AND PACKAGES AVAILABLE AT ALDO COPPOLA RECEPTION



## HAIR CUT

Senior Stylist Haircut  
600 QR

Trim  
450 QR

Fringe  
200 QR

## BLOW-DRY | HAIR UP | TURCION WAVES

Blow Dry  
Short 250 QR  
Med 350 QR  
Long 450 QR

Hair Up  
Short 600 QR  
Med 750 QR  
Long 900 QR

Turcion Waves  
Short 350 QR  
Med 450 QR  
Long 550 QR

## HAIR THERAPY & TREATMENTS

Aldo Copolla Customized  
Hair Treatment  
Short 750 QR  
Med 900 QR  
Long 1,050 QR

## MAKEUP SERVICE

Makeup at the Atelier  
1,000 QR

Wedding Makeup  
1,500 QR

## HAIR COLOR

Shatush  
Short 1,100 QR  
Med 1,400 QR  
Long 1,700 QR

Highlights  
Short 650 QR  
Med 750 QR  
Long 850 QR

Color  
Short 950 QR  
Med 1,050 QR  
Long 1,150 QR

Color Off  
All 1,500 QR

Color Roots  
All 600 QR





# Kure B A Z A A R

THE GOOD NAIL PHILOSOPHY

Kure Bazaar is the first nail lacquer of the next generation to combine the ethics of an eco-friendly formula with vibrant colors of Parisian fashion.

## A New Philosophy

The exclusive Kure Bazaar formula, up to 85% natural-based on wood pulp, wheat, cotton, potatoes and corn – preserves the vitality of nails, respecting their natural cycle of regeneration.

## Unique Color Effects

Kure Bazaar colors are derived from elements of nature and are directly inspired by the backstage of Paris and International fashion shows. The red are vibrant and reflect the “glamour-chic” tones, the naturals are delicate and offer an elegant timelessness.

## Exceptional Protocols

The Kure Bazaar beauty nail ritual immediately enhances hands and feet with style, luxury care, precise shaping and magnificence of the colors. A touch of Parisian-chic.

## NAIL TREATMENTS

Signature Manicure without Polish  
120 QR

Signature Manicure with Polish  
130 QR

Signature Manicure with Gel Polish  
190 QR

Signature Pedicure without Polish  
170 QR

Signature Pedicure with Polish  
210 QR

Signature Pedicure with Gel Polish  
250 QR

Acrylic Nails  
180 QR

Gel or Acrylic Extensions  
550 QR

# STAY FIT

Park Hyatt Doha is the perfect place to stay healthy and fit with our 24-hour Gym facilities  
Swimming pool open from 6am to 9pm

Day pass available for use of our facilities and swimming pool 200 QR  
Personal Training available upon request 1h session 200 QR

## Single Membership

1 Month 2,200 QR	3 Months 5,500 QR
10% Discount on all F&B 1 guest pass 1 spa treatment 1 personal training session - 1 hour Onsite laundry of gym gear	20% Discount on all F&B 2 guest passes 1 spa treatment for yourself and a friend Complimentary room upgrade Onsite laundry of gym gear Skin care gift 3 personal training sessions
6 Months 8,500 QR	1 Year 16,000 QR
20% Discount on all F&B 3 guest passes 1 wellness day for you and 1 friend 6 personal training sessions Complimentary room upgrade Onsite laundry of gym gear Skin care gift 1 month freezable	20% Discount on all F&B 6 guest passes 1 week detox program cold press juice 1 wellness day for you and 2 friends 12 personal training sessions Complimentary room upgrade Onsite laundry of gym gear Skin care gift 1 month freezable

## Couple Membership

1 Month 4,000 QR	3 Months 8,500 QR
10% Discount on all F&B 2 guest passes 2 spa treatments 2 personal training sessions - 1 hour Onsite laundry of gym gear	20% Discount on all F&B 4 guest passes 4 spa treatments for yourself and a friend Complimentary room upgrade Onsite laundry of gym gear Skincare gift 6 personal training sessions
6 Months 15,500 QR	1 Year 24,000 QR
20% Discount on all F&B 6 guest passes 2 wellness days for you and 2 friends 12 personal training sessions Complimentary room upgrade Onsite laundry of gym gear Skin care gift 1 month freezable	20% Discount on all F&B 10 guest passes 1 week detox program / person cold press juice 2 wellness days for you and 2 friends 24 personal training sessions Complimentary room upgrade Onsite laundry of gym gear Skincare gift 1 month freezable

# HOW TO SPA

ARRIVAL: Please arrive 15-20 minutes prior to your appointment time to check in, fill out necessary paperwork, change into your robe and relax in our facilities prior to your treatment.

SPA ATTIRE: A luxurious robe and slippers will be provided upon your arrival to the spa. Please disrobe to your level of comfort. All staffmembers are professionally trained and licensed to ensure the highest quality of service and integrity. Proper draping techniques are always used to ensure privacy and comfort. A secure locker will be provided for your belongings.

QUIET ENVIRONMENT: To ensure a quiet and relaxing environment, please kindly switch your mobile phone to silent mode.

SHAVING & HEALTH CONSIDERATIONS: Shaving is not recommended prior to any body exfoliation treatment or hair removal services. Please inform the spa staff if you have any medical conditions.

CANCELLATIONS: As a courtesy to other guests, please provide a minimum of notice of 12-hours for appointment cancellations or changes.

AGE REQUIREMENTS: The minimum age required to use the spa facilities is 16 years old. Salon services are available for children, but they must be accompanied by an adult.

GIFT CARD: Our spa treatments and products are available for gifts and purchase. Please contact our receptionist for further details.





