

# St. Luke's Messenger

Dear Parish Family

June - July 2016

Most of you probably know by now that The Rev. Nathan Bistis has preached his final sermon at St. Luke's Church as an Assistant



Greg Kronz  
Rector

Rector. After contemplating his call, Nathan felt that he was being called to an opportunity at a parish in his former Diocese under his former Bishop, The Rt. Rev. Neil Lebahr. Bishop Lebahr is a friend of mine, and recommended Nathan to me; and now Nathan

has an opportunity to take an assistant's position at Christ Church Anglican Church in Vero Beach where the Rector, the Rt. Rev. John Miller, will retire in a couple of years, giving Nathan the possibility of becoming the next Rector. Nathan felt called to accept this opportunity, since it will be too long for him to wait for that prospect here! That may happen someday, but not in the next couple of years! I ask you to pray for Nathan and the Bistis family as they make this transition and begin this new call and ministry.

Beginnings and Endings are experienced regularly in life in various forms. I am acutely aware of "endings," not just in terms of Nathan's departure, but also in terms of many saints from our parish who have gone to be with the Lord in the last few months. We have had quite a few funerals and memorial services. Since I have been at St.

Luke's as long as I have, many of these are not just "members of the church" to me. They are long time servants of the Lord and of our Church, and they are friends. Another loss, not a member of our church, but part of my extended family, is a young man by the name of Clark Jones. Clark is the younger brother of my daughter-in-law, Natalie, married to my son, Daniel. Clark was a sweet guy, and unfortunately was killed in a motorcycle accident at 6:45am on Friday, May 20th. We seem to be "less prepared" for the death of a young person, particularly one who dies suddenly, tragically, accidentally.

This has caused me to reflect on a question, the question expressed in an Old Hymn, "I Wish We'd All Been Ready." Are you ready? Let me ask this another way that might be more helpful; that might get you thinking, and, might get you to move to action in a wonderful way. Are your relationships in order? The way you want them? The way they should be?

Let's begin with the most essential relationship that has ramifications for this life, as well as eternal ramifications. And, when we have this relationship "right" can have a major impact on "getting the other relationships right" too. Are you really walking with the Lord? Jesus said that the first and greatest commandment is this: to "Love the Lord your God with all of your heart, soul, mind, and strength." If we are doing that, our lives will revolve around Him, His will, His ways. And, then imagine how that kind of love, that kind of walk, that kind of relationship would impact our relationships with others in our lives: family and friends. I understand that we can't control how everyone will respond to us; Jesus' life certainly demonstrated that! But, in time, with constancy, with His love and servant attitude toward others, with a pure heart, with peace, with joy, without a "hidden agenda," a selfish or self-serving agenda;

over time, most will understand our love for them.

And, be sure to stay up to date with love and forgiveness! You never know when someone might "leave." They might die unexpectedly, get very ill, or become incapacitated. Don't hold back on love or forgiveness! Someone might move away and you never had a chance to have that lunch, or get to know them, even if it is just a little.

When we use the expression "Life is short," it usually means, at least in today's culture, "do something to serve yourself" or make yourself happy, or fulfill a desire. Let me suggest a different idea: life is short: use it well. Jesus lived somewhere between 30 and 33 years: and He gave His life as a ransom for the world. He served, He loved, and He lived a life of total worship, love, gratitude, and servitude toward His Father that benefited all of us. If He is our Savior and Lord, and He is our example, then we can take our life, no matter how "short" it may be, and live it for Him and others. Then, we are blessed, we bless others, we learn love, we share love, we are loved, and we are filled with joy that overflows onto others. Read John 13-17, Jesus' most intimate moments with His most intimate friends.

Take time as we move toward summer to reflect on, pray about, and consider how you might take action. Life is short: shorter for some than for others. The Lord has allotted each one of us the days He has, to be good stewards of those days; and, His ultimate desire is that we would first and foremost, be His now and forever. If we are, when we are deliberate about it, what a blessing we can be to others. Summer may be the best time to act on this thought! Have a blessed and reflective summer.

Love in Christ,  
Greg Kronz

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A CHURCH IN THE ANGLICAN TRADITION

## Our Focus

- Upward: To worship and serve the Lord
- Inward: To grow spiritually in the knowledge and love of Christ in the fellowship of the Holy Spirit
- Outward: To share our faith, our hands and our hearts, for the sake of the gospel, our community, and the world.

## Office Closures

The Church office will be closed for Independence Day on Monday, July 4th, as well as on Fridays after Noon for the rest of the Summer.

## Transitions

**Baptisms** - Juliana Martel

**Deaths** - Jack Cross, Bill Mulledy, Ruth Ann Smithers, Elliott Steadman, Marjorie Wolf

**New Members/Confirmed** - Patrick Baldwin, Carole Bryndal, Barbara Carroll, Lauren Fettes, Pat Ingram, Emma Moore, Lucius Moore, Julia Nelson, Wanda Nicholson, Sue Schelble, Tami Speer, Brian & Amy Starnes

**Transfer Out** - Eric Calendine family, Cindy Koch, Brooks Quinn family

## A Special Thank You

We would like to acknowledge the many years of service given by **Fran Langenhan and George Irwin**. They both retired in May from their work in the church office. Fran had over 20 years and George had almost 20 years at the desk. We are so grateful for their loyal and generous hearts. Thank you!

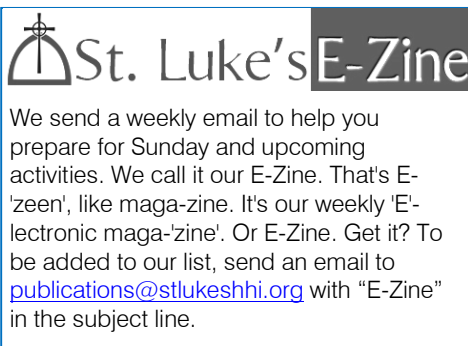
## Flower Guild

Altar flowers are available on the following dates: June 12, June 19, July 3, 17, 24, and 31. Flowers can be given in honor or memory of your loved ones. Cost is \$100. Call the church office at [843-785-4099](tel:843-785-4099) to schedule your special date.




**CHECK US OUT ON FACEBOOK**

SEARCH FOR "St. Luke's Church" and look for the Bell Tower icon.



**St. Luke's E-Zine**

We send a weekly email to help you prepare for Sunday and upcoming activities. We call it our E-Zine. That's E-'zeen', like maga-zine. It's our weekly 'E'-lectronic maga-'zine'. Or E-Zine. Get it? To be added to our list, send an email to [publications@stlukesghi.org](mailto:publications@stlukesghi.org) with "E-Zine" in the subject line.

## Ladies' Bible Studies

REAL MOMS and Tuesday Friends will be taking a break for the Summer. Here are pics from our Spring social get-togethers.



20th Annual Spring Bruncheon for Real M.O.M.S. Bible Study. Back row: Carolyn Dorazio, Shelly Rheindl, Melissa McNulty, Bea Wray, Kyle Wallace, Judi Clifford, Melissa MacCabe. Front: Shannon Alford, Starr Carr, Cade Reddy, Tracey Elder, Wendy Methvin. Missing: Natalie Izant, Krissy Roberts and Leslie Robinson.



Tuesday Friends Annual Spring Luncheon. Louise Tranquilli, Maxine Newkirk, Liz Bundy, Glyndal Partington, Dottie Thomson, Judi Clifford, Jackie Sergi, Arlene Emma, Susan Asnip, and Janis Schluchterer. Not pictured: Trish Elliot, Mary Hiers, Sandy Caswell, Jane Cale, Kathleen Short and Joyce Banks.

## SC Diocese E-Newsletter

You can receive the newsletter of the South Carolina Diocese by subscribing from the Diocesan website: [www.diosc.com](http://www.diosc.com)

Look for the following to the right of the homepage:



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## Bookshop Closure

Greetings and a temporary Au revoir from our Bookshop! We have such a wonderful array of books for your reading pleasure, gifts and cards galore. However, we will be closed while the Parish Hall is under construction. Should you need anything in the meanwhile, we are only a phone call away (Dennis Puckey at [843-683-6779](tel:843-683-6779)), and will happily order whatever you desire. If you see a Bookshop employee on Sundays, feel free to ask them for entry to purchase items. We will miss you, and are anxious to be open again to bring you goodies and inspiration. Have a beautiful summer, God Bless, and we'll see ya soon!

## Church Staff



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## VESTRY MEMBERS

<http://www.stlukesghi.org/administration---vestry.html>

## Photos Tell the Story

### MUSIC MINISTRY HIGHLIGHTS IN APRIL & MAY

#### APRIL

April 9 & 10: GRAND REUNION: MATT WALLEY, former resident baritone at St. Luke's, and DANNY DENNISON, St. Luke's former trumpeter, bass guitarist, and tenor, return to St. Luke's to sing in the special large choral work MASS OF THE CHILDREN by John Rutter Sunday, April 10th at the 10 o'clock service!



ST. NICHOLAS CHOIR & JULIA NELSON soloist from St. Cecilia Choir The St. Nicholas Choir with soloist Julia Nelson sing "Little Lamb, Who Made Thee?", the principal song for which the choral work was written.



April 14: RING & REJOICE HANDBELLS - This team of "ding-a-lings" prepare to record a funny DVD of "get well wishes" for Sally Ahrendt, fellow "ding-a-ling"!



#### MAY

May 8: MOTHER'S DAY To celebrate Mother's Day, the choristers of the Canterbury and St. Nicholas Choirs sing at the 10 o'clock service that Sunday.



May 16: CANTERBURY CHOIR TRIP TO HARBOURTOWN

To celebrate the end of the season, the Canterbury Choristers met in Harbortown for playtime on the playground, climbed the 114 steps of the Lighthouse, and then enjoyed a "sweet" end to their Harbortown adventure with ice cream!



May 18: ST. NICHOLAS CHOIR ADVENTURE TO END THE SEASON

The St. Nicholas Choristers chose to wind up their season with putt-putt at Pirates Island before enjoying frozen yogurt sundaes at Sweet Frog!



## 2nd Friday Organ Recital

On Friday, June 10, THOMAS TIEHEL, Music Director & Organist at St. Gregory the Great Catholic Church, Bluffton, performs in concert on the 2<sup>nd</sup> Friday at Noon Organ Recital Series.



These concerts feature organists from around the Southeast and beyond on the 20-rank Gabriel Kney tracker organ at St. Luke's Church HHI. Now in its 17<sup>th</sup> season, this series is presented monthly by the Low Country Chapter of the American Guild of Organists on the second Friday of each month throughout the year. Concerts, 12:00 noon to 1:00pm, are held at St. Luke's Church, 50 Pope Avenue, Hilton Head Island. These events are FREE and the public is invited. Come join us for an hour of delightful music! (LCCAGO.org or [ninarodman@stlukesghi.org](mailto:ninarodman@stlukesghi.org))

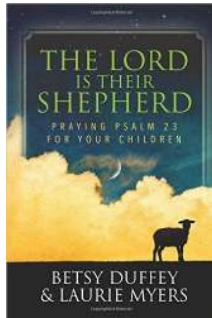




## Summer Reading

Summer is often the time for mindless, escapist reading. To balance out your reading list, I recommend adding these books.

**THE LORD IS THEIR SHEPHERD:** (Praying Psalm 23 for your children)



This is a phrase by phrase look at Psalm 23 with truths about shepherds & sheep for both adults and children. Each chapter ends with a prayer to pray for the children in your life.

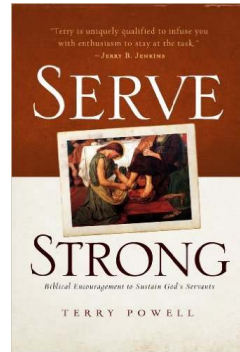
**THE ESV FAMILY DEVOTIONAL BIBLE**

Parents and grandparents will like how easy it is to use this resource to have devotions together -- whether it's during vacation week or every day of the year. This nightly tradition my parents practiced was foundational in growing the faith of my

brothers and me. And I've watched as my brothers have passed it on within their own families.

**SERVE STRONG** (Terry Powell)

I should be getting royalties for as many times as I have bought or recommended this book. For any Christian who is discouraged or any servant of God who feels burnt out or frustrated, this has become my go-to resource. It's not a pop-culture, make-me-feel-good kind of book. Instead it propels me again and again back to scripture and who God is. It is balm for my soul.



All joy,  
Sylvia Maye

## Thank you, Teachers!

Every week when children are dismissed to Follow the Cross, they are being taught/ helped in Children's Chapel by Diane Speidel, Carolyn Vanagel, and Avery, Kelsey, Dan & Kyle Wallace. Thank you for your dedication and faithfulness. We especially appreciate the leadership of Kyle who heads the program and demonstrates her passions for creative teaching, God's truth, and the children of our church.

And as Night Church winds down for the summer, please join us in thanking the women who taught our kids as part of Summit: Rebecca McNemar, Selena Darnell, Amy Starnes, and Stephanie Sturm -- often at the end of a very full Sunday! We're grateful for you!

## Around the World in 90 Days

This summer during Children's Chapel our kids will be taught lessons in world missions. This summer we want each child to understand that people in every country need to hear the gospel. They will learn ways to do the work of God by helping everyone hear His good news.

## Surf Shack VBS June 12-16

**Surf's up! Join us for Surf Shack Vacation Bible School, where kids will Catch the Wave of God's Amazing Love! Kids get 'amped' to learn God Creates, God Helps, God Loves, God Calms, and God Sends. On this ride, kids remember that the Lord is great and awesome! (Nehemiah 4:14b)**



**Surf Shack VBS begins Sunday night, June 12, with a ...**

**Family Dinner and Day 1 of VBS (5-8pm).**

**Our ride continues Monday thru Thursday 9:00-Noon.**

**Parents, grandparents & the entire parish are invited Thursday night for**

**our closing program & ice cream social (7-8 pm)**

**Open to ages 4-11. Registration begins in May.**

**We have roles for volunteers and helpers! Come surf with us!**

**You can still call Sylvia at 785-4099 to talk about volunteering!**

**THANK YOU FOR PRAYING ABOUT YOUR INVOLVEMENT!**

# St. Luke's Youth Ministry

## Surf Trip 7

Our 7<sup>th</sup> annual Surf Retreat to Ponce Inlet, Florida was another big success. We had 41 high school and middle school students come on this retreat. Highlights of the trip included: surfing lessons (with a few first time surfers who stood up for the first time!) bodysurfing, soccer game on the beach and a powerful church service on Saturday night in the chapel led by former surf shop owner and Rector at Grace Episcopal Church in Port Orange, Rick Burhans. A great way to end our school year in youth ministry!



## Summer Mission Trip with Urban Promise Honduras

High School 4<sup>th</sup> annual Summer Mission Trip to Copan Ruinas, Honduras with Urban Promise is scheduled for Sunday June 19<sup>th</sup> – Monday June 27<sup>th</sup>. We have 16 high school students signed up for this epic trip! We have done great on our fundraising. We have one more fundraising event a Silent Auction and Pizza Night at Local Pie from 5PM to 8 PM on Sunday June 5<sup>th</sup>. 10% of proceeds this night go directly to our trip!



## Youth Group Silent Auction Fundraiser June 5

St. Luke's Church Youth Group is having a Silent Auction and fundraiser for their upcoming Mission Trip to Urban Promise Honduras at **Local Pie** on New Orleans Road. They have graciously offered to give us 10% of the night's proceeds and also will allow us to have a Silent Auction on Sunday, June 5 from 5-8pm. Two ways you can help. First. Come out to eat with your family and friends this night. Secondly If you have an item that you would like to donate, please let Janet George know. ([jgeorge\\_29926@yahoo.com](mailto:jgeorge_29926@yahoo.com) or [843-247-3572](tel:843-247-3572)). All gifts are tax deductible. We will be accompanying 16 local High School students for a week to work with UPH at their After School Camps and along with the Honduran teens that volunteer. Any money that we can raise above our expenses, will go directly toward sponsoring the local children for the Camps. Please consider donating to this wonderful cause. If you have any questions about the work of UPH, feel free to ask Janet or Steve Chisholm.

## Summer Break

Youth Groups are on break for the Summer. Stay tuned to the Messenger and the other St. Luke's publications for Fall Start-up dates and times. Thanks for a great year, and have a great Summer!

## Youth Groups

Middle & High School Youth Groups stayed strong throughout the spring as teenagers invited a lot of their friends to come out on Wednesday and Sunday evenings. We averaged around 20 kids consistently coming out to each group. Our messages have challenged the kids to know Christ and make their faith in Christ known to others by their words and actions. These famous verses in John's Gospel became a backdrop for teaching on belief, eternal life, salvation, and sharing the Good News with others: John 3:16-18 "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son."

## FROM THE MISSION COMMITTEE

Bob Augustine

Some recent updates from our partners in the "Field" that have responded to Luke 10:2

"the harvest is plentiful, but the laborers are few; therefore beseech the Lord of the Harvest to send out laborers into His field"

Juan and Maria Marentes continue to be active in missional ministry through SAMS (Society of Anglican Missionaries and Senders), in southern California, where many nations are represented. There are 14 world languages plus English spoken by the immigrants who live now there. About 52% of the population of LA county is Hispanic and there are over 54.5 million nationally, making this country the second largest Spanish speaking in the world.

They were called to reach Hispanics for God's church in NE Los Angeles by planting a bilingual church and now are joining the effort to plant a church in Compton, CA. In this church they are entering into the African-American community.



They have several invitations from Anglican congregations in Orange and LA Counties to do a similar work there. Their goal is to "catalyze an outward focused movement that will open the eyes and hearts of our churches to many people around them without God in their lives". "The need is great, the time is now and the field is ripe".

Jericho Ministries with Betsy Hake have recently started (re-started?) a sewing workshop for women in Honduras. They have a sewing teacher and an initial three women that are learning to sew and make jewelry, while being disciplined. This was accomplished by with the assistance from the Team from Saint Luke's.

There are many women in Honduras that are trapped in prostitution or try to survive by living out of a garbage dump, to support themselves and their children.

God has answered prayer for a playground, donated and built on the grounds of the Villas. This was something that was really needed as the children were previously playing on a rocky and hilly area that was not the ideal environment.

Jericho was recently involved in a country wide effort called "Save the youth". The efforts are to keep children out of gangs and drugs. They ministered to those who are daily rummaging at the dump, giving out toys and clothes to "the least of these".

Suzy McCall currently has 72 "lambs" at the children's home that are healthy and hopeful. She will be coming to the US to have knee surgery and we hope to have her come to Saint Luke's for a visit. The timing for this is still up in the air, but hopefully in June. She is also involved in the legal processes of adopting 4 children and becoming a Honduran citizen. (Have dual citizenship).

We should continue to pray for and support these wonderful people of God and their ministries. Pray for all our other partners, not mentioned here. God has used them mightily and accomplished much for the Kingdom. Respectfully submitted for His glory,

Bob & Tamara Augustine, Missions Committee Chairpersons  
btaugustine@roadrunner.com

## Is Stephen Ministry God's Calling for You?

Would you like to be part of a ministry that makes a real difference in others' lives when they need it the most – and in your own? Perhaps in your heart you know God is calling you to serve but you're just not sure where. Stephen Ministry could be the answer!...Men in particular are needed to support this ministry! We are limited to the care we can provide without more care givers!

Stephen Ministers are members of our congregation who provide one-to-one caring ministry to people experiencing grief, divorce, loneliness, job loss, hospitalization, and many other life difficulties.



Stephen Minister training equips you to do an excellent job as a Stephen Minister as well as to improve the quality of our relationships. Topics include; listening, feelings, confidentiality, providing Christian care, maintaining boundaries, crisis theory and practice, ministering to people experiencing grief, divorce, hospitalization, illness, and more.

Once equipped, Stephen Ministers are prayerfully matched with people who are going through a stressful time or life difficulty. A Stephen Minister meets with this person once a week for about an hour to listen, care, encourage, and pray. The Stephen Minister brings Christ's presence into the person's life and experiences Christ in the other person. It's really a life-changing ministry for BOTH the care receiver and the Stephen Minister.

"Bear one another's burdens, and in this way you will fulfill the law of Christ."  
Galatians 6:2

Rick Tranquilli

St. Luke's Stephen Leader

(St. Luke's Stephen Leaders also include Linda Green & Frank Bowen...talk with any of us to learn more about this rewarding and joyful ministry calling!)

## June Outreach: Memory Matters

Memory Matters began almost 20 years ago at St. Luke's Episcopal Church. A small group of compassionate people realized that our community



needed to offer support, respite care, and resources to families dealing with the devastation of Alzheimer's disease and other forms of dementia. Alzheimer's Respite & Resource, now Memory Matters, can now help even more families since moving into our own facility in December of 2009. Our state of the art building allows us to offer dementia specific programs 5 days a week, support groups most days of the week, and resources for families from early diagnosis to end stages. Memory Matters has been recognized nationally by the PGA, earning non-profit of the year in 2013, the subject of programs on both PBS and HBO, and recognized by the State of South Carolina as an "Angel Charity" because over .91 if every dollar donated goes back into programing. For more information call (843)842-6688 or visit our website at [www.memory-matters.org](http://www.memory-matters.org).

Cathee Stegall is one of the program directors at Memory Matters, she has been with the organization since 2006. Using her background in art and

education she creates innovative programing for Alzheimer's and dementia care at Memory Matters. Cathee is a Qualified Dementia Care Specialist and a member of the Dementia Care Professionals of America.

" It truly is my calling to meet the needs that daily walk in the Memory Matters door and give as much care and compassion as possible." – Cathee Stegall

## Outreach Applications

Starting in July, the Outreach Committee will be accepting requests for funding for the 2017 Calendar Year. If you have a suggestion for a local non-profit that you would like an application sent to, please contact Jamie Evans, (Email - [jsevans129@gmail.com](mailto:jsevans129@gmail.com) or phone [843-342-9450](tel:843-342-9450))

## July Outreach: Volunteers in Medicine

The mission of Volunteers in Medicine Clinic is to serve the health and wellness needs of medically-underserved people living and/or working on Hilton Head or Daufuskie Islands. VIM-Hilton Head provides medical, dental and mental health care for working poor families through the donated services of 500+ professional and lay volunteers. Dental care is one of the most frequently requested services at VIM, which is the only source of free dental care in southern South Carolina.



VIM is requesting support for a special project to continue providing dentures for edentulous patients. Although our dentists are volunteers, we must outsource the laboratory work needed to fabricate a denture. Our local lab discounts its services, but costs average \$375 for a complete upper or lower denture, and about \$110 for a partial denture. Prior to last year, we could only afford to provide dentures for

12-14 patients each year and the wait time was over a year. That is a long time to go without teeth, and the patient's ability to eat, smile and be employed is severely impacted.

Last year, thanks to a special grant we doubled the number of people helped and reduced wait time to about two months. Unfortunately, continuation of that grant is not assured, so we must find additional funds or cut back the number of denture patients we can help.

Although the number of patients directly benefitted may seem small, the impact on these individuals and their families can be huge, as a restored smile helps them to improve both their economic and physical health. Many denture patients at VIM tell us that their improved appearance has helped them get public-service jobs, often at higher wages. For example, Paula was relegated to stocking supermarket shelves because of her unsightly teeth. With her new smile, she was promoted to cashier at higher pay. James,

homeless and unemployable due to his broken and missing teeth, got a job at a local restaurant and can now afford a small apartment and a bicycle for transportation. And Joe, who lost his upper front teeth in a bicycle accident, was promptly fired from his sales job--but with a partial denture from VIM, he was reemployed and able to get back on his feet.

The Clinic's biggest challenge is funding the healthcare services our patients need. The dental clinic budget covers day-to-day expenses but funds are not readily available for special needs like the denture program. Therefore, VIM is asking for the help and support of St. Luke's Church members so we can continue to bring brighter smiles to our patients in need.

Jamie Evans, Outreach Chairperson  
[jsevans129@gmail.com](mailto:jsevans129@gmail.com)

## Counselor's Comments: True Peace

Sharon Smith

Here we are looking forward to another Hilton Head Island summer. When I was growing up, summer meant a time of rest from the busy routine of school. I remember enjoying the beach and spending much of my time reading fiction, my favorite pastime as a youth. Recently I was studying Psalm 23 in my Bible Study and the idea of rest, renewal and trust hit me.

It seems to me that we have lost our understanding of what being still and resting in the Lord really means. There are so many wonderful "leisure" activities that rest is often lost in the shuffle. Combine that with our culture's belief that it is "boring" or "lazy" to sit and do nothing and you have a culture that is always seeking the next adrenalin rush. Not surprisingly, many of us experience great anxiety if we find ourselves in silence and without an activity to keep us busy. And there is ALWAYS something else that needs doing.

I found that just reading Psalm 23 was relaxing. It actually paints a picture – "resting in green meadows... beside peaceful

streams... protected and comforted... provided with a feast... anointed with oil... blessed to overflowing... unconditionally loved and ever-present with the Lord." It is no wonder that even nonbelievers are often visibly comforted by these words.

The speed of daily life is getting to all of us as shown in the huge number of people, including children, who are now suffering from depression and anxiety. All of us could use a dose of this rest and renewal, but how do we start? It seems to me that summer is a great time to try this concept. We live in one of the most beautiful places on earth and we are blessed to have sun most days, green, lush surroundings, and water all around us. Why not start with taking a leisurely walk without headphones for noise. Just look around as you walk, notice the sounds of nature and feel the warmth of the sun.



Interestingly enough, one of the exercises that lessens anxiety is to focus on your five senses and take note of what you can see, hear, smell, touch and taste. This calms your brain from the racing thoughts that create the anxiety. God created us to take time to be still and listen for his voice, allowing him to guide us. How much more peaceful could life be if we first listened to his voice and then acted accordingly rather than shooting up a quick prayer and asking him to bless what we think we should do?

The New Living Translation of Psalm 23:1-3 says, "The Lord is my Shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name." Notice all that HE does, if we let him, which is where the idea of trust comes in. So please join with me for a summer resolution to trust him enough to rest from our crazy routines, to let go of some of our "have tos" and choose to be still long enough to experience his true peace!



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