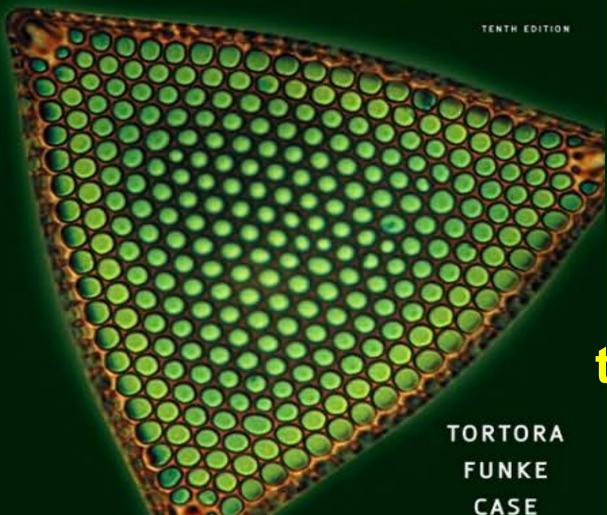
MICROBIOLOGY

AN INTRODUCTION



Ch 22

Microbial Diseases of the Nervous System

Student Learning Outcomes

Review anatomy of CNS, PNS, meninges, BBB

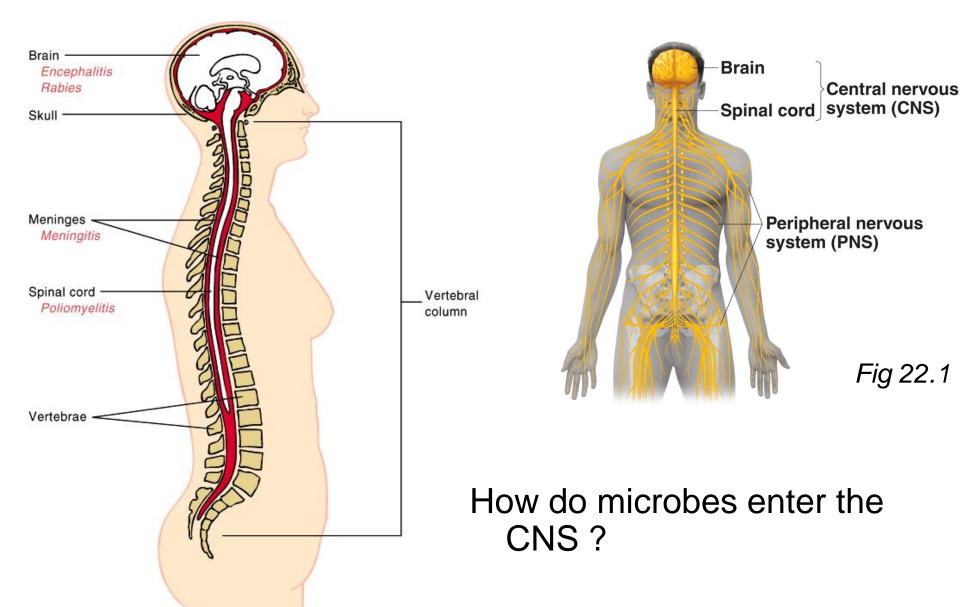
Differentiate meningitis from encephalitis including diagnosis and treatment.

Discuss mode of transmission, etiology, disease symptoms, treatment, and preventive measures of

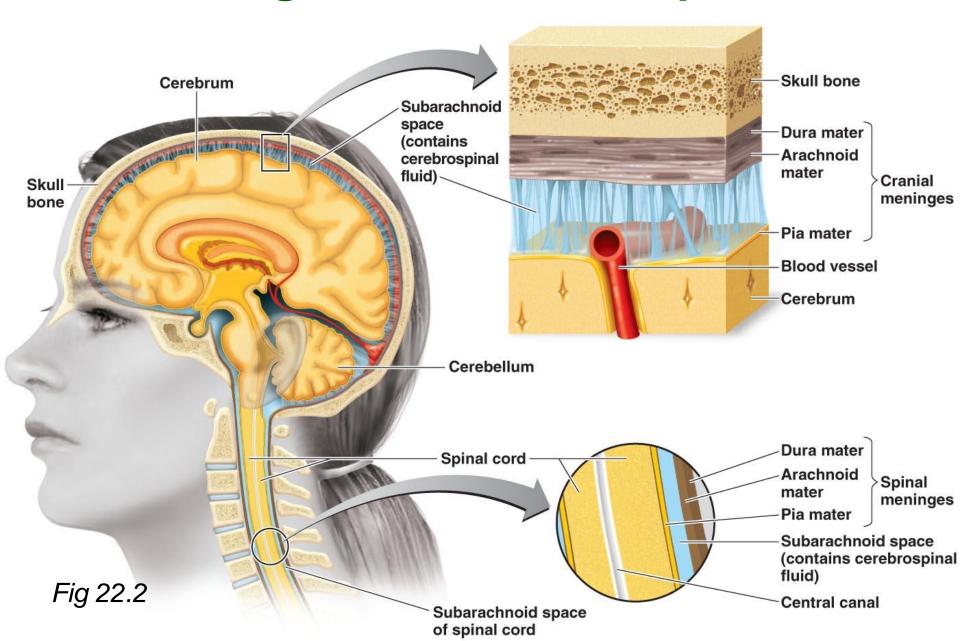
- Bacterial meningitis caused by H. influenzae, S. pneumoniae, N. meningitidis, and L. monocytogenes
- Tetanus
- Botulism
- Leprosy
- Rabies
- Arboviral encephalitis,
- Cryptococcosis.
- African trypanosomiasis
- Prion diseases

Compare and contrast the Salk and Sabin vaccines

Anatomy and Physiology Review



The Meninges and Cerebrospinal Fluid

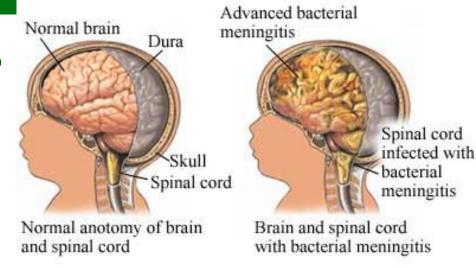


Bacterial Diseases of the CNS

- Bacteria can grow in CSF in subarachnoid space.
- The BBB prevents passage of some materials (such as antimicrobial drugs) into CNS.
- Meningitis vs. encephalitis
- Meningitis can be caused by viruses, bacteria, fungi, and protozoa.
- **BACTERIAL MENINGITIS**: Much more serious than viral. Can cause severe disease resulting in brain damage and death.

Bacterial Meningitis

- The three major causes:
 - Haemophilus influenzae
 - Neisseria meningitidis
 - S. pneumoniae



- Nearly 50 species of opportunistic bacteria can cause meningitis (L. monocytogenes, S. pyogenes, S. aureus)
- Symptoms: Fever, headache, stiff neck, followed by nausea and vomiting ⇒ may progress to convulsions, coma, shock, and death
- Diagnosis by Gram stain or latex agglutination of CSF
- Cephalosporins before identification of pathogen!

Epidemiology of Bacterial Meningitis

Not very contagious → spreads by direct close contact with discharges from nose/throat of infected person.

Vaccines:

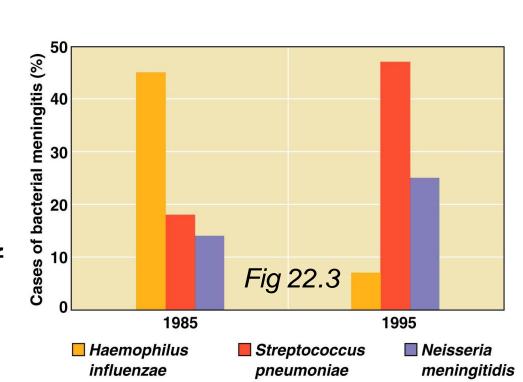
1988: **Hib**

2000: **PCV7**

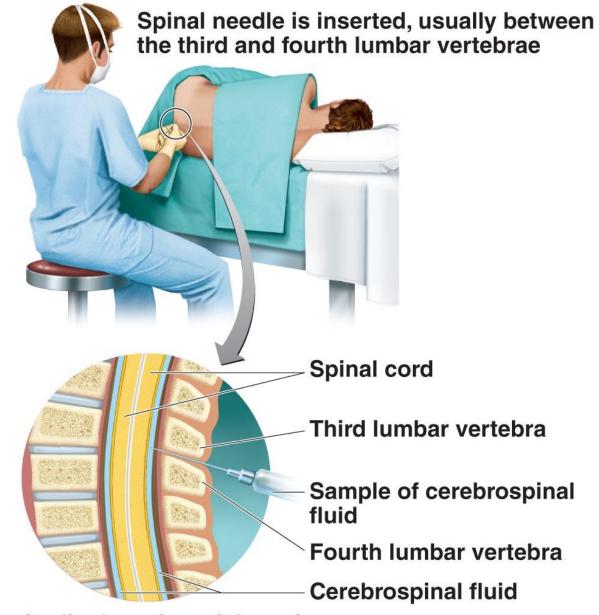
(Prevnar®) new for use in children < 2 y old.

2005: MCV4

(MenactraT®) vaccine of choice for 11 to 55 y old (old vaccine since 1982)

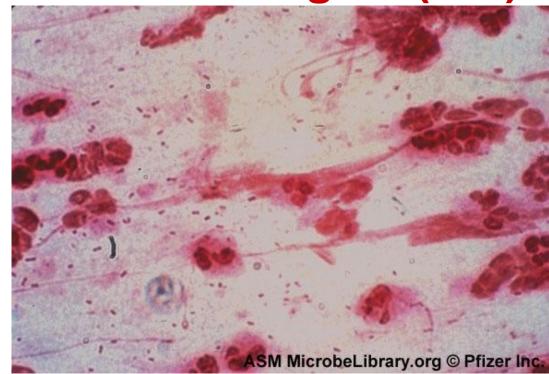


Spinal Tap (Lumbar Puncture)



Haemophilus influenzae Meningitis (Hib)

- Gram-negative, pleomorphic coccobacilli, capsule
- Common part of normal throat microbiota



- Fastidious → needs factors in blood (genus name!). Species name is misnomer.
- Mostly in children under age 4 (especially around 6 month of age. Why?)
- Also causes pneumonia, otitis media, epiglottitis

Neisseria Meningitis: Meningococcal Meningitis

Gram-neg cocci, capsule

10% of people are healthy nasopharyngeal carriers

Begins as throat infection, typical <u>rash</u> → death may occur within a few hours of onset.

Continuing threat in day-care centers and schools.

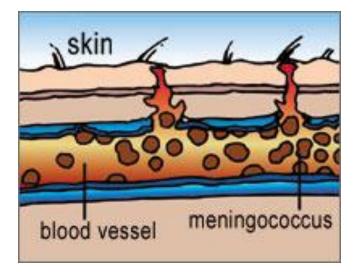
Mostly in children < 2 y of age. Sporadic outbreaks among young adults.

Vaccination recommended for college students

Meningococcal Rash

About **half** the children or adults with meningococcal meningitis have rash that does not fade





Exotoxins
damage blood
vessel walls →
blood leaks into
skin

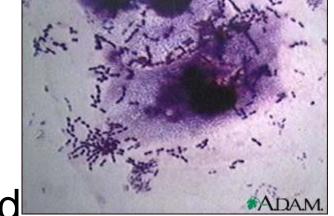


Glass test, or pressure test – septicaemic rash usually does not fade under pressure. (Not 100% reliable.)



Pneumococcal Meningitis – S. pneumoniae

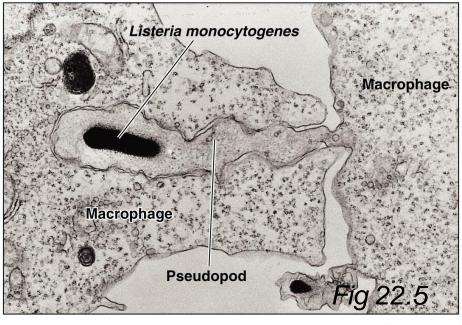
- Gram-positive diplococci
- Typically associated with pneumonia, but may cause pneumococcal meningitis and pneumococcal septicemia.



- 70% of people are healthy nasopharyngeal carriers
- Most common in children (1 month to 4 years)
- Mortality: 30% in children, 80% in elderly

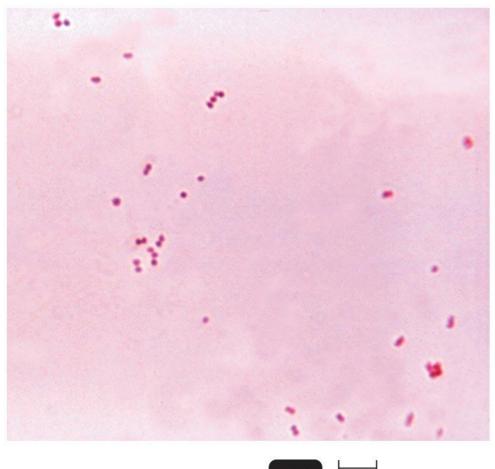
Listeriosis

- Listeria monocytogenes
 - Gram-positive
 - Reproduce in phagocytes.



- TEM | 2 μm
- Acquired by ingestion of contaminated food psychrophil!
- May be asymptomatic in healthy adults.
- Causes meningitis in newborns, immunosuppressed, pregnant women, and cancer patients.
- Can cross placenta and cause spontaneous abortion and stillbirth

Diseases in Focus: Meningitis and Encephalitis



LM 6 μm

- A worker in a day-care center in eastern North Dakota became ill with fever, rash, headache, and abdominal pain. The patient had a precipitous clinical decline and died on the first day of hospitalization. Diagnosis was confirmed by Gram staining of cerebrospinal fluid.
- Can you identify infections that could cause these symptoms?

Tetanus (Lockjaw)

- Clostridium tetani
- Gram-positive, endospore-forming, obligate anaerobe
- Grows in deep wounds.
- Tetanospasmin (exotoxin / neurotoxin) released from dead cells blocks relaxation pathway in muscles. <u>Tetanospasmin action</u>.
- Prevention by vaccination with tetanus toxoid (DTaP) and booster (dT).
- Treatment with tetanus immune globulin.

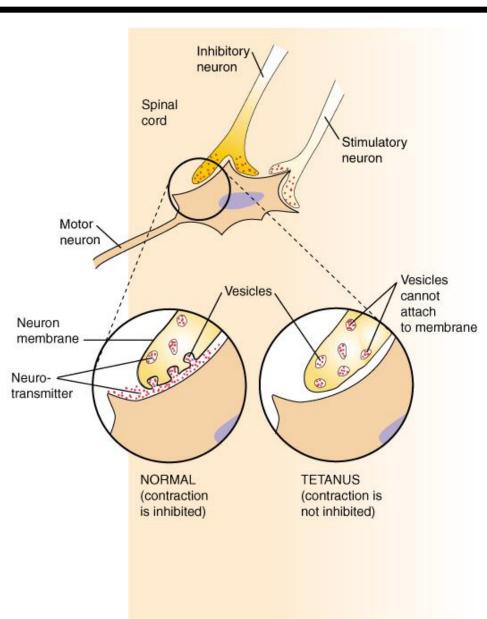


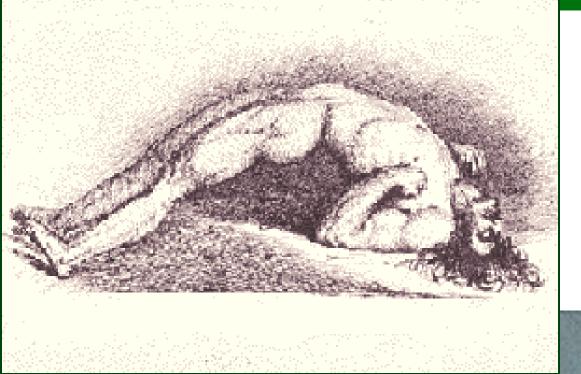
Tetanospasmin Action

Blockage of inhibitory NT release in CNS (glycine and GABA – gamma-animobutyric acid)

Result?





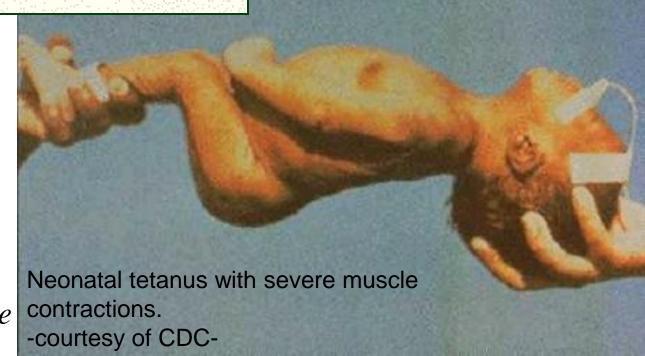


Why characteristic backward arc?

Characteristic condition: **Opistothonos**

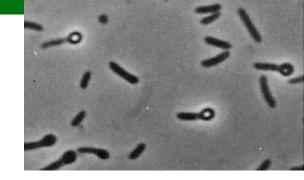
90% fatality rate

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Botulism

- Clostridium botulinum
- Gram-positive, endospore-forming, obligate anaerobe, ubiquitous in soil and H₂O
- Intoxication (ingestion of botulinum toxin): 7
 different Neurotoxins (exotoxins, A, B and E cause
 most human illness)
- Type A
 - 60-70% fatality
 - Found in CA, WA, CO, OR, NM.
- Type B
 - 25% fatality
 - Europe and eastern United States
- Type E
 - Found in marine and lake sediments

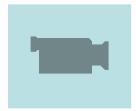


Botulinum Toxin: Most Potent Toxin on Earth

 Mechanism of action: Irreversible inhibition of ACh release from motor neuron

 \rightarrow _____

Treatment: ?



- Prevention
 - Proper canning
 - Nitrites prevent endospore germination in sausages

3 Forms of Botulism

- 1. Foodborne botulism: Intoxication not infection! Endospores survive improper canning procedures.
- 2. Wound botulism: ~ symptoms as above, start ~ 4 days after wound infection
- 3. Infant botulism: due to ingestion of endospores \Rightarrow *C. botulinum* growing in intestines.

In animals: limberneck

Botulinum Toxin: Killer and Healer

Botox® (Botulinum toxin type A)

Medical uses: blephrospasms, strabismus, torticollis etc.

Under investigation: migraine headaches, hyperhidrosis

Cosmetic purposes







Spastic torticollis: neck in a twisted or bent position

Blepharospasm is a focal dystonia characterized by increased blinking and involuntary closing of the eyes.

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Leprosy or Hansen's Disease



- Mycobacterium leprae (acid-fast rod)
- Grows best at 30° C ⇒ cooler body regions (peripheral nerves and skin cells)
- Transmission requires prolonged contact with an infected person. Mostly via nasal secretions of lepromatous leprosy patients

Incubation time: Months to 10 years

Two forms depending on immune response

- Tuberculoid (neural) form: Loss of sensation in skin areas; positive lepromin test
- Lepromatous (progressive) form: in case of cell mediated IS failure) Disfiguring nodules over body; negative lepromin test



Tuberculoid leprosy in a 24-year-old Samoan woman with sevenmonth history of expanding plaque on cheek. Note the thickened accessory nerve coursing over the sternomastoid muscle.



Patient with active, neglected nodulous **lepromatous** leprosy. With treatment, all nodules could be reversed. ©WHO/TDR/McDou gall





Deformity due to nerve damage with its consequent ulcers and resorption of bone. Such deformities can be worsened by careless use of the hands. © WHO/TDR

Viral Diseases of the Nervous System

VIRAL MENINGITIS:

Usually mild. Clears up within a week or two without specific treatment. Also called aseptic meningitis.

Poliomyelitis

Rabies

Viral meningitis

Viral encephalitis

Poliomyelitis – Infantile Paralysis

Poliovirus (Enteroviruses of picornaviridae)

Transmitted by ingestion. 3 strains of polio virus (1,2,3)

90% of cases asymptomatic

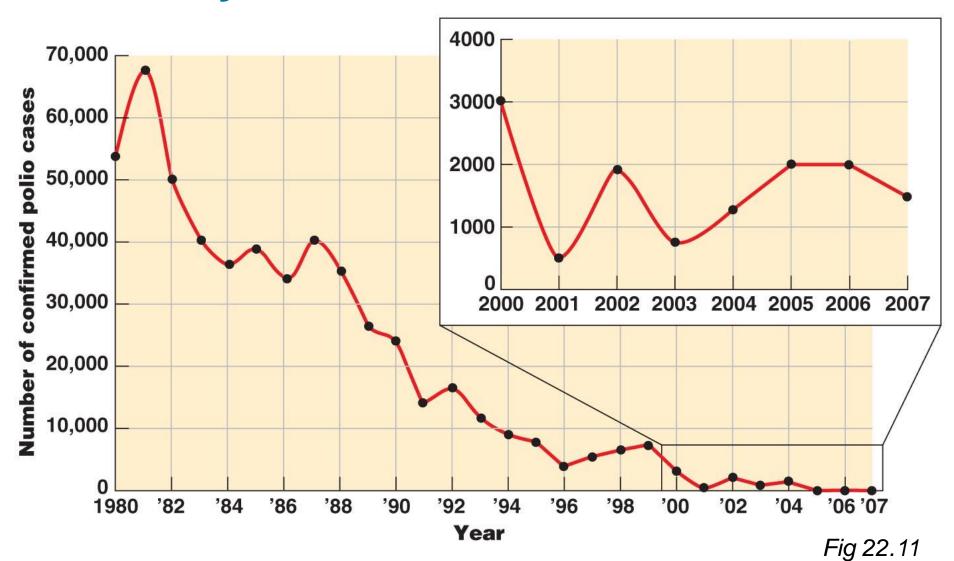
Initial symptoms: Sore throat and nausea

Viremia may occur; if persistent, virus can enter the CNS; Selective destruction of motor neurons and paralysis occurs in <1% of cases.

Prevention: vaccination (enhanced IPV)

Post-polio syndrome 30 y later: Crippling deterioration of originally affected muscles due to aging process of "replacement neurons".

Worldwide Annual Incidence of Poliomyelitis



Prevention and Treatment

FDR, *President* from 1932 to 1945



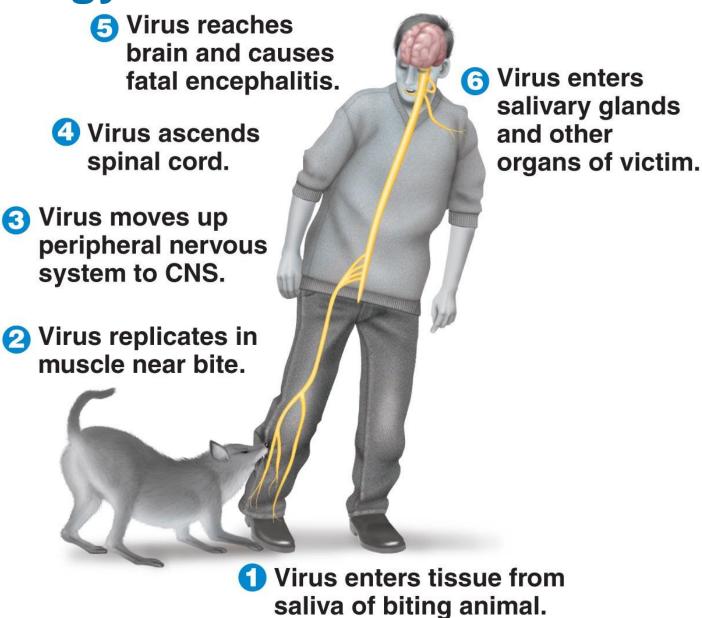
- 1955: Salk vaccine (Inactivated – IPV)
- 1961: Sabine vaccine (Live, attenuated, oral – OPV). Advantages?
- OPV has caused all the polio cases in the US between 1980 and 1999
- 2000: CDC recommends new IPV (E_IPV) for routine immunization

Rabies Virus (of Rhabdoviridae)

- Zoonosis Transmission from saliva of rabid animal
- Virus multiplies in skeletal muscles, then retrograde axonal transport to CNS (encephalitis), then back out to periphery (salivary glands etc.)
- Initial symptoms may include muscle spasms of the mouth and pharynx and hydrophobia.
- Furious rabies: Animals restless then highly excitable.
- Paralytic rabies: Animals unaware of surroundings.



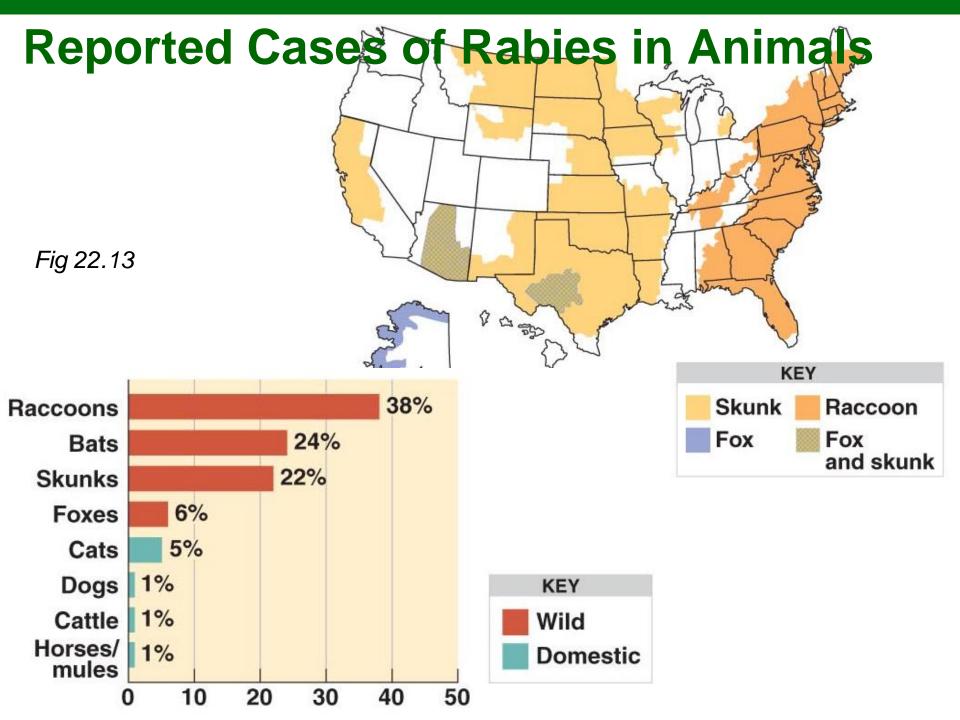
Pathology of Rabies Infection



Treatment and Prevention

- Highly fatal only handful of people survived
- Preexposure prophylaxis: Human diploid cells vaccine (HDCV) applied i.m.
- Postexposure prophylaxis (PEP):
 - Vaccine (HDCV, applied *i.m.* on days 0, 3, 7, 14, and 28)
 - Human rabies immune globulin (RIG)
- Rodents and rabbits seldom get rabies. Dogs, cats, cattle, skunks, raccoons, bats, etc. do ⇒ Vaccination of pets! If necessary vaccination of wild populations





Arboviral Encephalitis

- Arboviruses are arthropodborne viruses that belong to several families.
- Prevention by mosquito control.
- Horses and humans affected.
- Incidence of arboviral encephalitis ↑ in summer, when mosquitoes are most numerous.
- Sentinel animals, e.g.: caged chickens
- Diagnosis based on serological tests.
- Symptoms from subclinical to coma and death

Notifiable Arboviral Encephalitis Infections

Encephalitis	Reservoir	Mosquito vector	U.S. distribution
Western equine	Birds, horses	Culex	
Eastern equine	Birds, horses	Aedes, Culiseta	
St. Louis	Birds	Culex	
California	Small mammals	Aedes	
West Nile	Birds, mammals	Culex, Aedes	

Diseases in Focus: Types of Arboviral Encephalitis (p. 628)



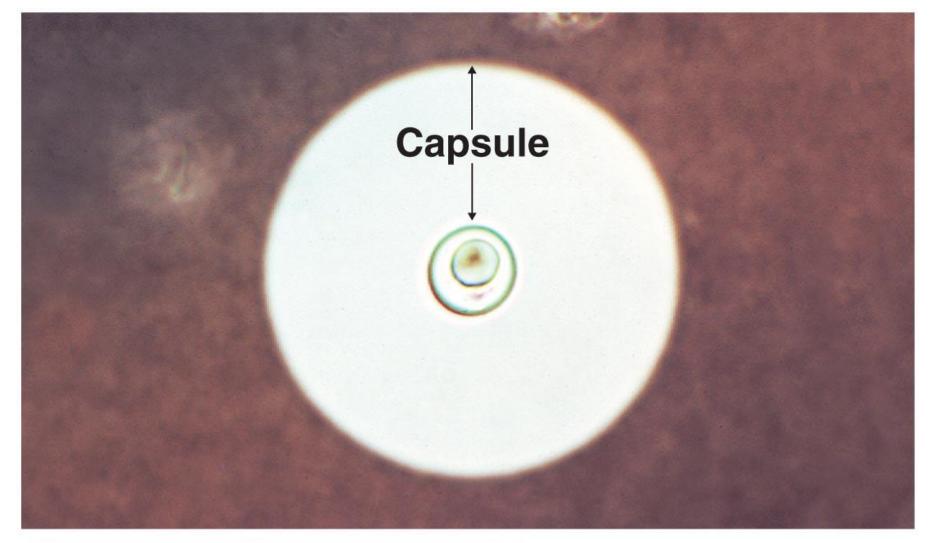
- An 8-year-old girl in rural Wisconsin has chills, headache, and fever and reports having been bitten by mosquitoes.
- Which type of encephalitis is most likely?

Fungal Disease of Nervous System

Cryptococcus neoformans Meningitis

- Also called cryptococcosis
- Soil fungus associated with pigeon and chicken (aerosolization of dried up contaminated droppings)
- Transmitted by the respiratory route; spreads through blood to the CNS
- Mortality up to 30% Primarily affects AIDS patients (~ .4%)
- Diagnosis: Serology to detect cryptococcal antigens in serum or CSF
- Tractment Amphatariain D and flux tacing

Cryptococcus neoformans





Protozoan Disease of Nervous System

African Trypanosomiasis (Sleeping Sickness)

- Caused by *Trypanosoma brucei*; vector: **tsetse fly** (day-biting)
- T.b. gambiense infection is chronic (2 to 4 years).
- T.b. rhodesiense infection is more acute (few months).

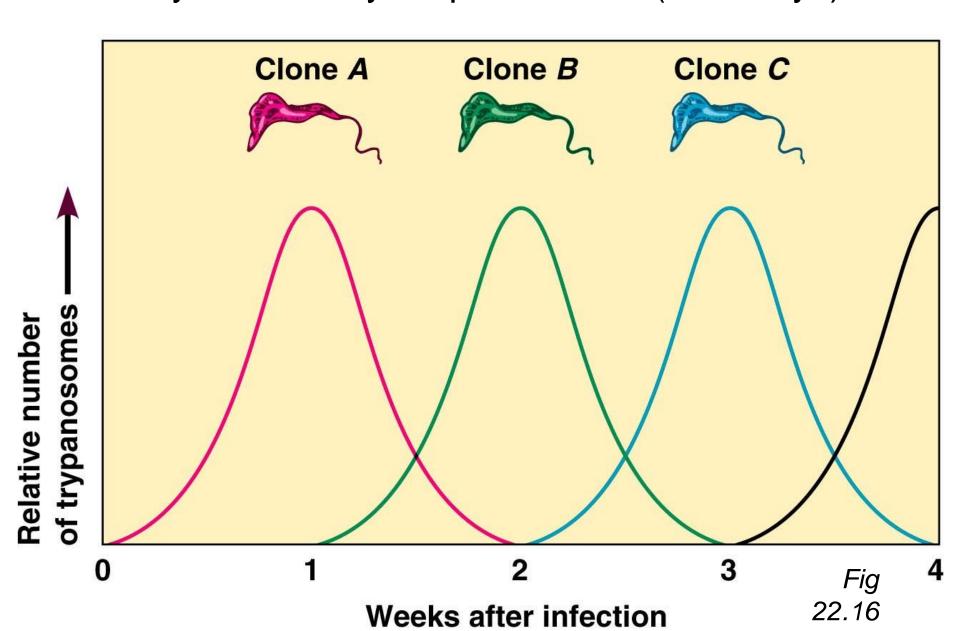
Symptoms: chancre - intermittent fever – CNS invasion. Without treatment: death

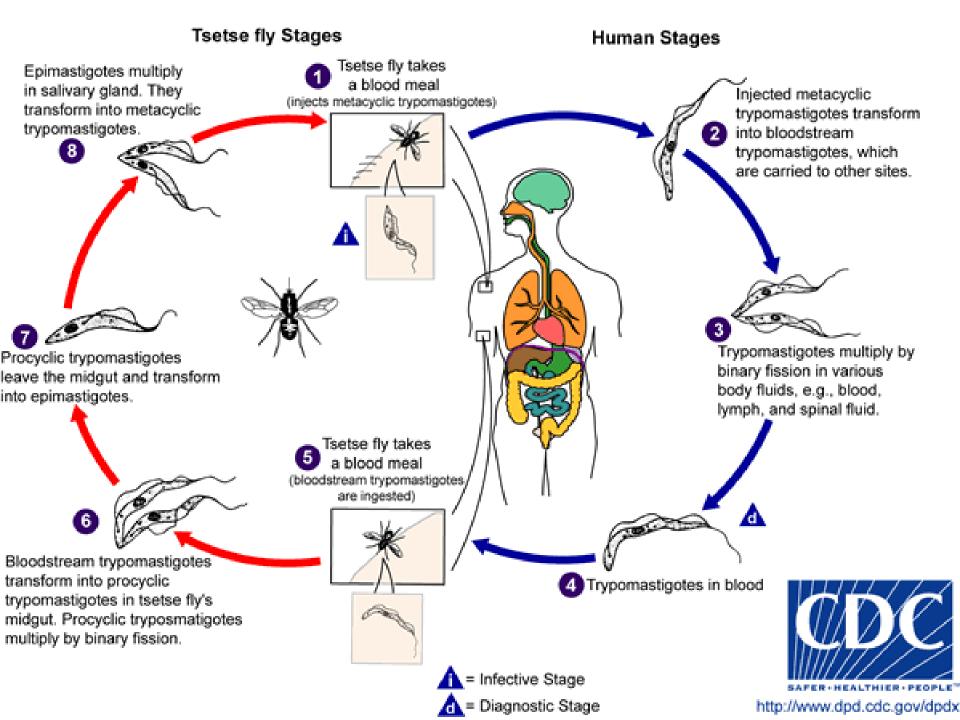


Treatment: **Eflornithine** blocks an enzyme necessary for the parasite



Antigenic variation allows for persistent evasion of the immune system \Rightarrow Cyclic parasitemia (7-10 days)





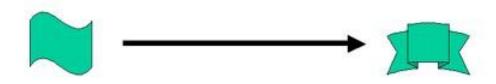
Nervous System Diseases Caused by Prions

Transmissible Spongiform Encephalopathies

- Prions convert normal proteins into abnormal proteins
- Post mortem sponge-like appearance of brain tissue large vacuoles in cortex and cerebellum due to loss of neurons
- Chronic and fatal
- Transmitted by ingestion or transplant or inherited.
- Typical diseases
 - Sheep scrapie
 - Creutzfeldt-Jakob disease
 - Kuru
 - Bovine spongiform encephalopathy

Prions

PRION PROTEIN (PrP)

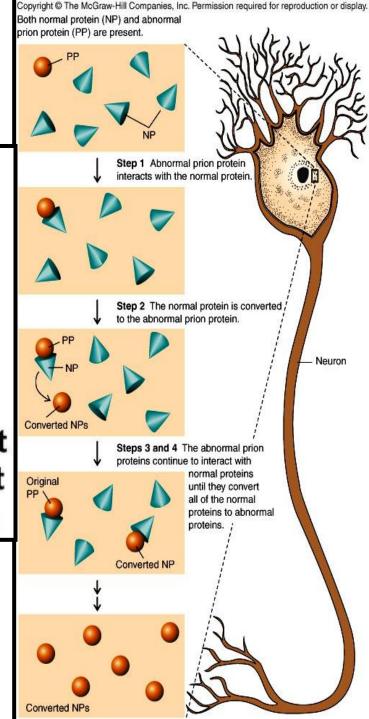


PrP alpha-helical protease sensitive

Helical - Happy

PrPRES or PrPSC beta-pleated sheet protease resistant

Beta-pleated sheet - Bad



How can a protein be infectious?

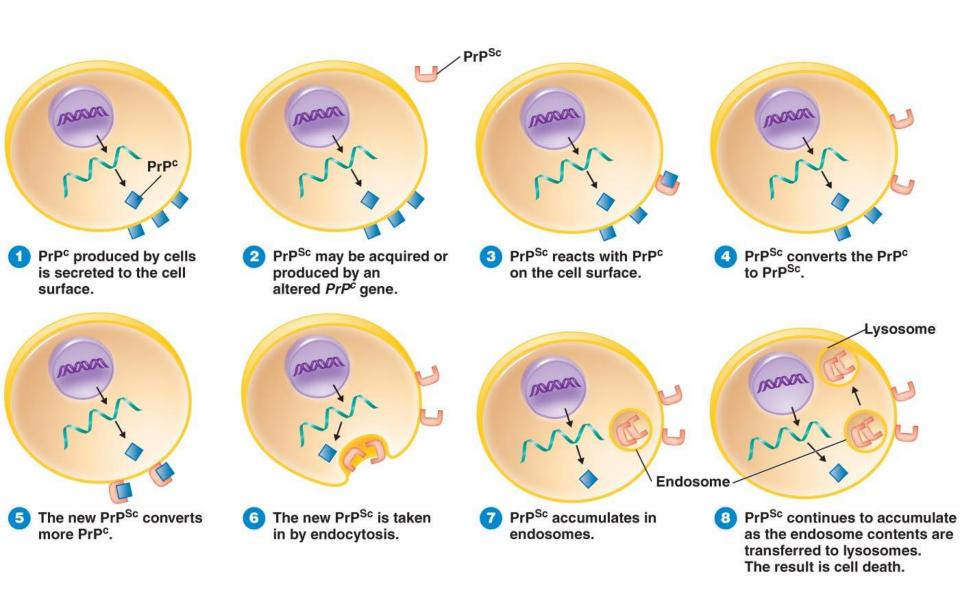


Fig 13.22 / Fig 22.18

- Surgical instruments sterilized by
 - NaOH
 - + extended autoclaving at 134° C

Most resistant

Prions

Endospores of bacteria

Mycobacteria

Cysts of protozoa

Vegetative protozoa

Gram-negative bacteria

Fungi, including most fungal spores

Viruses without envelopes

Gram-positive bacteria

Viruses with lipid envelopes



Least resistant